

A PROJECT
ON
COMMUNITY SERVICE

Submitted in the partial fulfillment of the requirements for the award of
degree of BSc

By
Biddika Chinnababu
2222001049006
Semester 2 (BZC)
batch 2022-2025
Under the supervision
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Lecturer in Chemistry

GOVERNMENT DEGREE COLLEGE(Men), SRIKAKULAM



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ACKNOWLEDGEMENT

I would like to express my gratitude to all those who gave me the possibility to complete this Community Service Project. Special thanks to Mentor D.Adhinarayana sir who help me in stimulating suggestions and encouragement to complete this project.

I would like to thank all the staff from the department of chemistry for their able guidance and support to complete this project

I would also like to express my gratitude to our principal madam for her tremendous support to complete this project.

CERTIFICATE

I certified that **B.Chinnababu** studying Bsc Cbz group has completed and submitted the project report on "FOOD HABITS" further partial fulfillment of the requirements for the award of Bachelor of science under my supervision during the academic year 2022-2023.

Date:

Place: **Nallarayiguda**



project guide
D.Adhinarayana
Lecture in chemistry
GDC (M), srikakulam

DECLARATION

I hereby declare that the Community Service Project report entitled "FOOD HABITS" submitted by me to the Govt Degree College (M), Srikakulam in partial fulfillment of the requirement for the award of the degree of Bsc Cbz is a record of bonified project work carried out by me under the guidance of D Adhinarayana sir. I further declare that the work reported in this project has not been submitted and will not be submitted either in part or in full, for the award of any other degree in this institute or other institute or University.

Srikakulam
Date.

B. Chinnababu
Signature of the candidate
Name: B. Chinnababu

AWARENESS REPORT:

PROBLEMS IDENTIFIED

- * Uneven roads in every street
- * Water problems in every Street
- * Improper drainage system

EFFECTS FACED BY PEOPLE

- * Because of having uneven roads there are so many vehicles are damaged, not only that but also oldaged people are getting hard to walk on these roads.
- * There is a need of water to everyone but in our village there are no proper gov. tap connection to each house but some are having them. Mostly people in my ward are not having gov. tap connection.
- * There are so many problems are taking place on having improper drainage system.

SUGGESTIONS

At first, I would like to explain all about those problems and I said to them as you should complaint to the Valenteer to clear these problems and the valenteer said that all those problems will be cleared by our sarpanch and secretary. I told them that we have to maintain a proper usage of them neetly.

BY :

PROJECT REPORT

I am B.Chinnababu in studying in 1 B.Sc My project is on 'FOODHABITS' that which types food and how many ways to take food and what may be the advantages and disadvantages with food. I got a survey in my village, Chinnababu, Srikakulam mandal Srikakulam district.

In our survey Maximum of people would like to take food for three times per day on morning, afternoon and night time. For morning time the food is breakfast and for after noon is lunch and night is dinner. Mainly the major criteria of food taking on afternoon time as so many would like to do works which need energy.

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OBSERVATIONS

Food Habits Survey

S.No	Group of Individuals	Observations	Remarks/suggestions
1	Women/ pregnant women	Middle aged women /pregnant women preferred to have rice for their health conditions. Some from economically poor status are taking porridge as main breakfast also fermented curd rice was included. Preferred vegetable soups in the middle and for lunch they are likely to take rice fresh vegetables, non-vegetarian food, curd. They are not having early evening food to avoid digestion problems.	Suggested to increase time intervals of food intake with less quantity each time. Following medication as per the Schedule and also see that they have good rest during the day and not to push themselves much and to involve in meditation.
2	Young women	They preferred to take boiled eggs, Milk, porridge, vegetable soups for breakfast, dal, fresh vegetables, non-vegetarian food items in lunch, fresh fruit juices in their daily intake.	Suggested to take more Jaggery food items, also they are advised to take iron tonics in case of fatigue and anaemia also to take multi-vitamin syrups.
3	Young boys	It is observed that they prefer to take spicy junk and fast foods atleast 4 times a week and interested to take lunch as main meal with	Suggested to take porridge and liquid diet, to avoid processed foods to

		vegetables, dal, pickle and curd followed with fresh fruits. They prefer doing exercise, also interested in sports and games for physical fitness.	maintain balanced weight.
4	Men	Middle aged men preferred south Indian tiffins like Idli, Dosa, boiled eggs and less rice quantity for lunch, more roti's like diet fruits, fresh vegetables, butter milk and limited quantities of Non-vegetarian items.	Suggested for their age group exercise, walking and to take more balanced diet.
5	Elderly people	Preferred liquid diet and ragi porridge, boiled eggs for breakfast, roti's, fresh fruits, boiled vegetables and ragi porridge	Suggested to take less quantities of meal and to increase number of time intervals as with age they might develop stomach related problems.
6	Individuals with health issues	They told that they are taking food as per the advice of the Doctors.	Suggested to take a proper food items and to maintain a proper balance

INTRODUCTION

Food habits and Nutritional Problems:

Food is essential for all humans for survival. Food Habits and imbalanced intake of diet by an individual results in the malnutrition or cause of many health problems. Especially women, children and pregnant women must be always cautious to take proper food intake with essential nutrients. Because poor diet and disease are caused by food insecurity. Somet by causing diarrhoea and other illness.

There is a saying 'you are what you eat' seems to be proven true. It is important to know what food to eat in order to stay healthy. Health depends to a large extent on Nutrition and Nutrition on food we take. Hence Nutrition and Health are two sides of the same coin and food is the most important factor for health and fitness.

Healthy Food Habits:

Healthy Food habits includes a variety of foods in adequate amounts and correct proportions to meet the requirements of all essential nutrients such as proteins, carbohydrates, fats, vitamins, minerals, water and fibre. This also includes proper Schedule for the intake of light and heavy foods, when to take and when not to take, health condition of the individual. For example person who is suffering from kidney stones should not often take calcium rich foods. We have to take foods that suits our age and health. The most common eating idiosyncracies include skipping meals, consuming fast foods in a routine way, avoiding fruits, and vegetables, frequent snacking. Hence it is essential for each and every individual to adopt proper food habits.

OBJECTIVE

The aim and objective of this project is to find out in a closed community about the following food habits and to analyse whether they are adopted to healthy food habits and if not to incorporate sound eating habits by creating awareness in them to recognise good eating habits followed with regular exercise.

- *About the type of foods most people are interested to take.*
- *Food intake in regular Time intervals.*
- *Main meal in view of the majority of the people.*
- *Whether interested to take fresh food or cooked & preserved food.*
- *Taking fresh fruits and vegetables.*
- *Sweets /junk foods.*
- *Whether drinking sufficient quantity of water.*
- *Regular weight check up.*
- *Monitoring individual food behaviour.*
- *Any form of eating disorders.*
- *Effect of socio-economic status on food habits.*

METHODOLOGY

1. Study site :

The place selected for the project was comes under 2th ward kanimetta village,ponduru mandal and srikakulam district. Approximately 30 families were covered under this ward. This is a rural area with 75% of people were farmers. This area is used for the cultivation of rice and vegetables

2. Quantitative study :

The quantitative study of my project includes about the number of children, youngsters,elder women and men, pregnant women, people with physical and mental ailments, their food intake based on quantity per day and their food habits.

3. Qualitative study:

The qualitative study was carried out based on their cultural pattern of food habits among various socio-economic, educational and age grou

4. Data Collection :

Initially socio-economic survey and other background survey was done and the data was collected from them.

Secondly their food habits data was collected from the initially prepared questionnaire which consists of 14 questions to know about their food habits, cooking methods, storage food,time intervals followed,and how much expenditure was spent on food,in detail.

GOVT. DEGREE COLLEGE(M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

LOG BOOK

Name of the student : B. Chinnababu

Group : BZC -(BSc)

Registration Number : 2222001049006

Name of the Mentor : D. Adhinayana

Name of the Project : Socio-Economic Survey

Date & Day	Activity done	Number of Hours Spent	Signature of the student
9-5-23	Socio-Economic Survey	2 hours	B. Chinnababu
10-5-23	Socio-Economic Survey	1 hour	B. Chinnababu
11-5-23	Socio-Economic Survey	1 hour	B. Chinnababu
12-5-23	Socio-Economic Survey	3 hours	B. Chinnababu
13-5-23	Socio-Economic Survey	2 hours	B. Chinnababu
14-5-23	Socio-Economic Survey	2 hours	B. Chinnababu
15-5-23	Socio-Economic Survey	1 hour	B. Chinnababu
16-5-23	Socio-Economic Survey	1 hour	B. Chinnababu


Signature of the Mentor

GOVT. DEGREE COLLEGE(M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

LOG BOOK

Name of the student : B. Chinnababu
Group : BZC - (Bsc)
Registration Number : 2222001049006
Name of the Mentor : D. Adhinayana
Name of the Project : Awareness Programme

Date & Day	Activity done	Number of Hours Spent	Signature of the student
17-5-23	Awareness Programme	2 hours	B. Chinnababu
18-5-23	Awareness programme	2 hours	B. Chinnababu
19-5-23	Awareness programme	3 hours	B. Chinnababu


Signature of the Mentor

GOVT. DEGREE COLLEGE(M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

LOG BOOK

Name of the student : B. Chinnababu

Group : BZC -(BSc)

Registration Number : 2222001049006

Name of the Mentor : D. Adhinarayana

Name of the Project : Food habit

Date & Day	Activity done	Number of Hours Spent	Signature of the student
20-5-23	Food habits	1 hour	B. Chinnababu
21-5-23	Food habits	1 hour	B. Chinnababu
22-5-23	Food habits	2 hours	B. Chinnababu
23-5-23	Food habits	3 hours	B. Chinnababu
24-5-23	Food habits	2 hours	B. Chinnababu
25-5-23	Food habits	2 hours	B. Chinnababu
26-5-23	Food habits	3 hours	B. Chinnababu
27-5-23	Food habits	1 hour	B. Chinnababu
28-5-23	Food habits	1 hour	B. Chinnababu


Signature of the Mentor

GOVT. DEGREE COLLEGE(M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

LOG BOOK

Name of the student : B. Chinnababu

Group : BZC -(BSc)

Registration Number : 2222001049006

Name of the Mentor : D. Adhinarayana

Name of the Project : Food habits

Date & Day	Activity done	Number of Hours Spent	Signature of the student
29-5-23	Project writing	2 hours	B. Chinnababu
30-5-23	Project writing	2 hours	B. Chinnababu
31-5-23	Project writing	1 hour	B. Chinnababu
1-6-23	Project writing	3 hours	B. Chinnababu
2-6-23	Project writing	2 hours	B. Chinnababu
3-6-23	Project writing	3 hours	B. Chinnababu
4-6-23	Project writing	1 hour	B. Chinnababu
5-6-23	Project writing	1 hour	B. Chinnababu
6-6-23	Project writing	2 hours	B. Chinnababu
7-6-23	Project writing	2 hours	B. Chinnababu


Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY CONSOLIDATION REPORT

Name of the student : BIDDIKA CHINNABABU

Group : B.Sc (BZC) - 'B' section

Name of the Mentor : D. Adinasayana

Name of the Project : Socio - Economic Survey

Ward/ Habitat	Nallarajiguda	Panchayat	Nallarajiguda	Post Office	Baleru
Mandal	Bhamini	District	Parvathipuram manyam	Pin Code	532455

1. Total Number of Houses in the Habitat/Ward: 25

2. Number of Houses Caste-wise:

SC — ST 25 OC — BC-A — BC-B — BC-C — BC-D —

3. Common Health problems in the Habitat/Ward:

- (i) Body Pains
- (ii) Cold, Cough
- (iii) Fever, Diabetes, etc..

4. Number of White Ration Cards: 25

5. Number of Illiterates in the Ward/ Habitat/ Village: 13

6. Number of Graduates in the Ward/ Habitat/ Village: 16

7. Number of Job Holders: 05

8. Number of PWD People: -

9. Number of DWACRA Groups in the Ward/ Habitat/ Village: 03

10. Road connectivity to the Ward/ Habitat/ Village: Yes/ No

11. Bus facility available: Yes/ No

12. Problems identified in the Ward/ Habitat/ Village:

- (i) Drainage problem
- (ii) Health care centers
- (iii) Bus facility
- (iv) Water facility


Signature of the Mentor

B. Chinnababu
Signature of the Student



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : Bidhika Chinnababu

Group : BZC (B)

Registration Number : 2222001049006

Area of the Survey conducted: Nalkarayiguda

House No.	3-30	Habitat /Ward	Nalkarayiguda	Panchayat /Municipality	Nalkarayiguda
Post office	Balevu	Mandal	Bhanini	District	Parvathipuram

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1	A. Chandhu	M	45	Tenth	Agriculture labour	Daily wage (900)
2	A. Swathi	F	42	Inter	House wife	Daily wage (250)

2. Social Status details:

(i) Community: SC/~~ST~~/ BC-A-B-C-D/ OC (ii) Sub-Caste: Savara (iii) Religion: Hindus

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: 3 Acres

(vi) Livestock resources: Cows 2 Oxen — Buffaloes 1 Sheep/Goats —

(vii) Do you have own toilet? Yes/No

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____

(ix) Do you have white Ration Card? Yes/No

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle

4. Health Details:

(i) Ailments in family:

(ii) Treatment in which Hospital: Govt/Private

(iii) Any PWD Persons in family: Yes/No

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No

5. Other Details:

(i) Do You have TV: Yes/No

(ii) Do you have Mobile: Yes

(iii) Mobile Number: 8985853556

(iv) Do you have Computer/Laptop: Yes/No

(v) Is internet available at home: Yes/No

6. Any specific problems identified in the village/ Ward:

(i) Current problems

(ii) water problems

(iii)

Place: Nallarayiguda

Date: 06-05-2023

B. Chinnababu
Signature of the Student

Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : Biddika Chinnababu

Group : B.Z.C (B)

Registration Number : RRRR001049006

Area of the Survey conducted: Nallarayiguda

House No.	5-14	Habitat /Ward	Nallarayiguda	Panchayat /Municipality	Nallarayiguda
Post office	Baleru	Mandal	Bhamini	District	Tanjavur

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1.	B. Rahul	M	37	Tenth	labour	monthly (20,000)
2.	B. Sravanthi	F	37	seventh	House wife	Daily (300)
3.	B. Karthik	M	12	seventh	-	-

2. Social Status details:

(i) Community: SC/ST/BC-A-B-C-D/OC (ii) Sub-Caste: Sankara (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: 3 Acres

(vi) Livestock resources: Cows - Oxen - Buffaloes - Sheep/Goats 2.

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle ✓

4. Health Details:

(i) Ailments in family:

(ii) Treatment in which Hospital: Govt/Private

(iii) Any PWD Persons in family: Yes/No

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No ✓

5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes ✓

(iii) Mobile Number: 897143520

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is internet available at home: Yes/No ✓

6. Any specific problems identified in the village/ Ward:

(i) Electricity

(ii) Road

(iii) water

Place: Nallarayiguda

Date: 07-05-2023

B. Chinna babu
Signature of the Student


Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : B. Chinnababu

Group : B.Z.C (B)

Registration Number : 2222001049006

Area of the Survey conducted: Nallarajiguda

House No.	4-6	Habitat /Ward	Nallarajiguda	Panchayat /Municipality	Nallarajiguda
Post office	Balesu	Mandal	Bhamini	District	Parvathipuram

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1.	B. Sukku	M	60	-	Farmer	Daily (500) wage
2.	B. Goyanthi	F	54	-	House wife	-
3.	B. Chinna	M	18	Degree	-	-

2. Social Status details:

(i) Community: SC/SY/BC-A-B-C-D/OC (ii) Sub-Caste: Sankya (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: 5 Acres

(vi) Livestock resources: Cows - Oxen - Buffaloes - Sheep/Goats 3

(vii) Do you have own toilet? Yes/No

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____

(ix) Do you have white Ration Card? Yes/No

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle

4. Health Details:

(i) Allments in family:

(ii) Treatment in which Hospital: Govt/Private

(iii) Any PWD Persons in family: Yes/No

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No

5. Other Details:

(i) Do You have TV: Yes/No

(ii) Do you have Mobile: Yes

(iii) Mobile Number: 9494207083

(iv) Do you have Computer/Laptop: Yes/No

(v) Is internet available at home: Yes/No

6. Any specific problems identified in the village/ Ward:

(i) Drainage

(ii) Water

(iii) Current

Place: Nallakayiguda

Date: 05-05-2023

B. Chinnababu
Signature of the Student


Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : B. Chinnababu

Group : B Z.C (B)

Registration Number : 2222001049006

Area of the Survey conducted: Nallarayiguda

House No.	4-7	Habitat /Ward	Nallarayiguda	Panchayat /Municipality	Nallarayiguda
Post office	Baluru	Mandal	Bhamini	District	Parvathipuram

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1.	Narasimh	m	45	Tenth	Farmer	Daily Wage (500)
2.	B. Laxmi	F	41	-	House wife	-
3.	B. Vinay	m	17	Inter	-	-

2. Social Status details:

(i) Community: SC/SJ/BC-A-B-C-D/OC (ii) Sub-Caste: Savh (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: 4 Acres

(vi) Livestock resources: Cows 1 Oxen - Buffaloes 1 Sheep/Goats -

- (vii) Do you have own toilet? Yes/No ✓
(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____
(ix) Do you have white Ration Card? Yes/No ✓
(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle ✓

4. Health Details:

- (i) Ailments in family:
(ii) Treatment in which Hospital: Govt/Private
(iii) Any PWD Persons in family: Yes/No

S.No.	Name of the Person	Gender	Age	Nature of Disability

- (iv) Do you have Govt. Arogya Sri Card: Yes/No ✓

5. Other Details:

- (i) Do You have TV: Yes/No ✓
(ii) Do you have Mobile: Yes ✓
(iii) Mobile Number: 7345621519
(iv) Do you have Computer/Laptop: Yes/No ✓
(v) Is internet available at home: Yes/No ✓

6. Any specific problems identified in the village/ Ward:

- (i) Electricity
(ii) Road
(iii)

Place: Nallarayiguda
Date: 07-05-2023

B. Chinnababu
Signature of the Student


Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : B. Chinnababu

Group : B-Z-C (B)

Registration Number : RRRR001049006

Area of the Survey conducted: Nallarayiguda

House No.	3-7	Habitat /Ward	Nallarayiguda	Panchayat /Municipality	Nallarayiguda
Post office	Baleri	Mandal	Bhamini	District	Pasathipuram

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1.	A. Bangaru	M	51	-	Farmer	-
2.	A. Lahari	F	48	-	House wife	-
3.	A. Mohit	M	19	Inter	-	-

2. Social Status details:

(i) Community: SC/SJ/BC-A-B-C-D/OC (ii) Sub-Caste: Savara (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: 2 Acres

(vi) Livestock resources: Cows — Oxen 2 Buffaloes — Sheep/Goats 1

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____

(ix) Do you have white Ration Card? Yes/No

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle ✓

4. Health Details:

(i) Ailments in family:

(ii) Treatment in which Hospital: Govt/Private

(iii) Any PWD Persons in family: Yes/No

S.No.	Name of the Person	Gender	Age	Nature of Disability
	5			

(iv) Do you have Govt. Arogya Sri Card: Yes/No ✓

5. Other Details:

(i) Do You have TV: Yes/No

(ii) Do you have Mobile: Yes ✓

(iii) Mobile Number: 6305021715

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is internet available at home: Yes/No

6. Any specific problems identified in the village/ Ward:

(i) Road

(ii) Electricity

(iii) water

Place: Nallarayyaguda

Date: 10-05-2023

B. Chinnababu
Signature of the Student


Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : B. Chinnababu

Group : B.Z.C.(B)

Registration Number : 2222001049006

Area of the Survey conducted: Nallarayiguda

House No.	2-15	Habitat /Ward	Nallarayiguda	Panchayat /Municipality	Nallarayiguda
Post office	Balenu	Mandal	Bhamini	District	Parvathipuram

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1.	B. Nagesh	M	48	Tenth	Farmer	Daily wage (500)
2.	B. Neelma	F	45	-	House wife	-
3.	B. Anjali	F	10	Fourth	-	-

2. Social Status details:

(i) Community: SC/SJ/BC-A-B-C-D/OC (ii) Sub-Caste: Santala (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: 4 Acres

(vi) Livestock resources: Cows 1 Oxen - Buffaloes 2 Sheep/Goats -

(vii) Do you have own toilet? Yes/No

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____

(ix) Do you have white Ration Card? Yes/No

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle

4. Health Details:

(i) Ailments in family:

(ii) Treatment in which Hospital: Govt/Private

(iii) Any PWD Persons in family: Yes/No

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No

5. Other Details:

(i) Do You have TV: Yes/No

(ii) Do you have Mobile: Yes

(iii) Mobile Number: 9583854217

(iv) Do you have Computer/Laptop: Yes/No

(v) Is internet available at home: Yes/No

6. Any specific problems identified in the village/ Ward:

(i) Electricity

(ii) road

(iii) Drainage

Place: Nallarayiguda

Date: 11-05-2023

B. Chinnababu
Signature of the Student


Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : B. Chinnababu

Group : B.Z.C(B)

Registration Number : 2222001049006

Area of the Survey conducted: Nallarayiguda

House No.	2-19	Habitat /Ward	Nallarayiguda	Panchayat /Municipality	Nallarayiguda
Post office	Balesu	Mandal	Bhramini	District	Panathipatnam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1.	A. Suresh	M	29	Degree	Teacher	monthly (20,000)
2.	A. Lalitha	F	27	Inter	-	-
3.	A. Abhinav	M	7	2 Class	-	-

2. Social Status details:

(i) Community: SC/SJ/BC-A-B-C-D/ OC (ii) Sub-Caste: Savara (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: 3 Acres

(vi) Livestock resources: Cows 2 Oxen - Buffaloes - Sheep/Goats 2

(vii) Do you have own toilet? Yes/No

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____

(ix) Do you have white Ration Card? Yes/No

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle

4. Health Details:

(i) Ailments in family:

(ii) Treatment in which Hospital: Govt/Private

(iii) Any PWD Persons in family: Yes/No

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No

5. Other Details:

(i) Do You have-TV: Yes/No

(ii) Do you have Mobile: Yes

(iii) Mobile Number: 7589201518

(iv) Do you have Computer/Laptop: Yes/No

(v) Is internet available at home: Yes/No

6. Any specific problems identified in the village/ Ward:

(i) Current

(ii) Road

(iii) Water

Place: Nalkavayiguda

Date: 12-05-2023

B. Chinnababu
Signature of the Student


Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : B Chinnababu

Group : B-Z-C (B)

Registration Number : 2222001049006

Area of the Survey conducted: Nallarayiguda

House No.	4-10	Habitat /Ward	Nallarayiguda	Panchayat /Municipality	Nallarayiguda
Post office	Baleru	Mandal	Bhamini	District	Paravathi Puram

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1.	A. Subbarao	m	53	-	Farmer	Daily wage (500)
2.	A. Bharathi	F	49	-	House wife	-
3.	A. Saranathi	F	19	Degree	-	-

2. Social Status details:

(i) Community: SC/SJ/BC-A-B-C-D/OC (ii) Sub-Caste: Savara (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: 5 Acres

(vi) Livestock resources: Cows 2 Oxen 2 Buffaloes - Sheep/Goats -

(vii) Do you have own toilet? Yes/No

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____

(ix) Do you have white Ration Card? Yes/No

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle

4. Health Details:

(i) Ailments in family:

(ii) Treatment in which Hospital: Govt/Private

(iii) Any PWD Persons in family: Yes/No

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No

5. Other Details:

(i) Do You have TV: Yes/No

(ii) Do you have Mobile: Yes

(iii) Mobile Number: 9490825912

(iv) Do you have Computer/Laptop: Yes/No

(v) Is internet available at home: Yes/No

6. Any specific problems identified in the village/ Ward:

(i) Road-

(ii) current

(iii) water

Place: Nallarayiguda

Date: 13-05-2023

B. Chinna babu
Signature of the Student

[Signature]
Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : B. Chinnababu

Group : B.Z.C(B)

Registration Number : 2222001049006

Area of the Survey conducted: Nallarayiguda

House No.	3-25	Habitat /Ward	Nallarayiguda	Panchayat /Municipality	Nallarayiguda
Post office	Baleru	Mandal	Bhamini	District	Tanavathipuram

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1.	A. Kamesh	M	29	Inter	Farmer	Weekly (3,000)
2.	A. Kalavathi	F	27	Tenth	House wife	Daily wage(300)
3.	A. Akhil	M	10	Three	-	-

2. Social Status details:

(i) Community: SC/ST/BC-A-B-C-D/OC (ii) Sub-Caste: Savala (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: 2 Acres

(vi) Livestock resources: Cows - Oxen - Buffaloes 2 Sheep/Goats -

(vii) Do you have own toilet? Yes/No

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____

(ix) Do you have white Ration Card? Yes/No

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle

4. Health Details:

(i) Ailments in family:

(ii) Treatment in which Hospital: Govt/Private

(iii) Any PWD Persons in family: Yes/No

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No

5. Other Details:

(i) Do You have TV: Yes/No

(ii) Do you have Mobile: Yes

(iii) Mobile Number: 7985141029

(iv) Do you have Computer/Laptop: Yes/No

(v) Is internet available at home: Yes/No

6. Any specific problems identified in the village/ Ward:

(i) Drainage Problems

(ii) Current

(iii) Road

Place: Nallarayipet

Date: 14-05-2023

B. Chinna Babu
Signature of the Student


Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : Biddika Chinnababu

Group : BZC (B)

Registration Number : 2222001049006

Area of the Survey conducted: Nallarayiguda

House No.	2-21	Habitat /Ward	Nallarayiguda	Panchayat /Municipality	Nallarayiguda
Post office	Baleru	Mandal	Bhamini	District	Parvathipuram

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1.	B. Somayya	M	55	seventh	farmer	Daily wage (500)
2.	B. Chamanthi	F	51	-	House wife	Daily wage (200)
3.	B. Sridhar	M	15	seventh	-	-

2. Social Status details:

(i) Community: SC/S~~T~~/BC-A-B-C-D/OC (ii) Sub-Caste: Sankala (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: 5 Acres

(vi) Livestock resources: Cows 2 Oxen - Buffaloes 2 Sheep/Goats -

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle ✓

4. Health Details:

(i) Ailments in family:

(ii) Treatment in which Hospital: Govt/Private

(iii) Any PWD Persons in family: Yes/No

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No ✓

5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes ✓

(iii) Mobile Number: 9392896512

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is internet available at home: Yes/No ✓

6. Any specific problems identified in the village/ Ward:

(i) Road

(ii) Current

(iii) Water

Place: Nallarayiguda

Date: 15-05-2023

B. Chinnababu
Signature of the Student


Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : B. Chinnababu

Group : BZC (B)

Registration Number : 2222001049006

Area of the Survey conducted: Nallarayiguda

House No.	4-8	Habitat /Ward	Nallarayiguda	Panchayat /Municipality	Nallarayiguda
Post office	Baleru	Mandal	Bhamini	District	Parvathipuram

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1.	B. Rajanna	M	49	Tenth	labour	Daily wage (500)
2.	B. Santhi	F	46	Third	House wife	-
3.	B. Sandeep	M	17	Tenth	-	-

2. Social Status details:

(i) Community: SC/ST/BC-A-B-C-D/OC (ii) Sub-Caste: Sakala (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: 2 Acres

(vi) Livestock resources: Cows - Oxen - Buffaloes 3 Sheep/Goats 2

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle ✓

4. Health Details:

(i) Ailments in family:

(ii) Treatment in which Hospital: Govt/Private

(iii) Any PWD Persons in family: Yes/No

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No ✓

5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes ✓

(iii) Mobile Number: 9947832548

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is internet available at home: Yes/No ✓

6. Any specific problems identified in the village/ Ward:

(i) Drainage

(ii) Dust bins

(iii) Water

Place: Nallarayiguda

Date: 16-05-2023

B. Chinnababu
Signature of the Student


Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : B. Chinnababu

Group : B.Z.C

Registration Number : 2222001049006

Area of the Survey conducted: Nallarayiguda

House No.	3-14	Habitat /Ward	Nallarayiguda	Panchayat /Municipality	Nallarayiguda
Post office	Baleru	Mandal	Bhamini	District	Pavulathuram

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1.	B. Raikanna	M	58	Inter	Teacher	monthly
2.	B. Puspa	F	55	-	House wife	Daily wage
3.	B. Sriveni	M	23	Degree	-	-

2. Social Status details:

(i) Community: SC/SJ/BC-A-B-C-D/OC (ii) Sub-Caste: Savata (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: 4 Acres

(vi) Livestock resources: Cows - Oxen - Buffaloes 2 Sheep/Goats 4

(vii) Do you have own toilet? Yes/No

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____

(ix) Do you have white Ration Card? Yes/No

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle

4. Health Details:

(i) Ailments in family:

(ii) Treatment in which Hospital: Govt/Private

(iii) Any PWD Persons in family: Yes/No

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No

5. Other Details:

(i) Do You have TV: Yes/No

(ii) Do you have Mobile: Yes

(iii) Mobile Number: 8324178543

(iv) Do you have Computer/Laptop: Yes/No

(v) Is internet available at home: Yes/No

6. Any specific problems identified in the village/ Ward:

(i) Water

(ii) Drainage

(iii) Electricity

Place: Nallarayyaguda

Date: 17-05-2023

B. Chinnababu
Signature of the Student


Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : B. Chinnababu

Group : BZC (B)

Registration Number : 2222001049006

Area of the Survey conducted: Nallarayiguda

House No.	4-20	Habitat /Ward	Nallarayiguda	Panchayat /Municipality	Nallarayiguda
Post office	Balesu	Mandal	Bhramini	District	Parikuthipuram

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1.	A. Maroharjoshi	m	53	Tenik	Farmer	Daily Wage (50)
2.	A. Jyothi	F	51	Tenik	House wife	Daily Wage (30)
3.	A. Akhila	F	19	Inter	-	-
4.	A. Nikhil	m	15	Nitik	-	-

2. Social Status details:

(i) Community: SC/~~ST~~/BC-A-B-C-D/ OC (ii) Sub-Caste: ~~Savara~~ (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: 3 Acres

(vi) Livestock resources: Cows — Oxen — Buffaloes — Sheep/Goats 4

(vii) Do you have own toilet? Yes/No

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____

(ix) Do you have white Ration Card? Yes/No

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle

4. Health Details:

(i) Ailments in family:

(ii) Treatment in which Hospital: Govt/Private

(iii) Any PWD Persons in family: Yes/No

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No

5. Other Details:

(i) Do You have TV: Yes/No

(ii) Do you have Mobile: Yes

(iii) Mobile Number: 7325149083

(iv) Do you have Computer/Laptop: Yes/No

(v) Is internet available at home: Yes/No

6. Any specific problems identified in the village/ Ward:

(i) Dustbins

(ii) Water problems

(iii) Electricity

Place: Nallarayiguda

Date: 18-05-2023

B. Chinnababu
Signature of the Student


Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : B. Chinnababu

Group : B.Z.C (B)

Registration Number : 2222001049006

Area of the Survey conducted: Nallarayiguda

House No.	2-25	Habitat /Ward	Nallarayiguda	Panchayat /Municipality	Nallarayiguda
Post office	Balesu	Mandal	Bhamini	District	Parvathipuram

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1.	A. Santhosh	M	43	Degree	labour	monthly (15,000)
2.	A. Sanjana	F	40	Tenth	House wife	Daily wage (300)
3.	A. Santhi	F	19	Tenth	-	-

2. Social Status details:

(i) Community: SC/S~~A~~/BC-A-B-C-D/OC (ii) Sub-Caste: Savita (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: 3 Acres

(vi) Livestock resources: Cows 1 Oxen 1 Buffaloes 1 Sheep/Goats 5

(vii) Do you have own toilet? Yes/No

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____

(ix) Do you have white Ration Card? Yes/No

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle

4. Health Details:

(i) Ailments in family:

(ii) Treatment in which Hospital: Govt/Private

(iii) Any PWD Persons in family: Yes/No

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No

5. Other Details:

(i) Do You have TV: Yes/No

(ii) Do you have Mobile: Yes

(iii) Mobile Number: 8697654321

(iv) Do you have Computer/Laptop: Yes/No

(v) Is internet available at home: Yes/No

6. Any specific problems identified in the village/ Ward:

(i) Current

(ii) Water

(iii) Road

Place: Nallavayyiguda

Date: 19-05-2023

B. Chinna Babu
Signature of the Student


Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : B. Chinnrababu

Group : BZC (B)

Registration Number : 2222001049006

Area of the Survey conducted: Nallasayiguda

House No.	3-19	Habitat /Ward	Nallasayiguda	Panchayat /Municipality	Nallasayiguda
Post office	Balesu	Mandal	Bhamini	District	Palnathi Puram

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1.	B. Bhaskar Reddy	M	54	Fifth	Farmer	Daily Wage (500)
2.	B. Bampi	F	50	-	House wife	Daily Wage (300)
3.	B. Jonitha	F	19	Inter	-	-

2. Social Status details:

(i) Community: SC/ST/BC-A-B-C-D/OC (ii) Sub-Caste: Savara (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: 6 Acres

(vi) Livestock resources: Cows 1 Oxen 2 Buffaloes 2 Sheep/Goats 1

(vii) Do you have own toilet? Yes/No

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____

(ix) Do you have white Ration Card? Yes/No

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle

4. Health Details:

(i) Ailments in family:

(ii) Treatment in which Hospital: Govt/Private

(iii) Any PWD Persons in family: Yes/No

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No

5. Other Details:

(i) Do You have TV: Yes/No

(ii) Do you have Mobile: Yes

(iii) Mobile Number: 6301050416

(iv) Do you have Computer/Laptop: Yes/No

(v) Is internet available at home: Yes/No

6. Any specific problems identified in the village/ Ward:

(i) Dust bin

(ii) Drainage

(iii) Current

Place: Nallarayiguda

Date: 20-05-2023

B. Chinna babu
Signature of the Student


Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : B. Chinnababu

Group : B-2-C (B)

Registration Number : 2222001049006

Area of the Survey conducted: Nallarayiguda

House No.	3-23	Habitat /Ward	Nallarayiguda	Panchayat /Municipality	Nallarayiguda
Post office	Balesu	Mandal	Bhamini	District	Parvathipuram

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1.	K. Ramayya	M	56	-	Farmer	Daily wage (500)
2.	K. Laxmi	F	52	-	House wife	Daily wage (300)
3.	K. Rajesh	M	15	-	-	-

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: Sakha (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: 4 Acres

(vi) Livestock resources: Cows - Oxen - Buffaloes 2 Sheep/Goats -

(vii) Do you have own toilet? Yes/No

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____

(ix) Do you have white Ration Card? Yes/No

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle

4. Health Details:

(i) Ailments in family:

(ii) Treatment in which Hospital: Govt/Private

(iii) Any PWD Persons in family: Yes/No

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No

5. Other Details:

(i) Do You have TV: Yes/No

(ii) Do you have Mobile: Yes

(iii) Mobile Number: 9492734720

(iv) Do you have Computer/Laptop: Yes/No

(v) Is internet available at home: Yes/No

6. Any specific problems identified in the village/ Ward:

(i) Road

(ii) Dustbin

(iii) current

Place: Nalkalyiguda

Date: 21-05-2023

☺

B. Chinnababu
Signature of the Student


Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : Biddika Chinnababu

Group : B-Z-C (B)

Registration Number : 2222001049006

Area of the Survey conducted: Nallarayiguda

House No.	2-05	Habitat /Ward	Nallarayiguda	Panchayat /Municipality	Nallarayiguda
Post office	Balesu	Mandal	Bhamini	District	Tenali Putam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1.	B. Baballa	m	62	-	Farmer	Daily Wage (500)
2.	B. Dhamayanthi	F	60	-	House wife	Daily Wage (300)
3.	B. Samsan	m	25	Tenth	-	-

2. Social Status details:

(i) Community: SC/SJ/ BC-A-B-C-D/ OC (ii) Sub-Caste: Sabra (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: 3 Acres

(vi) Livestock resources: Cows - Oxen - Buffaloes - Sheep/Goats 6

(vii) Do you have own toilet? Yes/No

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____

(ix) Do you have white Ration Card? Yes/No

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle

4. Health Details:

(i) Ailments in family:

(ii) Treatment in which Hospital: Govt/Private

(iii) Any PWD Persons in family: Yes/No

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No

5. Other Details:

(i) Do You have TV: Yes/No

(ii) Do you have Mobile: Yes

(iii) Mobile Number: 7560532173

(iv) Do you have Computer/Laptop: Yes/No

(v) Is internet available at home: Yes/No

6. Any specific problems identified in the village/ Ward:

(i) Electricity

(ii) Road

(iii) Water

Place: Nallarayiguda

Date: 22-05-2023

B. Chinnababu
Signature of the Student


Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : B. Chinnababu

Group : B.Z.C (B)

Registration Number : 2222001049006

Area of the Survey conducted: Nallarayiguda

House No.	2-14	Habitat /Ward	Nallarayiguda	Panchayat /Municipality	Nallarayiguda
Post office	Baleru	Mandal	Bhamini	District	Parvathipuram

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1.	K. Sanjay	M	45	Tenth	Farmer	Daily Wage (50)
2.	K. Swathi	F	45	Tenth	House wife	Daily wage (300)
3.	K. Rohit	M	15	Ninth	-	-

2. Social Status details:

(i) Community: SC/SJ/BC-A-B-C-D/OC (ii) Sub-Caste: Savara (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: 6 Acres

(vi) Livestock resources: Cows 2 Oxen - Buffaloes 2 Sheep/Goats -

(vii) Do you have own toilet? Yes/No

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____

(ix) Do you have white Ration Card? Yes/No

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle

4. Health Details:

(i) Ailments in family:

(ii) Treatment in which Hospital: Govt/Private

(iii) Any PWD Persons in family: Yes/No

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No

5. Other Details:

(i) Do You have TV: Yes/No

(ii) Do you have Mobile: Yes

(iii) Mobile Number: 9427908323

(iv) Do you have Computer/Laptop: Yes/No

(v) Is internet available at home: Yes/No

6. Any specific problems identified in the village/ Ward:

(i) Dust bin

(ii) Drainage

(iii) Current

Place: Nallarayiguda

Date: 23-05-2023

B. Chinnababu
Signature of the Student


Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : B. Chinnababu

Group : B.Z.C (B)

Registration Number : 2222001049006

Area of the Survey conducted: Nallasayiguda

House No.	4-9	Habitat /Ward	Nallasayiguda	Panchayat /Municipality	Nallasayiguda
Post office	Baleru	Mandal	Bhamini	District	Panathipuram

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1.	A. murthy	m	40	Tenth	labour	Daily Wage (500)
2.	A. Gowtami	F	39	seventh	House wife	Daily wage (300)
3.	A. Srividhya	F	10	third	-	-

2. Social Status details:

(i) Community: SC/ST/BC-A-B-C-D/OC (ii) Sub-Caste: Savitri (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: 3 Acres

(vi) Livestock resources: Cows - Oxen - Buffaloes - Sheep/Goats 4.

(vii) Do you have own toilet? Yes/No

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____

(ix) Do you have white Ration Card? Yes/No

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle

4. Health Details:

(i) Ailments in family:

(ii) Treatment in which Hospital: Govt/Private

(iii) Any PWD Persons in family: Yes/No

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No

5. Other Details:

(i) Do You have TV: Yes/No

(ii) Do you have Mobile: Yes

(iii) Mobile Number: 7097248197

(iv) Do you have Computer/Laptop: Yes/No

(v) Is internet available at home: Yes/No

6. Any specific problems identified in the village/ Ward:

(i) Road

(ii) Current

(iii) Water

Place: Nallarayiguda

Date: 24-05-2023

B. Chinna Babu
Signature of the Student

[Signature]
Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : B. Chinnababu

Group : B-Z-C(B)

Registration Number : 2222001049006

Area of the Survey conducted: Nallarayiguda

House No.	3-13	Habitat /Ward	Nallarayiguda	Panchayat /Municipality	Nallarayiguda
Post office	Baleru	Mandal	Bhamini	District	Parkathipuram

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1.	B. Prakash	M	41	-	Farmer	Daily wage (500)
2.	B. Lalitha	F	45	-	House wife	Daily wage (300)
3.	B. Charan	M	18	Inter	-	-

2. Social Status details:

(i) Community: SC/ST/BC-A-B-C-D/OC (ii) Sub-Caste: Savita (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: 3 Acres

(vi) Livestock resources: Cows 2 Oxen - Buffaloes - Sheep/Goats -

(vii) Do you have own toilet? Yes/ No

(viii) Type Cooking fuel used: LPG/ Kerosene/ Wood/ others specify _____

(ix) Do you have white Ration Card? Yes/ No

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle

4. Health Details:

(i) Ailments in family:

(ii) Treatment in which Hospital: Govt/Private

(iii) Any PWD Persons in family: Yes/No

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/ No

5. Other Details:

(i) Do You have TV: Yes/ No

(ii) Do you have Mobile: Yes

(iii) Mobile Number: 93954961890

(iv) Do you have Computer/Laptop: Yes/ No

(v) Is internet available at home: Yes/ No

6. Any specific problems identified in the village/ Ward:

(i) Drainage

(ii) Electricity

(iii) Water

Place: Nallarayiguda

Date: 25-05-2023

B. Chinnababu
Signature of the Student


Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : B. Chinnababu

Group : B.Z.C (B)

Registration Number : 2222001049006

Area of the Survey conducted: Nallarayiguda

House No.	4-17	Habitat /Ward	Nallarayiguda	Panchayat /Municipality	Nallarayiguda
Post office	Balera	Mandal	Bhamini	District	Parvathipuram

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1.	B. Vasudeva	M	38	Degree	labour	Daily wage (50)
2.	B. Geetha	F	35	Inter	House wife	Daily wage (30)
3.	B. Vinay	M	13	Sixth	-	-

2. Social Status details:

(i) Community: SC/ST/BC-A-B-C-D/OC (ii) Sub-Caste: Savara (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: 3 Acres

(vi) Livestock resources: Cows - Oxen - Buffaloes 4 Sheep/Goats -

- (vii) Do you have own toilet? Yes/No No
- (viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____
- (ix) Do you have white Ration Card? Yes/No No
- (x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle vehicle

4. Health Details:

- (i) Allments in family: _____
- (ii) Treatment in which Hospital: Govt/Private _____
- (iii) Any PWD Persons in family: Yes/No No

S.No.	Name of the Person	Gender	Age	Nature of Disability

- (iv) Do you have Govt. Arogya Sri Card: Yes/No No

5. Other Details:

- (i) Do You have TV: Yes/No No
- (ii) Do you have Mobile: Yes
- (iii) Mobile Number: 7894324107
- (iv) Do you have Computer/Laptop: Yes/No No
- (v) Is internet available at home: Yes/No No

6. Any specific problems identified in the village/ Ward:

- (i) Current
- (ii) Road
- (iii) Water

Place: Mallarayyiguda

Date: 26-05-2023

B. Chinnababu
Signature of the Student


Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : B. Chinrababu

Group : B.Z.C (B)

Registration Number : 2222001049006

Area of the Survey conducted: Nallarayiguda

House No.	2-29	Habitat /Ward	Nallarayiguda	Panchayat /Municipality	Nallarayiguda
Post office	Baleru	Mandal	Bhamini	District	Tanukoti Farani

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1.	K. Somesh	m	32	Inter	labour	Daily wage (500)
2.	K. Santhi	F	29	TenK	House wife	Daily wage (300)
3.	K. Raju	m	10	Three	-	-

2. Social Status details:

(i) Community: SC/ST/BC-A-B-C-D/OC (ii) Sub-Caste: Savara (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: 4 Acres

(vi) Livestock resources: Cows — Oxen — Buffaloes — Sheep/Goats 6.

(vii) Do you have own toilet? Yes/No

(viii) Type Cooking fuel used: LPG/ Kerosene/ Wood/ others specify _____

(ix) Do you have white Ration Card? Yes/No

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle

4. Health Details:

(i) Ailments in family:

(ii) Treatment in which Hospital: Govt/ Private

(iii) Any PWD Persons in family: Yes/No

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No

5. Other Details:

(i) Do You have TV: Yes/No

(ii) Do you have Mobile: Yes

(iii) Mobile Number: 8305079321

(iv) Do you have Computer/Laptop: Yes/No

(v) Is internet available at home: Yes/No

6. Any specific problems identified in the village/ Ward:

(i) Dustbin

(ii) Water

(iii) Current

Place: Nallakayiguda

Date: 27-05-2023

B. Chinnababu
Signature of the Student


Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : B. Chinnababu

Group : B-Z-C(B)

Registration Number : 2222001049006

Area of the Survey conducted: Nallarayiguda

House No.	3-11	Habitat /Ward	Nallarayiguda	Panchayat /Municipality	Nallarayiguda
Post office	Baleru	Mandal	Bhamini	District	Kanathipusam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1.	A - Ramana	M	39	Inter	Farmer	Weekly wage (500)
2.	A - Kanchana	F	36	Tenth	House wife	Daily wage (200)
3.	A - Karthik	M	9	Second	-	-

2. Social Status details:

(i) Community: SC/ST/BC-A-B-C-D/OC (ii) Sub-Caste: Sakya (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: 3 Acres

(vi) Livestock resources: Cows - Oxen - Buffaloes 2 Sheep/Goats -

(vii) Do you have own toilet? Yes/No

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____

(ix) Do you have white Ration Card? Yes/No

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle

4. Health Details:

(i) Ailments in family:

(ii) Treatment in which Hospital: Govt/Private

(iii) Any PWD Persons in family: Yes/No

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No

5. Other Details:

(i) Do You have TV: Yes/No

(ii) Do you have Mobile: Yes

(iii) Mobile Number: 7392478341

(iv) Do you have Computer/Laptop: Yes/No

(v) Is internet available at home: Yes/No

6. Any specific problems identified in the village/ Ward:

(i) Electricity

(ii) water

(iii) Road

Place: Nallarayiguda

Date: 28-05-2023

B. Chinnababu
Signature of the Student

[Signature]
Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : B. Chinrababu

Group : BZC (B)

Registration Number : 2222001049006

Area of the Survey conducted: Nallarayiguda

House No.	2-29	Habitat /Ward	Nallarayiguda	Panchayat /Municipality	Nallarayiguda
Post office	Baleru	Mandal	Bhamini	District	Pentathipuram

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1.	K. Manikanta	M	45	Inter	labour	monthly Wage (500)
2.	K. Sowjanya	F	42	Tenth	House wife	Daily Wage (300)
3.	K. Preety	F	13	Sixth	-	-

2. Social Status details:

(i) Community: SC/ST/BC-A-B-C-D/ OC (ii) Sub-Caste: Savara (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: 5 Acres

(vi) Livestock resources: Cows 2 Oxen - Buffaloes 2 Sheep/Goats -

(vii) Do you have own toilet? Yes/No

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____

(ix) Do you have white Ration Card? Yes/No

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle

4. Health Details:

(i) Ailments in family:

(ii) Treatment in which Hospital: Govt/Private

(iii) Any PWD Persons in family: Yes/No

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No

5. Other Details:

(i) Do You have TV: Yes/No

(ii) Do you have Mobile: Yes

(iii) Mobile Number: 9321476901

(iv) Do you have Computer/Laptop: Yes/No

(v) Is internet available at home: Yes/No

6. Any specific problems identified in the village/ Ward:

(i) Electricity

(ii) Rustbins

(iii) Road

Place: Nallarayguda

Date: 29-05-2023

B. Chennababu
Signature of the Student

[Signature]
Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : B. Chinnababu

Group : B.Z.C (B)

Registration Number : 2222001049006

Area of the Survey conducted: Nallarayiguda

House No.	4-12	Habitat /Ward	Nallarayiguda	Panchayat /Municipality	Nallarayiguda
Post office	Baleru	Mandal	Bhamini	District	Parvathipuram

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1.	B. Thomas	M	45	Inter	Farmer	Daily wage (500)
2.	B. Gayanthi	F	42	Tenth	House wife	Daily wage (300)
3.	B. Meghana	F	15	Seventh	-	-

2. Social Status details:

(i) Community: SC/ST/BC-A-B-C-D/OC (ii) Sub-Caste: Savara (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: 6 Acres

(vi) Livestock resources: Cows ___ Oxen ___ Buffaloes 4 Sheep/Goats ___

(vii) Do you have own toilet? Yes/No

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____

(ix) Do you have white Ration Card? Yes/No

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle

4. Health Details:

(i) Ailments in family:

(ii) Treatment in which Hospital: Govt/Private

(iii) Any PWD Persons in family: Yes/No

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No

5. Other Details:

(i) Do You have TV: Yes/No

(ii) Do you have Mobile: Yes

(iii) Mobile Number: 7590215481

(iv) Do you have Computer/Laptop: Yes/No

(v) Is internet available at home: Yes/No

6. Any specific problems identified in the village/ Ward:

(i) Road

(ii) Dustbins

(iii) Current

Place: Nalbarayguda

Date: 30-05-2023

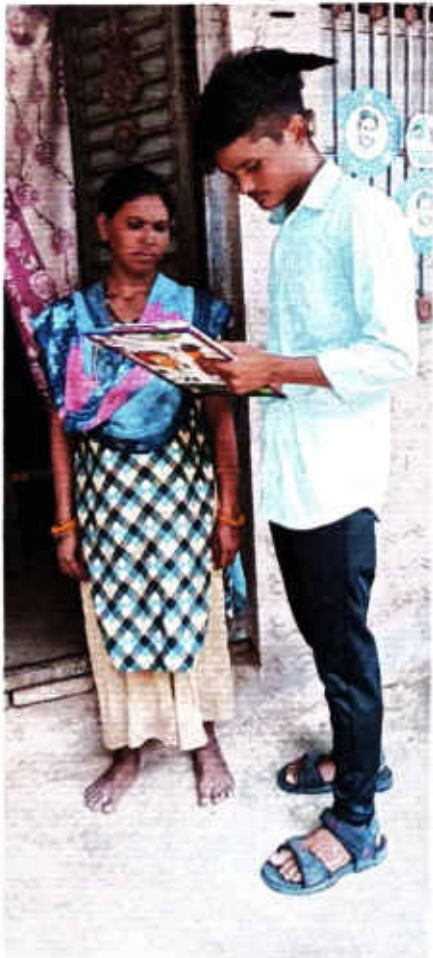
B. Chinnababu
Signature of the Student


Signature of the Mentor

SOCIO - ECONOMIC SURVEY



Socio - Economic Survey



AWARENESS PROGRAM





GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : B. Chinnababu
Group : B-Z-C(B)
Name of the mentor : D. Adhinarayana
Name of the project : Food habits

House No	Name of the person	Village / Ward	Mandal	District
3-30	A. Chandhu	Nallarayiguda	Bhamini	Pavulathuram manyam

1. How many times a day do you eat?

3 times

2. Please answer the following according to your particular eating habits?

- a. I eat a good breakfast
- b. I experienced feeling of hunger during the day
- c. I eat meat.
- d. I eat vegetables.
- e. I eat fruits.
- f. I eat dairy products
- g. I eat sweets.

3. What meal would you consider to be your main meal of the day?

- a. Breakfast
- b. lunch
- c. dinner
- d. others

4. What does your main meal consist of and how it is prepared?

- a. Freshly prepared.
- B. restaurant meal.
- C. precooked microwave.
- D. other

5. Have you been avoiding some foods for health reasons? Yes / No

6. Do you have any particular food allergies?

No

7. What is your daily food intake frequency of the following food categories?

Sweet foods:

- Several times a day
- once a day
- several times a week
- less often
- never

Fresh vegetables & Fruits:

- Several times a day
- once a day
- several times a week
- less often
- never

8. What percentage of your regular diet consists of meat products?

90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?

90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems?

No

11. Do you know your current body mass index?

No

12. Have your ever been on a diet, if so, what kind?

No

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

Healthiest food : fruits, vegetables
unhealthiest food : Junk food

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact. b. little impact c. big impact. D. none

Health

a. No impact. b. little impact c. big impact. D. none

Weight.

a. No impact. b. little impact c. big impact. D. none

Mental condition.

a. No impact. B. little impact c. big impact. D. none

B. Chinnababu

Signature of the Student



Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : B. Chinnababu
Group : B.Z.C (B)
Name of the mentor : D. Adhinayakan
Name of the project : Food habits

House No	Name of the person	Village / Ward	Mandal	District
5-14	B. Rahul	Nallarayiguda	Bhamini	Pasvathipuram manyam

- How many times a day do you eat?
3 times
- Please answer the following according to your particular eating habits?
 - I eat a good breakfast
 - I experienced feeling of hunger during the day
 - I eat meat.
 - I eat vegetables.
 - I eat fruits.
 - I eat dairy products
 - I eat sweets.
- What meal would you consider to be your main meal of the day?
 - Breakfast lunch
 - c. dinner
 - d. others
- What does your main meal consist of and how it is prepared?
 Freshly prepared. B. restaurant meal. C. precooked microwave. D. other
- Have you been avoiding some foods for health reasons? Yes / No
- Do you have any particular food allergies?
No
- What is your daily food intake frequency of the following food categories?

Sweet foods:

Several times a day once a day several times a week
less often never

Fresh vegetables & Fruits:

Several times a day once a day several times a week
less often never

8. What percentage of your regular diet consists of meat products?
90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?
90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems?
No

11. Do you know your current body mass index?
No

12. Have your ever been on a diet, if so, what kind?
No

13. Mention the food items from the healthiest to the unhealthiest from your point of views?
Healthiest food : Fruits
Unhealthiest food : street foods

14. How much do you think a healthy diet affects?
Restful sleep
 No impact. B. little impact c. big impact. D. none
Health
a. No impact. little impact c. big impact. D. none
Weight.
a. No impact. little impact c. big impact. D. none
Mental condition.
 No impact. B. little impact c. big impact. D. none

B. Chinnababu
Signature of the Student


Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : B. Chinnababu
Group : B.Z.C (B)
Name of the mentor : D. Adhinarayana
Name of the project : Food habits :

House No	Name of the person	Village / Ward	Mandal	District
4-6	B. Sukku	Nallasayiguda	Bhamini	Parvathipuram manyam

- How many times a day do you eat?
3 times
- Please answer the following according to your particular eating habits?
 - I eat a good breakfast
 - I experienced feeling of hunger during the day
 - I eat meat.
 - I eat vegetables.
 - I eat fruits.
 - I eat dairy products
 - I eat sweets.
- What meal would you consider to be your main meal of the day?
 Breakfast b. lunch c. dinner d. others
- What does your main meal consist of and how it is prepared?
 Freshly prepared. B. restaurant meal. C. precooked microwave. D. other
- Have you been avoiding some foods for health reasons? Yes / No
- Do you have any particular food allergies?
No
- What is your daily food intake frequency of the following food categories?
Sweet foods:
Several times a day once a day several times a week
less often never
Fresh vegetables & Fruits:
Several times a day once a day several times a week
less often never

8. What percentage of your regular diet consists of meat products?
90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?
90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems?

No

11. Do you know your current body mass index?

No

12. Have your ever been on a diet, if so, what kind?

No

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

Healthiest food : Vegetables
Unhealthiest food : Junk food

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact. b. little impact c. big impact. D. none

Health

a. No impact. b. little impact c. big impact. D. none

Weight.

a. No impact. b. little impact c. big impact. D. none

Mental condition.

a. No impact. B. little impact c. big impact. D. none

B. Chinna babu

Signature of the Student


Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : B. Chinna babu
Group : B.Z.C (B)
Name of the mentor : D. Adhinarayana
Name of the project : Food habits

House No	Name of the person	Village / Ward	Mandal	District
4-7	B. Narshingh	Nallarayiguda	Bhamini	Parvatipuram manyam

1. How many times a day do you eat?

3 times

2. Please answer the following according to your particular eating habits?

- a. I eat a good breakfast
- b. I experienced feeling of hunger during the day
- c. I eat meat.
- d. I eat vegetables.
- e. I eat fruits.
- f. I eat dairy products
- g. I eat sweets.

3. What meal would you consider to be your main meal of the day?

- a. Breakfast
- b. lunch
- c. dinner
- d. others

4. What does your main meal consist of and how it is prepared?

- A. Freshly prepared.
- B. restaurant meal.
- C. precooked microwave.
- D. other

5. Have you been avoiding some foods for health reasons? Yes / No

6. Do you have any particular food allergies?

No

7. What is your daily food intake frequency of the following food categories?

Sweet foods:

- Several times a day
- once a day
- several times a week
- less often
- never

Fresh vegetables & Fruits:

- Several times a day
- once a day
- several times a week
- less often
- never

8. What percentage of your regular diet consists of meat products?

90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?

90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems?

No

11. Do you know your current body mass index?

No

12. Have your ever been on a diet, if so, what kind?

No

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

Healthiest food: Dairy products
Unhealthiest food: Noodles

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact. b. little impact c. big impact. D. none

Health

a. No impact. b. little impact c. big impact. D. none

Weight.

a. No impact. b. little impact c. big impact. D. none

Mental condition.

a. No impact. B. little impact c. big impact. D. none

B. Chinnababu

Signature of the Student

Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : B. Chinnababu
Group : B.Z.C (B)
Name of the mentor : D. Adhinarayana
Name of the project : food habit

House No	Name of the person	Village / Ward	Mandal	District
3-7	A. Bangaru	Nallarayiguda	Bhamini	Parvathipuram manyam

1. How many times a day do you eat?

3 times

2. Please answer the following according to your particular eating habits?

- a. I eat a good breakfast
b. I experienced feeling of hunger during the day
c. I eat meat.
d. I eat vegetables.
e. I eat fruits.
f. I eat dairy products
g. I eat sweets.

3. What meal would you consider to be your main meal of the day?

- a. Breakfast b. lunch c. dinner d. others

4. What does your main meal consist of and how it is prepared?

- a. Freshly prepared. b. restaurant meal. c. precooked microwave. d. other

5. Have you been avoiding some foods for health reasons? Yes / No

6. Do you have any particular food allergies?

No

7. What is your daily food intake frequency of the following food categories?

Sweet foods:

- Several times a day once a day several times a week
less often never

Fresh vegetables & Fruits:

- Several times a day once a day several times a week
less often never

8. What percentage of your regular diet consists of meat products?
90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?
90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems?

No

11. Do you know your current body mass index?

No

12. Have your ever been on a diet, if so, what kind?

No

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

Healthiest food : fruits
Unhealthiest food : Puri

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact. b. little impact c. big impact. D. none

Health

a. No impact. b. little impact c. big impact. D. none

Weight.

a. No impact. b. little impact c. big impact. D. none

Mental condition.

a. No impact. B. little impact c. big impact. D. none

B. Chinnababu

Signature of the Student

Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : B. Chinnababu
Group : B.Z.C(B)
Name of the mentor : D. Adhinarayana
Name of the project : Food habit

House No	Name of the person	Village / Ward	Mandal	District
2-15	B. Nagesh	Nallarayiguda	Bhamini	Parvathipuram manyam

1. How many times a day do you eat?

3 times

2. Please answer the following according to your particular eating habits?

- a. I eat a good breakfast
- b. I experienced feeling of hunger during the day
- c. I eat meat.
- d. I eat vegetables.
- e. I eat fruits.
- f. I eat dairy products
- g. I eat sweets.

3. What meal would you consider to be your main meal of the day?

- a. Breakfast
- b. lunch
- c. dinner
- d. others

4. What does your main meal consist of and how it is prepared?

- A. Freshly prepared.
- B. restaurant meal.
- C. precooked microwave.
- D. other

5. Have you been avoiding some foods for health reasons? Yes / No

6. Do you have any particular food allergies?

No

7. What is your daily food intake frequency of the following food categories?

Sweet foods:

- Several times a day
- once a day
- several times a week
- less often
- never

Fresh vegetables & Fruits:

- Several times a day
- once a day
- several times a week
- less often
- never

8. What percentage of your regular diet consists of meat products?
90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?
90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems?

No

11. Do you know your current body mass index?

No

12. Have your ever been on a diet, if so, what kind?

No

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

Healthiest food : Vegetables
Unhealthiest food : Junk food

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact. B. little impact c. big impact. D. none

Health

a. No impact. B. little impact c. big impact. D. none

Weight.

a. No impact. B. little impact c. big impact. D. none

Mental condition.

A. No impact. B. little impact c. big impact. D. none

B. Chinnababu
Signature of the Student


Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : B. Chinnababu
Group : B.Z.C (B)
Name of the mentor : D. Adhinarayana
Name of the project : food habit

House No	Name of the person	Village / Ward	Mandal	District
2-19	A. Suresh	Nallarayiguda	Bhamini	Pantabhipuram manyam

1. How many times a day do you eat?

3 times

2. Please answer the following according to your particular eating habits?

- a. I eat a good breakfast
 b. I experienced feeling of hunger during the day
 c. I eat meat.
 d. I eat vegetables.
 e. I eat fruits.
 f. I eat dairy products
 g. I eat sweets.
3. What meal would you consider to be your main meal of the day?
a. Breakfast b. lunch c. dinner d. others
4. What does your main meal consist of and how it is prepared?
 a. Freshly prepared. B. restaurant meal. C. precooked microwave. D. other
5. Have you been avoiding some foods for health reasons? Yes / No Yes / No
6. Do you have any particular food allergies?

No

7. What is your daily food intake frequency of the following food categories?

Sweet foods:

Several times a day once a day several times a week
less often never

Fresh vegetables & Fruits:

Several times a day once a day several times a week
less often never

8. What percentage of your regular diet consists of meat products?
90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?
90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems?
No

11. Do you know your current body mass index?
No

12. Have your ever been on a diet, if so, what kind?
No

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

Healthiest food : Dairy Products
unhealthiest food : Fast foods

14. How much do you think a healthy diet affects?

Restful sleep
 a. No impact. B. little impact c. big impact. D. none

Health
a. No impact. B. little impact c. big impact. D. none

Weight.
a. No impact. B. little impact c. big impact. D. none

Mental condition.
 a. No impact. B. little impact c. big impact. D. none

B. Chinnababu
Signature of the Student


Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : B. Chinnababu
Group : B-Z-C (B)
Name of the mentor : D. Adhinarayana
Name of the project : Food habits

House No	Name of the person	Village / Ward	Mandal	District
4-10	A. Subbarao	Nallaxayiguda	Bhamini	Panathipuram manyam

1. How many times a day do you eat?

3 times

2. Please answer the following according to your particular eating habits?

- a. I eat a good breakfast
- b. I experienced feeling of hunger during the day
- c. I eat meat.
- d. I eat vegetables.
- e. I eat fruits.
- f. I eat dairy products
- g. I eat sweets.

3. What meal would you consider to be your main meal of the day?

- a. Breakfast b. lunch c. dinner d. others

4. What does your main meal consist of and how it is prepared?

- A. Freshly prepared. B. restaurant meal. C. precooked microwave. D. other

5. Have you been avoiding some foods for health reasons? Yes / No

6. Do you have any particular food allergies?

No

7. What is your daily food intake frequency of the following food categories?

Sweet foods:

- Several times a day once a day several times a week
less often never

Fresh vegetables & Fruits:

- Several times a day once a day several times a week
less often never

8. What percentage of your regular diet consists of meat products?

90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?

90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems?

No

11. Do you know your current body mass index?

No

12. Have your ever been on a diet, if so, what kind?

No

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

Healthiest food: Fruits
Unhealthiest food: Junk food

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact. B. little impact c. big impact. D. none

Health

a. No impact. B. little impact c. big impact. D. none

Weight.

a. No impact. B. little impact c. big impact. D. none

Mental condition.

a. No impact. B. little impact c. big impact. D. none

B. Chinnababu

Signature of the Student


Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : B. Chinnababu
Group : B-Z-C (B)
Name of the mentor : D. Adhinarayana
Name of the project : Food habits

House No	Name of the person	Village / Ward	Mandal	District
3-25	A. Kamesh	Nallarajiguda	Bhamini	Parvathipuram manyam

1. How many times a day do you eat?

3 times

2. Please answer the following according to your particular eating habits?

- a. I eat a good breakfast
- b. I experienced feeling of hunger during the day
- c. I eat meat.
- d. I eat vegetables.
- e. I eat fruits.
- f. I eat dairy products
- g. I eat sweets.

3. What meal would you consider to be your main meal of the day?

- a. Breakfast b. lunch
- c. dinner
- d. others

4. What does your main meal consist of and how it is prepared?

- A. Freshly prepared.
- B. restaurant meal.
- C. precooked microwave.
- D. other

5. Have you been avoiding some foods for health reasons? Yes / No

6. Do you have any particular food allergies?

NO

7. What is your daily food intake frequency of the following food categories?

Sweet foods:

- Several times a day once a day several times a week
- less often never

Fresh vegetables & Fruits:

- Several times a day once a day several times a week
- less often never

8. What percentage of your regular diet consists of meat products?

90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?

90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems?

No

11. Do you know your current body mass index?

No

12. Have your ever been on a diet, if so, what kind?

No

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

Healthiest food : Vegetables
Unhealthiest food : Oily food

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact. B. little impact c. big impact. D. none

Health

a. No impact. B. little impact c. big impact. D. none

Weight.

a. No impact. B. little impact c. big impact. D. none

Mental condition.

a. No impact. B. little impact c. big impact. D. none

B. Chinnababu

Signature of the Student


Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : B. Chinnababu
Group : B.Z.C (B)
Name of the mentor : D. Adhirajayana
Name of the project : Food habits :

House No	Name of the person	Village / Ward	Mandal	District
2-24	B. Somayya	Nallarajiguda	Ehamini	Pankathipuram manyam

1. How many times a day do you eat?

3 times

2. Please answer the following according to your particular eating habits?

- a. I eat a good breakfast
- b. I experienced feeling of hunger during the day
- c. I eat meat.
- d. I eat vegetables.
- e. I eat fruits.
- f. I eat dairy products
- g. I eat sweets.

3. What meal would you consider to be your main meal of the day?

- a. Breakfast b. lunch c. dinner d. others

4. What does your main meal consist of and how it is prepared?

- A. Freshly prepared. B. restaurant meal. C. precooked microwave. D. other

5. Have you been avoiding some foods for health reasons? Yes / No

6. Do you have any particular food allergies?

No

7. What is your daily food intake frequency of the following food categories?

Sweet foods:

- Several times a day once a day several times a week
less often never

Fresh vegetables & Fruits:

- Several times a day once a day several times a week
less often never

8. What percentage of your regular diet consists of meat products?

90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?

90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems?

No

11. Do you know your current body mass index?

No

12. Have your ever been on a diet, if so, what kind?

No

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

Healthiest food : milky products
Unhealthiest food : fast food

14. How much do you think a healthy diet affects?

Restful sleep

No impact. B. little impact c. big impact. D. none

Health

a. No impact. B. little impact c. big impact. D. none

Weight.

a. No impact. B. little impact c. big impact. D. none

Mental condition.

No impact. B. little impact c. big impact. D. none

B. Chinnababu

Signature of the Student


Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : B. Chinnababu
Group : B.Z.C (B)
Name of the mentor : D. Adhinarayana
Name of the project : Food habits

House No	Name of the person	Village / Ward	Mandal	District
4-8	B. Rajanna	Nallakayiguda	Bhamini	Parvathipuram Manyam

1. How many times a day do you eat?

3 times

2. Please answer the following according to your particular eating habits?

a. I eat a good breakfast

b. I experienced feeling of hunger during the day

c. I eat meat.

d. I eat vegetables.

e. I eat fruits.

f. I eat dairy products

g. I eat sweets.

3. What meal would you consider to be your main meal of the day?

a. Breakfast b. lunch c. dinner d. others

4. What does your main meal consist of and how it is prepared?

A. Freshly prepared. B. restaurant meal. C. precooked microwave. D. other

5. Have you been avoiding some foods for health reasons? Yes / No No

6. Do you have any particular food allergies?

No

7. What is your daily food intake frequency of the following food categories?

Sweet foods:

Several times a day once a day several times a week

less often never

Fresh vegetables & Fruits:

Several times a day once a day several times a week

less often never

8. What percentage of your regular diet consists of meat products?

90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?

90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems?

No

11. Do you know your current body mass index?

No

12. Have your ever been on a diet, if so, what kind?

No

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

Healthiest food :
unhealthiest food :

14. How much do you think a healthy diet affects?

Restful sleep

No impact. B. little impact c. big impact. D. none

Health

a. No impact. little impact c. big impact. D. none

Weight.

a. No impact. little impact c. big impact. D. none

Mental condition.

No impact. B. little impact c. big impact. D. none

B. Chinnababu
Signature of the Student


Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : B. Chinnababu
Group : B.Z.C (B)
Name of the mentor : D. Adhinarayana
Name of the project : Food habits

House No	Name of the person	Village / Ward	Mandal	District
3-14	B. Raikanna	Nallayyiguda	Bhamini	Pamaltipuram manyam

1. How many times a day do you eat?

3 times

2. Please answer the following according to your particular eating habits?

I eat a good breakfast

b. I experienced feeling of hunger during the day

c. I eat meat.

d. I eat vegetables.

e. I eat fruits.

f. I eat dairy products

g. I eat sweets.

3. What meal would you consider to be your main meal of the day?

a. Breakfast b. lunch c. dinner d. others

4. What does your main meal consist of and how it is prepared?

A. Freshly prepared. B. restaurant meal. C. precooked microwave. D. other

5. Have you been avoiding some foods for health reasons? Yes / No

6. Do you have any particular food allergies?

No

7. What is your daily food intake frequency of the following food categories?

Sweet foods:

Several times a day once a day several times a week

less often never

Fresh vegetables & Fruits:

Several times a day once a day several times a week

less often never

8. What percentage of your regular diet consists of meat products?

90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?

90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems?

No

11. Do you know your current body mass index?

No

12. Have your ever been on a diet, if so, what kind?

No

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

Healthiest food: Fruits
unhealthiest food: Junk food

14. How much do you think a healthy diet affects?

Restful sleep

No impact. B. little impact c. big impact. D. none

Health

a. No impact. little impact c. big impact. D. none

Weight.

a. No impact. little impact c. big impact. D. none

Mental condition.

No impact. B. little impact c. big impact. D. none

B. Chinnababu
Signature of the Student


Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : B. Chinnababu
Group : B-ZC (B)
Name of the mentor : D. Adhinarayana
Name of the project : Food habits

House No	Name of the person	Village / Ward	Mandal	District
4-20	A. Manohar Joshi	Nallarayiguda	Bhamini	Parvathipuram manyam

1. How many times a day do you eat?

3 times

2. Please answer the following according to your particular eating habits?

- a. I eat a good breakfast
- b. I experienced feeling of hunger during the day
- c. I eat meat.
- d. I eat vegetables.
- e. I eat fruits.
- f. I eat dairy products
- g. I eat sweets.

3. What meal would you consider to be your main meal of the day?

- a. Breakfast b. lunch c. dinner d. others

4. What does your main meal consist of and how it is prepared?

- a. Freshly prepared. B. restaurant meal. C. precooked microwave. D. other

5. Have you been avoiding some foods for health reasons? Yes/ No

6. Do you have any particular food allergies?

No

7. What is your daily food intake frequency of the following food categories?

Sweet foods:

- Several times a day once a day several times a week
less often never

Fresh vegetables & Fruits:

- Several times a day once a day several times a week
less often never

8. What percentage of your regular diet consists of meat products?

90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?

90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems?

No

11. Do you know your current body mass index?

No

12. Have your ever been on a diet, if so, what kind?

No

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

Healthiest food: Rice, wheat
Unhealthiest food: Oil food

14. How much do you think a healthy diet affects?

Restful sleep

No impact. B. little impact c. big impact. D. none

Health

a. No impact. little impact c. big impact. D. none

Weight.

a. No impact. little impact c. big impact. D. none

Mental condition.

No impact. B. little impact c. big impact. D. none

B. Chinnababu
Signature of the Student


Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : B. Chinnababu
Group : B-Z-C (B)
Name of the mentor : D. Adhinarayana
Name of the project : Food habits

House No	Name of the person	Village / Ward	Mandal	District
2-25	A. Santhosh	Nallarajiguda	Bhamini	Parvathipuram manyam

1. How many times a day do you eat?

3 times

2. Please answer the following according to your particular eating habits?

- a. I eat a good breakfast
- b. I experienced feeling of hunger during the day
- c. I eat meat.
- d. I eat vegetables.
- e. I eat fruits.
- f. I eat dairy products
- g. I eat sweets.

3. What meal would you consider to be your main meal of the day?

- a. Breakfast b. lunch c. dinner d. others

4. What does your main meal consist of and how it is prepared?

- a. Freshly prepared. B. restaurant meal. C. precooked microwave. D. other

5. Have you been avoiding some foods for health reasons? Yes / No

6. Do you have any particular food allergies?

NO

7. What is your daily food intake frequency of the following food categories?

Sweet foods:

- Several times a day once a day several times a week
less often never

Fresh vegetables & Fruits:

- Several times a day once a day several times a week
less often never

8. What percentage of your regular diet consists of meat products?

90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?

90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems?

No

11. Do you know your current body mass index?

No

12. Have your ever been on a diet, if so, what kind?

No

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

Healthiest food : Vegetables
Unhealthiest food : Junk food

14. How much do you think a healthy diet affects?

Restful sleep

No impact. B. little impact c. big impact. D. none

Health

a. No impact. little impact c. big impact. D. none


Weight.

a. No impact. little impact c. big impact. D. none

Mental condition.

No impact. B. little impact c. big impact. D. none

B. Chinnababu
Signature of the Student


Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : B. Chinnababu
Group : B.Z.C (B)
Name of the mentor : D. Adhinarayana
Name of the project : Food habits

House No	Name of the person	Village / Ward	Mandal	District
3-19	B. Bhaskar Rao	Nallarajiguda	Bhanini	Parvathipuram manyam

1. How many times a day do you eat?

3 times

2. Please answer the following according to your particular eating habits?

a. I eat a good breakfast

b. I experienced feeling of hunger during the day

c. I eat meat.

d. I eat vegetables.

e. I eat fruits.

f. I eat dairy products

g. I eat sweets.

3. What meal would you consider to be your main meal of the day?

a. Breakfast b. lunch c. dinner d. others

4. What does your main meal consist of and how it is prepared?

a. Freshly prepared. B. restaurant meal. C. precooked microwave. D. other

5. Have you been avoiding some foods for health reasons? Yes / No

6. Do you have any particular food allergies?

No

7. What is your daily food intake frequency of the following food categories?

Sweet foods:

Several times a day

once a day

several times a week

less often

never

Fresh vegetables & Fruits:

Several times a day

once a day

several times a week

less often

never

8. What percentage of your regular diet consists of meat products?

90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?

90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems?

No

11. Do you know your current body mass index?

No

12. Have your ever been on a diet, if so, what kind?

No

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

Healthiest food: Rice, fruits
Unhealthiest food: Noodles

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact. B. little impact c. big impact. D. none

Health

a. No impact. B. little impact c. big impact. D. none

Weight.

a. No impact. B. little impact c. big impact. D. none

Mental condition.

a. No impact. B. little impact c. big impact. D. none

B. Chinnababu

Signature of the Student



Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : B. Chinnababu
Group : B.Z.C (B)
Name of the mentor : D. Adhinarsayana
Name of the project : food habits

House No	Name of the person	Village / Ward	Mandal	District
3-23	K. Ramayya	Nalharayiguda	Bhamini	Parvathipuram manyam

- How many times a day do you eat?
3 times
- Please answer the following according to your particular eating habits?
 - I eat a good breakfast
 - I experienced feeling of hunger during the day
 - I eat meat.
 - I eat vegetables.
 - I eat fruits.
 - I eat dairy products
 - I eat sweets.
- What meal would you consider to be your main meal of the day?
 Breakfast b. lunch c. dinner d. others
- What does your main meal consist of and how it is prepared?
 Freshly prepared. B. restaurant meal. C. precooked microwave. D. other
- Have you been avoiding some foods for health reasons? Yes/ No
- Do you have any particular food allergies?
No
- What is your daily food intake frequency of the following food categories?
Sweet foods:
Several times a day once a day several times a week
less often never
Fresh vegetables & Fruits:
Several times a day once a day several times a week
less often never

8. What percentage of your regular diet consists of meat products?
90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?
90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems?

No

11. Do you know your current body mass index?

No

12. Have your ever been on a diet, if so, what kind?

No

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

Healthiest food : Vegetables
Unhealthiest food : Puri

14. How much do you think a healthy diet affects?

Restful sleep

No impact. B. little impact c. big impact. D. none

Health

a. No impact. little impact c. big impact. D. none

Weight.

a. No impact. little impact c. big impact. D. none

Mental condition.

No impact. B. little impact c. big impact. D. none

B. Chinnababu
Signature of the Student

Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : B. Chinnababu
Group : B.Z.C (B)
Name of the mentor : D. Adhinarayana
Name of the project : Food habits :

House No	Name of the person	Village / Ward	Mandal	District
2-05	B. Baballa	Nallarayiguda	Bhamini	Parlathuram manyam

1. How many times a day do you eat?

3 times

2. Please answer the following according to your particular eating habits?

- a. I eat a good breakfast
- b. I experienced feeling of hunger during the day
- c. I eat meat.
- d. I eat vegetables.
- e. I eat fruits.
- f. I eat dairy products
- g. I eat sweets.

3. What meal would you consider to be your main meal of the day?

- a. Breakfast b. lunch c. dinner d. others

4. What does your main meal consist of and how it is prepared?

- a. Freshly prepared. B. restaurant meal. C. precooked microwave. D. other

5. Have you been avoiding some foods for health reasons? Yes / No

6. Do you have any particular food allergies?

No

7. What is your daily food intake frequency of the following food categories?

Sweet foods:

- Several times a day once a day several times a week
less often never

Fresh vegetables & Fruits:

- Several times a day once a day several times a week
less often never

8. What percentage of your regular diet consists of meat products?

90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?

90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems?

No

11. Do you know your current body mass index?

No

12. Have your ever been on a diet, if so, what kind?

No

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

Healthiest food : Fruits
unhealthiest food : Junk food

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact. B. little impact c. big impact. D. none

Health

a. No impact. B. little impact c. big impact. D. none

Weight.

a. No impact. B. little impact c. big impact. D. none

Mental condition.

a. No impact. B. little impact c. big impact. D. none

B. Chinnababu

Signature of the Student

Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : B. Chinnababu
Group : B-Z-C(B)
Name of the mentor : D. Adhinarayana
Name of the project : Food habits

House No	Name of the person	Village / Ward	Mandal	District
2-14	K. Sanjay	Nallarayiguda	Bhamini	Pamalahi Furam manyam

1. How many times a day do you eat?

3 times

2. Please answer the following according to your particular eating habits?

- a. I eat a good breakfast
- b. I experienced feeling of hunger during the day
- c. I eat meat.
- d. I eat vegetables.
- e. I eat fruits.
- f. I eat dairy products
- g. I eat sweets.

3. What meal would you consider to be your main meal of the day?

- a. Breakfast b. lunch c. dinner d. others

4. What does your main meal consist of and how it is prepared?

- a. Freshly prepared. B. restaurant meal. C. precooked microwave. D. other

5. Have you been avoiding some foods for health reasons? Yes / No

6. Do you have any particular food allergies?

No

7. What is your daily food intake frequency of the following food categories?

Sweet foods:

- Several times a day once a day several times a week
less often never

Fresh vegetables & Fruits:

- Several times a day once a day several times a week
less often never

8. What percentage of your regular diet consists of meat products?

90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?

90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems?

No

11. Do you know your current body mass index?

No

12. Have your ever been on a diet, if so, what kind?

No

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

Healthiest food: Jowar, millets
Unhealthiest food: Fast food

14. How much do you think a healthy diet affects?

Restful sleep

No impact. B. little impact c. big impact. D. none

Health

a. No impact. little impact c. big impact. D. none

Weight.

a. No impact. little impact c. big impact. D. none

Mental condition.

No impact. B. little impact c. big impact. D. none

B. Chinnababu
Signature of the Student

Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : B. Chinna babu
Group : B-2-C (B)
Name of the mentor : D. Adhinarayana
Name of the project : Food habits

House No	Name of the person	Village / Ward	Mandal	District
4-9	A. Murthy	Nalbarayiguda	Bhamini	Pasakuram manyam

1. How many times a day do you eat?

3 times

2. Please answer the following according to your particular eating habits?

- a. I eat a good breakfast
- b. I experienced feeling of hunger during the day
- c. I eat meat.
- d. I eat vegetables.
- e. I eat fruits.
- f. I eat dairy products
- g. I eat sweets.

3. What meal would you consider to be your main meal of the day?

- a. Breakfast b. lunch c. dinner d. others

4. What does your main meal consist of and how it is prepared?

- A. Freshly prepared. B. restaurant meal. C. precooked microwave. D. other

5. Have you been avoiding some foods for health reasons? Yes / No

6. Do you have any particular food allergies?

No

7. What is your daily food intake frequency of the following food categories?

Sweet foods:

- Several times a day once a day several times a week
less often never

Fresh vegetables & Fruits:

- Several times a day once a day several times a week
less often never

8. What percentage of your regular diet consists of meat products?

90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?

90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems?

No

11. Do you know your current body mass index?

No

12. Have you ever been on a diet, if so, what kind?

No

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

Healthiest food : Rice
Unhealthiest food : Noodles

14. How much do you think a healthy diet affects?

Restful sleep

No impact. B. little impact c. big impact. D. none

Health

No impact. B. little impact c. big impact. D. none

Weight.

No impact. little impact c. big impact. D. none

Mental condition.

No impact. B. little impact c. big impact. D. none

10. Chinnababu
Signature of the Student


Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : B. Chinnababu
Group : B-Z-C (B)
Name of the mentor : D. Adhinarayana
Name of the project : Food habits

House No	Name of the person	Village / Ward	Mandal	District
3-13	B. Prakash	Nallasayiguda	Bhamini	Parvathipuram manyam

- How many times a day do you eat?
3 times
- Please answer the following according to your particular eating habits?
 - I eat a good breakfast
 - I experienced feeling of hunger during the day
 - I eat meat.
 - I eat vegetables.
 - I eat fruits.
 - I eat dairy products
 - I eat sweets.
- What meal would you consider to be your main meal of the day?
 Breakfast b. lunch c. dinner d. others
- What does your main meal consist of and how it is prepared?
 Freshly prepared. B. restaurant meal. C. precooked microwave. D. other
- Have you been avoiding some foods for health reasons? Yes / No
Yes
- Do you have any particular food allergies?
No
- What is your daily food intake frequency of the following food categories?
Sweet foods:
Several times a day once a day several times a week
less often never
Fresh vegetables & Fruits:
Several times a day once a day several times a week
less often never

8. What percentage of your regular diet consists of meat products?
90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?
90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems?
No

11. Do you know your current body mass index?
No

12. Have your ever been on a diet, if so, what kind?
No

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

Healthiest food: Fruits
Unhealthiest food: Junk food

14. How much do you think a healthy diet affects?

Restful sleep
 a. No impact. B. little impact c. big impact. D. none

Health
 a. No impact. B. little impact c. big impact. D. none

Weight.
 a. No impact. B. little impact c. big impact. D. none

Mental condition.
 a. No impact. B. little impact c. big impact. D. none

B. Chinnababu
Signature of the Student


Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : B. Chinnababu
Group : B-Z-C
Name of the mentor : D. Adhinarayana
Name of the project : Food habits

House No	Name of the person	Village / Ward	Mandal	District
4-17	B. Vasudeva	Nallarayiguda	Bhamini	Parakuram manyam

- How many times a day do you eat?
3 times
- Please answer the following according to your particular eating habits?
 - I eat a good breakfast
 - I experienced feeling of hunger during the day
 - I eat meat.
 - I eat vegetables.
 - I eat fruits.
 - I eat dairy products
 - I eat sweets.
- What meal would you consider to be your main meal of the day?
 Breakfast b. lunch c. dinner d. others
- What does your main meal consist of and how it is prepared?
 Freshly prepared. B. restaurant meal. C. precooked microwave. D. other
- Have you been avoiding some foods for health reasons? Yes / No
- Do you have any particular food allergies?
No
- What is your daily food intake frequency of the following food categories?
Sweet foods:
Several times a day once a day several times a week
less often never
Fresh vegetables & Fruits:
Several times a day once a day several times a week
less often never

8. What percentage of your regular diet consists of meat products?
90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?
90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems?
No

11. Do you know your current body mass index?

No

12. Have your ever been on a diet, if so, what kind?

No

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

Healthiest food : Vegetables
unhealthiest food : fast food

14. How much do you think a healthy diet affects?

Restful sleep

No impact. B. little impact c. big impact. D. none

Health

No impact. B. little impact c. big impact. D. none

Weight.

a. No impact. B. little impact c. big impact. D. none

Mental condition.

No impact. B. little impact c. big impact. D. none

B. Chinnababu
Signature of the Student


Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : B. Chinna babu
Group : B-Z-C (B)
Name of the mentor : D. Adhinarayana
Name of the project : Food habits

House No	Name of the person	Village / Ward	Mandal	District
2-29	K. Somesh	Nallaraytguda	Bhamini	Pantlhipuram manyam

1. How many times a day do you eat?

3 times

2. Please answer the following according to your particular eating habits?

- a. I eat a good breakfast
- b. I experienced feeling of hunger during the day
- c. I eat meat.
- d. I eat vegetables.
- e. I eat fruits.
- f. I eat dairy products
- g. I eat sweets.

3. What meal would you consider to be your main meal of the day?

- a. Breakfast b. lunch c. dinner d. others

4. What does your main meal consist of and how it is prepared?

- a. Freshly prepared. B. restaurant meal. C. precooked microwave. D. other

5. Have you been avoiding some foods for health reasons? Yes / No

6. Do you have any particular food allergies?

Yes

7. What is your daily food intake frequency of the following food categories?

Sweet foods:

- Several times a day once a day several times a week
less often never

Fresh vegetables & Fruits:

- Several times a day once a day several times a week
less often never

8. What percentage of your regular diet consists of meat products?

90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?

90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems?

No

11. Do you know your current body mass index?

No

12. Have your ever been on a diet, if so, what kind?

No

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

Healthiest food : Rice
Unhealthiest food : Noodles, Puri

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact. B. little impact c. big impact. D. none

Health

a. No impact. B. little impact c. big impact. D. none

Weight.

a. No impact. B. little impact c. big impact. D. none

Mental condition.

a. No impact. B. little impact c. big impact. D. none

B. Chinnababu
Signature of the Student


Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : B. Chinnababu
Group : B-Z-C (B)
Name of the mentor : D. Adhinayana
Name of the project : Food habits

House No	Name of the person	Village / Ward	Mandal	District
3-11	A. Ramana	Nallarayiguda	Bhamini	Parvathipuram manyam

- How many times a day do you eat?
3 times
- Please answer the following according to your particular eating habits?
 - I eat a good breakfast
 - I experienced feeling of hunger during the day
 - I eat meat.
 - I eat vegetables.
 - I eat fruits.
 - I eat dairy products
 - I eat sweets.
- What meal would you consider to be your main meal of the day?
 Breakfast b. lunch c. dinner d. others
- What does your main meal consist of and how it is prepared?
 Freshly prepared. B. restaurant meal. C. precooked microwave. D. other
- Have you been avoiding some foods for health reasons? Yes / No Yes / No
- Do you have any particular food allergies?
Yes
- What is your daily food intake frequency of the following food categories?
Sweet foods:
Several times a day once a day several times a week
less often never
Fresh vegetables & Fruits:
Several times a day once a day several times a week
less often never

8. What percentage of your regular diet consists of meat products?
90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?
90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems?
No

11. Do you know your current body mass index?
No

12. Have your ever been on a diet, if so, what kind?
No

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

Healthiest food : Fruits
unhealthiest food : puri

14. How much do you think a healthy diet affects?

Restful sleep

No impact. B. little impact c. big impact. D. none

Health

No impact. B. little impact c. big impact. D. none

Weight.

a. No impact. B. little impact c. big impact. D. none

Mental condition.

No impact. B. little impact c. big impact. D. none

B. chinna babu

Signature of the Student



Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : B. Chinnababu
Group : B.Z.C(B)
Name of the mentor : D. Adhinarayana
Name of the project : Food habits :

House No	Name of the person	Village / Ward	Mandal	District
2-29	K. Manikanta	Nallarajiguda	Bhamini	Panvalkipuram manyam

- How many times a day do you eat?
3 times
- Please answer the following according to your particular eating habits?
 - I eat a good breakfast
 - I experienced feeling of hunger during the day
 - I eat meat.
 - I eat vegetables.
 - I eat fruits.
 - I eat dairy products
 - I eat sweets.
- What meal would you consider to be your main meal of the day?
 Breakfast b. lunch c. dinner d. others
- What does your main meal consist of and how it is prepared?
 Freshly prepared. B. restaurant meal. C. precooked microwave. D. other
- Have you been avoiding some foods for health reasons? Yes/ No
Yes
- Do you have any particular food allergies?
No
- What is your daily food intake frequency of the following food categories?
Sweet foods:
Several times a day once a day several times a week
less often never
Fresh vegetables & Fruits:
Several times a day once a day several times a week
less often never

8. What percentage of your regular diet consists of meat products?
90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?
90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems?
No

11. Do you know your current body mass index?
No

12. Have your ever been on a diet, if so, what kind?
No

13. Mention the food items from the healthiest to the unhealthiest from your point of views?
Healthiest food: Vegetables
Unhealthiest food: Junk food

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact. B. little impact c. big impact. D. none

Health

a. No impact. B. little impact c. big impact. D. none

Weight.

a. No impact. B. little impact c. big impact. D. none

Mental condition.

a. No impact. B. little impact c. big impact. D. none

B. Chinnababu
Signature of the Student


Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : B. Chinnababu
Group : B.Z.C (B)
Name of the mentor : D. Adhinarayana
Name of the project : Food habits

House No	Name of the person	Village / Ward	Mandal	District
4-12	B. Thomas	Nallarayiguda	Bhamini	Panathipuram manyam

1. How many times a day do you eat? :

3 times

2. Please answer the following according to your particular eating habits?

- a. I eat a good breakfast
- b. I experienced feeling of hunger during the day
- c. I eat meat.
- d. I eat vegetables.
- e. I eat fruits.
- f. I eat dairy products
- g. I eat sweets.

3. What meal would you consider to be your main meal of the day?

- a. Breakfast b. lunch c. dinner d. others

4. What does your main meal consist of and how it is prepared?

- A. Freshly prepared. B. restaurant meal. C. precooked microwave. D. other

5. Have you been avoiding some foods for health reasons? Yes / No

6. Do you have any particular food allergies?

No

7. What is your daily food intake frequency of the following food categories?

Sweet foods:

- Several times a day once a day several times a week
less often never

Fresh vegetables & Fruits:

- Several times a day once a day several times a week
less often never

8. What percentage of your regular diet consists of meat products?
90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?
90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems?
No

11. Do you know your current body mass index?
No

12. Have your ever been on a diet, if so, what kind?
No

13. Mention the food items from the healthiest to the unhealthiest from your point of views?
Healthiest food : Fruits
Unhealthiest food : Puri

14. How much do you think a healthy diet affects?

Restful sleep

No impact. B. little impact c. big impact. D. none

Health

No impact. B. little impact c. big impact. D. none

Weight.

a. No impact. little impact c. big impact. D. none

Mental condition.

No impact. B. little impact c. big impact. D. none

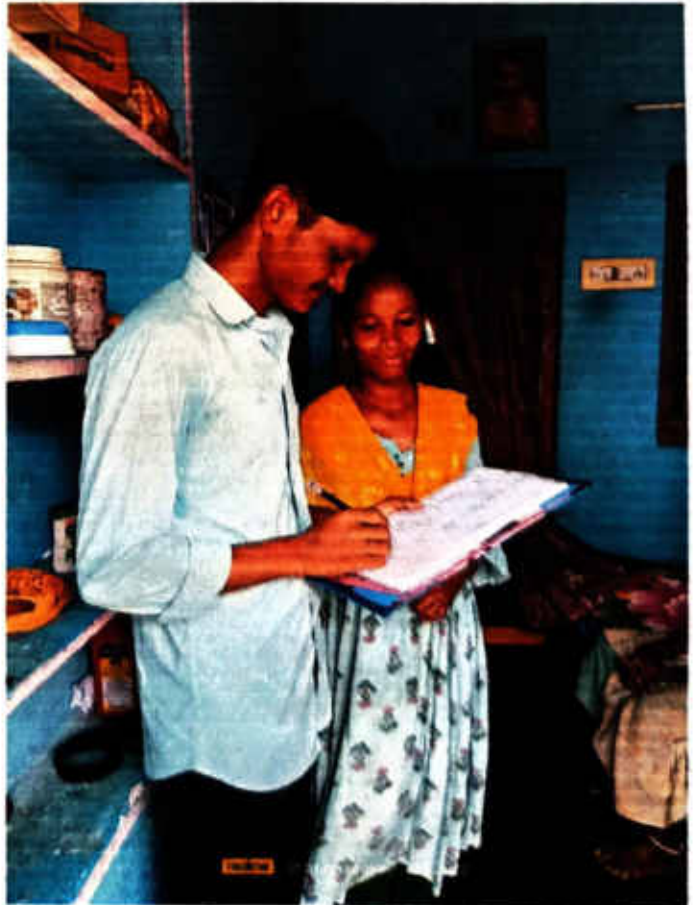
B. Chinna babu
Signature of the Student


Signature of the Mentor

FOOD HABITS



FOOD HABITS



CONCLUSION

I'm **chinna** studying in B.sc first year Cbz group. I had completed the community service project on "FOOD HABITS" in our Village and submitted the report to my mentor. My project is about the food habits of our Village people. I conducted questionnaire to different age groups people about their regular diet. Most of the old aged people considered lunch as their main meal of the day. They taking food only two times per day due to digestive problems. We find out the major problem facing by our villagers and dropped the Sarpanch attention towards the problem by conducting awareness program in our Village.

It was interesting to carry out this project to know about different opinions, food habits and problems of our villagers. Finally I believe that my project is complete under vision of my mentor. I thank him for his guidance and support.

By

b.chinnababu