

# Government Degree College (M), Srikakulam



## **Women Empowerment Cell**

### **Minutes of the meeting**

Women Empowerment Cell meeting was organised on 7-12-2023 at Zoo lab, chaired by the

Women empowerment coordinator to discuss the following agenda.

#### **Agenda:**

1. To conduct "Distribution of Iron Tablets".
2. To discuss about program sheet
3. If any other, with permission from the chair.

After a brief discussion on the agenda the following resolutions have been passed by the committee.

1. To seek permission from the principal to conduct "Distribution of Iron Tablets" at pharmacy in our college on 9-12-2023.
2. To prepare a circular and circulate it among all the classes.

#### **Signatures:-**

- 1.
- 2.
- 3.
- 4.

## Request Letter

From

Coordinator,  
Women Empowerment Cell,  
Govt. Degree College for Men,  
Srikakulam.

To

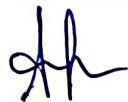
The principal,  
Govt. Degree College for Men,  
Srikakulam.

Madam,

The women Empowerment cell in its meeting held on 7-12-2023 at Zoology Lab passed a resolution to organise “Distribution of Iron Tablets” at Pharmacy in our college on 9-12-2023. Hence we request you to kindly grant the permission to organise the programme.

Thanking you Madam,

Yours Sincerely,

  
(S. Aruna Kumari)

O/o the principal,  
Government Degree College MEN,  
Srikakulam.



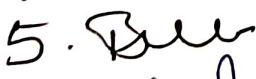


### Circular

This is to inform all the students & staff that the Women Empowerment Cell of Government Degree College for Men, Srikakulam is conducting "Distribution of Iron Tablets" on 9-12-2023 at Pharmacy in our College. So, all the students & staff are informed to attend/participate and make the programme successful.

  
**PRINCIPAL**  
Government Degree College (Men)  
SRIKAKULAM

Date: 8-12-2023  
Station: Srikakulam.

### Signatures:

1. 
2. 
3. R. Prannal.
4. R.S. Gadda
5. 
6. 
7. T. Anurag Kumar
8. 



## Government Degree College (M), Srikakulam



# INVITATION



**Women Empowerment Cell,  
Government Degree College for MEN, Srikakulam**

Cordially invite you to a program on

***"Distribution of Iron Tablets"***

**On Saturday 9<sup>th</sup>, December, 2023**

**At Pharmacy,  
Government Degree College for MEN, Srikakulam.**



***Dr. P. Surekha***

*Principal  
Chief Guest*

***Dr. R. Haritha***

*IQAC Coordinator  
Special Guest*

*Distinguished Guests*

**Smt. S. Aruna Kumari**

WEC Coordinator

**Smt. Adi Lakshmi**

Pharmacist

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*Will preside over the function*





# Government Degree College (M), Srikakulam

## **“Distribution of Iron Tablets” Event Organized Report**

**2023-2024**



<b>Name of Department/ Cell</b>	Women Empowerment Cell
<b>Name of Event Organized</b>	Awareness program
<b>Title of the Event</b>	Distribution of Iron Tablets
<b>Date of Event Organized</b>	9-12-2023
<b>Name of the coordinator of the Event</b>	S. Aruna Kumari
<b>No. of Participant (Student +Staff)</b>	81 + 7
<b>Name of the Expert with designation</b>	Dr. P. Surekha, Principal
<b>Contact number &amp; Address of the Expert</b>	9441798598
<b>Objective of the Event</b>	The program aimed to distribute iron tablets to female students to prevent and address iron deficiency and Anaemia, which are common health concerns. The initiative sought to promote better health among students, ensuring they receive the necessary supplements to maintain adequate iron levels.
<b>Description of the event</b>	<p>The event took place at the college dispensary, with enthusiastic participation from students, faculty, and staff. Principal Dr. P. Surekha, inaugurated the program, emphasizing the importance of addressing iron deficiency among young women. She spoke about the impact of Anaemia on overall health and academic performance, encouraging students to take the supplements regularly.</p> <p>Pharmacist Adi Laxmi, led the distribution of iron tablets, providing students with guidance on the correct dosage and frequency. She also explained the importance of iron in the body, particularly</p>

	<p>for women, and how these supplements can help prevent Anaemia.</p> <p>Supporting Staff Parvathi, assisted in the distribution process, ensuring that all participating students received their tablets. She also helped answer any questions students had about the supplements.</p> <p>IQAC Coordinator Dr. R. Haritha, highlighted the significance of nutritional supplements in maintaining health, particularly for young women who may be at risk of iron deficiency due to dietary habits or other factors. She encouraged students to combine the supplements with a balanced diet rich in iron.</p> <p>WEC Coordinator S. Aruna Kumari, reiterated the Women Empowerment Cell's commitment to promoting health and well-being among female students. She emphasized that this program is part of a broader effort to support the health of students through various initiatives and awareness programs.</p> <p>Other faculty members present at the event provided additional support and guidance to the students, ensuring they understood the importance of the supplements and how to use them effectively.</p>
<b>Outcome of the Event</b>	<p>The program successfully distributed iron tablets to a large number of female students, providing them with the necessary supplements to address iron deficiency. The event was well-received, with students appreciating the care and attention given to their health needs. The initiative reinforced the Women Empowerment Cell's dedication to supporting the health and well-being of students at Government Degree College for Men, Srikakulam.</p>



Event Coordinator



IQAC Coordinator



Principal  
Government Degree College (Men)  
SRIKAKULAM





3:54 PM



3:54 PM







# Feedback

Name of the event	Distribution of Iron Tablets
Department	Women Empowerment Cell
Date	9-12-2023
Name of student	Kadagala. padmavathi
Class	2nd year
Mobile no.	9866203570

1. Did the event fulfil its objectives?

✓ Yes/ No

2. How useful was the event for you? (0 being Not useful and 5 Most useful)

0	1	2	3	4	5 ✓
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3. Rate the overall success of the event (0 being Not useful and 5 Most useful)

0	1	2	3	4	5 ✓
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4. List the key takeaway points from the events.

It is very useful program.

5. Suggestions if any

K padmavathi  
Signature of the Student

# Feedback

Name of the event	Distribution of Iron Tablets
Department	Women Empowerment Cell
Date	9-12-2023
Name of student	Kadagala. padmavathi
Class	2nd year
Mobile no.	9866203570

1. Did the event fulfil its objectives?

✓ Yes/ No

2. How useful was the event for you? (0 being Not useful and 5 Most useful)

0	1	2	3	4	5 ✓
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3. Rate the overall success of the event (0 being Not useful and 5 Most useful)

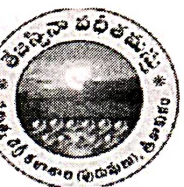
0	1	2	3	4	5 ✓
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4. List the key takeaway points from the events.

It is very useful program.

5. Suggestions if any

K padmavathi  
Signature of the Student



**Government Degree College (M), Srikakulam**





# Feedback

Name of the event	Distribution of Iron Tablets
Department	Women Empowerment Cell
Date	9-12-2023
Name of student	Koyyana Vasavilaxmi
Class	2nd year
Mobile no.	9398055785

1. Did the event fulfil its objectives?

✓ Yes/ No

2. How useful was the event for you? (0 being Not useful and 5 Most useful)

0	1	2	3	4	5 ✓
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3. Rate the overall success of the event (0 being Not useful and 5 Most useful)

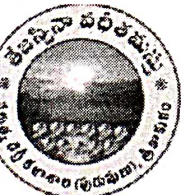
0	1	2	3	4	5 ✓
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4. List the key takeaway points from the events.

It is Very Useful program

5. Suggestions if any

K. Vasavilaxmi  
Signature of the Student



**Government Degree College (M), Srikakulam**



# Feedback

Name of the event	Distribution of Iron Tablets
Department	Women Empowerment Cell
Date	9-12-2023
Name of student	Kantubhukta . Rajyalaxmi
Class	2nd year
Mobile no.	9989 557840

1. Did the event fulfil its objectives?

✓ Yes/ No

2. How useful was the event for you? (0 being Not useful and 5 Most useful)

0	1	2	3	4	5 ✓
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3. Rate the overall success of the event (0 being Not useful and 5 Most useful)

0	1	2	3	4	5 ✓
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4. List the key takeaway points from the events.

It is very useful program.

5. Suggestions if any

K. Rajyalaxmi  
Signature of the Student



**Government Degree College (M), Srikakulam**

**Consolidated Feedback**





## Consolidated Feedback

Total no. of Participants = 81

No of participants from whom feedback is collected = 5

S.No		No. of participants graded "Yes"		No. of participants graded "No"		
1	Did the event fulfil it's objectives	81				
2		No. of participants graded - 1	No. of participants graded - 2	No. of participants graded - 3	No. of participants graded - 4	No. of participants graded - 5
3	How useful was the event for you			1	4	
4	Rate the overall success of the event					
5	key takeaway points from the event	1. Health Promotion . 2. Awareness . 3. Support. 4. Community Engagement.				
6	Suggestions if any					

  
**Coordinator**

Signature of the Students on distribution of Iron tablets.

- 1) K. Vasavi Laxmi - 2nd Bsc [MECS]
- 2) K. Padmarathi - 2nd Bsc [MECS]
- 3) S. Sahiti - 2nd Bsc [MECS]
- 4) N. Nagalaxmi - 2nd Bsc [MECS]
- 5) S. Anuradha - 2nd Bsc [MECS]
- 6) S. Pavani - 2nd Bsc [MECS]
- 7) P. Sreeja - 2nd Bsc [HPCS]
- 8) K. Roshitha - 2nd Bsc [MECS]
- 9) P. Mounika Durga - 2nd Bsc [MECS]
- 10) K. Bhagya Sri - 2nd Bsc [MECS]
- 11) B. Keerthi Rani - 2nd Bsc [MECS]
- 12) B. Sujatha - 2nd Bsc [MECS]
- 13) T. Vandhana - 1st Bsc
- 14) K. Purnima Latha - 1st Bsc
- 15) K. Deepika - 1st Bsc
- 16) P. Dileswari - 1st Bsc
- 17) L. Pradha - 1st Bsc
- 18) T. Sirisha - 1st Bsc (Maths)
- 19) B. Sushma - 1st Bsc
- 20) G. Pavani - 1st Bsc
- 21) G. Hemalatha - 1st Bsc