

A PROJECT
ON
COMMUNITY SERVICE

Submitted in the partial fulfillment of the requirements for the award
of degree of BSc

By

BOTHSA.LAKSHMI PRASANNA

2222001049012

Semester 2 (BZC)

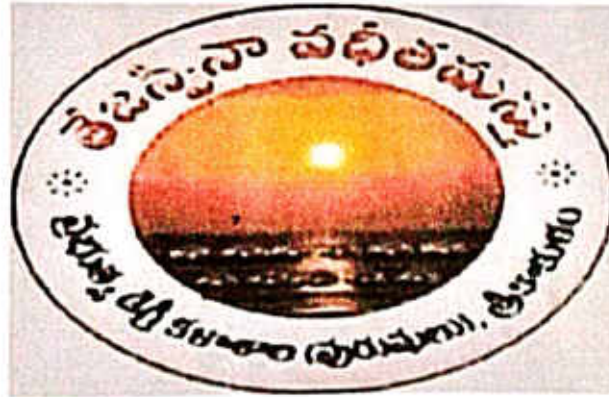
Batch 2022-2025

Under the supervision

D.Adinarayana

Lecturer in Chemistry

GOVERNMENT DEGREE COLLEGE(Men), SRIKAKULAM



ACKNOWLEDGEMENT

I would like to express my gratitude to all those who gave me the possibility to complete this Community Service Project. Special thanks to Mentor D. Adhinarayana sir who help me in stimulating suggestions and encouragement to complete this project.

I would like to thank all the staff from the department of chemistry for their able guidance and support to complete this project

I would also like to express my gratitude to our principal madam for her tremendous support to complete this project.

CERTIFICATE

I certified that BOTHSA LAKSHMI PRASANNA studying Bsc Cbz group has completed and submitted the project report on 'FOOD HABITS' further partial fulfillment of the requirements for the award of Bachelor of science under my supervision during the academic year 2022-2023

Date:
Place



Project guide
D. Adhinarayana
Lecturer in chemistry
GDC (M), Nrikakulam

DECLARATION

I hereby declare that the Community Service Project report entitled "FOOD HABITS" submitted by me to the Govt Degree College (M), srikakulam in partial fulfillment of the requirement for the award of the degree of Bsc Cbz is a record of bonified project work carried out by me under the guidance of D.Adhinarayana sir.I further declare that the work reported in this project has not been submitted and will not be submitted either in part or in full, for the award of any other degree in this institute or other institute or University.

Srikakulam

Date:..

Signature of the candidate

Name B. Lakshmi prasanna

AWARENESS REPORT:

PROBLEMS IDENTIFIED

- * Uneven roads in every street
- * Water problems in every Street
- * Improper drainage system

EFFECTS FACED BY PEOPLE

- * Because of having uneven roads there are so many vehicles are damaged , not only that but also oldaged people are getting hard to walk on these roads.
- * There is a need of water to everyone but in our village there are no proper gov.tap connection to each house but some are having them. Mostly people in my ward are not having gov. tap connection.
- * There are so many problems are taking place on having improper drainage system.

SUGGESTIONS

At first , I would like to explain all about those problems and I said to them as you should complaint to the Valenteer to clear these problems and the valenteer said that all those problems will be cleared by our sarpanch and secretary.I told them that we have to maintain a proper usage of them neatly.

BY :

CONTENTS

- 1.Introduction
- 2.Objectives
- 3.Methodology
- 4.Log book
- 5.Socio-economic survey
Report-Pics
- 6.Awareness program
- 7.Project
- 8.Conclusion

INTRODUCTION

Food habits and Nutritional Problems:

Food is essential for all humans for survival. Food Habits and imbalanced intake of diet by an individual results in the malnutrition or cause of many health problems. Especially women, children and pregnant women must be always cautious to take proper food intake with essential nutrients. Because poor diet and disease are caused by food insecurity. Somet by causing diarrhoea and other illness.

There is a saying 'you are what you eat' seems to be proven true. It is important to know what food to eat in order to stay healthy. Health depends to a large extent on Nutrition and Nutrition on food we take. Hence Nutrition and Health are two sides of the same coin and food is the most important factor for health and fitness.

Healthy Food Habits:

Healthy Food habits includes a variety of foods in adequate amounts and correct proportions to meet the requirements of all essential nutrients such as proteins, carbohydrates, fats, vitamins, minerals, water and fibre. This also includes proper Schedule for the intake of light and heavy foods, when to take and when not to take, health condition of the individual. For example person who is suffering from kidney stones should not often take calcium rich foods. We have to take foods that suits our age and health. The most common eating idiosyncracies include skipping meals, consuming fast foods in a routine way, avoiding fruits, and vegetables, frequent snacking. Hence it is essential for each and every individual to adopt proper food habits.

OBJECTIVE

The aim and objective of this project is to find out in a closed community about the following food habits and to analyse whether they are adopted to healthy food habits and if not to incorporate sound eating habits by creating awareness in them to recognise good eating habits followed with regular exercise.

- *About the type of foods most people are interested to take.*
- *Food intake in regular Time intervals.*
- *Main meal in view of the majority of the people.*
- *Whether interested to take fresh food or cooked & preserved food.*
- *Taking fresh fruits and vegetables.*
- *Sweets /junk foods.*
- *Whether drinking sufficient quantity of water.*
- *Regular weight check up.*
- *Monitoring individual food behaviour.*
- *Any form of eating disorders.*
- *Effect of socio-economic status on food habits.*

METHODOLOGY

1. Study site :

The place selected for the project was comes under 8th ward kanimetta village,ponduru mandal and srikakulam district. Approximately 30 families were covered under this ward. This is a rural area with 75% of people were farmers. This area is used for the cultivation of rice and vegetables

2. Quantitative study :

The quantitative study of my project includes about the number of children, youngsters,elder women and men, pregnant women, people with physical and mental ailments, their food intake based on quantity per day and their food habits.

3.Qualitative study:

The qualitative study was carried out based on their cultural pattern of food habits among various socio-economic, educational and age grou

4.Data Collection :

Initially socio-economic survey and other background survey was done and the data was collected from them.

Secondly their food habits data was collected from the initially prepared questionnaire which consists of 14 questions to know about their food habits, cooking methods, storage food,time intervals followed,and how much expenditure was spent on food,in detail.

GOVT. DEGREE COLLEGE(M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

LOG BOOK

Name of the student : B. LAKSHMI PRASANNA

Group : BZC

Registration Number : 2222 001049012

Name of the Mentor : D. Adinarayana

Name of the Project : FOOD HABITS

Date & Day	Activity done	Number of Hours Spent	Signature of the student
09-5-2023 Tuesday	Socio Economic Survey	6	B. LAKSHMI PRASANNA
10-5-2023 Wednesday	Socio Economic Survey	5	B. LAKSHMI PRASANNA
11-5-2023 Thursday	Socio Economic Survey	8	B. LAKSHMI PRASANNA
12-5-2023 Friday	Socio Economic Survey	7	B. LAKSHMI PRASANNA
13-5-2023 Saturday	Socio Economic Survey	6	B. LAKSHMI PRASANNA
14-5-2023 Sunday	Socio Economic Survey	5	B. LAKSHMI PRASANNA
15-5-2023 Monday	Socio Economic Survey	6	B. LAKSHMI PRASANNA
16-5-2023 Tuesday	Socio Economic Survey	7	B. LAKSHMI PRASANNA
			B. LAKSHMI PRASANNA


Signature of the Mentor

GOVT. DEGREE COLLEGE(M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

LOG BOOK

Name of the student : Bothsa. Lakshmi Prasadanna

Group : BZC

Registration Number : 2222001049012

Name of the Mentor : D. Adivarayana

Name of the Project : FOOD HABITS

Date & Day	Activity done	Number of Hours Spent	Signature of the student
wednesday 17-5-2023	Awareness programme on Drainage problem	8	B. Lakshmi Prasadanna
Thursday 18-5-2023	Awareness programme on Drainage problem	7	B. Lakshmi Prasadanna
Friday 19-5-2023	Awareness programme on Drainage problem	9	B. Lakshmi Prasadanna


Signature of the Mentor

GOVT. DEGREE COLLEGE(M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

LOG BOOK

Name of the student : Bothsa. Lakshmi prasanna

Group : BZC

Registration Number : 2222001049012

Name of the Mentor : D. Adinarayana

Name of the Project : FOOD HABITS

Date & Day	Activity done	Number of Hours Spent	Signature of the student
20-5-2023 (Saturday)	FOOD HABITS	7	B. Lakshmi prasanna
21-5-2023 (Sunday)	FOOD HABITS	6	B. Lakshmi prasanna
22-5-2023 (Monday)	FOOD HABITS	8	B. Lakshmi prasanna
23-5-2023 (Tuesday)	FOOD HABITS	7	B. Lakshmi prasanna
24-5-2023 (Wednesday)	FOOD HABITS	6	B. Lakshmi prasanna
25-5-2023 (Thursday)	FOOD HABITS	5	B. Lakshmi prasanna
26-5-2023 (Friday)	FOOD HABITS	10	B. Lakshmi prasanna
27-5-2023 (Saturday)	FOOD HABITS	8	B. Lakshmi prasanna
28-5-2023 (Sunday)	FOOD HABITS	7	B. Lakshmi prasanna
			B. Lakshmi prasanna


Signature of the Mentor

GOVT. DEGREE COLLEGE(M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

LOG BOOK

Name of the student : B. Lakshmi prasanna


Group : BZC

Registration Number : 2222001049012

Name of the Mentor : D. Adinayarana

Name of the Project : FOOD HABITS

Date & Day	Activity done	Number of Hours Spent	Signature of the student
29-5-2023 (Monday)	Project WRITING	8	B. Lakshmi prasanna
30-5-2023 (Tuesday)	Project WRITING	7	B. Lakshmi prasanna
31-5-2023 (Wednesday)	PROJECT WRITING	6	B. Lakshmi prasanna
1-6-2023 (Thursday)	PROJECT WRITING	5	B. Lakshmi prasanna
2-6-2023 (Friday)	Project writing	7	B. Lakshmi prasanna
3-6-2023 (Saturday)	Project Writting	9	B. Lakshmi prasanna
4-6-2023 (Sunday)	Project Writting	10	B. Lakshmi prasanna
5-6-2023 (Monday)	Project Writting	12	B. Lakshmi prasanna
6-6-2023 (Tuesday)	Project Writting	10	B. Lakshmi prasanna
7-6-2023 (Wednesday)	Project Writting	7	B. Lakshmi prasanna


Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY CONSOLIDATION REPORT

Name of the student : Bothsa. Lakshmi prasanna

Group : BZC

Name of the Mentor : D. Adinarayana

Name of the Project : Food Habites

Ward/ Habitat	Lolugu	Panchayat	Lolugu	Post Office	Lolugu
Mandal	Ponduru	District	Srikakulam	Pin Code	

1. Total Number of Houses in the Habitat/Ward: 50

2. Number of Houses Caste-wise:

SC _____ ST _____ OC _____ BC-A _____ BC-B _____ BC-C _____ BC-D 50

3. Common Health problems in the Habitat/Ward:

(i) sugar patients

(ii)

(iii)

4. Number of White Ration Cards: 50

5. Number of Illiterates in the Ward/ Habitat/ Village: - 10

6. Number of Graduates in the Ward/ Habitat/ Village: 40

7. Number of Job Holders: 9

8. Number of PWD People: NO

9. Number of DWACRA Groups in the Ward/ Habitat/ Village: 15

10. Road connectivity to the Ward/ Habitat/ Village: Yes / No ✓

11. Bus facility available: Yes / No ✓

12. Problems identified in the Ward/ Habitat/ Village:

(i) Electricity problem

(ii) Drainage problem

(iii)

(iv)

Signature of the Mentor

B. Lakshmi prasanna

Signature of the Student



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : Bothsa, Lakshmi Prasadanna

Group : BZC IInd

Registration Number : 2222 0010 49012

Area of the Survey conducted: Lolugu

House No.	5-53	Habitat /Ward	maidugani street	Panchayat /Municipality	Lolugu
Post office	Lolugu	Mandal	panduru	District	SRIKAKULAM

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1	I. Srinivasu	M	48	10 th	COACH	25,000
2	I. Rupa	F	45	10 th		
3	I. pavani	F	26	inter		

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC

(ii) Sub-Caste: Turpakapu

(iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: 1 Acres

(vi) Livestock resources: Cows _____ Oxen 1 Buffaloes _____ Sheep/Goats _____

(vii) Do you have own toilet? Yes/ No

(viii) Type Cooking fuel used: LPG/ Kerosene/ Wood/ others specify _____

(ix) Do you have white Ration Card? Yes/ No

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle

4. Health Details:

(i) Ailments in family: **NO**

(ii) Treatment in which Hospital: Govt/ Private

(iii) Any PWD Persons in family: Yes/ No

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No

5. Other Details:

(i) Do You have TV: Yes/No

(ii) Do you have Mobile: Yes

(iii) Mobile Number: **7680017810**

(iv) Do you have Computer/Laptop: Yes/No

(v) Is internet available at home: Yes/ No

6. Any specific problems identified in the village/ Ward:

(i) **drainage problems**

(ii) **pipe problems**

(iii)

Place: **Lolugu**

Date: **9-5-2023**

B. Lakshmi Prasanna.

Signature of the Student


Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : Bothsa. Lakshmi prasanna

Group : BZC

Registration Number : 2222 0010 49012

Area of the Survey conducted:

House No.	5-54	Habitat /Ward	vaidugari veedi	Panchayat /Municipality	LOLUGU
Post office	LOLUGU	Mandal	ponduru	District	SRIKAKULAM

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1	P. Adinarayana	M		10 th	Rashan card	10,000
2	P. Laxmi	F	45	7 th		
3	P. Yogi	M	20	degree		
4	P. Rishi	M	23	degree		

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/OC ✓ (ii) Sub-Caste: Thirupukapu (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow ✓

(ii) House status (Own/ Rented): ✓

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection ✓

(iv) Availability of Agricultural land: Yes/ No ✓

(v) Extent of Agricultural land: 2 Acres

(vi) Livestock resources: Cows _____ Oxen _____ Buffaloes _____ Sheep/Goats _____

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____ ✓

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle

4. Health Details:

(i) Aillments in family: NO ✓

(ii) Treatment in which Hospital: Govt/Private ✓

(iii) Any PWD Persons in family: Yes/No ✓

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No ✓

5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes

(iii) Mobile Number: 9160888708

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is internet available at home: Yes/No ✓

6. Any specific problems identified in the village/ Ward:

(i) water facilities problem

(ii)

(iii)

Place: Lolugu

Date: 9-5-2023

B. Lakshmi Prasanna
Signature of the Student


Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : Bothea. Lakshmi prasanna

Group : BZC

Registration Number : 2222001049012

Area of the Survey conducted:

House No.	<u>5-40</u>	Habitat /Ward	<u>Main Street</u>	Panchayat /Municipality	<u>Lolugu</u>
Post office	<u>Lolugu</u>	Mandal	<u>Ponduru</u>	District	<u>Srikakulam</u>

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
<u>1</u>	<u>Appalanaidu</u>	<u>M</u>	<u>48</u>	<u>-</u>	<u>cook</u>	<u>40,000</u>
<u>2</u>	<u>weelaveni</u>	<u>F</u>	<u>40</u>	<u>-</u>		
<u>3</u>	<u>chaitanya</u>	<u>M</u>	<u>24</u>	<u>degree</u>		
<u>4</u>	<u>usha</u>	<u>F</u>	<u>22</u>	<u>degree</u>		

2. Social Status details:

(i) Community: SC/ST/BC-A-B-C-D/OC (ii) Sub-Caste: Turpakapu (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: 1 Acres

(vi) Livestock resources: Cows 1 Oxen Buffaloes Sheep/Goats

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____ ✓

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle

4. Health Details:

(i) Ailments in family: NO

(ii) Treatment in which Hospital: Govt/Private ✓

(iii) Any PWD Persons in family: Yes/No ✓

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No

5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes

(iii) Mobile Number:

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is internet available at home: Yes/No ✓

6. Any specific problems identified in the village/ Ward:

(i) MA mosquitoes Heavy in my Areas

(ii) current pole problem

(iii)

Place: Lolugh

Date: 9-5-2023

B. LAKSHMI PRASANNA

Signature of the Student


Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : Bothsa, Lakshmi prabanna

Group : BZC IInd

Registration Number : 2222 0010 49012

Area of the Survey conducted:

House No.	5-57	Habitat /Ward	Mainstreet	Panchayat /Municipality	Lolugu
Post office	Lolugu	Mandal	Ponduru	District	Sriakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1	L. Satyam	M	70	-	-	40,000
2	L. Narayana	F	65	-	-	
3	L. Mahi	M	26	degree	cookery	
4	L. Dhavalaxmi	F	24	inter		

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC ✓ (ii) Sub-Caste: Turpakapu (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow ✓

(ii) House status (Own/ Rented): ✓

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection ✓

(iv) Availability of Agricultural land: Yes/ No ✓

(v) Extent of Agricultural land: 2 Acres

(vi) Livestock resources: Cows 2 Oxen ___ Buffaloes ___ Sheep/Goats ___

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____ ✓

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle

4. Health Details:

(i) Ailments in family: NO ✓

(ii) Treatment in which Hospital: Govt/Private ✓

(iii) Any PWD Persons in family: Yes/No ✓

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No

5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes

(iii) Mobile Number: 833306638 ✓

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is internet available at home: Yes/No ✓

6. Any specific problems identified in the village/ Ward:

(i) NO problems in my Area ✓

(ii)

(iii)

Place: Lolugu

Date: 9-5-2023

B. Lakshmi Prasanna
Signature of the Student


Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : Bothsa. Lakshmi prasanna

Group : BZC

Registration Number : 2222 0010 49012

Area of the Survey conducted:

House No.	5-70	Habitat /Ward	digiveedi	Panchayat /Municipality	Lolugu
Post office	Lolugu	Mandal	ponduru	District	Srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1	ch. parvathi	F	47	-	daily worker	13,000
2	ch. krishna	F	18	inter		
3	ch. sarojnaga	F	20	degree		
4	ch. purna	F	19	inter		

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC ✓ (ii) Sub-Caste: Turpakapu (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow ✓

(ii) House status (Own/ Rented): ✓

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection ✓

(iv) Availability of Agricultural land: Yes/ No ✓

(v) Extent of Agricultural land: 1 Acres

(vi) Livestock resources: Cows _____ Oxen 1 Buffaloes _____ Sheep/Goats _____

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____ ✓

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle

4. Health Details:

(i) Ailments in family: NO ✓

(ii) Treatment in which Hospital: Govt/Private ✓

(iii) Any PWD Persons in family: Yes/No ✓

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No ✓

5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes

(iii) Mobile Number: 9761689492 ✓

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is internet available at home: Yes/No ✓

6. Any specific problems identified in the village/ Ward:

(i) *Wyanage problems*

(ii)

(iii)

Place: *LOLUGU*

Date: *16-5-2023*

B. Lakshmi Prasanna
Signature of the Student

[Signature]
Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : Bothsa. Lakshmi prasanna

Group : BZC

Registration Number : 2222001049012

Area of the Survey conducted:-

House No.	5-82	Habitat /Ward	Digivadi	Panchayat /Municipality	Lolugu
Post office	Lolugu	Mandal	Ponduru	District	SRIKAKULAM

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1	L. gopinaidu (letu)	M	80	5 th	-	10,000
2	L. Kantamma	F	60	4 th	Housewife	

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC

(ii) Sub-Caste: Turpakapu

(iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: 1 Acres

(vi) Livestock resources: Cows 1 Oxen ___ Buffaloes ___ Sheep/Goats ___

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/Wood/ others specify LPG ✓

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle

4. Health Details:

(i) Ailments in family: NO

(ii) Treatment in which Hospital: Govt/Private ✓

(iii) Any PWD Persons In family: Yes/No ✓

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No ✓

5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes

(iii) Mobile Number:

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is internet available at home: Yes/No ✓

6. Any specific problems identified in the village/ Ward:

(i) Drynase problem

(ii)

(iii)

Place: Lolugu

Date: 10-5-2023

B. LakshmiPrasanna
Signature of the Student

(Signature)
Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : Bothsa. LAKSHMI PRASANNA

Group : BZC

Registration Number : 2222001049012

Area of the Survey conducted:

House No.	5-74	Habitat /Ward	digiveedi	Panchayat /Municipality	LOLUGU
Post office	LOLUGU	Mandal	ponduru	District	SRIKAKULAM

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1.	L. GURADU	M	50	-	FARMER	35,000
2.	L. VARALAXMI	F	49	-		
3.	Srinivasu	M	25	degree		

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC ✓ (ii) Sub-Caste: Turpakapu (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow ✓

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection ✓

(iv) Availability of Agricultural land: Yes/ No ✓

(v) Extent of Agricultural land: 2 1/2 Acres

(vi) Livestock resources: Cows _____ Oxen 2 Buffaloes _____ Sheep/Goats _____

- (vii) Do you have own toilet? Yes/No
- (viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____
- (ix) Do you have white Ration Card? Yes/No
- (x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle

4. Health Details:

- (i) Ailments in family: **NO**
- (ii) Treatment in which Hospital: Govt/ Private
- (iii) Any PWD Persons in family: Yes/ No

S.No.	Name of the Person	Gender	Age	Nature of Disability

- (iv) Do you have Govt. Arogya Sri Card: Yes/No

5. Other Details:

- (i) Do You have TV: Yes/No
- (ii) Do you have Mobile: **Yes**
- (iii) Mobile Number: **930813970**
- (iv) Do you have Computer/Laptop: Yes/No
- (v) Is internet available at home: Yes/No

6. Any specific problems identified in the village/ Ward:

- (i) **electricity problem**
- (ii) **pollution problems**
- (iii)

Place: **Lolugu**

Date: **10-5-2023**

B. Lakshmi prasanna
Signature of the Student


Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : Bothsa. Lakshmi prasanna

Group : BZC

Registration Number : 2222 0010 49012

Area of the Survey conducted:

House No.	5-67	Habitat /Ward	digiveedi	Panchayat /Municipality	Lolugu
Post office	Lolugu	Mandal	ponduru	District	SRIKAKULAM

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1	L. chinnamraju	F	60	-	farmer	30,000
2	L. Appalarajulu	M	62	-		
3	L. Savitri	F	33	inter		
4	L. Saxmi	F	29	inter		

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: Turputapu (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: 2 Acres

(vi) Livestock resources: Cows _____ Oxen 2 Buffaloes _____ Sheep/Goats _____

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/Wood/ others specify _____ ✓

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle

4. Health Details:

(i) Ailments in family: NO ✓

(ii) Treatment in which Hospital: Govt/Private ✓

(iii) Any PWD Persons in family: Yes/No ✓

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No ✓

5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes

(iii) Mobile Number: 9550734531 ✓

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is internet available at home: Yes/No ✓

6. Any specific problems identified in the village/ Ward:

(i) drinking water problem

(ii) water facilities

(iii)

Place: LOLLUGH

Date: 11-5-2023

B. Lakshmi prasanna.

Signature of the Student


Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM
COMMUNITY SERVICE PROJECT
SOCIO - ECONOMIC SURVEY

Name of the Student : Bothsa, Lakshmi Prabhanna
Group : BZC
Registration Number : 2222001049012

Area of the Survey conducted:

House No.	B-66	Habitat /Ward	digiveedi	Panchayat /Municipality	Lolugu
Post office	Lolugu	Mandal	ponduru	District	Srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1	Kannamahaidu	M	73	-	Farmer	15,000
2	Annapurna	F	70	-		

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC ✓ (ii) Sub-Caste: Turpukapu (iii) Religion: Hindu

3. Economic Status details:

- (i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow ✓
- (ii) House status (Own/ Rented):
- (iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection ✓
- (iv) Availability of Agricultural land: Yes/ No ✓
- (v) Extent of Agricultural land: 2 Acres
- (vi) Livestock resources: Cows 1 Oxen ___ Buffaloes ___ Sheep/Goats ___

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____ ✓

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle

4. Health Details:

(i) Ailments in family: NO

(ii) Treatment in which Hospital: Govt/Private ✓

(iii) Any PWD Persons in family: Yes/No ✓

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No ✓

5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes

(iii) Mobile Number:

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is internet available at home: Yes/No ✓

6. Any specific problems identified in the village/ Ward:

(i) Mosquitoes, grave problems

(ii)

(iii)

Place: Lolugu

Date: 11-5-2023

B. Lakshmi Prasanna
Signature of the Student


Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : Bothsa. Lakshmi prasanna

Group : BZC IInd

Registration Number : 2222001049012

Area of the Survey conducted:

House No.	5-84	Habitat /Ward	Mainstreet	Panchayat /Municipality	Lolugu
Post office	Lolugu	Mandal	Ponduru	District	SRIKAKULAM

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1.	L. Adinarayana	M	53	-	-	10,000
2.	L. Laxmikalyani	F	50	-	-	

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: (iii) Religion:

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: 3 Acres

(vi) Livestock resources: Cows ___ Oxen 2 Buffaloes ___ Sheep/Goats ___

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____ ✓

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle ✓

4. Health Details:

(i) Ailments in family: NO ✓

(ii) Treatment in which Hospital: Govt/Private ✓

(iii) Any PWD Persons in family: Yes/No ✓

S.No.	Name of the Person	Gender	Age	Nature of Disability
		NIDIA		

(iv) Do you have Govt. Arogya Sri Card: Yes/No ✓

5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes ✓

(iii) Mobile Number: 7013165790 ✓

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is internet available at home: Yes/No ✓

6. Any specific problems identified in the village/ Ward:

(i) Sanitization problems

(ii)

(iii)

Place: LOLUGU .

Date: 12-5-2023

B. Lakshmi priasanna.
Signature of the Student


Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : Bothsa. Lakshmi prasanna

Group : BZC

Registration Number : 2222 0010 49012

Area of the Survey conducted:

House No.	5-81	Habitat /Ward	digiveedi	Panchayat /Municipality	LOLUGU
Post office	LOLUGU	Mandal	ponduru	District	SRIKAKULAM

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1	M. ASIRINAIDU	M	37	inter	vegetable supply	25,000
2	M. Laxmi	F	32	-		
3	M. Drakshyani	F	6	-		
4	M. suvarada	F	5	-		

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC ✓ (ii) Sub-Caste: Turpakapu (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow ✓

(ii) House status (Own/ Rented): ✓

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection ✓

(iv) Availability of Agricultural land: Yes/ No ✓

(v) Extent of Agricultural land: 3 Acres

(vi) Livestock resources: Cows 1 Oxen ___ Buffaloes ___ Sheep/Goats ___

(vi) Do you have own toilet? Yes/No ✓

(vii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____ ✓

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle

4. Health Details:

(i) Ailments in family: NO ✓

(ii) Treatment in which Hospital: Govt/Private ✓

(iii) Any PWD Persons In family: Yes/No

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No ✓

5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes

(iii) Mobile Number:

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is internet available at home: Yes/No

6. Any specific problems identified in the village/ Ward:

(i) Damaged Roads.

(ii)

(iii)

Place: LOLUGU

Date: 12-5-2023

B. Lakshmi Prasanna
Signature of the Student


Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : Bothsa. Lakshmi.prasanna

Group : BZC

Registration Number : 2222001049012

Area of the Survey conducted:

House No.	5-45	Habitat /Ward	Mainstreet	Panchayat /Municipality	LOLUGU
Post office	LOLUGU	Mandal	PONDURU	District	SRIKAKULAM

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1	L. Krishnamathi	M	70	-	-	10,000
2	L. Santhi	F	65	-	-	

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC ✓ (ii) Sub-Caste: Turpakapu (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow ✓

(ii) House status (Own/ Rented): ✓

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection ✓

(iv) Availability of Agricultural land: Yes/ No ✓

(v) Extent of Agricultural land: NO Acres

(vi) Livestock resources: Cows 1 Oxen _____ Buffaloes _____ Sheep/Goats _____

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/Wood/ others specify _____ ✓

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle

4. Health Details:

(i) Allments in family: NO

(ii) Treatment In which Hospital: Govt/Private ✓

(iii) Any PWD Persons In family: Yes/No ✓

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No ✓

5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes

(iii) Mobile Number:

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is internet available at home: Yes/No ✓

6. Any specific problems identified in the village/ Ward:

(i) Water problems

(ii)

(iii)

Place: Lolugh

Date: 13-5-2023

B. Lakshmi Prasanna
Signature of the Student


Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : Bothsa, Lakshmi Prasanna

Group : BZC IInd

Registration Number : 2222 0010 49012

Area of the Survey conducted:

House No.	5-68	Habitat /Ward	digiveedi	Panchayat /Municipality	Lolugu
Post office	Lolugu	Mandal	ponduru	District	Srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1	L. Rani	F	46	-	-	5,000
2	L. Ravana (Letu)	M	48	-	-	

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC ✓ (ii) Sub-Caste: Tripurakapu (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow ✓

(ii) House status (Own/ Rented): ✓

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection ✓

(iv) Availability of Agricultural land: Yes/ No ✓

(v) Extent of Agricultural land: NO Acres

(vi) Livestock resources: Cows 1 Oxen _____ Buffaloes _____ Sheep/Goats _____

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____ ✓

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle

4. Health Details:

(i) Ailments in family: NO ✓

(ii) Treatment in which Hospital: Govt/Private ✓

(iii) Any PWD Persons in family: Yes/No ✓

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No ✓

5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes

(iii) Mobile Number: 888 68 25 120 ✓

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is internet available at home: Yes/No ✓

6. Any specific problems identified in the village/ Ward:

(i) current problem

(ii) sound pollution

(iii)

Place: Lolugu

Date: 13-5-2023

B. Lakshmi Prasanna
Signature of the Student


Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM
COMMUNITY SERVICE PROJECT
SOCIO - ECONOMIC SURVEY

Name of the Student : Bothsa. LAKSHMI PRASANNA

Group : BZC

Registration Number : 2222001049012

Area of the Survey conducted:

House No.	5-80	Habitat /Ward	Mainstreet	Panchayat /Municipality	LOLUGU
Post office	LOLUGU	Mandal	Ponduru	District	SRIKAKULAM

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1.	L. SWAMYAM	F	48	-	Housewife	10,000
2.	L. GOLLAYYA	M	49	-		
3.	L. DAMATHAN	M	37	degree		

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC ✓ (ii) Sub-Caste: Turpukapu (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow ✓

(ii) House status (Own/ Rented): ✓

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection ✓

(iv) Availability of Agricultural land: Yes/ No ✓

(v) Extent of Agricultural land: 3 1/2 Acres

(vi) Livestock resources: Cows _____ Oxen _____ Buffaloes _____ Sheep/Goats _____

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____ ✓

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle ✓

4. Health Details:

(i) Ailments in family: NO ✓

(ii) Treatment in which Hospital: Govt/Private ✓

(iii) Any PWD Persons in family: Yes/No ✓

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No ✓

5. Other Details: ✓

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes ✓

(iii) Mobile Number: ✓

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is internet available at home: Yes/No ✓

6. Any specific problems identified in the village/ Ward:

(i) *wyniage problem*

(ii)

(iii)

Place: *Lolugu*

Date: *14-5-2023*

B. Lakshmi prasanna
Signature of the Student

[Signature]
Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : Bothsa. Lakshmi prasanna

Group : BZC

Registration Number : 2222001049012

Area of the Survey conducted:

House No.	5-37	Habitat /Ward	gudra street	Panchayat /Municipality	LOUGU
Post office	LOUGU	Mandal	ponduru	District	SRIKAKULAM

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1	rsanyasirao	M	50	-	farmer	20,000
2	J. Krishna	F	48	-		
3	J. Vimala	F	26	degree		
4	J. Sarojini	F	27	degree		

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/OC ✓ (ii) Sub-Caste: Turpakapu (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow ✓

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection ✓

(iv) Availability of Agricultural land: Yes/ No ✓

(v) Extent of Agricultural land: 4 Acres ✓

(vi) Livestock resources: Cows _____ Oxen _____ Buffaloes _____ Sheep/Goats 1 ✓

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____ ✓

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle NO ✓

4. Health Details:

(i) Ailments in family: NO ✓

(ii) Treatment in which Hospital: Govt/Private ✓

(iii) Any PWD Persons in family: Yes/No ✓

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No ✓

5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes ✓

(iii) Mobile Number: ✓

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is internet available at home: Yes/No ✓

6. Any specific problems identified in the village/ Ward:

(i) water facilities problem

(ii)

(iii)

Place: Lolugu

Date: 14-5-2023

B. Lakshmi prasanna
Signature of the Student


Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : Bothsa. LAKSHMI PRASANNA

Group : BZC

Registration Number : 2222001049012

Area of the Survey conducted:

House No.	5-30	Habitat /Ward	Mainstreet	Panchayat /Municipality	Lolugu
Post office	Lolugu	Mandal	panduru	District	Srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1	L. Bala	M	45	inter	Army retiree	70,000
2	L. Prameela	F	43	inter		
3	L. Abhi	F	16	10th		

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC

(ii) Sub-Caste: Turpakapu

(iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: 3 Acres

(vi) Livestock resources: Cows ___ Oxen 2 Buffaloes ___ Sheep/Goats ___

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/Wood/ others specify _____ ✓

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle ✓

4. Health Details:

(i) Allments in family: NO

(ii) Treatment in which Hospital: Govt/Private ✓

(iii) Any PWD Persons in family: Yes/No ✓

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No ✓

5. Other Details: ✓

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes ✓

(iii) Mobile Number: ✓

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is internet available at home: Yes/No ✓

6. Any specific problems identified in the village/ Ward:

(i) no one Any problems ✓

(ii)

(iii)

Place: LOLUGU

Date: 15-5-2023

B. Lakshmi prasanna
Signature of the Student


Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM
COMMUNITY SERVICE PROJECT
SOCIO - ECONOMIC SURVEY

Name of the Student : Bothsa. Lakshmi PrASANNA
Group : BZC
Registration Number : 2222 0010 49012
Area of the Survey conducted:

House No.	5-48	Habitat /Ward	Ramanna ganiveedi	Panchayat /Municipality	LOLUGU
Post office	LOLUGU	Mandal	ponduru	District	SRIKAKULAM

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1	L. Lakshunaidu	M		10 th	COOKER	40,000
2	L. Sai	F		-		
3	L. Dhavalaxmi	F		degree		
4	L. Naveen	M		inter		

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC ✓ (ii) Sub-Caste: Turpakapu (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow ✓

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection ✓

(iv) Availability of Agricultural land: Yes/ No ✓

(v) Extent of Agricultural land: $2\frac{1}{2}$ Acres

(vi) Livestock resources: Cows 1 Oxen ___ Buffaloes ___ Sheep/Goats ___

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____ ✓

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle

4. Health Details:

(i) Allments in family: NO ✓

(ii) Treatment in which Hospital: Govt/Private ✓

(iii) Any PWD Persons in family: Yes/No ✓

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No ✓

5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes

(iii) Mobile Number: 9676029781 ✓

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is internet available at home: Yes/No ✓

6. Any specific problems identified in the village/ Ward:

(i) garbage cleaning ✓

(ii)

(iii)

Place: Lolugu

Date: 15-5-2023

B. LAKSHMI PRASADNA
Signature of the Student


Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM
COMMUNITY SERVICE PROJECT
SOCIO - ECONOMIC SURVEY

Name of the Student : Bothra, Lakshmi Prasanma

Group : BZC

Registration Number : 2222001049012

Area of the Survey conducted:

House No.	5-29	Habitat /Ward	Mainstreet	Panchayat /Municipality	Lolugu
Post office	Lolugu	Mandal	Pondru	District	Srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1	Prasanna Rao	M	48	degree	Hotel	20,000
2	Prasannaamma	F	45	inter		
3	T. Tyothsha	F	22	PG		
4	T. Rushi	M	24	degree		

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC ✓ (ii) Sub-Caste: Turputapu (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow ✓

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection ✓

(iv) Availability of Agricultural land: Yes/ No ✓

(v) Extent of Agricultural land: 1 Acres

(vi) Livestock resources: Cows 1 Oxen ___ Buffaloes ___ Sheep/Goats ___

- (vii) Do you have own toilet? Yes/No ✓
 (viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____ ✓
 (ix) Do you have white Ration Card? Yes/No ✓
 (x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle

4. Health Details:

- (i) Ailments in family: NO
 (ii) Treatment in which Hospital: Govt/Private ✓
 (iii) Any PWD Persons in family: Yes/No ✓

S.No.	Name of the Person	Gender	Age	Nature of Disability

- (iv) Do you have Govt. Arogya Sri Card: Yes/No ✓

5. Other Details:

- (i) Do You have TV: Yes/No ✓
 (ii) Do you have Mobile: Yes
 (iii) Mobile Number:
 (iv) Do you have Computer/Laptop: Yes/No ✓
 (v) Is internet available at home: Yes/No ✓

6. Any specific problems identified in the village/ Ward:

- (i) Roads cleaning is bad
 (ii)
 (iii)

Place: Lolugh

Date: 16-5-2023

B. Lakshmi prasanna
 Signature of the Student


 Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : Bothra. LAKSHMI PRABANNA

Group : BZC IInd

Registration Number : 2222001049012

Area of the Survey conducted:

House No.	5-47	Habitat /Ward	Mainstreet	Panchayat /Municipality	Lolugu
Post office	Lolugu	Mandal	Ponduru	District	Srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1	L. Rambabu	M	47	10 th	farmer	30,000
2	L. Sridevi	F	45	-		
3	L. Jyothsna	F	18	inter		
4	L. Sai	M	19	degree		

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC ✓ (ii) Sub-Caste: Turpakapu (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow ✓

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection ✓

(iv) Availability of Agricultural land: Yes/ No ✓

(v) Extent of Agricultural land: 4 Acres

(vi) Livestock resources: Cows _____ Oxen _____ Buffaloes _____ Sheep/Goats _____

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____ ✓

(ix) Do you have white Ration Card? Yes/No

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle

4. Health Details:

(i) Allments in family: NO

(ii) Treatment in which Hospital: Govt/Private ✓

(iii) Any PWD Persons in family: Yes/No

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No ✓

5. Other Details: ✓

(i) Do You have TV: Yes/No

(ii) Do you have Mobile: Yes

(iii) Mobile Number: 9177446010

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is internet available at home: Yes/No ✓

6. Any specific problems identified in the village/ Ward:

(i) drainage problem

(ii)

(iii)

Place: LOLUGU

Date: 16-5-2023

B. Lakshmi Prasanha
Signature of the Student


Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : Bothsa. LAKSHMI PRASANNA

Group : BZC

Registration Number : 2222001049012

Area of the Survey conducted:

House No.	<u>5-50</u>	Habitat /Ward	<u>digiveedi</u>	Panchayat /Municipality	<u>Lolugu</u>
Post office	<u>Lolugu</u>	Mandal	<u>ponduru</u>	District	<u>Srikakulam</u>

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
<u>1</u>	<u>L. Sri Ramulu</u>	<u>M</u>	<u>55</u>	<u>-</u>	<u>-</u>	<u>30,000</u>
<u>2</u>	<u>Appalamma</u>	<u>F</u>	<u>52</u>	<u>-</u>	<u>-</u>	
<u>3</u>	<u>L. Tirupathi</u>	<u>M</u>	<u>35</u>	<u>degree</u>	<u>police</u>	
<u>4</u>	<u>L. Mahesh</u>	<u>M</u>	<u>30</u>	<u>Beteru</u>	<u>police</u>	

2. Social Status details:

(i) Community: SC/ST/BC-A-B-C-D/OC (ii) Sub-Caste: Turpakapu (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: 2 Acres

(vi) Livestock resources: Cows Oxen Buffaloes 1 Sheep/Goats .

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____ ✓

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle

4. Health Details:

(i) Ailments in family: NO

(ii) Treatment in which Hospital: Govt/Private ✓

(iii) Any PWD Persons in family: Yes/No ✓

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No ✓

5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes

(iii) Mobile Number:

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is internet available at home: Yes/No ✓

6. Any specific problems identified in the village/ Ward:

(i) electricity problem

(ii)

(iii)

Place: Lolugu

Date: 17 - 5 - 2023

B. Lakshmi prasanna
Signature of the Student


Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM
COMMUNITY SERVICE PROJECT
SOCIO - ECONOMIC SURVEY

Name of the Student : Bothsa. Lakshmi PRASANNA
Group : BZC
Registration Number : 2222 001049012

Area of the Survey conducted:

House No.	5-58	Habitat /Ward	Main Street	Panchayat /Municipality	LOLUGU
Post office	LOLUGU	Mandal	PONDURU	District	SRIKAKULAM

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1	L. Thavithuaidu	M	40	inter	worker	30,000
2	L. Ramalaxmi	F	39	10 th		
3	L. HASINI	F	17	10 th		

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC ✓
(ii) Sub-Caste: Tatpukapu
(iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow ✓

(ii) House status (Own/ Rented): ✓

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection ✓

(iv) Availability of Agricultural land: Yes/ No ✓

(v) Extent of Agricultural land: 1 Acres

(vi) Livestock resources: Cows _____ Oxen 2 Buffaloes _____ Sheep/Goats _____

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/Wood/ others specify _____ ✓

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle ✓

4. Health Details:

(i) Allments in family: NO ✓

(ii) Treatment in which Hospital: Govt/Private ✓

(iii) Any PWD Persons In family: Yes/No ✓

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No ✓

5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes ✓

(iii) Mobile Number: 8688978005 ✓

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is Internet available at home: Yes/No ✓

6. Any specific problems identified in the village/ Ward:

(i) water facilities

(ii)

(iii)

Place: Lolugu .

Date: 17-5-2023

B. Lakshmi Prasanna.
Signature of the Student


Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM
COMMUNITY SERVICE PROJECT
SOCIO - ECONOMIC SURVEY

Name of the Student : B. Lakshmi prasanna

Group : BZC

Registration Number : 2222 001049012

Area of the Survey conducted:

House No.	5-65	Habitat /Ward	naidugari veedi	Panchayat /Municipality	Lolugu
Post office	Lolugu	Mandal	ponduru	District	Srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1	P. Swi narayana	M	67	-	Daily worker	25,000
2	P. varalaxmi	F	62	-		

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/OC ✓ (ii) Sub-Caste: turpukapu (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow ✓

(ii) House status (Own/ Rented): ✓

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection ✓

(iv) Availability of Agricultural land: Yes/ No ✓

(v) Extent of Agricultural land: 1 Acres

(vi) Livestock resources: Cows 1 Oxen ___ Buffaloes ___ Sheep/Goats ___

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/ ✓ Wood/ others specify _____

(ix) Do you have white Ration Card? Yes/No

(x) Do you have vehicle? Two-wheeler/ Auto, / Car/ Any other vehicle

4. Health Details:

(i) Ailments in family: NO

(ii) Treatment in which Hospital: Govt/Private ✓

(iii) Any PWD Persons in family: Yes/No ✓

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/ No ✓

5. Other Details: ✓

(i) Do You have TV: Yes/No

(ii) Do you have Mobile: Yes

(iii) Mobile Number:

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is internet available at home: Yes/No ✓

6. Any specific problems identified in the village/ Ward:

(i) Mosquito problem

(ii)

(iii)

Place: Lolugu

Date: 17-5-2023

B. Lakshmi Prasanna.
Signature of the Student


Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM
COMMUNITY SERVICE PROJECT
SOCIO - ECONOMIC SURVEY

Name of the Student : Bothsa, Lakshmi prasanna

Group : BZC

Registration Number : 22220010 49012

Area of the Survey conducted:

House No.	5-43	Habitat /Ward	Mainstreet	Panchayat /Municipality	Lolugu
Post office	Lolugu	Mandal	ponduru	District	Srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1.	L. Narayana Rao	M	45	-	vegetable sale	35,000
2.	L. Savitri	F	40	-		
3.	Chandini	F	17	inbar		

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/OC ✓ (ii) Sub-Caste: Turpakapu (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow ✓

(ii) House status (Own/ Rented): ✓

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection ✓

(iv) Availability of Agricultural land: Yes/ No ✓

(v) Extent of Agricultural land: 1 Acres

(vi) Livestock resources: Cows 1 Oxen _____ Buffaloes _____ Sheep/Goats _____

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____ ✓

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle

4. Health Details:

(i) Ailments in family: NO

(ii) Treatment in which Hospital: Govt/Private ✓

(iii) Any PWD Persons in family: Yes/No

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No ✓

5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes

(iii) Mobile Number:

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is internet available at home: Yes/No ✓

6. Any specific problems identified in the village/ Ward:

(i) drainage problem

(ii)

(iii)

Place: Lolugh

Date: 18-5-2023

B. LAKSHMI PRASANNA
Signature of the Student


Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM
COMMUNITY SERVICE PROJECT
SOCIO - ECONOMIC SURVEY

Name of the Student : Bothsa. Lakshmi Prasanna
Group : BZC
Registration Number : 2222 0010 49.012
Area of the Survey conducted:

House No.	5-75	Habitat /Ward	Digiveedi	Panchayat /Municipality	Lolugu
Post office	Lolugu	Mandal	panduru	District	SRIKAKULAM

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1	L. govinda	M	47	10 th	vegetable seller	20,000
2	L. neelaveni	F	45	10 th		
3	L. Lavanya	F	19	B.tech		
4	L. Rohith	M	16	10 th		

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC ✓ (ii) Sub-Caste: Turpukapu (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow ✓

(ii) House status (Own/ Rented): Own ✓

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection ✓

(iv) Availability of Agricultural land: Yes/ No ✓

(v) Extent of Agricultural land: 2 Acres

(vi) Livestock resources: Cows 1 Oxen ___ Buffaloes ___ Sheep/Goats ___

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/Wood/ others specify _____ ✓

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle ✓

4. Health Details:

(i) Allments in family: NO ✓

(ii) Treatment in which Hospital: Govt/Private ✓

(iii) Any PWD Persons in family: Yes/No ✓

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No ✓

5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes ✓

(iii) Mobile Number: 9704189168 ✓

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is internet available at home: Yes/No ✓

6. Any specific problems identified in the village/ Ward:

(i) garbage cleaning

(ii)

(iii)

Place: LOLUGU .

Date: 18-5-2023

B. Lakshmi prasanna
Signature of the Student


Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : Bothsa, Lakshmi prasanna

Group : BZC

Registration Number : 2222 0010 49012

Area of the Survey conducted:

House No.	5-71	Habitat /Ward	digiveedi	Panchayat /Municipality	Lolugu
Post office	Lolugu	Mandal	panduru	District	Sriakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1	L. SRINU	M	47	10 th	daily worker	35,000
2	L. vanalaxmi	F	45	9 th		
3	L. Lathika	F	18	inter		
4	L. ganesh	M	16	10 th		

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/OC ✓ (ii) Sub-Caste: Thuyakapu (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow ✓

(ii) House status (Own/ Rented): ✓

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection ✓

(iv) Availability of Agricultural land: Yes/ No ✓

(v) Extent of Agricultural land: 1 Acres

(vi) Livestock resources: Cows ___ Oxen ___ Buffaloes ___ Sheep/Goats ___

(vii) Do you have own toilet? Yes/No

(viii) Type Cooking fuel used: LPG/Kerosene/Wood/ others specify LPG

(ix) Do you have white Ration Card? Yes/No

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle

4. Health Details:

(i) Ailments in family: NO

(ii) Treatment in which Hospital: Govt/Private

(iii) Any PWD Persons in family: Yes/No

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No

5. Other Details:

(i) Do You have TV: Yes/No

(ii) Do you have Mobile: Yes

(iii) Mobile Number: 6309819435

(iv) Do you have Computer/Laptop: Yes/No

(v) Is internet available at home: Yes/No

6. Any specific problems identified in the village/ Ward:

(i) sanitization problem

(ii) Pigeon problem

(iii) drainage problem

Place: LOLUGU

Date: 19-5-2023

B. Lakshmi prasanna
Signature of the Student


Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : Bothsa. LAKSHMI PRASANNA
Group : BZC
Name of the mentor : D. Adinarayana.
Name of the project : FOOD HABITS

House No	Name of the person	Village / Ward	Mandal	District
5-54	P. Adinarayana	Lolugu	Ponduru	Srikakulam

1. How many times a day do you eat?

3 times

2. Please answer the following according to your particular eating habits?

- a. I eat a good breakfast **yes**
- b. I experienced feeling of hunger during the day **yes**
- c. I eat meat. **NO**
- d. I eat vegetables. **yes**
- e. I eat fruits. **yes**
- f. I eat dairy products **yes**
- g. I eat sweets. **NO**

3. What meal would you consider to be your main meal of the day?

- a. Breakfast b. lunch c. dinner d. others

4. What does your main meal consist of and how it is prepared?

- a. Freshly prepared. b. restaurant meal. c. precooked microwave. d. other

5. Have you been avoiding some foods for health reasons? **Yes / No**

6. Do you have any particular food allergies?

NO

7. What is your daily food intake frequency of the following food categories?

Sweet foods:

- Several times a day once a day several times a week
less often never

Fresh vegetables & Fruits:

- Several times a day once a day several times a week
less often never

8. What percentage of your regular diet consists of meat products?
90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?
90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems?
NO

11. Do you know your current body mass index?
46 kg,

12. Have your ever been on a diet, if so, what kind?
NO

13. Mention the food items from the healthiest to the unhealthiest from your point of views?
Healthiest - vegetables, home foods
unHealthiest - samosa, pakipuri

14. How much do you think a healthy diet affects?

Restful sleep
a. No impact. B. little impact c. big impact. D. none

Health
a. No impact. B. little impact c. big impact. D. none

Weight.
a. No impact. B. little impact c. big impact. D. none

Mental condition.
 No impact. B. little impact c. big impact. D. none

B. LakshmiPrasanna
Signature of the Student


Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : Bothsa. LAKSHMI PRASANNA
Group : BZC
Name of the mentor : D. Adinarayana
Name of the project : FOOD HABITS

House No	Name of the person	Village / Ward	Mandal	District
B-53	I. SRINUVASU	LOLUGU	PONDURU	SRIKAKULAM

1. How many times a day do you eat?

3 times

2. Please answer the following according to your particular eating habits?

- a. I eat a good breakfast YES
b. I experienced feeling of hunger during the day YES
c. I eat meat. YES
d. I eat vegetables. YES
e. I eat fruits. YES
f. I eat dairy products YES
g. I eat sweets. YES

3. What meal would you consider to be your main meal of the day?

- a. Breakfast b. lunch c. dinner d. others LUNCH

4. What does your main meal consist of and how it is prepared?

- ✓ A. Freshly prepared. B. restaurant meal. C. precooked microwave. D. other

5. Have you been avoiding some foods for health reasons? Yes / No

6. Do you have any particular food allergies?

NO

7. What is your daily food intake frequency of the following food categories?

Sweet foods:

- Several times a day once a day several times a week
less often never

• Fresh vegetables & Fruits:

- Several times a day once a day several times a week
less often never

8. What percentage of your regular diet consists of meat products?
90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?
90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems?
NO

11. Do you know your current body mass index?
48 kg

12. Have your ever been on a diet, if so, what kind?
NO

13. Mention the food items from the healthiest to the unhealthiest from your point of views?
Healthiest → Milk, fruits, curry leaves
Unhealthiest → Junk foods, Road side foods

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact. B. little impact c. big impact. D. none

Health

a. No impact. B. little impact c. big impact. D. none

Weight.

a. No impact. B. little impact c. big impact. D. none

Mental condition.

A. No impact. B. little impact c. big impact. D. none

B. LAKSHMI PRASANNA
Signature of the Student


Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : Bothsa, LakshmiPRASANNA
Group : BZC
Name of the mentor : D. Adinarayana
Name of the project : FOOD HABITS

House No	Name of the person	Village / Ward	Mandal	District
5-40	L. Appalaiaidu	Lolugu	Ponduru	Srikakulam

1. How many times a day do you eat?

2 times

2. Please answer the following according to your particular eating habits?

- I eat a good breakfast YES
- I experienced feeling of hunger during the day YES
- I eat meat. YES
- I eat vegetables. YES
- I eat fruits. YES
- I eat dairy products NO
- I eat sweets. NO

3. What meal would you consider to be your main meal of the day?

- a. Breakfast b. lunch dinner d. others

4. What does your main meal consist of and how it is prepared?

- Freshly prepared. B. restaurant meal. C. precooked microwave. D. other

5. Have you been avoiding some foods for health reasons? Yes / No

6. Do you have any particular food allergies?

NO

7. What is your daily food intake frequency of the following food categories?

Sweet foods:

- Several times a day once a day several times a week
less often never

• Fresh vegetables & Fruits:

- Several times a day once a day several times a week
less often never

8. What percentage of your regular diet consists of meat products?
90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?
90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems?
NO

11. Do you know your current body mass index?
50kg

12. Have your ever been on a diet, if so, what kind?
NO

13. Mention the food items from the healthiest to the unhealthiest from your point of views?
Healthiest - Milk, Rice, wheat
Unhealthiest - Junk food, cakes

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact. B. little impact c. big impact. D. none

Health

a. No impact. B. little impact c. big impact. D. none


Weight.

a. No impact. B. little impact c. big impact. D. none

Mental condition.

A. No impact. B. little impact c. big impact. D. none

Signature of the Student


Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : Bothsa. LakshmiPrasanna
Group : BZC
Name of the mentor : D. Adi Narayana.
Name of the project : FOOD HABITS

House No	Name of the person	Village / Ward	Mandal	District
5-57	L. satyam	Lolugu	Ponduru	Srikakulam

1. How many times a day do you eat?

2 times

2. Please answer the following according to your particular eating habits?

- a. I eat a good breakfast YES
b. I experienced feeling of hunger during the day YES
c. I eat meat. NO
d. I eat vegetables. YES
e. I eat fruits. NO
f. I eat dairy products NO
g. I eat sweets. YES

3. What meal would you consider to be your main meal of the day?

- a. Breakfast b. lunch c. dinner d. others

4. What does your main meal consist of and how it is prepared?

- A. Freshly prepared. B. restaurant meal. C. precooked microwave. D. other

5. Have you been avoiding some foods for health reasons? Yes / No

6. Do you have any particular food allergies?

NO

7. What is your daily food intake frequency of the following food categories?

Sweet foods:

- Several times a day once a day several times a week
less often never

• Fresh vegetables & Fruits:

- Several times a day once a day several times a week
less often never

8. What percentage of your regular diet consists of meat products?
90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?
90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems?
NO

11. Do you know your current body mass index?
55kg

12. Have your ever been on a diet, if so, what kind?
NO

13. Mention the food items from the healthiest to the unhealthiest from your point of views?
Healthiest -> HOME food, vegetables
UnHealthiest -> noodle, pizza

14. How much do you think a healthy diet affects?

Restful sleep
a. No impact. B. little impact c. big impact. D. none

Health
a. No impact. B. little impact c. big impact. D. none

Weight.
a. No impact. B. little impact c. big impact. D. none

Mental condition.
A. No impact. B. little impact c. big impact. D. none

B. LakshmiPRASANNA
Signature of the Student


Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : Bothsa, Lakshmi Prasanina
Group : BZC
Name of the mentor : D. Adinayana
Name of the project : FOOD HABITS

House No	Name of the person	Village / Ward	Mandal	District
5-70	Ch. parvathi	Lolugu	Ponduru	Srikakulam

- How many times a day do you eat?
3 times
- Please answer the following according to your particular eating habits?
 - I eat a good breakfast YES
 - I experienced feeling of hunger during the day YES
 - I eat meat. NO
 - I eat vegetables. YES
 - I eat fruits. YES
 - I eat dairy products NO
 - I eat sweets. NO
- What meal would you consider to be your main meal of the day?
 - Breakfast lunch c. dinner d. others
- What does your main meal consist of and how it is prepared?
 Freshly prepared. B. restaurant meal. C. precooked microwave. D. other
- Have you been avoiding some foods for health reasons? Yes / No
- Do you have any particular food allergies?
NO
- What is your daily food intake frequency of the following food categories?
Sweet foods:
Several times a day once a day several times a week
less often never
Fresh vegetables & Fruits:
Several times a day once a day several times a week
less often never

8. What percentage of your regular diet consists of meat products?
90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?
90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems?
NO

11. Do you know your current body mass index?
56 kg

12. Have your ever been on a diet, if so, what kind?
NO

13. Mention the food items from the healthiest to the unhealthiest from your point of views?
Healthiest - Milk, vegetables
Unhealthiest - Juice, drinks

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact. B. little impact c. big impact. D. none

Health

a. No impact. B. little impact c. big impact. D. none

Weight.

a. No impact. B. little impact c. big impact. D. none

Mental condition.

A. No impact. B. little impact c. big impact. D. none

B. LAKSHMI PRASANNA
Signature of the Student


Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : Bothsa. LakshmiPRASANNA
Group : BZC
Name of the mentor : D. Adinarayana
Name of the project : FOOD HABITS

House No	Name of the person	Village / Ward	Mandal	District
5-82	L. gopinaidu	Lolugu	Ponduru	Srikakulam

- How many times a day do you eat?
2 times
- Please answer the following according to your particular eating habits?
 - I eat a good breakfast **yes**
 - I experienced feeling of hunger during the day **yes**
 - I eat meat. **NO**
 - I eat vegetables. **yes**
 - I eat fruits. **yes**
 - I eat dairy products **yes**
 - I eat sweets. **NO**
- What meal would you consider to be your main meal of the day?
 Breakfast b. lunch c. dinner d. others
- What does your main meal consist of and how it is prepared?
 Freshly prepared. B. restaurant meal. C. precooked microwave. D. other
- Have you been avoiding some foods for health reasons? **Yes / No**
- Do you have any particular food allergies?
NO
- What is your daily food intake frequency of the following food categories?
Sweet foods:
Several times a day once a day several times a week
less often never
Fresh vegetables & Fruits:
Several times a day once a day several times a week
less often never

8. What percentage of your regular diet consists of meat products?
90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?
90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems?
NO

11. Do you know your current body mass index?
58 kg,

12. Have your ever been on a diet, if so, what kind?
NO

13. Mention the food items from the healthiest to the unhealthiest from your point of views?
Healthiest -> Milk, fruits
Unhealthiest -> Road side foods

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact. B. little impact c. big impact. D. none

Health

a. No impact. B. little impact C. big impact. D. none

Weight.

a. No impact. B. little impact c. big impact. D. none

Mental condition.

A. No impact. B. little impact c. big impact. D. none

B. LAKSHMI PRASANNA
Signature of the Student


Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : Bothsa. Lakshmi Prasanma
Group : BZC
Name of the mentor : D. Adinarayana
Name of the project : FOOD HABITS

House No	Name of the person	Village / Ward	Mandal	District
5-74	L. Surudu	Lolugu	Ponduru	Srikakulam

1. How many times a day do you eat?

3 times

2. Please answer the following according to your particular eating habits?

- a. I eat a good breakfast YES
b. I experienced feeling of hunger during the day YES
c. I eat meat. NO
d. I eat vegetables. YES
e. I eat fruits. NO
f. I eat dairy products NO
g. I eat sweets. NO

3. What meal would you consider to be your main meal of the day?

- a. Breakfast b. lunch dinner d. others

4. What does your main meal consist of and how it is prepared?

- Freshly prepared. B. restaurant meal. C. precooked microwave. D. other

5. Have you been avoiding some foods for health reasons? Yes / No

6. Do you have any particular food allergies?

NO

7. What is your daily food intake frequency of the following food categories?

Sweet foods:

- Several times a day once a day several times a week
less often never

• Fresh vegetables & Fruits:

- Several times a day once a day several times a week
less often never

8. What percentage of your regular diet consists of meat products?
90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?
90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems?
NO

11. Do you know your current body mass index?
40kg

12. Have your ever been on a diet, if so, what kind?
-NO

13. Mention the food items from the healthiest to the unhealthiest from your point of views?
Healthiest => Milk, eggs,
unhealthiest => icecreams, COOLDRINKS

14. How much do you think a healthy diet affects?

Restful sleep
a. No impact. B. little impact c. big impact. D. none

Health
a. No impact. B. little impact c. big impact. D. none

Weight.
a. No impact. B. little impact c. big impact. D. none

Mental condition.
 A. No impact. B. little impact c. big impact. D. none

B. Lakshmi prasanna
Signature of the Student


Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : Bothsa. LakshmiPRASANNA
Group : BZC
Name of the mentor : D. Adinayakana
Name of the project : FOOD HABITS

House No	Name of the person	Village / Ward	Mandal	District
5-67	L. chinhammadu	Lolugu	Ponduru	Srikakulam

- How many times a day do you eat?
3 times
- Please answer the following according to your particular eating habits?
 - I eat a good breakfast *yes*
 - I experienced feeling of hunger during the day *NO*
 - I eat meat. *NO*
 - I eat vegetables. *yes*
 - I eat fruits. *yes*
 - I eat dairy products *yes*
 - I eat sweets. *NO*
- What meal would you consider to be your main meal of the day?
 - Breakfast lunch
 - c. dinner
 - d. others
- What does your main meal consist of and how it is prepared?
 Freshly prepared. B. restaurant meal. C. precooked microwave. D. other
- Have you been avoiding some foods for health reasons? Yes / No
- Do you have any particular food allergies?
NO
- What is your daily food intake frequency of the following food categories?
Sweet foods:
Several times a day once a day several times a week
less often never
Fresh vegetables & Fruits:
Several times a day once a day several times a week
less often never

8. What percentage of your regular diet consists of meat products?
90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?
90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems?
NO

11. Do you know your current body mass index?
60kg

12. Have your ever been on a diet, if so, what kind?
NO

13. Mention the food items from the healthiest to the unhealthiest from your point of views?
Healthiest - vegetables, parotose
UnHealthiest - pizzas, woodiles

14. How much do you think a healthy diet affects?

Restful sleep
a. No impact. b. little impact c. big impact. D. none

Health
a. No impact. b. little impact c. big impact. D. none

Weight.
a. No impact. B. little impact c. big impact. D. none

Mental condition.
A. No impact. b. little impact c. big impact. D. none

B. LakshmiPrasanna
Signature of the Student


Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : Bothsa. LAKSHMI PRASANNA
Group : BZC
Name of the mentor : D. Adinayana
Name of the project : FOOD HABITS

House No	Name of the person	Village / Ward	Mandal	District
5-66	Lo. kannamaidu	LOLUGU	PONDURU	SRIKAKULAM

- How many times a day do you eat?
3 times
- Please answer the following according to your particular eating habits?
 - I eat a good breakfast YES
 - I experienced feeling of hunger during the day YES
 - I eat meat. NO
 - I eat vegetables. YES
 - I eat fruits. YES
 - I eat dairy products NO
 - I eat sweets. YES
- What meal would you consider to be your main meal of the day?
 - Breakfast
 - lunch
 - dinner
 - others
- What does your main meal consist of and how it is prepared?
 Freshly prepared. B. restaurant meal. C. precooked microwave. D. other
- Have you been avoiding some foods for health reasons? YES / NO
- Do you have any particular food allergies?
NO
- What is your daily food intake frequency of the following food categories?
Sweet foods:
Several times a day once a day several times a week
less often never
Fresh vegetables & Fruits:
Several times a day once a day several times a week
less often never

8. What percentage of your regular diet consists of meat products?
90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?
90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems?
No

11. Do you know your current body mass index?
55kg yes

12. Have your ever been on a diet, if so, what kind?
No -

13. Mention the food items from the healthiest to the unhealthiest from your point of views?
Healthiest - Potato, curry leaves, pickles
UnHealthiest - cold drinks, burgers, noodles

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact. little impact c. big impact. D. none

Health

a. No impact. little impact c. big impact. D. none

Weight.


a. No impact. B. little impact big impact. D. none

Mental condition.

No impact. B. little impact c. big impact. D. none

B. Lakshmi Prasadanna

Signature of the Student


Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : Bothsa, LakshmiPRASANNA
Group : BZC
Name of the mentor : D. Adinayana
Name of the project : FOOD HABITS

House No	Name of the person	Village / Ward	Mandal	District
5-84	L. Adinayana	Lolugu	Ponduru	Srikakulam

- How many times a day do you eat?
3 times
- Please answer the following according to your particular eating habits?
 - I eat a good breakfast *yes*
 - I experienced feeling of hunger during the day *yes*
 - I eat meat. *yes*
 - I eat vegetables. *yes*
 - I eat fruits. *yes*
 - I eat dairy products *yes*
 - I eat sweets. *NO*
- What meal would you consider to be your main meal of the day?
 - Breakfast lunch
 - c. dinner
 - d. others
- What does your main meal consist of and how it is prepared?

Freshly prepared. B. restaurant meal. C. precooked microwave. D. other
- Have you been avoiding some foods for health reasons? *Yes / No*
- Do you have any particular food allergies?
NO
- What is your daily food intake frequency of the following food categories?

Sweet foods:

Several times a day once a day several times a week
less often never

Fresh vegetables & Fruits:

Several times a day once a day several times a week
less often never

8. What percentage of your regular diet consists of meat products?
90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?
90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems?
/ NO

11. Do you know your current body mass index?
yes

12. Have your ever been on a diet, if so, what kind?
NO

13. Mention the food items from the healthiest to the unhealthiest from your point of views?
Healthiest: fruits, Milk
UNHealthiest:- pizza, pop corns

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact. B. little impact big impact. D. none

Health

a. No impact. B. little impact big impact. D. none

Weight.

a. No impact. little impact c. big impact. D. none

Mental condition.

No impact. B. little impact c. big impact. D. none

B. LAKSHMI PRASANNA
Signature of the Student


Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : Bothsa. Lakshmi Prasananna
Group : BZC
Name of the mentor : D. Adinarayana
Name of the project : FOOD HABITS

House No	Name of the person	Village / Ward	Mandal	District
5-81	M. Asiri Naidu.	Lolugu	Ponduru	Srikakulam

1. How many times a day do you eat?

3 times

2. Please answer the following according to your particular eating habits?

- a. I eat a good breakfast *yes*
b. I experienced feeling of hunger during the day *yes*
c. I eat meat. *yes*
d. I eat vegetables. *yes*
e. I eat fruits. *yes*
f. I eat dairy products *NO*
g. I eat sweets. *yes*

3. What meal would you consider to be your main meal of the day?

- Breakfast b. lunch c. dinner d. others

4. What does your main meal consist of and how it is prepared?

- Freshly prepared. B. restaurant meal. C. precooked microwave. D. other

5. Have you been avoiding some foods for health reasons? *Yes* / No

6. Do you have any particular food allergies?

NO

7. What is your daily food intake frequency of the following food categories?

Sweet foods:

- Several times a day once a day several times a week
less often never

• Fresh vegetables & Fruits:

- Several times a day once a day several times a week
less often never

8. What percentage of your regular diet consists of meat products?
90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?
90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems?
NO

11. Do you know your current body mass index?
Yes 40kg

12. Have your ever been on a diet, if so, what kind?
NO

13. Mention the food items from the healthiest to the unhealthiest from your point of views?
Healthiest- vegetables, milk products
UNHealthiest- cakes, drinks

14. How much do you think a healthy diet affects?

Restful sleep
a. No impact. B. little impact big impact. D. none

Health
a. No impact. B. little impact big impact. D. none

Weight.
a. No impact. little impact c. big impact. D. none

Mental condition.
 No impact. B. little impact c. big impact. D. none

Bothsa. Lakshmi Prasanma
Signature of the Student


Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : Botha. Lakshmi Prasanana
Group : BZC
Name of the mentor : D. Adinarayana
Name of the project : FOOD HABITS

House No	Name of the person	Village / Ward	Mandal	District
5-45	Lokkrishnamurthi	Lolugu	Ponduru	Srikakulam

1. How many times a day do you eat?

3 times

2. Please answer the following according to your particular eating habits?

- a. I eat a good breakfast **YES**
b. I experienced feeling of hunger during the day **YES**
c. I eat meat. **YES**
d. I eat vegetables. **YES**
e. I eat fruits. **YES**
f. I eat dairy products **YES**
g. I eat sweets. **YES**

3. What meal would you consider to be your main meal of the day?

- Breakfast b. lunch c. dinner d. others

4. What does your main meal consist of and how it is prepared?

- Freshly prepared. B. restaurant meal. C. precooked microwave. D. other

5. Have you been avoiding some foods for health reasons? **YES** / No

6. Do you have any particular food allergies?

NO

7. What is your daily food intake frequency of the following food categories?

Sweet foods:

- Several times a day once a day several times a week
less often never

Fresh vegetables & Fruits:

- Several times a day once a day several times a week
less often never

8. What percentage of your regular diet consists of meat products?
90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?
90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems?
NO

11. Do you know your current body mass index?
YES 52 kg

12. Have your ever been on a diet, if so, what kind?
NO

13. Mention the food items from the healthiest to the unhealthiest from your point of views?
Healthiest -> eggs, dry fruits
UNHealthiest -> oil foods, Road side foods

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact. B. little impact big impact. D. none

Health

a. No impact. B. little impact big impact. D. none

Weight.

a. No impact. little impact c. big impact. D. none

Mental condition.

No impact. B. little impact c. big impact. D. none

B. Lakshmi prasanna

Signature of the Student


Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : Bothsa. Lakshmi PRASANNA
Group : BZC
Name of the mentor : D. Adinayana
Name of the project : FOOD HABITS

House No	Name of the person	Village / Ward	Mandal	District
5-68	L. Rani	Lolugu	Ponduru	Srikakulam

1. How many times a day do you eat?

3 times

2. Please answer the following according to your particular eating habits?

- a. I eat a good breakfast YES
b. I experienced feeling of hunger during the day YES
c. I eat meat. YES
d. I eat vegetables. YES
e. I eat fruits. YES
f. I eat dairy products NO
g. I eat sweets. YES

3. What meal would you consider to be your main meal of the day?

- a. Breakfast lunch c. dinner d. others

4. What does your main meal consist of and how it is prepared?

- Freshly prepared. B. restaurant meal. C. precooked microwave. D. other

5. Have you been avoiding some foods for health reasons? Yes / No

6. Do you have any particular food allergies?

NO

7. What is your daily food intake frequency of the following food categories?

Sweet foods:

- Several times a day once a day several times a week
less often never

Fresh vegetables & Fruits:

- Several times a day once a day several times a week
less often never

8. What percentage of your regular diet consists of meat products?
90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?
90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems?
NO

11. Do you know your current body mass index?
yes 38kg

12. Have your ever been on a diet, if so, what kind?
NO

13. Mention the food items from the healthiest to the unhealthiest from your point of views?
Healthiest -> vegetables, eggs,
UN Healthiest -> pakodias, fryer

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact. B. little impact big impact. D. none

Health

a. No impact. B. little impact big impact. D. none

Weight.

a. No impact. little impact c. big impact. D. none

Mental condition.

No impact. B. little impact c. big impact. D. none

B. Lakshmi prasanna
Signature of the Student


Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : Bothsa. Lakshmi prasanna
Group : BZC
Name of the mentor : D. Adinayana
Name of the project : FOOD HABITS

House No	Name of the person	Village / Ward	Mandal	District
5-80	L. swyam	Lolugu	Ponduru	Srikakulam

1. How many times a day do you eat?

3 times

2. Please answer the following according to your particular eating habits?

- a. I eat a good breakfast YES
b. I experienced feeling of hunger during the day YES
c. I eat meat. YES
d. I eat vegetables. YES
e. I eat fruits. YES
f. I eat dairy products YES
g. I eat sweets. NO

3. What meal would you consider to be your main meal of the day?

- a. Breakfast b. lunch dinner d. others

4. What does your main meal consist of and how it is prepared?

- Freshly prepared. B. restaurant meal. C. precooked microwave. D. other

5. Have you been avoiding some foods for health reasons? Yes / No

6. Do you have any particular food allergies?

NO

7. What is your daily food intake frequency of the following food categories?

Sweet foods:

- Several times a day once a day several times a week
less often never

• Fresh vegetables & Fruits:

- Several times a day once a day several times a week
less often never

8. What percentage of your regular diet consists of meat products?

90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?

90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems?

NO

11. Do you know your current body mass index?

yes 43kg

12. Have your ever been on a diet, if so, what kind?

NO

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

Healthiest -> potatoes, vegetables
UNHealthiest -> exper foods, Pizza, very cold foods

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact. B. little impact big impact. D. none

Health

a. No impact. B. little impact big impact. D. none

Weight.

a. No impact. little impact c. big impact. D. none

Mental condition.

No impact. B. little impact c. big impact. D. none

B. Lakshmi prasanna
Signature of the Student


Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : Bothsa. Lakshmi Prasaanna
Group : BZC
Name of the mentor : D. Adinayana.
Name of the project : FOOD HABITS

House No	Name of the person	Village / Ward	Mandal	District
5-37	I, sanyasi Rao	Lolugu	Ponduru	Srikakulam

1. How many times a day do you eat?

3 times

2. Please answer the following according to your particular eating habits?

- I eat a good breakfast YES
- I experienced feeling of hunger during the day YES
- I eat meat. YES
- I eat vegetables. YES
- I eat fruits. YES
- I eat dairy products NO
- I eat sweets. YES

3. What meal would you consider to be your main meal of the day?

- a. Breakfast lunch c. dinner d. others

4. What does your main meal consist of and how it is prepared?

- Freshly prepared. B. restaurant meal. C. precooked microwave. D. other

5. Have you been avoiding some foods for health reasons? Yes / No

6. Do you have any particular food allergies?

NO

7. What is your daily food intake frequency of the following food categories?

Sweet foods:

- Several times a day once a day several times a week
less often never

Fresh vegetables & Fruits:

- Several times a day once a day several times a week
less often never

8. What percentage of your regular diet consists of meat products?

90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?

90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems?

NO

11. Do you know your current body mass index?

yes

12. Have your ever been on a diet, if so, what kind?

NO

13. Mention the food items from the healthiest to the unhealthiest from your point of views? Healthiest -> Roties, cookies, coner.

UNHealthiest -> Pizzas, popcornes,

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact. B. little impact big impact. D. none

Health

a. No impact. B. little impact big impact. D. none

Weight.

a. No impact. little impact c. big impact. D. none

Mental condition.

No impact. B. little impact c. big impact. D. none

B. Lakshmi prasanna

Signature of the Student



Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : Bothsa . Lakshmi Prasad Anna
Group : BZC
Name of the mentor : D. Adinarayana
Name of the project : FOOD HABITS

House No	Name of the person	Village / Ward	Mandal	District
5-30	Lo Bala	Lolugu	Ponduru	Srikakulam

1. How many times a day do you eat?

3 times

2. Please answer the following according to your particular eating habits?

- a. I eat a good breakfast *YES*
b. I experienced feeling of hunger during the day *YES*
c. I eat meat. *YES*
d. I eat vegetables. *YES*
e. I eat fruits. *YES*
f. I eat dairy products *YES*
g. I eat sweets. *YES*

3. What meal would you consider to be your main meal of the day?

- Breakfast b. lunch c. dinner d. others

4. What does your main meal consist of and how it is prepared?

- Freshly prepared. B. restaurant meal. C. precooked microwave. D. other

5. Have you been avoiding some foods for health reasons? *Yes* / No

6. Do you have any particular food allergies?

NO

7. What is your daily food intake frequency of the following food categories?

Sweet foods:

- Several times a day once a day several times a week
less often never

Fresh vegetables & Fruits:

- Several times a day once a day several times a week
less often never

8. What percentage of your regular diet consists of meat products?

90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?

90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems?

NO

11. Do you know your current body mass index?

yes 55kg

12. Have your ever been on a diet, if so, what kind?

NO

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

Healthiest → vegetables, curryleaves
UNHealthiest → COOLDRINKS, ICE CREAMS

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact. B. little impact c. big impact. D. none

Health

a. No impact. B. little impact c. big impact. D. none

Weight.

a. No impact. b. little impact c. big impact. D. none

Mental condition.

a. No impact. B. little impact c. big impact. D. none

B. Lakshmi Prasanna

Signature of the Student

Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : Bothea. Laksumiprasanna
Group : BZC
Name of the mentor : D. Adinayaka
Name of the project : FOOD HABITS

House No	Name of the person	Village / Ward	Mandal	District
5-48	L. Lakshanaidu.	Lolugu	Ponduru	Srikakulam

- How many times a day do you eat?
3 times
- Please answer the following according to your particular eating habits?
 - I eat a good breakfast *yes*
 - I experienced feeling of hunger during the day *yes*
 - I eat meat. *yes*
 - I eat vegetables. *yes*
 - I eat fruits. *yes*
 - I eat dairy products *yes*
 - I eat sweets. *NO*
- What meal would you consider to be your main meal of the day?
 - Breakfast lunch
 - c. dinner
 - d. others
- What does your main meal consist of and how it is prepared?
 - Freshly prepared.
 - B. restaurant meal.
 - C. precooked microwave.
 - D. other
- Have you been avoiding some foods for health reasons? *Yes / No*
- Do you have any particular food allergies?
NO
- What is your daily food intake frequency of the following food categories?

Sweet foods:

Several times a day once a day several times a week
less often never

Fresh vegetables & Fruits:

Several times a day once a day several times a week
less often never

8. What percentage of your regular diet consists of meat products?
90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?
90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems?
No

11. Do you know your current body mass index?
yes 51kg


12. Have your ever been on a diet, if so, what kind?
No

13. Mention the food items from the healthiest to the unhealthiest from your point of views?
Healthiest -> Milk, fruits
UNHealthiest - noodles, samura

14. How much do you think a healthy diet affects?

Restful sleep		
a. No impact.	B. little impact	<input checked="" type="checkbox"/> big impact. D. none
Health		
a. No impact.	B. little impact	<input checked="" type="checkbox"/> big impact. D. none
Weight.		
a. No impact.	<input checked="" type="checkbox"/> little impact	c. big impact. D. none
Mental condition.		
<input checked="" type="checkbox"/> No impact.	B. little impact	c. big impact. D. none

B. Lakshmi prasanna
Signature of the Student


Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : Bothsa. Lakshmi PrasaNa
Group : BZC
Name of the mentor : D. Adinayana
Name of the project : FOOD HABITS

House No	Name of the person	Village / Ward	Mandal	District
5-29	I. Ramaras	Lolugu	Ponduru	Srikakulam

1. How many times a day do you eat?

3 times

2. Please answer the following according to your particular eating habits?

- I eat a good breakfast *yes*
- I experienced feeling of hunger during the day *yes*
- I eat meat. *yes*
- I eat vegetables. *yes*
- I eat fruits. *yes*
- I eat dairy products *NO*
- I eat sweets. *yes*

3. What meal would you consider to be your main meal of the day?

- Breakfast
- lunch
- dinner
- others

4. What does your main meal consist of and how it is prepared?

- Freshly prepared.
- B. restaurant meal.
- C. precooked microwave.
- D. other

5. Have you been avoiding some foods for health reasons? *Yes* / No

6. Do you have any particular food allergies?

NO

7. What is your daily food intake frequency of the following food categories?

Sweet foods:

- Several times a day once a day several times a week
less often never

• Fresh vegetables & Fruits:

- Several times a day once a day several times a week
less often never

8. What percentage of your regular diet consists of meat products?

90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?

90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems?

NO

11. Do you know your current body mass index?

YES 42 kg

12. Have your ever been on a diet, if so, what kind?

NO

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

Healthiest- eggs, curry leaves
UNHealthiest -> street foods, oil foods

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact. B. little impact big impact. D. none

Health

a. No impact. B. little impact big impact. D. none

Weight.

a. No impact. little impact c. big impact. D. none

Mental condition.

No impact. B. little impact c. big impact. D. none

B. Lakshmi prasanna

Signature of the Student



Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : Bothsa. Lakshmi Prasaanna
Group : BZC
Name of the mentor : D. Adinavayana
Name of the project : FOOD HABITS

House No	Name of the person	Village / Ward	Mandal	District
5-47	L. Rambabu	Lolugu	Ponduru	SRIKAKULAM

- How many times a day do you eat?
3 times
- Please answer the following according to your particular eating habits?
 - I eat a good breakfast YES
 - I experienced feeling of hunger during the day YES
 - I eat meat. YES
 - I eat vegetables. YES
 - I eat fruits. YES
 - I eat dairy products YES
 - I eat sweets. YES
- What meal would you consider to be your main meal of the day?
 - Breakfast
 - lunch
 - dinner
 - others
- What does your main meal consist of and how it is prepared?
 - Freshly prepared.
 - restaurant meal.
 - precooked microwave.
 - other
- Have you been avoiding some foods for health reasons? Yes / No
- Do you have any particular food allergies?
NO
- What is your daily food intake frequency of the following food categories?

Sweet foods:

Several times a day once a day several times a week
less often never

Fresh vegetables & Fruits:

Several times a day once a day several times a week
less often never

8. What percentage of your regular diet consists of meat products?
90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?
90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems?
NO

11. Do you know your current body mass index?
YES 40kg

12. Have your ever been on a diet, if so, what kind?
NO

13. Mention the food items from the healthiest to the unhealthiest from your point of views?
Healthiest - carote, Beetroot,
UNHealthiest - Noodles, cakes

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact. B. little impact c. big impact. D. none

Health

a. No impact. b. little impact c. big impact. D. none

Weight.

a. No impact. b. little impact c. big impact. D. none

Mental condition.

a. No impact. B. little impact c. big impact. D. none

B. LakshmiPrasanna
Signature of the Student


Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : Bothsa. Lakshmi Prasaanna
Group : BZC
Name of the mentor : D. Adinarayana
Name of the project : FOOD HABITS

House No	Name of the person	Village / Ward	Mandal	District
5-50	L. SRI RAMULU	LOUGU	Ponduru	SRIKAKULAM

1. How many times a day do you eat?

3 times

2. Please answer the following according to your particular eating habits?

- a. I eat a good breakfast YES
b. I experienced feeling of hunger during the day YES
c. I eat meat. YES
d. I eat vegetables. YES
e. I eat fruits. YES
f. I eat dairy products YES
g. I eat sweets. YES

3. What meal would you consider to be your main meal of the day?

- a. Breakfast lunch c. dinner d. others

4. What does your main meal consist of and how it is prepared?

- Freshly prepared. B. restaurant meal. C. precooked microwave. D. other

5. Have you been avoiding some foods for health reasons? Yes / No

6. Do you have any particular food allergies?

NO

7. What is your daily food intake frequency of the following food categories?

Sweet foods:

- Several times a day once a day several times a week
less often never

• Fresh vegetables & Fruits:

- Several times a day once a day several times a week
less often never

8. What percentage of your regular diet consists of meat products?
90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?
90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems?
NO

11. Do you know your current body mass index?
yes 48kg

12. Have your ever been on a diet, if so, what kind?
NO

13. Mention the food items from the healthiest to the unhealthiest from your point of views?
Healthiest- vegetables, fruits
UNHealthiest- superu, panipuri

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact. B. little impact big impact. D. none

Health

a. No impact. B. little impact big impact. D. none

Weight.

a. No impact. little impact c. big impact. D. none

Mental condition.

No impact. B. little impact c. big impact. D. none

B. Lakshmi prasanna.
Signature of the Student


Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : Bothsa. Lakshmi Prasadanna
Group : BZC
Name of the mentor : D. Adinarayana
Name of the project : FOOD HABITS

House No	Name of the person	Village / Ward	Mandal	District
5-58	L. thavithaidu	perolugu	Ponduru	Srikakulam

1. How many times a day do you eat?

3 times

2. Please answer the following according to your particular eating habits?

- a. I eat a good breakfast YES
b. I experienced feeling of hunger during the day YES
c. I eat meat. NO
d. I eat vegetables. YES
e. I eat fruits. YES
f. I eat dairy products NO
g. I eat sweets. YES

3. What meal would you consider to be your main meal of the day?

- a. Breakfast b. lunch c. dinner d. others

4. What does your main meal consist of and how it is prepared?

- Freshly prepared. B. restaurant meal. C. precooked microwave. D. other

5. Have you been avoiding some foods for health reasons? Yes / No

6. Do you have any particular food allergies?

NO

7. What is your daily food intake frequency of the following food categories?

Sweet foods:

- Several times a day once a day several times a week
less often never

• Fresh vegetables & Fruits:

- Several times a day once a day several times a week
less often never

8. What percentage of your regular diet consists of meat products?
90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?
90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems?
NO

11. Do you know your current body mass index?
yes 30kg

12. Have your ever been on a diet, if so, what kind?
NO

13. Mention the food items from the healthiest to the unhealthiest from your point of views?
Healthiest - Apples, vegetables
UNHealthiest - samosa, oil foods, PIZZA

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact. B. little impact c. big impact. D. none

Health

a. No impact. B. little impact c. big impact. D. none

Weight.

a. No impact. b. little impact c. big impact. D. none

Mental condition.

a. No impact. B. little impact c. big impact. D. none

B. Lakshmi Prasanna
Signature of the Student


Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : Bothsa. Lakshmi prasanna
Group : BZC
Name of the mentor : D. Adinarayana
Name of the project : FOOD HABITS

House No	Name of the person	Village / Ward	Mandal	District
5-65	P. Swyatharayana	Lolugu	Ponduru	Srikakulam

1. How many times a day do you eat?

3 times

2. Please answer the following according to your particular eating habits?

- a. I eat a good breakfast YES
- b. I experienced feeling of hunger during the day YES
- c. I eat meat. YES
- d. I eat vegetables. YES
- e. I eat fruits. YES
- f. I eat dairy products YES
- g. I eat sweets. NO

3. What meal would you consider to be your main meal of the day?

- a. Breakfast b. lunch c. dinner d. others

4. What does your main meal consist of and how it is prepared?

- A. Freshly prepared. B. restaurant meal. C. precooked microwave. D. other

5. Have you been avoiding some foods for health reasons? Yes / No

6. Do you have any particular food allergies?

NO

7. What is your daily food intake frequency of the following food categories?

Sweet foods:

- Several times a day once a day several times a week
- less often never

Fresh vegetables & Fruits:

- Several times a day once a day several times a week
- less often never

8. What percentage of your regular diet consists of meat products?
90% 75% 50% 25% less than 25%
9. How much of your diet consists of vegetables and non-animal products?
90% 75% 50% 25% less than 25%
10. Do you or have you ever has cholesterol problems?
No
11. Do you know your current body mass index?
Yes 40kg
12. Have your ever been on a diet, if so, what kind?
No
13. Mention the food items from the healthiest to the unhealthiest from your point of views?
Healthiest-
14. How much do you think a healthy diet affects?
- | | | | |
|---|--|--|---------|
| Restful sleep | | | |
| a. No impact. | B. little impact | <input checked="" type="radio"/> big impact. | D. none |
| Health | | | |
| a. No impact. | B. little impact | <input checked="" type="radio"/> big impact. | D. none |
| Weight. | | | |
| a. No impact. | <input checked="" type="radio"/> little impact | c. big impact. | D. none |
| Mental condition. | | | |
| <input checked="" type="radio"/> No impact. | B. little impact | c. big impact. | D. none |

B. Lakshmi priasanna
Signature of the Student


Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : Bothsa. Lakshmi PRASANNA
Group : BZC
Name of the mentor : D. Adinayana
Name of the project : FOOD HABITS

House No	Name of the person	Village / Ward	Mandal	District
5-43	L. Narayanaras	LOLUGU	PONDURU	SRIKAKULAM.

1. How many times a day do you eat?

3 times

2. Please answer the following according to your particular eating habits?

- a. I eat a good breakfast YES
b. I experienced feeling of hunger during the day YES
c. I eat meat. YES
d. I eat vegetables. YES
e. I eat fruits. YES
f. I eat dairy products YES
g. I eat sweets. YES

3. What meal would you consider to be your main meal of the day?

- a. Breakfast lunch c. dinner d. others

4. What does your main meal consist of and how it is prepared?

- Freshly prepared. B. restaurant meal. C. precooked microwave. D. other

5. Have you been avoiding some foods for health reasons? Yes / No

6. Do you have any particular food allergies?

NO

7. What is your daily food intake frequency of the following food categories?

Sweet foods:

- Several times a day once a day several times a week
less often never

Fresh vegetables & Fruits:

- Several times a day once a day several times a week
less often never

8. What percentage of your regular diet consists of meat products?

90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?

90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems?

NO

11. Do you know your current body mass index?

yes 46kg

12. Have your ever been on a diet, if so, what kind?

NO

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

Healthiest - Roties, parathies,
UNHealthiest - pakodias, noodiles,

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact. B. little impact big impact. D. none

Health

a. No impact. B. little impact big impact. D. none

Weight.

a. No impact. little impact c. big impact. D. none

Mental condition.

No impact. B. little impact c. big impact. D. none

B. Lakshmi Prasanna

Signature of the Student



Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : Bothsa. LakshmiPrasanna
Group : BZC
Name of the mentor : D. Adinarayana
Name of the project : FOOD HABITS

House No	Name of the person	Village / Ward	Mandal	District
5-75	L. govinda	LOLUGU	PONDURU	SRIKAKULAM

1. How many times a day do you eat?

3 times

2. Please answer the following according to your particular eating habits?

- a. I eat a good breakfast *yes*
b. I experienced feeling of hunger during the day *yes*
c. I eat meat. *yes*
d. I eat vegetables. *yes*
e. I eat fruits. *yes*
f. I eat dairy products *yes*
g. I eat sweets. *yes*

3. What meal would you consider to be your main meal of the day?

- a. Breakfast b. lunch dinner d. others

4. What does your main meal consist of and how it is prepared?

- Freshly prepared. B. restaurant meal. C. precooked microwave. D. other

5. Have you been avoiding some foods for health reasons? *Yes* / No

6. Do you have any particular food allergies?

NO

7. What is your daily food intake frequency of the following food categories?

Sweet foods:

- Several times a day once a day several times a week
less often never

Fresh vegetables & Fruits:

- Several times a day once a day several times a week
less often never

8. What percentage of your regular diet consists of meat products?
90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?
90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems?
NO

11. Do you know your current body mass index?
yes 52 kg

12. Have your ever been on a diet, if so, what kind?
no

13. Mention the food items from the healthiest to the unhealthiest from your point of views?
Healthiest- vegetables, wheates
Unhealthiest- cakes, pizzas

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact. B. little impact c. big impact. D. none

Health

a. No impact. B. little impact c. big impact. D. none

Weight.

a. No impact. B. little impact c. big impact. D. none

Mental condition.

No impact. B. little impact c. big impact. D. none

B. Lakshmi prasanna
Signature of the Student


Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : Bothsa. Lakshmi prasanna
Group : BZC
Name of the mentor : D. Adinarayana.
Name of the project : FOOD HABITS

House No	Name of the person	Village / Ward	Mandal	District
5-71	L. srinu	Lolugu	Ponduru	Srikakulam

1. How many times a day do you eat?

3 times

2. Please answer the following according to your particular eating habits?

- a. I eat a good breakfast *YES*
b. I experienced feeling of hunger during the day *YES*
c. I eat meat. *YES*
d. I eat vegetables. *YES*
e. I eat fruits. *YES*
f. I eat dairy products *YES*
g. I eat sweets. *YES*

3. What meal would you consider to be your main meal of the day?

- a. Breakfast b. lunch dinner d. others

4. What does your main meal consist of and how it is prepared?

- Freshly prepared. B. restaurant meal. C. precooked microwave. D. other

5. Have you been avoiding some foods for health reasons? Yes / No

6. Do you have any particular food allergies?

NO

7. What is your daily food intake frequency of the following food categories?

Sweet foods:

- Several times a day once a day several times a week
less often never

• Fresh vegetables & Fruits:

- Several times a day once a day several times a week
less often never

8. What percentage of your regular diet consists of meat products?

90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?

90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems?

NO

11. Do you know your current body mass index?

yes 52kg

12. Have your ever been on a diet, if so, what kind?

NO

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

Healthiest - Rice, coner, sugarcane

UNHealthiest - chocolates, Burgers, cakes.

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact. B. little impact big impact. D. none

Health

a. No impact. B. little impact big impact. D. none

Weight.

a. No impact. little impact c. big impact. D. none

Mental condition.

No impact. B. little impact c. big impact. D. none

B. Lakshmi prasanna

Signature of the Student



Signature of the Mentor

CONCLUSION

m B.LAKSHMI PRASANNA studying in B.sc first year Cbz group.I had completed the community service project on "FOOD HABITS" in our Village and submitted the report to my mentor.My project is about the food habits of our Village people.I conducted questionnaire to different age group people about their regular diet.Most of the old aged people considered lunch as their main meal of the day. They taking food only two times per day due to digestive problems. We find out the major problem facing by our villagers and dropped the Sarpanch attention towards the problem by conducting awareness program in our Village.

It was interesting to carry out this project to know about different opinions, food habits and problems of our villagers. Finally I believe that my project is complete under vision of my mentor. I thank him for his guidance and support.

By

BOTHSA LAKSHMI PRASANNA

FOOD HABITS project



Socio - Economic Survey



Awareness Program on Drainages

