

Minutes of the meeting

Date:28-12-2022

The members of the department Zoology met today in the Department of Zoology in the presence of Dr Y.POLI NAIDU, In charge, Department of Zoology, Government Degree college For Men, Srikakulam and discussed the following agenda.

Agenda:

Plan to conduct a Capacity building program on Health and hygiene for 07 days from 02.01.2023 to 09.01.2023.

After discussing the agenda, the department unanimously decided to organise a Capacity Building and Skill Enhancement Program on Health and hygiene. This program will run for one week to ten days, from 02.01.2023 to 09.01.2023. It will be held from Monday to next coming Monday from 9:00 am to 9:45 am, at our Zoology Department Lab Room No: 72.

Incharge, Department of Zoology

Signatures:

1. Afante

Capt. Dr. Y. POLI NAIDU M.Sc, Ph.D Lecturer in charge Department of Zoology Govt. Degree College (Men) Srikakulam

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# **Circular**

# Date: 30-12-2023

**Subject**: Invitation to Capacity Building & Skill Enhancement Program Dear Students,

We are excited to announce a Capacity Building program on Health and hygiene for 07 days from 02.01.2023 to 09.01.2023.

organised by the Zoology Department. This initiative is designed to enhance your skills and knowledge in the field of Zoology Improved Skills: Participants Will acquire practical skills in handwashing techniques, sanitation management, and infection control measures. Below are the key details of the program:

Program Dates: 07 days from 02.01.2023 to 09.01.2023.

- Days: Monday to Saturday
- Time: 9:00 AM to 9:45 AM
- Venue: Zoology Department

This program aims to provide you with an opportunity to engage in learning activities that will enhance your understanding and good practices in Health and hygiene. The sessions are planned to be interactive, with a focus on both theoretical and practical aspects of Health and hygiene.

To participate in this program, we kindly ask interested students to register by providing their names to Smt. V.HARATHI, Lecturer in Zoology, on or before 02.01.2023.

Incharge, Department of Zoology

Capt. Dr. Y. POLI NAIDU M.Sc, Ph.D Lecturer in charge Department of Zoology Govt. Degree College (Men) Srikakulam



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### **REQUEST LETTER**

From Dr.Y.POLI NAIDU, Incharge of Zoology, Govt.Degree College For Men, Srikakulam. To Dr.P.Surekha, Principal, Govt.Degree College For Men, Srikakulam.

Subject: Request to Conduct Capacity Building Program on Health and hygiene 07 days from 02.01.2023 to 09.01.2023.

Respected Madam,,

I am writing to request your approval to conduct a Capacity Building on Health and hygiene 07 days from 02.01.2023 to 09.01.2023. This program aims to enhance their understanding and best hygiene etiquettes in our Zoology students. The program will contribute to raise awareness and promote hygiene practices within student communities, leading to a reduction in the incidence of preventable diseases. We believe this initiative will greatly benefit our students and contribute to their academic growth in addition to health benefits.

Thank you for considering our request.

Sincerely,

Incharge, Department of Zoology

Capt. Dr. Y. POLI NAIDU M.Sc, Ph.D Lecturer in charge Department of Zoology Govt. Degree College (Men) Srikakulam





### **Report of the Program**

The significance of health hygiene cannot be overstated, especially in preventing the spread of diseases and promoting overall well-being. This report provides an overview of a capacity-building initiative aimed at enhancing knowledge and skills in health hygiene practices.

**Objective:** The primary objective of the capacity-building program was to educate and train participants on various aspects of health hygiene, including personal hygiene, sanitation, infection control, and public health measures.

Conducted a thorough needs assessment to identify gaps and challenges in health hygiene practices. Developed a comprehensive curriculum covering key topics such as hand hygiene, food safety, waste management, and environmental sanitation. Incorporated interactive learning methodologies including group discussions, role plays, and demonstrations to ensure active engagement and knowledge retention. Conducted pre and post-training assessments to measure the effectiveness of the program.

Participants: The capacity-building program targeted Students from Rural background'

**Syllabus/Topics covered :** Personal Hygiene: Emphasized the importance of regular handwashing, oral hygiene, and personal grooming practices by Dr.Y.POLI NAIDU Lecturer in Zoology, Environmental Hygiene: Highlighted the significance of maintaining clean surroundings, proper waste disposal, and sanitation facilities by Sri S.RAVI BABU Lecturer in zoology Infection Control: Provided insights into infection prevention measures, including the use of personal protective equipment and disinfection protocols by Smt. V.HARATHI and Behavioral Change: Promoted behavior change strategies to encourage adoption of healthy hygiene practices at individual and community levels by Dr.Y.POLI NAIDU Lecturer in Zoology.

**Outcomes:** Increased Knowledge: Participants demonstrated a significant improvement in understanding health hygiene concepts and practices.

Improved Skills: Participants acquired practical skills in handwashing techniques, sanitation management, and infection control measures.

Behavioral Change: Observations indicated a positive shift in behavior towards adopting healthier hygiene habits. The program contributed to raising awareness and promoting hygiene practices within communities, leading to a reduction in the incidence of preventable diseases. Encourage research and innovation to develop effective and sustainable solutions for improving health hygiene.

It has made significant strides in enhancing knowledge, skills, and awareness among participants. However, continued efforts and collaboration are essential to sustain these gains and address persisting challenges in promoting healthy hygiene practices.

We extend our gratitude to all the participants, trainers, and stakeholders who contributed to the success of this capacity-building initiative. This report serves as a testament to the importance of investing in

health hygiene education and underscores the collective responsibility in safeguarding public health through proactive measures and sustained action.

Incharge, Department of Zoology

Capt. Dr. Y. POLI NAIDU M.Sc. Ph.D Lecturer in charge Department of Zoology Govt. Degree College (Men) Srikakulam

# PHOTO GALLERY



# **Health and hygiene Inauguration programme**



**CLASS BY Dr.Y.POLI NAIDU INCHEGE OF THE DEPARTMENT** 



# CLASS BY Sri S.RAVIBABU



## CLASS BY Smt.V.HARATHI

Incharge, Department of Zoology

D.

Capt. Dr. Y. POLI NAIDU M.Sc, Ph.D Lecturer in charge Department of Zoology Govt. Degree College (Men)

Srikakulam



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# STUDENT ATTENDANCE

07 days - 02.01.2023 to 09.01.2023.

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M.Sc, Ph.D Lecturer in charge Department of Zoology Govt. Degree College (Men) Srikakulam





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#### FEEDBACK FORM GOVERNMENT DEGREE COLLEGE(MEN), SRIKAKULAM

DEPARTMENT OF ZOOLOGY

CAPACITY BUILDING ON HEALTH AND HYGIENE 07 days from 02.01.2023 to 09.01.2023.

Name of the Student :	B.C	chenna babu.
Class	:	lst BZC
Did the program fulfil its objective :		Yez
Were the concepts explained in the proguseful for capacity building	•	Very cesebul
How useful the program for you	:	To maintain Good health and hygine
Overall Rating of the program	•	Secellent
Suggestions if any	:	Nill

Signature of the Student

: B. Chinna babu





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### FEEDBACK FORM GOVERNMENT DEGREE COLLEGE(MEN), SRIKAKULAM

DEPARTMENT OF ZOOLOGY

CAPACITY BUILDING ON HEALTH AND HYGIENE 07 days from 02.01.2023 to 09.01.2023.

Name of the Student	:	$\mathcal{D}\cdot$	Rokesh,
Class	•	:	ISt BSC (BZC)
Did the program fulfil its objective	•		Yes
Were the concepts explained in the useful for capacity building	prog		voup webu
How useful the program for you		:	To maintain good health and hygie
Overall Rating of the program	•	:	Excellent
Suggestions if any		:	Nil

D. Rakesh.

Signature of the Student

: P. Rakesh





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### . <u>FEEDBACK FORM</u> GOVERNMENT DEGREE COLLEGE(MEN),SRIKAKULAM

DEPARTMENT OF ZOOLOGY

: P. Romy a.

CAPACITY BUILDING ON HEALTH AND HYGIENE 07 days from 02.01.2023 to 09.01.2023.

Name of the Student

Class

Did the program fulfil its objective

Were the concepts explained in the program useful for capacity building

How useful the program for you

Overall Rating of the program

Suggestions if any

P. Ro-my o-Signature of the Student Yes

: 1st BSC (BZC)

very useful

To maintain good health and hargene Excellent Nil

P. Ramya

