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Genius is often associated with high creativity, originality, and insight. Curiosity can be seen as a precursor to discovery, innovation, and creativity. Creativity and teamwork can be cultivated and trained. So we attempted to cultivate these qualities in students through this book.

High school students in the USA, Qatar, and India present the path of 14 Nobel laureates, one each, from their student days to the Nobel-winning research. This book could be inspirational to millions of other student around the world!



Ruhaan Sahni Ruhika Nene Sahana Sundar Samaira Pawa Samyukt Nathan Saumya Gokhale Sujay Sundar

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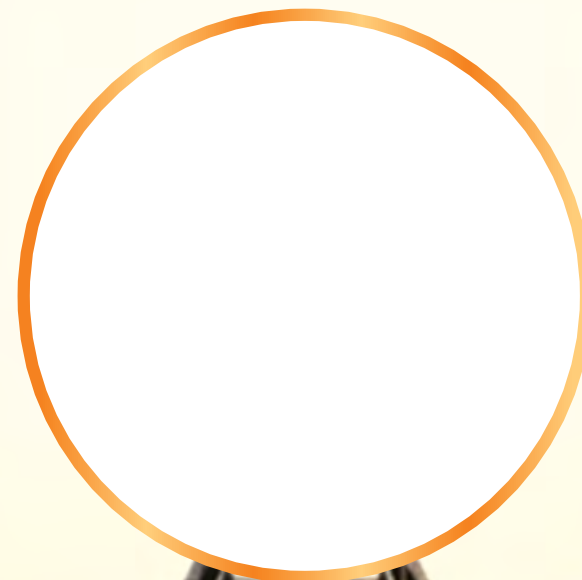


# PATH TO NOBEL

by Students for Students



# PATH TO NOBEL FOR



Editor:  
Srinivasa K. Rao, Ph.D.

Editorial Team:  
Rashmi Kulkarni, Ph.D., Kavitha Viswanathan DDS, Ph.D.,  
Sreedhara Voleti, Ph.D., Rakesh K Arya, Ph.D., Haritha Ronanki, Ph.D.

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**Haritha Ronanki, Ph.D.**



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# Dedication

*Dedicated to the Gurus who put us on this path !*

**Dr. P.M. Bhargava**, CCMB, Hyderabad  
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**Prof. S. N. Jogdand**, KBP College, Navi, Mumbai  
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Dr. Kavita Viswanathan DDS

**Prof. Asish K. Chandra**, IISc, Bangalore  
Dr. Sreedhara Voleti

**Dr. Dipak Datta**, CDRI, Lucknow  
Dr. Rakesh K Arya

**Prof. Ramana Terli**, Andhra University, Visakhapatnam  
Dr. Haritha Ronanki

# Acknowledgements

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# Editorial Team Profiles

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# Editorial Team

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He is a New York-based biomedical scientist with a Ph.D. from the University of Paris. In 1988. Since then, he has been living and working in New York. He worked as a scientist and teacher at Columbia University, Albert Einstein College of Medicine, and the City University of New York. He worked in the vaccine industry. He published 30+ peer-reviewed scientific papers and participated internationally in several scientific meetings. He has been publishing articles on food, nutrition, and health and developing Edible Plant Food Museum.

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She is a Doha, Qatar-based entrepreneur, and co-founder of ARNA Genext Solutions Pvt Ltd. She has a Ph.D. in Molecular Genetics from The Ohio State University, followed by postdoctoral research at IMCB, Singapore and Weill Cornell Medicine-Qatar, Doha. Her current role is as director in her company, providing specialized courses, educational apps, research projects, health transformations, and outreach programs based on the human microbiome. She is the coordinator for “Aahaar Kranti,” a nationwide nutritional awareness and solutions initiative in India.

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### **Rakesh K Arya, Ph.D.**

He is a multidisciplinary researcher with a Ph.D. from CSIR-Central Drug Research Institute, India in cancer biology followed by a postdoctoral fellowship at the University of Maryland and Cleveland clinic. He is currently a research associate at Cleveland Clinic, Ohio, encompassing his research in understanding the distinct mechanisms that mediate hepatic cell death during the progression of alcoholic and nonalcoholic fatty liver disease. He has authored/co-authored more than 20 research articles or book chapters in peer-reviewed international journals. He is a guest editor for the journal -Veterinary Sciences and a reviewer for more than 10 international journals.

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She is an Associate Professor of Biotechnology in India. She is the administrator of the Internal Quality Assurance Cell. A double gold medalist with a Doctorate from Andhra University. She has published more than 20 research articles in leading international journals and several book chapters. She has organized 15 national workshops for students in leading colleges across the country. She worked on green nanoparticles research. She has developed e-content, podcasts, and video content on the Biotechnology curriculum. She is a regular presenter in the Andhra Pradesh MANA TV.

# Curious, Genius Path to Nobel

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Man is Curious. Curiosity is the desire to learn or know more about. Nature refers to the physical world and everything in it, including all living and nonliving things. Further, Nature can also refer to the intrinsic characteristics or qualities of something or someone. Curiosity gave us a wealth of knowledge.

Of the Billions of people who have lived since human inception, they have contributed significantly to enriching our knowledge, and some are called Genius. Genius is often associated with high levels of creativity, originality, insight, and the ability to think and work independently or in teams. Curiosity can be seen as a precursor to discovery, innovation, and creativity. Curiosity can be cultivated and trained to some extent. Curious genius persons who have made outstanding contributions to their respective fields are awarded - some of them with a Nobel prize by the Nobel Foundation. Reading and understanding the path the 'Curious Genius Nobel Laureates' have taken from their student days to receiving the Nobel Prize can excite, stimulate, inspire, and help young minds to pursue the path to success.

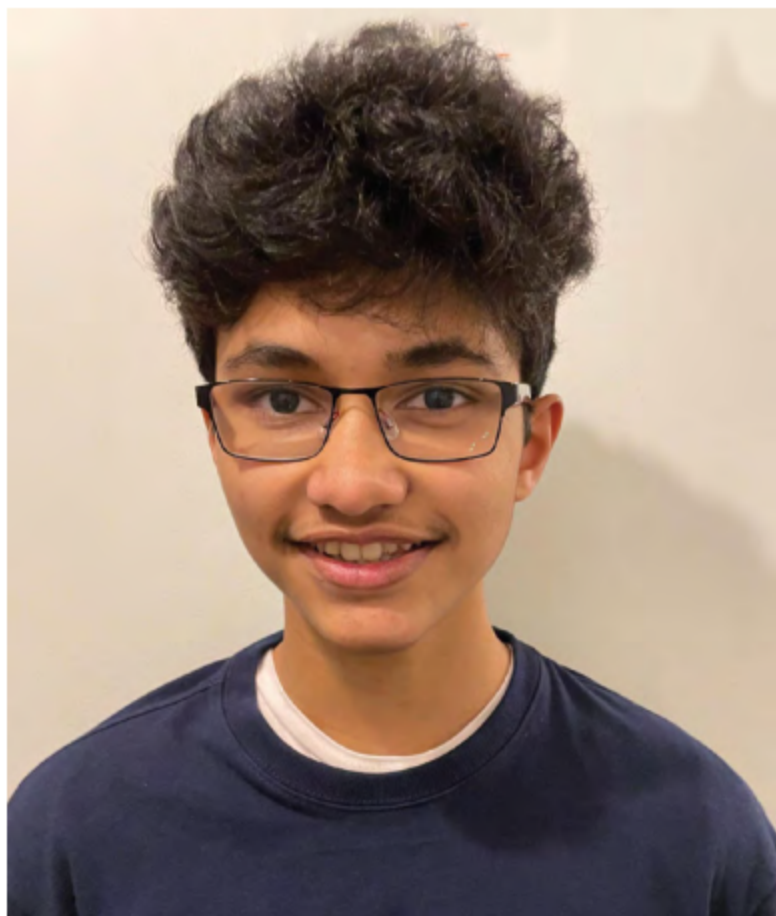
With this hope, we encouraged and guided 14 high school students in the USA, Qatar, and India to write about the Path to Nobel chapters. This book could be inspirational to millions of other students around the world!

**Srinivasa K. Rao, Ph.D.**

New York

8<sup>th</sup> February 2023

## Ruhaan Sahni



### About the author

Ruhaan Sahni is a freshman at the Princeton International School of Mathematics and Science in New Jersey. He has a keen interest in biology and is looking to major in it. He is a frequent participant in STEM competitions and has earned medals in nationwide events like Science Olympiad and Odyssey of the Mind. Ruhaan is an avid storyteller, writer, and tennis player who loves to joke and make people smile. This is his first published work.