

**A PROJECT  
ON  
COMMUNITY SERVICE**

Submitted in the partial fulfillment of the requirements for the award of  
Bs.c degree

BY

MODALAVALASA.LOKANADHAM

2222001049052

Semester 2 (BZC)

Batch 2022-2023

Under the supervision of

G.Ramakrishna rao

Letchrer in Botany

GOVERNMENT DEGREE COLLEGE(Men), SRIKAKULAM



WEBSITE: [WWW.gcmsklm.ac.in](http://WWW.gcmsklm.ac.in)

## ACKNOWLEDGEMENT

I would like to express my gratitude to all those who gave me the possibility to complete this Community Service Project. Special thanks to Mentor G.Ramakrishna rao sir who help me in stimulating suggestions and encouragement to complete this project.

I would like to thank all the staff from the department of **Botany** for their able guidance and support to complete this project

I would also like to express my gratitude to our principal madam for her tremendous support to complete this project.

# DECLARATION

I hereby declare that the Community Service Project report entitled "FOOD HABITS" submitted by me to the Govt Degree College (M), srikakulam in partial fulfillment of the requirement for the award of the degree of Bsc Cbz is a record of bonified project work carried out by me under the guidance of G.Ramakrishna rao sir. I further declare that the work reported in this project has not been submitted and will not be submitted either in part or in full, for the award of any other degree in this institute or other institute or University.

Srikakulam  
Date:

M. Lokanadham  
Signature of the candidate  
Name: Modalavalasa. Lokanadham

# CERTIFICATE

I certified that Modalavalasa.Lokanadham studying Bsc Cbz group has completed and submitted the project report on "FOOD HABITS" further partial fulfillment of the requirements for the award of Bachelor of science under my supervision during the academic year 2022-2023.

Date:

Place:



Project guide  
G.Ramakrishna rao  
Lecturer in Botany  
GDC (M), Srikakulam

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## INTRODUCTION

### Food habits and Nutritional Problems:

Food is essential for all humans for survival, Food Habits and imbalanced intake of diet by an individual results in the malnutrition or cause of many health problems. Especially women, children and pregnant women must be always cautious to take proper food intake with essential nutrients. Because poor diet and disease are caused by food insecurity. Somet by causing diarrhoea and other illness.

There is a saying 'you are what you eat' seems to be proven true. It is important to know what food to eat in order to stay healthy. Health depends to a large extent on Nutrition and Nutrition'on food we take. Hence Nutrition and Health are two sides of the same coin and food is the most important factor for health and fitness.

### Healthy Food Habits:

Healthy Food habits includes a variety of foods in adequate amounts and correct proportions to meet the requirements of all essential nutrients such as proteins, carbohydrates, fats, vitamins, minerals, water and fibre. This also includes proper Schedule for the intake of light and heavy foods, when to take and when not to take, health condition of the individual. For example person who is suffering from kidney stones should not often take calcium rich foods. We have to take foods that suits our age and health. The most common eating idio syncracies include skipping meals, consuming fast foods in a routine way, avoiding fruits , and vegetables . frequent snacking. Hence it is essential for each and every individual to adopt proper food habits.

## OBJECTIVE

The aim and objective of this project is to find out in a closed community about the following food habits and to analyse whether they are adopted to healthy food habits and if not to incorporate sound eating habits by creating awareness in them to recognise good eating habits followed with regular exercise.

- About the type of foods most people are interested to take
- Food intake in regular Time intervals.
- Main mea/ in view of the majority of the people.
- Whether interested to take fresh food or cooked & preserved food.
- Taking fresh fruits and vegetables.
- Sweets/junk foods.
- Whether drinking sufficient quantity of water.
- Regular weight check up.
- Monitoring individual food behaviour.
- Any form of eating disorders.
- Effect of socio-economic status on food habits.

# METHODOLOGY

## 1. Study site :

The place selected for the project was comes under 11<sup>th</sup> ward Lakshminarsupeta Village,mandal and srikakulam district. Approximately 25 families were covered under this ward. This is a rural area with 75% of people were farmers. This area is used for the cultivation of rice and vegetables

## 2. Quantitative study :

The quantitative study of my project includes about the number of children; youngsters;Elder women and men, pregnant women, people with physical and mental ailments, their food intake based on quantity per day and their food habits.

## 3. Qualitative study:

The qualitative study was carried out based on their cultural pattern of food habits among various socio-economic, educational and age group

## 4 Data Collection :

Initially socio-economic survey and other background survey was done and the data was collected from them.

Secondly their food habits data was collected from the initially prepared questionnaire which consists of 14 questions to know about their food habits, cooking methods, storage food,time intervals followed, and how much expenditure was spent on food, in detail.

GOVT. DEGREE COLLEGE(M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

LOG BOOK

Name of the student : Modalavalaga Lokanadham

Group : B.S.C [B.Z.C]

Registration Number : 2222001049052

Name of the Mentor : G. Ramakrishna Rao

Name of the Project : Socio-Economic Survey in Food habits

Date & Day	Activity done	Number of Hours Spent	Signature of the student
09-05-2023 Tuesday	Socio-Economic Survey	6:00 hrs	M. Lokanadham
10-05-2023 Wednesday	Socio-Economic Survey	7:00 hrs	M. Lokanadham
11-05-2023 Thursday	Socio-Economic Survey	7:30 hrs	M. Lokanadham
12-05-2023 Friday	Socio-Economic Survey	5:30 hrs	M. Lokanadham
13-05-2023 Saturday	Socio-Economic Survey	6:00 hrs	M. Lokanadham
14-05-2023 Sunday	Socio-Economic Survey	4:30 hrs	M. Lokanadham
15-05-2023 Monday	Socio-Economic Survey	6:30 hrs	M. Lokanadham
16-05-2023 Tuesday	Socio-Economic Survey	6:00 hrs	M. Lokanadham

  
Signature of the Mentor

GOVT. DEGREE COLLEGE(M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

LOG BOOK

Name of the student : Modalavalasa Lokanadham

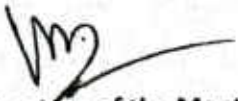
Group : B.S.C [C.B-2]

Registration Number : 2222001049052

Name of the Mentor : G. Rama Krishna Rao

Name of the Project : Awareness Programme in Food habits

Date & Day	Activity done	Number of Hours Spent	Signature of the student
17-05-2023 Wednesday	Awareness Programme	05-hours	M. Lokanadham
18-05-2023 Thursday	Awareness programme	07-hours	M. Lokanadham
19-05-2023 Friday	Awareness programme	06-hours	M. Lokanadham

  
Signature of the Mentor

GOVT. DEGREE COLLEGE(M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

LOG BOOK

Name of the student : Modalavalasa. Lokanadham

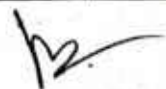
Group : B.s.c [C.B.2]

Registration Number : 2222001049052

Name of the Mentor : G. Rama Krishna Rao

Name of the Project : FOOD HABITS

Date & Day	Activity done	Number of Hours Spent	Signature of the student
20-05-2023 Saturday	Food Habits	7-Hours	M. Lokanadham
21-05-2023 Sunday	Food Habits	5-Hours	M. Lokanadham
22-05-2023 Monday	Food Habits	6:30-Hours	M. Lokanadham
23-05-2023 Tuesday	Food Habits	4:30-Hours	M. Lokanadham
24-05-2023 Wednesday	Food Habits	7-Hours	M. Lokanadham
25-05-2023 Thursday	Food Habits	5:30-Hours	M. Lokanadham
26-05-2023 Friday	Food Habits	6:00-Hours	M. Lokanadham
27-05-2023 Saturday	Food Habits	5:30-Hours	M. Lokanadham
28-05-2023 Sunday	Food Habits	7:00 Hours	M. Lokanadham

  
Signature of the Mentor

GOVT. DEGREE COLLEGE(M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

LOG BOOK

Name of the student : Modalavalasa Lokanadham

Group : B.S.C [C.B.Z]

Registration Number : 2222001049052

Name of the Mentor : G. Ramakrishna Rao

Name of the Project : Project writing in FOOD HABITS

Date & Day	Activity done	Number of Hours Spent	Signature of the student
29-05-2023 Monday	project writing	10:30 hrs	M. Lokanadham
30-05-2023 Tuesday	project writing	8:30 hrs	M. Lokanadham
31-05-2023 Wednesday	project writing	9:30 hrs	M. Lokanadham
01-06-2023 Thursday	project writing	7:00 hrs	M. Lokanadham
02-06-2023 Friday	project writing	3:00 hrs	M. Lokanadham
03-06-2023 Saturday	project writing	4:00 hrs	M. Lokanadham
04-06-2023 Sunday	project writing	7:00 hrs	M. Lokanadham
05-06-2023 Monday	project writing	3:30 hrs	M. Lokanadham
06-06-2023 Tuesday	project writing	5:00 hrs	M. Lokanadham
07-06-2023 Wednesday	project writing	2:30 hrs	M. Lokanadham

  
Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY CONSOLIDATION REPORT

Name of the student : Modalavalasa Lokanadham

Group : B.S.C [C.B-Z]

Name of the Mentor : G. Ramakrishna Rao

Name of the Project : FOOD HABITS

Ward/ Habitat	Kinthalimillu village	Panchayat	Kesavadasa	Post Office	S.M.Puram
Mandal	Etcherla	District	Srikakulam	Pin Code	532402

1. Total Number of Houses in the Habitat/Ward: 25 Houses
2. Number of Houses Caste-wise:  
SC \_\_\_\_\_ ST \_\_\_\_\_ OC \_\_\_\_\_ BC-A 25 BC-B \_\_\_\_\_ BC-C \_\_\_\_\_ BC-D \_\_\_\_\_

3. Common Health problems in the Habitat/Ward:

- (i) Viral fevers
- (ii) Cold
- (iii)

4. Number of White Ration Cards: 25

5. Number of Illiterates in the Ward/ Habitat/ Village: 22-members

6. Number of Graduates in the Ward/ Habitat/ Village: 28-members

7. Number of Job Holders: 12-members.

8. Number of PWD People: 1-member

9. Number of DWACRA Groups in the Ward/ Habitat/ Village: 3-Groups

10. Road connectivity to the Ward/ Habitat/ Village: Yes / No

11. Bus facility available: Yes / No

12. Problems identified in the Ward/ Habitat/ Village:

- (i) Uneven roads in every street
- (ii) Improper drainage system
- (iii) Lot of disease caused by mosquitoes
- (iv)

Signature of the Mentor

N  
M. Lokanadham  
Signature of the Student



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : Modalavalaga Lokanadham

Group : B.Z.C

Registration Number : 2222001049052

Area of the Survey conducted: Kinthalimillu village

House No.	3-194	Habitat /Ward	Kinthalimillu village	Panchayat /Municipality	Kesavaraopeta
Post office	S.M.PURAM	Mandal	Etherala	District	Srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1.	M. Chinna rao	M	49	Tenth	Farmer	} 10,000
2.	M. Gayathri	F	45	-	House wife	
3.	M. Lokanadham	M	20	Degree	-	
4.	M. Chakradhar rao	M	18	Intermediate	-	

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: Kalinga (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented): Own

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: one Acres

(vi) Livestock resources: Cows \_\_\_ Oxen \_\_\_ Buffaloes \_\_\_ Sheep/Goats \_\_\_

- (vii) Do you have own toilet? Yes/No ✓  
 (viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify \_\_\_\_\_ ✓  
 (ix) Do you have white Ration Card? Yes/No ✓  
 (x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle ✓

4. Health Details:

- (i) Ailments in family: NO ✓  
 (ii) Treatment in which Hospital: Govt/Private ✓  
 (iii) Any PWD Persons in family: Yes/No ✓

S.No.	Name of the Person	Gender	Age	Nature of Disability

- (iv) Do you have Govt. Arogya Sri Card: Yes/No ✓

5. Other Details:

- (i) Do You have TV: Yes/No ✓  
 (ii) Do you have Mobile: Yes ✓  
 (iii) Mobile Number: 9010784392 ✓  
 (iv) Do you have Computer/Laptop: Yes/No ✓  
 (v) Is internet available at home: Yes/No ✓

6. Any specific problems identified in the village/ Ward:

- (i) Uneven roads in every street.  
 (ii) Improper drainage system.  
 (iii) Lot of diseases caused by mosquitoes

Place: Kintalimilla

Date: 09-05-2023

M. Lokanadharam  
 Signature of the Student

  
 Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM  
COMMUNITY SERVICE PROJECT  
SOCIO - ECONOMIC SURVEY

Name of the Student : Modalavalasa Lokanadhani

Group : B.Z.C

Registration Number : 2222001049052

Area of the Survey conducted: Kinthalimilla Village

House No.	3-195	Habitat /Ward	Kinthalimilla village	Panchayat /Municipality	Kemavano peta
Post office	S.M. Puram	Mandal	Etcherla	District	Srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1.	Metta Ramesh	M	50	Degree	Real estate	} 10,000
2.	M. Laxmi	F	45	Tenth	House wife	
3.	M. Surya teja	F	25	Degree	-	
4.	M. Sas teja	F	24	Degree	-	

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: Kalinga (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented): Own

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: 0.19 Acres

(vi) Livestock resources: Cows - Oxen - Buffaloes - Sheep/Goats -

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify \_\_\_\_\_ ✓

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle ✓

#### 4. Health Details:

(i) Ailments in family: NO

(ii) Treatment in which Hospital: Govt/Private ✓

(iii) Any PWD Persons in family: Yes/No ✓

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No ✓

#### 5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes ✓

(iii) Mobile Number: 77 50773665

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is internet available at home: Yes/No ✓

#### 6. Any specific problems identified in the village/ Ward:

(i) Uneven road in every street.

(ii) Improper drainage system.

(iii) Lot of diseases caused by mosquitoes

Place: Kinthalimilla.

Date: 09 - 05 - 2023

M. Lokanadham  
Signature of the Student

  
Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM  
COMMUNITY SERVICE PROJECT  
SOCIO - ECONOMIC SURVEY

Name of the Student : Modalavalasa. Lokanadham

Group : B-Z-C

Registration Number : 2222001049052

Area of the Survey conducted: Kinthalimillu Village

House No.	3-196	Habitat /Ward	Kinthalimillu Village	Panchayat /Municipality	Keravazhupeta
Post office	S.M.Puram	Mandal	Etcherla	District	Srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1.	M. Bujji	M	50	Degree	T.V-Repairing	108,000
2.	M. DhanaLaxmi	F	48	Degree	-	

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: Kalinga (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented): Own

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: \_\_\_ Acres

(vi) Livestock resources: Cows \_\_\_ Oxen \_\_\_ Buffaloes \_\_\_ Sheep/Goats \_\_\_

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify \_\_\_\_\_ ✓

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle ✓

#### 4. Health Details:

(i) Ailments in family: N O

(ii) Treatment in which Hospital: Govt/Private ✓

(iii) Any PWD Persons in family: Yes/No ✓

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No ✓

#### 5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes ✓

(iii) Mobile Number: 9948137020 ✓

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is internet available at home: Yes/No ✓

#### 6. Any specific problems identified in the village/ Ward:

(i) Uneven roads in every street

(ii) Improper drainage system

(iii) Lot of diseases caused by mosquitoes

Place: Kinthalimillu

Date: 09-05-2023

M. Ganadham  
Signature of the Student

  
Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO-ECONOMIC SURVEY

Name of the Student : *modalavalasa lokanadham*

Group : *B.Z.C*

Registration Number : *2222001049052*

Area of the Survey conducted: *Kinthalimillu village*

House No.	<i>3-197</i>	Habitat /Ward	<i>Kinthalimillu Village</i>	Panchayat /Municipality	<i>Kesavaraopeta</i>
Post office	<i>S.M.PURAM</i>	Mandal	<i>Etchesla</i>	District	<i>Srikakulam</i>

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
<i>1.</i>	<i>S. Krishna Rao</i>	<i>M</i>	<i>40</i>	<i>-</i>	<i>Farmer</i>	<i>110,000</i>
<i>2.</i>	<i>S. padmavathi</i>	<i>F</i>	<i>38</i>	<i>-</i>	<i>Farmer</i>	
<i>3.</i>	<i>S. Deliph Kumar</i>	<i>M</i>	<i>17</i>	<i>11+</i>	<i>-</i>	
<i>4.</i>	<i>S. Dashkar Rao</i>	<i>M</i>	<i>16</i>	<i>Tenth</i>	<i>-</i>	
<i>5.</i>	<i>S. Lokesh</i>	<i>M</i>	<i>18</i>	<i>Tenth</i>	<i>-</i>	

2. Social Status details:

(i) Community: *SC/ST/BC-A-B-C-D/OC* (ii) Sub-Caste: *Kalinga* (iii) Religion: *Hindu*

3. Economic Status details:

(i) Type of House: *Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow*

(ii) House status (Own/ Rented): *Own*

(iii) Drinking Water facility: *Well/ Bore-well/ Govt. Tap connection*

(iv) Availability of Agricultural land: *Yes/ No*

(v) Extent of Agricultural land: *3* Acres

(vi) Livestock resources: Cows *-* Oxen *-* Buffaloes *-* Sheep/Goats *-*

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify \_\_\_\_\_

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle ✓

#### 4. Health Details:

(i) Ailments in family: ND ✓

(ii) Treatment in which Hospital: Govt/Private ✓

(iii) Any PWD Persons in family: Yes/No ✓

S.No.	Name of the Person	Gender	Age	Nature of Disability
1.	S. Lokeesh	M	18	polio

(iv) Do you have Govt. Arogya Sri Card: Yes/No ✓

#### 5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes ✓

(iii) Mobile Number: 8247470295 ✓

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is internet available at home: Yes/No ✓

#### 6. Any specific problems identified in the village/ Ward:

(i) Uneven roads in every street.

(ii) Improper drainage system

(iii) Lot of diseases caused by mosquitoes

Place: Kintalimilla

Date: 10-05-2023

M. Lokanadham  
Signature of the Student

  
Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : Modalavalasa-Lokanadham

Group : B-Z.C

Registration Number : 2222001049052

Area of the Survey conducted: Kinthalimilla village

House No.	3-198	Habitat /Ward	Kinthalimilla village	Panchayat /Municipality	Kesavarao peta
Post office	S.M.puram	Mandal	Etcherla	District	Srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1.	M. Nagaraju	M	53	Tenth	Clone Service	} 20,000
2.	M. Rajabakar	M	28	Degree	-	
3.	M. prashanthkumar	M	20	12+	-	

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: Kalinga (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented): Own

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: 3 Acres

(vi) Livestock resources: Cows 5 Oxen 2 Buffaloes - Sheep/Goats -

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify \_\_\_\_\_

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle ✓

#### 4. Health Details:

(i) Ailments in family: NO ✓

(ii) Treatment in which Hospital: Govt/Private ✓

(iii) Any PWD Persons in family: Yes/No ✓

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No ✓

#### 5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes ✓

(iii) Mobile Number: 7036325452 ✓

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is internet available at home: Yes/No ✓

#### 6. Any specific problems identified in the village/ Ward:

(i) Uneven roads in every street

(ii) Improper drainage system

(iii) Lot of diseases caused by mosquitoes

Place: Kinthali millu

Date: 10-05-2023

M. Lokanadhari  
Signature of the Student

  
Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : Modalavalas Lokanadham

Group : B-Z.C

Registration Number : 2222001049052

Area of the Survey conducted: kinthalimillu village

House No.	3-199	Habitat /Ward	kinthalimillu village	Panchayat /Municipality	Kesavarao peta
Post office	S.M.Pusa m	Mandal	Etcherla	District	Srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1.	K.pollinaidu	M	48	Tenth	Auto driver	10,000
2.	K.padmavathi	F	45	-	House wife	
3.	K.Devendra	M	20	ITI	-	
4.	K.Dhanalaxmi	F	19	ITI	-	

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: Kalinga (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented): Own

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land:  $\frac{3}{4}$  Acres

(vi) Livestock resources: Cows 3 Oxen 1 Buffaloes - Sheep/Goats -

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify \_\_\_\_\_

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle ✓

#### 4. Health Details:

(i) Allments in family: N/D

(ii) Treatment in which Hospital: Govt/Private ✓

(iii) Any PWD Persons in family: Yes/No ✓

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No ✓

#### 5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes ✓

(iii) Mobile Number: 964071 2833 ✓

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is internet available at home: Yes/No ✓

#### 6. Any specific problems identified in the village/ Ward:

(i) Uneven roads in every street

(ii) Improper drainage system.

(iii) Lot of diseases caused by mosquitoes

Place: Kintali millu

Date: 10-05-2023

M. Lokanadharam  
Signature of the Student

  
Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : Modalavalasa Lokanadhham

Group : B.Z.C

Registration Number : 2222001049052

Area of the Survey conducted: kinthalimilla Village

House No.	3-200	Habitat /Ward	kinthalimilla Village	Panchayat /Municipality	Kesavaraopeta
Post office	S.M. Puram	Mandal	Etthelala	District	Srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1.	P. Krishna	F	48	-	House wife	} 10,000
2.	P. Sathya	F	28	Degree	-	
3.	P. Rajeshakar	M	25	ITI	Volunteer	

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: kalinga (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented): Own

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land:  $\frac{1}{2}$  Acres

(vi) Livestock resources: Cows \_\_\_ Oxen \_\_\_ Buffaloes \_\_\_ Sheep/Goats \_\_\_

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify \_\_\_\_\_ ✓

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle ✓

#### 4. Health Details:

(i) Ailments in family: NO ✓

(ii) Treatment in which Hospital: Govt/Private ✓

(iii) Any PWD Persons in family: Yes/No ✓

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No ✓

#### 5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes ✓

(iii) Mobile Number: 855598114 ✓

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is internet available at home: Yes/No ✓

#### 6. Any specific problems identified in the village/ Ward:

(i) Uneven roads in every street

(ii) Improper drainage systems.

(iii) Lot of diseases caused by mosquitoes.

Place: Kinthali millu

Date: 11-05-2023

M. Lokanadham  
Signature of the Student

  
Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : Modala Valaga Lokanadham

Group : B.Z.C

Registration Number : 2222001049052

Area of the Survey conducted: Kinthalimillu village

House No.	3-201	Habitat /Ward	Kinthalimillu village	Panchayat /Municipality	Keeravarampeta
Post office	S.M.Puram	Mandal	Etcherla	District	Srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1.	P. Ramasao	M	48	Tenth	Autodriver	} 8,000
2.	P. Bhavani	F	45	Tenth	-	
3.	P. Sai Kumar	M	18	12+	-	

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: Kalinga (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented): Own

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: \_\_\_ Acres

(vi) Livestock resources: Cows \_\_\_ Oxen \_\_\_ Buffaloes \_\_\_ Sheep/Goats \_\_\_

- (vii) Do you have own toilet? Yes/No ✓  
 (viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify \_\_\_\_\_ ✓  
 (ix) Do you have white Ration Card? Yes/No ✓  
 (x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle ✓

4. Health Details:

- (i) Ailments in family: NO ✓  
 (ii) Treatment in which Hospital: Govt/Private ✓  
 (iii) Any PWD Persons in family: Yes/No ✓

S.No.	Name of the Person	Gender	Age	Nature of Disability

- (iv) Do you have Govt. Arogya Sri Card: Yes/No ✓

5. Other Details:

- (i) Do You have TV: Yes/No ✓  
 (ii) Do you have Mobile: Yes ✓  
 (iii) Mobile Number: 91217 40488 ✓  
 (iv) Do you have Computer/Laptop: Yes/No ✓  
 (v) Is internet available at home: Yes/No ✓

6. Any specific problems identified in the village/ Ward:

- (i) Uneven roads in every street  
 (ii) Improper drainage system.  
 (iii) Lot of diseases caused by mosquitoes

Place: Kinthalimilla

Date: 11-05-2023

M. B. Kanadham  
 Signature of the Student

  
 Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : Modalavalasa Lokanadham

Group : B-Z-C

Registration Number : 2222001049052

Area of the Survey conducted: Kinthalimillu village

House No.	3-202	Habitat /Ward	Kinthalimillu village	Panchayat /Municipality	Kesavasuo peta
Post office	S.M. puram	Mandal	Etcherla	District	Srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1.	K. Ramarao	M	41	Degree	Farmer	} 8,000
2.	K. Dhana laxmi	F	35	Degree	-	
3.	K. Jhanavi	F	12	8th	-	
4.	K. Keerthi	F	10	6	-	

2. Social Status details:

(i) Community: SC/ST/BC-A-B-C-D/OC (ii) Sub-Caste: Kalinga (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented): Own

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land:  $\frac{3}{2}$  Acres

(vi) Livestock resources: Cows 2 Oxen 1 Buffaloes - Sheep/Goats 2

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify \_\_\_\_\_ ✓

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle ✓

#### 4. Health Details:

(i) Ailments in family: ND ✓

(ii) Treatment in which Hospital: Govt/Private ✓

(iii) Any PWD Persons in family: Yes/No ✓

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No ✓

#### 5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes ✓

(iii) Mobile Number: 9640712833 ✓

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is internet available at home: Yes/No ✓

#### 6. Any specific problems identified in the village/ Ward:

(i) Uneven roads in every street

(ii) Improper drainage system

(iii) Lot of diseases caused by mosquitoes

Place: Kinthali millu

Date: 11-05-2023

M. Lokanadham  
Signature of the Student

  
Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : Modalavalasa Lokanadhari

Group : B.Z.C

Registration Number : 2222001049052

Area of the Survey conducted: Kinthalimilla village

House No.	3-203	Habitat /Ward	Kinthalimilla village	Panchayat /Municipality	Kesavaraopeta
Post office	S.M.Puram	Mandal	Etcherla	District	Sriakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1	CH-Ramu	M	39	-	Labor	} 15,000
2	CH-Laxmi	F	37	-	-	
3	CH-Pavani	F	10	4th	-	
4	CH-Mageswari	F	8	3rd	-	

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: Kalinga (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented): Own

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: \_\_\_ Acres

(vi) Livestock resources: Cows \_\_\_ Oxen \_\_\_ Buffaloes \_\_\_ Sheep/Goats \_\_\_



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM  
COMMUNITY SERVICE PROJECT  
SOCIO - ECONOMIC SURVEY

Name of the Student : Modalavalasa Lokanadham

Group : B-Z-C

Registration Number : 2222001049052

Area of the Survey conducted: Kinthalimillu village

House No.	3-204	Habitat /Ward	Kinthalimillu village	Panchayat /Municipality	Kesava Rao Peta
Post office	S.M. Puram	Mandal	Etcherla	District	Sri Kakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1.	CH. Prasad	M	60	-	Farmer	} 20,000
2.	CH. Saradha	F	59	-	-	
3.	CH. Ramana	M	30	-	Labour	

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: Kalinga (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented): Own

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: - Acres

(vi) Livestock resources: Cows - Oxen - Buffaloes - Sheep/Goats -

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify \_\_\_\_\_ ✓

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle ✓

#### 4. Health Details:

(i) Ailments in family: NO

(ii) Treatment in which Hospital: Govt/Private ✓

(iii) Any PWD Persons in family: Yes/No ✓

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No ✓

#### 5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes ✓

(iii) Mobile Number: 9032433436 ✓

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is internet available at home: Yes/No ✓

#### 6. Any specific problems identified in the village/ Ward:

(i) Uneven roads in every street


(ii) Improper drainage system

(iii) Lot of diseases caused by mosquitoes

Place: Kesavarao Peta

Date: 12-05-2023

M. Lokanadharam  
Signature of the Student

  
Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : Modalavalasa Lokanadhani

Group : B.Z.C

Registration Number : 2222001049052

Area of the Survey conducted: Kinthalimilla village

House No.	3-205	Habitat /Ward	Kinthalimilla village	Panchayat /Municipality	Kesavaraopeta
Post office	S.M.Puzam	Mandal	Etcherla	District	Srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1.	V. Harsh	M	30	B-Ed.	Businessman	?
2.	V. Sujil	F	28	Degree	-	10,000

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: Kalinga (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented): Own

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: 1 Acres

(vi) Livestock resources: Cows - Oxen - Buffaloes - Sheep/Goats -

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify \_\_\_\_\_ ✓

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle ✓

#### 4. Health Details:

(i) Ailments in family: N D ✓

(ii) Treatment in which Hospital: Govt/Private ✓

(iii) Any PWD Persons in family: Yes/No ✓

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No ✓

#### 5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes ✓

(iii) Mobile Number: 9000905560 ✓

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is internet available at home: Yes/No ✓

#### 6. Any specific problems identified in the village/ Ward:

(i) Uneven roads in every street


(ii) Improper drainage system

(iii) Lot of diseases caused by mosquitoes

Place: Kesavarao Peta

Date: 12-05-2023

M. Lokanadham  
Signature of the Student

  
Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : Modalavalasa Lokanodham

Group : B.Z.C

Registration Number : 2222001049052

Area of the Survey conducted: Kinthalimillu village

House No.	3-206	Habitat /Ward	Kinthalimillu village	Panchayat /Municipality	Kesavaasopeta
Post office	S.M.Puram	Mandal	Etcherlo	District	Srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1.	V. Balagi	M	61	Tenth	Farmer	8,000
2.	V. Bharthi	F	59	-	-	

2. Social Status details:

(i) Community: SC/ST/BC-A-B-C-D/OC (ii) Sub-Caste: Kalinga (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented): Own

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: \_\_\_ Acres

(vi) Livestock resources: Cows \_\_\_ Oxen \_\_\_ Buffaloes \_\_\_ Sheep/Goats \_\_\_

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify \_\_\_\_\_ ✓

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle ✓

#### 4. Health Details:

(i) Ailments in family: ND ✓

(ii) Treatment in which Hospital: Govt/Private ✓

(iii) Any PWD Persons in family: Yes/No ✓

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No ✓

#### 5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes ✓

(iii) Mobile Number: 8186829056 ✓

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is internet available at home: Yes/No ✓

#### 6. Any specific problems identified in the village/ Ward:

(i) Uneven roads in every street

(ii) Improper drainage system

(iii) Lot of diseases caused by mosquitoes

Place: Keeravasaopeta

Date: 13-05-2023

M. Lakshmi  
Signature of the Student

  
Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : Madala Valasa Lokanadhana

Group : B.Z.C

Registration Number : 2222001049052

Area of the Survey conducted: Kintolimilla village

House No.	3-207	Habitat / Ward	Kintolimilla village	Panchayat / Municipality	Karayyada Peta
Post office	S.M. Puram	Mandal	Etcherla	District	Srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1.	B. Bhavathi	F	50	Tenth	Labor	
2.	B. Chalapathi	M	30	Degree	Volunteer	15,000
3.	B. Durgarao	M	28	Degree	B.R.P.F	

2. Social Status details:

(i) Community: SC/ST/BC-A-B-C-D/OC (ii) Sub-Caste: Kalinga (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented): Own

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land:  $\frac{1}{2}$  Acres

(vi) Livestock resources: Cows - Oxen - Buffaloes 10 Sheep/Goats -

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify \_\_\_\_\_ ✓

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle ✓

#### 4. Health Details:

(i) Ailments in family: NO ✓

(ii) Treatment in which Hospital: Govt/Private ✓

(iii) Any PWD Persons in family: Yes/No ✓

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No ✓

#### 5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes ✓

(iii) Mobile Number: 7680088891 ✓

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is internet available at home: Yes/No ✓

#### 6. Any specific problems identified in the village/ Ward:

(i) Uneven roads in every street

(ii) Improper drainage system

(iii) Lot of diseases caused by mosquitoes

Place: Kesava Rao Peta

Date: 23-05-2023

M. Lokanadhham  
Signature of the Student

  
Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : Modalavalaga Lokanadham

Group : B.Z.C

Registration Number : 2222001049052

Area of the Survey conducted: Kinthalimillu

House No.	3-208	Habitat /Ward	Kinthalimillu village	Panchayat /Municipality	Kosavaraopeta
Post office	S.M.Puram	Mandal	Etcherla	District	Srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1.	G. Ramana	M	48	L.P.B.A	-	} 10,000
2.	G. Prampala	F	45	L.P.B.A	-	
3.	G. Pavankumar	M	19	T.T.I	-	

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: Kalanga (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented): Own

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land:  $\frac{1}{2}$  Acres

(vi) Livestock resources: Cows      Oxen      Buffaloes      Sheep/Goats 30

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify \_\_\_\_\_ ✓

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle ✓

#### 4. Health Details:

(i) Ailments in family: NO ✓

(ii) Treatment in which Hospital: Govt/Private ✓

(iii) Any PWD Persons in family: Yes/No ✓

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No ✓

#### 5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes ✓

(iii) Mobile Number: 9989487461 ✓

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is internet available at home: Yes/No ✓

#### 6. Any specific problems identified in the village/ Ward:

(i) Uneven roads in every street

(ii) Improper drainage system

(iii) Lot of diseases caused by mosquitoes

Place: Kesavarao peta

Date: 13-05-2023

M. Lokanadharam  
Signature of the Student

  
Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : Modalavalasa-Lokanadhams

Group : B.Z.C

Registration Number : 2222001049052

Area of the Survey conducted: Kinthalimillu Village

House No.	3-209	Habitat /Ward	Kinthalimillu Village	Panchayat /Municipality	Kesavaraopeta
Post office	S.M.Puram	Mandal	Etcherla	District	Srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1.	X. Saikam musthi	M	53	-	Farmer	2
2.	X. Indamma	F	50	-	Farmer	10,000
3.	X. Ganesh	M	30	Degree	Farmer	2

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: Kalinga (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented): Own

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: 2 Acres

(vi) Livestock resources: Cows 2 Oxen 2 Buffaloes - Sheep/Goats 1

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify \_\_\_\_\_ ✓

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle ✓

#### 4. Health Details:

(i) Ailments in family: NO

(ii) Treatment in which Hospital: Govt/Private ✓

(iii) Any PWD Persons in family: Yes/No ✓

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No ✓

#### 5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes ✓

(iii) Mobile Number: 9010371827 ✓

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is internet available at home: Yes/No ✓

#### 6. Any specific problems identified in the village/ Ward:

(i) Uneven roads in every Street

(ii) Improper drainage System

(iii) Lot of diseases caused by mosquitoes

Place: Kesavarao peta

Date: 14-05-2023

M. Lokanadhari  
Signature of the Student

  
Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : Modalavalasa. Lokanadham

Group : B.Z.C

Registration Number : 2222001049052

Area of the Survey conducted: kinthalimilla

House No.	3-210	Habitat /Ward	kinthalimilla village	Panchayat /Municipality	Kesavarao peta
Post office	S.M.Puram	Mandal	Etcherla	District	Srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1.	Y. Kusuma Rao	M	50	-	Farmer	10,000
2.	X. Eswaramma	F	48	-	Farmer	

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: Kalinga (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented): Own

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: 1 Acres

(vi) Livestock resources: Cows \_\_\_ Oxen \_\_\_ Buffaloes \_\_\_ Sheep/Goats \_\_\_

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify \_\_\_\_\_ ✓

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle ✓

#### 4. Health Details:

(i) Ailments in family: NO ✓

(ii) Treatment in which Hospital: Govt/Private ✓

(iii) Any PWD Persons in family: Yes/No ✓

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No ✓

#### 5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes ✓

(iii) Mobile Number: 9948490076 ✓

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is internet available at home: Yes/No ✓

#### 6. Any specific problems identified in the village/ Ward:

(i) Uneven roads in every street


(ii) Improper drainage system

(iii) Lot of diseases caused by mosquitoes

Place: Kesavaraopeta

Date: 14-05-2023

M. Kanadham  
Signature of the Student

  
Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : Modalavalasa-Lokanadhani

Group : B.Z.C

Registration Number : 2222001049052

Area of the Survey conducted: Kinthalimilla-Village

House No.	3-211	Habitat /Ward	Kinthalimilla village	Panchayat /Municipality	Kesavapeta
Post office	S.M.PURAM	Mandal	Etcherla	District	Srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1.	Y. Varu	M	34	Inter	COOK	} 10,000
2.	Y. Swathi	F	32	Degree	-	
3.	X. Meghana	F	10	6th	-	
4.	X. Raju	M	8	3rd	-	

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: Kalinga (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented): Rented

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: 1/2 Acres

(vi) Livestock resources: Cows — Oxen — Buffaloes — Sheep/Goats —

(vii) Do you have own toilet? Yes/No

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify \_\_\_\_\_

(ix) Do you have white Ration Card? Yes/No

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle

4. Health Details:

(i) Ailments in family: NO

(ii) Treatment in which Hospital: Govt/Private

(iii) Any PWD Persons in family: Yes/No

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No

5. Other Details:

(i) Do You have TV: Yes/No

(ii) Do you have Mobile: Yes

(iii) Mobile Number: 9182929753

(iv) Do you have Computer/Laptop: Yes/No

(v) Is internet available at home: Yes/No

6. Any specific problems identified in the village/ Ward:

(i) Uneven roads in every street

(ii) Improper drainage system

(iii) Lot of diseases caused by mosquitoes

Place: Kesavanapeta

Date: 14-05-2023

M. Lokanadharam  
Signature of the Student

  
Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM  
COMMUNITY SERVICE PROJECT  
SOCIO - ECONOMIC SURVEY

Name of the Student : Modalaralasa Lokanadham

Group : B.P.C

Registration Number : 2222001049052

Area of the Survey conducted: Kinthalimilla Village

House No.	3-212	Habitat /Ward	Kinthalimilla Village	Panchayat /Municipality	Keeravathu Peta
Post office	S.M. Puzam	Mandal	Etcherla	District	Srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1	Y. Muzali	M	33	-	FARMER	10,000
2	Y. Radha	F	30	-	FARMER	
3	Y. Sai	M	12	Tenth	-	
4	Y. Sri	F	10	8th	-	

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: Kalinga (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented): Own

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: 1/2 Acres

(vi) Livestock resources: Cows 2 Oxen 2 Buffaloes - Sheep/Goats 1

- (vii) Do you have own toilet? Yes/No ✓  
 (viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify \_\_\_\_\_ ✓  
 (ix) Do you have white Ration Card? Yes/No ✓  
 (x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle ✓

4. Health Details:

- (i) Ailments in family: NO  
 (ii) Treatment in which Hospital: Govt/Private ✓  
 (iii) Any PWD Persons in family: Yes/No ✓

S.No.	Name of the Person	Gender	Age	Nature of Disability

- (iv) Do you have Govt. Arogya Sri Card: Yes/No ✓

5. Other Details:

- (i) Do You have TV: Yes/No ✓  
 (ii) Do you have Mobile: Yes ✓  
 (iii) Mobile Number: 9542029970 ✓  
 (iv) Do you have Computer/Laptop: Yes/No ✓  
 (v) Is internet available at home: Yes/No ✓

6. Any specific problems identified in the village/ Ward:

- (i) Uneven roads in every street  
 (ii) Improper drainage system  
 (iii) Lot of diseases caused by mosquitoes

Place: Kesavarao Peta

Date: 14-05-2023

m. Lokanadharam  
 Signature of the Student

  
 Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM  
COMMUNITY SERVICE PROJECT  
SOCIO - ECONOMIC SURVEY

Name of the Student : Madalavalasa . lokanadham

Group : B.Z.C

Registration Number : 2222001049052

Area of the Survey conducted: Kinthalimillu village

House No.	3-213	Habitat /Ward	Kinthalimillu village	Panchayat /Municipality	Kesavaraopeta
Post office	S.M.puram	Mandal	Etcherla	District	Srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1.	P. Vijwasvarad	M	52	B.tech	Valder	} 10,000
2.	P. Padhamakathi	F	50	Degree	-	
3.	P. Santhosh	M	30	B.Form-C	manager	
4.	P. Jagadesh	M	28	B.tech	-	

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: Kalinga (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented): Rented

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: 1 Acres

(vi) Livestock resources: Cows \_\_\_ Oxen \_\_\_ Buffaloes \_\_\_ Sheep/Goats \_\_\_

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify \_\_\_\_\_ ✓

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle ✓

#### 4. Health Details:

(i) Ailments in family: No ✓

(ii) Treatment in which Hospital: Govt/Private ✓

(iii) Any PWD Persons in family: Yes/No ✓

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No ✓

#### 5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes ✓

(iii) Mobile Number: 6281015886 ✓

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is internet available at home: Yes/No ✓

#### 6. Any specific problems identified in the village/ Ward:

(i) Uneven roads in every street


(ii) Improper drainage system

(iii) Lot of diseases caused by mosquitoes

Place: Kesavadasu Petu

Date: 15-05-2023

M. Lokanadham  
Signature of the Student

  
Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : Modalavalaga Lokanadhani

Group : B.Z.C

Registration Number : 2222001049052

Area of the Survey conducted: Kinthalimillu Village

House No.	3-214	Habitat /Ward	Kinthalimillu Village	Panchayat /Municipality	Kesavadasa peta
Post office	S.M.PURAM	Mandal	Etcherla	District	Srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1.	P. Laxman Rao	M	49	B-tech	Manager	} 20,000
2.	P. Narayana	F	30	7th	-	
3.	P. Chathana	F	14	12th	-	
4.	P. Chinna	F	10	8th	-	

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: Kalinga (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented): Own

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: 1 Acres

(vi) Livestock resources: Cows - Oxen - Buffaloes - Sheep/Goats -

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify \_\_\_\_\_ ✓

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle ✓

#### 4. Health Details:

(i) Ailments in family: NO

(ii) Treatment in which Hospital: Govt/Private ✓

(iii) Any PWD Persons in family: Yes/No ✓

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No ✓

#### 5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes ✓

(iii) Mobile Number: 8008508245 ✓

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is internet available at home: Yes/No ✓

#### 6. Any specific problems identified in the village/ Ward:

(i) Uneven roads in every street

(ii) Improper drainage system

(iii) Lot of diseases caused by mosquitoes

Place: Kesavarao peta

Date: 15-05-2023

M. Lokanadham  
Signature of the Student

  
Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : Modalavalasa Lokanadhari

Group : B.Z.C

Registration Number : 2222001049052

Area of the Survey conducted: Kinthalimilla village

House No.	3-215	Habitat /Ward	Kinthalimilla village	Panchayat /Municipality	Kesavaraoopeta
Post office	S.M.PURAM	Mandal	Etcherla	District	Srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1.	M. Tharitinaidu	M	55	Degree	Railvea	780,000
2.	M. Laxmi	F	53	-	-	

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: Kalyan (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented): Own

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: 1 Acres

(vi) Livestock resources: Cows - Oxen - Buffaloes - Sheep/Goats -

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify \_\_\_\_\_ ✓

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle ✓

#### 4. Health Details:

(i) Ailments in family: NO

(ii) Treatment in which Hospital: Govt/Private ✓

(iii) Any PWD Persons in family: Yes/No ✓

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No ✓

#### 5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes ✓

(iii) Mobile Number: 9885052808 ✓

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is internet available at home: Yes/No ✓

#### 6. Any specific problems identified in the village/ Ward:

(i) Uneven roads in every street

(ii) Improper drainage system

(iii) Lot of diseases caused by mosquitoes

Place: Kesavarao Peta

Date: 15-05-2023

M. Khanadham  
Signature of the Student

  
Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : Modalavalasa. Lokanadhani

Group : B-Z-C

Registration Number : 2222001049052

Area of the Survey conducted: Kinthalimilla village

House No.	3-216	Habitat /Ward	Kinthalimilla village	Panchayat /Municipality	Kesavarao Peta
Post office	S.M.Puzam	Mandal	Etchezla	District	Srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1.	M. Prasad Rao	M	50	Degree	Driver	10,000
2.	M. Padhmavathi	F	48	Inter	-	
3.	M. Sumalatha	F	23	Degree	-	
4.	M. Sravani	F	20	B.Farm-C	-	

2. Social Status details:

(i) Community: SC/ST/BC-A-B-C-D/OC (ii) Sub-Caste: Kalinga (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented): Own

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: 1 Acres

(vi) Livestock resources: Cows - Oxen - Buffaloes - Sheep/Goats -

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify \_\_\_\_\_ ✓

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle ✓

#### 4. Health Details:

(i) Aillments in family: ND ✓

(ii) Treatment in which Hospital: Govt/Private ✓

(iii) Any PWD Persons in family: Yes/No ✓

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No ✓

#### 5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes ✓

(iii) Mobile Number: 8374466126 ✓

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is internet available at home: Yes/No ✓

#### 6. Any specific problems identified in the village/ Ward:

(i) Uneven roads in every street

(ii) Improper drainage system

(iii) Lot of diseases caused by mosquitoes

Place: Kirthalimilla

Date: 16-05-2023

M. Lokanadhham  
Signature of the Student

  
Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : Modalavalasa - Lokanadhani

Group : B.Z.C

Registration Number : 2222001049052

Area of the Survey conducted: Kinthalimilla Village

House No.	3-217	Habitat /Ward	Kinthalimilla village	Panchayat /Municipality	Kesava Rao Peta
Post office	S.M.puzam	Mandal	Etcherla	District	Sri Kakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1.	S.Thulasirao	M	50	Degree	R.T.C-Drives	} 80,000
2.	S.pavithra	F	48	-	-	
3.	S.Krishna	M	25	Degree	Army	

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: Kalinga (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented): Own

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: \_\_\_ Acres

(vi) Livestock resources: Cows \_\_\_ Oxen \_\_\_ Buffaloes \_\_\_ Sheep/Goats \_\_\_

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/Wood/ others specify \_\_\_\_\_ ✓

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/Auto/Car/ Any other vehicle ✓

#### 4. Health Details:

(i) Ailments in family: NO ✓

(ii) Treatment in which Hospital: Govt/Private ✓

(iii) Any PWD Persons in family: Yes/No ✓

S No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No ✓

#### 5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes ✓

(iii) Mobile Number: 9491105405 ✓

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is internet available at home: Yes/No ✓

#### 6. Any specific problems identified in the village/ Ward:

(i) Uneven roads in every street

(ii) Improper drainage system

(iii) Lots of diseases caused by mosquitoes

Place: Kinthalimillu

Date: 16-05-2023

M. Lokanadham  
Signature of the Student

  
Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : Modalavalasa-Lokanadharam

Group : B-2.C

Registration Number : 2222001049052

Area of the Survey conducted: Kinthalimilla Village

House No.	3-218	Habitat /Ward	Kinthalimilla village	Panchayat /Municipality	Kesavaraopeta
Post office	S.M.PURAM	Mandal	Etcherla	District	Srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1.	S. Mohan Rao	M	45	-	cook	10,000
2.	S. Ramadavi	F	43	-	cook	
3.	S. Yugundhar	M	23	Degree	-	
4.	S. Mirali	M	21	ITI	-	
5.	S. Tejaswar Rao	M	18	Inter	-	

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: Kalinga (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented): Own

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: 1/2 Acres

(vi) Livestock resources: Cows \_\_\_ Oxen \_\_\_ Buffaloes \_\_\_ Sheep/Goats \_\_\_

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify \_\_\_\_\_ ✓

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle ✓

#### 4. Health Details:

(i) Ailments in family: NO

(ii) Treatment in which Hospital: Govt/Private ✓

(iii) Any PWD Persons in family: Yes/No ✓

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No ✓

#### 5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes ✓

(iii) Mobile Number: 9701961974 ✓

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is internet available at home: Yes/No ✓

#### 6. Any specific problems identified in the village/ Ward:

(i) Uneven roads in every street

(ii) Improper drainage system

(iii) Lot of diseases caused by mosquitoes

Place: Kintalimilla

Date: 16-05-2023

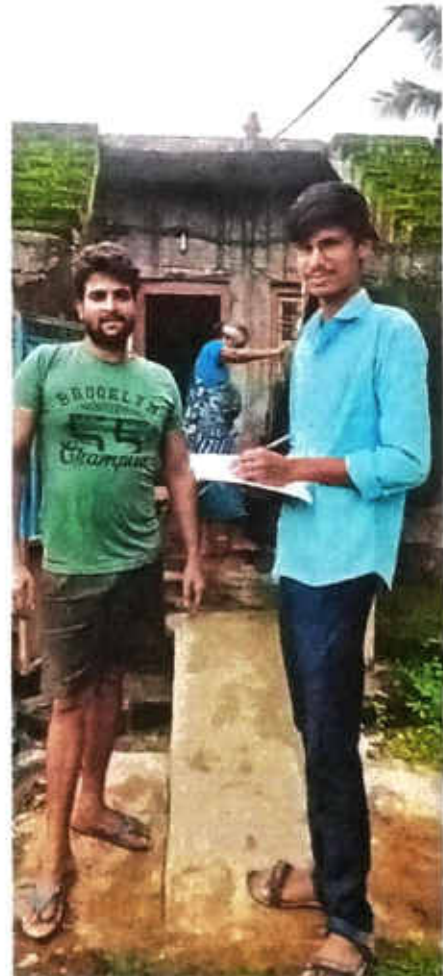
M. Lokanadharam  
Signature of the Student

  
Signature of the Mentor

# SOCIO - ECONOMIC SURVEY



# Socio - ECONOMIC SURVEY



# AWARENESS REPORT





## AWARENESS REPORT

Mosquito problem

Mosquito in my village (Kinthalimillu, Etcherla mandalam srikakulam) cause some different sickness in many people (especially children's and old persons) will attacked by those mosquito and give them the virus that cause of dengue, malaria it is one of the main problems in my village. some families are worrying about these issues, they already been worrying because their children has encountering the different types of symptoms that they will attacked by the mosquito that affects their health.

The government already took action against these problems. They already throw some of the gases that can let those mosquitoes to came out and totally disappear.

Hence, I (Modalavalasa Lokanadham) observed this mosquito problem and told my street people about mosquitoes controlling methods and make them aware as much as I could.



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM  
COMMUNITY SERVICE PROJECT  
PROJECT: FOOD HABITS  
QUESTIONNAIRE



Name of the student : M. Lokanadham  
Group : B.S. [C.B.Z]  
Name of the mentor : G. Ramakrishna Rao  
Name of the project : Food habits

House No	Name of the person	Village / Ward	Mandal	District
3-19A	Y-VASU	Kintalimilla village	Etcheola	Srikakulam

- How many times a day do you eat?  
3-times a day.
- Please answer the following according to your particular eating habits?
  - I eat a good breakfast - Yes.
  - I experienced feeling of hunger during the day - Yes.
  - I eat meat. - Yes.
  - I eat vegetables. - Yes.
  - I eat fruits. - Yes.
  - I eat dairy products - Yes.
  - I eat sweets. - Yes.
- What meal would you consider to be your main meal of the day?
  - Breakfast  lunch  c. dinner  d. others
- What does your main meal consist of and how it is prepared?  
 Freshly prepared. B. restaurant meal. C. precooked microwave. D. other
- Have you been avoiding some foods for health reasons? Yes / No
- Do you have any particular food allergies?  
NO
- What is your daily food intake frequency of the following food categories?  
Sweet foods:  
Several times a day  once a day  several times a week   
less often  never   
Fresh vegetables & Fruits:  
Several times a day  once a day  several times a week   
less often  never

8. What percentage of your regular diet consists of meat products?

90%  75%  50%  25%  less than 25%

9. How much of your diet consists of vegetables and non-animal products?

90%  75%  50%  25%  less than 25%

10. Do you or have you ever has cholesterol problems?

NO

11. Do you know your current body mass index?

58 kg

12. Have your ever been on a diet, if so, what kind?

NO

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

Rice > Dali > vegetables > fruits > meat > oil food

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact. B. little impact  big impact. D. none

Health

a. No impact. B. little impact  big impact. D. none

Weight.

a. No impact. B. little impact  big impact. D. none

Mental condition.

A. No impact. B. little impact  big impact. D. none

M. Kanadham  
Signature of the Student

  
Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM  
COMMUNITY SERVICE PROJECT  
PROJECT: FOOD HABITS  
QUESTIONNAIRE



Name of the student : M. Lokanadharam  
Group : B.Z.C  
Name of the mentor : G. Rama Krishna Rao  
Name of the project : FOOD HABITS

House No	Name of the person	Village / Ward	Mandal	District
3-195	M. Ramesh	Kirthalimillu village	Etcherl	Srikakulam

- How many times a day do you eat?  
3-times a day
- Please answer the following according to your particular eating habits?
  - I eat a good breakfast - Yes
  - I experienced feeling of hunger during the day - Yes
  - I eat meat. - Yes
  - I eat vegetables. - Yes
  - I eat fruits. - Yes
  - I eat dairy products - Yes
  - I eat sweets. - Yes
- What meal would you consider to be your main meal of the day?
  - Breakfast
  - lunch
  - dinner
  - others
- What does your main meal consist of and how it is prepared?
  - Freshly prepared.
  - restaurant meal.
  - precooked microwave.
  - other
- Have you been avoiding some foods for health reasons? Yes / No
- Do you have any particular food allergies?  
No.
- What is your daily food intake frequency of the following food categories?

Sweet foods:

Several times a day  once a day  several times a week   
less often  never

Fresh vegetables & Fruits:

Several times a day  once a day  several times a week   
less often  never

8. What percentage of your regular diet consists of meat products?  
 90%  75%  50%  25%  less than 25%
9. How much of your diet consists of vegetables and non-animal products?  
 90%  75%  50%  25%  less than 25%
10. Do you or have you ever has cholesterol problems?  
 No.
11. Do you know your current body mass index?  
 59 kg
12. Have your ever been on a diet, if so, what kind?  
 No.
13. Mention the food items from the healthiest to the unhealthiest from your point of views?  
 milk > vegetables > fruit > rice > oil food
14. How much do you think a healthy diet affects?

Restful sleep

a. No impact. B. little impact  big impact. D. none

Health

a. No impact. B. little impact  big impact. D. none

Weight.

a. No impact. B. little impact  big impact. D. none

Mental condition.

A. No impact. B. little impact  big impact. D. none

M. Kanadham  
 Signature of the Student

  
 Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM  
COMMUNITY SERVICE PROJECT  
PROJECT: FOOD HABITS  
QUESTIONNAIRE



Name of the student : M. Lokanadharam  
Group : B-Z.C  
Name of the mentor : G. Ramakrishna Rao  
Name of the project : FOOD HABITS

House No	Name of the person	Village / Ward	Mandal	District
3-196	M. Byjji	Kinthalimilla village	Etcherla	Srikakulam

1. How many times a day do you eat?

3-times a day.

2. Please answer the following according to your particular eating habits?

- I eat a good breakfast - YES
- I experienced feeling of hunger during the day - YES
- I eat meat. - YES
- I eat vegetables. - YES
- I eat fruits. - YES
- I eat dairy products - YES
- I eat sweets. - YES

3. What meal would you consider to be your main meal of the day?

- a. Breakfast  b. lunch  c. dinner  d. others

4. What does your main meal consist of and how it is prepared?

- Freshly prepared. B. restaurant meal. C. precooked microwave. D. other

5. Have you been avoiding some foods for health reasons? Yes /  No

6. Do you have any particular food allergies?

NO

7. What is your daily food intake frequency of the following food categories?

Sweet foods:

- Several times a day  once a day  several times a week   
less often  never

Fresh vegetables & Fruits:

- Several times a day  once a day  several times a week   
less often  never

8. What percentage of your regular diet consists of meat products?

90%  75%  50%  25%  less than 25%

9. How much of your diet consists of vegetables and non-animal products?

90%  75%  50%  25%  less than 25%

10. Do you or have you ever has cholesterol problems?

NO.

11. Do you know your current body mass index?

59  $\frac{1}{2}$  kg

12. Have your ever been on a diet, if so, what kind?

NO.

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

milk > vegetables > fruits > meat > oil food

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact. B. little impact  big impact. D. none

Health

a. No impact. B. little impact  big impact. D. none

Weight.

a. No impact. B. little impact  big impact. D. none

Mental condition.

A. No impact. B. little impact  big impact. D. none

M. Lokanadhham  
Signature of the Student

  
Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM  
COMMUNITY SERVICE PROJECT  
PROJECT: FOOD HABITS  
QUESTIONNAIRE



Name of the student : M. Lokanadham  
Group : B.Z.C  
Name of the mentor : G. Rama Krishna Rao  
Name of the project : FOOD HABITS

House No	Name of the person	Village / Ward	Mandal	District
3-197	S. Krishna	Kinthalimilla village	Etcherla	Srikakulam

- How many times a day do you eat?  
3-times a day.
- Please answer the following according to your particular eating habits?
  - I eat a good breakfast - Yes
  - I experienced feeling of hunger during the day - Yes
  - I eat meat. - Yes
  - I eat vegetables. - Yes
  - I eat fruits. - Yes
  - I eat dairy products - Yes
  - I eat sweets. - Yes
- What meal would you consider to be your main meal of the day?
  - Breakfast  lunch
  - c. dinner
  - d. others
- What does your main meal consist of and how it is prepared?  
 Freshly prepared. B. restaurant meal. C. precooked microwave. D. other
- Have you been avoiding some foods for health reasons? Yes / No
- Do you have any particular food allergies?  
NO.
- What is your daily food intake frequency of the following food categories?  
Sweet foods:  
Several times a day  once a day  several times a week   
less often  never   
Fresh vegetables & Fruits:  
Several times a day  once a day  several times a week   
less often  never

8. What percentage of your regular diet consists of meat products?  
90%  75%  50%  25%  less than 25%

9. How much of your diet consists of vegetables and non-animal products?  
90%  75%  50%  25%  less than 25%

10. Do you or have you ever has cholesterol problems?  
No.

11. Do you know your current body mass index?  
61 kg

12. Have your ever been on a diet, if so, what kind?  
No.

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

milk > fruits > vegetables > meat > oil food

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact. B. little impact  big impact. D. none

Health

a. No impact. B. little impact  big impact. D. none

Weight.

a. No impact. B. little impact  big impact. D. none

Mental condition.

A. No impact. B. little impact  big impact. D. none

M. Lokanadham  
Signature of the Student

  
Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM  
COMMUNITY SERVICE PROJECT  
PROJECT: FOOD HABITS  
QUESTIONNAIRE



Name of the student : M. Lokanadham  
Group : B.Z.C  
Name of the mentor : G. Ramakrishna Rao  
Name of the project : FOOD HABITS

House No	Name of the person	Village / Ward	Mandal	District
3-198	M. Nagaraju	Kinthalimillu village	Etcherla	Srikakulam

1. How many times a day do you eat?

3-times a day.

2. Please answer the following according to your particular eating habits?

- I eat a good breakfast - yes
- I experienced feeling of hunger during the day - yes
- I eat meat. - yes
- I eat vegetables. - yes
- I eat fruits. - yes
- I eat dairy products - yes
- I eat sweets. - yes.

3. What meal would you consider to be your main meal of the day?

- a. Breakfast  b. lunch  c. dinner  d. others

4. What does your main meal consist of and how it is prepared?

- Freshly prepared.  B. restaurant meal.  C. precooked microwave  D. other

5. Have you been avoiding some foods for health reasons? Yes / No

6. Do you have any particular food allergies?

No

7. What is your daily food intake frequency of the following food categories?

Sweet foods:

- Several times a day  once a day  several times a week   
less often  never

Fresh vegetables & Fruits:

- Several times a day  once a day  several times a week   
less often  never

8. What percentage of your regular diet consists of meat products?  
90%  75%  50%  25%  less than 25%

9. How much of your diet consists of vegetables and non-animal products?  
90%  75%  50%  25%  less than 25%

10. Do you or have you ever has cholesterol problems?  
No.

11. Do you know your current body mass index?  
72 kg

12. Have your ever been on a diet, if so, what kind?  
No.

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

Milk > fruits > vegetables > rice > meat > oil/food

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact. B. little impact  big impact. D. none

Health

a. No impact. B. little impact  big impact. D. none


Weight.

a. No impact. B. little impact  big impact. D. none

Mental condition.

A. No impact. B. little impact  big impact. D. none

M. Lokanadhani  
Signature of the Student

  
Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM  
COMMUNITY SERVICE PROJECT  
PROJECT: FOOD HABITS  
QUESTIONNAIRE



Name of the student : Modalavulasa Lokanadham  
Group : B.Z.C  
Name of the mentor : G. Rama Krishna Rao  
Name of the project : FOOD HABITS

House No	Name of the person	Village / Ward	Mandal	District
3-199	M. Chinnarao	Kinthalimillu village	Etcherla	Srikakulam

1. How many times a day do you eat?

3-times a day

2. Please answer the following according to your particular eating habits?

- a. I eat a good breakfast - YES
- b. I experienced feeling of hunger during the day - YES
- c. I eat meat. - YES
- d. I eat vegetables. - YES
- e. I eat fruits. - YES
- f. I eat dairy products - YES
- g. I eat sweets. - YES

3. What meal would you consider to be your main meal of the day?

- a. Breakfast
- b. lunch
- c. dinner
- d. others

4. What does your main meal consist of and how it is prepared?

- A. Freshly prepared.
- B. restaurant meal.
- C. precooked microwave.
- D. other

5. Have you been avoiding some foods for health reasons? Yes / No

6. Do you have any particular food allergies?

NO.

7. What is your daily food intake frequency of the following food categories?

Sweet foods:

- Several times a day  once a day  several times a week
- less often  never

Fresh vegetables & Fruits:

- Several times a day  once a day  several times a week
- less often  never

8. What percentage of your regular diet consists of meat products?  
90%  75%  50%  25%  less than 25%

9. How much of your diet consists of vegetables and non-animal products?  
90%  75%  50%  25%  less than 25%

10. Do you or have you ever has cholesterol problems?  
No.

11. Do you know your current body mass index?  
48 kg

12. Have your ever been on a diet, if so, what kind?  
No.

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

Milk > vegetables > fruits > rice > oil food

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact. B. little impact  big impact. D. none

Health

a. No impact. B. little impact  big impact. D. none

Weight.

a. No impact. B. little impact  big impact. D. none

Mental condition.

A. No impact. B. little impact  big impact. D. none

M. Lokanadharam  
Signature of the Student

  
Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM  
COMMUNITY SERVICE PROJECT  
PROJECT: FOOD HABITS  
QUESTIONNAIRE



Name of the student : M. Lokanadhara  
Group : B.S.C [C.B.Z]  
Name of the mentor : G. Ramakrishna Rao  
Name of the project : FOOD HABITS

House No	Name of the person	Village / Ward	Mandal	District
3-200	P. Rajshakar	Kinthalimilla village	Etcherla	Srikakulam

- How many times a day do you eat?  
3-times a day.
- Please answer the following according to your particular eating habits?
  - I eat a good breakfast - Yes
  - I experienced feeling of hunger during the day - Yes
  - I eat meat. - Yes
  - I eat vegetables. - Yes
  - I eat fruits. - Yes
  - I eat dairy products - Yes
  - I eat sweets. - Yes
- What meal would you consider to be your main meal of the day?
  - Breakfast
  - lunch
  - dinner
  - others
- What does your main meal consist of and how it is prepared?
  - Freshly prepared.
  - restaurant meal.
  - precooked microwave.
  - other
- Have you been avoiding some foods for health reasons? Yes / No
- Do you have any particular food allergies?  
No -
- What is your daily food intake frequency of the following food categories?

Sweet foods:

Several times a day  once a day  several times a week   
less often  never

Fresh vegetables & Fruits:

Several times a day  once a day  several times a week   
less often  never

8. What percentage of your regular diet consists of meat products?  
90%  75%  50%  25%  less than 25%

9. How much of your diet consists of vegetables and non-animal products?  
90%  75%  50%  25%  less than 25%

10. Do you or have you ever has cholesterol problems?  
No.

11. Do you know your current body mass index?  
60 kg

12. Have your ever been on a diet, if so, what kind?  
No.

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

Milk > vegetables > rice > fruits > oil food

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact. B. little impact  big impact. D. none

Health

a. No impact. B. little impact  big impact. D. none


Weight.

a. No impact. B. little impact  big impact. D. none

Mental condition.

A. No impact. B. little impact  big impact. D. none

M. Lokanadharam  
Signature of the Student

  
Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM  
COMMUNITY SERVICE PROJECT  
PROJECT: FOOD HABITS  
QUESTIONNAIRE



Name of the student : M. Lokanudham  
Group : B.S.C [C.B.Z]  
Name of the mentor : G. Rama Krishna Rao  
Name of the project : FOOD HABITS

House No	Name of the person	Village / Ward	Mandal	District
3-201	P. Rama Rao	Kinthalimilla village	Etcherla	Srikakulam

- How many times a day do you eat?  
3-times a day.
- Please answer the following according to your particular eating habits?
  - I eat a good breakfast - Yes.
  - I experienced feeling of hunger during the day - Yes.
  - I eat meat. - Yes.
  - I eat vegetables. - Yes.
  - I eat fruits. - Yes.
  - I eat dairy products - Yes.
  - I eat sweets. - Yes.
- What meal would you consider to be your main meal of the day?
  - Breakfast  lunch  c. dinner  d. others
- What does your main meal consist of and how it is prepared?  
 Freshly prepared. B. restaurant meal. C. precooked microwave. D. other
- Have you been avoiding some foods for health reasons? Yes /  No
- Do you have any particular food allergies?  
NO.
- What is your daily food intake frequency of the following food categories?  
Sweet foods:  
Several times a day  once a day  several times a week   
less often  never   
Fresh vegetables & Fruits:  
Several times a day  once a day  several times a week   
less often  never

8. What percentage of your regular diet consists of meat products?  
90%  75%  50%  25%  less than 25%

9. How much of your diet consists of vegetables and non-animal products?  
90%  75%  50%  25%  less than 25%

10. Do you or have you ever has cholesterol problems?  
No.

11. Do you know your current body mass index?  
53  $\frac{1}{2}$  kg

12. Have your ever been on a diet, if so, what kind?  
No.

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

Milk > fruits > vegetables > rice > meat > oil food

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact. B. little impact  big impact. D. none

Health

a. No impact. B. little impact  big impact. D. none

Weight.

a. No impact. B. little impact  big impact. D. none

Mental condition.

A. No impact. B. little impact  big impact. D. none

M. Kanadham  
Signature of the Student



Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM  
COMMUNITY SERVICE PROJECT  
PROJECT: FOOD HABITS  
**QUESTIONNAIRE**



Name of the student : M. Lokanadham. A  
Group : B.S.C [C.B.Z]  
Name of the mentor : G. Ramakrishna Rao  
Name of the project : FOOD HABITS

House No	Name of the person	Village / Ward	Mandal	District
3-202	K. Ramarao	Kinthalimillu village	Etcherla	Srikakulam

- How many times a day do you eat?  
3-times a day
- Please answer the following according to your particular eating habits?
  - I eat a good breakfast - yes
  - I experienced feeling of hunger during the day - yes
  - I eat meat. - yes
  - I eat vegetables. - yes
  - I eat fruits. - yes
  - I eat dairy products - yes
  - I eat sweets. - yes
- What meal would you consider to be your main meal of the day?
  - Breakfast
  - lunch
  - dinner
  - others
- What does your main meal consist of and how it is prepared?
  - Freshly prepared.
  - restaurant meal.
  - precooked microwave.
  - other
- Have you been avoiding some foods for health reasons? Yes / No
- Do you have any particular food allergies?  
NO.
- What is your daily food intake frequency of the following food categories?  
Sweet foods:
 

Several times a day <input checked="" type="checkbox"/>	once a day <input type="checkbox"/>	several times a week <input type="checkbox"/>
less often <input type="checkbox"/>	never <input type="checkbox"/>	

 Fresh vegetables & Fruits:
 

Several times a day <input checked="" type="checkbox"/>	once a day <input type="checkbox"/>	several times a week <input type="checkbox"/>
less often <input type="checkbox"/>	never <input type="checkbox"/>	

8. What percentage of your regular diet consists of meat products?  
90%  75%  50%  25%  less than 25%

9. How much of your diet consists of vegetables and non-animal products?  
90%  75%  50%  25%  less than 25%

10. Do you or have you ever has cholesterol problems?  
No.

11. Do you know your current body mass index?  
63  $\frac{1}{2}$  kg

12. Have your ever been on a diet, if so, what kind?  
No.

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

Milk > vegetables > fruits > Rice > meat > oil food

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact. B. little impact  c. big impact. D. none

Health

a. No impact. B. little impact  c. big impact. D. none

Weight.

a. No impact. B. little impact  c. big impact. D. none

Mental condition.

A. No impact. B. little impact  c. big impact. D. none

M. Lokanadham  
Signature of the Student



Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM  
COMMUNITY SERVICE PROJECT  
PROJECT: FOOD HABITS  
QUESTIONNAIRE



Name of the student : M. Lakanadhara  
Group : B.S.C [C.B.2]  
Name of the mentor : G. Rama Krishna Rao  
Name of the project : Food habits

House No	Name of the person	Village / Ward	Mandal	District
3-203	CH. Ramu	kintholimilla village	Etcherla	Srikakulam

- How many times a day do you eat?  
3-times a day.
- Please answer the following according to your particular eating habits?
  - I eat a good breakfast - Yes
  - I experienced feeling of hunger during the day - Yes
  - I eat meat. - Yes
  - I eat vegetables. - Yes
  - I eat fruits. - Yes
  - I eat dairy products - Yes
  - I eat sweets. - Yes
- What meal would you consider to be your main meal of the day?
  - Breakfast
  - lunch
  - dinner
  - others
- What does your main meal consist of and how it is prepared?  
 Freshly prepared.  B. restaurant meal.  C. precooked microwave.  D. other
- Have you been avoiding some foods for health reasons? Yes / No
- Do you have any particular food allergies?  
NO
- What is your daily food intake frequency of the following food categories?  
Sweet foods:  
Several times a day  once a day  several times a week   
less often  never   
Fresh vegetables & Fruits:  
Several times a day  once a day  several times a week   
less often  never

8. What percentage of your regular diet consists of meat products?  
90%  75%  50%  25%  less than 25%

9. How much of your diet consists of vegetables and non-animal products?  
90%  75%  50%  25%  less than 25%

10. Do you or have you ever has cholesterol problems?  
No.

11. Do you know your current body mass index?  
63 kg

12. Have your ever been on a diet, if so, what kind?  
No.

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

Milk > vegetables > Fruits > Rice > meat > oil food

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact. B. little impact  big impact. D. none

Health

a. No impact. B. little impact  big impact. D. none

Weight.

a. No impact. B. little impact  big impact. D. none

Mental condition.

A. No impact. B. little impact  big impact. D. none

M. Lokanadham  
Signature of the Student

  
Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM  
COMMUNITY SERVICE PROJECT  
PROJECT: FOOD HABITS  
QUESTIONNAIRE



Name of the student : M. Lokanadham  
Group : B.S.C [C.B-2]  
Name of the mentor : G. Ramakrishna Rao  
Name of the project : Food habits

House No	Name of the person	Village / Ward	Mandal	District
3-204	CH. Ramana	Kintholimillu village	Etcherla	Srikakulam

- How many times a day do you eat?  
3-times a day.
- Please answer the following according to your particular eating habits?
  - I eat a good breakfast -yes
  - I experienced feeling of hunger during the day -yes
  - I eat meat. -yes
  - I eat vegetables. -yes
  - I eat fruits. -yes
  - I eat dairy products -yes
  - I eat sweets. -yes
- What meal would you consider to be your main meal of the day?
  - Breakfast
  - lunch
  - dinner
  - others
- What does your main meal consist of and how it is prepared?
  - Freshly prepared.
  - restaurant meal.
  - precooked microwave.
  - other
- Have you been avoiding some foods for health reasons? Yes / No
- Do you have any particular food allergies?  
NO
- What is your daily food intake frequency of the following food categories?  
Sweet foods:  
Several times a day  once a day  several times a week   
less often  never   
Fresh vegetables & Fruits:  
Several times a day  once a day  several times a week   
less often  never

8. What percentage of your regular diet consists of meat products?  
90%  75%  50%  25%  less than 25%

9. How much of your diet consists of vegetables and non-animal products?  
90%  75%  50%  25%  less than 25%

10. Do you or have you ever has cholesterol problems?  
No.

11. Do you know your current body mass index?  
58 kg

12. Have your ever been on a diet, if so, what kind?  
No.

13. Mention the food items from the healthiest to the unhealthiest from your point of views?  
Milk > vegetables > fruits > Rice > meat > oil food

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact. B. little impact  big impact. D. none

Health

a. No impact. B. little impact  big impact. D. none

Weight.

a. No impact. B. little impact  big impact. D. none

Mental condition.

A. No impact. B. little impact  big impact. D. none

M. Lokanadharam  
Signature of the Student



Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM  
COMMUNITY SERVICE PROJECT  
PROJECT: FOOD HABITS  
QUESTIONNAIRE



Name of the student : M. Lokanadham,  
Group : B.S.C [C.B-Z]  
Name of the mentor : G. Rama Krishna Rao  
Name of the project : FOOD HABITS

House No	Name of the person	Village / Ward	Mandal	District
3-205	V. Harish.	kinthalimilla village	Etcherla	Srikakulam

1. How many times a day do you eat?

3-times a day

2. Please answer the following according to your particular eating habits?

- I eat a good breakfast - yes.
- I experienced feeling of hunger during the day - yes
- I eat meat. - yes
- I eat vegetables. - yes
- I eat fruits. - yes
- I eat dairy products - yes
- I eat sweets. - yes

3. What meal would you consider to be your main meal of the day?

- a. Breakfast  b. lunch      c. dinner      d. others

4. What does your main meal consist of and how it is prepared?

- A. Freshly prepared.    B. restaurant meal.    C. precooked microwave.    D. other

5. Have you been avoiding some foods for health reasons?    Yes / No

6. Do you have any particular food allergies?

NO

7. What is your daily food intake frequency of the following food categories?

Sweet foods:

- Several times a day     once a day     several times a week   
less often     never

Fresh vegetables & Fruits:

- Several times a day     once a day     several times a week   
less often     never

8. What percentage of your regular diet consists of meat products?  
90%  75%  50%  25%  less than 25%

9. How much of your diet consists of vegetables and non-animal products?  
90%  75%  50%  25%  less than 25%

10. Do you or have you ever has cholesterol problems?  
No.

11. Do you know your current body mass index?  
68 kg

12. Have your ever been on a diet, if so, what kind?  
No.

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

Milk > fruits > vegetables > Rice > meat > oil food

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact. B. little impact  big impact. D. none

Health

a. No impact. B. little impact  big impact. D. none

Weight.

a. No impact. B. little impact  big impact. D. none

Mental condition.

A. No impact. B. little impact  big impact. D. none

m. lokanadham  
Signature of the Student



Signature of the Mentor

8. What percentage of your regular diet consists of meat products?  
90%  75%  50%  25%  less than 25%

9. How much of your diet consists of vegetables and non-animal products?  
90%  75%  50%  25%  less than 25%

10. Do you or have you ever has cholesterol problems?  
No.

11. Do you know your current body mass index?  
66 kg

12. Have you ever been on a diet, if so, what kind?  
No.

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

milk > vegetables > fruits > Rice > meat > oil food

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact. B. little impact  big impact. D. none

Health

a. No impact. B. little impact  big impact. D. none

Weight

a. No impact. B. little impact  big impact. D. none

Mental condition.

A. No impact. B. little impact  big impact. D. none

M. Lokanadhari  
Signature of the Student

  
Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM  
COMMUNITY SERVICE PROJECT  
PROJECT: FOOD HABITS  
QUESTIONNAIRE



Name of the student : M. Lokanadham  
Group : B.S.C [C.B.Z]  
Name of the mentor : G. Ramakrishna Rao  
Name of the project : Food habits

House No	Name of the person	Village / Ward	Mandal	District
3-207	B. Bharathi	kinthali millu. village	etcherla	srikakulam.

- How many times a day do you eat?  
3-times a day
- Please answer the following according to your particular eating habits?
  - I eat a good breakfast - Yes
  - I experienced feeling of hunger during the day - Yes
  - I eat meat. - Yes
  - I eat vegetables. - Yes
  - I eat fruits. - Yes
  - I eat dairy products - Yes
  - I eat sweets. - Yes
- What meal would you consider to be your main meal of the day?
  - Breakfast  lunch  c. dinner  d. others
- What does your main meal consist of and how it is prepared?  
 Freshly prepared. B. restaurant meal. C. precooked microwave. D. other
- Have you been avoiding some foods for health reasons? Yes / No
- Do you have any particular food allergies?  
NO.
- What is your daily food intake frequency of the following food categories?  
Sweet foods:  
Several times a day  once a day  several times a week   
less often  never   
Fresh vegetables & Fruits:  
Several times a day  once a day  several times a week   
less often  never

8. What percentage of your regular diet consists of meat products?  
90%  75%  50%  25%  less than 25%

9. How much of your diet consists of vegetables and non-animal products?  
90%  75%  50%  25%  less than 25%

10. Do you or have you ever has cholesterol problems?  
No.

11. Do you know your current body mass index?  
65 kg

12. Have your ever been on a diet, if so, what kind?  
No.

13. Mention the food items from the healthiest to the unhealthiest from your point of views?  
milk > fruits > vegetables > Rice > meat > oil food

14. How much do you think a healthy diet affects?

Restful sleep  
a. No impact.      B. little impact       big impact.      D. none

Health  
a. No impact.      B. little impact       big impact.      D. none

Weight.  
a. No impact.      B. little impact       big impact.      D. none

Mental condition.  
A. No impact.      B. little impact       big impact.      D. none

M. Lokanadham  
Signature of the Student

  
Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM  
COMMUNITY SERVICE PROJECT  
PROJECT: FOOD HABITS  
QUESTIONNAIRE



Name of the student : M. Lokanadharam  
Group : B.S.C [C.B.Z]  
Name of the mentor : G. Rama Krishna Rao  
Name of the project : Food habits

House No	Name of the person	Village / Ward	Mandal	District
3-208	G. Ramana	Kintalimillu village	Etcherla	Srikakulam

- How many times a day do you eat?  
3-times a day
- Please answer the following according to your particular eating habits?
  - I eat a good breakfast - Yes
  - I experienced feeling of hunger during the day - Yes
  - I eat meat. - Yes
  - I eat vegetables. - Yes
  - I eat fruits. - Yes
  - I eat dairy products - Yes
  - I eat sweets. - Yes
- What meal would you consider to be your main meal of the day?
  - Breakfast
  - lunch
  - dinner
  - others
- What does your main meal consist of and how it is prepared?
  - Freshly prepared.
  - restaurant meal.
  - precooked microwave.
  - other
- Have you been avoiding some foods for health reasons? Yes /  No
- Do you have any particular food allergies?  
No.
- What is your daily food intake frequency of the following food categories?
 

Sweet foods:

Several times a day  once a day  several times a week   
less often  never

Fresh vegetables & Fruits:

Several times a day  once a day  several times a week   
less often  never

8. What percentage of your regular diet consists of meat products?  
90%  75%  50%  25%  less than 25%

9. How much of your diet consists of vegetables and non-animal products?  
90%  75%  50%  25%  less than 25%

10. Do you or have you ever has cholesterol problems?  
No.

11. Do you know your current body mass index?  
67 kg

12. Have your ever been on a diet, if so, what kind?  
No.

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

Milk > Rice > vegetables > fruits > meat > oil/food

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact. B. little impact  big impact. D. none

Health

a. No impact. B. little impact  big impact. D. none

Weight.

a. No impact. B. little impact  big impact. D. none

Mental condition.

A. No impact. B. little impact  big impact. D. none

m. lokanadhham  
Signature of the Student



Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM  
COMMUNITY SERVICE PROJECT  
PROJECT: FOOD HABITS  
QUESTIONNAIRE



Name of the student : M. Lokanadharam  
Group : B.S.C [C.B.Z]  
Name of the mentor : G. Ramakrishna Rao  
Name of the project : Food habits

House No	Name of the person	Village / Ward	Mandal	District
3-209	Y. Srinammurthi	Kinthalimillu village	Etcherla	Srikakulam

- How many times a day do you eat?  
3-times a day.
- Please answer the following according to your particular eating habits?
  - I eat a good breakfast -yes
  - I experienced feeling of hunger during the day -yes
  - I eat meat. -yes
  - I eat vegetables. -yes
  - I eat fruits. -yes
  - I eat dairy products -yes
  - I eat sweets. -yes
- What meal would you consider to be your main meal of the day?
  - Breakfast
  - lunch
  - dinner
  - others
- What does your main meal consist of and how it is prepared?
  - Freshly prepared.
  - restaurant meal.
  - precooked microwave.
  - other
- Have you been avoiding some foods for health reasons? Yes / No
- Do you have any particular food allergies?  
NO -
- What is your daily food intake frequency of the following food categories?

Sweet foods:

Several times a day <input checked="" type="checkbox"/>	once a day <input type="checkbox"/>	several times a week <input type="checkbox"/>
less often <input type="checkbox"/>	never <input type="checkbox"/>	

Fresh vegetables & Fruits:

Several times a day <input checked="" type="checkbox"/>	once a day <input type="checkbox"/>	several times a week <input type="checkbox"/>
less often <input type="checkbox"/>	never <input type="checkbox"/>	

8. What percentage of your regular diet consists of meat products?  
90%  75%  50%  25%  less than 25%

9. How much of your diet consists of vegetables and non-animal products?  
90%  75%  50%  25%  less than 25%

10. Do you or have you ever has cholesterol problems?  
No.

11. Do you know your current body mass index?  
60 kg.

12. Have your ever been on a diet, if so, what kind?  
No.

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

Rice > vegetables > fruits > meat > oil food

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact. B. little impact  big impact. D. none

Health

a. No impact. B. little impact  big impact. D. none

Weight.

a. No impact. B. little impact  big impact. D. none

Mental condition.

A. No impact. B. little impact  big impact. D. none

m. bkanadham  
Signature of the Student



Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM  
COMMUNITY SERVICE PROJECT  
PROJECT: FOOD HABITS  
QUESTIONNAIRE



Name of the student : M. Lokanadham  
Group : B.S.C [C.B.Z]  
Name of the mentor : G. Ramakrishna Rao  
Name of the project : Food habits

House No	Name of the person	Village / Ward	Mandal	District
3-241	Y. KUMARAO	Kinthalimillu village	Etcherla	Sri Kakulam

- How many times a day do you eat?  
3-times a day.
- Please answer the following according to your particular eating habits?
  - I eat a good breakfast -Yes-
  - I experienced feeling of hunger during the day -Yes.
  - I eat meat. -Yes.
  - I eat vegetables. -Yes.
  - I eat fruits. -Yes.
  - I eat dairy products -Yes.
  - I eat sweets. -Yes.
- What meal would you consider to be your main meal of the day?
  - Breakfast  lunch  c. dinner  d. others
- What does your main meal consist of and how it is prepared?
  - Freshly prepared. B. restaurant meal. C. precooked microwave. D. other
- Have you been avoiding some foods for health reasons? Yes / No
- Do you have any particular food allergies?  
NO
- What is your daily food intake frequency of the following food categories?

Sweet foods:

Several times a day  once a day  several times a week   
less often  never

Fresh vegetables & Fruits:

Several times a day  once a day  several times a week   
less often  never

8. What percentage of your regular diet consists of meat products?  
90%  75%  50%  25%  less than 25%

9. How much of your diet consists of vegetables and non-animal products?  
90%  75%  50%  25%  less than 25%

10. Do you or have you ever has cholesterol problems?  
No.

11. Do you know your current body mass index?  
57 kg

12. Have your ever been on a diet, if so, what kind?  
No.

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

Rice > vegetables > fruits > meat > oil food

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact. B. little impact  big impact. D. none

Health

a. No impact. B. little impact  big impact. D. none

Weight.

a. No impact. B. little impact  big impact. D. none

Mental condition.

A. No impact. B. little impact  big impact. D. none

M. Kanadham  
Signature of the Student

  
Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM  
COMMUNITY SERVICE PROJECT  
PROJECT: FOOD HABITS  
QUESTIONNAIRE



Name of the student : M. Lokanadhani  
Group : B.S.C [C.B.Z]  
Name of the mentor : G. Rama Krishna Rao  
Name of the project : Food Habits

House No	Name of the person	Village / Ward	Mandal	District
3-212	Y. Murali	Kinthalimilla village	Etcheola	Srikakulam

- How many times a day do you eat?  
3-times a day.
- Please answer the following according to your particular eating habits?
  - I eat a good breakfast - Yes
  - I experienced feeling of hunger during the day - Yes
  - I eat meat. - Yes
  - I eat vegetables. - Yes
  - I eat fruits. - Yes
  - I eat dairy products - Yes
  - I eat sweets. - Yes
- What meal would you consider to be your main meal of the day?
  - Breakfast  lunch
  - c. dinner
  - d. others
- What does your main meal consist of and how it is prepared?  
 Freshly prepared. B. restaurant meal. C. precooked microwave. D. other
- Have you been avoiding some foods for health reasons? Yes /  No
- Do you have any particular food allergies?  
No
- What is your daily food intake frequency of the following food categories?  
Sweet foods:  
Several times a day  once a day  several times a week   
less often  never   
Fresh vegetables & Fruits:  
Several times a day  once a day  several times a week   
less often  never

8. What percentage of your regular diet consists of meat products?  
90%  75%  50%  25%  less than 25%

9. How much of your diet consists of vegetables and non-animal products?  
90%  75%  50%  25%  less than 25%

10. Do you or have you ever has cholesterol problems?  
No

11. Do you know your current body mass index?  
70 kg

12. Have your ever been on a diet, if so. what kind?  
No

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

Rice > green gram > vegetables > fruits > vegetables > meat

14. How much do you think a healthy diet affects?

Restful sleep  
a. No impact. B. little impact  big impact. D. none

Health  
a. No impact. B. little impact  big impact. D. none

Weight.  
a. No impact. B. little impact  big impact. D. none

Mental condition.  
A. No impact. B. little impact  big impact. D. none

M. Lokanadhani  
Signature of the Student



Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM  
COMMUNITY SERVICE PROJECT  
PROJECT: FOOD HABITS  
QUESTIONNAIRE



Name of the student : M. Lokanadham  
Group : B.S.C [C.B.Z]  
Name of the mentor : G. Ramakrishna Rao  
Name of the project : Food habits

House No	Name of the person	Village / Ward	Mandal	District
3-213	P. VISWANATHAN	Kinthalimilli village	Etcherla	Srikakulam

- How many times a day do you eat?  
3-times a day.
- Please answer the following according to your particular eating habits?
  - I eat a good breakfast - Yes
  - I experienced feeling of hunger during the day - Yes
  - I eat meat. - Yes
  - I eat vegetables. - Yes
  - I eat fruits. - Yes
  - I eat dairy products - Yes
  - I eat sweets. - Yes
- What meal would you consider to be your main meal of the day?
  - Breakfast
  - lunch
  - dinner
  - others
- What does your main meal consist of and how it is prepared?
  - Freshly prepared.
  - restaurant meal.
  - precooked microwave.
  - other
- Have you been avoiding some foods for health reasons? Yes / No
- Do you have any particular food allergies?  
NO
- What is your daily food intake frequency of the following food categories?

Sweet foods:

Several times a day  once a day  several times a week   
less often  never

Fresh vegetables & Fruits:

Several times a day  once a day  several times a week   
less often  never

8. What percentage of your regular diet consists of meat products?  
90%  75%  50%  25%  less than 25%

9. How much of your diet consists of vegetables and non-animal products?  
90%  75%  50%  25%  less than 25%

10. Do you or have you ever has cholesterol problems?  
Yes

11. Do you know your current body mass index?  
52 kg

12. Have your ever been on a diet, if so, what kind?  
NO

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

Rice > grains > vegetables > fruits > meat > oil food

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact. B. little impact  big impact. D. none

Health

a. No impact. B. little impact  big impact. D. none


Weight.

a. No impact. B. little impact  big impact. D. none

Mental condition.

A. No impact. B. little impact  big impact. D. none

M. L. Kanadham  
Signature of the Student

  
Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM  
COMMUNITY SERVICE PROJECT  
PROJECT: FOOD HABITS  
QUESTIONNAIRE



Name of the student : M. Lokanadham  
Group : B.S.C [C.B.E]  
Name of the mentor : G. Ramakrishna Rao  
Name of the project : FOOD HABITS

House No	Name of the person	Village / Ward	Mandal	District
3-214	P. Lakshmana Rao	Kinthalimillu village	Etcherla	Srikakulam

1. How many times a day do you eat?

3-times a day

2. Please answer the following according to your particular eating habits?

- a. I eat a good breakfast - *yes*
- b. I experienced feeling of hunger during the day - *yes*
- c. I eat meat. - *yes*
- d. I eat vegetables. - *yes*
- e. I eat fruits. - *yes*
- f. I eat dairy products - *yes*
- g. I eat sweets. - *yes*

3. What meal would you consider to be your main meal of the day?

- a. Breakfast  lunch
- c. dinner
- d. others

4. What does your main meal consist of and how it is prepared?

- Freshly prepared.
- B. restaurant meal.
- C. precooked microwave.
- D. other

5. Have you been avoiding some foods for health reasons? Yes /  No

6. Do you have any particular food allergies?

NO

7. What is your daily food intake frequency of the following food categories?

Sweet foods:

- Several times a day  once a day  several times a week
- less often  never

Fresh vegetables & Fruits:

- Several times a day  once a day  several times a week
- less often  never

8. What percentage of your regular diet consists of meat products?  
90%  75%  50%  25%  less than 25%

9. How much of your diet consists of vegetables and non-animal products?  
90%  75%  50%  25%  less than 25%

10. Do you or have you ever has cholesterol problems?  
NO.

11. Do you know your current body mass index?  
65 kg

12. Have your ever been on a diet, if so, what kind?  
NO.

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

Rice > vegetables > grains > Fruits > meats > oil food

14. How much do you think a healthy diet affects?

- |                   |                  |  |
|-------------------|------------------|--|
| Restful sleep     |                  |  |
| a. No impact.     | B. little impact | <input checked="" type="radio"/> big impact. D. none |
| Health            |                  |  |
| a. No impact.     | B. little impact | <input checked="" type="radio"/> big impact. D. none |
| Weight.           |                  |  |
| a. No impact.     | B. little impact | <input checked="" type="radio"/> big impact. D. none |
| Mental condition. |                  |  |
| A. No impact.     | B. little impact | <input checked="" type="radio"/> big impact. D. none |

M. Khanadham  
Signature of the Student

  
Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM  
COMMUNITY SERVICE PROJECT  
PROJECT: FOOD HABITS  
**QUESTIONNAIRE**



Name of the student : M. Lohianadham  
Group : B.S.C [B.Z.C]  
Name of the mentor : G. Ramakrishna Rao  
Name of the project : Food habits

House No	Name of the person	Village / Ward	Mandal	District
3-215	M. Thavitinaidu	Kinthalimillu village	Etcherla	Srikakulam

1. How many times a day do you eat?

3-times a day

2. Please answer the following according to your particular eating habits?

- a. I eat a good breakfast - Yes
- b. I experienced feeling of hunger during the day - Yes
- c. I eat meat. - Yes
- d. I eat vegetables. - Yes
- e. I eat fruits. - Yes
- f. I eat dairy products - Yes
- g. I eat sweets. - Yes

3. What meal would you consider to be your main meal of the day?

- a. Breakfast  b. lunch  c. dinner  d. others

4. What does your main meal consist of and how it is prepared?

- a. Freshly prepared.  B. restaurant meal.  C. precooked microwave.  D. other

5. Have you been avoiding some foods for health reasons? Yes / No

6. Do you have any particular food allergies?

No

7. What is your daily food intake frequency of the following food categories?

Sweet foods:

- Several times a day  once a day  several times a week
- less often  never

Fresh vegetables & Fruits:

- Several times a day  once a day  several times a week
- less often  never

8. What percentage of your regular diet consists of meat products?  
90%  75%  50%  25%  less than 25%

9. How much of your diet consists of vegetables and non-animal products?  
90%  75%  50%  25%  less than 25%

10. Do you or have you ever has cholesterol problems?

NO

11. Do you know your current body mass index?

63 kg

12. Have you ever been on a diet, if so, what kind?

NO.

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

Rice > vegetables > Fruits > meat > oil food

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact.      B. little impact      ✓ big impact.      D. none

Health

a. No impact.      B. little impact      ✓ big impact.      D. none

Weight.

a. No impact.      B. little impact      ✓ big impact.      D. none

Mental condition.

A. No impact.      B. little impact      ✓ big impact.      D. none

M. S. Kanadham  
Signature of the Student

  
Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM  
COMMUNITY SERVICE PROJECT  
PROJECT: FOOD HABITS  
QUESTIONNAIRE



Name of the student : M. Lotanadham  
Group : B.S.C [C.B.Z]  
Name of the mentor : G. Rama Krishna Rao  
Name of the project : Food habits

House No	Name of the person	Village / Ward	Mandal	District
3-216	M. padhmavathi	kinthalimillu village	Etcherla	Srikakulam

- How many times a day do you eat?  
3-times a day
- Please answer the following according to your particular eating habits?
  - I eat a good breakfast - Yes
  - I experienced feeling of hunger during the day - Yes
  - I eat meat. - Yes
  - I eat vegetables. - Yes
  - I eat fruits. - Yes
  - I eat dairy products - Yes
  - I eat sweets. - Yes
- What meal would you consider to be your main meal of the day?
  - Breakfast  lunch  c. dinner  d. others
- What does your main meal consist of and how it is prepared?  
 Freshly prepared. B. restaurant meal. C. precooked microwave. D. other
- Have you been avoiding some foods for health reasons? Yes / No
- Do you have any particular food allergies?  
No.
- What is your daily food intake frequency of the following food categories?  
Sweet foods:  
Several times a day  once a day  several times a week   
less often  never   
Fresh vegetables & Fruits:  
Several times a day  once a day  several times a week   
less often  never

8. What percentage of your regular diet consists of meat products?  
90%  75%  50%  25%  less than 25%

9. How much of your diet consists of vegetables and non-animal products?  
90%  75%  50%  25%  less than 25%

10. Do you or have you ever has cholesterol problems?  
No.

11. Do you know your current body mass index?  
58kg.

12. Have your ever been on a diet, if so, what kind?  
No.

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

Rice > Vegetables > Fruits > meat > oil food

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact. B. little impact  big impact. D. none

Health

a. No impact. B. little impact  big impact. D. none


Weight.

a. No impact. B. little impact  big impact. D. none

Mental condition.

A. No impact. B. little impact  big impact. D. none

M. Lokanadhham  
Signature of the Student

  
Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM  
COMMUNITY SERVICE PROJECT  
PROJECT: FOOD HABITS  
QUESTIONNAIRE



Name of the student : M. Lokanadharam  
Group : B.S.C [C.B.Z]  
Name of the mentor : G. Ramakrishna Rao  
Name of the project : Food habits

House No	Name of the person	Village / Ward	Mandal	District
3-217	S. Thulasirao	kinthalimulla village	Etcherla	Srikakulam

1. How many times a day do you eat? *three times*
2. Please answer the following according to your particular eating habits?
  - a. I eat a good breakfast - *yes*
  - b. I experienced feeling of hunger during the day - *yes*
  - c. I eat meat. - *yes*
  - d. I eat vegetables. - *yes*
  - e. I eat fruits. - *yes*
  - f. I eat dairy products - *yes*
  - g. I eat sweets. - *yes*
3. What meal would you consider to be your main meal of the day?
  - a. Breakfast
  - b. lunch
  - c. dinner
  - d. others
4. What does your main meal consist of and how it is prepared?  
 Freshly prepared.  B. restaurant meal.  C. precooked microwave.  D. other
5. Have you been avoiding some foods for health reasons? Yes / No
6. Do you have any particular food allergies?  
*No.*
7. What is your daily food intake frequency of the following food categories?

Sweet foods:

Several times a day  once a day  several times a week   
less often  never

Fresh vegetables & Fruits:

Several times a day  once a day  several times a week   
less often  never

8. What percentage of your regular diet consists of meat products?

90%  75%  50%  25%  less than 25%

9. How much of your diet consists of vegetables and non-animal products?

90%  75%  50%  25%  less than 25%

10. Do you or have you ever has cholesterol problems?

NO

11. Do you know your current body mass index?

60 kg

12. Have your ever been on a diet, if so, what kind?

NO.

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

Home made food is healthiest and fast food is unhealthiest  
Like Rice > vegetables > fruits > meat > oil food

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact. B. little impact  big impact. D. none

Health

a. No impact. B. little impact  big impact. D. none

Weight

a. No impact. B. little impact  big impact. D. none

Mental condition.

A. No impact. B. little impact  big impact. D. none

M. Lokanadham  
Signature of the Student

  
Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM  
COMMUNITY SERVICE PROJECT  
PROJECT: FOOD HABITS  
QUESTIONNAIRE



Name of the student : M. Lokanadharam  
Group : B.S.C [C.B.Z]  
Name of the mentor : G. Ramakrishna Rao  
Name of the project : FOOD HABITS

House No	Name of the person	Village / Ward	Mandal	District
<del>3-218</del> <del>3-219</del> 3-218	S. Krishina	Kinthalimillu village	Etchesla	Srikakulam

- How many times a day do you eat?  
3-times a day.
- Please answer the following according to your particular eating habits?
  - I eat a good breakfast - Yes.
  - I experienced feeling of hunger during the day - Yes.
  - I eat meat. - Yes.
  - I eat vegetables. - Yes.
  - I eat fruits. - Yes.
  - I eat dairy products - Yes.
  - I eat sweets. - Yes.
- What meal would you consider to be your main meal of the day?
  - Breakfast
  - lunch
  - dinner
  - others
- What does your main meal consist of and how it is prepared?
  - Freshly prepared.
  - restaurant meal.
  - precooked microwave.
  - other
- Have you been avoiding some foods for health reasons? Yes /  No
- Do you have any particular food allergies?  
No.
- What is your daily food intake frequency of the following food categories?

Sweet foods:

Several times a day  once a day  several times a week   
less often  never

Fresh vegetables & Fruits:

Several times a day  once a day  several times a week   
less often  never

8. What percentage of your regular diet consists of meat products?  
90%  75%  50%  25%  less than 25%

9. How much of your diet consists of vegetables and non-animal products?  
90%  75%  50%  25%  less than 25%

10. Do you or have you ever has cholesterol problems?  
No.

11. Do you know your current body mass index?  
62  $\frac{1}{2}$  Kg

12. Have your ever been on a diet, if so, what kind?  
No.

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

milk > vegetables > fruits > meat > oil food

14. How much do you think a healthy diet affects?

Restful sleep  
a. No impact. B. little impact  big impact. D. none

Health  
a. No impact. B. little impact  big impact. D. none

Weight.  
a. No impact. B. little impact  big impact. D. none

Mental condition.  
A. No impact. B. little impact  big impact. D. none

M. B. Kanadham  
Signature of the Student

  
Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM  
COMMUNITY SERVICE PROJECT  
PROJECT: FOOD HABITS  
QUESTIONNAIRE



Name of the student : Modalavalasa. lokanadham  
Group : B.S.C [C.B.Z]  
Name of the mentor : G. Rama Krishna Rao  
Name of the project : FOOD HABITS

House No	Name of the person	Village / Ward	Mandal	District
3-214	S. Mohan Rao	keintholimillu villoge	Etcherla	Sriakulam

1. How many times a day do you eat?

3-times a day.

2. Please answer the following according to your particular eating habits?

- a. I eat a good breakfast -yes
- b. I experienced feeling of hunger during the day -yes
- c. I eat meat. -yes
- d. I eat vegetables. -yes
- e. I eat fruits. -yes
- f. I eat dairy products -yes
- g. I eat sweets. -yes

3. What meal would you consider to be your main meal of the day?

- a. Breakfast  b. lunch  c. dinner  d. others

4. What does your main meal consist of and how it is prepared?

- A. Freshly prepared.  B. restaurant meal.  C. precooked microwave.  D. other

5. Have you been avoiding some foods for health reasons? Yes / No

6. Do you have any particular food allergies?

No-

7. What is your daily food intake frequency of the following food categories?

Sweet foods:

- Several times a day  once a day  several times a week
- less often  never

Fresh vegetables & Fruits:

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8. What percentage of your regular diet consists of meat products?  
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9. How much of your diet consists of vegetables and non-animal products?  
 90%  75%  50%  25%  less than 25%
10. Do you or have you ever has cholesterol problems?  
 No.
11. Do you know your current body mass index?  
 63 kg
12. Have your ever been on a diet, if so, what kind?  
 No.
13. Mention the food items from the healthiest to the unhealthiest from your point of views?  
 Milk > vegetables > Fruits > meat > rice > oil food
14. How much do you think a healthy diet affects?

Restful sleep

- a. No impact. B. little impact  big impact. D. none

Health

- a. No impact. B. little impact  big impact. D. none

Weight.

- a. No impact. B. little impact  big impact. D. none

Mental condition.

- A. No impact. B. little impact  big impact. D. none

M. Lokanadham  
 Signature of the Student

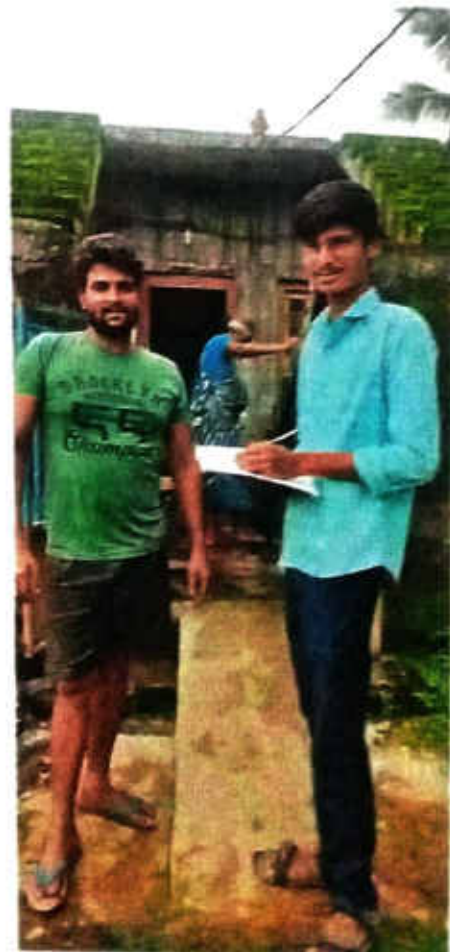
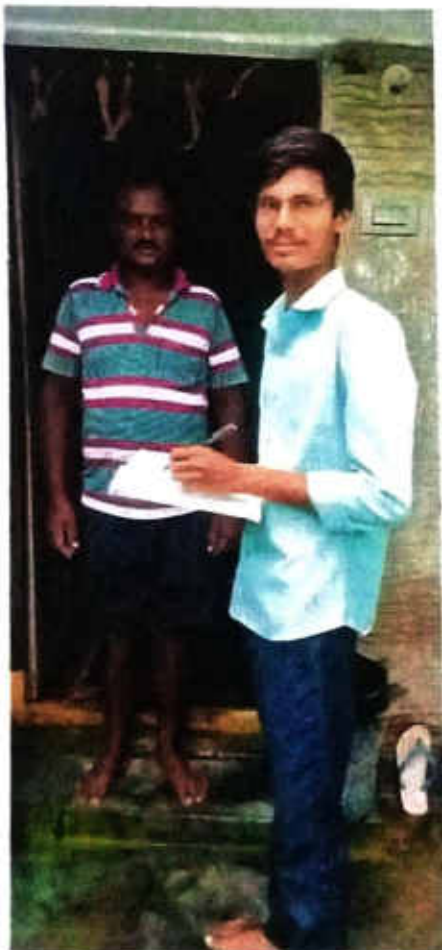


Signature of the Mentor

FOOD HABITS



FOOD HABITS



## OBSERVATIONS:-

### FOOD HABITS SURVEY

S.NO	Group of individuals	Main finding	Remarks/ suggestions
1.	Women/ pregnant women	Middlebaged women /pregnant women preferred to have as per their health conditions. Some from economically poor status are taking porridge as main breakfast also fermented curd rice was included, Preferred vegetable soups in the middle and for lunch they are likely to take rice fresh vegetables, non - vegetarian food, curd. They are seen having early evening food to avoid digestion problems.	Suggested to increase time intervals of food intake with less quantity each time Following medication as per the Schedule and also see that they have good rest during the day and not to push themselves much and to involve in meditation..
2.	Young women	They preferred take boiled eggs, Milk, porridge, vegetable soups for breakfast, dal, fresh vegetables, non-vegetarian food items in lunch, fresh fruit juices in their daily intake.	Suggested to take more Jaggery food items, also they are advised to take iron tonics in case of fatigue and anaemia also to take multi-vitamin syrups
3.	Young boys	It is observed that they prefer to take spicy junk and fast foods atleast 4 times a diet,	Suggested to take porridge and liquid dite to avoid

		week and interested to take lunch as main meal with vegetables, dal, pickle and curd followed with fresh fruits. They prefer doing exercise, also interested in sports and physical fitness. games for	processed foods to maintain balanced weight.
4.	Men	Middle aged men preferred south Indian tiffins like Idli, Dosa, boiled eggs and less rice quantity for lunch, more roti's like diet fruits, fresh vegetables, butter milk and limited quantities of Non-vegetarian items.	Suggested for their age group exercise, walking and to take more balanced diet.
5.	Elderly people	Preferred liquid diet and ragi porridge, boiled eggs for breakfast, roti's, fresh fruits boiled vegetables and ragi porridge	Suggested to take less quantities of meal and to increase number of time intervals as with age they might develop stomach related problems.
6.	Individuals with health issues	They told that they are taking food as per the advice of the Doctors.	Suggested to take a proper food items and to maintain a proper balance

# CONCLUSION

I'm M.Lokanadham, studying in B.SC first year Cbz group.I had completed the community service project on "FOOD HABITS" in our Village and submitted the report to my mentor.My project is about the food habits of our Village people,i conducted questionnaire to different age groups people about their regular diet.Most of the old aged people considered lunch as their main meal of the day. They taking food only two times per day due to digestive problems. We find out the major problem facing by our villagers and dropped the Sarpanch attention towards the problem by conducting awareness program in our Village.

It was interesting to carry out this project to know about different opinions, food habits and problems of our villagers. Finally I believe that my project is complete under vision of my mentor. I thank him for his guidance and support.

By

MODALAVALASA LOKANADHAM