

**A PROJECT
ON
COMMUNITY SERVICE**

**Submitted in the partial fulfillment of the requirements for the award of
degree of BSc**

By

KOTILINGALA BHAVANI

2222001049044

Semester 2 (BZC)

Batch 2022 - 2025

Under the supervision

G.Ramakrishna Rao

Lecturer in Botany

GOVERNMENT DEGREE COLLEGE(Men), SRIKAKULAM



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ACKNOWLEDGEMENT

I would like to express my gratitude to all those who gave me the possibility to complete this Community Service Project. Special thanks to Mentor **D.Ravindra** sir who help me in stimulating suggestions and encouragement to complete this project.

I would like to thank all the staff from the **department of Botany** for their able guidance and support to complete this project

I would also like to express my gratitude to our principal madam for her tremendous support to complete this project.

DECLARATION

I hereby declare that the Community Service Project report entitled "FOOD HABITS" submitted by me to the Govt. Degree College (M), Srikakulam in partial fulfillment of the requirement for the award of the degree of Bsc Cbz is a record of bonified project work carried out by me under the guidance of G. Ramakrishna sir. I further declare that the work reported in this project has not been submitted and will not be submitted either in part or in full, for the award of any other degree in this institute or other institute or University.

Srikakulam
Date..

K. Bhavani
Signature of the candidate
Name: K. Bhavani

CERTIFICATE

I certified that KOTILINGALA BHAVANI studying Bsc Cbz group has completed and submitted the project report on 'FOOD HABITS' further partial fulfillment of the requirements for the award of Bachelor of science under my supervision during the academic year 2022-20

Date:

Place:

G. Ramakrishna
Lecturer in Botany
GDC (M), Srikakulam

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INTRODUCTION

Food habits and Nutritional Problems.

Food is essential for all humans for survival. Food Habits, and imbalanced intake of diet by an individual results in the malnutrition or cause of many health problems. Especially women, children and pregnant women must be always cautious to take proper food intake with essential nutrients. Because poor diet and disease are caused by food insecurity. Sometimes by causing diarrhoea and other illness.

There is a saying 'you are what you eat' seems to be proven true. It is important to know what food to eat in order to stay healthy. Health depends to a large extent on Nutrition and Nutrition on food we take. Hence Nutrition and Health are two sides of the same coin and food is the most important factor for health and fitness.

Healthy Food Habits:

Healthy Food habits includes a variety of foods in adequate amounts and correct proportions to meet the requirements of all essential nutrients such as proteins, carbohydrates, fats, vitamins, minerals, water and fibre. This also includes proper Schedule for the intake of light and heavy foods, when to take and when not to take, health condition of the individual. For example person who is suffering from kidney stones should not often take calcium rich foods. We have to take foods that suits our age and health. The most common eating idiosyncracies include skipping meals, consuming fast foods in a routine way, avoiding fruits, and vegetables, frequent snacking. Hence it is essential for each and every individual to adopt proper food habits.

OBJECTIVE

The aim and objective of this project is to find out in a closed community about the following food habits and to analyse whether they are adopted to healthy food habits and if not to incorporate sound eating habits by creating awareness in them to recognise good eating habits followed with regular exercise.

- About the type of foods most people are interested to take
- Food intake in regular Time intervals.
- Main mea/ in view of the majority of the people.
- Whether interested to take fresh food or cooked & preserved food
- Taking fresh fruits and vegetables.
- Sweets/junk foods.
- Whether drinking sufficient quantity of water.
- Regular weight check up.
- Monitoring individual food behaviour.
- Any form of eating disorders.
- Effect of socio-economic status on food habits.

METHODOLOGY

1. Study site :

The place selected for the project was comes under 11th ward Lakshminarsupeta Village,mandal and srikakulam district. Approximately 25 families were covered under this ward. This is a rural area with 75% of people were farmers. This area is used for the cultivation of rice and vegetables

2. Quantitative study :

The quantitative study of my project includes about the number of children; youngsters;Elder women and men, pregnant women, people with physical and mental ailments, their food intake based on quantity per day and their food habits.

3. Qualitative study:

The qualitative study was carried out based on their cultural pattern of food habits among various socio-economic, educational and age group

4 Data Collection :

Initially socio-economic survey and other background survey was done and the data was collected from them.

Secondly their food habits data was collected from the initially prepared questionnaire which consists of 14 questions to know about their food habits, cooking methods, storage food, intervals followed, and how much expenditure was spent on food, in detail.

GOVT. DEGREE COLLEGE(M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

LOG BOOK

Name of the student : Kolilingala Bhavani

Group : BSc (B2-c)

Registration Number : 2222001049044

Name of the Mentor : G. Ramakrishna Rao Sir

Name of the Project : Community Service project socio-economic

Date & Day	Activity done	Number of Hours Spent	Signature of the student
09/05/2023 Tuesday	Socio - Economic Survey	5h	K. Bhavani
10/05/2023 Wednesday	Socio - Economic Survey	7h	K. Bhavani
11/05/2023 Thursday	Socio - Economic Survey	8h	K. Bhavani
12/05/2023 Friday	Socio - Economic Survey	6h	K. Bhavani
13/05/2023 Saturday	Socio - Economic Survey	5h	K. Bhavani
14/05/2023 Sunday	Socio - Economic Survey	5h	K. Bhavani
15/05/2023 Monday	Socio - Economic Survey	6h	K. Bhavani
16/05/2023 Tuesday	Socio - Economic Survey	5h	K. Bhavani


Signature of the Mentor


GOVT. DEGREE COLLEGE(M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

LOG BOOK

Name of the student : Kotilingala Bhavani
 Group : BSC (C.B.2)
 Registration Number : 22220010490114
 Name of the Mentor : G. Ramakrishna Sir
 Name of the Project : Food habits

Date & Day	Activity done	Number of Hours Spent	Signature of the student
20/05/23 Saturday	Food habits	7h	K. Bhavani
21/05/2023 Sunday	Food habits	5h	K. Bhavani
22/05/2023 Monday	Food habits	6h	K. Bhavani
23/05/2023 Tuesday	Food habits	4h	K. Bhavani
24/05/2023 Wednesday	Food habits	7h	K. Bhavani
25/05/2023 Thursday	Food habits	5:30h	K. Bhavani
26/05/2023 Friday	Food habits	6h	K. Bhavani
27/05/2023 Saturday	Food habits	5:30h	K. Bhavani
28/05/2023 Sunday	Food habits	7h	K. Bhavani
			K. Bhavani



 Signature of the Mentor

GOVT. DEGREE COLLEGE(M), SRIKAKULAM
COMMUNITY SERVICE PROJECT

LOG BOOK

Name of the student : Kalilingala Bhavani
Group : BSc (C.B.S.)
Registration Number : 2222001049044
Name of the Mentor : G. Rama Krishna sir
Name of the Project : Project writing

Date & Day	Activity done	Number of Hours Spent	Signature of the student
29/05/2023 Monday	Project writing	6h	K. Bhavani
30/05/2023 Tuesday	Project writing	5h	K. Bhavani
31/05/2023 Wednesday	Project writing	6h	K. Bhavani
01/06/2023 Thursday	Project writing	4h	K. Bhavani
02/06/2023 Friday	Project writing	3h	K. Bhavani
03/06/2023 Saturday	Project writing	3h	K. Bhavani
04/06/2023 Sunday	Project writing	3h	K. Bhavani
05/06/2023 Monday	Project writing	4h	K. Bhavani
06/06/2023 Tuesday	Project writing	4h	K. Bhavani
07/06/2023 Wednesday	Project writing	3h	K. Bhavani


Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY CONSOLIDATION REPORT

Name of the student : Kotilingala Bhavani

Group : BSC (BZ.C)

Name of the Mentor : G. Rama Krishna Rao Sir

Name of the Project : Food Habits

Ward/ Habitat		Panchayat	Kanlaka	Post Office	Kanlaka
Mandal	Amadula Valela	District	Srikakulam	Pin Code	

1. Total Number of Houses in the Habitat/Ward:

2. Number of Houses Caste-wise:

SC _____ ST _____ OC _____ BC-A 25 BC-B _____ BC-C _____ BC-D _____

3. Common Health problems in the Habitat/Ward:

(i) Fever, cold

(ii) Body pains

(iii) Diabetes

4. Number of White Ration Cards: 25

5. Number of Illiterates in the Ward/ Habitat/ Village: 25

6. Number of Graduates in the Ward/ Habitat/ Village:

7. Number of Job Holders: 2

8. Number of PWD People: NO

9. Number of DWACRA Groups in the Ward/ Habitat/ Village:

10. Road connectivity to the Ward/ Habitat/ Village: Yes / No

11. Bus facility available: Yes / No

12. Problems identified in the Ward/ Habitat/ Village:

(i) Internet problem

(ii) Health care center

(iii) Drinking water

(iv) Sanitation problem

Signature of the Mentor

K. Bhavani
Signature of the Student



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM
COMMUNITY SERVICE PROJECT
SOCIO - ECONOMIC SURVEY

Name of the Student : Kotilingala Bhavani
Group : BSC (B.Z.C)
Registration Number : 222200104904
Area of the Survey conducted: Konlakota

House No.	<u>1-212</u>	Habitat /Ward		Panchayat /Municipality	<u>Konlakota</u>
Post office	<u>Konlakota</u>	Mandal	<u>Amadala</u> <u>Valya</u>	District	<u>Srikakulam</u>

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment .	Income (Daily wage/Weekly/ Monthly)
1.	<u>K. Ramana</u>	<u>M</u>	<u>48</u>	<u>-</u>		<u>10,000</u>
2.	<u>K. Chinnudu</u>	<u>F</u>	<u>44</u>	<u>-</u>		
3.	<u>K. Bhavani</u>	<u>F</u>	<u>23</u>	<u>-</u>		
4.	<u>K. Sathu</u>	<u>M</u>	<u>19</u>	<u>-</u>		

2. Social Status details:

(i) Community: SC/ST/BC-A-B-C-D/OC (ii) Sub-Caste: Pondra (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: Acres

(vi) Livestock resources: Cows Oxen Buffaloes Sheep/Goats .



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM
COMMUNITY SERVICE PROJECT
SOCIO - ECONOMIC SURVEY

Name of the Student : Kolilingala Bhavani
Group : BSC (B-2.C)
Registration Number : 222200104A044
Area of the Survey conducted: Kozhikota

House No.	2-181	Habitat /Ward		Panchayat /Municipality	Kozhikota
Post office	Tirupulakota	Mandal	Kudaluru Vadasa	District	SriKakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment .	Income (Daily wage/Weekly/ Monthly)
1.	K. Narasimhan	M	50	-	Labourer	12000
2.	K. Mallemma	F	45	-	Housewife	
3.	K. Kandale Rao	M	25	degree	Studying	

2. Social Status details:

(i) Community: SC/ST/BC-A-B-C-D/OC (ii) Sub-Caste: Parthar (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: 2 Acres

(vi) Livestock resources: Cows _____ Oxen _____ Buffaloes _____ Sheep/Goats _____

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle

4. Health Details:

(i) Ailments in family: ✓

(ii) Treatment in which Hospital: Govt/Private

(iii) Any PWD Persons in family: Yes/No ✓

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No ✓

5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes ✓

(iii) Mobile Number: 86 88593144

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is Internet available at home: Yes/No ✓

6. Any specific problems identified in the village/ Ward:

(i) —

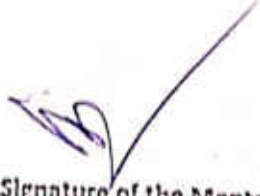
(ii) —

(iii) —

Place: Korlakota

Date:

K. Bhavani
Signature of the Student


Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM
COMMUNITY SERVICE PROJECT
SOCIO - ECONOMIC SURVEY

Name of the Student : Kotilingala Bhavani
Group : BSC (B.2.C)
Registration Number : 222200104A044
Area of the Survey conducted:

House No.	<u>1 - 212</u>	Habitat /Ward		Panchayat /Municipality	<u>Komlakota</u>
Post office	<u>Komlakota</u>	Mandal	<u>Amadala</u> <u>Valasa</u>	District	<u>Srikakulam</u>

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1.	B. Appalanaida	M	38	-	Labour	10,000
2.	B. Akshaya	F	36	-	House wife	
3.	B. Akhil	M	7	Std 2nd	Studying	
4.	B. Yashwanth	M	6	1st	Studying	

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: (iii) Religion:

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: _____ Acres

(vi) Livestock resources: Cows _____ Oxen _____ Buffaloes _____ Sheep/Goats _____

(vii) Do you have own toilet? Yes/No

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____

(ix) Do you have white Ration Card? Yes/No

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle

4. Health Details:

(i) Ailments in family: ✓

(ii) Treatment in which Hospital: Govt/Private

(iii) Any PWD Persons in family: Yes/No

S.No.	Name of the Person	Gender	Age	Nature of Disability
	—			
	—			

(iv) Do you have Govt. Arogya Sri Card: Yes/No

5. Other Details:

(i) Do You have TV: Yes/No

(ii) Do you have Mobile: Yes ✓

(iii) Mobile Number:

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is Internet available at home: Yes/No ✓

6. Any specific problems identified in the village/ Ward:

(i) —

(ii) —

(iii) —

Place: Korla Kota

Date:

K. Bhavani
Signature of the Student


Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM
COMMUNITY SERVICE PROJECT
SOCIO - ECONOMIC SURVEY

Name of the Student : Kotilingala Bharani

Group : BSC (B.Z.C)

Registration Number : 2222001049044

Area of the Survey conducted: Kozlakota

House No.	1-812	Habitat /Ward		Panchayat /Municipality	Kozlakota
Post office	Kozlakota	Mandal	Amadala valley	District	Srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment .	Income (Daily wage/Weekly/ Monthly)
1.	K. Simhachalam	M	49	-	Labour	12,000
2.	K. Gowri	F	47	-	Housewife	
3.	K. Sriganesh Babu	F	25	-	-	
4.	K. Sai Kumar	M	24	degree	-	

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: Ponda (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: _____ Acres

(vi) Livestock resources: Cows _____ Oxen _____ Buffaloes _____ Sheep/Goats _____

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/Wood/ others specify _____

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle

4. Health Details:

(i) Ailments in family: ✓

(ii) Treatment in which Hospital: Govt/Private

(iii) Any PWD Persons in family: Yes/No

S.No.	Name of the Person	Gender	Age	Nature of Disability
	—			
	—			

(iv) Do you have Govt. Arogya Sri Card: Yes/No

5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes ✓

(iii) Mobile Number: 8179307110

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is internet available at home: Yes/No ✓

6. Any specific problems identified in the village/ Ward:

(i) —

(ii) —

(iii) —

Place: Kozhikota

Date:

K. Bhavani
Signature of the Student


Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM
COMMUNITY SERVICE PROJECT
SOCIO-ECONOMIC SURVEY

Name of the Student : Kotilingala Bhavani
Group : BSC (B.E.C)
Registration Number : 2222001049044
Area of the Survey conducted: Korlakota

House No.	<u>2-161</u>	Habitat /Ward		Panchayat /Municipality	<u>Korlakota</u>
Post office	<u>Korlakota</u>	Mandal	<u>Amadalen</u> <u>valasa</u>	District	<u>Srikakulam</u>

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment .	Income (Daily wage/Weekly/ Monthly)
<u>1.</u>	<u>B. Chandrarao</u>	<u>M</u>	<u>53</u>	<u>-</u>	<u>Labourer</u>	<u>121000</u>
<u>2.</u>	<u>B. Pavathi</u>	<u>F</u>	<u>46</u>	<u>-</u>	<u>housewife</u>	
<u>3.</u>	<u>B. Kaliprasad</u>	<u>M</u>	<u>22</u>	<u>degree</u>	<u>studying</u>	

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: (iii) Religion:

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: Acres

(vi) Livestock resources: Cows Oxen Buffaloes Sheep/Goats .

(vii) Do you have own toilet? Yes/No

(viii) Type Cooking fuel used: LPG/Kerosene/Wood/ others specify _____

(ix) Do you have white Ration Card? Yes/No

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle

4. Health Details:

(i) Allments in family: ✓

(ii) Treatment in which Hospital: Govt/Private

(iii) Any FWD Persons In family: Yes/No

S.No.	Name of the Person	Gender	Age	Nature of Disability
	—			
	—			

(iv) Do you have Govt. Arogya Sri Card: Yes/No

5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes ✓

(iii) Mobile Number: 7063820186

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is internet available at home: Yes/No ✓

6. Any specific problems identified in the village/ Ward:

(i) —

(ii) —

(iii) —

Place: Korlakota

Date:

K. Bhavani
Signature of the Student


Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : Kotilingala Bhavani

Group : BSC (B.Z.C)

Registration Number : 2222001049044

Area of the Survey conducted: Kowlakota

House No.	2 - 161	Habitat / Ward		Panchayat / Municipality	Kowlakota
Post office	Kowlakota	Mandal	Amadala Valasa	District	Srikakulam

3. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1.	B. Ramana	M	49	-	Labourer	12,000
2.	B. Chinmamma	F	45	-	Housewife	
3.	B. Sri Ram	M	29	degree	Studying	

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: Ponda (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: _____ Acres

(vi) Livestock resources: Cows _____ Oxen _____ Buffaloes _____ Sheep/Goats _____

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle

4. Health Details:

(i) Allments in family: ✓

(ii) Treatment in which Hospital: Govt/Private

(iii) Any PWD Persons in family: Yes/No

S.No.	Name of the Person	Gender	Age	Nature of Disability
	—			
	—			

(iv) Do you have Govt. Arogya Sri Card: Yes/No ✓

5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes ✓

(iii) Mobile Number: 7093750688

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is Internet available at home: Yes/No ✓

6. Any specific problems identified in the village/ Ward:

(i) —

(ii) —

(iii) —

Place: Korlakota

Date:

K. Bhavani
Signature of the Student

Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : Kotilingala Bhavani

Group : BSC (B.Z.C)

Registration Number : 2222001049044

Area of the Survey conducted: Korlakota

House No.	2 - 177	Habitat / Ward		Panchayat / Municipality	Korlakota
Post office	Korlakota	Mandal	Amadala Valesa	District	Srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment .	Income (Daily wage/Weekly/ Monthly)
1.	D. Pote Raj	M	50	-	Labourer	11,000
2.	D. Mythylou	F	48	-	Housewife	
3.	D. Santanu	M	18	F		

2. Social Status details:

(i) Community: SC/ST/ A-B-C-D/OC (ii) Sub-Caste: (iii) Religion:

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: _____ Acres

(vi) Livestock resources: Cows _____ Oxen _____ Buffaloes _____ Sheep/Goats _____

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/Wood/ others specify _____

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle

4. Health Details:

(i) Ailments in family: ✓

(ii) Treatment in which Hospital: Govt/Private

(iii) Any PWD Persons in family: Yes/No ✓

S.No.	Name of the Person	Gender	Age	Nature of Disability
—	—	—	—	—
—	—	—	—	—

(iv) Do you have Govt. Arogya Sri Card? Yes/No ✓

5. Other Details:

(i) Do You have TV? Yes/No ✓

(ii) Do you have Mobile? Yes ✓

(iii) Mobile Number: 7298020136

(iv) Do you have Computer/Laptop? Yes/No ✓

(v) Is internet available at home? Yes/No ✓

6. Any specific problems identified in the village/ Ward:

(i) —

(ii) —

(iii) —

Place: Koralakota

Date:

K. Bhavani
Signature of the Student


Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM
COMMUNITY SERVICE PROJECT
SOCIO - ECONOMIC SURVEY

Name of the Student : Kotilingala Bhavani
Group : BSC (B.Z.C)
Registration Number : 2222001049044
Area of the Survey conducted: Konla Kota

House No.	2-171	Habitat /Ward		Panchayat /Municipality	Konlakota
Post office	Konlakota	Mandal	Amadala Valasa	District	Srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment .	Income (Daily wage/Weekly/ Monthly)
1.	A. Aadhi Narappa	M	48	degree	Printing	121000
2.	A. Sujatha	F	45	-	House wife	
3.	A. Anilkumar	M	21	IT	studying	

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: Ponda (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: _____ Acres

(vi) Livestock resources: Cows _____ Oxen _____ Buffaloes _____ Sheep/Goats _____

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle

4. Health Details:

(i) Ailments in family: ✓

(ii) Treatment in which Hospital: Govt/Private

(iii) Any PWD Persons in family: Yes/No

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No ✓

5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes ✓

(iii) Mobile Number: 9441585976

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is internet available at home: Yes/No ✓

6. Any specific problems identified in the village/ Ward:

(i) _____

(ii) _____

(iii) _____

Place: Korla Kota

Date:

K. Bhavani
Signature of the Student


Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : Kotilingala Bhavani

Group : BSC (B.Z.C)

Registration Number : 2222001049044

Area of the Survey conducted: Korlakota

House No.	2-35	Habitat /Ward		Panchayat /Municipality	Korlakota
Post office	Korlakota	Mandal	Amadale Valeja	District	Srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment .	Income (Daily wage/Weekly/ Monthly)
1.	A. parvathi	F	50	-	Labourer	101000
2.	A. Ramesh	M	22	Pass out		
3.	A. kalyan	M	25	10th		

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: Pancha (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: _____ Acres

(vi) Livestock resources: Cows _____ Oxen _____ Buffaloes _____ Sheep/Goats _____

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/Wood/ others specify _____

(ix) Do you have white Ration Card? Yes/No

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle

4. Health Details:

(i) Allments in family: ✓

(ii) Treatment in which Hospital: Govt/Private

(iii) Any PWD Persons in family: Yes/No

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No

5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes ✓

(iii) Mobile Number: 9346793241

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is internet available at home: Yes/No ✓

6. Any specific problems identified in the village/ Ward:

(i) —

(ii) —

(iii) —

Place: Konlakota

Date:

K. Bhavani
Signature of the Student



Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM
COMMUNITY SERVICE PROJECT
SOCIO-ECONOMIC SURVEY

Name of the Student : Kotilingala Bhavani

Group : BSC CB.Z.C

Registration Number : 2222001049044

Area of the Survey conducted: Konlakota

House No.	1-121	Habitat /Ward		Panchayat /Municipality	Konlakota
Post office	Konlakota	Mandal	Amadala valasa	District	Srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1.	K. Chinna Rao	M	30	Intermediate	Army	70000
2	K. Jyothi	F	25	degree	house wife	

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste Ponda (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: _____ Acres

(vi) Livestock resources: Cows _____ Oxen _____ Buffaloes _____ Sheep/Goats _____

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle

4. Health Details:

(i) Ailments in family: ✓

(ii) Treatment in which Hospital: Govt/Private

(iii) Any PWD Persons in family: Yes/No

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No ✓

5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes ✓

(iii) Mobile Number: 630 426 0025

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is Internet available at home: Yes/No ✓

6. Any specific problems identified in the village/ Ward:

(i) —

(ii) —

(iii) —

Place: Konlakota

Date:

K. Shavan?
Signature of the Student



Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : Kotilingala Bhavani

Group : BSC (B.Z.C)

Registration Number : 2222001049044

Area of the Survey conducted: Korlakota

House No.	1-182	Habitat /Ward		Panchayat /Municipality	Korlakota
Post office	Korlakota	Mandal	Amadala Valasa	District	Srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment .	Income (Daily wage/Weekly/ Monthly)
1.	K. Chinna Rao	M	31	degree	company	15,000 monthly
2.	K. Aparna	F	24	degree	studying	

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: Pandora (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: _____ Acres

(vi) Livestock resources: Cows _____ Oxen _____ Buffaloes _____ Sheep/Goats _____

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/Wood/ others specify _____

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle ✓

4. Health Details:

(i) Allments in family: ✓

(ii) Treatment in which Hospital: Govt/Private

(iii) Any PWD Persons in family: Yes/No

S.No.	Name of the Person	Gender	Age	Nature of Disability
	—			
	—			

(iv) Do you have Govt. Arogya Srl Card: Yes/No ✓

5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes ✓

(iii) Mobile Number: 7032331576

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is Internet available at home: Yes/No ✓

6. Any specific problems identified in the village/ Ward:

(i) —


(ii) —

(iii) —

Place: Korlakota

Date:

K. Bhavani
Signature of the Student


Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM
COMMUNITY SERVICE PROJECT
SOCIO - ECONOMIC SURVEY

Name of the Student : Kolilingala Bhavani

Group : BSC (B.Z.O)

Registration Number : 2222001049044

Area of the Survey conducted: Kosulakota

House No.	2-181	Habitat /Ward		Panchayat /Municipality	Kosulakota
Post office	Kosulakota	Mandal	Amadalavalu	District	Srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment .	Income (Daily wage/Weekly/ Monthly)
1.	K. Suresh Naidu	M	49	-	Farmer	12,000
2.	K. Bharathi Naidu	F	42	-	Home wife	
3.	K. Kamshi	M	20	Diploma	Studying	
4.	K. Appadu	gn	77	-	-	

2. Social Status details:

(i) Community: SC/ST/BC-A-B-C-D/OC (ii) Sub-Caste: Ponda (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: _____ Acres

(vi) Livestock resources: Cows _____ Oxen _____ Buffaloes _____ Sheep/Goats _____

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle ✓

4. Health Details:

(i) Ailments in family: ✓

(ii) Treatment in which Hospital: Govt/Private

(iii) Any PWD Persons in family: Yes/No

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No ✓

5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes ✓

(iii) Mobile Number: 8309126493

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is Internet available at home: Yes/No ✓

6. Any specific problems identified in the village/ Ward:

(i) —


(ii) —

(iii) —

Place: Korlakota

Date:

K. Bhavani
Signature of the Student


Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM
 COMMUNITY SERVICE PROJECT
 SOCIO - ECONOMIC SURVEY

Name of the Student : Kotilingala Bhavani
 Group : BSc (B.Z.C)
 Registration Number : 222200104044
 Area of the Survey conducted: Koslakota

House No.	7-126	Habitas / Ward		Panchayat / Municipality	Koslakota
Post office	Koslakota	Manchal	# modela Village	District	Sriakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1.	P. Raju Rao	M	65	-	Farmer	13,000
2.	P. Muthu Lakshmi	F	58	-	Housewife	
3.	P. Sri Lakshmi	F	22	10th	Housewife	
4.	P. Chawara	FA	11	6th	Studying	
5.	P. Sri Lakshmi	M	41	-	Labour	

2. Social Status details:

(i) Community: SC/ST/BC/ET/OC (ii) Sub-Caste: Ponda (iii) Religion:

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status: Own/ Rented:

(iii) Drinking Water facility: Well/ Borewell/ Gov. Tap connection

(iv) Availability of Agricultural lands: Yes/No

(v) Extent of Agricultural lands: _____ Acres

(vi) Livestock resources: Cows _____ Oxen _____ Buffaloes _____ Sheep/Goats _____

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____ ✓

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle ✓

4. Health Details:

(i) Ailments in family: ✓

(ii) Treatment in which Hospital: Govt/Private

(iii) Any PWD Persons in family: Yes/No

S.No.	Name of the Person	Gender	Age	Nature of Disability
	—			

(iv) Do you have Govt. Arogya Sri Card: Yes/No

5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes ✓

(iii) Mobile Number:

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is Internet available at home: Yes/No ✓

6. Any specific problems identified in the village/ Ward:

(i) —

(ii) —

(iii) —

Place: Kozhikode

Date:

K. Bhavan
Signature of the Student


Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM
COMMUNITY SERVICE PROJECT
SOCIO - ECONOMIC SURVEY

Name of the Student : Kotilingala Bhavani
Group : BSC (B.2.C)
Registration Number : 2222001049044
Area of the Survey conducted: Konlakota

House No.	3-346	Habitat /Ward		Panchayat /Municipality	Konlakota
Post office	Konlakota	Mandal	Amadala valasa	District	Srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment .	Income (Daily wage/Weekly/ Monthly)
1.	D. Radha Krishna	M	48	-	Labourer	10,000
2.	D. Ramananna	F	44	-	Housewife	
3.	D. Ravikumar	M	19	ITI		
4.	D. Nanda Krishna	M	15	10th		

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: Ponda (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: _____ Acres

(vi) Livestock resources: Cows _____ Oxen _____ Buffaloes _____ Sheep/Goats _____

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle

4. Health Details:

(i) Ailments in family: ✓

(ii) Treatment in which Hospital: Govt/Private

(iii) Any PWD Persons in family: Yes/No

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No

5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes

(iii) Mobile Number: 7569508408

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is Internet available at home: Yes/No ✓

6. Any specific problems identified in the village/ Ward:

(i) —

(ii) —

(iii) —

Place: Korlakota

Date:

K. Bharani
Signature of the Student

Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM
COMMUNITY SERVICE PROJECT
SOCIO-ECONOMIC SURVEY

Name of the Student : Kotilingala Bhavani
Group : BSC (B.Z.C)
Registration Number : 2222001049044
Area of the Survey conducted: Korlakota

House No.	1-15-1	Habitat / Ward		Panchayat / Municipality	Korlakota
Post office	Korlakota	Mandal	Amadala Vasave	District	Srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1.	D. Arid Nayana	M	19	-	Farmer	11,000 monthly
2.	D. Bhanathi	F	44	Inter	Housewife	
3.	D. Venkatesh	M	22	SSB, ^{Comp} SSB	Salt	

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/OC (ii) Sub-Caste: ~~pondara~~ (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: 5 Acres

(vi) Livestock resources: Cows _____ Oxen _____ Buffaloes _____ Sheep/Goats _____

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle

4. Health Details:

(i) Ailments in family: ✓

(ii) Treatment in which Hospital: Govt/Private

(iii) Any PWD Persons in family: Yes/No

S.No.	Name of the Person	Gender	Age	Nature of Disability
	—			
	—			

(iv) Do you have Govt. Arogya Sri Card: Yes/No

5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes ✓

(iii) Mobile Number:

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is Internet available at home: Yes/No ✓

6. Any specific problems identified in the village/ Ward:

(i) —

(ii) —

(iii) —

Place: Konlakota

Date:

K. Bhavani
Signature of the Student


Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : Kotilingala Bhavani

Group : BSC (B.Z.C)

Registration Number : 2222001049044

Area of the Survey conducted: Korlakota

House No.	4-8	Habitat /Ward		Panchayat /Municipality	Korlakota
Post office	Korlakota	Mandal	Amadalavalu	District	Srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment .	Income (Daily wage/Weekly/ Monthly)
1	D. Nalliah	M	40	Degree	Teacher	15,000
2	D. Sanjari	F	38	Sch 700		
3	D. Shashini	F	10	Vth		
4	A. Siva	M	5	2nd		

2. Social Status details:

(i) Community: SC/ ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: Mala (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented): Own/ Rented:

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: _____ Acres

(vi) Livestock resources: Cows _____ Oxen _____ Buffaloes _____ Sheep/Goats _____

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle

4. Health Details:

(i) Ailments in family: ✓

(ii) Treatment in which Hospital: Govt/Private

(iii) Any PWD Persons in family: Yes/No

S.No.	Name of the Person	Gender	Age	Nature of Disability
	—			
	—			

(iv) Do you have Govt. Arogya Sri Card: Yes/No

5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes ✓

(iii) Mobile Number: 7032784246

(iv) Do you have Computer/Laptop: Yes/No

(v) Is internet available at home: Yes/No

6. Any specific problems identified in the village/ Ward:

(i) —


(ii) —

(iii) —

Place: Korakota

Date:

K. Bhavani
Signature of the Student


Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : Kotilingala Bhavani

Group : BSC (B-Z.C)

Registration Number : 2000001049044

Area of the Survey conducted: Korlakota

House No.	<u>4-6</u>	Habitat / Ward		Panchayat / Municipality	<u>Korlakota</u>
Post office	<u>Korlakota</u>	Mandal	<u>Pinacola</u> <u>103018</u>	District	<u>YSR Kadapa</u>

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
<u>1</u>	<u>Ch. Srinu</u>	<u>M</u>	<u>50</u>	<u>-</u>	<u>Labour</u>	<u>10,000</u>
<u>2</u>	<u>Ch. Sesha Lakshmi</u>	<u>F</u>	<u>48</u>	<u>-</u>		
<u>3</u>	<u>Ch. Bhavani</u>	<u>F</u>	<u>18</u>	<u>Degree</u>		
<u>4</u>	<u>Ch. Laxmi</u>	<u>F</u>	<u>20</u>	<u>Degree</u>		

2. Social Status details:

(i) Community: SC/ST/BC-A-B-C-D/OC (ii) Sub-Caste: panbona (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: Acres

(vi) Livestock resources: Cows Oxen Buffaloes Sheep/Goats

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: (PG/Kerosene/Wood/ others specify _____)

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle ✓

4. Health Details:

(i) Ailments in family: ✓

(ii) Treatment in which Hospital: Govt/Private

(iii) Any PWD Persons in family: Yes/No

S.No.	Name of the Person	Gender	Age	Nature of Disability
	—			
	—			

(iv) Do you have Govt. Arogya Sri Card: Yes/No

5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes ✓

(iii) Mobile Number: 728 880 2118 ✓

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is internet available at home: Yes/No ✓

6. Any specific problems identified in the village/ Ward:

(i) —

(ii) —

(iii) —

Place: Korlakota

Date:

K. Bhavani
Signature of the Student

m
Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM
COMMUNITY SERVICE PROJECT
SOCIO - ECONOMIC SURVEY

Name of the Student : Kotilingala Bhavani
Group : BSE (B-2-c)
Registration Number : 22220001049064
Area of the Survey conducted: Korlakota

House No.	<u>4-66</u>	Habitat /Ward		Panchayat /Municipality	<u>Korlakota</u>
Post office	<u>Korlakota</u>	Mandal	<u>Antalagadda</u>	District	<u>Srikakulam</u>

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/ Hourly/ Monthly)
<u>1</u>	<u>A. Venkata Ramani</u>	<u>M</u>	<u>48</u>	<u>Pulley</u>	<u>Cell - Poin</u>	<u>15,000</u>
<u>2</u>	<u>A. Anoka Ramani</u>	<u>F</u>	<u>43</u>	<u>Pulley</u>		
<u>3</u>	<u>A. Kalitha</u>	<u>F</u>	<u>18</u>	<u>SSC</u>		
<u>4</u>	<u>A. Vinay Kumar</u>	<u>M</u>	<u>16</u>	<u>10th</u>		
<u>5</u>	<u>A. Nidhanth</u>	<u>M</u>	<u>7</u>	<u>2nd</u>		

2. Social Status details:

(i) Community: SC/ST/BC-A-B-C-D/OC (ii) Sub-Caste: Malu (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: _____ Acres

(vi) Livestock resources: Cows _____ Oxen _____ Buffaloes _____ Sheep/Goats _____

(vi) Do you have electricity? Yes/ No

(vii) Type Cooking fuel used: Kerosene/ Wood/other specify _____

(viii) Do you have white Ration Card? Yes/ No

(ix) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle

4. Health Details:

(i) Ailments in family:

(ii) Treatment in which Hospital: Govt/ Private

(iii) Any PWD Persons in family: Yes/ No

S.No.	Name of the Person	Gender	Age	Nature of Disability
	—			
	—			

(iv) Do you have Govt. Anganwadi Center? Yes/ No

5. Other Details:

(i) Do you have TV? Yes/ No

(ii) Do you have Mobile? Yes

(iii) Mobile Number: 9491585976

(iv) Do you have Computer/Laptop? Yes/ No

(v) Is internet available at home? Yes/ No

E. Any specific problems identified in the village/ Ward:

(i) —

(ii) —

(iii) —

Place: Korlata

Date:

K. Bhavani

Signature of the Student

fm

Signature of the Mentor

(vii) Do you have own toilet? Yes/No

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____

(ix) Do you have white Ration Card? Yes/No

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle

4. Health Details:

(i) Ailments in family: ✓

(ii) Treatment in which Hospital: Govt/Private

(iii) Any PWD Persons in family: Yes/No

S.No.	Name of the Person	Gender	Age	Nature of Disability
	—			
	—			

(iv) Do you have Govt. Arogya Sri Card: Yes/No

5. Other Details:

(i) Do You have TV: Yes/No

(ii) Do you have Mobile: Yes

(iii) Mobile Number: 9441585976

(iv) Do you have Computer/Laptop: Yes/No

(v) Is Internet available at home: Yes/No

6. Any specific problems identified in the village/ Ward:

(i) —

(ii) —

(iii) —

Place: Korlakota

Date:

K. Bhavani

Signature of the Student



Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM
COMMUNITY SERVICE PROJECT
SOCIO - ECONOMIC SURVEY

Name of the Student : Kotilingala Bhavani

Group : BSC (B.T.C)

Registration Number : 2222001049044

Area of the Survey conducted: Korlakota

House No.	8-4	Habitat /Ward		Panchayat /Municipality	Korlakota
Post office	Korlakota	Mandal	Amedala Valasa	District	Srikakulam.

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment .	Income (Daily wage/Weekly/ Monthly)
1.	P. Yashwantha	M	55	-	Farmer	10,000
2.	P. Punyavathi	F	48	-		

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: Ponda (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: 2 Acres

(vi) Livestock resources: Cows ___ Oxen ___ Buffaloes ___ Sheep/Goats ___

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/Wood/ others specify _____

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle ✓

4. Health Details:

(i) Allments in family: ✓

(ii) Treatment in which Hospital: Govt/Private

(iii) Any PWD Persons in family: Yes/No

S.No.	Name of the Person	Gender	Age	Nature of Disability
	—			
	—			

(iv) Do you have Govt. Arogya Sri Card: Yes/No

5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes ✓

(iii) Mobile Number: 9989702814

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is Internet available at home: Yes/No ✓

6. Any specific problems identified in the village/ Ward:

(i) —


(ii) —

(iii) —

Place: Korla Kota

Date:

K. Bhavani
Signature of the Student


Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : Kotilingala Bhavani

Group : BSC (B.Z.C)

Registration Number : 222200104a044

Area of the Survey conducted: Konlakota

House No.	5-6	Habitat /Ward		Panchayat /Municipality	Konlakota
Post office	Konlakota	Mandal	Amadale Valera	District	Srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment .	Income (Daily wage/Weekly/ Monthly)
1.	D. Madheswara Rao	M	42	10th	Labourer	12,000
2.	D. Ramasamma	F	37			
3.	D. Dharmavardhan	M	15	10th		
4.	D. Hanshuvaradhan	M	12	7th		
5.	D. Annayamma	F	59			

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: Ponda (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: _____ Acres

(vi) Livestock resources: Cows _____ Oxen _____ Buffaloes _____ Sheep/Goats _____

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle ✓

4. Health Details:

(i) Ailments in family: ✓

(ii) Treatment in which Hospital: Govt/Private

(iii) Any PWD Persons in family: Yes/No

S.No.	Name of the Person	Gender	Age	Nature of Disability
	—			
	—			

(iv) Do you have Govt. Arogya Sri Card: Yes/No

5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes ✓

(iii) Mobile Number: 9805869016

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is internet available at home: Yes/No ✓

6. Any specific problems identified in the village/ Ward:

(i) —


(ii) —

(iii) —

Place: Konlakota

Date:

K. Bhavani
Signature of the Student


Signature of the Mentor

(vi) Do you have own toilet? Yes/No

(vii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____

(viii) Do you have white Ration Card? Yes/No

(ix) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle

4. Health Details:

(i) Ailments in family: ✓

(ii) Treatment in which Hospital: Govt/Private

(iii) Any FWD Persons in family: Yes/No

S.No.	Name of the Person	Gender	Age	Nature of Disability
	—			
	—			

(x) Do you have Govt. Arogya Sri Card: Yes/No

5. Other Details:

(i) Do You have TV: Yes/No

(ii) Do you have Mobile: Yes

(iii) Mobile Number: 9515554976

(iv) Do you have Computer/Laptop: Yes/No

(v) Is internet available at home: Yes/No

6. Any specific problems identified in the village/ Ward:

(i) —

(ii) —

(iii) —

Place: K. Bhavadata

Date:

K. Bhavani
Signature of the Student

Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM
COMMUNITY SERVICE PROJECT
SOCIO - ECONOMIC SURVEY

Name of the Student : Kotilingala Bhavani

Group : BSC (B.Z.C)

Registration Number : 2222001049044

Area of the Survey conducted: Korlakota

House No.	<u>3-2</u>	Habitat /Ward		Panchayat /Municipality	<u>Korlakota</u>
Post office	<u>Korlakota</u>	Mandal	<u>Amalapuram</u>	District	<u>Srikakulam</u>

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment .	Income (Daily wage/Weekly/ Monthly)
<u>1</u>	<u>T. Ganapathi</u>	<u>M</u>	<u>40</u>	<u>-</u>	<u>Labour</u>	<u>8,000</u>
<u>2</u>	<u>T. Geetha</u>	<u>F</u>	<u>38</u>	<u>-</u>		
<u>3</u>	<u>T. Naveen</u>	<u>M</u>	<u>20</u>	<u>Sec 7th</u>		
<u>4</u>	<u>T. Keerthi</u>	<u>F</u>	<u>16</u>	<u>10th</u>		

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: Mala (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: _____ Acres

(vi) Livestock resources: Cows _____ Oxen _____ Buffaloes _____ Sheep/Goats _____



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM
COMMUNITY SERVICE PROJECT
SOCIO - ECONOMIC SURVEY

Name of the Student : Kolilingala Bhavani

Group : Bsc (B.2.C)

Registration Number : 2222001049044

Area of the Survey conducted: Konlatola

House No.	2-8	Habitat /Ward		Panchayat /Municipality	Konlatola
Post office	Konlatola	Mandal	Amadala Valasa	District	Srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment .	Income (Daily wage/Weekly/ Monthly)
1.	K. Laxmi	F	44	-	Labourer	9000
2.	K. Rajashankar	M	23	10th	-	

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC

(ii) Sub-Caste: Porabara

(iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: _____ Acres

(vi) Livestock resources: Cows _____ Oxen _____ Buffaloes _____ Sheep/Goats _____

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle

4. Health Details:

(i) Ailments in family: ✓

(ii) Treatment in which Hospital: Govt/Private

(iii) Any PWD Persons in family: Yes/No

S.No.	Name of the Person	Gender	Age	Nature of Disability
	—			
	—			

(iv) Do you have Govt. Arogya Sri Card: Yes/No

5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes ✓

(iii) Mobile Number: 8688223763

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is Internet available at home: Yes/No ✓

6. Any specific problems identified in the village/ Ward:

(i) —

(ii) —

(iii) —

Place: KoslaKota

Date:

K. Bhavani
Signature of the Student


Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM
COMMUNITY SERVICE PROJECT
SOCIO-ECONOMIC SURVEY

Name of the Student : Kotilingala Bhavani

Group : BSC (B-2-C)

Registration Number : 222001049044

Area of the Survey conducted: Korlakota

House No.	4-6	Habitat /Ward		Panchayat /Municipality	Korlakota
Post office	Korlakota	Mandal	Amadala Valde	District	Srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment .	Income (Daily wage/Weekly/ Monthly)
1.	P. Akasi Rao	M	41	10th	Labourer	10,000
2.	P. Mangamma	F	39	7th		
3.	P. Tarudu	M	65			

2. Social Status details:

(i) Community: SC/ST/BC-A-B-C-D/OC (ii) Sub-Caste: Ponda (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: _____ Acres

(vi) Livestock resources: Cows _____ Oxen _____ Buffaloes _____ Sheep/Goats _____

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle ✓

4. Health Details:

(i) Ailments in family: ✓

(ii) Treatment in which Hospital: Govt/Private

(iii) Any PWD Persons in family: Yes/No

S.No.	Name of the Person	Gender	Age	Nature of Disability
	—			
	—			

(iv) Do you have Govt. Arogya Sri Card: Yes/No

5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes ✓

(iii) Mobile Number: 9502566163

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is Internet available at home: Yes/No ✓

6. Any specific problems identified in the village/ Ward:

(i) —

(ii) —

(iii) —

Place: Kozhikota

Date:

K. Bhavani
Signature of the Student


Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM
COMMUNITY SERVICE PROJECT
SOCIO - ECONOMIC SURVEY

Name of the Student : Kotilingala Bhavani

Group : BSC (B-2.c)

Registration Number : 2222001049044

Area of the Survey conducted: Konlakota

House No.	2-3	Habitat /Ward		Panchayat /Municipality	Konlakota
Post office	Konlakota	Mandal	Amadala Vahis	District	Srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment .	Income (Daily wage/Weekly/ Monthly)
1.	K. Lakshmana Rao	M	47	-	Laborer	10,000
2.	K. Laxmi Narayana	F	42	-		
3.	K. Bhavani	F	18	degree		

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: Ponda (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: _____ Acres

(vi) Livestock resources: Cows _____ Oxen _____ Buffaloes _____ Sheep/Goats _____

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/Wood/ others specify _____ ✓

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle ✓

4. Health Details:

(i) Ailments in family: ✓

(ii) Treatment in which Hospital: Govt/Private

(iii) Any PWD Persons in family: Yes/No

S.No.	Name of the Person	Gender	Age	Nature of Disability
—	—	—	—	—
—	—	—	—	—

(iv) Do you have Govt. Arogya Sri Card: Yes/No

5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes ✓

(iii) Mobile Number: 7298020136

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is Internet available at home: Yes/No ✓

6. Any specific problems identified in the village/ Ward:

(i) —


(ii) —

(iii) —

Place: Karla kota

Date:

K. Bhavani
Signature of the Student


Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAMA

COMMUNITY SERVICE PROJECT

SOCIO-ECONOMIC SURVEY

Name of the Student : Kolilingala Bhavani

Group : B3C (Q.2.C)

Registration Number : 2222001049044

Area of the Survey conducted: Korlakota

House No.	2-31	Habitat /Ward		Panchayat /Municipality	Korlakota
Post office	Korlakota	Mandal	Amadale V.2222	District	Srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment .	Income (Daily wage/Weekly/ Monthly)
1.	D. Lakshmana	M	48	-	Labourer	12,000
2.	D. Venkatesamma	F	45	-		
3.	D. Sravani	F	20	studying		
4.	D. Mahesh	M	16	studying		
5.	D. Appamma	F	70	-		

2. Social Status details:

(i) Community: SC/ST/ A-B-C-D/OC (ii) Sub-Caste: pondar (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented): Own

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No Yes

(v) Extent of Agricultural land: _____ Acres

(vi) Livestock resources: Cows _____ Oxen _____ Buffaloes _____ Sheep/Goats _____

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle

4. Health Details:

(i) Allments in family: ✓

(ii) Treatment in which Hospital: Govt/Private

(iii) Any PWD Persons in family: Yes/No

S.No.	Name of the Person	Gender	Age	Nature of Disability
	—			
	—			

(iv) Do you have Govt. Arogya Sri Card: Yes/No

5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes ✓

(iii) Mobile Number: 7569100783

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is internet available at home: Yes/No ✓

6. Any specific problems identified in the village/ Ward:

(i) —

(ii) —

(iii) —

Place: Korlakota

Date:

K. Bhavani
Signature of the Student


Signature of the Mentor

Socio-Economic Survey



Socio-economic Survey



Awareness Programme





GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS

Name of the student : Kotilingala Bhavani
Group : Bsc (BZ.C)
Name of the mentor : G. Rama Krishna Sir
Name of the project : food habits

House No	Name of the person	Village / Ward	Mandal	District
	K. Chinna Rao	Konlakota	Amadala Valasa	Srikakulam

1. How many times a day do you eat?

3 - times

2. Please answer the following according to your particular eating habits?

- I eat a good breakfast - yes
- I experienced feeling of hunger during the day - yes
- I eat meat. - yes
- I eat vegetables. - yes
- I eat fruits. - yes
- I eat dairy products - yes
- I eat sweets. - yes

3. What meal would you consider to be your main meal of the day?

- a. Breakfast lunch c. dinner d. others

4. What does your main meal consist of and how it is prepared?

- Freshly prepared. B. restaurant meal. C. precooked microwave. D. other

5. Have you been avoiding some foods for health reasons? Yes / No

6. Do you have any particular food allergies?

NO

7. What is your daily food intake frequency of the following food categories?

Sweet foods:

- Several times a day once a day several times a week
less often never

Fresh vegetables & Fruits:

- Several times a day once a day several times a week
less often never

... percentage of your regular diet consists of meat products?
90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?
90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems?

NO

11. Do you know your current body mass index?

12. Have your ever been on a diet, if so, what kind?

NO

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact. B. little impact big impact. D. none

Health

~~a.~~ No impact. little impact c. big impact. D. none


Weight.

a. No impact. little impact c. big impact. D. none

Mental condition.

A. No impact. little impact c. big impact. D. none

K. Bhavani
Signature of the Student


Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS

Name of the student : Kotilingala Bhavani
Group : BSE (B.Z.C)
Name of the mentor : G. Rama Krishna
Name of the project : food habits

House No	Name of the person	Village / Ward	Mandal	District
	D. Ramanamma	Korlakota	Amadala Vala	Srikakulam

- How many times a day do you eat?
3 times
- Please answer the following according to your particular eating habits?
 - I eat a good breakfast — yes
 - I experienced feeling of hunger during the day — yes
 - I eat meat. — yes
 - I eat vegetables. — yes
 - I eat fruits. — yes
 - I eat dairy products — yes
 - I eat sweets. — yes
- What meal would you consider to be your main meal of the day?
 - Breakfast lunch
 - dinner
 - others
- What does your main meal consist of and how it is prepared?

Freshly prepared. B. restaurant meal. C. precooked microwave. D. other
- Have you been avoiding some foods for health reasons? Yes / No
- Do you have any particular food allergies?

NO

- What is your daily food intake frequency of the following food categories?

Sweet foods:

- Several times a day once a day several times a week
less often never

Fresh vegetables & Fruits:

- Several times a day once a day several times a week
less often never

8. What percentage of your regular diet consists of meat products:
90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?
90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems?

NO

11. Do you know your current body mass index?

12. Have your ever been on a diet, if so, what kind?

NO

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact.

B. little impact

c. big impact. D. none

Health

a. No impact.

B. little impact

c. big impact. D. none

Weight.

a. No impact.

B. little impact

c. big impact. D. none


Mental condition.

A. No impact.

B. little impact

c. big impact. D. none

K. Bhavani
Signature of the Student


Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : Kotilingala Bhavani
Group : BSc (BZC)
Name of the mentor : G. Rama Krishna
Name of the project : food habits

House No	Name of the person	Village / Ward	Mandal	District
	K. Lakshmi	Konlakota Amadala valasa	Amadala Valasa	SriKakulam

1. How many times a day do you eat?

3 times

2. Please answer the following according to your particular eating habits?

- a. I eat a good breakfast — yes
- b. I experienced feeling of hunger during the day — yes
- c. I eat meat. — yes
- d. I eat vegetables. — yes
- e. I eat fruits. — yes
- f. I eat dairy products — yes
- g. I eat sweets. — yes

3. What meal would you consider to be your main meal of the day?

- a. Breakfast lunch
- c. dinner
- d. others

4. What does your main meal consist of and how it is prepared?

- Freshly prepared.
- B. restaurant meal.
- C. precooked microwave.
- D. other

5. Have you been avoiding some foods for health reasons? Yes / No

6. Do you have any particular food allergies?

NO

7. What is your daily food intake frequency of the following food categories?

Sweet foods:

- Several times a day
- once a day
- several times a week
- less often
- never

Fresh vegetables & Fruits:

- Several times a day
- once a day
- several times a week
- less often
- never

8. What percentage of your regular diet consists of meat products?
90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?
90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems?

NO

11. Do you know your current body mass index?

12. Have your ever been on a diet, if so, what kind?

NO

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

14. How much do you think a healthy diet affects?

Restful sleep
a. No impact. B. little impact c. big impact. D. none

Health
~~a.~~ No impact. B. little impact c. big impact. D. none

Weight.
a. No impact. B. little impact c. big impact. D. none

Mental condition.
A. No impact. B. little impact c. big impact. D. none

K. Bhavani
Signature of the Student


Signature of the Mentor



GOVT. DEGREE COLLEGE (MEN), SRIKATULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : Kalilingala Eshwari
Group : BSC (B.Z.C)
Name of the mentor : G. Ramesh Krishna
Name of the project : Food habits

House No	Name of the person	Village / Ward	Mandal	District
	K. Laxmi	Konlakola	Amadola valasa	Srikatulam

1. How many times a day do you eat?

3 times

2. Please answer the following according to your particular eating habits?

- a. I eat a good breakfast — yes
b. I experienced feeling of hunger during the day — yes
c. I eat meat. — yes
d. I eat vegetables. — yes
e. I eat fruits. — yes
f. I eat dairy products — yes
g. I eat sweets. — yes

3. What meal would you consider to be your main meal of the day?

- a. Breakfast lunch c. dinner d. others

4. What does your main meal consist of and how it is prepared?

- Freshly prepared. B. restaurant meal. C. precooked microwave. D. other

5. Have you been avoiding some foods for health reasons? Yes / No

6. Do you have any particular food allergies?

NO

7. What is your daily food intake frequency of the following food categories?

Sweet foods:

Several times a day once a day several times a week

less often never

Fresh vegetables & Fruits:

Several times a day once a day several times a week

less often never

8. What percentage of your regular diet consists of meat products?
90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?
90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems?
NO

11. Do you know your current body mass index?

12. Have your ever been on a diet, if so, what kind?
NO

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

14. How much do you think a healthy diet affects?

Restful sleep
a. No impact. B. little impact big impact. D. none

Health
~~a.~~ No impact. little impact c. big impact. D. none

Weight.
a. No impact. little impact c. big impact. D. none

Mental condition.
A. No impact. little impact c. big impact. D. none

K. Bhavani
Signature of the Student


Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : kotilingala Bhuvani
Group : BSC (B.2.C)
Name of the mentor : G. Rana Krishna
Name of the project : food habits

House No	Name of the person	Village / Ward	Mandal	District
	B. Shankar	Kosulakota	Amadala Valasa	Srikakulam

1. How many times a day do you eat?

3 - times

2. Please answer the following according to your particular eating habits?

- I eat a good breakfast - yes
- I experienced feeling of hunger during the day - yes
- I eat meat. - yes
- I eat vegetables. - yes
- I eat fruits. - yes
- I eat dairy products - yes
- I eat sweets. - yes

3. What meal would you consider to be your main meal of the day?

- a. Breakfast b. lunch c. dinner d. others

4. What does your main meal consist of and how it is prepared?

- a. Freshly prepared. B. restaurant meal. C. precooked microwave. D. other

5. Have you been avoiding some foods for health reasons? Yes / No

6. Do you have any particular food allergies?

NO

7. What is your daily food intake frequency of the following food categories?

Sweet foods:

- Several times a day once a day several times a week
less often never

Fresh vegetables & Fruits:

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less often never

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90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?

90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems?

NO

11. Do you know your current body mass index?

12. Have your ever been on a diet, if so, what kind?

NO

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact. B. little impact big impact. D. none

Health

~~a.~~ No impact. little impact c. big impact. D. none


Weight.

a. No impact. little impact c. big impact. D. none

Mental condition.

A. No impact. little impact c. big impact. D. none

K. Bhavani
Signature of the Student


Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : Kotilingala Bhavani
Group : BSC (B.2.C)
Name of the mentor : G. Rama Krishna
Name of the project : food habits

House No	Name of the person	Village / Ward	Mandal	District
	P. Yasanna	Korlakota	Amadala Valasa	Sorikateclam

1. How many times a day do you eat?

3 - times

2. Please answer the following according to your particular eating habits?

- a. I eat a good breakfast - yes
b. I experienced feeling of hunger during the day - yes
c. I eat meat. - yes
d. I eat vegetables. - yes
e. I eat fruits. - yes
f. I eat dairy products - yes
g. I eat sweets. - yes

3. What meal would you consider to be your main meal of the day?

- a. Breakfast b. lunch c. dinner d. others

4. What does your main meal consist of and how it is prepared?

- a. Freshly prepared. B. restaurant meal. C. precooked microwave. D. other

5. Have you been avoiding some foods for health reasons? Yes / No

6. Do you have any particular food allergies?

7. What is your daily food intake frequency of the following food categories?

Sweet foods:

- Several times a day once a day several times a week
less often never

Fresh vegetables & Fruits:

- Several times a day once a day several times a week
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90% 75% 50% 25% less than 25%
9. How much of your diet consists of vegetables and non-animal products?
90% 75% 50% 25% less than 25%
10. Do you or have you ever has cholesterol problems?

NO

11. Do you know your current body mass index?

12. Have your ever been on a diet, if so, what kind?

NO

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

~~NO~~

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact.

B. little impact

big impact. D. none

Health

a. No impact.

little impact

c. big impact. D. none

Weight.

a. No impact.

little impact

c. big impact. D. none


Mental condition.

A. No impact.

little impact

c. big impact. D. none

K. Bhavan
Signature of the Student


Signature of the Mentor

DEGREE COLLEGE(MEN), SRIKAKULAM
 COMMUNITY SERVICE PROJECT
 PROJECT: FOOD HABITS



Name of the student : Kotilingala Bhavani
 Group : BSC (B.2.C)
 Name of the mentor : G. Rama Krishna
 Name of the project : food habits

House No	Name of the person	Village / Ward	Mandal	District
	K. Laxminarayana	Korlakota	Amadala Valasa	Srikakulam

1. How many times a day do you eat?

3 times

2. Please answer the following according to your particular eating habits?

- a. I eat a good breakfast - yes
- b. I experienced feeling of hunger during the day - yes
- c. I eat meat. - yes
- d. I eat vegetables. - yes
- e. I eat fruits. - yes
- f. I eat dairy products - yes
- g. I eat sweets. - yes

3. What meal would you consider to be your main meal of the day?

- a. Breakfast lunch
- c. dinner
- d. others

4. What does your main meal consist of and how it is prepared?

- Freshly prepared.
- B. restaurant meal.
- C. precooked microwave.
- D. other

5. Have you been avoiding some foods for health reasons? Yes / No

6. Do you have any particular food allergies?

NO

7. What is your daily food intake frequency of the following food categories?

Sweet foods:

- Several times a day
- once a day
- several times a week
- less often
- never

Fresh vegetables & Fruits:

- Several times a day
- once a day
- several times a week
- less often
- never

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90% 75% 50% 25% less than 25%

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10. Do you or have you ever has cholesterol problems?

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11. Do you know your current body mass index?

12. Have your ever been on a diet, if so, what kind?

No

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact.

B. little impact

c. big impact. D. none

Health

a. No impact.

B. little impact

c. big impact. D. none

Weight.

a. No impact.

B. little impact

c. big impact. D. none


Mental condition.

A. No impact.

B. little impact

c. big impact. D. none

K. Bhavani
Signature of the Student


Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : Kotilingala Bhavan:
Group : BSC (B.2.C)
Name of the mentor : G. Rama Krishna
Name of the project : - food habits

House No	Name of the person	Village / Ward	Mandal	District
	P. tavudu	Korlakota	Annadala Valasa	Srikakulam

1. How many times a day do you eat?

3 - times

2. Please answer the following according to your particular eating habits?

- a. I eat a good breakfast — yes
b. I experienced feeling of hunger during the day — yes
c. I eat meat. — yes
d. I eat vegetables. — yes
e. I eat fruits. — yes
f. I eat dairy products — yes
g. I eat sweets. — yes

3. What meal would you consider to be your main meal of the day?

- a. Breakfast lunch c. dinner d. others

4. What does your main meal consist of and how it is prepared?

- Freshly prepared. B. restaurant meal. C. precooked microwave. D. other

5. Have you been avoiding some foods for health reasons? Yes / No

6. Do you have any particular food allergies?

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90% 75% 50% 25% less than 25%

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NO

11. Do you know your current body mass index?

12. Have your ever been on a diet, if so, what kind?

NO

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

14. How much do you think a healthy diet affects?

Restful sleep
a. No impact.

B. little impact

c. big impact. D. none

Health

a. No impact.

B. little impact

c. big impact. D. none

Weight.

a. No impact.

B. little impact

c. big impact. D. none

Mental condition.

A. No impact.

B. little impact

c. big impact. D. none

K. Bhavani

Signature of the Student



Signature of the Mentor

COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : Kotilingula Bhavani
Group : BSC (B.Z.C)
Name of the mentor : G. Rama Krishna
Name of the project : Food Habits

House No	Name of the person	Village / Ward	Mandal	District
	K. Lakshmi	Korlakota	Amadala Vadase	Srikakulam

1. How many times a day do you eat?

3 - times

2. Please answer the following according to your particular eating habits?

- a. I eat a good breakfast - Yes
b. I experienced feeling of hunger during the day - Yes
c. I eat meat. - Yes
d. I eat vegetables. - Yes
e. I eat fruits. - Yes
f. I eat dairy products - Yes
g. I eat sweets. - Yes

3. What meal would you consider to be your main meal of the day?

- a. Breakfast b. lunch c. dinner d. others

4. What does your main meal consist of and how it is prepared?

- Freshly prepared. B. restaurant meal. C. precooked microwave. D. other

5. Have you been avoiding some foods for health reasons? Yes / No

6. Do you have any particular food allergies?

No

7. What is your daily food intake frequency of the following food categories?

Sweet foods:

- Several times a day once a day several times a week
less often never

Fresh vegetables & Fruits:

- Several times a day once a day several times a week
less often never

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90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?
90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems?

No

11. Do you know your current body mass index?

12. Have your ever been on a diet, if so, what kind?

No

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact.

B. little impact

c. big impact. D. none

Health

a. No impact.

B. little impact

c. big impact. D. none

Weight.

a. No impact.

B. little impact

c. big impact. D. none

Mental condition.

A. No impact.

B. little impact

c. big impact. D. none

K. Bhavan:

Signature of the Student



Signature of the Mentor



COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : Kobilingale Bhavani
Group : BSC (B2.C)
Name of the mentor : G. Rama Krishna
Name of the project : food habits

House No	Name of the person	Village / Ward	Mandal	District
	K. Bhavathi	Kosulakota	Amadala vatesa	Srikakulam

1. How many times a day do you eat?

3 - times

2. Please answer the following according to your particular eating habits?

- a. I eat a good breakfast — Yes
- b. I experienced feeling of hunger during the day — Yes
- c. I eat meat. — Yes
- d. I eat vegetables. — Yes
- e. I eat fruits. — Yes
- f. I eat dairy products — Yes
- g. I eat sweets. — Yes

3. What meal would you consider to be your main meal of the day?

- a. Breakfast lunch
- c. dinner
- d. others

4. What does your main meal consist of and how it is prepared?

- Freshly prepared.
- B. restaurant meal.
- C. precooked microwave.
- D. other

5. Have you been avoiding some foods for health reasons? Yes / No

6. Do you have any particular food allergies?

No

7. What is your daily food intake frequency of the following food categories?

Sweet foods:

- Several times a day
- once a day
- several times a week
- less often
- never

Fresh vegetables & Fruits:

- Several times a day
- once a day
- several times a week
- less often
- never

8. What percentage of your regular diet consists of meat products?
90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?

90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems?

NO

11. Do you know your current body mass index?

12. Have your ever been on a diet, if so, what kind?

No

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact.

B. little impact

c. big impact. D. none

Health

a. No impact.

B. little impact

c. big impact. D. none

Weight.

a. No impact.

B. little impact

c. big impact. D. none

Mental condition.

A. No impact.

B. little impact

c. big impact. D. none

K. Bhavani
Signature of the Student



Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : Kotilingala Bhavani
Group : BSC (B.2.C)
Name of the mentor : G. Rama Krishna
Name of the project : food habits

House No	Name of the person	Village / Ward	Mandal	District
	D. Ramanamma	Korlakota	Amadola Vakka	Srikakulam

1. How many times a day do you eat?

3 - times

2. Please answer the following according to your particular eating habits?

- a. I eat a good breakfast — Yes
b. I experienced feeling of hunger during the day — Yes
c. I eat meat. — Yes
d. I eat vegetables. — Yes
e. I eat fruits. — Yes
f. I eat dairy products — Yes
g. I eat sweets. — Yes

3. What meal would you consider to be your main meal of the day?

- a. Breakfast b. Lunch c. dinner d. others

4. What does your main meal consist of and how it is prepared?

- A. Freshly prepared. B. restaurant meal. C. precooked microwave. D. other

5. Have you been avoiding some foods for health reasons? Yes / No

6. Do you have any particular food allergies?

NO

7. What is your daily food intake frequency of the following food categories?

Sweet foods:

- Several times a day once a day several times a week
less often never

Fresh vegetables & Fruits:

- Several times a day once a day several times a week
less often never

8. What percentage of your regular diet consists of meat products?
90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?
90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems?

No

11. Do you know your current body mass index?

12. Have your ever been on a diet, if so, what kind?

No

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact.

B. little impact

big impact. D. none

Health

No impact.

little impact

c. big impact. D. none

Weight.

a. No impact.

little impact

c. big impact. D. none


Mental condition.

A. No impact.

little impact

c. big impact. D. none

K. Bhavan:
Signature of the Student


Signature of the Mentor

8. What percentage of your regular diet consists of meat products?
90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?
90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems?

NO

11. Do you know your current body mass index?

12. Have your ever been on a diet, if so, what kind?

NO

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact.

B. little impact

c. big impact. D. none

Health

a. No impact.

B. little impact

c. big impact. D. none

Weight.

a. No impact.

B. little impact

c. big impact. D. none


Mental condition.

A. No impact.

B. little impact

c. big impact. D. none

K. Bhavani
Signature of the Student


Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS

Name of the student : Kotilingala Bhavani

Group : BSc (B.Z.C)

Name of the mentor : G. Rama Krishna

Name of the project : food habits

House No	Name of the person	Village / Ward	Mandal	District
	D. Adhi Narayana	Korlakota	Amadala Valasa	Srikakulam

1. How many times a day do you eat?

3 - times

2. Please answer the following according to your particular eating habits?

- a. I eat a good breakfast - Yes
 b. I experienced feeling of hunger during the day - Yes
 c. I eat meat. - NO
 d. I eat vegetables. - Yes
 e. I eat fruits. - Yes
 f. I eat dairy products - Yes
 g. I eat sweets. - Yes

3. What meal would you consider to be your main meal of the day?

- a. Breakfast b. lunch c. dinner d. others

4. What does your main meal consist of and how it is prepared?

- Freshly prepared. B. restaurant meal. C. precooked microwave. D. other

5. Have you been avoiding some foods for health reasons? Yes / No

6. Do you have any particular food allergies?

No

7. What is your daily food intake frequency of the following food categories?

Sweet foods:

Several times a day once a day several times a week

less often never

Fresh vegetables & Fruits:

Several times a day once a day several times a week

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8. What percentage of your regular diet consists of meat products?
90% 75% 50% 25% less than 25%

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10. Do you or have you ever has cholesterol problems?

NO

11. Do you know your current body mass index?

12. Have your ever been on a diet, if so, what kind?

NO

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact.

B. little impact

c. big impact. D. none

Health

a. No impact.

B. little impact

c. big impact. D. none

Weight.

a. No impact.

B. little impact

c. big impact. D. none


Mental condition.

A. No impact.

B. little impact

c. big impact. D. none

K. Bhavani
Signature of the Student


Signature of the Mentor



GOVT. DEGREE COLLEGE (MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS

Name of the student : Kolilingala Bhavani
Group : BSC (R.S.C.)
Name of the mentor : S. Rama Krishna
Name of the project : Food habits

House No	Name of the person	Village / Ward	Mandal	District
	D. Bhamathi	Konlakota	Nuvvula Mandala	Srikakulam

- How many times a day do you eat?
3 - times
- Please answer the following according to your particular eating habits?
 - I eat a good breakfast
 - I experienced feeling of hunger during the day - yes
 - I eat meat. - No
 - I eat vegetables. - yes
 - I eat fruits. - yes
 - I eat dairy products - yes
 - I eat sweets. - yes
- What meal would you consider to be your main meal of the day?
 - Breakfast
 - lunch
 - dinner
 - others
- What does your main meal consist of and how it is prepared?
 - Freshly prepared.
 - restaurant meal.
 - precooked microwave.
 - other
- Have you been avoiding some foods for health reasons? Yes / No
- Do you have any particular food allergies?

NO

- What is your daily food intake frequency of the following food categories?

Sweet foods:

Several times a day once a day several times a week
less often never

Fresh vegetables & Fruits:

Several times a day once a day several times a week
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90% 75% 50% 25% less than 25%

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90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems?

NO

11. Do you know your current body mass index?

12. Have your ever been on a diet, if so, what kind?

NO

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact. B. little impact c. big impact. D. none

Health

a. No impact. b. little impact c. big impact. D. none


Weight.

a. No impact. b. little impact c. big impact. D. none

Mental condition.

A. No impact. b. little impact c. big impact. D. none

K. Bhavani
Signature of the Student


Signature of the Mentor

SRIRANGA COLLEGE(MEN), SRIKAKULAM
 COMMUNITY SERVICE PROJECT
 PROJECT: FOOD HABITS

Name of the student : Kotilingala Bhavani
 Group : BSC (A-Z.C)
 Name of the mentor : G. Ramakrishna
 Name of the project : food habits

House No	Name of the person	Village / Ward	Mandal	District
	D. Sridevi	Konlakota	Amadala Valasa	Srikakulam

1. How many times a day do you eat?

3 - times

2. Please answer the following according to your particular eating habits?

- a. I eat a good breakfast - yes
- b. I experienced feeling of hunger during the day - yes
- c. I eat meat. - yes
- d. I eat vegetables. - yes
- e. I eat fruits. - yes
- f. I eat dairy products - yes
- g. I eat sweets. - yes

3. What meal would you consider to be your main meal of the day?

- a. Breakfast lunch
- c. dinner
- d. others

4. What does your main meal consist of and how it is prepared?

- Freshly prepared.
- B. restaurant meal.
- C. precooked microwave.
- D. other

5. Have you been avoiding some foods for health reasons? Yes / No

6. Do you have any particular food allergies?

No

7. What is your daily food intake frequency of the following food categories?

Sweet foods:

- Several times a day
- once a day
- several times a week
- less often
- never

Fresh vegetables & Fruits:

- Several times a day
- once a day
- several times a week
- less often
- never

8. What percentage of your regular diet consists of meat products?
90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?
90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems?

NO

11. Do you know your current body mass index?

12. Have your ever been on a diet, if so, what kind?

NO

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

14. How much do you think a healthy diet affects?

Restful sleep
a. No impact.

B. little impact

big impact. D. none

Health
a. No impact.

little impact

c. big impact. D. none

Weight.

a. No impact.

little impact

c. big impact. D. none

Mental condition.

A. No impact.

little impact

c. big impact. D. none

K. Bhavani
Signature of the Student


Signature of the Mentor

... percentage of your regular diet consists of meat products?
90% 75% 50% 25% less than 25%

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90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems?

NO

11. Do you know your current body mass index?

12. Have your ever been on a diet, if so, what kind?

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13. Mention the food items from the healthiest to the unhealthiest from your point of views?

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Restful sleep
a. No impact. B. little impact big impact. D. none

Health
~~a.~~ No impact. little impact c. big impact. D. none

Weight.
a. No impact. little impact c. big impact. D. none

Mental condition.
A. No impact. little impact c. big impact. D. none

K. Bhavani
Signature of the Student


Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : Kotilingala Bhavani
Group : BSC CBZC
Name of the mentor : G. Rama Krishna
Name of the project : food habits

House No	Name of the person	Village / Ward	Mandal	District
	D. Malliswara POD	Konlakota	Arnadala Taluk	Srikakulam

1. How many times a day do you eat?

3-times

2. Please answer the following according to your particular eating habits?

- a. I eat a good breakfast — yes
b. I experienced feeling of hunger during the day — yes
c. I eat meat. — yes
d. I eat vegetables. — yes
e. I eat fruits. — yes
f. I eat dairy products — yes
g. I eat sweets. — yes

3. What meal would you consider to be your main meal of the day?

- a. Breakfast lunch c. dinner d. others

4. What does your main meal consist of and how it is prepared?

- Freshly prepared. B. restaurant meal. C. precooked microwave. D. other

5. Have you been avoiding some foods for health reasons? Yes / No

6. Do you have any particular food allergies?

NO

7. What is your daily food intake frequency of the following food categories?

Sweet foods:

Several times a day once a day several times a week

less often never

Fresh vegetables & Fruits:

Several times a day once a day several times a week

less often never

8. What percentage of your regular diet consists of meat products?
90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?
90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems?
NO

11. Do you know your current body mass index?

12. Have your ever been on a diet, if so, what kind?
NO

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

14. How much do you think a healthy diet affects?

Restful sleep
a. No impact. B. little impact big impact. D. none

Health
 No impact. little impact c. big impact. D. none

Weight.
a. No impact. little impact c. big impact. D. none

Mental condition.
A. No impact. little impact c. big impact. D. none

K. Bhavani
Signature of the Student


Signature of the Mentor



GOVT. DEGREE COLLEGE (MBA), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : Kotilingala Bhavani
Group : BSE (D.T.C)
Name of the mentor : G. Rama Krishna
Name of the project : Food Habits

House No	Name of the person	Village / Ward	Mandal	District
	<u>P. Akshirod</u>	<u>Kondakota</u>	<u>Kondakota Veturu</u>	<u>Srikakulam</u>

1. How many times a day do you eat?

3 times

2. Please answer the following according to your particular eating habits?

- a. I eat a good breakfast — yes
b. I experienced feeling of hunger during the day — yes
c. I eat meat. — yes
d. I eat vegetables. — yes
e. I eat fruits. — yes
f. I eat dairy products — yes
g. I eat sweets. — yes
3. What meal would you consider to be your main meal of the day?
a. Breakfast & lunch c. dinner d. others
4. What does your main meal consist of and how it is prepared?
 Freshly prepared. B. restaurant meal. C. precooked microwave. D. other
5. Have you been avoiding some foods for health reasons? Yes / No
6. Do you have any particular food allergies?

NO

7. What is your daily food intake frequency of the following food categories?

Sweet foods:

- Several times a day once a day several times a week
less often never

Fresh vegetables & Fruits:

- Several times a day once a day several times a week
less often never

8. What percentage of your regular diet consists of meat products?
 90% 75% 50% 25% less than 25%
9. How much of your diet consists of vegetables and non-animal products?
 90% 75% 50% 25% less than 25%
10. Do you or have you ever has cholesterol problems?

NO

11. Do you know your current body mass index?
12. Have you ever been on a diet, if so, what kind?

NO

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

14. How much do you think a healthy diet affects?

Restful sleep

- a. No impact. B. little impact c. big impact. D. none

Health

- a. No impact. B. little impact c. big impact. D. none

Weight.

- a. No impact. B. little impact c. big impact. D. none

Mental condition.

- A. No impact. B. little impact c. big impact. D. none

K. Bhavani
 Signature of the Student


 Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : Kolilingala Bhavan:
Group : BSC (B.Z.C)
Name of the mentor : G. Rama Krishna
Name of the project : Food habits

House No	Name of the person	Village / Ward	Mandal	District
	K. Lakshmana Rao	Konlakota	Amadala valasa	Srikakulam

1. How many times a day do you eat?

3 - times

2. Please answer the following according to your particular eating habits?

- a. I eat a good breakfast — yes
b. I experienced feeling of hunger during the day — yes
c. I eat meat. — yes
d. I eat vegetables. — yes
e. I eat fruits. — yes
f. I eat dairy products — yes
g. I eat sweets. — yes

3. What meal would you consider to be your main meal of the day?

- a. Breakfast b. Lunch c. dinner d. others

4. What does your main meal consist of and how it is prepared?

- Freshly prepared. B. restaurant meal. C. precooked microwave. D. other

5. Have you been avoiding some foods for health reasons? Yes / No

6. Do you have any particular food allergies?

NO

7. What is your daily food intake frequency of the following food categories?

Sweet foods:

- Several times a day once a day several times a week
less often never

Fresh vegetables & Fruits:

- Several times a day once a day several times a week
less often never

8. What percentage of your regular diet consists of meat products?
90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?
90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems?

NO

11. Do you know your current body mass index?

12. Have your ever been on a diet, if so, what kind?

NO

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

14. How much do you think a healthy diet affects?

Restful sleep
a. No impact. B. little impact big impact. D. none

Health
a. No impact. little impact c. big impact. D. none

Weight.
a. No impact. little impact c. big impact. D. none

Mental condition.
A. No impact. little impact c. big impact. D. none

K. Bhavani
Signature of the Student


Signature of the Mentor



COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : Kotilingasa Bhavani
Group : BSC (B2-C)
Name of the mentor : G. Rana Krishna
Name of the project : food habits

House No	Name of the person	Village / Ward	Mandal	District
	P. muthyalamma	Kasilotota	Arnadale Vadase	Sritakelam

1. How many times a day do you eat?

3 - times

2. Please answer the following according to your particular eating habits?

- a. I eat a good breakfast - Yes
b. I experienced feeling of hunger during the day - Yes
c. I eat meat. - Yes
d. I eat vegetables. - Yes
e. I eat fruits. - Yes
f. I eat dairy products - Yes
g. I eat sweets. - Yes

3. What meal would you consider to be your main meal of the day?

- a. Breakfast b. lunch c. dinner d. others

4. What does your main meal consist of and how it is prepared?

- a. Freshly prepared. B. restaurant meal. C. precooked microwave. D. other

5. Have you been avoiding some foods for health reasons? Yes / No

6. Do you have any particular food allergies?

NO

7. What is your daily food intake frequency of the following food categories?

Sweet foods:

- Several times a day once a day several times a week
less often never

Fresh vegetables & Fruits:

- Several times a day once a day several times a week
less often never

8. What percentage of your regular diet consists of meat products?
 90% 75% 50% 25% less than 25%
9. How much of your diet consists of vegetables and non-animal products?
 90% 75% 50% 25% less than 25%
10. Do you or have you ever has cholesterol problems?

NO
 11. Do you know your current body mass index?

12. Have your ever been on a diet, if so, what kind?

No

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact.

B. little impact

big impact. D. none

Health

No impact.

little impact

c. big impact. D. none

Weight.

a. No impact.

little impact

c. big impact. D. none

Mental condition.

A. No impact.

little impact

c. big impact. D. none

K. Bhavan:
 Signature of the Student


 Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : Kotilingala Bhavani
Group : Bsc (B.Z.C)
Name of the mentor : G. Rama Krishna
Name of the project : ← food habits

House No	Name of the person	Village / Ward	Mandal	District
	D. Ratyalaxmi	Korlakota	Amadala Valasa	Srikakulam

1. How many times a day do you eat?

3 - times

2. Please answer the following according to your particular eating habits?

a. I eat a good breakfast - yes

b. I experienced feeling of hunger during the day - yes

c. I eat meat. - yes

d. I eat vegetables. - yes

e. I eat fruits. - yes

f. I eat dairy products - yes

g. I eat sweets. - yes

3. What meal would you consider to be your main meal of the day?

a. Breakfast b. lunch c. dinner d. others

4. What does your main meal consist of and how it is prepared?

Freshly prepared. B. restaurant meal. C. precooked microwave. D. other

5. Have you been avoiding some foods for health reasons? Yes / No

6. Do you have any particular food allergies?

NO

7. What is your daily food intake frequency of the following food categories?

Sweet foods:

Several times a day

once a day

several times a week

less often

never

Fresh vegetables & Fruits:

Several times a day

once a day

several times a week

less often

never

8. What percentage of your regular diet consists of meat products?
90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?
90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems?

NO

11. Do you know your current body mass index?

12. Have your ever been on a diet, if so, what kind?

No

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact.

B. little impact

c. big impact. D. none

Health

a. No impact.

B. little impact

c. big impact. D. none

Weight.

a. No impact.

B. little impact

c. big impact. D. none


Mental condition.

A. No impact.

B. little impact

c. big impact. D. none

K. Bhavani
Signature of the Student


Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : Kotilingala Bhavani
Group : BSC (B.Z.C)
Name of the mentor : G. Rama Krishna
Name of the project : - food habits

House No	Name of the person	Village / Ward	Mandal	District
	K. Raja shekhar	Korlakota	Amadala Valasa	Srikakulam

1. How many times a day do you eat?

3 - times

2. Please answer the following according to your particular eating habits?

- a. I eat a good breakfast - Yes
- b. I experienced feeling of hunger during the day - Yes
- c. I eat meat. - Yes
- d. I eat vegetables. - Yes
- e. I eat fruits. - Yes
- f. I eat dairy products - Yes
- g. I eat sweets. - Yes

3. What meal would you consider to be your main meal of the day?

- a. Breakfast
- b. lunch
- c. dinner
- d. others

4. What does your main meal consist of and how it is prepared?

- Freshly prepared.
- B. restaurant meal.
- C. precooked microwave.
- D. other

5. Have you been avoiding some foods for health reasons? Yes / No

6. Do you have any particular food allergies?

NO

7. What is your daily food intake frequency of the following food categories?

Sweet foods:

- Several times a day
- once a day
- several times a week
- less often
- never

Fresh vegetables & Fruits:

- Several times a day
- once a day
- several times a week
- less often
- never

8. What percentage of your regular diet consists of meat products?
 90% 75% 50% 25% less than 25%
9. How much of your diet consists of vegetables and non-animal products?
 90% 75% 50% 25% less than 25%
10. Do you or have you ever has cholesterol problems?

NO

11. Do you know your current body mass index?

12. Have your ever been on a diet, if so, what kind?

NO

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

14. How much do you think a healthy diet affects?

Restful sleep
 a. No impact. B. little impact c. big impact. D. none

Health
 a. No impact. B. little impact c. big impact. D. none

Weight.
 a. No impact. B. little impact c. big impact. D. none

Mental condition.
 A. No impact. B. little impact c. big impact. D. none

K. Bhavani
 Signature of the Student


 Signature of the Mentor

COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS

Name of the student : Kotilingala Bhavani
Group : BSC (B.T.C)
Name of the mentor : G. Rana krishna
Name of the project : food habits

House No	Name of the person	Village / Ward	Mandal	District
	D. Venkatamma	Korlakota	Amadala Valesa	Srikakulam

1. How many times a day do you eat?

3 - times

2. Please answer the following according to your particular eating habits?

- a. I eat a good breakfast — yes
b. I experienced feeling of hunger during the day — yes
c. I eat meat. — yes
d. I eat vegetables. — yes
e. I eat fruits. — yes
f. I eat dairy products — yes
g. I eat sweets. — no

3. What meal would you consider to be your main meal of the day?

- a. Breakfast b. lunch c. dinner d. others

4. What does your main meal consist of and how it is prepared?

- Freshly prepared. B. restaurant meal. C. precooked microwave. D. other

5. Have you been avoiding some foods for health reasons? Yes / No

6. Do you have any particular food allergies?

No

7. What is your daily food intake frequency of the following food categories?

Sweet foods:

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less often never

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9. How much of your diet consists of vegetables and non-animal products?
 90% 75% 50% 25% less than 25%
10. Do you or have you ever has cholesterol problems?

NO

11. Do you know your current body mass index?

12. Have your ever been on a diet, if so, what kind?

NO

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact.

B. little impact

big impact. D. none

Health

a. No impact.

little impact

c. big impact. D. none

Weight.

a. No impact.

little impact

c. big impact. D. none

Mental condition.

A. No impact.

little impact

c. big impact. D. none

K. Bhavani
 Signature of the Student


 Signature of the Mentor

8. What percentage of your regular diet consists of meat products?
90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?
90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems?

NO

11. Do you know your current body mass index?

12. Have your ever been on a diet, if so, what kind?

NO

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact.

B. little impact

big impact. D. none

Health

a. No impact.

B. little impact

c. big impact. D. none

Weight.

a. No impact.

B. little impact

c. big impact. D. none


Mental condition.

A. No impact.

B. little impact

c. big impact. D. none

K. Bhavani
Signature of the Student


Signature of the Mentor

COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS

Name of the student : Kotilingola Bhavani
Group : BSc (B-2-C)
Name of the mentor : B. Rama Krishna
Name of the project : food habits

House No	Name of the person	Village / Ward	Meal	District
	P. Mangamma	Konlakota	Arnada Vasa	Srikakulam

1. How many times a day do you eat?

3 times

2. Please answer the following according to your particular eating habits?

- a. I eat a good breakfast — Yes
b. I experienced feeling of hunger during the day — Yes
c. I eat meat. — Yes
d. I eat vegetables. — Yes
e. I eat fruits. — Yes
f. I eat dairy products — Yes
g. I eat sweets. — Yes

3. What meal would you consider to be your main meal of the day?

- a. Breakfast & lunch c. dinner d. others

4. What does your main meal consist of and how it is prepared?

- ✓ Freshly prepared. B. restaurant meal. C. precooked microwave. D. other

5. Have you been avoiding some foods for health reasons? Yes / No

6. Do you have any particular food allergies?

NO

7. What is your daily food intake frequency of the following food categories?

Sweet foods:

Several times a day once a day several times a week

less often never

Fresh vegetables & Fruits:

Several times a day once a day several times a week

less often never

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 90% 75% 50% 25% less than 25%
10. Do you or have you ever has cholesterol problems?

NO

11. Do you know your current body mass index?

12. Have your ever been on a diet, if so, what kind?

NO

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact.

B. little impact

big impact. D. none

Health

a. No impact.

B. little impact

c. big impact. D. none

Weight.

a. No impact.

B. little impact

c. big impact. D. none

Mental condition.

A. No impact.

B. little impact

c. big impact. D. none

K. Bhavani

Signature of the Student



Signature of the Mentor

Food habits



CONCLUSION

I'm KOTILINGALA BHAVANI studying in B sc first year Cbz group I had completed the community service project on "FOOD HABITS" in our Village and submitted the report to my mentor. My project is about the food habits of our Village people I conducted questionnaire to different age groups people about their regular diet. Most of the old aged people considered lunch as their main meal of the day. They taking food only two times per day due to digestive problems. We find out the major problem facing by our villagers and dropped the Sarpanch attention towards the problem by conducting awareness program in our Village.

It was interesting to carry out this project to know about different opinions, food habits and problems of our villagers. Finally I believe that my project is complete under vision of my mentor. I thank him for his guidance and support.

By

KOTILINGALA BHAVANI