

COMMUNITY SERVICE PROJECT

Submitted in the partial fulfillment of the requirements for the award of BSc Degree

BY
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2222001049085
Semester 2 (BZC)
Batch 2022-2025

Under the supervision of
D.RAVINDRA
Lecturer in BOTANY
GOVERNMENT DEGREE COLLEGE(Men), SRIKAKULAM



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ACKNOWLEDGEMENT

I would like to express my gratitude to all those who gave me the possibility to complete the **community service project**. Special thanks to Mentor **D.RAVINDRA** sir who help me in stimulating suggestions and encouragement to complete this project.

I would like to thank all the staff from the department of botany for their able guidance and support to complete this project

I would also like to express my gratitude to our principal madam for her tremendous support to complete this project.

DECLARATION

I hereby declare that the **Community Service Project** report entitled "**FOOD HABITS**" submitted by me to the Govt. Degree College (MEN)-Srikakulam in partial fulfillment of the requirement for the award of the degree of BSC-BZC is a record of bonified project work carried out by me under the guidance of **D.RAVINDRA** sir. I further declare that the work reported in this project has not been submitted and will not be submitted either in part or in full, for the award of any other degree in this institute or other institute or University,

Date:

Place:

T.Karthik

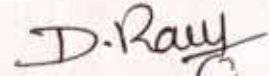
Signature of the candidate

CERTIFICATE

I certified that **THONANGI KARTHIK** studying BSC BZC group has complete and submitted the project report on "**FOOD HABITS**" further partial fulfillment of the requirements for the award of Batchelor of Science under my supervision during the academic year 2023-2024

Date:

Place:



Project guide:
D.RAVINDRA
Lecturer in botany
GDC (M), Srikakulam

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INTRODUCTION

Food habits and Nutritional Problems:

Food is essential for all humans for survival, food habits and imbalanced intake of diet by an individual results in the malnutrition or cause of many health problems. Especially women, children and pregnant women must be always cautious to take proper food intake with essential nutrients. Because poor diet and disease are caused by food insecurity. Sometimes by causing diarrhoea and other illness.

There is a saying 'you are what you eat' seems to be proven true. It is important to know what food to eat in order to stay healthy. Health depends to a large extent on nutrition and nutrition on food we take. Hence nutrition and health are two sides of the same coin and food is the most important factor for health and fitness.

Healthy Food Habits:

Healthy Food habits includes a variety of foods in adequate amounts and correct proportions to meet the requirements of all essential nutrients such as proteins, carbohydrates, fats, vitamins, minerals, water and fibre. This also includes proper schedule for the intake of light and heavy foods, when to take and when not to take, health condition of the individual. For example person who is suffering from kidney stones should not often take calcium rich foods. We have to take foods that suits our age and health. The most common eating idiosyncrasies include skipping meals, consuming fast foods in a routine way, avoiding fruits, and vegetables, frequent snacking. Hence it is essential for each and every individual to adopt proper food habits.

OBJECTIVE

The aim and objective of this project is to find out in a closed community about the following food habits and to analyze whether they are adopted to healthy food habits and if not to incorporate sound eating habits by creating awareness in them to recognize good eating habits followed with regular exercise.

- About the type of foods most people are interested to take.
- Food intake in regular time intervals.
- Main meal in view of majority of the people.
- Whether interested to take fresh food or cooked & preserved food.
- Taking fresh fruits and vegetables.
- Sweets/junk foods.
- Whether drinking sufficient quantity of water.
- Regular weight check-up.
- Monitoring individual food behaviour.
- Any form of eating disorders.
- Effect of socio-economic status on food habits.

METHODOLOGY

1. Study site:

The place selected for the project was comes under gollaveedi, patrunivalasa village of Srikakulam district. Approximately 25 families were covered under this ward. This is a rural area with 75% of people were farmers. This area is used for the cultivation of rice and vegetables.

2. Quantitative study:

The quantitative study of my project includes about the number of children, youngsters, elder women and men, pregnant women, people with physical and mental ailments, their food intake based on quantity per day and their food habits.

3. Qualitative study:

The qualitative study was carried out based on their cultural pattern of food habits among various socio-economic, educational and age group.

4. Data collection:

Initially socio-economic survey and other background survey was done and the data was collected from them.

Secondly their food habits data was collected from the initially prepared questionnaire which consists of 14 questions to know about their food habits, cooking methods, storage food, time intervals followed and how much expenditure was spent on food in detail.

GOVT. DEGREE COLLEGE(M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

LOG BOOK

Name of the student : T. Karthik

Group : B2C

Registration Number : 2222001049085

Name of the Mentor : D. RAVINDRA

Name of the Project :

Date & Day	Activity done	Number of Hours Spent	Signature of the student
09-5-2023	Socio Economic Survey	7:30hrs	T. Karthik
10-5-2023	Socio Economic Survey	6:00hrs	T. Karthik
11-5-2023	Socio Economic Survey	7:00hrs	T. Karthik
12-5-2023	Socio Economic Survey	4:20hrs	T. Karthik
13-5-2023	Socio Economic Survey	5:30hrs	T. Karthik
14-5-2023	Socio Economic Survey	6:00hrs	T. Karthik
15-05-2023	Socio Economic Survey	5:00hrs	T. Karthik
16-05-2023	Socio Economic Survey	6:30hrs	T. Karthik

D. Ravindra
Signature of the Mentor

GOVT. DEGREE COLLEGE(M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

LOG BOOK

Name of the student : T. Karthik
 Group : BSC-BZC
 Registration Number : 2222001049085
 Name of the Mentor : D. RAVINDRA
 Name of the Project :

Date & Day	Activity done	Number of Hours Spent	Signature of the student
20-5-2023	Food habits	6:20 hrs	T. Karthik
21-5-2023	Food habits	7:10 hrs	T. Karthik
22-5-2023	Food habits	5:20 hrs	T. Karthik
23-5-2023	Food habits	4:10 hrs	T. Karthik
24-5-2023	Food habits	7:20 hrs	T. Karthik
25-5-2023	Food habits	6:30 hrs	T. Karthik
26-5-2023	Food habits	5:30 hrs	T. Karthik
27-5-2023	Food habits	7:00 hrs	T. Karthik
28-5-2023	Food habits	5:30 hrs	T. Karthik
29-5-2023	Food habits	4:40 hrs	T. Karthik

D. Ray
 Signature of the Mentor

GOVT. DEGREE COLLEGE(M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

LOG BOOK

Name of the student : T. KARTHICK

Group : RSC - B2C

Registration Number : 2222001049085

Name of the Mentor : D. RAVINDRA

Name of the Project :

Date & Day	Activity done	Number of Hours Spent	Signature of the student
30-5-2023	Project writing	10 hrs	T. KARTHICK
31-05-2023	Project writing	10:30hrs	T. KARTHICK
1-6-2023	Project writing	10: hrs	T. KARTHICK
2-6-2023	Project writing	4:40hrs	T. KARTHICK
3-6-2023	Project writing	3 hrs	T. KARTHICK
4-6-2023	Project writing	4 hrs	T. KARTHICK
5-6-2023	Project writing	2:30hrs	T. KARTHICK
6-6-2023	Project writing	7 hrs	T. KARTHICK
7-6-2023	Project writing	3:30hrs	T. KARTHICK
8-6-2023	Project writing	4 hrs	T. KARTHICK

D. Ravindra
Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO – ECONOMIC SURVEY CONSOLIDATION REPORT

Name of the student : T. KATHIK

Group : BSC - B2C

Name of the Mentor : D. RAVINDRA

Name of the Project :

Ward/ Habitat	Pattunivelalasa	Panchayat	Pattunivelalasa	Post Office	Srikulam
Mandal	Srikulam	District	Srikulam	Pin Code	532001

1. Total Number of Houses in the Habitat/Ward: 155

2. Number of Houses Caste-wise:

SC 12 ST 12 OC 10 BC-A 75 BC-B 01 BC-C 10 BC-D 35

3. Common Health problems in the Habitat/Ward:

- (i) fever
- (ii) cough
- (iii) cold

4. Number of White Ration Cards: 145

5. Number of Illiterates in the Ward/ Habitat/ Village: 235

6. Number of Graduates in the Ward/ Habitat/ Village: 65

7. Number of Job Holders: 203

8. Number of PWD People: 0

9. Number of DWACRA Groups in the Ward/ Habitat/ Village: 45

10. Road connectivity to the Ward/ Habitat/ Village: Yes / No

11. Bus facility available: Yes / No

12. Problems identified in the Ward/ Habitat/ Village:

- (i) Drainage problem
- (ii) street light issue
- (iii) Broken Road
- (iv)

D. Ravi
Signature of the Mentor

T. Kathik
Signature of the Student



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : T. Karthik
Group : BSC - B2C
Registration Number : 2222001049085
Area of the Survey conducted: Pattuni Valasa

House No.	3/6	Habitat /Ward	Pattuni Valasa	Panchayat /Municipality	Pattuni Valasa
Post office	Pattuni Valasa	Mandal	Srikakulam	District	Srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1	E. Chalapathy	M	35	-	Milk sales	14000/-
2	E. Narayanaiah	F	30	-	-	-
3	E. SPMU	M	22	Degree	-	-

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: (iii) Religion:

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: 0 Acres

(vi) Livestock resources: Cows 2 Oxen 0 Buffaloes 7 Sheep/Goats 0

- (vii) Do you have own toilet? Yes/No
- (viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____
- (ix) Do you have white Ration Card? Yes/No
- (x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle

4. Health Details:

- (i) Ailments in family: NO
- (ii) Treatment in which Hospital: Govt/Private
- (iii) Any PWD Persons in family: Yes/No

S.No.	Name of the Person	Gender	Age	Nature of Disability

- (iv) Do you have Govt. Arogya Sri Card: Yes/No

5. Other Details:

- (i) Do You have TV: Yes/No
- (ii) Do you have Mobile: Yes
- (iii) Mobile Number: 91211 54785
- (iv) Do you have Computer/Laptop: Yes/No
- (v) Is internet available at home: Yes/No

6. Any specific problems identified in the village/ Ward:

- (i) NO Municipality water
- (ii) NO LOW ~~state~~ maintenance of drainage system
- (iii)

Place: Patrowi Kalasa

Date: 09-5-2023

T. KATHIK
Signature of the Student

D. RAY
Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : T. KASHI K

Group : BSC - B2C

Registration Number : 2222001049085

Area of the Survey conducted: Pattuni Valasa

House No.	318	Habitat /Ward	Pattuni Valasa	Panchayat /Municipality	Pattuni Valasa
Post office	Pattuni Valasa	Mandal	Srikakulam	District	Srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1	T. APPA RAJU	M	35	IT	Milk sales	16000/-
2	T. Lakshmi	F	30	-	-	-
3	T. Anandham	M	18	Inter	-	-
4	T. Jhanvi	F	16	10th	-	-

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: (iii) Religion:

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: 0 Acres

(vi) Livestock resources: Cows 0 Oxen 0 Buffaloes 0 Sheep/Goats 0

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle ✓

4. Health Details:

(i) Ailments in family: NO

(ii) Treatment in which Hospital: Govt/Private

(iii) Any PWD Persons in family: Yes/No ✓

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No

5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes ✓

(iii) Mobile Number: 9391636962

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is internet available at home: Yes/No ✓

6. Any specific problems identified in the village/ Ward:

(i) NO MANDI, Purity water

(ii) low maintenance of drainage system

(iii)

Place: Patnani, Udaipur

Date: 19-5-2023

T. Karthik

Signature of the Student

D. Ray

Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : T. Kothilic

Group : BSC-BLC

Registration Number : 222200049085

Area of the Survey conducted: Pattani Valala

House No.	3/10	Habitat /Ward	Pattani Valala	Panchayat /Municipality	Pattani Valala
Post office	Pattani Valala	Mandal	Sriakulam	District	Sriakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1	E. YOKIYAN	M	40	5 th	Milk seller	1500/-
2	E. IATHA	F	35	-	-	-
3	E. KIRAN	M	15	10 th	-	-

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: (iii) Religion:

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: 0 Acres

(vi) Livestock resources: Cows 2 Oxen 0 Buffaloes 7 Sheep/Goats 0

(vii) Do you have own toilet? Yes/No

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____

(ix) Do you have white Ration Card? Yes/No

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle

4. Health Details:

(i) Ailments in family: NO

(ii) Treatment in which Hospital: Govt/Private

(iii) Any PWD Persons in family: Yes/No

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No

5. Other Details:

(i) Do You have TV: Yes/No

(ii) Do you have Mobile: Yes

(iii) Mobile Number: 891 9129680

(iv) Do you have Computer/Laptop: Yes/No

(v) Is internet available at home: Yes/No

6. Any specific problems identified in the village/ Ward:

(i) NO MUNICIPALITY WATER

(ii) LOW MAINTENANCE OF DRAINAGE SYSTEM

(iii)

Place: Patnuni, Warasa

Date: 09-5-2023

T. Kothalik

Signature of the Student

D. Ray

Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : T. KATHIK

Group : BSc - B2c

Registration Number : 2222001049085

Area of the Survey conducted: Pattuni Valala

House No.	1/2	Habitat /Ward	Pattuni Valala	Panchayat /Municipality	Pattuni Valala
Post office	Pattuni Valala	Mandal	Srikakulam	District	Srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1	T. LACCHAYYA	M	50	-	Milk sales	12000/-
2	F. APPARMA	F	45	-	-	-
3	T. DAWCKMA	M	38	-	-	-

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: (iii) Religion:

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: 0 Acres

(vi) Livestock resources: Cows 7 Oxen 1 Buffaloes 1 Sheep/Goats 1

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle

4. Health Details:

(i) Ailments in family: NO

(ii) Treatment in which Hospital: Govt/Private

(iii) Any PWD Persons in family: Yes/No ✓

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No ✓

5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes X

(iii) Mobile Number: X

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is internet available at home: Yes/No

6. Any specific problems identified in the village/ Ward:

(i) NO municipal water

(ii) low maintenance of drainage system

(iii)

Place: Patruni, Valaja

Date: 9-5-2023

T. Kasthik
Signature of the Student

D. Ray
Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : T. Karthik

Group : BSc-B2C

Registration Number : 2222001049085

Area of the Survey conducted: Pattunivalala

House No.	1/8	Habitat /Ward	Pattunivalala	Panchayat /Municipality	Pattunivalala
Post office	Pattunivalala	Mandal	Srikakulam	District	Srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1	T. Lakshmana	M	40	-	Auto Driver	17000/-
2	T. Maha Lakshmi	F	35	-	-	-
3	T. Jagathikumar	M	15	10 th	-	-
4	T. Archana	M	13	8 th	-	-

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: (iii) Religion:

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: Acres

(vi) Livestock resources: Cows Oxen Buffaloes Sheep/Goats

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle

4. Health Details:

(i) Ailments in family: NO

(ii) Treatment in which Hospital: Govt/Private

(iii) Any PWD Persons in family: Yes/No ✓

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No

5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes ✓

(iii) Mobile Number: 97017 37285

(iv) Do you have Computer/Laptop: Yes/No

(v) Is internet available at home: Yes/No ✓

6. Any specific problems identified in the village/ Ward:

(i) NO more Purity water

(ii) low maintenance of drainage system

(iii)

Place: Patnamaraisa

Date: 10-5-2023

T. Karthik

Signature of the Student

D. Ravee

Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : T. Karthik

Group : BSc - B2C

Registration Number : 2222001049085

Area of the Survey conducted: Pattuni Valala

House No.	2/8	Habitat /Ward	Pattuni Valala	Panchayat /Municipality	Pattuni Valala
Post office	Pattuni Valala	Mandal	Srikakulam	District	Srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1	E. dasabatha	M	40	8 th	AUTO DRIVER	18000/-
2	E. Natarajamma	F	38	-	-	-
3	E. Raju	M	15	Inter	-	-
4	E. Sai	M	13	10 th	-	-

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: (iii) Religion:

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: Acres

(vi) Livestock resources: Cows Oxen Buffaloes Sheep/Goats

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____ ✓

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle ✓

4. Health Details:

(i) Ailments in family: NO

(ii) Treatment in which Hospital: Govt/Private ✓

(iii) Any PWD Persons in family: Yes/No ✓

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No ✓

5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes ✓

(iii) Mobile Number: 91825 52239

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is internet available at home: Yes/No ✓

6. Any specific problems identified in the village/ Ward:

(i) NO MUNICIPALITY WATER

(ii) LOW MAINTAINANCE OF DRAINAGE SYSTEM

(iii)

Place: Pattan, Valasa

Date: 10-5-2023

T. Karthik
Signature of the Student

D. Raley
Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : T. Karthik

Group : Bsc - B2c

Registration Number : 222200104 9085

Area of the Survey conducted: Patrunivalala

House No.	2/a	Habitat /Ward	Patrunivalala	Panchayat /Municipality	Patrunivalala
Post office	Patrunivalala	Mandal	Srikakulam	District	Srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1	T. Ramana	M	30	Inter	Milk sales	15000/-
2	T. Mani	F	28	-	-	-
3	T. Lakshmi	M	4	-	-	-
4	T. Prateep	M	2	-	-	-

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: (iii) Religion:

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: 0 Acres

(vi) Livestock resources: Cows 2 Oxen 0 Buffaloes 7 Sheep/Goats 0

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____ ✓

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle ✓

4. Health Details:

(i) Ailments in family: No ✓

(ii) Treatment in which Hospital: Govt/Private ✓

(iii) Any PWD Persons in family: Yes/No ✓

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No ✓

5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes ✓

(iii) Mobile Number: 90101 06908 ✓

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is internet available at home: Yes/No ✓

6. Any specific problems identified in the village/ Ward:

(i) No MNC: Public water

(ii) low maintenance of drainage system

(iii)

Place: Pattan, Vadala

Date: 10-5-2023

T. Karthik

Signature of the Student

D. Ravi
Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : T. Karthik
Group : BSc-B2c
Registration Number : 2222001049085
Area of the Survey conducted: Pattuni Valaia

House No.™	217	Habitat /Ward	Pattuni Valaia	Panchayat /Municipality	Pattuni Valaia
Post office	Pattuni Valaia	Mandal	Srikakulam	District	Srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1	T. Dhanikya	M	35	-	labour	15000/-
2	T. Laxmi	F	52	-	homemaker	-
3	T. Vasanth	M	15	10 th	-	-
4	T. Anand	M	13	8 th	-	-

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: (iii) Religion:

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: 0 Acres

(vi) Livestock resources: Cows 0 Oxen 0 Buffaloes 0 Sheep/Goats 0

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____ ✓

(ix) Do you have white Ration Card? Yes/No

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle

4. Health Details:

(i) Ailments in family: NO

(ii) Treatment in which Hospital: Govt/Private

(iii) Any PWD Persons in family: Yes/No ✓

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No ✓

5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes ✓

(iii) Mobile Number: 77949 904 76

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is internet available at home: Yes/No ✓

6. Any specific problems identified in the village/ Ward:

(i) No municipal water

(ii) low maintenance of drainage system

(iii)

Place: Pattanivalasa

Date: 11-5-2023

T. Kathir
Signature of the Student

D. Ravi
Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : T. Krishik

Group : B2C

Registration Number : 2222001049085

Area of the Survey conducted:

House No. 7	1/6	Habitat /Ward	Pattuniyalasa	Panchayat /Municipality	Pattuniyalasa
Post office	Pattuniyalasa	Mandal	Srikakulam	District	Srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1	T. Krishik	M	25	STN	labour	15000/-
2	T. Rupa	F	23	-	-	-
3	T. Nithya	F	5	-	-	-

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: (iii) Religion:

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: 0 Acres

(vi) Livestock resources: Cows 0 Oxen 0 Buffaloes 0 Sheep/Goats 0

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____ ✓

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle ✓

4. Health Details:

(i) Ailments in family: NO

(ii) Treatment in which Hospital: Govt/Private

(iii) Any PWD Persons in family: Yes/No ✓

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No ✓

5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes ✓

(iii) Mobile Number: 63092 59636

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is internet available at home: Yes/No ✓

6. Any specific problems identified in the village/ Ward:

(i) water problem

(ii) low maintenance of drainage system

(iii)

Place: Raddoni Wada

Date: 11-5-2023

T. Rathi

Signature of the Student

D. Ravi

Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : T. Karthik

Group : B2C

Registration Number : 2222001049085

Area of the Survey conducted: Pattuni Valasa

House No.	1/a	Habitat /Ward	Pattuni Valasa	Panchayat /Municipality	Pattuni Valasa
Post office	Pattuni Valasa	Mandal	Srikakulam	District	Srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1	T. Karthik	M	35	ITR	Milk sales	2000/-
2	T. Santhoshi	F	32	-	housewife	-
3	T. Lavitha	F	15	10th	-	-
4	T. Nani	M	13	8th	-	-

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: (iii) Religion:

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: 0 Acres

(vi) Livestock resources: Cows, 5 Oxen, 1 Buffaloes, 1 Sheep/Goats

(vii) Do you have own toilet? Yes/No

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____

(ix) Do you have white Ration Card? Yes/No

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle

4. Health Details:

(i) Ailments in family: NO

(ii) Treatment in which Hospital: Govt/Private

(iii) Any PWD Persons in family: Yes/No

S.No.	Name of the Person	Gender	Age	Nature of Disability
				AV

(iv) Do you have Govt. Arogya Sri Card: Yes/No

5. Other Details:

(i) Do You have TV: Yes/No

(ii) Do you have Mobile: Yes

(iii) Mobile Number: 9676516344

(iv) Do you have Computer/Laptop: Yes/No

(v) Is internet available at home: Yes/No

6. Any specific problems identified in the village/ Ward:

(i) water taps

(ii) low maintenance of damage water

(iii)

Place: Patnani, Gwalior

Date: 11-5-2023

T. K. Kishik
Signature of the Student

D. Raley
Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : T. Kasthik

Group : B2C

Registration Number : 2222001049085

Area of the Survey conducted: Pattuni Valasa

House No.:	1/8	Habitat /Ward	Pattuni Valasa	Panchayat /Municipality	Pattuni Valasa
Post office	Pattuni Valasa	Mandal	Srikakulam	District	

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1	T. Chandra	M	32	Degree	Electrical	2000/-
2	T. Anjali	F	30	Degree	Housewife	-
3	T. Honey	M	10	5th	Student	-
4	T. Maha	F	8	3th	Student	-

2. Social Status details:

(i) Community: SC/ST/BC-A-B-C-D/OC (ii) Sub-Caste: (iii) Religion:

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: 0 Acres

(vi) Livestock resources: Cows 0 Oxen 0 Buffaloes 0 Sheep/Goats 0

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____ ✓

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle ✓

4. Health Details:

(i) Ailments in family: NO

(ii) Treatment in which Hospital: Govt/Private

(iii) Any PWD Persons in family: Yes/No ✓

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No ✓

5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes ✓

(iii) Mobile Number: 99582 57508

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is internet available at home: Yes/No ✓

6. Any specific problems identified in the village/ Ward:

(i) water tap

(ii) low maintenance of drainage system

(iii)

Place: Patruni, Lalasa

Date: 11-5-2023

T. K. Reddy
Signature of the Student

D. Ravi
Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : T. KARTHICK

Group : B2C

Registration Number : 2222001049085

Area of the Survey conducted: Pattanivilalasa

House No.	27/2	Habitat /Ward	Pattanivilalasa	Panchayat /Municipality	Pattanivilalasa
Post office	Pattanivilalasa	Mandal	Sri. Kalakulam	District	Sri. Kalakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1	E. Raju	M	25	-	DRIVER	2500/-
2	E. Lakshmi	F	20	-	-	-
3	E. Maheshwari	F	3	-	-	-

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: (iii) Religion:

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: 2 Acres

(vi) Livestock resources: Cows 0 Oxen 0 Buffaloes 0 Sheep/Goats 0

- (vii) Do you have own toilet? Yes/No ✓
- (viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____ ✓
- (ix) Do you have white Ration Card? Yes/No ✓
- (x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle ✓

4. Health Details:

- (i) Ailments in family: NO
- (ii) Treatment in which Hospital: Govt/Private
- (iii) Any PWD Persons in family: Yes/No ✓

S.No.	Name of the Person	Gender	Age	Nature of Disability

- (iv) Do you have Govt. Arogya Sri Card: Yes/No

5. Other Details:

- (i) Do You have TV: Yes/No ✓
- (ii) Do you have Mobile: Yes ✓
- (iii) Mobile Number: _____
- (iv) Do you have Computer/Laptop: Yes/No
- (v) Is internet available at home: Yes/No

6. Any specific problems identified in the village/ Ward:

- (i) no municipality water
- (ii) low maintenance of drainage system
- (iii) _____

Place: Pattani, Talasa
 Date: 12-5-2023

T. Kothik
 Signature of the Student

D. Ray
 Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : T. Karthik
Group : B2C
Registration Number : 2222001049085
Area of the Survey conducted: Pattanivalasa

House No.	45/2	Habitat /Ward	Pattanivalasa	Panchayat /Municipality	Pattanivalasa
Post office	Pattanivalasa	Mandal	Sri Kakulam	District	Sri Kakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1	Y. Karthikeyan	M	25	10 th	Company	23000/-
2	Y. Devi	F	20	-	-	-
3	Y. Tejasvi	M	3	-	-	-

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: (iii) Religion:

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: 1 Acres

(vi) Livestock resources: Cows Oxen Buffaloes Sheep/Goats

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____ ✓

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle ✓

4. Health Details:

(i) Aillments in family: NO

(ii) Treatment in which Hospital: Govt/Private ✓

(iii) Any PWD Persons in family: Yes/No ✓

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No

5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes ✓

(iii) Mobile Number: 6303254908

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is internet available at home: Yes/No ✓

6. Any specific problems identified in the village/ Ward:

(i) no muni, Pality water

(ii) low maintenance of drainage system

(iii)

Place: Pattan, Valasa

Date: 12-5-2023

T. Kasthik

Signature of the Student

D. Raly
Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : T. Karthikeyan
Group : B2C
Registration Number : 2222001049085
Area of the Survey conducted: Pattanivakulam

House No.	32/7	Habitat /Ward	Pattanivakulam	Panchayat /Municipality	Pattanivakulam
Post office	Pattanivakulam	Mandal	Srikakulam	District	Srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1	B. Raju	M	40	-	shop owner	2500/-
2	B. Laxmi	F	35	inter	housewife	-
3	B. Subha	M	15	inter class	-	-

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: (iii) Religion:

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: Acres

(vi) Livestock resources: Cows Oxen Buffaloes Sheep/Goats

(vi) Do you have own toilet? Yes/No ✓

(vii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____ ✓

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle ✓

4. Health Details:

(i) Ailments in family: NO

(ii) Treatment in which Hospital: Govt/Private

(iii) Any PWD Persons in family: Yes/No ✓

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No

5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes ✓

(iii) Mobile Number: 9667254632

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is internet available at home: Yes/No ✓

6. Any specific problems identified in the village/ Ward:

(i) no money for water

(ii) low maintenance of water system

(iii)

Place: Pattanam, Valangudi

Date: 13-5-2023

T. Karthik
Signature of the Student

D. Ravi
Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : T. KATHIR

Group : B2C

Registration Number : 2222001049085

Area of the Survey conducted: Pattuni Valasa

House No.:	4015	Habitat /Ward	Pattuni Valasa	Panchayat /Municipality	Pattuni Valasa
Post office	Pattuni Valasa	Mandal	Sriakakulam	District	Sriakakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1	A. Ramana	M	85	-	DRIVER	9,500/-
2	A. Manasa	F	30	10 th class	HOUSEWIFE	-
3	A. Pratha	M	10	5 th class	-	-

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: (iii) Religion:

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: 0 Acres

(vi) Livestock resources: Cows 0 Oxen 0 Buffaloes 0 Sheep/Goats 0

- (vii) Do you have own toilet? Yes/No
- (viii) Type Cooking fuel used: LPG/ Kerosene/ Wood/ others specify _____
- (ix) Do you have white Ration Card? Yes/No
- (x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle _____

4. Health Details:

- (i) Ailments in family: NO
- (ii) Treatment in which Hospital: Govt/Private _____
- (iii) Any PWD Persons in family: Yes/No

S.No.	Name of the Person	Gender	Age	Nature of Disability
1	[Handwritten Name]	[Handwritten Gender]	[Handwritten Age]	[Handwritten Disability]
2	[Handwritten Name]	[Handwritten Gender]	[Handwritten Age]	[Handwritten Disability]

- (iv) Do you have Govt. Arogya Sri Card: Yes/No

5. Other Details:

- (i) Do You have TV: Yes/No
- (ii) Do you have Mobile: Yes
- (iii) Mobile Number: 9342 62 54 23
- (iv) Do you have Computer/Laptop: Yes/No
- (v) Is internet available at home: Yes/No

6. Any specific problems identified in the village/ Ward:

- (i) no municipality water
- (ii) low maintenance of drainage system
- (iii) _____

Place: Pattani Vatala

Date: 13-5-2023

T. KATHIK
Signature of the Student

D. Ray
Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : T. Karthik
Group : BSC - B2C
Registration Number : 2222001049085
Area of the Survey conducted: Pattanivalala

House No.	40/5	Habitat /Ward	Pattanivalala	Panchayat /Municipality	Pattanivalala
Post office	Pattanivalala	Mandal	Sriakulam	District	Sriakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1	D. Siva	M	25	10th	Driver	2000/-
2	D. Mani	F	20	-	-	-

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: (iii) Religion:

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: Acres

(vi) Livestock resources: Cows Oxen Buffaloes Sheep/Goats

(vii) Do you have own toilet? Yes/No

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____

(ix) Do you have white Ration Card? Yes/No

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle

4. Health Details:

(i) Ailments in family:

(ii) Treatment in which Hospital: Govt/Private

(iii) Any PWD Persons in family: Yes/No

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No

5. Other Details:

(i) Do You have TV: Yes/No

(ii) Do you have Mobile: Yes

(iii) Mobile Number: 9010984801

(iv) Do you have Computer/Laptop: Yes/No

(v) Is internet available at home: Yes/No

6. Any specific problems identified in the village/ Ward:

(i) No Noni Purity water

(ii) low maintenance of drainage system

(iii)

Place: Patnem, Udaipur

Date: 13-5-2023

T. Kashmik

Signature of the Student

D. Raley

Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : T. Karthik

Group : BSc - B2C

Registration Number : 2222001049085

Area of the Survey conducted: Patturivalasa

House No.	4015	Habitat /Ward	Patturivalasa	Panchayat /Municipality	Patturivalasa
Post office	Patturivalasa	Mandal	Sriakulam	District	Sriakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1	M. Uday	M	35	-	labour	2000/-
2	M. Nandini	F	30	-	housewife	-
3	M. Priya	F	10	Std 10		

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: (iii) Religion:

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: 0 Acres

(vi) Livestock resources: Cows 0 Oxen 0 Buffaloes 0 Sheep/Goats 0

- (vii) Do you have own toilet? Yes/No ✓
- (viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____ ✓
- (ix) Do you have white Ration Card? Yes/No ✓
- (x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle ✓

4. Health Details:

- (i) Allments in family: NO
- (ii) Treatment in which Hospital: Govt/Private ✓
- (iii) Any PWD Persons in family: Yes/No ✓

S.No.	Name of the Person	Gender	Age	Nature of Disability

- (iv) Do you have Govt. Arogya Sri Card: Yes/No

5. Other Details:

- (i) Do You have TV: Yes/No ✓
- (ii) Do you have Mobile: Yes ✓
- (iii) Mobile Number: 9342609045
- (iv) Do you have Computer/Laptop: Yes/No ✓
- (v) Is internet available at home: Yes/No ✓

6. Any specific problems identified in the village/ Ward:

- (i) NO MOVING PAILLY WATER
- (ii) LOW MAINTAINANCE OF DRAINAGE SYSTEM
- (iii)

Place: Patsoni, Lalaha

Date: 13-5-2023

T. Kashik
Signature of the Student

D. Ray
Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : T. Karthik

Group : BSc-B2C

Registration Number : 2222001019085

Area of the Survey conducted: Pattani Vadaia

House No.:	35/3	Habitat /Ward	Pattani Vadaia	Panchayat /Municipality	Pattani Vadaia
Post office	Pattani Vadaia	Mandal	Srikakulam	District	Srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1	E. hari	M	25	Inter	shop owner	2500/-
2	E. Mani	F	20	-	-	-

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: (iii) Religion:

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: 0 Acres

(vi) Livestock resources: Cows 0 Oxen 0 Buffaloes 0 Sheep/Goats 0

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/Wood/ others specify _____

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle ✓

4. Health Details:

(i) Ailments in family: NO

(ii) Treatment in which Hospital: Govt/Private

(iii) Any PWD Persons in family: Yes/No ✓

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No

5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes ✓

(iii) Mobile Number: 9010426254

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is internet available at home: Yes/No ✓

6. Any specific problems identified in the village/ Ward:

(i) no Mouda Pality water

(ii) low maintenance of drainage system

(iii)

Place: Pattani, Vadasa

Date: 14-5-2023

T. Kattirik

Signature of the Student

D. Ravi

Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM
COMMUNITY SERVICE PROJECT
SOCIO - ECONOMIC SURVEY

Name of the Student : T. Kathik
Group : Bsc-B2c
Registration Number : 222200049085
Area of the Survey conducted: Pattoni Valara

House No.	25/3	Habitat /Ward	Pattonivalara	Panchayat /Municipality	Pattonivalara
Post office	Pattonivalara	Mandal	Srikakulam	District	Srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1	T. CRANATHAM	M	25	Degree	Milk Provider	9000/-
2	T. RAJEEESH	F	25	INTER	-	-
3	T. TEJA	F	5	-	-	-

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: (iii) Religion:

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: Acres

(vi) Livestock resources: Cows Oxen Buffaloes Sheep/Goats

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____ ✓

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle ✓

4. Health Details:

(i) Ailments in family: NO

(ii) Treatment in which Hospital: Govt/Private

(iii) Any PWD Persons in family: Yes/No ✓

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No

5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes ✓

(iii) Mobile Number: 99 6344 3256

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is internet available at home: Yes/No ✓

6. Any specific problems identified in the village/ Ward:

(i) no Municipality water

(ii) low maintenance of drainage system.

(iii)

Place: Pattinikalasa

Date: 14-5-2023

T. KADWIC
Signature of the Student

D. Ravi
Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : T. Kasthika

Group : BC-B2C

Registration Number : 2222001019085

Area of the Survey conducted: Pattani Valasa

House No.	<u>30/2</u>	Habitat /Ward	<u>Pattani Valasa</u>	Panchayat /Municipality	<u>Pattani Valasa</u>
Post office	<u>Sriakulam</u>	Mandal	<u>Sriakulam</u>	District	<u>Sriakulam</u>

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
<u>1</u>	<u>Ch. Padma</u>	<u>M</u>	<u>85</u>	<u>10th pass</u>	<u>Sho Panner</u>	<u>2500/-</u>
<u>2</u>	<u>Ch. Devi</u>	<u>F</u>	<u>30</u>	<u>-</u>	<u>housewife</u>	<u>-</u>
<u>3</u>	<u>Ch. Padma</u>	<u>F</u>	<u>10</u>	<u>5th pass</u>		<u>-</u>

2. Social Status details:

(i) Community: SC/ST/BC-A-B-C-D/OC (ii) Sub-Caste: (iii) Religion:

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: 0 Acres

(vi) Livestock resources: Cows 0 Oxen 0 Buffaloes 0 Sheep/Goats 0

- (vii) Do you have own toilet? Yes/No ✓
- (viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____
- (ix) Do you have white Ration Card? Yes/No ✓
- (x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle ✓

4. Health Details:

- (i) Ailments in family: NO
- (ii) Treatment in which Hospital: Govt/Private ✓
- (iii) Any PWD Persons in family: Yes/No ✓

S.No.	Name of the Person	Gender	Age	Nature of Disability

- (iv) Do you have Govt. Arogya Sri Card: Yes/No

5. Other Details:

- (i) Do You have TV: Yes/No ✓
- (ii) Do you have Mobile: Yes ✓
- (iii) Mobile Number: 9703425432
- (iv) Do you have Computer/Laptop: Yes/No ✓
- (v) Is internet available at home: Yes/No ✓

6. Any specific problems identified in the village/ Ward:

- (i) NO Municipality water
- (ii) low maintenance of drainage system
- (iii)

Place: Pattanam, Valsala

Date: 15-5-2023

T. Kothuik
Signature of the Student

D. Rully
Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : T. Karthik

Group : BSC-B2C

Registration Number : 2222001049085

Area of the Survey conducted: Pattuni Valasa

House No.	35/2	Habitat /Ward	Pattuni Valasa	Panchayat /Municipality	Pattuni Valasa
Post office	Pattuni Valasa	Mandal	Srikakulam	District	Srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1	D. Srinivasi	MS	14	Inter	Company sales	9000/-
2	D. Devi	FE		-	housewife	-

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: (iii) Religion:

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: 0 Acres

(vi) Livestock resources: Cows 0 Oxen 0 Buffaloes 0 Sheep/Goats 0

- (vii) Do you have own toilet? Yes/No ✓
- (viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____
- (ix) Do you have white Ration Card? Yes/No ✓
- (x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle ✓

4. Health Details:

- (i) Ailments in family: NO
- (ii) Treatment in which Hospital: Govt/Private ✓
- (iii) Any PWD Persons in family: Yes/No ✓

S.No.	Name of the Person	Gender	Age	Nature of Disability

- (iv) Do you have Govt. Arogya Sri Card: Yes/No ✓

5. Other Details:

- (i) Do You have TV: Yes/No ✓
- (ii) Do you have Mobile: Yes ✓
- (iii) Mobile Number: 9876516344
- (iv) Do you have Computer/Laptop: Yes/No ✓
- (v) Is internet available at home: Yes/No ✓

6. Any specific problems identified in the village/ Ward:

- (i) no Municipality water
- (ii) low maintenance of drainage system
- (iii)

Place: Pattani Valasa

Date: 15-05-2023

T. Kothale
Signature of the Student

D. Ravi
Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : T. Kadhik

Group : BSc-B2C

Registration Number : 2222001049085

Area of the Survey conducted: Pattuni Vatala

House No.	30/1	Habitat /Ward	Pattuni Vatala	Panchayat /Municipality	Pattuni Vatala
Post office	Pattuni Vatala	Mandal	Sriakulam	District	Sriakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1	E. APPARAJAN	M	30	Inter	company worker	9000/-
2	E. RAJESWARI	F	25	10 th class	house wife	=

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: (iii) Religion:

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: Acres

(vi) Livestock resources: Cows Oxen Buffaloes Sheep/Goats

- (vii) Do you have own toilet? Yes/No
- (viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____
- (ix) Do you have white Ration Card? Yes/No
- (x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle

4. Health Details:

- (i) Ailments in family: no
- (ii) Treatment in which Hospital: Govt/Private _____
- (iii) Any PWD Persons in family: Yes/No

S.No.	Name of the Person	Gender	Age	Nature of Disability
1	[Handwritten Name]	[Handwritten Gender]	[Handwritten Age]	[Handwritten Disability]
2	[Handwritten Name]	[Handwritten Gender]	[Handwritten Age]	[Handwritten Disability]

- (iv) Do you have Govt. Arogya Sri Card: Yes/No _____

5. Other Details:

- (i) Do You have TV: Yes/No
- (ii) Do you have Mobile: Yes
- (iii) Mobile Number: 9010425432
- (iv) Do you have Computer/Laptop: Yes/No
- (v) Is internet available at home: Yes/No

6. Any specific problems identified in the village/ Ward:

- (i) no more; Rainy water
- (ii) low maintenance of drainage system.
- (iii) _____

Place: Rathur, Uthara

Date: 16-5-2023

T. Kothika
Signature of the Student

D. Ravi
Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : T. Harshitha

Group : BSc-B2C

Registration Number : 2222001049085

Area of the Survey conducted: Pattani Valasa

House No.	4/27	Habitat /Ward	Pattani Valasa	Panchayat /Municipality	Pattani Valasa
Post office	Pattani Valasa	Mandal	Sriakulam	District	Sriakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1	A. Ravi	M	28	8 th class	labour	17000/-
2	A. Jayanthi	F	25	5 th class	-	-
3	A. Ramiya	F	4	-	-	-

2. Social Status details:

(i) Community: SC/ST/BC-A-B-C-D/OC (ii) Sub-Caste: (iii) Religion:

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: Acres

(vi) Livestock resources: Cows Oxen Buffaloes Sheep/Goats

- (vii) Do you have own toilet? Yes/No ✓
- (viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____ ✓
- (ix) Do you have white Ration Card? Yes/No ✓
- (x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle ✓

4. Health Details:

- (i) Ailments in family: NO
- (ii) Treatment in which Hospital: Govt/Private
- (iii) Any PWD Persons in family: Yes/No ✓

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No

5. Other Details:

- (i) Do You have TV: Yes/No ✓
- (ii) Do you have Mobile: Yes ✓
- (iii) Mobile Number: 9876513246
- (iv) Do you have Computer/Laptop: Yes/No ✓
- (v) Is internet available at home: Yes/No ✓

6. Any specific problems identified in the village/ Ward:

- (i) NO MUNICIPALITY WATER
- (ii) LOW MAINTAINANCE OF DRAINAGE SYSTEM
- (iii)

Place: Patsoni Vardola

Date: 16-5-2023

T. Karthik
Signature of the Student

D. Ray
Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : T. Karthik
Group : BSC-B2C
Registration Number : 2222001049085
Area of the Survey conducted: Pattunivalasa

House No.7	4/29	Habitat /Ward	Pattunivalasa	Panchayat /Municipality	Pattunivalasa
Post office	Pattunivalasa	Mandal	Sriakulam	District	Sriakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1	E. Durba Rao	M	30	-	labour	1500/-
2	E. Leela	F	25	-	-	-
3	E. Teju	F	5	-	-	-

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: (iii) Religion:

3. Economic Status details:

- (i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow
(ii) House status (Own/ Rented):
(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection
(iv) Availability of Agricultural land: Yes/ No
(v) Extent of Agricultural land: 0 Acres
(vi) Livestock resources: Cows 0 Oxen 0 Buffaloes 0 Sheep/Goats 0

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____ ✓

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle ✓

4. Health Details:

(i) Ailments in family: No

(ii) Treatment in which Hospital: Govt/Private

(iii) Any PWD Persons in family: Yes/No ✓

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No ✓

5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes ✓

(iii) Mobile Number: 9348625432

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is internet available at home: Yes/No ✓

6. Any specific problems identified in the village/ Ward:

(i) no muni, pality water

(ii) low maintenance of drainage system

(iii)

Place: Patbuni, Udaipur

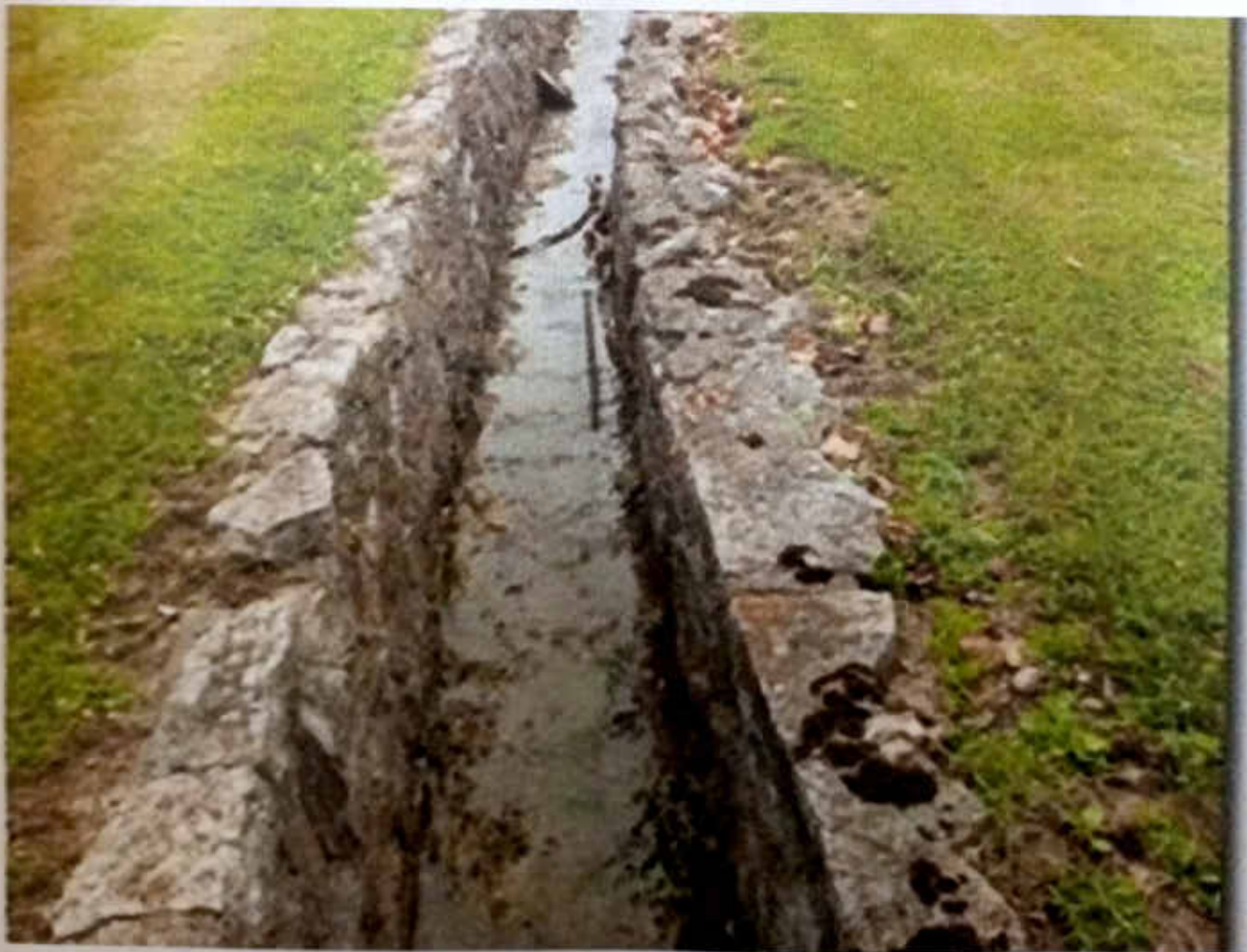
Date: 16-5-2023

T. Kasthik
Signature of the Student

D-Ray
Signature of the Mentor









AWARENESS REPORT

Drainage problem:

This is the most common problem existing in every area.

This is caused due to **improper maintenance of drainage system.**

During the time of **monsoon**, this drainage water gets mixed with rain water and remains as standing water on roads for many days.

This standing water consists of some **hazardous bacteria** such as **E.coli, Salmonella, Streptococcus, Mycobacteria** etc., which leads to cause many diseases.

I informed this problem to our Community President to have a look on this issue.

I even spoke to my community people about the causes and preventions of this issue and made them aware as much as I can



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : T. KARTHIC
Group : B.Sc - B2 C
Name of the mentor : D. RAJIN DRA
Name of the project : FOOD HABITS

House No	Name of the person	Village / Ward	Mandal	District
1/9	T. Gnantham	Pattunivalala	Srikakulam	Srikakulam

1. How many times a day do you eat?

3 times

2. Please answer the following according to your particular eating habits?

- I eat a good breakfast ✓
- I experienced feeling of hunger during the day
- I eat meat.
- I eat vegetables.
- I eat fruits.
- I eat dairy products
- I eat sweets.

3. What meal would you consider to be your main meal of the day?

- Breakfast ✓
- lunch
- dinner
- others

4. What does your main meal consist of and how it is prepared?

- Freshly prepared ✓
- restaurant meal.
- precooked microwave.
- other

5. Have you been avoiding some foods for health reasons? Yes / No

6. Do you have any particular food allergies?

NO

7. What is your daily food intake frequency of the following food categories?

Sweet foods:

Several times a day once a day several times a week

less often never

Fresh vegetables & Fruits:

Several times a day once a day several times a week

less often never

8. What percentage of your regular diet consists of meat products?
 90% 75% 50% 25% less than 25%
9. How much of your diet consists of vegetables and non-animal products?
 90% 75% 50% 25% less than 25%
10. Do you or have you ever has cholesterol problems?
 NO
11. Do you know your current body mass index?
 55 kg
12. Have your ever been on a diet, if so, what kind?
 NO
13. Mention the food items from the healthiest to the unhealthiest from your point of views?
14. How much do you think a healthy diet affects?

- | | | |
|-------------------|------------------|--|
| Restful sleep | | |
| a. No impact. | B. little impact | <input checked="" type="checkbox"/> c. big impact. D. none |
| Health | | |
| a. No impact. | B. little impact | <input checked="" type="checkbox"/> c. big impact. D. none |
| Weight. | | |
| a. No impact. | B. little impact | <input checked="" type="checkbox"/> c. big impact. D. none |
| Mental condition. | | |
| A. No impact. | B. little impact | <input checked="" type="checkbox"/> c. big impact. D. none |

T. Kothik
 Signature of the Student

D. Ray
 Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : T. Karthik
Group : BSc-B2C
Name of the mentor : D. RAVINDRA
Name of the project : FOOD HABITS

House No	Name of the person	Village / Ward	Mandal	District
2/7	E. Siddu	Pattunivalasa	Srikakulam	Srikakulam

- How many times a day do you eat?
3 times
- Please answer the following according to your particular eating habits?
 - I eat a good breakfast
 - I experienced feeling of hunger during the day
 - I eat meat.
 - I eat vegetables.
 - I eat fruits.
 - I eat dairy products
 - I eat sweets.
- What meal would you consider to be your main meal of the day?
 - Breakfast
 - lunch
 - dinner
 - others
- What does your main meal consist of and how it is prepared?
 - Freshly prepared
 - restaurant meal.
 - precooked microwave.
 - other
- Have you been avoiding some foods for health reasons? Yes / No
- Do you have any particular food allergies?
NO
- What is your daily food intake frequency of the following food categories?

Sweet foods:

Several times a day once a day several times a week

less often never

Fresh vegetables & Fruits:

Several times a day once a day several times a week

less often never

8. What percentage of your regular diet consists of meat products?
90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?
90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems?
NO

11. Do you know your current body mass index?
52 kg

12. Have your ever been on a diet, if so, what kind?
NO

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

14. How much do you think a healthy diet affects?

Restful sleep
a. No impact. B. little impact c. big impact. D. none

Health
a. No impact. B. little impact c. big impact. D. none

Weight.
a. No impact. B. little impact c. big impact. D. none

Mental condition.
A. No impact. B. little impact c. big impact. D. none

T. Karthik
Signature of the Student

D. Ray
Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : T. KADHIK
Group : BSc - B2C
Name of the mentor : D. RAJINDRA
Name of the project : FOOD HABITS

House No	Name of the person	Village / Ward	Mandal	District
2/9	E. Srinu	Pattuni Vatala	SRIKAKULAM	SRIKAKULAM

- How many times a day do you eat?
3 times
- Please answer the following according to your particular eating habits?
 - I eat a good breakfast ✓
 - I experienced feeling of hunger during the day
 - I eat meat.
 - I eat vegetables.
 - I eat fruits.
 - I eat dairy products
 - I eat sweets.
- What meal would you consider to be your main meal of the day?
 - Breakfast ✓
 - lunch
 - dinner
 - others
- What does your main meal consist of and how it is prepared?
 - Freshly prepared. ✓
 - restaurant meal.
 - precooked microwave.
 - other
- Have you been avoiding some foods for health reasons? Yes / No
- Do you have any particular food allergies?
NO
- What is your daily food intake frequency of the following food categories?

Sweet foods:

Several times a day once a day several times a week

less often never

Fresh vegetables & Fruits:

Several times a day once a day several times a week

less often never

8. What percentage of your regular diet consists of meat products?
 90% 75% 50% 25% less than 25%
9. How much of your diet consists of vegetables and non-animal products?
 90% 75% 50% 25% less than 25%
10. Do you or have you ever has cholesterol problems?
 NO
11. Do you know your current body mass index?
 65 kg
12. Have your ever been on a diet, if so, what kind?
 NO
13. Mention the food items from the healthiest to the unhealthiest from your point of views?
14. How much do you think a healthy diet affects?

Restful sleep
 a. No impact. B. little impact c. big impact. D. none

Health
 a. No impact. B. little impact c. big impact. D. none

Weight.
 a. No impact. B. little impact c. big impact. D. none

Mental condition.
 A. No impact. B. little impact c. big impact. D. none

T. Karthik
 Signature of the Student

D. Ravi
 Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : T. Karthik
Group : BSc - B2C
Name of the mentor : D. RAJIVDAA
Name of the project : FOOD HABITS

Case No	Name of the person	Village / Ward	Mandal	District
8	E. Sai	Pattunivakur	Srikakulam	Srikakulam

- How many times a day do you eat?
- Please answer the following according to your particular eating habits?
 - I eat a good breakfast
 - I experienced feeling of hunger during the day
 - I eat meat.
 - I eat vegetables.
 - I eat fruits.
 - I eat dairy products
 - I eat sweets.
- What meal would you consider to be your main meal of the day?
 - Breakfast
 - lunch
 - dinner
 - others
- What does your main meal consist of and how it is prepared?
 - Freshly prepared.
 - restaurant meal.
 - precooked microwave.
 - other
- Have you been avoiding some foods for health reasons? Yes/No No
- Do you have any particular food allergies?
NO

7. What is your daily food intake frequency of the following food categories?

Sweet foods:

Several times a day once a day several times a week
less often never

Fresh vegetables & Fruits:

Several times a day once a day several times a week
less often never

8. What percentage of your regular diet consists of meat products?
90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?
90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems?
NO

11. Do you know your current body mass index?

47 kg

12. Have your ever been on a diet, if so, what kind?

NO

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact.

B. little impact

c. big impact. D. none

Health

a. No impact.

B. little impact

c. big impact. D. none

Weight.

a. No impact.

B. little impact

c. big impact. D. none

Mental condition.

A. No impact.

B. little impact

c. big impact. D. none

T. Karthik

Signature of the Student

D. Ray

Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : T. Kadthik
Group : BSc - B2C
Name of the mentor : D. RAUINDRA
Name of the project : FOOD HABITS

House No	Name of the person	Village / Ward	Mandal	District
2/10	E. Kiran	Rathunivakula	Srikakulam	Srikakulam

1. How many times a day do you eat?

3 times

2. Please answer the following according to your particular eating habits?

- I eat a good breakfast
- I experienced feeling of hunger during the day
- I eat meat.
- I eat vegetables.
- I eat fruits.
- I eat dairy products
- I eat sweets.

3. What meal would you consider to be your main meal of the day?

- Breakfast
- lunch
- dinner
- others

4. What does your main meal consist of and how it is prepared?

- Freshly prepared.
- restaurant meal.
- precooked microwave.
- other

5. Have you been avoiding some foods for health reasons? Yes / No

6. Do you have any particular food allergies?

no

7. What is your daily food intake frequency of the following food categories?

Sweet foods:

Several times a day once a day several times a week

less often never

Fresh vegetables & Fruits:

Several times a day once a day several times a week

less often never

8. What percentage of your regular diet consists of meat products?
 90% 75% 50% 25% less than 25%
9. How much of your diet consists of vegetables and non-animal products?
 90% 75% 50% 25% less than 25%
10. Do you or have you ever has cholesterol problems?
 NO
11. Do you know your current body mass index?
 SUGS
12. Have your ever been on a diet, if so, what kind?
 NO
13. Mention the food items from the healthiest to the unhealthiest from your point of views?
14. How much do you think a healthy diet affects?

Restful sleep

a. No impact. B. little impact c. big impact. D. none

Health

a. No impact. B. little impact c. big impact. D. none

Weight.

a. No impact. B. little impact c. big impact. D. none

Mental condition.

A. No impact. B. little impact c. big impact. D. none

T. Karthik
 Signature of the Student

D. Ray
 Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : T. KARTHICK
Group : BSc - B2C
Name of the mentor : D. RAVINDRA
Name of the project : FOOD HABITS

House No	Name of the person	Village / Ward	Mandal	District
1/2	K. BHARGAV	PATRUNI VALLEY	SRIKAKULAM	SRIKAKULAM

- How many times a day do you eat?
3 times
- Please answer the following according to your particular eating habits?
 - I eat a good breakfast ✓
 - I experienced feeling of hunger during the day
 - I eat meat.
 - I eat vegetables.
 - I eat fruits.
 - I eat dairy products
 - I eat sweets.
- What meal would you consider to be your main meal of the day?
 - Breakfast ✓
 - lunch
 - dinner
 - others
- What does your main meal consist of and how it is prepared?
 - Freshly prepared ✓
 - restaurant meal.
 - precooked microwave.
 - other
- Have you been avoiding some foods for health reasons? Yes/No ✓
- Do you have any particular food allergies?
NO
- What is your daily food intake frequency of the following food categories?

Sweet foods:

Several times a day once a day several times a week

less often never

Fresh vegetables & Fruits:

Several times a day once a day several times a week

less often never

8. What percentage of your regular diet consists of meat products?
90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?
90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems?
NO

11. Do you know your current body mass index?
62 kg

12. Have you ever been on a diet, if so, what kind?
NO

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact. B. little impact c. big impact. D. none

Health

a. No impact. B. little impact c. big impact. D. none

Weight.

a. No impact. B. little impact c. big impact. D. none

Mental condition.

A. No impact. B. little impact c. big impact. D. none

T. KATHIK
Signature of the Student

D. Ravi
Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : T. KADHIK
Group : BSC-B2C
Name of the mentor : D. RAJINDRA
Name of the project : FOOD HABITS

House No	Name of the person	Village / Ward	Mandal	District
1/3	T. MURALI	PATTUNIVALASA	SRIKAKULAM	SRIKAKULAM

- How many times a day do you eat?
3 times
- Please answer the following according to your particular eating habits?
 - I eat a good breakfast
 - I experienced feeling of hunger during the day
 - I eat meat.
 - I eat vegetables.
 - I eat fruits.
 - I eat dairy products
 - I eat sweets.
- What meal would you consider to be your main meal of the day?
 - Breakfast
 - lunch
 - dinner
 - others
- What does your main meal consist of and how it is prepared?
 - Freshly prepared.
 - restaurant meal.
 - precooked microwave.
 - other
- Have you been avoiding some foods for health reasons? Yes/No
- Do you have any particular food allergies?
No
- What is your daily food intake frequency of the following food categories?

Sweet foods:

Several times a day once a day several times a week

less often never

Fresh vegetables & Fruits:

Several times a day once a day several times a week

less often never

8. What percentage of your regular diet consists of meat products?
90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?
90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems?

NO

11. Do you know your current body mass index?

70 kg

12. Have your ever been on a diet, if so, what kind?

NO

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact. B. little impact c. big impact. D. none

Health

a. No impact. B. little impact c. big impact. D. none

Weight.

a. No impact. B. little impact c. big impact. D. none

Mental condition.

A. No impact. B. little impact c. big impact. D. none

T. Karthik
Signature of the Student

D. Ray
Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : T. Karthik
Group : BSc - B2c
Name of the mentor : D. RADHARA
Name of the project : FOOD HABITS

House No	Name of the person	Village / Ward	Mandal	District
1/5	T. Naxi	Pattunivalay	Srikakulam	Srikakulam

- How many times a day do you eat?
3 times
- Please answer the following according to your particular eating habits?
 - I eat a good breakfast
 - I experienced feeling of hunger during the day
 - I eat meat.
 - I eat vegetables.
 - I eat fruits.
 - I eat dairy products
 - I eat sweets.
- What meal would you consider to be your main meal of the day?
 - Breakfast
 - lunch
 - dinner
 - others
- What does your main meal consist of and how it is prepared?
 - Freshly prepared.
 - restaurant meal.
 - precooked microwave.
 - other
- Have you been avoiding some foods for health reasons? Yes/No No
- Do you have any particular food allergies?
No

- What is your daily food intake frequency of the following food categories?
Sweet foods:

Several times a day once a day several times a week
less often never

Fresh vegetables & Fruits:

Several times a day once a day several times a week
less often never

8. What percentage of your regular diet consists of meat products?
90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?
90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems?

NO

11. Do you know your current body mass index?

45.148

12. Have your ever been on a diet, if so, what kind?

NO

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact. B. little impact c. big impact. D. none

Health

a. No impact. B. little impact c. big impact. D. none

Weight.

a. No impact. B. little impact c. big impact. D. none

Mental condition.

A. No impact. B. little impact c. big impact. D. none

T. Karthik
Signature of the Student

D-Rally
Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : T. KARTHIK
Group : BSC - B2 C
Name of the mentor : D. RAJENDRA
Name of the project : FOOD HABITS

House No	Name of the person	Village / Ward	Mandal	District
1/8	K. Bharath	RATHNIVALLA	SRIKAKULAM	SRIKAKULAM

1. How many times a day do you eat?

3 times

2. Please answer the following according to your particular eating habits?

- I eat a good breakfast
- I experienced feeling of hunger during the day
- I eat meat.
- I eat vegetables.
- I eat fruits.
- I eat dairy products
- I eat sweets.

3. What meal would you consider to be your main meal of the day?

- Breakfast
- lunch
- dinner
- others

4. What does your main meal consist of and how it is prepared?

- Freshly prepared.
- restaurant meal.
- precooked microwave.
- other

5. Have you been avoiding some foods for health reasons? Yes / No

6. Do you have any particular food allergies?

NO

7. What is your daily food intake frequency of the following food categories?

Sweet foods:

- Several times a day once a day several times a week
less often never

Fresh vegetables & Fruits:

- Several times a day once a day several times a week
less often never

8. What percentage of your regular diet consists of meat products?
90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?

90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems?

no

11. Do you know your current body mass index?

68 kg

12. Have your ever been on a diet, if so, what kind?

no

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact.

B. little impact



c. big impact. D. none

Health

a. No impact.

B. little impact



c. big impact. D. none

Weight.

a. No impact.

B. little impact



c. big impact. D. none

Mental condition.

A. No impact.

B. little impact



c. big impact. D. none

Tikathnik

Signature of the Student

D-Rauy

Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : T. KARTHIC
Group : BSC-B2C
Name of the mentor : D. RAVINDRA
Name of the project : FOOD HABITS

House No	Name of the person	Village / Ward	Mandal	District
V9	T. Ramana	PattuniValahy	Srikakulam	Srikakulam

1. How many times a day do you eat?

3 times

2. Please answer the following according to your particular eating habits?

- a. I eat a good breakfast
- b. I experienced feeling of hunger during the day
- c. I eat meat.
- d. I eat vegetables.
- e. I eat fruits.
- f. I eat dairy products
- g. I eat sweets.

3. What meal would you consider to be your main meal of the day?

- a. Breakfast
- b. lunch
- c. dinner
- d. others

4. What does your main meal consist of and how it is prepared?

- a. Freshly prepared.
- B. restaurant meal.
- C. precooked microwave.
- D. other

5. Have you been avoiding some foods for health reasons? Yes / No

6. Do you have any particular food allergies?

NO

7. What is your daily food intake frequency of the following food categories?

Sweet foods:

- Several times a day
- once a day
- several times a week
- less often
- never

Fresh vegetables & Fruits:

- Several times a day
- once a day
- several times a week
- less often
- never

8. What percentage of your regular diet consists of meat products?
90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?

90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems?

NO

11. Do you know your current body mass index?

65 Kgs

12. Have your ever been on a diet, if so, what kind?

NO

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact.

B. little impact

c. big impact. D. none

Health

a. No impact.

B. little impact

c. big impact. D. none

Weight.

a. No impact.

B. little impact

c. big impact. D. none

Mental condition.

A. No impact.

B. little impact

c. big impact. D. none

T. Karthik

Signature of the Student

D. Ray

Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : T. Karthik
Group : BSc - B2C
Name of the mentor : D. RAVINDRA
Name of the project : FOOD HABITS

House No	Name of the person	Village / Ward	Mandal	District
2/5	T. Anji	Patrunivakula	Srikakulam	Srikakulam

1. How many times a day do you eat?

3 times

2. Please answer the following according to your particular eating habits?

- a. I eat a good breakfast
- b. I experienced feeling of hunger during the day
- c. I eat meat.
- d. I eat vegetables.
- e. I eat fruits.
- f. I eat dairy products
- g. I eat sweets.

3. What meal would you consider to be your main meal of the day?

- a. Breakfast
- b. lunch
- c. dinner
- d. others

4. What does your main meal consist of and how it is prepared?

- a. Freshly prepared.
- B. restaurant meal.
- C. precooked microwave.
- D. other

5. Have you been avoiding some foods for health reasons? Yes/No

NO

7. What is your daily food intake frequency of the following food categories?

Sweet foods:

- Several times a day
- once a day
- less often
- never
- several times a week

Fresh vegetables & Fruits:

- Several times a day
- once a day
- less often
- never
- several times a week

8. What percentage of your regular diet consists of meat products?
 90% 75% 50% 25% less than 25%
9. How much of your diet consists of vegetables and non-animal products?
 90% 75% 50% 25% less than 25%
10. Do you or have you ever has cholesterol problems?
 NO
11. Do you know your current body mass index?
 63 kg
12. Have your ever been on a diet, if so, what kind?
 NO
13. Mention the food items from the healthiest to the unhealthiest from your point of views?

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact.

B. little impact

c. big impact. D. none

Health

a. No impact.

B. little impact

c. big impact. D. none

Weight.

a. No impact.

B. little impact

c. big impact. D. none

Mental condition.

A. No impact.

B. little impact

c. big impact. D. none

T. Kabthila

Signature of the Student

D. Ray

Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : T. Karthik
Group : BSC - B2C
Name of the mentor : D. RAUINDRA
Name of the project : FOOD HABITS

House No	Name of the person	Village / Ward	Mandal	District
216	A- KIDAM	PATSUMIVAKA	SRIKAKULAM	SRIKAKULAM

- How many times a day do you eat?
3 times
- Please answer the following according to your particular eating habits?
 - I eat a good breakfast
 - I experienced feeling of hunger during the day
 - I eat meat.
 - I eat vegetables.
 - I eat fruits.
 - I eat dairy products
 - I eat sweets.
- What meal would you consider to be your main meal of the day?
 - Breakfast
 - lunch
 - dinner
 - others
- What does your main meal consist of and how it is prepared?
 - Freshly prepared
 - restaurant meal.
 - precooked microwave.
 - other
- Have you been avoiding some foods for health reasons? Yes/No
- Do you have any particular food allergies?
NO
- What is your daily food intake frequency of the following food categories?

Sweet foods:

Several times a day once a day several times a week
less often never

Fresh vegetables & Fruits:

Several times a day once a day several times a week
less often never

8. What percentage of your regular diet consists of meat products?
 90% 75% 50% 25% less than 25%
9. How much of your diet consists of vegetables and non-animal products?
 90% 75% 50% 25% less than 25%
10. Do you or have you ever has cholesterol problems?
 NO
11. Do you know your current body mass index?
 50 kg
12. Have your ever been on a diet, if so, what kind?
 NO
13. Mention the food items from the healthiest to the unhealthiest from your point of views?
14. How much do you think a healthy diet affects?
- | | | | |
|-------------------|------------------|--|---------|
| Restful sleep | | | |
| a. No impact. | B. little impact | <input checked="" type="checkbox"/> c. big impact. | D. none |
| Health | | | |
| a. No impact. | B. little impact | <input checked="" type="checkbox"/> c. big impact. | D. none |
| Weight. | | | |
| a. No impact. | B. little impact | <input checked="" type="checkbox"/> c. big impact. | D. none |
| Mental condition. | | | |
| A. No impact. | B. little impact | <input checked="" type="checkbox"/> c. big impact. | D. none |

T. Karthik
 Signature of the Student

D. Ravi
 Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : T. KATHIK
Group : BSC-B2C
Name of the mentor : D. RAVINDRA
Name of the project : FOOD HABITS

House No	Name of the person	Village / Ward	Mandal	District
2/10	T. Iackaya	Pattani Vada	Srikakulam	Srikakulam

- How many times a day do you eat?
3 times
- Please answer the following according to your particular eating habits?
 - I eat a good breakfast
 - I experienced feeling of hunger during the day
 - I eat meat.
 - I eat vegetables.
 - I eat fruits.
 - I eat dairy products
 - I eat sweets.
- What meal would you consider to be your main meal of the day?
 - Breakfast
 - lunch
 - dinner
 - others
- What does your main meal consist of and how it is prepared?
 - Freshly prepared.
 - restaurant meal.
 - precooked microwave.
 - other
- Have you been avoiding some foods for health reasons? Yes / No
- Do you have any particular food allergies?
NO

- What is your daily food intake frequency of the following food categories?

Sweet foods:

Several times a day once a day several times a week
less often never

Fresh vegetables & Fruits:

Several times a day once a day several times a week
less often never

8. What percentage of your regular diet consists of meat products:
90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?
90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems?

NO

11. Do you know your current body mass index?

48 kg

12. Have your ever been on a diet, if so, what kind?

NO

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact.

B. little impact

c. big impact. D. none

Health

a. No impact.

B. little impact

c. big impact. D. none

Weight.

a. No impact.

B. little impact

c. big impact. D. none

Mental condition.

A. No impact.

B. little impact

c. big impact. D. none

T. Karthik
Signature of the Student

D. Ray
Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : T. KARATHIL
Group : BSC - B2C
Name of the mentor : D. RAVINDRA
Name of the project : FOOD HABITS

House No	Name of the person	Village / Ward	Mandal	District
27	K. Sunil	Pattaniyalakki	Srikakulam	Srikakulam

1. How many times a day do you eat?

3 times

2. Please answer the following according to your particular eating habits?

- a. I eat a good breakfast ✓
- b. I experienced feeling of hunger during the day
- c. I eat meat.
- d. I eat vegetables.
- e. I eat fruits.
- f. I eat dairy products
- g. I eat sweets.

3. What meal would you consider to be your main meal of the day?

- a. Breakfast ✓
- b. lunch
- c. dinner
- d. others

4. What does your main meal consist of and how it is prepared?

- a. Freshly prepared. ✓
- B. restaurant meal.
- C. precooked microwave.
- D. other

5. Have you been avoiding some foods for health reasons? Yes / No ✓

6. Do you have any particular food allergies?

no

7. What is your daily food intake frequency of the following food categories?

Sweet foods:

Several times a day once a day several times a week

less often never

Fresh vegetables & Fruits:

Several times a day once a day several times a week

less often never

8. What percentage of your regular diet consists of meat products?
90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?
90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems?

NO

11. Do you know your current body mass index?

55 kg

12. Have your ever been on a diet, if so, what kind?

NO

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact.

B. little impact

c. big impact. D. none

Health

a. No impact.

B. little impact

c. big impact. D. none

Weight.

a. No impact.

B. little impact

c. big impact. D. none

Mental condition.

A. No impact.

B. little impact

c. big impact. D. none

T. Kadthik
Signature of the Student

D. Rany
Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : T. Karthik
Group : BSc-B2C
Name of the mentor : D. Ravindra
Name of the project : FOOD HABITS

House No	Name of the person	Village / Ward	Mandal	District
216	P. Simu	Pattani Ukalu	Srikakulam	Srikakulam

- How many times a day do you eat?
3 times
- Please answer the following according to your particular eating habits?
 - I eat a good breakfast
 - I experienced feeling of hunger during the day
 - I eat meat.
 - I eat vegetables.
 - I eat fruits.
 - I eat dairy products
 - I eat sweets.
- What meal would you consider to be your main meal of the day?
 - Breakfast
 - lunch
 - dinner
 - others
- What does your main meal consist of and how it is prepared?
 - Freshly prepared
 - restaurant meal.
 - precooked microwave.
 - other
- Have you been avoiding some foods for health reasons? Yes/No
- Do you have any particular food allergies?
No

- What is your daily food intake frequency of the following food categories?
Sweet foods:

Several times a day once a day several times a week
less often never

Fresh vegetables & Fruits:

Several times a day once a day several times a week
less often never

8. What percentage of your regular diet consists of meat products?
90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?

90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems?

NO

11. Do you know your current body mass index?

58 kg

12. Have your ever been on a diet, if so, what kind?

NO

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact. B. little impact c. big impact. D. none

Health

a. No impact. B. little impact c. big impact. D. none

Weight.

a. No impact. B. little impact c. big impact. D. none

Mental condition.

A. No impact. B. little impact c. big impact. D. none

T. Karthik
Signature of the Student

D. Roy
Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : T. Kasthik
Group : BSc-B2C
Name of the mentor : D. Ravindran
Name of the project : FOOD HABITS

House No	Name of the person	Village / Ward	Mandal	District
3/2	A. Somen	Patavintilaka	Srikakulam	Srikakulam

- How many times a day do you eat?
3 times
- Please answer the following according to your particular eating habits?
 - I eat a good breakfast
 - I experienced feeling of hunger during the day
 - I eat meat.
 - I eat vegetables.
 - I eat fruits.
 - I eat dairy products
 - I eat sweets.
- What meal would you consider to be your main meal of the day?
 - Breakfast
 - lunch
 - dinner
 - others
- What does your main meal consist of and how it is prepared?
 - Freshly prepared
 - restaurant meal.
 - precooked microwave.
 - other
- Have you been avoiding some foods for health reasons? Yes / No No
- Do you have any particular food allergies?
 No
- What is your daily food intake frequency of the following food categories?

Sweet foods:

Several times a day once a day several times a week

less often never

Fresh vegetables & Fruits:

Several times a day once a day several times a week

less often never

8. What percentage of your regular diet consists of meat products?
90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?

90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems?

NO

11. Do you know your current body mass index?

75 kg

12. Have your ever been on a diet, if so, what kind?

NO

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact.

B. little impact

c. big impact. D. none

Health

a. No impact.

B. little impact

c. big impact. D. none

Weight.

a. No impact.

B. little impact

c. big impact. D. none

Mental condition.

A. No impact.

B. little impact

c. big impact. D. none

T. Karthik
Signature of the Student

D. Ray
Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : T. Kasthik
Group : BSc - B2C
Name of the mentor : D. Ravindra
Name of the project : Food habits

House No	Name of the person	Village / Ward	Mandal	District
3/a	A. Radhu	Pattanikota	Srikakulam	Srikakulam

- How many times a day do you eat?
3 times
- Please answer the following according to your particular eating habits?
 - I eat a good breakfast
 - I experienced feeling of hunger during the day
 - I eat meat.
 - I eat vegetables.
 - I eat fruits.
 - I eat dairy products
 - I eat sweets.
- What meal would you consider to be your main meal of the day?
 - Breakfast
 - lunch
 - dinner
 - others
- What does your main meal consist of and how it is prepared?
 - Freshly prepared.
 - restaurant meal.
 - precooked microwave.
 - other
- Have you been avoiding some foods for health reasons? Yes/No No
- Do you have any particular food allergies?
No
- What is your daily food intake frequency of the following food categories?

Sweet foods:

Several times a day once a day several times a week

less often never

Fresh vegetables & Fruits:

Several times a day once a day several times a week

less often never

8. What percentage of your regular diet consists of meat products?
90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?

90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems?

NO

11. Do you know your current body mass index?

60 kg

12. Have your ever been on a diet, if so, what kind?

NO

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact. B. little impact c. big impact. D. none

Health

a. No impact. B. little impact c. big impact. D. none

Weight.

a. No impact. B. little impact c. big impact. D. none

Mental condition.

A. No impact. B. little impact c. big impact. D. none

T. Kadthik
Signature of the Student

D. Ravi
Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
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PROJECT: FOOD HABITS



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Name of the mentor : D. Ravindra
Name of the project : FOOD HABITS

House No	Name of the person	Village / Ward	Mandal	District
3/10	B. Ganesh	Pattanamalaya	Srikakulam	Srikakulam

- How many times a day do you eat?
- Please answer the following according to your particular eating habits?
 - I eat a good breakfast ✓
 - I experienced feeling of hunger during the day
 - I eat meat.
 - I eat vegetables.
 - I eat fruits.
 - I eat dairy products
 - I eat sweets.
- What meal would you consider to be your main meal of the day?
 - Breakfast ✓
 - lunch
 - dinner
 - others
- What does your main meal consist of and how it is prepared?
 - Freshly prepared ✓
 - restaurant meal.
 - precooked microwave.
 - other
- Have you been avoiding some foods for health reasons? Yes / No ✓
- Do you have any particular food allergies?
NO

- What is your daily food intake frequency of the following food categories?

Sweet foods:

Several times a day once a day several times a week
less often never

Fresh vegetables & Fruits:

Several times a day once a day several times a week
less often never

8. What percentage of your regular diet consists of meat products?
90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?
90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems?
NO

11. Do you know your current body mass index?
60 kg

12. Have your ever been on a diet, if so, what kind?
NO

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

14. How much do you think a healthy diet affects?
- | | | |
|-------------------|------------------|---|
| Restful sleep | | |
| a. No impact. | B. little impact | c. big impact. D. none <input checked="" type="radio"/> |
| Health | | |
| a. No impact. | B. little impact | c. big impact. D. none <input checked="" type="radio"/> |
| Weight. | | |
| a. No impact. | B. little impact | c. big impact. D. none <input checked="" type="radio"/> |
| Mental condition. | | |
| A. No impact. | B. little impact | c. big impact. D. none <input checked="" type="radio"/> |

T. Karthik
Signature of the Student

D. Ray
Signature of the Mentor



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Name of the student : T. Karthik
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Name of the mentor : D. Ravindra
Name of the project : Food habits

House No	Name of the person	Village / Ward	Mandal	District
3/9	K. Chandhu	Pattunivala	Srikakulam	Srikakulam

- How many times a day do you eat?
3 times
- Please answer the following according to your particular eating habits?
 - I eat a good breakfast
 - I experienced feeling of hunger during the day
 - I eat meat.
 - I eat vegetables.
 - I eat fruits.
 - I eat dairy products
 - I eat sweets.
- What meal would you consider to be your main meal of the day?
 - Breakfast
 - lunch
 - dinner
 - others
- What does your main meal consist of and how it is prepared?
 - Freshly prepared.
 - restaurant meal.
 - precooked microwave.
 - other
- Have you been avoiding some foods for health reasons? Yes / No
- Do you have any particular food allergies?
no

- What is your daily food intake frequency of the following food categories?
Sweet foods:

Several times a day once a day several times a week
less often never

Fresh vegetables & Fruits:

Several times a day once a day several times a week
less often never

8. What percentage of your regular diet consists of meat products?
90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?

90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems?

NO

11. Do you know your current body mass index?

45 kg

12. Have your ever been on a diet, if so, what kind?

NO

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact. B. little impact c. big impact. D. none

Health

a. No impact. B. little impact c. big impact. D. none

Weight.

a. No impact. B. little impact c. big impact. D. none

Mental condition.

A. No impact. B. little impact c. big impact. D. none

T. Karthik
Signature of the Student

D. Ray
Signature of the Mentor



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Name of the student : T. Karthik
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Name of the mentor : D. Ravindra
Name of the project : Food habits

House No	Name of the person	Village / Ward	Mandal	District
4/3	B. Sai	Pattani Valasa	Sri Kakulam	Sri Kakulam

- How many times a day do you eat?
3 times
- Please answer the following according to your particular eating habits?
 - I eat a good breakfast
 - I experienced feeling of hunger during the day
 - I eat meat.
 - I eat vegetables.
 - I eat fruits.
 - I eat dairy products
 - I eat sweets.
- What meal would you consider to be your main meal of the day?
 - Breakfast
 - lunch
 - dinner
 - others
- What does your main meal consist of and how it is prepared?
 - Freshly prepared
 - restaurant meal.
 - precooked microwave.
 - other
- Have you been avoiding some foods for health reasons? Yes / No No
- Do you have any particular food allergies?
No
- What is your daily food intake frequency of the following food categories?

Sweet foods:

Several times a day once a day several times a week

less often never

Fresh vegetables & Fruits:

Several times a day once a day several times a week

less often never

8. What percentage of your regular diet consists of meat products?
90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?
90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems?
NO

11. Do you know your current body mass index?
50 KGS

12. Have your ever been on a diet, if so, what kind?
NO

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

14. How much do you think a healthy diet affects?

Restful sleep
a. No impact. B. little impact c. big impact. D. none

Health
a. No impact. B. little impact c. big impact. D. none

Weight.
a. No impact. B. little impact c. big impact. D. none

Mental condition.
A. No impact. B. little impact c. big impact. D. none

T. Kadhik
Signature of the Student

D. Ray
Signature of the Mentor



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Name of the project : Food habits

House No	Name of the person	Village / Ward	Mandal	District
318	Y. Grandhi	Pattunivalata	Srikakulam	Srikakulam

- How many times a day do you eat?
3 times
- Please answer the following according to your particular eating habits?
 - I eat a good breakfast ✓
 - I experienced feeling of hunger during the day
 - I eat meat.
 - I eat vegetables.
 - I eat fruits.
 - I eat dairy products ✓
 - I eat sweets.
- What meal would you consider to be your main meal of the day?
 - Breakfast ✓
 - lunch
 - dinner
 - others
- What does your main meal consist of and how it is prepared?
 - Freshly prepared ✓
 - restaurant meal.
 - precooked microwave.
 - other
- Have you been avoiding some foods for health reasons? Yes / No ✓
- Do you have any particular food allergies?
NO
- What is your daily food intake frequency of the following food categories?

Sweet foods:

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less often never

Fresh vegetables & Fruits:

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less often never

8. What percentage of your regular diet consists of meat products?
90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?
90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems?
NO

11. Do you know your current body mass index?
55.1

12. Have your ever been on a diet, if so, what kind?
NO

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

14. How much do you think a healthy diet affects?

Restful sleep
a. No impact. B. little impact c. big impact. D. none

Health
a. No impact. B. little impact c. big impact. D. none

Weight.
a. No impact. B. little impact c. big impact. D. none

Mental condition.
A. No impact. B. little impact c. big impact. D. none

T. Karthik
Signature of the Student

D. Ray
Signature of the Mentor





CONCLUSION

I'm **THONANAGI KARTHIK**, studying in B.SC first year BZC group. I had completed the community service project on "**FOOD HABITS**" in our village and submitted the report to my mentor. My project is about the food habits of our Village people, I conducted questionnaire to different age groups people about their regular diet. Most of the old aged people considered lunch as their main meal of the day. They taking food only two times per day due to digestive problems. We find out the major problem facing by our villagers and dropped the Sarpanch attention towards the problem by conducting awareness program in our village.

It was interesting to carry out this project to know about different opinions, food habits and problems of our villagers. Finally, I believe that my project is complete under vision of my mentor. I thank him for his guidance and support.

By
THONANGI KARTHIK

Verified by
D. Ray