

A PROJECT
ON
COMMUNITY SERVICE

Submitted in the partial fulfillment of the requirements for the award of
Bs.c degree

BY

YARAGADA SANGEETHA

2222001049090

Semister 2 (BZC)

Batch 2022-2025

Under the supervision of

D Ravindra

Letchner in Botany

GOVERNMENT DEGREE COLLEGE(Men), SRIKAKULAM



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ACKNOWLEDGEMENT

I Would like to express my gratitude to all those who gave me the possibility community service Project. Special thanks to Mentor D .Ravindra sir who help me in stimulating suggestions and encouragement to complete this project .

I would like to thanks all the staff from the department of Botany for their able guidance and support to complete this project.

I would also like to express my gratitude to our principal for her tremendous support to complete this project.

CERTIFICATE

I certified that YARAGADA SANGEETHA studying Bsc Cbz group has completed and submitted the project report on "FOOD HABITS" further partial fulfillment of the requirements for the award of Bachelor of science under my supervision during the academic year

Date:

Place: Chintada

D. Ravindra
Project guide *e.*

D.Ravindra Sir
Lecture in Botany
GDC (M), srikakulam

DECLARATION

I hereby declare that the Community Service Project report entitled "FOOD HABITS" submitted by me to the Govt. Degree College (M), Srikakulam in partial fulfillment of the requirement for the award of the degree of Bsc. Cbz is a record of bonified project work carried out by me under the guidance of D. Ravindra sir. I further declare that the work reported in this project has not been submitted and will not be submitted either in part or in full, for the award of any other degree in this institute or other institute or University.

Srikakulam:
Date:.

y. sangeetha
Signature of the candidate
Name:-

AWARENESS REPORT:

PROBLEMS IDENTIFIED

- * Uneven roads in every street
- * Water problems in every Street
- * Improper drainage system

EFFECTS FACED BY PEOPLE

- * Because of having uneven roads there are so many vehicles are damaged, not only that but also oldaged people are getting hard to walk on these roads.
- * There is a need of water to everyone but in our village there are no proper gov. tap connection to each house but some are having them. Mostly people in my ward are not having gov. tap connection.
- * There are so many problems are taking place on having improper drainage system:

SUGGESTIONS

At first, I would like to explain all about those problems and I said to them as you should complaint to the Valenteer to clear these problems and the valenteer said that all those problems will be cleared by our sarpanch and secretary. I told them that we have to maintain a proper usage of them neetly.

BY:

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INTRODUCTION

Food habits and Nutritional Problems:

Food is essential for all humans for survival, Food Habits and imbalanced intake of diet by an individual results in the malnutrition or cause of many health problems. Especially women, children and pregnant women must be always cautious to take proper food intake with essential nutrients. Because poor diet and disease are caused by food insecurity. Sometimes by causing diarrhoea and other illness.

There is a saying 'you are what you eat' seems to be proven true. It is important to know what food to eat in order to stay healthy. Health depends to a large extent on Nutrition and Nutrition on food we take. Hence Nutrition and Health are two sides of the same coin and food is the most important factor for health and fitness.

Healthy Food Habits:

Healthy Food habits includes a variety of foods in adequate amounts and correct proportions to meet the requirements of all essential nutrients such as proteins, carbohydrates, fats, vitamins, minerals, water and fibre. This also includes proper Schedule for the intake of light and heavy foods, when to take and when not to take, health condition of the individual. For example person who is suffering from kidney stones should not often take calcium rich foods. We have to take foods that suits our age and health. The most common eating idiosyncracies include skipping meals, consuming fast foods in a routine way, avoiding fruits, and vegetables, frequent snacking. Hence it is essential for each and every individual to adopt proper food habits.

OBJECTIVE

The aim and objective of this project is to find out in a closed community about the following food habits and to analyse whether they are adopted to healthy food habits and if not to incorporate sound eating habits by creating awareness in them to recognise good eating habits followed with regular exercise.

- About the type of foods most people are interested to take
- Food intake in regular Time intervals.
- Main meal in view of the majority of the people.
- Whether interested to take fresh food or cooked & preserved food.
- Taking fresh fruits and vegetables.
- Sweets/junk foods.
- Whether drinking sufficient quantity of water.
- Regular weight check up.
- Monitoring individual food behaviour.
- Any form of eating disorders.
- Effect of socio-economic status on food habits.

METHODOLOGY

1. Study site :

The place selected for the project was comes under 11th ward Lakshminarsupeta Village,mandal and srikakulam district. Approximately 25 families were covered under this ward. This is a rural area with 75% of people were farmers. This area is used for the cultivation of rice and vegetables

2. Quantitative study :

The quantitative study of my project includes about the number of children, youngsters, Elder women and men, pregnant women, people with physical and mental ailments, their food intake based on quantity per day and their food habits.

3. Qualitative study:

The qualitative study was carried out based on their cultural pattern of food habits among various socio-economic, educational and age group

4. Data Collection :

Initially socio-economic survey and other background survey was done and the data was collected from them.

Secondly their food habits data was collected from the initially prepared questionnaire which consists of 14 questions to know about their food habits, cooking methods, storage food, time intervals followed and how much expenditure was spent on food, in detail.

GOVT. DEGREE COLLEGE(M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

LOG BOOK

Name of the student : Y. Sangeetha

Group : BSc (BZC)

Registration Number : 2222001049090

Name of the Mentor : D. Ravindra

Name of the Project : Food habits

Date & Day	Activity done	Number of Hours Spent	Signature of the student
29-05-2023	Project writing	10:30 hrs	Y. Sangeetha
30-05-2023	Project writing	7: hrs	Y. Sangeetha
31-05-2023	Project writing	3:00 hrs	Y. Sangeetha
1-06-2023	Project writing	3:0 hrs	Y. Sangeetha
2-06-2023	Project writing	3:30 hrs	Y. Sangeetha
3-06-2023	Project writing	4:00 hrs	Y. Sangeetha
4-06-2023	Project writing	3:30 hrs	Y. Sangeetha
5-06-2023	Project writing	5:0 hrs	Y. Sangeetha
6-06-2023	Project writing	7:00 hrs	Y. Sangeetha
7-06-2023	Project writing	2:30 hrs	Y. Sangeetha

D. Ravindra
Signature of the Mentor

GOVT. DEGREE COLLEGE(M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

LOG BOOK

Name of the student : Y. Sangeetha

Group : BSc [BZC]

Registration Number : 2222001049090

Name of the Mentor : D. Ravindra

Name of the Project : Food habits

Date & Day	Activity done	Number of Hours Spent	Signature of the student
20-05-2023	Food Habits	5 Hours	Y. Sangeetha
21-05-2023	Food habits	6:30 hrs	Y. Sangeetha
22-05-2023	Food habits	4:30 hrs	Y. Sangeetha
23-05-2023	Food habits	7 hrs	Y. Sangeetha
24-05-2023	Food habits	4:30 hrs	Y. Sangeetha
25-05-2023	Food habits	6:30 hrs	Y. Sangeetha
26-05-2023	Food habits	5:30 hrs	Y. Sangeetha
27-05-2023	Food habits	5:30 hrs	Y. Sangeetha
28-05-2023	Food habits	7:00 hrs	Y. Sangeetha

D. Ravindra
Signature of the Mentor

GOVT. DEGREE COLLEGE(M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

LOG BOOK

Name of the student : Y. Sangeetha

Group : BSC [BZC]

Registration Number : 2222001049090

Name of the Mentor : D. Ravindra

Name of the Project : Food habits

Date & Day	Activity done	Number of Hours Spent	Signature of the student
17-05-2023	Awareness Programme	6 hours	Y. Sangeetha
18-05-2023	Awareness Programme	5 hours	Y. Sangeetha
19-05-2023	Awareness Programme	7 hours	Y. Sangeetha

D. Ravindra
Signature of the Mentor

GOVT. DEGREE COLLEGE(M), SRIKAKULAM
COMMUNITY SERVICE PROJECT

LOG BOOK

Name of the student : Y. Sangeetha

Group : BSC (BZC)

Registration Number : 2222001049090

Name of the Mentor : D. Ravindra Sir

Name of the Project : Food habits

Date & Day	Activity done	Number of Hours Spent	Signature of the student
9-05-2023	Socio-Economic survey	7:00 hrs	Y. Sangeetha
10-05-2023	Socio-Economic survey	5:30 hrs	Y. Sangeetha
11-05-2023	Socio-Economic survey	7:30 hrs	Y. Sangeetha
12-05-2023	Socio-Economic survey	7:00 hrs	Y. Sangeetha
13-05-2023	Socio-Economic survey	4:30 hrs	Y. Sangeetha
14-05-2023	Socio-Economic survey	6:0 hrs	Y. Sangeetha
15-05-2023	Socio-Economic survey	6:0 hrs	Y. Sangeetha
16-05-2023	Socio-Economic survey	6:30 hrs	Y. Sangeetha

D. Rayy
Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM
COMMUNITY SERVICE PROJECT
SOCIO - ECONOMIC SURVEY CONSOLIDATION REPORT

Name of the student : Yosagada . Sangeetha

Group : B2c [Bsc]

Name of the Mentor : D. Ravindra sir

Name of the Project : Community service Project [Food Habit]

Ward/ Habitat	7	Panchayat	Amodalabala	Post Office	Chintada
Mandal	Amodalabala	District	Srikakulam	Pin Code	532185

1. Total Number of Houses in the Habitat/Ward:

2. Number of Houses Caste-wise:

SC 25 ST ___ OC ___ BC-A ___ BC-B ___ BC-C ___ BC-D ___

3. Common Health problems in the Habitat/Ward:

(i) vira / fever

(ii) cobl

(iii)

4. Number of White Ration Cards: 25

5. Number of Illiterates in the Ward/ Habitat/ Village: 22 - members

6. Number of Graduates in the Ward/ Habitat/ Village: 28 - members

7. Number of Job Holders: 12 - members

8. Number of PWD People: 1 - members

9. Number of DWACRA Groups in the Ward/ Habitat/ Village: 3 - Groups

10. Road connectivity to the Ward/ Habitat/ Village: Yes / No

11. Bus facility available: Yes / No

12. Problems Identified in the Ward/ Habitat/ Village:

(i) Road issue

(ii) Water Problem

(iii)

(iv)

D. Rayy
Signature of the Mentor

Y. Sangeetha
Signature of the Student



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM
COMMUNITY SERVICE PROJECT
SOCIO-ECONOMIC SURVEY

Name of the Student : y. sangeetha
Group : BSC (BZC)
Registration Number : 2222001049090
Area of the Survey conducted: chintada

House No.	19-1-35	Habitat /Ward	7	Panchayat /Municipality	Municipality
Post office	chintada	Mandal	Amadalakota	District	Srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1.	D. Bhularani	F	30	-	labour	Daily
2.	D. Kodala Rao	M	38	-	labour	Monthly
3.	D. Sowjanya	F	15	10 th	student	-
4.	D. Manohar	M	10	5 th	student	-

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: Mala (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented): Own

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: ___ Acres

(vi) Livestock resources: Cows ___ Oxen ___ Buffaloes ___ Sheep/Goats ___

- (vii) Do you have own toilet? Yes/No ✓
- (viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____ ✓
- (ix) Do you have white Ration Card? Yes/No ✓
- (x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle ✓

4. Health Details:

- (i) Ailments in family: NO ✓
- (ii) Treatment in which Hospital: Govt/Private ✓
- (iii) Any PWD Persons in family: Yes/No ✓

S.No.	Name of the Person	Gender	Age	Nature of Disability

- (iv) Do you have Govt. Arogya Sri Card: Yes/No ✓

5. Other Details:

- (i) Do You have TV: Yes/No ✓
- (ii) Do you have Mobile: Yes ✓
- (iii) Mobile Number: 949437576 ✓
- (iv) Do you have Computer/Laptop: Yes/No ✓
- (v) Is internet available at home: Yes/No ✓

6. Any specific problems identified in the village/ Ward:

- (i) Drainage issue
- (ii)
- (iii)

Place: chintada

Date: 20/5/2023

y. sangeetha
Signature of the Student

D. Ray
Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : Y. Sangeetha

Group : BSC (BZC)

Registration Number : 2222001049090

Area of the Survey conducted: chin-tada

House No.	141	Habitat /Ward	7	Panchayat /Municipality	Municipality
Post office	Chin-tada	Mandal	Amadabukhalu	District	Srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1.	S. Pavani	F	24	Degree	house wife	-
2.	S. Kivan	M	30	ITI	Auto driver	Daily
3.	S. Saradha	F	38	-	labour	Daily
4.	S. Raja Rao	M	44	-	labour	Daily

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: Mala (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: _____ Acres

(vi) Livestock resources: Cows NO Oxen NO Buffaloes NO Sheep/Goats NO.

(vi) Do you have own toilet? Yes/No ✓

(vii) Type Cooking fuel used: LPG/Kerosene/Wood/ others specify _____ ✓

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle ✓

4. Health Details:

(i) Ailments in family: NO ✓

(ii) Treatment in which Hospital: Govt/Private ✓

(iii) Any PWD Persons in family: Yes/No ✓

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No ✓

5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes ✓

(iii) Mobile Number: 8074612321

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is internet available at home: Yes/No ✓

6. Any specific problems identified in the village/ Ward:

(i) Drainage issue

(ii)

(iii)

Place: chintada

Date: 21/5/23

Y. Sangeetha
Signature of the Student

D. Ray
Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : Y. Sangeetha

Group : BSc [BZC]

Registration Number : 2222001049090

Area of the Survey conducted: chin-tada

House No.	142	Habitat /Ward	7	Panchayat /Municipality	Municipality
Post office	chin-tada	Mandal	Amadalabasa	District	Srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1.	B. Dali Naidu	M	38	-	Auto Driver	Daily
2.	B. Jyothi	F	30	10th	house wife	-
3.	B. Divya	F	11	6th	student	-
4.	B. Kavya	F	8	4th	student	-

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: Mala (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: NO Acres

(vi) Livestock resources: Cows NO Oxen NO Buffaloes NO Sheep/Goats NO.

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____ ✓

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle ✓

4. Health Details:

(i) Ailments in family:

(ii) Treatment in which Hospital: Govt/Private ✓

(iii) Any PWD Persons in family: Yes/No ✓

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No ✓

5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes ✓

(iii) Mobile Number: 9515634523

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is internet available at home: Yes/No

6. Any specific problems identified in the village/ Ward:

(i) Water and Road Problem

(ii)

(iii)

Place: chintada

Date: 22/5/23

y. sangeetha
Signature of the Student

D. Ray
Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : y. sangeetha

Group : BSC [BZC]

Registration Number : 2222001049090

Area of the Survey conducted: Chintada

House No.	143	Habitat /Ward	7	Panchayat /Municipality	Municipality
Post office	Chintada	Mandal	Amadalabaki	District	Srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1.	T. Sandhaya	F	29	Dinter	Volunteer	Monthly
2.	T. Suman	M	35	ITI	RTC	Monthly
3.	T. Akhil	M	10	5th	Student	-
4.	T. Nikhil	M	8	3th	Student	-

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: Mala (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: ___ Acres

(vi) Livestock resources: Cows ___ Oxen ___ Buffaloes ___ Sheep/Goats ___

- (vii) Do you have own toilet? Yes/ No
- (viii) Type Cooking fuel used: LPG/ Kerosene/ Wood/ others specify _____
- (ix) Do you have white Ration Card? Yes/ No
- (x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle

4. Health Details:

- (i) Ailments in family:
- (ii) Treatment in which Hospital: Govt/ Private
- (iii) Any PWD Persons in family: Yes/ No

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/ No

5. Other Details:

- (i) Do You have TV: Yes/ No
- (ii) Do you have Mobile: Yes
- (iii) Mobile Number: 9154604468
- (iv) Do you have Computer/Laptop: Yes/ No
- (v) Is Internet available at home: Yes/ No

6. Any specific problems identified in the village/ Ward:

- (i) Drainage Problem
- (ii)
- (iii)

Place: chin-lada
 Date: 22/5/23

y. sangeetha
 Signature of the Student

D. Ray
 Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM
COMMUNITY SERVICE PROJECT
SOCIO - ECONOMIC SURVEY

Name of the Student : Y. Sangeetha
Group : BSc (BZC)
Registration Number : 2222001049090
Area of the Survey conducted: Chintada

House No.	486	Habitat /Ward	7	Panchayat /Municipality	Municipality
Post office	Chintada	Mandal	Aradalavakki	District	Srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1.	V. Sravani	F	28	7 th	Dancer	Weekly
2.	V. Jayamma	F	55	-	house wife	-
3.	V. Pravalika	F	8	4 th	student	-

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: Mala (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: _____ Acres

(vi) Livestock resources: Cows _____ Oxen _____ Buffaloes _____ Sheep/Goats _____

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____ ✓

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle NO

4. Health Details:

(i) Ailments in family:

(ii) Treatment in which Hospital: Govt/Private ✓

(iii) Any PWD Persons in family: Yes/No ✓

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No ✓

5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes ✓

(iii) Mobile Number: 9515419433

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is internet available at home: Yes/No ✓

6. Any specific problems identified in the village/ Ward:

(i) Water Problem

(ii)

(iii)

Place: chintada

Date: 23/5/23

Y. Sangeetha
Signature of the Student

D. Ray
Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM
COMMUNITY SERVICE PROJECT
SOCIO - ECONOMIC SURVEY

Name of the Student : Y. Sangeetha
Group : BSC [B2C]
Registration Number : 2222001049090
Area of the Survey conducted: Chintada

House No.	485	Habitat /Ward	7	Panchayat /Municipality	Municipality
Post office	Chintada	Mandal	Amadalavalasa	District	Srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1.	B. Vajrhalumma	F	72	-	House wife	-
2.	B. Kalidasu	M	50	-	labour	Daily
3.	B. Krishna veni	F	42	-	labour	Daily
4.	B. Namdhini	F	20	10	labour	-

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: Mala (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: _____ Acres

(vi) Livestock resources: Cows NO Oxen NO Buffaloes NO Sheep/Goats NO

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____ ✓

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle ✓

4. Health Details:

(i) Ailments in family:

(ii) Treatment in which Hospital: Govt/Private ✓

(iii) Any PWD Persons in family: Yes/No ✓

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No ✓

5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes ✓

(iii) Mobile Number: 7416358827

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is internet available at home: Yes/No ✓

6. Any specific problems identified in the village/ Ward:

(i) Water Problem

(ii)

(iii)

Place: Chimbada

Date: 23/5/23

Y. Sangeetha
Signature of the Student

D. Ray
Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM
COMMUNITY SERVICE PROJECT
SOCIO - ECONOMIC SURVEY

Name of the Student : Y. Sangeetha
Group : BSC [BZC]
Registration Number : 2222001049090
Area of the Survey conducted: Chintada

House No.	19-1-65/2	Habitat /Ward	7	Panchayat /Municipality	Municipality
Post office	Chintada	Mandal	Amadalalala	District	Srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1.	B. Hagilka	F	20	Degree	student	-
2.	B. Madhavi	F	19	Engineering	student	-
3.	B. Jagan	M	40	10 th	farmer	Daily
4.	B. Lalitha Kumari	F	38	10 th	house wife	-

2. Social Status details:

(i) Community: SC/ ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: Maba (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: Acres

(vi) Livestock resources: Cows Oxen Buffaloes Sheep/Goats

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____ ✓

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle ✓

4. Health Details:

(i) Ailments in family:

(ii) Treatment in which Hospital: Govt/Private ✓

(iii) Any PWD Persons in family: Yes/No ✓

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No ✓

5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes ✓

(iii) Mobile Number: 9701001000

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is internet available at home: Yes/No ✓

6. Any specific problems identified in the village/ Ward:

(i) Drainage Problem

(ii)

(iii)

Place: Chimboda

Date: 24/5/23

y. Sangeetha
Signature of the Student

D. Ravi
Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM
COMMUNITY SERVICE PROJECT
SOCIO - ECONOMIC SURVEY

Name of the Student : Y. Sangeetha
Group : BSC [BZC]
Registration Number : 2222001049090
Area of the Survey conducted: Chintada

House No.	19-1-65/1	Habitat /Ward	7	Panchayat /Municipality	Municipality
Post office	Chintada	Mandal	Amadababaka	District	Srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1.	T. Hadhavi	F	29	10 th	housewife	-
2.	T. Bhudkam	M	35	-	Auto Driver	Daily
3.	T. Saralini	F	50	-	labour	Daily
4.	T. Anil	M	9	6 th	Student	-
5.	T. Upendra	M	7	3 th	Student	-

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: Mala (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: ___ Acres

(vi) Livestock resources: Cows ___ Oxen ___ Buffaloes ___ Sheep/Goats ___

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle ✓

4. Health Details:

(i) Ailments in family:

(ii) Treatment in which Hospital: Govt/Private ✓

(iii) Any PWD Persons in family: Yes/No ✓

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No ✓

5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes ✓

(iii) Mobile Number: 9010080337

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is internet available at home: Yes/No ✓

6. Any specific problems identified in the village/ Ward:

(i) water Problem

(ii)

(iii)

Place: chin-toda

Date: 24/5/23

y. sangeetha
Signature of the Student

D. Ravi
Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : Y. Sangeetha
Group : BSC [B2C]
Registration Number : 2222001049090
Area of the Survey conducted: chintoda

House No.	19-1-38	Habitat /Ward	chintoda	Panchayat /Municipality	Municipality
Post office	chintoda	Mandal	Srikakulam	District	Srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1.	T. Rama Divya	F	20	Degree	house wife	-
2.	T. Mammadha Rao	M	33	ITI	Marketing	Monthly
3.	T. Thirupathi	M	38	ITT	Railway	Monthly
4.	T. Likhitha	F	25	Degree	house wife	-
5.	P. Krishna Veni	F	45	-	labour	Daily

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: Mala (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: - Acres

(vi) Livestock resources: Cows - Oxen - Buffaloes - Sheep/Goats -

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____ ✓

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle ✓

4. Health Details:

(i) Ailments in family:

(ii) Treatment in which Hospital: Govt/Private ✓

(iii) Any PWD Persons in family: Yes/No ✓

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No ✓

5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes ✓

(iii) Mobile Number: 76 73 92 64 95

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is internet available at home: Yes/No ✓

6. Any specific problems identified in the village/ Ward:

(i) Drainage problem

(ii)

(iii)

Place: chin-boda

Date: 25/5/23

y. Sangeetha
Signature of the Student

D. Ravi
Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM
COMMUNITY SERVICE PROJECT
SOCIO - ECONOMIC SURVEY

Name of the Student : Y. Sangeetha
Group : BZC [BSC]
Registration Number : 2222001049090
Area of the Survey conducted: chintada

House No.	101	Habitat /Ward	7	Panchayat /Municipality	Municipality
Post office	chintada	Mandal	Amadababhi	District	Srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1.	B. Raju	Male	30	NO	labourer	Daily
2.	B. Priyanka	Female	23	Inter	house wife	-
3.	B. Laxmi	Female	50	NO	labourer	Daily

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: Mala (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: ___ Acres

(vi) Livestock resources: Cows ___ Oxen ___ Buffaloes ___ Sheep/Goats ___



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : y. Sangeetha
Group : BZC [BSc]
Registration Number : 2222001049090
Area of the Survey conducted: chin-tada

House No.	101	Habitat /Ward	7	Panchayat /Municipality	Municipality
Post office	Chin-tada	Mandal	Amadababhi	District	Srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1.	B. Raju	Male	39	NO	labourer	Daily
2.	B. Priyanka	Female	23	Inter	house wife	-
3.	B. Laxmi	Female	50	NO	labourer	Daily

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: Mala (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: — Acres

(vi) Livestock resources: Cows — Oxen — Buffaloes — Sheep/Goats —

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____ ✓

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle ✓

4. Health Details:

(i) Ailments in family:

(ii) Treatment in which Hospital: Govt/Private ✓

(iii) Any PWD Persons in family: Yes/No ✓

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No ✓

5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes ✓

(iii) Mobile Number: 9010487210 ✓

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is internet available at home: Yes/No ✓

6. Any specific problems identified in the village/ Ward:

(i) water Problem

(ii) Drainage Problem

(iii)

Place: chin-bada

Date: 25/5/23

Y. Sangeetha
Signature of the Student

D. Ravi
Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM
COMMUNITY SERVICE PROJECT
SOCIO - ECONOMIC SURVEY

Name of the Student : Y. Sangeetha
Group : BSc [BZC]
Registration Number : 2222001049090
Area of the Survey conducted: Chintada

House No.	19-4-7	Habitat /Ward	7	Panchayat /Municipality	Municipality
Post office	Chintada	Mandal	Amadalambal	District	Srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1.	T. Rama Krishna	M	24	degree	student	-
2.	T. Gemuna	F	38	-	labour	Daily

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: Mala (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: - Acres

(vi) Livestock resources: Cows - Oxen - Buffaloes - Sheep/Goats -

(vii) Do you have own toilet? Yes/ No

(viii) Type Cooking fuel used: LPG/ Kerosene/ Wood/ others specify _____

(ix) Do you have white Ration Card? Yes/ No

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle

4. Health Details:

(i) Ailments in family: **NO**

(ii) Treatment in which Hospital: Govt/ Private

(iii) Any PWD Persons in family: Yes/ No

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/ No

5. Other Details:

(i) Do You have TV: Yes/ No

(ii) Do you have Mobile: Yes

(iii) Mobile Number: **7995790334**

(iv) Do you have Computer/Laptop: Yes/ No

(v) Is Internet available at home: Yes/ No

6. Any specific problems identified in the village/ Ward:

(i) **Water Problem**

(ii) **Road Problem**

(iii)

Place: **Chim-boda**

Date: **26/5/23**

v. sangeetha
Signature of the Student

D-Rayy
Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : Y. Sangeetha .

Group : CBZ

Registration Number : 2222001049090

Area of the Survey conducted: Chinthada

House No.	19-4-6	Habitat /Ward	SC-veedi	Panchayat /Municipality	
Post office	Chinthada	Mandal	Srikakulam	District	Srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1.	Vanka Ramu	F	45	No	labour	3000/-
2.	Vanka Raja Rao	M	48	Yes	labour	5000/-
3.	Vanka Indira kumari	M	20	Yes	-	-

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: mala (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: NO Acres

(vi) Livestock resources: Cows NO Oxen NO Buffaloes NO Sheep/Goats NO.

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____ ✓

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle - NO ✓

4. Health Details:

(i) Ailments in family:

(ii) Treatment in which Hospital: Govt/Private ✓

(iii) Any PWD Persons in family: Yes/No ✓

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No ✓

5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes ✓

(iii) Mobile Number: 9848274490 ✓

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is internet available at home: Yes/No ✓

6. Any specific problems identified in the village/ Ward:

(i) water problem

(ii)

(iii)

Place: chinthada .

Date: 25/5/23

Y. Sangeetha
Signature of the Student

D. Rayy
Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO-ECONOMIC SURVEY

Name of the Student : Y. Sangeetha

Group : BSC (BZC)

Registration Number : 2222001049090

Area of the Survey conducted: Chintada

House No.	19-1-49	Village / Ward	Chintada	Panchayat / Municipality	Municipality
Post office	Chintada	Mandal	Srikakulam	District	Srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1.	B. Rama Krishna	M	40	BTE	conductor	15000
2.	B. Shila Kumari	F	32	10th	housewife	-
3.	B. Jyothna	F	8	4th	student	-

2. Social Status details:

(i) Community: SC/ST/BC-A-B-C-D/OC (ii) Sub-Caste: Mala (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented): Own

(iii) Drinking Water facility: Well/ Borewell/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural lands: ___ Acres

(vi) Livestock resources: Cows ___ Oxen ___ Buffaloes ___ Sheep/Goats ___

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____ ✓

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle ✓

4. Health Details:

(i) Ailments in family:

(ii) Treatment in which Hospital: Govt/Private ✓

(iii) Any PWD Persons in family: Yes/No ✓

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No

5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes ✓

(iii) Mobile Number: 9959762611

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is internet available at home: Yes/No ✓

6. Any specific problems identified in the village/ Ward:

(i) water problem

(ii)

(iii)

Place: chintada

Date: 26/5/23

Y. Sangeetha
Signature of the Student

D. Ravi
Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM
COMMUNITY SERVICE PROJECT
SOCIO - ECONOMIC SURVEY

Name of the Student : Y. Sangeetha
Group : BSC [B2C]
Registration Number : 2222001049090
Area of the Survey conducted: Chintoda

House No.	19-4-9	Habitat Ward	7	Panchayat /Municipality	Municipality
Post office	Chintoda	Mandal	Arndi	District	Srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1.	P. Jyothi	F	32	Inter	housewife	-
2.	P. Ranga Rao	M	38	10th	etc driver	Monthly
3.	P. Sai Kiran	M	19	Diploma	student	-

2. Social Status details:

(i) Community: SC/ST/BC-A-B-C-D/OC (ii) Sub-Caste: Mala (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: _____ Acres

(vi) Livestock resources: Cows - Oxen - Buffaloes - Sheep/Goats -

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____ ✓

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle ✓

4. Health Details:

(i) Ailments in family: NO

(ii) Treatment in which Hospital: Govt/Private ✓

(iii) Any PWD Persons in family: Yes/No ✓

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No

5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes ✓

(iii) Mobile Number: 8919 745471

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is internet available at home: Yes/No ✓

6. Any specific problems identified in the village/ Ward:

(i) Drainage issue

(ii)

(iii)

Place: Chintada

Date: 27/5/23

Y. Sangeetha
Signature of the Student

D. Ravi
Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SIRKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : Y. Sangeetha

Group : B3C (B3C)

Registration Number : 2222001019090

Area of the Survey conducted: Chimbada

House No.	19-4-5	Habitat /Ward	=	Panchayat /Municipality	Municipality
Post office	Chimbada	Mandal	Arrodalavada	District	Sirkakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1.	U. Rajeswari	F	34	M.Sc	volunteer	Monthly
2.	U. Raja Babu	M	40	BANK	Bank	Monthly
3.	U. Nagamma	F	50	-	laborer	daily
4.	U. Chandhini	F	10	5th	student	-

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: Mala (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: _____ Acres

(vi) Livestock resources: Cows _____ Oxen _____ Buffaloes _____ Sheep/Goats _____.

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____ ✓

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle ✓

4. Health Details:

(i) Ailments in family: NO

(ii) Treatment in which Hospital: Govt/Private ✓

(iii) Any PWD Persons in family: Yes/No ✓

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No ✓

5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes ✓

(iii) Mobile Number: 7995394417

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is internet available at home: Yes/No ✓

6. Any specific problems identified in the village/ Ward:

(i) Road Problem

(ii)

(iii)

Place: chintoda

Date: 27/5/23

y. sangeetha
Signature of the Student

D. Ray
Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : y. sangeetha

Group : BSC (BZC)

Registration Number : 2222001049090

Area of the Survey conducted: chintada

House No.	19-4-6	Habitat /Ward	7	Panchayat /Municipality	Municipality
Post office	chintada	Mandal	Amodalankh	District	Srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1.	P. Naga Hami	F	45	-	House wife	-
2.	P. Nagesh	M	55	10 th	Painter	Daily
3.	P. Kishore	M	38	Degree	Auto Driver	Daily
4.	P. Anitha	F	29	Degree	House wife	-

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: Mala (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: _____ Acres

(vi) Livestock resources: Cows _____ Oxen _____ Buffaloes _____ Sheep/Goats _____

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____ ✓

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle ✓

4. Health Details:

(i) Ailments in family: NO ✓

(ii) Treatment in which Hospital: Govt/Private ✓

(iii) Any PWD Persons in family: Yes/No ✓

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No ✓

5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes ✓

(iii) Mobile Number: 9866360272 ✓

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is internet available at home: Yes/No ✓

6. Any specific problems identified in the village/ Ward:

(i) Water issue

(ii)

(iii)

Place: Chintoda

Date: 28/5/23

Y. Samagutha

Signature of the Student

D. Ravi

Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM
COMMUNITY SERVICE PROJECT
SOCIO - ECONOMIC SURVEY

Name of the Student : Y. Sangeetha
Group : BSC (BZC)
Registration Number : 2222001049090
Area of the Survey conducted: Chimbada

House No.	148	Habitat /Ward	7	Panchayat /Municipality	Municipality
Post office	Chimbada	Mandal	Amodaburabala	District	Sriakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1.	P. Symba Rao	M	17	Mechanic	student	-
2.	P. Bhulamma	F	40	-	labour	Daily
3.	P. Rama Rao	M	48	-	labour	daily

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: Mala (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: _____ Acres

(vi) Livestock resources: Cows _____ Oxen _____ Buffaloes _____ Sheep/Goats _____

- (vii) Do you have own toilet? Yes/No ✓
 (viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____ ✓
 (ix) Do you have white Ration Card? Yes/No ✓
 (x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle NO

4. Health Details:

- (i) Ailments in family: NO
 (ii) Treatment in which Hospital: Govt/Private ✓
 (iii) Any PWD Persons in family: Yes/No ✓

S.No.	Name of the Person	Gender	Age	Nature of Disability

- (iv) Do you have Govt. Arogya Sri Card: Yes/No ✓

5. Other Details:

- (i) Do You have TV: Yes/No ✓
 (ii) Do you have Mobile: Yes ✓
 (iii) Mobile Number: 7396142517
 (iv) Do you have Computer/Laptop: Yes/No ✓
 (v) Is internet available at home: Yes/No ✓

6. Any specific problems identified in the village/ Ward:

- (i) Water Problem
 (ii)
 (iii)

Place: Chintoda

Date: 28/5/23

Y. Sangeetha
 Signature of the Student

D. Ravi
 Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : Y. Sangeetha
Group : BSc (BZC)
Registration Number : 2222001049090
Area of the Survey conducted: chinbada

House No.	148	Habitat /Ward	7	Panchayat /Municipality	Municipality
Post office	Chinbada	Mandal	modalambada	District	Srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1.	P. RATHI	F	32	10 th	Painter	Daily
2.	P. Suresh	M	36	-	labour	Daily
3.	P. Raja Rao	M	45	-	labour	Daily

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: Mala (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: _____ Acres

(vi) Livestock resources: Cows _____ Oxen _____ Buffaloes _____ Sheep/Goats _____

- (vii) Do you have own toilet? Yes/No ✓
- (viii) Type Cooking fuel used: (PG/Kerosene/ Wood/ others specify) _____
- (ix) Do you have white Ration Card? Yes/No ✓
- (x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle NO

4. Health Details:

- (i) Ailments in family: NO
- (ii) Treatment in which Hospital: Govt/Private ✓
- (iii) Any PWD Persons in family: Yes/No ✓

S.No.	Name of the Person	Gender	Age	Nature of Disability

- (iv) Do you have Govt. Arogya Sri Card: Yes/No ✓

5. Other Details:

- (i) Do You have TV: Yes/No ✓
- (ii) Do you have Mobile: Yes ✓
- (iii) Mobile Number: 9394426202
- (iv) Do you have Computer/Laptop: Yes/No ✓
- (v) Is internet available at home: Yes/No ✓

6. Any specific problems identified in the village/ Ward:

- (i) Water issue
- (ii) Drainage issue
- (iii)

Place: Chintoda

Date: 29/5/23

Y. Sangeetha
Signature of the Student

D. Ravi
Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM
COMMUNITY SERVICE PROJECT
SOCIO - ECONOMIC SURVEY

Name of the Student : Y. Sangeetha
Group : BSC (BZC)
Registration Number : 22220010490910
Area of the Survey conducted: Chimbala

House No.	146	Habitat /Ward	7	Panchayat /Municipality	Municipality
Post office	Chimbala	Mandal	Amadalavathi	District	Srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1.	S. Chandhu	M	25	Inter	Labour	Daily
2.	S. Chinnamudu	F	38	-	Labour	Daily
3.	S. Bojodu	M	42	-	Labour	Daily

2. Social Status details:

(i) Community: SC/ ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: Mala (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: _____ Acres

(vi) Livestock resources: Cows _____ Oxen _____ Buffaloes _____ Sheep/Goats _____.

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle ✓

4. Health Details:

(i) Ailments in family:

(ii) Treatment in which Hospital: Govt/Private ✓

(iii) Any PWD Persons in family: Yes/No ✓

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No ✓

5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes ✓

(iii) Mobile Number: 7095026331

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is internet available at home: Yes/No ✓

6. Any specific problems identified in the village/ Ward:

(i) Road issue

(ii)

(iii)

Place: Chintada

Date: 29/5/23

Y. Sangeetha
Signature of the Student

D. Ray
Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM
COMMUNITY SERVICE PROJECT
SOCIO - ECONOMIC SURVEY

Name of the Student : Y. Sangeetha
Group : BSc [BZC]
Registration Number : 2222001049090
Area of the Survey conducted: Chintada

House No.	19-4-10	Habitat /Ward	7	Panchayat /Municipality	Municipality
Post office	Chintada	Mandal	AMD	District	Srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1.	G. Shankar	M	38	MTD	Auto Driver	Daily
2.	G. Keerthi	F	28	Degree	housewife	=
3.	G. Sarjini	F	48	-	labourer	Daily

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: Maha (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented): Own

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: Acres

(vi) Livestock resources: Cows Oxen Buffaloes Sheep/Goats

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____ ✓

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle ✓

4. Health Details:

(i) Ailments in family: ND ✓

(ii) Treatment in which Hospital: Govt/Private ✓

(iii) Any PWD Persons in family: Yes/No ✓

S.No.	Name of the Person	Gender	Age	Nature of Disability/

(iv) Do you have Govt. Arogya Sri Card: Yes/No ✓

5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes ✓

(iii) Mobile Number: 7393526209 ✓

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is internet available at home: Yes/No ✓

6. Any specific problems identified in the village/ Ward:

(i) Water Problem

(ii)

(iii)

Place: Chintoda

Date: 30/5/23

Y. Sangeetha
Signature of the Student

D. Ravi
Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : Y. Sangeetha

Group : BSC [B7C]

Registration Number : 2222001049090

Area of the Survey conducted: Chintada

House No.	19-1-36	Habitat Ward	Chintada	Panchayat /Municipality	Municipality
Post office	Chintada	Mandal	Srikakulam	District	Srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1.	T. Suresh babu	M	45	NO	labour	10,000
2.	T. Suresha	F	38	10 th	house wife	-
3.	T. Jagan	M	13	Yes	Student	-
4.	T. Chaitanya	M	11	Yes	Student	-

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: Mala (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented): Own

(iii) Drinking Water facility: Well/ Bore well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: Acres

(vi) Livestock resources: Cows Oxen Buffaloes Sheep/Goats

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle NO

4. Health Details:

(i) Ailments in family: NO

(ii) Treatment in which Hospital: Govt/Private ✓

(iii) Any PWD Persons in family: Yes/No ✓

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No ✓

5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes ✓

(iii) Mobile Number: 7075680268

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is internet available at home: Yes/No ✓

6. Any specific problems identified in the village/ Ward:

(i) Water Problem

(ii) Drainage issue

(iii)

Place: Chintoda

Date: 31/5/23

Y. Sangeetha
Signature of the Student

D. Ray
Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIRANGULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : Y. Sangeetha

Group : BSC (BZC)

Registration Number : 2222 001049090

Area of the Survey conducted: Chintada

House No.	150	Habitat /Ward	7	Panchayat /Municipality	Municipality
Post office	Chintada	Mandal	Aradabalahi	District	Srirangulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/ Weekly/ Monthly)
1.	N. Hanikanta	M	29	Degree	Railway	Monthly
2.	N. Gowthami	F	25	Degree	post office	Monthly
3.	N. Sandy	F	5	-	-	-

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: Mala (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: _____ Acres

(vi) Livestock resources: Cows - Oxen - Buffaloes - Sheep/Goats -

(vii) Do you have own toilet? Yes/No

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____

(ix) Do you have white Ration Card? Yes/No

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle

4. Health Details:

(i) Ailments in family: NO

(ii) Treatment in which Hospital: Govt/Private

(iii) Any PWD Persons in family: Yes/No

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No

5. Other Details:

(i) Do You have TV: Yes/No

(ii) Do you have Mobile: Yes

(iii) Mobile Number: 7390534690

(iv) Do you have Computer/Laptop: Yes/No

(v) Is internet available at home: Yes/No

6. Any specific problems identified in the village/ Ward:

(i) Road Problem

(ii)

(iii)

Place: Chintada

Date: 1/6/23

Y. Sangeetha
Signature of the Student

D. Raly
Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM
COMMUNITY SERVICE PROJECT
SOCIO-ECONOMIC SURVEY

Name of the Student : y. sangeetha
Group : BSC [BZC]
Registration Number : 2222001049090
Area of the Survey conducted: chintada

House No.	149	Habitat /Ward	7	Panchayat /Municipality	Municipality
Post office	chintada	Mandal	Amachalanka	District	srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1.	P. Chalayya	M	43	-	Auto Driver	Daily
2.	P. Dhana Larmi	F	36	-	labour	Weekly
3.	P. Neeraja	F	15	10th	-	-
4.	P. Charan	M	10	5th	-	-

2. Social Status details:

(i) Community: SC/ ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: Mala (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: _____ Acres

(vi) Livestock resources: Cows _____ Oxen _____ Buffaloes _____ Sheep/Goats _____.

(vi) Do you have own toilet? Yes/No ✓

(vii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____ ✓

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle ✓

4. Health Details:

(i) Ailments in family:

(ii) Treatment in which Hospital: Govt/Private ✓

(iii) Any PWD Persons in family: Yes/No ✓

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No ✓

5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes ✓

(iii) Mobile Number: 9705263742 ✓

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is internet available at home: Yes/No ✓

6. Any specific problems identified in the village/ Ward:

(i) Water Problem

(ii)

(iii)

Place: Chim-lada

Date: 21/6/23

y. sangeetha
Signature of the Student

D. Ray
Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : Y. Sangeetha

Group : BSC (B2C)

Registration Number : 2222001049090

Area of the Survey conducted: Chintada

House No.	143	Habitat /Ward	7	Panchayat /Municipality	Municipality
Post office	Chintada	Mandal	Aradabhabla	District	Srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1.	P. Dilip Kumar	M	21	10 th	Painter	Daily
2.	P. Sandeep Kumar	M	19	10 th	Painter	Daily
3.	P. Vitaya Kumari	F	38	-	Labourer	Daily
4.	P. Gramesh	M	45	-	Labourer	Daily

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: Mala (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: _____ Acres

(vi) Livestock resources: Cows _____ Oxen _____ Buffaloes _____ Sheep/Goats _____

(vii) Do you have own toilet? Yes/No

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____

(ix) Do you have white Ration Card? Yes/No

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle NO

4. Health Details:

(i) Ailments in family:

(ii) Treatment in which Hospital: Govt/Private

(iii) Any PWD Persons in family: Yes/No

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No

5. Other Details:

(i) Do You have TV: Yes/No

(ii) Do you have Mobile: Yes

(iii) Mobile Number: 9704288068

(iv) Do you have Computer/Laptop: Yes/No

(v) Is internet available at home: Yes/No

6. Any specific problems identified in the village/ Ward:

(i) Water Problem

(ii) Drainage Issue

(iii)

Place: Chintoda

Date: 3/6/23

Y. Sangeetha
Signature of the Student

D. Ravi
Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM
COMMUNITY SERVICE PROJECT
SOCIO - ECONOMIC SURVEY

Name of the Student : Y. Sangeetha
Group : BSC (BZC)
Registration Number : 2222001049090
Area of the Survey conducted: chin-lada

House No.	151	Habitat / Ward	7	Panchayat / Municipality	Municipality
Post office	Chinlada	Mandal	Amadalabak	District	Srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1.	T. Raja Rao	M	32	-	Painter	Daily
2.	T. Kumari	F	28	Datta	Nurse	Monthly
3.	T. Komali	F	10	5th	Student	-
4.	T. Nallamma	F	50	-	labour	Weekly

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: Mah (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: _____ Acres

(vi) Livestock resources: Cows _____ Oxen _____ Buffaloes _____ Sheep/Goats _____.

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle ✓

4. Health Details: ✓

(i) Ailments in family: NO ✓

(ii) Treatment in which Hospital: Govt/Private ✓

(iii) Any PWD Persons in family: Yes/No ✓

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No ✓

5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes ✓

(iii) Mobile Number: 9475595217

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is internet available at home: Yes/No ✓

6. Any specific problems identified in the village/ Ward:

(i) Road Problem

(ii) Drainage problem

(iii) Water Problem

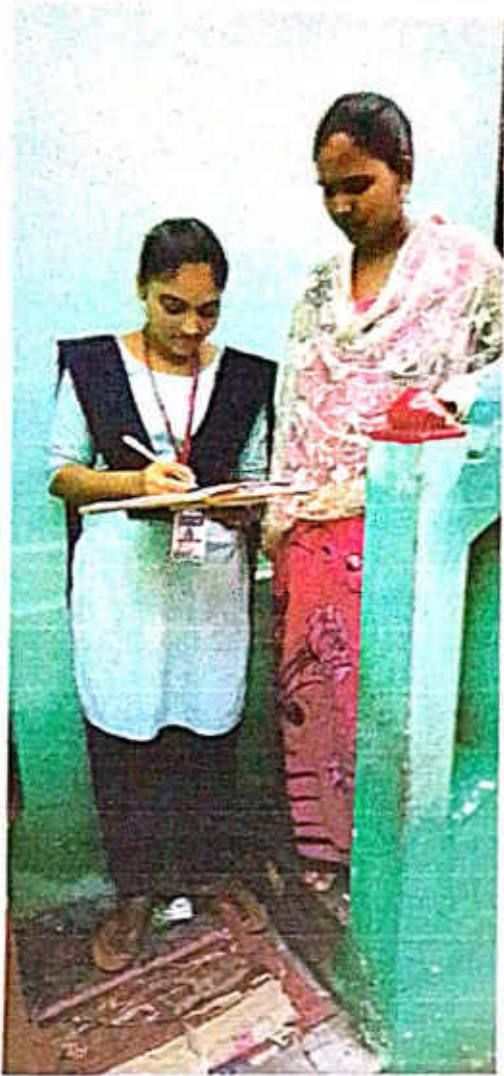
Place: Chintada

Date: 4/6/23

y. sangeetha
Signature of the Student

D. Ravi
Signature of the Mentor







GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : Y. Sanjeetha
Group : BSC [B2C]
Name of the mentor : D. Ravindra sir
Name of the project : Food Habit

House No	Name of the person	Village / Ward	Mandal	District
19-1-46	P. Aruna	Chintoda	Srikakulam	Srikakulam

1. How many times a day do you eat?

3 Times

2. Please answer the following according to your particular eating habits?

- a. I eat a good breakfast *Yes*
b. I experienced feeling of hunger during the day *Yes*
c. I eat meat. *Yes*
d. I eat vegetables. *Yes*
e. I eat fruits. *Yes*
f. I eat dairy products *Yes*
g. I eat sweets. *Yes*

3. What meal would you consider to be your main meal of the day?

- a. Breakfast lunch c. dinner d. others

4. What does your main meal consist of and how it is prepared?

- Freshly prepared. B. restaurant meal. C. precooked microwave. D. other

5. Have you been avoiding some foods for health reasons? Yes / No

6. Do you have any particular food allergies?

NO

7. What is your daily food intake frequency of the following food categories?

Sweet foods:

- Several times a day once a day several times a week
less often never

Fresh vegetables & Fruits:

- Several times a day once a day several times a week
less often never

8. What percentage of your regular diet consists of meat products?
90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?
90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems?

NO

11. Do you know your current body mass index?

68 kg

12. Have your ever been on a diet, if so, what kind?

NO

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

Fruits, vegetables,

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact. B. little impact big impact. D. none

Health

a. No impact. B. little impact big impact. D. none

Weight.

a. No impact. B. little impact big impact. D. none

Mental condition.

A. No impact. B. little impact big impact. D. none

y. sangeetha
Signature of the Student

D. Raley
Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : y. sangeetha
Group : BSc [BZC]
Name of the mentor : D. Ravindra Siv
Name of the project : Food Habit

House No	Name of the person	Village / Ward	Mandal	District
19-1-47	B. Nandhini	Chintada	Srikakulam	Srikakulam

1. How many times a day do you eat?

4 times

2. Please answer the following according to your particular eating habits?

- a. I eat a good breakfast *Yes*
b. I experienced feeling of hunger during the day *Yes*
c. I eat meat. *Yes*
d. I eat vegetables. *Yes*
e. I eat fruits. *Yes*
f. I eat dairy products *Yes*
g. I eat sweets. *Yes*

3. What meal would you consider to be your main meal of the day?

- a. Breakfast b. lunch c. dinner d. others

4. What does your main meal consist of and how it is prepared?

- Freshly prepared. B. restaurant meal. C. precooked microwave. D. other

5. Have you been avoiding some foods for health reasons? *Yes / No*

6. Do you have any particular food allergies?

NO

7. What is your daily food intake frequency of the following food categories?

Sweet foods:

- Several times a day once a day several times a week
less often never

Fresh vegetables & Fruits:

- Several times a day once a day several times a week
less often never

8. What percentage of your regular diet consists of meat products?
90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?
90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems?

NO

11. Do you know your current body mass index?

55 kg

12. Have your ever been on a diet, if so, what kind?

NO

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

Fruits , vegetables

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact. B. little impact big impact. D. none

Health

a. No impact. B. little impact big impact. D. none

Weight.

a. No impact. B. little impact big impact. D. none

Mental condition.

A. No impact. B. little impact big impact. D. none

Y. Sangeetha
Signature of the Student

D. Ray
Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : Y. Sangeetha
Group : BSc (BZC)
Name of the mentor : D. Ravindra Siv
Name of the project : Food Habit

House No	Name of the person	Village / Ward	Mandal	District
19-1-49	K. Poaja	Chintada	Srikakulam	Srikakulam

1. How many times a day do you eat?

3 times

2. Please answer the following according to your particular eating habits?

- a. I eat a good breakfast Yes
b. I experienced feeling of hunger during the day Yes
c. I eat meat. Yes
d. I eat vegetables. Yes
e. I eat fruits. Yes
f. I eat dairy products Yes
g. I eat sweets. Yes

3. What meal would you consider to be your main meal of the day?

- a. Breakfast b. lunch c. dinner d. others

4. What does your main meal consist of and how it is prepared?

- a. Freshly prepared. B. restaurant meal. C. precooked microwave. D. other

5. Have you been avoiding some foods for health reasons? Yes / No

6. Do you have any particular food allergies?

NO

7. What is your daily food intake frequency of the following food categories?

Sweet foods:

- Several times a day once a day several times a week
less often never

Fresh vegetables & Fruits:

- Several times a day once a day several times a week
less often never

8. What percentage of your regular diet consists of meat products?
90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?
90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems?

NO

11. Do you know your current body mass index?

28 kg

12. Have your ever been on a diet, if so, what kind?

NO

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

Fruits , vegetables

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact.

B. little impact

big impact. D. none

Health

a. No impact.

B. little impact

big impact. D. none

Weight.

a. No impact.

B. little impact

big impact. D. none

Mental condition.

A. No impact.

B. little impact

big impact. D. none

Y. Sangeetha
Signature of the Student

D. Ray
Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : Y. Sangeetha
Group : BSC [BZC]
Name of the mentor : D. Ravindra Siv
Name of the project : FOOD Habit

House No	Name of the person	Village / Ward	Mandal	District
19-1-48	P. vijaya	chintada	srikakulam	Srikakulam

1. How many times a day do you eat?

3 Times

2. Please answer the following according to your particular eating habits?

- a. I eat a good breakfast *yes*
- b. I experienced feeling of hunger during the day *yes*
- c. I eat meat. *yes*
- d. I eat vegetables. *yes*
- e. I eat fruits. *yes*
- f. I eat dairy products *yes*
- g. I eat sweets. *NO*

3. What meal would you consider to be your main meal of the day?

- a. Breakfast lunch
- c. dinner
- d. others

4. What does your main meal consist of and how it is prepared?

- Freshly prepared.
- B. restaurant meal.
- C. precooked microwave.
- D. other

5. Have you been avoiding some foods for health reasons? Yes / No

6. Do you have any particular food allergies?

NO

7. What is your daily food intake frequency of the following food categories?

Sweet foods:

- Several times a day
- once a day
- several times a week
- less often
- never

Fresh vegetables & Fruits:

- Several times a day
- once a day
- several times a week
- less often
- never

8. What percentage of your regular diet consists of meat products?
 90% 75% 50% 25% less than 25%
9. How much of your diet consists of vegetables and non-animal products?
 90% 75% 50% 25% less than 25%
10. Do you or have you ever has cholesterol problems?
 NO
11. Do you know your current body mass index?
 38 kg
12. Have your ever been on a diet, if so, what kind?
 NO
13. Mention the food items from the healthiest to the unhealthiest from your point of views?
 Fruits , vegetables
14. How much do you think a healthy diet affects?

- | | | | |
|-------------------|-----------------------------|----------------------------------------------|---------|
| Restful sleep | | | |
| a. No impact. | B. little impact | c. big impact. | D. none |
| Health | | | |
| a. No impact. | B. little impact | <input checked="" type="radio"/> big impact. | D. none |
| Weight. | | | |
| a. No impact. | B. little impact | <input checked="" type="radio"/> big impact. | D. none |
| Mental condition. | | | |
| A. No impact. | B. little impact | <input checked="" type="radio"/> big impact. | D. none |

Y. Sangeetha
 Signature of the Student

D. Ravi
 Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : Y. Sangeetha
Group : BSc (BZC)
Name of the mentor : D. Ravindra Siv
Name of the project : Food habits

House No	Name of the person	Village / Ward	Mandal	District
3-65	T. Madhavi	chintada	Srikakulam	Srikakulam

1. How many times a day do you eat?

3 Times

2. Please answer the following according to your particular eating habits?

- a. I eat a good breakfast Yes
b. I experienced feeling of hunger during the day Yes
c. I eat meat. Yes
d. I eat vegetables. Yes
e. I eat fruits. Yes
f. I eat dairy products Yes
g. I eat sweets. NO

3. What meal would you consider to be your main meal of the day?

- a. Breakfast lunch c. dinner d. others

4. What does your main meal consist of and how it is prepared?

- Freshly prepared. B. restaurant meal. C. precooked microwave. D. other

5. Have you been avoiding some foods for health reasons? Yes / No

6. Do you have any particular food allergies?

NO

7. What is your daily food intake frequency of the following food categories?

Sweet foods:

- Several times a day once a day several times a week
less often never

Fresh vegetables & Fruits:

- Several times a day once a day several times a week
less often never

8. What percentage of your regular diet consists of meat products?
90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?
90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems?

NO

11. Do you know your current body mass index?

67 kg

12. Have your ever been on a diet, if so, what kind?

NO

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

Fruits , vegetables

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact. B. little impact c. big impact. D. none

Health

a. No impact. B. little impact big impact. D. none

Weight.

a. No impact. B. little impact big impact. D. none

Mental condition.

A. No impact. B. little impact big impact. D. none

Y. Sangeetha
Signature of the Student

D. Ravi
Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : Y. Sangeetha
Group : Bsc [Bzc]
Name of the mentor : D. Ravindra Siv
Name of the project : Food habits

House No	Name of the person	Village / Ward	Mandal	District
3-61	D. RAJU	Chintoda	Srikakulam	Srikakulam

1. How many times a day do you eat?

3 times

2. Please answer the following according to your particular eating habits?

- a. I eat a good breakfast YES
b. I experienced feeling of hunger during the day NO
c. I eat meat. YES
d. I eat vegetables. YES
e. I eat fruits. YES
f. I eat dairy products YES
g. I eat sweets. YES

3. What meal would you consider to be your main meal of the day?

- a. Breakfast lunch c. dinner d. others

4. What does your main meal consist of and how it is prepared?

- Freshly prepared. B. restaurant meal. C. precooked microwave. D. other

5. Have you been avoiding some foods for health reasons? Yes / No

6. Do you have any particular food allergies?

NO

7. What is your daily food intake frequency of the following food categories?

Sweet foods:

- Several times a day once a day several times a week
less often never

Fresh vegetables & Fruits:

- Several times a day once a day several times a week
less often never

8. What percentage of your regular diet consists of meat products?
 90% 75% 50% 25% less than 25%
9. How much of your diet consists of vegetables and non-animal products?
 90% 75% 50% 25% less than 25%
10. Do you or have you ever has cholesterol problems?
 NO
11. Do you know your current body mass index?
 65 kg
12. Have your ever been on a diet, if so, what kind?
 NO
13. Mention the food items from the healthiest to the unhealthiest from your point of views?

Home made foods are Healthy

14. How much do you think a healthy diet affects?
- | | | |
|-------------------|------------------|---------------------------------------------------------|
| Restful sleep | | |
| a. No impact. | B. little impact | <input checked="" type="checkbox"/> big impact. D. none |
| Health | | |
| a. No impact. | B. little impact | <input checked="" type="checkbox"/> big impact. D. none |
| Weight. | | |
| a. No impact. | B. little impact | <input checked="" type="checkbox"/> big impact. D. none |
| Mental condition. | | |
| A. No impact. | B. little impact | <input checked="" type="checkbox"/> big impact. D. none |

y. Sangeetha
 Signature of the Student

D. Ray
 Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : Y. Sangeetha
Group : Bsc [BZC]
Name of the mentor : D. Ravindra Siv
Name of the project : Food Habit

House No	Name of the person	Village / Ward	Mandal	District
19-4-9	D. Srija	chintada	Srikakulam	Srikakulam

1. How many times a day do you eat?

3 Times

2. Please answer the following according to your particular eating habits?

- a. I eat a good breakfast Yes
b. I experienced feeling of hunger during the day Yes
c. I eat meat. Yes
d. I eat vegetables. Yes
e. I eat fruits. Yes
f. I eat dairy products Yes
g. I eat sweets. Yes

3. What meal would you consider to be your main meal of the day?

- a. Breakfast b. lunch c. dinner d. others

4. What does your main meal consist of and how it is prepared?

- A. Freshly prepared. B. restaurant meal. C. precooked microwave. D. other

5. Have you been avoiding some foods for health reasons? Yes / No

6. Do you have any particular food allergies?

NO

7. What is your daily food intake frequency of the following food categories?

Sweet foods:

Several times a day once a day several times a week

less often never

Fresh vegetables & Fruits:

Several times a day once a day several times a week

less often never

8. What percentage of your regular diet consists of meat products?
90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?
90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems?

NO

11. Do you know your current body mass index?

65 kg

12. Have your ever been on a diet, if so, what kind?

NO

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

Fruits , Dry Fruits

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact. B. little impact big impact. D. none

Health

a. No impact. B. little impact big impact. D. none

Weight.

a. No impact. B. little impact big impact. D. none

Mental condition.

A. No impact. B. little impact big impact. D. none

V. Sangeetha
Signature of the Student

D. Raly
Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : Y. Sangeetha
Group : BSC [BZC]
Name of the mentor : D. Ravindra sir
Name of the project : Food habits

House No	Name of the person	Village / Ward	Mandal	District
3-62	D. Naidu	Chintada	Srikakulam	Srikakulam

1. How many times a day do you eat?

3 times

2. Please answer the following according to your particular eating habits?

- a. I eat a good breakfast *yes*
- b. I experienced feeling of hunger during the day *yes*
- c. I eat meat. *yes*
- d. I eat vegetables. *yes*
- e. I eat fruits. *yes*
- f. I eat dairy products
- g. I eat sweets. *NO*

3. What meal would you consider to be your main meal of the day?

- a. Breakfast
- b. lunch
- c. dinner
- d. others

4. What does your main meal consist of and how it is prepared?

- a. Freshly prepared.
- B. restaurant meal.
- C. precooked microwave.
- D. other

5. Have you been avoiding some foods for health reasons? *Yes / No*

6. Do you have any particular food allergies?

NO

7. What is your daily food intake frequency of the following food categories?

Sweet foods:

- Several times a day
- once a day
- several times a week
- less often
- never

Fresh vegetables & Fruits:

- Several times a day
- once a day
- several times a week
- less often
- never

8. What percentage of your regular diet consists of meat products?

90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?

90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems?

NO

11. Do you know your current body mass index?

75 kg

12. Have you ever been on a diet, if so, what kind?

NO

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

Home made foods are healthy

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact. B. little impact c. big impact. D. none

Health

a. No impact. B. little impact c. big impact. D. none

Weight.

a. No impact. B. little impact c. big impact. D. none

Mental condition.

A. No impact. B. little impact c. big impact. D. none

Y. Sangeetha

Signature of the Student

D. Ray

Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : Y. Sangeetha
Group : BSc (BZC)
Name of the mentor : D. Ravindra Siv
Name of the project : food habits

House No	Name of the person	Village / Ward	Mandal	District
3-60	N. Gemuna	Chintada	Srikakulam	Sri Kakulam

1. How many times a day do you eat?

3 times

2. Please answer the following according to your particular eating habits?

- a. I eat a good breakfast *Yes*
b. I experienced feeling of hunger during the day *NO*
c. I eat meat. *Yes*
d. I eat vegetables. *Yes*
e. I eat fruits. *Yes*
f. I eat dairy products *Yes*
g. I eat sweets. *Yes*

3. What meal would you consider to be your main meal of the day?

- a. Breakfast b. lunch c. dinner d. others

4. What does your main meal consist of and how it is prepared?

- Freshly prepared. B. restaurant meal. C. precooked microwave. D. other

5. Have you been avoiding some foods for health reasons? *Yes / No*

6. Do you have any particular food allergies?

NO

7. What is your daily food intake frequency of the following food categories?

Sweet foods:

- Several times a day once a day several times a week
less often never

Fresh vegetables & Fruits:

- Several times a day once a day several times a week
less often never

8. What percentage of your regular diet consists of meat products?

90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?

90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems?

NO

11. Do you know your current body mass index?

45

12. Have your ever been on a diet, if so, what kind?

NO

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

Home made foods are Healthy

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact. B. little impact big impact. D. none

Health

a. No impact. B. little impact big impact. D. none

Weight.

a. No impact. B. little impact big impact. D. none

Mental condition.

A. No impact. B. little impact big impact. D. none

Y. Sangeetha
Signature of the Student

D. Ray
Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : Y. Sangeetha
Group : BSc [B2C]
Name of the mentor : O. Ravindra Siv
Name of the project : ~~No~~ Food Habits

House No	Name of the person	Village / Ward	Mandal	District
19-4-8	T. Rama Krishna	chintada	Srikakulam	Srikakulam

1. How many times a day do you eat?

3 Times

2. Please answer the following according to your particular eating habits?

- a. I eat a good breakfast *yes*
- b. I experienced feeling of hunger during the day *yes*
- c. I eat meat. *yes*
- d. I eat vegetables. *yes*
- e. I eat fruits. *yes*
- f. I eat dairy products *yes*
- g. I eat sweets. *yes*

3. What meal would you consider to be your main meal of the day?

- a. Breakfast b. lunch
- c. dinner
- d. others

4. What does your main meal consist of and how it is prepared?

- Freshly prepared.
- B. restaurant meal.
- C. precooked microwave.
- D. other

5. Have you been avoiding some foods for health reasons? Yes / No

6. Do you have any particular food allergies?

NO

7. What is your daily food intake frequency of the following food categories?

Sweet foods:

- Several times a day
- once a day
- several times a week
- less often
- never

Fresh vegetables & Fruits:

- Several times a day
- once a day
- several times a week
- less often
- never

8. What percentage of your regular diet consists of meat products?
90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?
90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems?

NO

11. Do you know your current body mass index?

65 kg

12. Have your ever been on a diet, if so, what kind?

NO

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

Home made foods are healthy

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact. ~~B.~~ little impact c. big impact. D. none

Health

a. No impact. B. little impact big impact. D. none

Weight.

a. No impact. B. little impact big impact. D. none

Mental condition.

A. No impact. B. little impact big impact. D. none

y. Sangeetha
Signature of the Student

D. Ray
Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : y. sangeetha
Group : Bsc [BZC]
Name of the mentor : D. Ravindra siv
Name of the project : Food Habit

House No	Name of the person	Village / Ward	Mandal	District
16-1-28/2	U. Anuradha	chintada	srikakulam	srikakulam

1. How many times a day do you eat?

3 times

2. Please answer the following according to your particular eating habits?

- a. I eat a good breakfast *yes*
b. I experienced feeling of hunger during the day *yes*
c. I eat meat. *yes*
d. I eat vegetables. *yes*
e. I eat fruits. *yes*
f. I eat dairy products *yes*
g. I eat sweets. *yes*

3. What meal would you consider to be your main meal of the day?

- a. Breakfast b. lunch c. dinner d. others

4. What does your main meal consist of and how it is prepared?

- Freshly prepared. B. restaurant meal. C. precooked microwave. D. other

5. Have you been avoiding some foods for health reasons? Yes / No

6. Do you have any particular food allergies?

NO

7. What is your daily food intake frequency of the following food categories?

Sweet foods:

- Several times a day once a day several times a week
less often never

Fresh vegetables & Fruits:

- Several times a day once a day several times a week
less often never

8. What percentage of your regular diet consists of meat products?
90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?
90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems?

NO

11. Do you know your current body mass index?

50 kg

12. Have your ever been on a diet, if so, what kind?

NO

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

Home made foods are healthy

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact. B. little impact c. big impact. D. none

Health

a. No impact. B. little impact c. big impact. D. none

Weight.

a. No impact. B. little impact c. big impact. D. none

Mental condition.

A. No impact. B. little impact c. big impact. D. none

y. sangeetha
Signature of the Student

D. Ravi
Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : Y. Sangeetha
Group : BSc [BZC]
Name of the mentor : D. Ravindra sir
Name of the project : Food Habits

House No	Name of the person	Village / Ward	Mandal	District
19-4-7	S. Pavani	chintada	srikakulam	srikakulam

1. How many times a day do you eat?

3 Times

2. Please answer the following according to your particular eating habits?

- I eat a good breakfast *yes*
- I experienced feeling of hunger during the day *yes*
- I eat meat. *yes*
- I eat vegetables. *yes*
- I eat fruits. *yes*
- I eat dairy products *yes*
- I eat sweets. *yes*

3. What meal would you consider to be your main meal of the day?

- Breakfast lunch c. dinner d. others

4. What does your main meal consist of and how it is prepared?

- Freshly prepared. B. restaurant meal. C. precooked microwave. D. other

5. Have you been avoiding some foods for health reasons? Yes / No

6. Do you have any particular food allergies?

NO

7. What is your daily food intake frequency of the following food categories?

Sweet foods:

- Several times a day once a day several times a week
less often never

Fresh vegetables & Fruits:

- Several times a day once a day several times a week
less often never

8. What percentage of your regular diet consists of meat products?
90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?
90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems?

NO

11. Do you know your current body mass index?

65 kg

12. Have you ever been on a diet, if so, what kind?

NO

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

Home made foods are healthy

14. How much do you think a healthy diet affects?

- | | | |
|-------------------|------------------|------------------------|
| Restful sleep | | |
| a. No impact. | B. little impact | c. big impact. D. none |
| Health | | |
| a. No impact. | B. little impact | c. big impact. D. none |
| Weight. | | |
| a. No impact. | B. little impact | c. big impact. D. none |
| Mental condition. | | |
| A. No impact. | B. little impact | c. big impact. D. none |

Y. Sangeetha
Signature of the Student

D. Ravi
Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : Y. Sangeetha
Group : BSC (BZC)
Name of the mentor : O. Pavidva siv
Name of the project : Food habits

House No	Name of the person	Village / Ward	Mandal	District
3-63	B. Sandhya	chintada	Srikakulam	Srikakulam

1. How many times a day do you eat?

3 times

2. Please answer the following according to your particular eating habits?

- I eat a good breakfast Yes
- I experienced feeling of hunger during the day Yes
- I eat meat. Yes
- I eat vegetables. Yes
- I eat fruits. Yes
- I eat dairy products Yes
- I eat sweets. NO

3. What meal would you consider to be your main meal of the day?

- Breakfast lunch
- dinner
- others

4. What does your main meal consist of and how it is prepared?

- Freshly prepared.
- restaurant meal.
- precooked microwave.
- other

5. Have you been avoiding some foods for health reasons? Yes / No

6. Do you have any particular food allergies?

NO

7. What is your daily food intake frequency of the following food categories?

Sweet foods:

- Several times a day once a day several times a week
less often never

Fresh vegetables & Fruits:

- Several times a day once a day several times a week
less often never

8. What percentage of your regular diet consists of meat products?
90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?
90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems?

NO

11. Do you know your current body mass index?

55 kg

12. Have your ever been on a diet, if so, what kind?

NO

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

Fruits, vegetables

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact. B. little impact c. big impact. D. none

Health

a. No impact. B. little impact C. big impact. D. none

Weight.

a. No impact. B. little impact C. big impact. D. none

Mental condition.

A. No impact. B. little impact C. big impact. D. none

Y. Sangeetha
Signature of the Student

D. Ravey
Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : Y. Sangeetha
Group : BSc (BZC)
Name of the mentor : D. Ravindra Siv
Name of the project : Food Habit

House No	Name of the person	Village / Ward	Mandal	District
101	B. Pavani	Chintada	Amadalavalasa	Srikakulam

1. How many times a day do you eat?

3 times

2. Please answer the following according to your particular eating habits?

- a. I eat a good breakfast *yes*
- b. I experienced feeling of hunger during the day *yes*
- c. I eat meat. *yes*
- d. I eat vegetables. *yes*
- e. I eat fruits. *yes*
- f. I eat dairy products *yes*
- g. I eat sweets. *NO*

3. What meal would you consider to be your main meal of the day?

- a. Breakfast b. Lunch c. dinner d. others

4. What does your main meal consist of and how it is prepared?

- a. Freshly prepared. B. restaurant meal. C. precooked microwave. D. other

5. Have you been avoiding some foods for health reasons? *Yes / No*

6. Do you have any particular food allergies?

NO

7. What is your daily food intake frequency of the following food categories?

Sweet foods:

Several times a day once a day several times a week

less often never

Fresh vegetables & Fruits:

Several times a day once a day several times a week

less often never

8. What percentage of your regular diet consists of meat products?
90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?
90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems?
NO

11. Do you know your current body mass index?
45 kg

12. Have your ever been on a diet, if so, what kind?
NO

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

vegetables , Dry fruits

14. How much do you think a healthy diet affects?

Restful sleep
a. No impact. B. little impact c. big impact. D. none

Health
a. No impact. B. little impact c. big impact. D. none

Weight.
a. No impact. B. little impact c. big impact. D. none

Mental condition.
A. No impact. B. little impact c. big impact. D. none

V. Sangeetha
Signature of the Student

D. Ray
Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : Y. Sangeetha
Group : BSC [BZE]
Name of the mentor : D. Ravindra Siv
Name of the project : Food Habit

House No	Name of the person	Village / Ward	Mandal	District
19-4-8	P. Kalyani	chintada	Srikakulam	Srikakulam

1. How many times a day do you eat?

3 Times

2. Please answer the following according to your particular eating habits?

- I eat a good breakfast Yes
- I experienced feeling of hunger during the day Yes
- I eat meat. Yes
- I eat vegetables. Yes
- I eat fruits. Yes
- I eat dairy products Yes
- I eat sweets. Yes

3. What meal would you consider to be your main meal of the day?

- a. Breakfast lunch c. dinner d. others

4. What does your main meal consist of and how it is prepared?

- a. Freshly prepared. B. restaurant meal. C. precooked microwave. D. other

5. Have you been avoiding some foods for health reasons? Yes / No

6. Do you have any particular food allergies?

NO

7. What is your daily food intake frequency of the following food categories?

Sweet foods:

- Several times a day once a day several times a week
less often never

Fresh vegetables & Fruits:

- Several times a day once a day several times a week
less often never

8. What percentage of your regular diet consists of meat products?
90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?
90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems?

NO

11. Do you know your current body mass index?

50 kg

12. Have your ever been on a diet, if so, what kind?

NO

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

Fruits, vegetables

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact. ~~B.~~ little impact c. big impact. D. none

Health

a. No impact. B. little impact ~~c.~~ big impact. D. none

Weight.

a. No impact. ~~B.~~ little impact c. big impact. D. none

Mental condition.

A. No impact. B. little impact ~~c.~~ big impact. D. none

y. sangeetha
Signature of the Student

D. Ravi
Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : Y. Sangeetha
Group : Bsc [Bzc]
Name of the mentor : D. Ravindra Siv
Name of the project : Food Habits

House No	Name of the person	Village / Ward	Mandal	District
19-4-6	B. Jyothi	chintada	Srikakulam	Srikakulam

1. How many times a day do you eat?

3 times

2. Please answer the following according to your particular eating habits?

- a. I eat a good breakfast *yes*
b. I experienced feeling of hunger during the day *yes*
c. I eat meat. *yes*
d. I eat vegetables. *yes*
e. I eat fruits. *yes*
f. I eat dairy products *yes*
g. I eat sweets. *yes*

3. What meal would you consider to be your main meal of the day?

- a. Breakfast b. lunch c. dinner d. others

4. What does your main meal consist of and how it is prepared?

- Freshly prepared. B. restaurant meal. C. precooked microwave. D. other

5. Have you been avoiding some foods for health reasons? Yes / No

6. Do you have any particular food allergies?

NO

7. What is your daily food intake frequency of the following food categories?

Sweet foods:

- Several times a day once a day several times a week
less often never

Fresh vegetables & Fruits:

- Several times a day once a day several times a week
less often never

8. What percentage of your regular diet consists of meat products?
90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?
90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems?

NO

11. Do you know your current body mass index?

45 kg

12. Have your ever been on a diet, if so, what kind?

NO

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

Home made foods are healthy

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact. B. little impact c. big impact. D. none

Health

a. No impact. B. little impact c. big impact. D. none

Weight.

a. No impact. B. little impact c. big impact. D. none

Mental condition.

A. No impact. B. little impact c. big impact. D. none

y. Sangeetha
Signature of the Student

D. Ray
Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : Y. Sangeetha
Group : BSC (BZC)
Name of the mentor : D. Ravindra sir
Name of the project : Food Habit

House No	Name of the person	Village / Ward	Mandal	District
1412	K. Lavanya	Chintada	Amadalabam	Srikakulam

1. How many times a day do you eat?

3 times

2. Please answer the following according to your particular eating habits?

- a. I eat a good breakfast *yes*
- b. I experienced feeling of hunger during the day *yes*
- c. I eat meat. *yes*
- d. I eat vegetables. *yes*
- e. I eat fruits. *yes*
- f. I eat dairy products *yes*
- g. I eat sweets. *yes*

3. What meal would you consider to be your main meal of the day?

- a. Breakfast
- b. lunch
- c. dinner
- d. others

4. What does your main meal consist of and how it is prepared?

- A. Freshly prepared.
- B. restaurant meal.
- C. precooked microwave.
- D. other

5. Have you been avoiding some foods for health reasons? Yes / No

6. Do you have any particular food allergies?

NO

7. What is your daily food intake frequency of the following food categories?

Sweet foods:

- Several times a day
- once a day
- several times a week
- less often
- never

Fresh vegetables & Fruits:

- Several times a day
- once a day
- several times a week
- less often
- never

8. What percentage of your regular diet consists of meat products?

90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?

90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems?

NO

11. Do you know your current body mass index?

42 kg

12. Have your ever been on a dict, if so, what kind?

NO

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

Dry Fruit

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact. B. little impact c. big impact. D. none

Health

a. No impact. B. little impact c. big impact. D. none

Weight.

a. No impact. B. little impact c. big impact. D. none

Mental condition.

A. No impact. B. little impact c. big impact. D. none

Y. Sangeetha

Signature of the Student

D. Rallu

Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : Y. Sangeetha
Group : BSc (BZC)
Name of the mentor : D. Ravindra Siv
Name of the project : Food Habit

House No	Name of the person	Village / Ward	Mandal	District
143	B. Harika	Chimbada	Amadalabadi	Srikakulam

1. How many times a day do you eat?

3 Times

2. Please answer the following according to your particular eating habits?

- a. I eat a good breakfast *yes*
- b. I experienced feeling of hunger during the day *yes*
- c. I eat meat. *yes*
- d. I eat vegetables. *yes*
- e. I eat fruits. *yes*
- f. I eat dairy products *yes*
- g. I eat sweets. *yes*

3. What meal would you consider to be your main meal of the day?

- a. Breakfast lunch
- c. dinner
- d. others

4. What does your main meal consist of and how it is prepared?

- Freshly prepared.
- B. restaurant meal.
- C. precooked microwave.
- D. other

5. Have you been avoiding some foods for health reasons? Yes / No

6. Do you have any particular food allergies?

NO

7. What is your daily food intake frequency of the following food categories?

Sweet foods:

- Several times a day
- once a day
- several times a week
- less often
- never

Fresh vegetables & Fruits:

- Several times a day
- once a day
- several times a week
- less often
- never

8. What percentage of your regular diet consists of meat products?
90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?
90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems?

NO

11. Do you know your current body mass index?

48 kg

12. Have your ever been on a diet, if so, what kind?

NO

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

vegetables, fruits

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact. B. little impact c. big impact. D. none

Health

a. No impact. B. little impact c. big impact. D. none

Weight.

a. No impact. B. little impact c. big impact. D. none

Mental condition.

A. No impact. B. little impact c. big impact. D. none

Y. Sangeetha
Signature of the Student

D. Ravi
Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : Y. Sangeetha
Group : Bsc [Bzc]
Name of the mentor : D. Ravindra Siv
Name of the project : Food Habit

House No	Name of the person	Village / Ward	Mandal	District
144	P. Kavitha	chintada	Amadalambam	Srikakulam

1. How many times a day do you eat?

3 times

2. Please answer the following according to your particular eating habits?

- a. I eat a good breakfast *yes*
- b. I experienced feeling of hunger during the day *yes*
- c. I eat meat. *yes*
- d. I eat vegetables. *yes*
- e. I eat fruits. *yes*
- f. I eat dairy products *yes*
- g. I eat sweets. *yes*

3. What meal would you consider to be your main meal of the day?

- a. Breakfast lunch
- c. dinner
- d. others

4. What does your main meal consist of and how it is prepared?

- Freshly prepared.
- B. restaurant meal.
- C. precooked microwave.
- D. other

5. Have you been avoiding some foods for health reasons? Yes / No

6. Do you have any particular food allergies?

NO

7. What is your daily food intake frequency of the following food categories?

Sweet foods:

- Several times a day once a day several times a week
- less often never

Fresh vegetables & Fruits:

- Several times a day once a day several times a week
- less often never

8. What percentage of your regular diet consists of meat products?
90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?
90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems?

NO

11. Do you know your current body mass index?

45 kg

12. Have your ever been on a diet, if so, what kind?

NO

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

vegetables, Dry fruits,

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact. B. little impact c. big impact. D. none

Health

a. No impact. B. little impact c. big impact. D. none

Weight.

a. No impact. B. little impact c. big impact. D. none

Mental condition.

A. No impact. B. little impact c. big impact. D. none

y. Sangeetha
Signature of the Student

D. Ravi
Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : Y. Sangetha
Group : BSc [Bzc]
Name of the mentor : D. Ravindra Siv
Name of the project : Food Habit

House No	Name of the person	Village / Ward	Mandal	District
147	B. Sravani	chimbada	Amadalavalu	Srikakulam

1. How many times a day do you eat?

3 times

2. Please answer the following according to your particular eating habits?

- a. I eat a good breakfast yes
b. I experienced feeling of hunger during the day yes
c. I eat meat. yes
d. I eat vegetables. yes
e. I eat fruits. yes
f. I eat dairy products yes
g. I eat sweets. NO

3. What meal would you consider to be your main meal of the day?

- a. Breakfast lunch c. dinner d. others

4. What does your main meal consist of and how it is prepared?

- Freshly prepared. B. restaurant meal. C. precooked microwave. D. other

5. Have you been avoiding some foods for health reasons? Yes / No

6. Do you have any particular food allergies?

NO

7. What is your daily food intake frequency of the following food categories?

Sweet foods:

- Several times a day once a day several times a week
less often never

Fresh vegetables & Fruits:

- Several times a day once a day several times a week
less often never

8. What percentage of your regular diet consists of meat products?
90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?
90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems?

NO

11. Do you know your current body mass index?

50 kg

12. Have your ever been on a diet, if so, what kind?

NO

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

Dry Fruits

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact. B. little impact c. big impact. D. none

Health

a. No impact. B. little impact big impact. D. none

Weight.

a. No impact. B. little impact c. big impact. D. none

Mental condition.

A. No impact. B. little impact big impact. D. none

y. sangeetha
Signature of the Student

D. Ray
Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : Y. Sangeetha
Group : BSc {Bzc}
Name of the mentor : D. Ravindra sir
Name of the project : Food Habit

House No	Name of the person	Village / Ward	Mandal	District
146	P. Vasa Laxmi	Chintada	Amadalavay	Srikulam

1. How many times a day do you eat?

3 Times

2. Please answer the following according to your particular eating habits?

- a. I eat a good breakfast *yes*
- b. I experienced feeling of hunger during the day *yes*
- c. I eat meat. *yes*
- d. I eat vegetables. *yes*
- e. I eat fruits. *yes*
- f. I eat dairy products *yes*
- g. I eat sweets. *yes*

3. What meal would you consider to be your main meal of the day?

- a. Breakfast lunch
- c. dinner
- d. others

4. What does your main meal consist of and how it is prepared?

- Freshly prepared.
- B. restaurant meal.
- C. precooked microwave.
- D. other

5. Have you been avoiding some foods for health reasons? Yes / No

6. Do you have any particular food allergies?

NO

7. What is your daily food intake frequency of the following food categories?

Sweet foods:

- Several times a day once a day several times a week
- less often never

Fresh vegetables & Fruits:

- Several times a day once a day several times a week
- less often never

8. What percentage of your regular diet consists of meat products?

90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?

90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems?

NO

11. Do you know your current body mass index?

55 kg

12. Have you ever been on a diet, if so, what kind?

NO

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

Fresh vegetables

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact. B. little impact c. big impact. D. none

Health

a. No impact. B. little impact c. big impact. D. none

Weight.

a. No impact. B. little impact c. big impact. D. none

Mental condition.

A. No impact. B. little impact c. big impact. D. none

y. Sangeetha

Signature of the Student

D. Ray

Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS

Name of the student : Y. Sangeetha
Group : BSc [BZC]
Name of the mentor : D. Ravindra Siv
Name of the project : Food Habit

House No	Name of the person	Village / Ward	Mandal	District
148	T. Sunitha	Chimlada	Arnada Janslop	Sri Kakulam

1. How many times a day do you eat?

3 times

2. Please answer the following according to your particular eating habits?

- a. I eat a good breakfast *yes*
- b. I experienced feeling of hunger during the day *yes*
- c. I eat meat. *yes*
- d. I eat vegetables. *yes*
- e. I eat fruits. *yes*
- f. I eat dairy products *yes*
- g. I eat sweets. *yes*

3. What meal would you consider to be your main meal of the day?

- a. Breakfast lunch
- c. dinner
- d. others

4. What does your main meal consist of and how it is prepared?

- Freshly prepared.
- B. restaurant meal.
- C. precooked microwave.
- D. other

5. Have you been avoiding some foods for health reasons? Yes / No

6. Do you have any particular food allergies?

NO

7. What is your daily food intake frequency of the following food categories?

Sweet foods:

- Several times a day once a day several times a week
less often never

Fresh vegetables & Fruits:

- Several times a day once a day several times a week
less often never

8. What percentage of your regular diet consists of meat products?
90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?
90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems?

NO

11. Do you know your current body mass index?

68 kg

12. Have your ever been on a diet, if so, what kind?

NO

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

Fruits , vegetables

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact. B. little impact c. big impact. D. none

Health

a. No impact. B. little impact c. big impact. D. none

Weight.

a. No impact. B. little impact c. big impact. D. none

Mental condition.

A. No impact. B. little impact c. big impact. D. none

Y. Sangeetha
Signature of the Student

D. Ravi
Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : Y. Sangeetha
Group : Bsc [Bzc]
Name of the mentor : O. Ravindra Siv
Name of the project : Food Habit

House No	Name of the person	Village / Ward	Mandal	District
148	K. Anitha	Chin-boda	Amadalavabyp	Sriakulam

1. How many times a day do you eat?

3 Times

2. Please answer the following according to your particular eating habits?

- I eat a good breakfast *yes*
 - I experienced feeling of hunger during the day *yes*
 - I eat meat. *yes*
 - I eat vegetables. *yes*
 - I eat fruits. *yes*
 - I eat dairy products *yes*
 - I eat sweets. *yes*
3. What meal would you consider to be your main meal of the day?
- Breakfast lunch c. dinner d. others
4. What does your main meal consist of and how it is prepared?
- Freshly prepared. B. restaurant meal. C. precooked microwave. D. other
5. Have you been avoiding some foods for health reasons? Yes / No
6. Do you have any particular food allergies?

NO

7. What is your daily food intake frequency of the following food categories?

Sweet foods:

Several times a day once a day several times a week
less often never

Fresh vegetables & Fruits:

Several times a day once a day several times a week
less often never

8. What percentage of your regular diet consists of meat products?
90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?
90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems?

NO

11. Do you know your current body mass index?

65 kg

12. Have your ever been on a diet, if so, what kind?

NO

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

vegetables , fruits

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact. B. little impact c. big impact. D. none

Health

a. No impact. B. little impact c. big impact. D. none

Weight.

a. No impact. B. little impact c. big impact. D. none

Mental condition.

A. No impact. B. little impact c. big impact. D. none

Y. Sangeetha
Signature of the Student

D. Ray
Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : y. Sangeetha
Group : BSc (BZC)
Name of the mentor : D. Ravindra Siv
Name of the project : Food Habit

House No	Name of the person	Village / Ward	Mandal	District
149	T. Rama Devi	Chimlada	Amadalavalasa	Srikakulam

1. How many times a day do you eat?

3 Times

2. Please answer the following according to your particular eating habits?

- a. I eat a good breakfast *Yes*
- b. I experienced feeling of hunger during the day *Yes*
- c. I eat meat. *Yes*
- d. I eat vegetables. *Yes*
- e. I eat fruits. *Yes*
- f. I eat dairy products *Yes*
- g. I eat sweets. *NO*

3. What meal would you consider to be your main meal of the day?

- a. Breakfast lunch
- c. dinner
- d. others

4. What does your main meal consist of and how it is prepared?

- a. Freshly prepared.
- B. restaurant meal.
- C. precooked microwave.
- D. other

5. Have you been avoiding some foods for health reasons? *Yes / No*

6. Do you have any particular food allergies?

NO

7. What is your daily food intake frequency of the following food categories?

Sweet foods:

- Several times a day once a day several times a week
less often never

Fresh vegetables & Fruits:

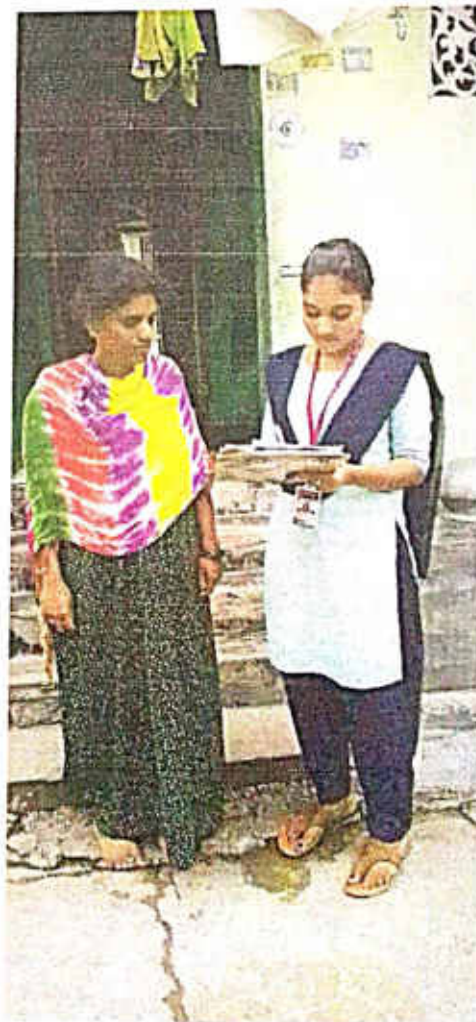
- Several times a day once a day several times a week
less often never

8. What percentage of your regular diet consists of meat products?
 90% 75% 50% 25% less than 25%
9. How much of your diet consists of vegetables and non-animal products?
 90% 75% 50% 25% less than 25%
10. Do you or have you ever has cholesterol problems?
 NO
11. Do you know your current body mass index?
 68 kg
12. Have your ever been on a diet, if so, what kind?
 NO
13. Mention the food items from the healthiest to the unhealthiest from your point of views?
 Fruits, Dry fruits,
14. How much do you think a healthy diet affects?

- | | | |
|-------------------|------------------|---------------------------------------------------------|
| Restful sleep | | |
| a. No impact. | B. little impact | <input checked="" type="checkbox"/> big impact. D. none |
| Health | | |
| a. No impact. | B. little impact | <input checked="" type="checkbox"/> big impact. D. none |
| Weight. | | |
| a. No impact. | B. little impact | <input checked="" type="checkbox"/> big impact. D. none |
| Mental condition. | | |
| A. No impact. | B. little impact | <input checked="" type="checkbox"/> big impact. D. none |

Y. Sangeetha
 Signature of the Student

D. Ray
 Signature of the Mentor





CONCLUSION

I'm YSANGEETHA studying in B.SC first year Cbz group. I had completed the community service project on "FOOD HABITS" in our Village and submitted the report to my mentor. My project is about the food habits of our Village people. I conducted questionnaire to different age groups people about their regular diet. Most of the old aged people considered lunch as their main meal of the day. They taking food only two times per day due to digestive problems. We find out the major problem facing by our villagers and dropped the Sarpanch attention towards the problem by conducting awareness program in our Village.

It was interesting to carry out this project to know about different opinions, food habits and problems of our villagers. Finally I believe that my project is complete under vision of my mentor. I thank him for his guidance and support.

By

Yaragada Sangeetha

Verified by
D. Ray

