

A PROJECT
ON
COMMUNITY SERVICE

Submitted in the partial fulfillment of the requirements for the award of BSc
Degree

By

PANUKU.NITHIN KUMAR

2222001049063

Semester 2 (BZC)

Batch 2022-2025/

Under the supervision of

G.RAMAKRISHNA RAO

Lecturer in BOTANY/

GOVERNMENT DEGREE COLLEGE(Men),
SRIKAKULAM



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ACKNOWLEDGEMENT

I would like to express my gratitude to all those who gave me the possibility to complete the community service project. Special thanks to Mentor G.RAMAKRISHNA RAO sir who help me in stimulating suggestions and encouragement to complete this project.

I would like to thank all the staff from the department of botany for their able guidance and support to complete this project

I would also like to express my gratitude to our principal madam for her tremendous support to complete this project.

DECLARATION

I hereby declare that the Community Service Project report entitled "FOOD HABITS" submitted by me to the Govt. Degree College (M), Srikakulam in partial fulfillment of the requirement for the award of the degree of Bsc Cbz is a record of bonified project work carried out by me under the guidance of G. Ramakrishna Rao sir. I further declare that the work reported in this project has not been submitted and will not be submitted either in part or in full, for the award of any other degree in this institute or other institute or University,

Srikakulam

Date:

P. Nithin Kumar

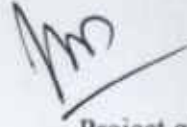
Signature of the candidate

CERTIFICATE

I certified that PANUKU NITHIN KUMAR studying BSC CBZ group has complete and submitted the project report on "FOOD HABITS" further partial fulfillment of the requirements for the award of Batchelor of science under my supervision during the academic year 2023-2024.

Date:

Place:



Project guide
G.Ramakrishna rao
Lecture in botany
GDC (M), srikakulam

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INTRODUCTION

Food habits and Nutritional Problems:

Food is essential for all humans for survival, Food Habits and imbalanced intake of diet by an individual results in the malnutrition or cause of many health problems. Especially women, children and pregnant women must be always cautious to take proper food intake with essential nutrients. Because poor diet and disease are caused by food insecurity. Somet by causing diarrhoea and other illness.

There is a saying 'you are what you eat' seems to be proven true. It is important to know what food to eat in order to stay healthy. Health depends to a large extent on Nutrition and Nutrition on food we take. Hence Nutrition and Health are two sides of the same coin and food is the most important factor for health and fitness.

Healthy Food Habits:

Healthy Food habits includes a variety of foods in adequate amounts and correct proportions to meet the requirements of all essential nutrients such as proteins, carbohydrates, fats, vitamins, minerals, water and fibre. This also includes proper Schedule for the intake of light and heavy foods, when to take and when not to take, health condition of the individual. For example person who is suffering from kidney stones should not often take calcium rich foods. We have to take foods that suits our age and health. The most common eating idio syncracies include skipping meals, consuming fast foods in a routine way, avoiding fruits , and vegetables , frequent snacking. Hence it is essential for each and every individual to adopt proper food habits.

OBJECTIVE

The aim and objective of this project is to find out in a closed community about the following food habits and to analyse whether they are adopted to healthy food habits and if not to incorporate sound eating habits by creating awareness in them to recognise good eating habits followed with regular exercise.

- About the type of foods most people are interested to take
- Food intake in regular Time intervals.
- Main mea/ in view of the majority of the people.
- Whether interested to take fresh food or cooked & preserved food.
- Taking fresh fruits and vegetables.
- Sweets/junk foods.
- Whether drinking sufficient quantity of water.
- Regular weight check up.
- Monitoring individual food behaviour.
- Any form of eating disorders.
- Effect of socio-economic status on food habits.

METHODOLOGY

1. Study site :

The place selected for the project was comes under 11th ward Lakshminarsupeta Village,mandal and srikakulam district. Approximately 25 families were covered under this ward. This is a rural area with 75% of people were farmers. This area is used for the cultivation of rice and vegetables

2. Quantitative study :

The quantitative study of my project includes about the number of children; youngsters;Elder women and men, pregnant women, people with physical and mental ailments, their food intake based on quantity per day and their food habits.

3. Qualitative study:

The qualitative study was carried out based on their cultural pattern of food habits among various socio-economic, educational and age group

4. Data Collection :

Initially socio-economic survey and other background survey was done and the data was collected from them.

Secondly their food habits data was collected from the initially prepared questionnaire which consists of 14 questions to know about their food habits, cooking methods, storage food,time intervals followed,and how much expenditure was spent on food,in detail.

GOVT. DEGREE COLLEGE(M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

LOG BOOK

Name of the student : P.Nithin Kumar

Group : BSc - CBZ

Registration Number : 2222001049063

Name of the Mentor : G.Rama Krishna Rao

Name of the Project : community survey in Food Habits

Date & Day	Activity done	Number of Hours Spent	Signature of the student
09-05-2023	Socio Economic survey	5:00hrs	P.Nithinkumar
10-05-2023	Socio Economic survey	6:20hrs	P.Nithinkumar
11-05-2023	Socio Economic survey	4:hrs	P.Nithin Kumar
12-05-2023	Socio Economic survey	5:30hrs	P.Nithin Kumar
13-05-2023	Socio Economic survey	2:30hrs	P.Nithin Kumar
14-05-2023	Socio Economic survey	4:20hrs	P.Nithin Kumar
15-05-2023	Socio Economic survey	8:00hrs	P.Nithin Kumar
16-05-2023	Socio Economic survey	9:30hrs	P.Nithin Kumar
			P.Nithin Kumar



Signature of the Mentor

GOVT. DEGREE COLLEGE(M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

LOG BOOK

Name of the student : P.Nithin Kumar

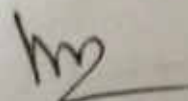
Group : BSc-CBZ

Registration Number : 222001049063

Name of the Mentor : G.Ramakrishna Ra

Name of the Project : Food Habits

Date & Day	Activity done	Number of Hours Spent	Signature of the student
20-05-2023	Food Habits	6:00hrs	P.Nithin Kumar
21-05-2023	Food Habits	4:00hrs	P.Nithin Kumar
22-05-2023	Food Habits	7:00hrs	P.Nithin Kumar
23-05-2023	Food Habits	6:30hrs	P.Nithin Kumar
24-05-2023	Food Habits	5:30hrs	P.Nithin Kumar
25-05-2023	Food Habits	7:00hrs	P.Nithin Kumar
26-05-2023	Food Habits	5:30hrs	P.Nithin Kumar
27-05-2023	Food Habits	7:00hrs	P.Nithin Kumar
28-05-2023	Food Habits	5:30hrs	P.Nithin Kumar



Signature of the Mentor

GOVT. DEGREE COLLEGE(M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

LOG BOOK

Name of the student : P. Nithin kumar

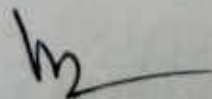
Group : BSc-CBZ

Registration Number : 2222001049063

Name of the Mentor : G. Rama Krishna Rao

Name of the Project : Food Habits

Date & Day	Activity done	Number of Hours Spent	Signature of the student
29-05-2023	Project writing	10:30hrs	P. Nithin kumar
30-05-2023	Project writing	10hrs	P. Nithin kumar
31-05-2023	Project writing	4:30hrs	P. Nithin kumar
01-06-2023	Project writing	10:00hrs	P. Nithin kumar
02-06-2023	Project writing	7 hrs	P. Nithin kumar
03-06-2023	Project writing	3hrs	P. Nithin kumar
04-06-2023	Project writing	4hrs	P. Nithin kumar
05-06-2023	Project writing	6 hrs	P. Nithin kumar
06-06-2023	Project writing	3:20hrs	P. Nithin kumar
07-06-2023	project writing	2:30hrs	P. Nithin kumar



Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY CONSOLIDATION REPORT

Name of the student : P. Nithin kumar

Group : BSc - CBZ

Name of the Mentor : G. Romakrishna Rao

Name of the Project :

Ward/ Habitat	11 th waed	Panchayat	L.N.peta	Post Office	L.N.peta
Mandal	L.N.peta	District	Srikakulam	Pin Code	532458

1. Total Number of Houses in the Habitat/Ward: 11th waed 25 houses

2. Number of Houses Caste-wise: 25

SC 25 ST - OC - BC-A - BC-B - BC-C - BC-D -

3. Common Health problems in the Habitat/Ward:

(i) diabetes

(ii) Blood pressure

(iii) Fever

4. Number of White Ration Cards: 24

5. Number of Illiterates in the Ward/ Habitat/ Village: 10

6. Number of Graduates in the Ward/ Habitat/ Village: 10

7. Number of Job Holders: 15

8. Number of PWD People: 2

9. Number of DWACRA Groups in the Ward/ Habitat/ Village: 3

10. Road connectivity to the Ward/ Habitat/ Village: Yes / No

11. Bus facility available: Yes / No

12. Problems identified in the Ward/ Habitat/ Village:

(i) Drynaga problem

(ii) water facility problem

(iii) Mosquitos problem.

(iv)

Signature of the Mentor

P. Nithin kumar
Signature of the Student



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : P. Nithin Kumar

Group : BSC - CBZ

Registration Number : 2222001049063

Area of the Survey conducted: L.N.peta.

House No.	H-18	Habitat /Ward	11th ward	Panchayat /Municipality	L.N.peta
Post office	L.N.peta	Mandal	L.N.peta	District	Srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
01.	B. Rama Krishna	M	28	Graduate	Software	} 45,000
02.	B. Jayalakshmi	F	38	10th class	Asa worker	
03.	B. Srikanth	M	25	Graduate	Delia	
04.	B. Raju	M	39	10th class	Labourer	

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: Madiga (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: 0 Acres

(vi) Livestock resources: Cows No Oxen No Buffaloes No Sheep/Goats No.

(vii) Do you have own toilet? Yes/No

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____

(ix) Do you have white Ration Card? Yes/No

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle

4. Health Details:

(i) Ailments in family: No

(ii) Treatment in which Hospital: Govt/Private

(iii) Any PWD Persons in family: Yes/No

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No

5. Other Details:

(i) Do You have TV: Yes/No

(ii) Do you have Mobile: Yes

(iii) Mobile Number: 8179634012

(iv) Do you have Computer/Laptop: Yes/No

(v) Is internet available at home: Yes/No

6. Any specific problems identified in the village/ Ward:

(i) Electricity problem


(ii) Drainage problem

(iii)

Place: L.N. Peta

Date: 09/05/2023

P. Nithinkumar
Signature of the Student


Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : P. Nithinkumar

Group : BSC - CBZ

Registration Number : 2222001049063

Area of the Survey conducted: L.N. peta

House No.	H-842	Habitat /Ward	11th ward	Panchayat /Municipality	L.N. peta
Post office	L.N. peta	Mandal	L.N. peta	District	Sri. kakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
01	P. Simhadramma	F	59	—	labour	5000

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: magil madiga (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: 0 Acres

(vi) Livestock resources: Cows no Oxen no Buffaloes no Sheep/Goats no

(vii) Do you have own toilet? Yes/ No

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____

(ix) Do you have white Ration Card? Yes/ No

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle

4. Health Details:

(i) Ailments in family: NO

(ii) Treatment in which Hospital: Govt/ Private

(iii) Any PWD Persons in family: Yes/ No

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/ No

5. Other Details:

(i) Do You have TV: Yes/ No

(ii) Do you have Mobile: Yes

(iii) Mobile Number: 9381643701

(iv) Do you have Computer/Laptop: Yes/ No

(v) Is internet available at home: Yes/ No

6. Any specific problems identified in the village/ Ward:

(i) electricity problem

(ii) water problem

(iii) Mosquitoes problem.

Place: L.N.peta

Date: 09/05/2023

P.Nithin Kumar.

Signature of the Student



Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO-ECONOMIC SURVEY

Name of the Student : P. Nithin Kumar

Group : BSc - CBZ

Registration Number : 2222 001049063

Area of the Survey conducted: L.N. Peta.

House No.	14-842	Habitat /Ward	11th ward	Panchayat /Municipality	L.N. Peta
Post office	L.N. Peta	Mandal	L.N. Peta	District	Srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
01.	P. Appalaraju	M	47	B. Ed	V.R.A	} 45,000
02.	P. Revathi	F	35	Intermediate	Nursing	
03.	P. Vamsi	M	23	B. Tech	—	
04.	P. Nithin Kumar	M	20	Intermediate	—	

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: Madiga (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: 0 Acres

(vi) Livestock resources: Cows No Oxen No Buffaloes No Sheep/Goats No.

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____ ✓

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle ✓

4. Health Details:

(i) Ailments in family: Yes ✓

(ii) Treatment in which Hospital: Govt/Private ✓

(iii) Any PWD Persons in family: Yes/No ✓

S.No.	Name of the Person	Gender	Age	Nature of Disability
01.	P. Vamsi	M	23	Paralysis

(iv) Do you have Govt. Arogya Sri Card: Yes/No ✓

5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes ✓

(iii) Mobile Number: 9381643701

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is internet available at home: Yes/No ✓

6. Any specific problems identified in the village/ Ward:

- (i) Electricity problem
- (ii) water problem
- (iii) Mosquitoes problem

Place: L. N. Peta

Date: 10/05/2023

P. N. L. K. K. K.

Signature of the Student



Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : P. Nithin Kumar

Group : BSC - CBZ

Registration Number : 2222001049063

Area of the Survey conducted: L.N. Peta

House No.	H-879	Habitat /Ward	11th ward	Panchayat /Municipality	L.N. Peta
Post office	L.N. Peta	Mandal	L.N. Peta	District	Srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
01.	B. Kala	F	25	Intermediate	Homewife	} 20,000
02.	B. Narasimha	M	32	Intermediate	Labour	
03.	B. Naveen	M	8	school	-	
04.	B. Krupa	F	5	-	-	
05.	B. Keerthana	F	3	-	-	

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: Madiga (iii) Religion: Christian

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: 0 Acres

(vi) Livestock resources: Cows No Oxen No Buffaloes No Sheep/Goats No

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle

4. Health Details:

(i) Ailments in family: No

(ii) Treatment in which Hospital: Govt/Private

(iii) Any PWD Persons in family: Yes/No ✓

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No ✓

5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes ✓

(iii) Mobile Number: 9381643701

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is internet available at home: Yes/No ✓

6. Any specific problems identified in the village/ Ward:

(i) Electricity problem.

(ii) Drynage problem

(iii)

Place: L. N. Lipeta

Date: 10/05/2022

Po Nithinkumar
Signature of the Student


Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM
COMMUNITY SERVICE PROJECT
SOCIO - ECONOMIC SURVEY

Name of the Student : Pralithin Kumar

Group : BSc - CB2

Registration Number : 9228001049083

Area of the Survey conducted: L.N.Peta.

House No.	H-850	Habitat/Village	L.N.Peta	Panchayat/Municipality	L.N.Peta
Post office	L.N.Peta	Manal	L.N.Peta	District	Srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/Employment	Income (Daily wage/Weekly/Monthly)
01	B. Anja Rao	M	38	Graduate	Volunteer	10,000
02	B. Lakshman	F	30			
03	B. Anja	F	28	10th	Homemaker	

2. Social Status details:

(i) Community: ST (ii) Caste: SC (iii) Sub-Caste: Puliga (iv) Religion: Hindu

3. Economic Status details:

(i) Type of House: Self/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: 0 Acres

(vi) Livestock resources: Cow No. 0, Buffalo No. 0, Sheep/Goats No.

(vii) Do you have own toilet? Yes/ No

(viii) Type Cooking fuel used: LPG/ Kerosene/ Wood/ others specify _____

(ix) Do you have white Ration Card? Yes/ No

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle

4. Health Details:

(i) Ailments in family: No

(ii) Treatment in which Hospital: Govt/ Private

(iii) Any PWD Persons in family: Yes/ No

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/ No

5. Other Details:

(i) Do You have TV: Yes/ No

(ii) Do you have Mobile: Yes

(iii) Mobile Number: 9573105292

(iv) Do you have Computer/Laptop: Yes/ No

(v) Is internet available at home: Yes/ No

6. Any specific problems identified in the village/ Ward:

(i) electricity problem

(ii) Drynaga problem

(iii) water problem

Place: L.N.Peta

Date: 10/05/2023

P. Nithin Kumar.
Signature of the Student


Signature of the Mentor



GOVERNMENT DEGREE COLLEGE, SRI KALAHASTI

COMMUNITY SERVICE PROJECT

RSSS - ECONOMIC SURVEY

Name of the Student: P. N. Lakshmi Kumar

Group: BSC-182

Registration Number: 202205010470063

Area of the Survey conducted: L. N. Peta

House No:	H-843	Name of the Ward:	11th ward	Panchayat/Municipality:	L. N. Peta
Post Office:	L. N. Peta	Name of the District:	L. N. Peta	District:	Sri Kalahasti

1. Household Details:

Sl. No.	Name of the Person	Gender (M/F)	Age	Education	Profession/Employment	Income (Daily wage/Weekly/Monthly)
01	M. P. Srinivas	M	45	-	Labour	30000
02	M. Srinivas	F	45	-	Labour	30000
03	M. Srinivas	M	17	Intermediate	-	

2. Social Status details:

(i) Community: SC/ST/BC/B-S-C/D/DC (ii) Caste: Reddy (iii) Religion: Christian

3. Economic Status details:

(i) Type of House: Hut/ Semi Purca/ Purca/ Apartment/ Bungalow

(ii) House status: (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: 4 Acres

(vi) Livestock resources: Cows 10 Dhen 10 Buffaloes 10 Sheep/Goats 10

(vii) Do you have own toilet? Yes/No

(viii) Type Cooking fuel used: LPG/Kerosene/Wood/ others specify _____

(ix) Do you have white Ration Card? Yes/No

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle

4. Health Details:

(i) Ailments in family: NO

(ii) Treatment in which Hospital: Govt/Private

(iii) Any PWD Persons in family: Yes/No

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No

5. Other Details:

(i) Do You have TV: Yes/No

(ii) Do you have Mobile: Yes

(iii) Mobile Number: 8639 852119

(iv) Do you have Computer/Laptop: Yes/No

(v) Is internet available at home: Yes/No


6. Any specific problems identified in the village/ Ward:

- (i) Electricity problem
- (ii) Mosquitoes problem
- (iii) water problem

Place: L. N. Peta

Date: 11/05/2023

P. N. D. H. K. K. K.
Signature of the Student


Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM
COMMUNITY SERVICE PROJECT
SOCIO - ECONOMIC SURVEY

Name of the Student : P. Nithin Kumar

Group : BSC - CBZ

Registration Number : 2222001049063

Area of the Survey conducted: L.N.peta

House No.	H-12	Habitat /Ward	11th ward	Panchayat /Municipality	L.N.peta
Post office	L.N.peta	Mandal	L.N.peta	District	Sriakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
01.	B. Mukhalingam	M	72	-	labour	99000
02.	B. Seetha	F	68	-	labour	99000
03.						

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: Madiga (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: 0 Acres

(vi) Livestock resources: Cows No Oxen No Buffaloes No Sheep/Goats No

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____ ✓

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle

4. Health Details:

(i) Ailments in family: NO

(ii) Treatment in which Hospital: Govt/Private

(iii) Any PWD Persons in family: Yes/No ✓

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No ✓

5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes ✓

(iii) Mobile Number: 9381643709

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is internet available at home: Yes/No ✓

6. Any specific problems identified in the village/ Ward:

(i) electricity problem


(ii) water problem

(iii)

Place: L.N. Peta

Date: 11/05/2023

P. Nithin Kumar.
Signature of the Student


Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM
COMMUNITY SERVICE PROJECT
SOCIO - ECONOMIC SURVEY

Name of the Student : P. Nithin kumar

Group : BSC - CBZ

Registration Number : 2222001049063

Area of the Survey conducted: L.N. peta

House No.	H-17	Habitat /Ward	11th ward	Panchayat /Municipality	L.N. peta
Post office	L.N. peta	Mandal	L.N. peta	District	Srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
01.	T. Ravanamma	F	70	—	labour	2000
02.	T. Jada yya	M	72	—	labour	2000

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: Modiga (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: 0 Acres

(vi) Livestock resources: Cows No Oxen No Buffaloes No Sheep/Goats No

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle

4. Health Details:

(i) Ailments in family: NO

(ii) Treatment in which Hospital: Govt/Private

(iii) Any PWD Persons in family: Yes/No ✓

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No ✓

5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes ✓

(iii) Mobile Number: 9846995321

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is internet available at home: Yes/No ✓

6. Any specific problems identified in the village/ Ward:

(i) Electricity problem.

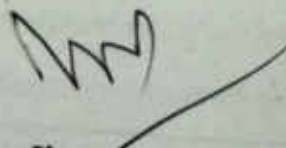
(ii) water problem.

(iii)

Place: L. N. Peta

Date: 12/05/2023

P. Nithin Kumar.
Signature of the Student


Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : P. Nithin Kumar

Group : BSC-CB2

Registration Number : 2222001049063

Area of the Survey conducted: L.N.peta

House No.	H-7	Habitat /Ward	11th ward	Panchayat /Municipality	L.N.peta
Post office	L.N.peta	Mandal	L.N.peta	District	Sriakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
01.	B. Dalamma	F	70	-	labour	4000

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: Madiga (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: 0 Acres

(vi) Livestock resources: Cows No Oxen No Buffaloes No Sheep/Goats No

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____ ✓

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle

4. Health Details:

(i) Ailments in family: No

(ii) Treatment in which Hospital: Govt/Private

(iii) Any PWD Persons in family: Yes/No ✓

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No ✓

5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes ✓

(iii) Mobile Number: _____

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is internet available at home: Yes/No ✓

6. Any specific problems identified in the village/ Ward:

(i) Electricity problem


(ii) water problem.

(iii)

Place: Lini-peta

Date: 12/05/2023

P. Nidhinkumar.
Signature of the Student


Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM
COMMUNITY SERVICE PROJECT
SOCIO - ECONOMIC SURVEY

Name of the Student : P. Nithinkumar

Group : BSC-CBZ

Registration Number : 2222001049063

Area of the Survey conducted: L.N.peta

House No.	H-14	Habitat /Ward	11 th ward	Panchayat /Municipality	L.N.peta
Post office	L.N.peta	Mandal	L.N.peta	District	Sriakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
01.	S. Appalaxmeswari	F	39	-	labour	51000
02.	S. Appa rao	M	47	-	labour	51000

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: modiga (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: 0 Acres

(vi) Livestock resources: Cows no Oxen no Buffaloes no Sheep/Goats no

(vii) Do you have own toilet? Yes/No

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____

(ix) Do you have white Ration Card? Yes/No

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle

4. Health Details:

(i) Ailments in family: No

(ii) Treatment in which Hospital: Govt/Private

(iii) Any PWD Persons in family: Yes/No

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No

5. Other Details:

(i) Do You have TV: Yes/No

(ii) Do you have Mobile: Yes

(iii) Mobile Number: 9381643707

(iv) Do you have Computer/Laptop: Yes/No

(v) Is internet available at home: Yes/No

6. Any specific problems identified in the village/ Ward:

(i) electricity problem


(ii) water problem

(iii) Drynaga problem

Place: L.N. Peda.

Date: 13/05/2023

P. Nithinkumar
Signature of the Student


Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM
COMMUNITY SERVICE PROJECT
SOCIO - ECONOMIC SURVEY

Name of the Student : P. Nithin Kumar

Group : BSc - CBZ

Registration Number : 2222001049063

Area of the Survey conducted: L.N. Peta.

House No.	H-17	Habitat /Ward	11th ward	Panchayat /Municipality	L.N. Peta
Post office	L.N. Peta	Mandal	L.N. Peta	District	Srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
01	K. Dalamma	F	64	—	labour	5,000

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: Madiga (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: 0 Acres

(vi) Livestock resources: Cows No Oxen No Buffaloes No Sheep/Goats No.

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____ ✓

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle

4. Health Details:

(i) Ailments in family: NO

(ii) Treatment in which Hospital: Govt/Private

(iii) Any PWD Persons in family: Yes/No ✓

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No ✓

5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes ✓

(iii) Mobile Number: _____

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is internet available at home: Yes/No ✓

6. Any specific problems identified in the village/ Ward:

- (i) electricity problem
- (ii) water problem
- (iii) Drynage problem

Place: L.N. Peta.

Date: 14/05/2013

P. Nishin Kumar.
Signature of the Student


Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : P. Nithin Kumar

Group : BSC-CBZ

Registration Number : 2222001049063

Area of the Survey conducted: L.N.peta

House No.	H-820	Habitat /Ward	11th ward	Panchayat /Municipality	L.N.peta
Post office	L.N.peta	Mandal	L.N.peta	District	Sri Kakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
01.	T. Simhadramma	F	54	—	labour	5,000

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: Madiga (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: 0 Acres

(vi) Livestock resources: Cows No Oxen No Buffaloes No Sheep/Goats No

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/Wood/ others specify _____

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle

4. Health Details:

(i) Ailments in family: No

(ii) Treatment in which Hospital: Govt/Private

(iii) Any PWD Persons in family: Yes/No ✓

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No ✓

5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes ✓

(iii) Mobile Number: 9848560980

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is internet available at home: Yes/No ✓

6. Any specific problems identified in the village/ Ward:

(i) Electricity problem

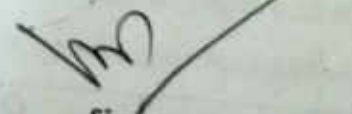
(ii) water problem

(iii) Drainage problem

Place: L. N. Peta

Date: 14/05/2019

P. Nithin Kumar.
Signature of the Student


Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M) SRIKAKULAM
 COMMUNITY SERVICE PROJECT
 2022 - ECONOMIC SURVEY

Name of the student: P. Jyoti Kumar

Roll No: 221-032

Registration Number: 222200049063

Name of the group conductor: L. N. Peta

House No.	<u>4-3</u>	Sublet	<u>11th ward</u>	Panchayat / Municipality	<u>L. N. Peta</u>
Postcode	<u>531002</u>	Ward	<u>L. N. Peta</u>	District	<u>Srikakulam</u>

1. Household Details:

Sl. No.	Name of the Person	Gender (M/F)	Age	Education	Profession/Employment	Income (Daily wage/Weekly/Monthly)
<u>1</u>	<u>B. Srinivas Chandra</u>	<u>F</u>	<u>90</u>	<u>—</u>	<u>labour</u>	<u>3,000</u>

2. Social Status Details:

(i) Community: SC (ii) Caste: SC (iii) Religion: Christian

3. Economic Status Details:

(i) Type of house: Self built (ii) Source of Income: Government

(iii) Type of land: Government

(iv) Caste of land: Government (v) Type of connection: Govt

(vi) Source of irrigation: Govt

(vii) Type of irrigation: Govt

(viii) Type of irrigation: Govt (ix) Type of irrigation: Govt (x) Type of irrigation: Govt

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____ ✓

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle ✓

4. Health Details:

(i) Ailments in family: No ✓

(ii) Treatment in which Hospital: Govt/Private ✓

(iii) Any PWD Persons in family: Yes/No ✓

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No ✓

5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes ✓

(iii) Mobile Number: _____ ✓

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is internet available at home: Yes/No ✓

6. Any specific problems identified in the village/ Ward:

(i) Electricity problem


(ii) waste problem.

(iii)

Place: L. N. Peta

Date: 14/05/2013

P. Nithin Kumar.
Signature of the Student


Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM
COMMUNITY SERVICE PROJECT
SOCIO - ECONOMIC SURVEY

Name of the Student : P. Nithinkumar

Group : BSC-EBZ

Registration Number : 2222001049063

Area of the Survey conducted: L.N.peta

House No.	H-80	Habitat /Ward	11th ward	Panchayat /Municipality	L.N.peta
Post office	L.N.peta	Mandal	L.N.peta	District	Srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
01.	S. Venkadamme	F	40	—	labour	51000
02.	S. Pamo Raju	M	27	Graduated	Teacher	45,000
03	S. Apparao	M	45	—	Labour	-4000

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: Madiga (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: 3 Acres

(vi) Livestock resources: Cows No Oxen No Buffaloes No Sheep/Goats No

- (vii) Do you have own toilet? Yes/No
- (viii) Type Cooking fuel used: LPG/Kerosene/Wood/ others specify _____
- (ix) Do you have white Ration Card? Yes/No
- (x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle

4. Health Details:

- (i) Ailments in family: NO
- (ii) Treatment in which Hospital: Govt/Private
- (iii) Any PWD Persons in family: Yes/No

S.No.	Name of the Person	Gender	Age	Nature of Disability

- (iv) Do you have Govt. Arogya Sri Card: Yes/No

5. Other Details:

- (i) Do You have TV: Yes/No
- (ii) Do you have Mobile: Yes
- (iii) Mobile Number: 9573634823
- (iv) Do you have Computer/Laptop: Yes/No
- (v) Is internet available at home: Yes/No

6. Any specific problems identified in the village/ Ward:

- (i) electricity problem
- (ii) waste problem
- (iii) mosquitoes problem

Place: L.N. Peta
 Date: 15/05/2023

Ponlithin Kumar
 Signature of the Student



Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM
COMMUNITY SERVICE PROJECT
SOCIO - ECONOMIC SURVEY

Name of the Student : P. Nithin kumar

Group : BSC-CBZ

Registration Number : 2222001049063

Area of the Survey conducted: L.N.peta

House No.	H-18	Habitat /Ward	11th ward	Panchayat /Municipality	L.N.peta
Post office	L.N.peta	Mandal	L.N.peta	District	Srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
01.	B. Dhonbai	M	60	-	labour	10,000
02.	B. haxamma	F	59	-	labour	

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: Modiga (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: 0 Acres

(vi) Livestock resources: Cows No Oxen No Buffaloes No Sheep/Goats No

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/Wood/ others specify _____ ✓

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle ✓

4. Health Details:

(i) Ailments in family: Yes ✓

(ii) Treatment in which Hospital: Govt/Private ✓

(iii) Any PWD Persons in family: Yes/No ✓

S.No.	Name of the Person	Gender	Age	Nature of Disability
01-	B. Laxamma	F	59	Paralysis

(iv) Do you have Govt. Arogya Sri Card: Yes/No ✓

5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes ✓

(iii) Mobile Number: 9968491503 ✓

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is internet available at home: Yes/No ✓

6. Any specific problems identified in the village/ Ward:

(i) Electricity problem.


(ii) water facility.

(iii)

Place: L. Nipeta

Date: 15/05/2023

P. Nithin Kumar
Signature of the Student


Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : P. Nithin Kumar

Group : BSC-CBZ

Registration Number : 2222001049063

Area of the Survey conducted: L.N. Peta

House No.	H-1862	Habitat /Ward	11th ward	Panchayat /Municipality	L.N. Peta
Post office	L.N. Peta	Mandal	L.N. Peta	District	Srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
01.	K. Basheer Rao	M	49	-	labour	15,000
02.	K. Saiamma	F	42	-	labour	20,000
03.	K. Laxman	M	30	Graduate	Teacher	20,000
04.	K. Sathi	F	28	Intermediate	Housewife	

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: Madiga (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: 0 Acres

(vi) Livestock resources: Cows NO Oxen NO Buffaloes NO Sheep/Goats NO

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____ ✓

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle ✓

4. Health Details:

(i) Ailments in family: NO

(ii) Treatment in which Hospital: Govt/Private

(iii) Any PWD Persons in family: Yes/No ✓

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No ✓

5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes ✓

(iii) Mobile Number: 9963491537

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is internet available at home: Yes/No ✓

6. Any specific problems identified in the village/ Ward:

(i) Electricity problem


(ii) Drynaga problem

(iii)

Place: L.N. Peta

Date: 15/05/2023

P. Nithin Kumar
Signature of the Student


Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM
COMMUNITY SERVICE PROJECT
SOCIO - ECONOMIC SURVEY

Name of the Student : P. Nithin Kumar

Group : BSC-CBZ

Registration Number : 2222001049063

Area of the Survey conducted: L.N.peta

House No.	H-81	Habitat /Ward	11 th ward	Panchayat /Municipality	L.N.peta
Post office	L.N.Peta	Mandal	L.N.Peta	District	sriakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
01	M. srinivas	Male	24	Intermediate	—	—
02	M. Papamma	F	52	—	labour	9
03	M. Asirenayadu	M	60	—	labour	45,000
04	M. Appalamma	F	50	—	labour	

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: Madiga (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: 3 Acres

(vi) Livestock resources: Cows NO Oxen NO Buffaloes NO Sheep/Goats NO

(vii) Do you have own toilet? Yes/No

(viii) Type Cooking fuel used: LPG/Kerosene/Wood/ others specify _____

(ix) Do you have white Ration Card? Yes/No

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle

4. Health Details:

(i) Ailments in family: No

(ii) Treatment in which Hospital: Govt/Private

(iii) Any PWD Persons in family: Yes/No

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No

5. Other Details:

(i) Do You have TV: Yes/No

(ii) Do you have Mobile: Yes

(iii) Mobile Number: 9182875772

(iv) Do you have Computer/Laptop: Yes/No

(v) Is internet available at home: Yes/No

6. Any specific problems identified in the village/ Ward:

(i) Electricity problem

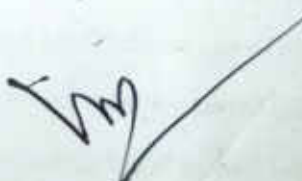
(ii) water facilities problem

(iii) mosquitoes problems.

Place: L.N. Peta

Date: 15/05/2023

P. Likhin Kumar
Signature of the Student


Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM
COMMUNITY SERVICE PROJECT
SOCIO - ECONOMIC SURVEY

Name of the Student : P. Nithinkumar

Group : BSC-CBZ

Registration Number : 2222001049063

Area of the Survey conducted: L.N. Peta

House No.	H-84	Habitat /Ward	11th ward	Panchayat /Municipality	L.N. Peta
Post office	L.N. Peta	Mandal	L.N. Peta	District	Srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
01.	M. Durga Prasad	Male	27	Graduate	Teacher	12,000
02.	M. Rama Krishna	Male	23	ITI	Electrician	10,000

2. Social Status details:

(i) Community: SC/ ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: Madiga (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: 0 Acres

(vi) Livestock resources: Cows No Oxen No Buffaloes No Sheep/Goats No

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____ ✓

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle ✓

4. Health Details:

(i) Ailments in family: NO ✓

(ii) Treatment in which Hospital: Govt/Private ✓

(iii) Any PWD Persons in family: Yes/No ✓

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No ✓

5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes ✓

(iii) Mobile Number: 9177808360 ✓

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is internet available at home: Yes/No ✓

6. Any specific problems identified in the village/ Ward:

(i) Electricity problems


(ii) water facility

(iii) Mosquitoes problems

Place: L. N. Peta

Date: 15/05/2023

P. Nithin Kumar
Signature of the Student


Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM
COMMUNITY SERVICE PROJECT
SOCIO - ECONOMIC SURVEY

Name of the Student : P. Nithinkumar

Group : BSC-CBZ

Registration Number : 2222001049063

Area of the Survey conducted: L.N.peta

House No.	H-850	Habitat /Ward	11th ward	Panchayat /Municipality	L.N.peta
Post office	L.N.peta	Mandal	L.N.peta	District	Srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
01	B. Durga Rao	M	45	Degree	volunteer electrician	5000
02	B. Hemalatha	F	30	Intermediate	housewife	—

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: Madiga (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: 0 Acres

(vi) Livestock resources: Cows NO Oxen NO Buffaloes NO Sheep/Goats NO

(vii) Do you have own toilet? Yes/No

(viii) Type Cooking fuel used: LPG/Kerosene/Wood/ others specify _____

(ix) Do you have white Ration Card? Yes/No

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle

4. Health Details:

(i) Ailments in family: No

(ii) Treatment in which Hospital: Govt/Private

(iii) Any PWD Persons in family: Yes/No

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No

5. Other Details:

(i) Do You have TV: Yes/No

(ii) Do you have Mobile: Yes

(iii) Mobile Number: 9573105292

(iv) Do you have Computer/Laptop: Yes/No

(v) Is internet available at home: Yes/No

6. Any specific problems identified in the village/ Ward:

(i) Electricity problem


(ii) Mosquitoes problems

(iii) water problem

Place: L.N. peda

Date: 16/05/2023

P. N. P. Srinivasan
Signature of the Student


Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : P. Nithinkumar

Group : BSC - CBZ

Registration Number : 2222001049063

Area of the Survey conducted: L.N. Peta

House No.	H-862	Habitat /Ward	11th ward	Panchayat /Municipality	L.N. Peta
Post office	L.N. Peta	Mandal	L.N. Peta	District	Sri Kakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
01.	K. Basker Rao	M	55	NO	labour	7000
02.	K. sai amma	F	46	NO	labour	5000
03.	K. Durga bhavani	M	21	Intermediate	—	
04.	K. Suresh	M	15	Intermediate	—	

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: Madiga (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: 0 Acres

(vi) Livestock resources: Cows No Oxen No Buffaloes No Sheep/Goats No

(vii) Do you have own toilet? Yes/No

(viii) Type Cooking fuel used: LPG/Kerosene/Wood/ others specify _____

(ix) Do you have white Ration Card? Yes/No

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle

4. Health Details:

(i) Ailments in family: No

(ii) Treatment in which Hospital: Govt/Private

(iii) Any PWD Persons in family: Yes/No

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No

5. Other Details:

(i) Do You have TV: Yes/No

(ii) Do you have Mobile: Yes

(iii) Mobile Number: 9347769059

(iv) Do you have Computer/Laptop: Yes/No

(v) Is internet available at home: Yes/No

6. Any specific problems identified in the village/ Ward:

(i) Electricity problem

(ii) water problem

(iii) Mosquitoes problem

Place: h.n.peta

Date: 12/05/2023

P.Nithinkumar
Signature of the Student



Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : P. Nithin Kumar

Group : BSc-CBZ

Registration Number : 2222001049062

Area of the Survey conducted: L.N.peta

House No.	H-420	Habitat /Ward	ward 11 th	Panchayat /Municipality	L.N.peta
Post office	L.N.peta	Mandal	L.N.peta	District	Srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
01.	P. Sailaja	F	32	—	worker	6000
02.	P. Dellarwarao	M	28	Degree	P.G.T teacher	10000
03.	P. Archamma	F	60	—	housewife	—
04.	P. Bhavani	M	23	Intermediate	Teacher	8000
05.	P. Rohit	F	15	10 th	—	—
06.	P. Ramakrishna	M	20	Degree	contract work	—

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: Madiga (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: 0 Acres

(vi) Livestock resources: Cows No Oxen No Buffaloes No Sheep/Goats No

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____ ✓

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle ✓

4. Health Details:

(i) Ailments in family: NO ✓

(ii) Treatment in which Hospital: Govt/Private ✓

(iii) Any PWD Persons in family: Yes/No ✓

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No ✓

5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes ✓

(iii) Mobile Number: 9177781337 ✓

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is internet available at home: Yes/No ✓

6. Any specific problems identified in the village/ Ward:

(i) Electricity problems


(ii) Mosquitoes problems

(iii) water problem

Place: L.N. Peta.

Date: 16/05/2023

P. Nithan Kumar
Signature of the Student


Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : P. Nithin Kumar

Group : BSC-CB2

Registration Number : 2222001049063

Area of the Survey conducted: L.N.peta

House No.	H-520	Habitat /Ward	11th ward	Panchayat /Municipality	L.N.peta
Post office	L.N.peta	Mandal	L.N.peta	District	Sriakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
01.	K. Lakshman Rao	M	38	BPD	PET Teacher	20,000
02.	K. Ravana	M	25	Intermediate	Electrification	10,000
03.	K. Lokenwasi	F	50	—	housewife	—
04.	K. Senthil	F	32	Intermediate	housewife	—

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: Magida (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: 0 Acres

(vi) Livestock resources: Cows No Oxen No Buffaloes No Sheep/Goats No

(vii) Do you have own toilet? Yes/No

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____

(ix) Do you have white Ration Card? Yes/No

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle

4. Health Details:

(i) Ailments in family: no

(ii) Treatment in which Hospital: Govt/Private

(iii) Any PWD Persons in family: Yes/No

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No

5. Other Details:

(i) Do You have TV: Yes/No

(ii) Do you have Mobile: Yes

(iii) Mobile Number: 9493857427

(iv) Do you have Computer/Laptop: Yes/No

(v) Is internet available at home: Yes/No

6. Any specific problems identified in the village/ Ward:

(i) Electricity problems

(ii) water facility

(iii) Mosquitoes Problem

Place: L. Nipeta

Date: 16/05/2023

P. Athin Kumar
Signature of the Student



Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM
COMMUNITY SERVICE PROJECT
SOCIO - ECONOMIC SURVEY

Name of the Student : P. Nithin Kumar

Group : BSc - CBZ

Registration Number : 2222001049063

Area of the Survey conducted: L.N. Peta

House No.	H-650	Habitat /Ward	11th ward	Panchayat /Municipality	L.N. Peta
Post office	L.N. Peta	Mandal	L.N. Peta	District	Srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
01.	R. Kokilawarao	35 - M	10th	Mason	20,000	
02.	R. Kumari	27 - F		housewife		

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: radiga (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: 0 Acres

(vi) Livestock resources: Cows No Oxen No Buffaloes No Sheep/Goats No

- (vii) Do you have own toilet? Yes/No
- (viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____
- (ix) Do you have white Ration Card? Yes/No
- (x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle

4. Health Details:

- (i) Ailments in family: NO
- (ii) Treatment in which Hospital: Govt/Private
- (iii) Any PWD Persons in family: Yes/No

S.No.	Name of the Person	Gender	Age	Nature of Disability

- (iv) Do you have Govt. Arogya Sri Card: Yes/No

5. Other Details:

- (i) Do You have TV: Yes/No
- (ii) Do you have Mobile: Yes
- (iii) Mobile Number: 9963491537
- (iv) Do you have Computer/Laptop: Yes/No
- (v) Is internet available at home: Yes/No

6. Any specific problems identified in the village/ Ward:

- (i) Electricity problem
- (ii) water facility
- (iii)

Place: Linpeta
 Date: 16/05/2023

P. Nithin kumar
 Signature of the Student


 Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (W), SHIRAHALLAN
 COMMUNITY SERVICE PROJECT
 NSSB - ECONOMIC SURVEY

Name of the Student : Prathiba Kumar

Group : BC-08

Registration Number : 22220004983

Area of the Survey conducted : 2 villages

House No.	<u>4-38</u>	Suburb/Village	<u>Shirahallan</u>	Panchayat/Municipality	<u>Lalipeta</u>
Post office	<u>Lalipeta</u>	Mandal	<u>Lalipeta</u>	District	<u>Srikalahasti</u>

1. Household Details:

S.No.	Name of the Person	Gender	Age	Education	Profession/Employment	Income (Daily wage/Weekly/Monthly)
01	<u>Prathiba Kumar</u>	<u>F</u>	<u>30</u>	<u>unimale</u>	<u>electician</u>	<u>215,000</u>
02	<u>Prathiba Kumar</u>	<u>F</u>	<u>25</u>	<u>unimale</u>	<u>housewife</u>	
03	<u>Prathiba Kumar</u>	<u>F</u>	<u>5</u>	<u>unimale</u>		
04	<u>Prathiba Kumar</u>	<u>F</u>	<u>3</u>			

2. Social Status Details:

(i) Community: BC (ii) Caste: BC (iii) Sub-Caste: unimale (iv) Religion: Christian

3. Economic Status Details:

(i) Type of House: Self (ii) Semi Pucca/Pucca/Apartment/Bungalow

(ii) House status: Own (Rented):

(iii) Drinking Water facility: Well (Bore-well) (Govt. Tap connection)

(iv) Availability of Agricultural land: Yes (No)

(v) Extent of Agricultural land: No Acres

(vi) Livestock resources: Cows No Oxen No Buffaloes No Sheep/Goats No

(vii) Do you have own toilet? Yes/No

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____

(ix) Do you have white Ration Card? Yes/No

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle

4. Health Details:

(i) Ailments in family: No

(ii) Treatment in which Hospital: Govt/Private

(iii) Any PWD Persons in family: Yes/No

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No

5. Other Details:

(i) Do You have TV: Yes/No

(ii) Do you have Mobile: Yes

(iii) Mobile Number: 9398643701

(iv) Do you have Computer/Laptop: Yes/No

(v) Is internet available at home: Yes/No

6. Any specific problems identified in the village/ Ward:

(i) electricity problem

(ii) Drainage problem

(iii)

Place: L. Nigeta.

Date: 16/05/2023

P. Nithin Kumar.

Signature of the Student



Signature of the Mentor

SOCIO-ECONOMIC PROGRAMME



AWARENESS REPORT

Mosquito problem

Mosquito in my village (L.N.Peta,L.N.Peta mandalam, srikakulam) cause some different sickness in many people(especially children's and old persons) will attacked by those mosquito and give them the virus that cause of dengue, malaria it is one of the main problems in my village .some families are worrying about these issues, they already been worrying because their children has encountering the different types of symptoms that they will attacked by the mosquito that affects their health.

The government already took action against these problems. They already throw some of the gases that can let those mosquitoes to came out and totally disappear.

Hence, I (Panuku.Nithin Kumar) observed this mosquito problem and told my street people about mosquitoes controlling methods and make them aware as much as I could.

AWAIRENESS PROGRAMME





GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



QUESTIONNAIRE

Name of the student : P. Nidhin kumar
Group : BSC - CBZ
Name of the mentor : G. Ramakrishna Rao
Name of the project : Food Habits

House No	Name of the person	Village / Ward	Mandal	District
H-850	B. Hemalatha	L.N. Peta	L.N. Peta	Srikakulam

- How many times a day do you eat? 3 times
- Please answer the following according to your particular eating habits?
 - I eat a good breakfast Yes
 - I experienced feeling of hunger during the day No
 - I eat meat. Yes
 - I eat vegetables. Yes
 - I eat fruits. Yes
 - I eat dairy products Yes
 - I eat sweets. Yes
- What meal would you consider to be your main meal of the day?
 - Breakfast
 - lunch
 - dinner
 - others
- What does your main meal consist of and how it is prepared?
 - Freshly prepared.
 - restaurant meal.
 - precooked microwave.
 - other
- Have you been avoiding some foods for health reasons? Yes / No
- Do you have any particular food allergies? No

- What is your daily food intake frequency of the following food categories?

Sweet foods:

Several times a day once a day several times a week
less often never

Fresh vegetables & Fruits:

Several times a day once a day several times a week
less often never

8. What percentage of your regular diet consists of meat products?
90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?
90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems? *No*

11. Do you know your current body mass index? *No*

12. Have your ever been on a diet, if so, what kind? *No*

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

Rice > vegetables > fruits > chspathi > oil food

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact. B. little impact c. big impact. D. none

Health

a. No impact. B. little impact c. big impact. D. none

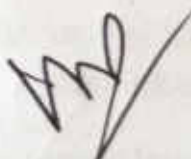
Weight.

a. No impact. B. little impact c. big impact. D. none

Mental condition.

A. No impact. B. little impact c. big impact. D. none

P. Nithin Kumar
Signature of the Student


Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



QUESTIONNAIRE

Name of the student : P.Nithin Kumar
Group : BSC-CBZ
Name of the mentor : G.Ramakrishna Rao
Name of the project : Food Habits

House No	Name of the person	Village / Ward	Mandal	District
H-852	K. Durga bhavani	L-N-peta	L-N-peta	sriakulam

- How many times a day do you eat? *yes 3 times*
- Please answer the following according to your particular eating habits?
 - I eat a good breakfast *Yes*
 - I experienced feeling of hunger during the day *no*
 - I eat meat. *Yes*
 - I eat vegetables. *yes*
 - I eat fruits. *yes*
 - I eat dairy products *yes*
 - I eat sweets. *Yes*
- What meal would you consider to be your main meal of the day?
 - Breakfast
 - b. lunch*
 - dinner
 - others
- What does your main meal consist of and how it is prepared?
 - a. Freshly prepared.*
 - restaurant meal.
 - precooked microwave
 - other
- Have you been avoiding some foods for health reasons? *Yes / No*
- Do you have any particular food allergies? *NO*

7. What is your daily food intake frequency of the following food categories?

Sweet foods:

- Several times a day once a day several times a week
less often never

Fresh vegetables & Fruits:

- Several times a day once a day several times a week
less often never

8. What percentage of your regular diet consists of meat products?
90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?
90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems? *No*

11. Do you know your current body mass index? *No*

12. Have your ever been on a diet, if so, what kind? *No*

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

vegetables > fruits > chapathi > Rice > fast food

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact. B. little impact c. big impact. D. none

Health

a. No impact. B. little impact c. big impact. D. none

Weight.

a. No impact. B. little impact c. big impact. D. none

Mental condition.

A. No impact. B. little impact c. big impact. D. none

P. Nithin Kumar
Signature of the Student

[Signature]
Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS
QUESTIONNAIRE



Name of the student : P. Nithin Kumar
Group : BSc - CBZ
Name of the mentor : G. Ramakrishna Rao
Name of the project : Food Habits

House No	Name of the person	Village / Ward	Mandal	District
H-650	B. Koteswarao	L. N. Peta	L. N. Peta	Srikakulam

- How many times a day do you eat?
- Please answer the following according to your particular eating habits?
 - I eat a good breakfast *yes*
 - I experienced feeling of hunger during the day *no*
 - I eat meat. *yes*
 - I eat vegetables. *yes*
 - I eat fruits. *yes*
 - I eat dairy products *yes*
 - I eat sweets. *yes*
- What meal would you consider to be your main meal of the day?
 - Breakfast
 - ✓* lunch
 - dinner
 - others
- What does your main meal consist of and how it is prepared?
 - ✓* Freshly prepared.
 - restaurant meal.
 - precooked microwave.
 - other
- Have you been avoiding some foods for health reasons? Yes / *✓* No
- Do you have any particular food allergies? *no*

7. What is your daily food intake frequency of the following food categories?

Sweet foods:

Several times a day once a day several times a week
less often never

Fresh vegetables & Fruits:

Several times a day once a day several times a week
less often never

8. What percentage of your regular diet consists of meat products?
90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?
90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems? *No*

11. Do you know your current body mass index? *No*

12. Have your ever been on a diet, if so, what kind? *No*

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

vegetables > fruits > meat > Rice

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact. B. little impact c. big impact. D. none

Health

a. No impact. B. little impact c. big impact. D. none

Weight.

a. No impact. B. little impact c. big impact. D. none

Mental condition.

A. No impact. B. little impact c. big impact. D. none

Poojitha Kumara

Signature of the Student



Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS
QUESTIONNAIRE



Name of the student : P. Nithin Kumar
Group : BSc - CBZ
Name of the mentor : G. Ramakrishna Rao
Name of the project : Food Habits

House No	Name of the person	Village / Ward	Mandal	District
4-520	K. Laxman Rao	L. N. Peta	L. N. Peta	Srikakulam

- How many times a day do you eat? 3 times
- Please answer the following according to your particular eating habits?
 - I eat a good breakfast yes
 - I experienced feeling of hunger during the day No
 - I eat meat. yes
 - I eat vegetables. yes
 - I eat fruits. yes
 - I eat dairy products yes
 - I eat sweets. yes
- What meal would you consider to be your main meal of the day?
 - Breakfast
 - lunch
 - dinner
 - others
- What does your main meal consist of and how it is prepared?
 - Freshly prepared.
 - restaurant meal.
 - precooked microwave.
 - other
- Have you been avoiding some foods for health reasons? Yes / No
- Do you have any particular food allergies? No

- What is your daily food intake frequency of the following food categories?

Sweet foods:

Several times a day once a day several times a week
less often never

Fresh vegetables & Fruits:

Several times a day once a day several times a week
less often never

8. What percentage of your regular diet consists of meat products?

90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?

90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems? no

11. Do you know your current body mass index? no

12. Have your ever been on a diet, if so, what kind? no

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

Rice > vegetables > fruits > meat > oil food

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact. B. little impact c. big impact. D. none

Health

a. No impact. B. little impact c. big impact. D. none

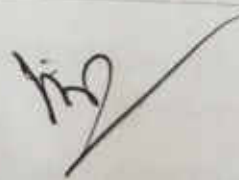
Weight.

a. No impact. B. little impact c. big impact. D. none

Mental condition.

A. No impact. B. little impact c. big impact. D. none

P. Nithin Kumar
Signature of the Student


Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS
QUESTIONNAIRE



Name of the student : P. Nithin Kumar
Group : BSc - CBZ
Name of the mentor : G. Ramakrishna Rao
Name of the project : Foodhabits.

House No	Name of the person	Village / Ward	Mandal	District
H-420	P. sailaja	h.n.peta	h.n.peta	srikakulam

- How many times a day do you eat? 3 times
 - Please answer the following according to your particular eating habits?
 - I eat a good breakfast yes
 - I experienced feeling of hunger during the day no
 - I eat meat. yes
 - I eat vegetables. yes
 - I eat fruits. yes
 - I eat dairy products yes
 - I eat sweets. yes
 - What meal would you consider to be your main meal of the day?
 - Breakfast
 - lunch
 - dinner
 - others
 - What does your main meal consist of and how it is prepared?
 - Freshly prepared.
 - restaurant meal.
 - precooked microwave.
 - other
 - Have you been avoiding some foods for health reasons? Yes / No
 - Do you have any particular food allergies? NO
7. What is your daily food intake frequency of the following food categories?
- Sweet foods:
- Several times a day once a day several times a week
- less often never
- Fresh vegetables & Fruits:
- Several times a day once a day several times a week
- less often never

8. What percentage of your regular diet consists of meat products?

90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?

90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems? *No*

11. Do you know your current body mass index? *No*

12. Have your ever been on a diet, if so, what kind? *No*

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

vegetables > Rice > fruits > oil food

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact. B. little impact c. big impact. D. none

Health

a. No impact. B. little impact c. big impact. D. none


Weight.

a. No impact. B. little impact c. big impact. D. none

Mental condition.

A. No impact. B. little impact c. big impact. D. none

P. Nithin Kumar
Signature of the Student


Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS
QUESTIONNAIRE



Name of the student : P. Nithin Kumar
Group : BSc - CBZ
Name of the mentor : G. Ramakrishna Rao
Name of the project : Food Habits

House No	Name of the person	Village / Ward	Mandal	District
H-84	M. Prasad Durga	L. Nipeta	L. Nipeta	Srikakulam

- How many times a day do you eat? 3 times
- Please answer the following according to your particular eating habits?
 - I eat a good breakfast Yes
 - I experienced feeling of hunger during the day No
 - I eat meat. Yes
 - I eat vegetables. Yes
 - I eat fruits. Yes
 - I eat dairy products No
 - I eat sweets. Yes
- What meal would you consider to be your main meal of the day?
 - Breakfast
 - lunch
 - dinner
 - others
- What does your main meal consist of and how it is prepared?
 - Freshly prepared.
 - restaurant meal.
 - precooked microwave.
 - other
- Have you been avoiding some foods for health reasons? Yes / No
- Do you have any particular food allergies? No

7. What is your daily food intake frequency of the following food categories?

Sweet foods:

- Several times a day once a day several times a week
less often never

Fresh vegetables & Fruits:

- Several times a day once a day several times a week
less often never

8. What percentage of your regular diet consists of meat products?
90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?
90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems? No

11. Do you know your current body mass index? No

12. Have your ever been on a diet, if so, what kind? No

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

vegetables > fruits > chapathi > Rice

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact. B. little impact c. big impact. D. none

Health

a. No impact. B. little impact c. big impact. D. none

Weight.

a. No impact. B. little impact c. big impact. D. none

Mental condition.

A. No impact. B. little impact c. big impact. D. none

P. Nidhin Kumar
Signature of the Student

[Signature]
Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



QUESTIONNAIRE

Name of the student : P. Nidhin kumar
Group : BSc - CBZ
Name of the mentor : G. Ramakrishna Rao
Name of the project : Food habits

House No	Name of the person	Village / Ward	Mandal	District
H-81	M. srinu	L. N. peta	L. N. peta	srikakulam

- How many times a day do you eat? 3 times
- Please answer the following according to your particular eating habits?
 - I eat a good breakfast yes
 - I experienced feeling of hunger during the day No
 - I eat meat. yes
 - I eat vegetables. yes
 - I eat fruits. yes
 - I eat dairy products yes
 - I eat sweets. yes
- What meal would you consider to be your main meal of the day?
 - Breakfast
 - b. lunch
 - dinner
 - others
- What does your main meal consist of and how it is prepared?
 - a. Freshly prepared.
 - restaurant meal.
 - precooked microwave.
 - other
- Have you been avoiding some foods for health reasons? Yes / No
- Do you have any particular food allergies? No

- What is your daily food intake frequency of the following food categories?

Sweet foods:

Several times a day once a day several times a week

less often never

Fresh vegetables & Fruits:

Several times a day once a day several times a week

less often never

8. What percentage of your regular diet consists of meat products?

90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?

90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems? *NO*

11. Do you know your current body mass index? *NO*

12. Have your ever been on a diet, if so, what kind? *NO*

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

vegetables > Iron food > Meat > Rice > chapathi

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact. B. little impact c. big impact. D. none

Health

a. No impact. B. little impact c. big impact. D. none

Weight.

a. No impact. B. little impact c. big impact. D. none

Mental condition.

A. No impact. B. little impact c. big impact. D. none

P. Nithin Kumar

Signature of the Student

Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



QUESTIONNAIRE

Name of the student : P. N. LITHINKUMAR
Group : BSC - CBZ
Name of the mentor : G. RAMAKRISHNA RAO
Name of the project : Food Habits

House No	Name of the person	Village / Ward	Mandal	District
H-18	B. DHOMBAR	L. N. PETA	L. N. PETA	SRIKAKULAM

- How many times a day do you eat? 3 times
- Please answer the following according to your particular eating habits?
 - I eat a good breakfast NO
 - I experienced feeling of hunger during the day NO
 - I eat meat. YES
 - I eat vegetables. YES
 - I eat fruits. NO
 - I eat dairy products NO
 - I eat sweets. NO
- What meal would you consider to be your main meal of the day?
 - Breakfast
 - lunch
 - dinner
 - others
- What does your main meal consist of and how it is prepared?
 - Freshly prepared.
 - restaurant meal.
 - precooked microwave.
 - other
- Have you been avoiding some foods for health reasons? Yes / No
- Do you have any particular food allergies? NO

- What is your daily food intake frequency of the following food categories?

Sweet foods:

Several times a day once a day several times a week
less often never

Fresh vegetables & Fruits:

Several times a day once a day several times a week
less often never

8. What percentage of your regular diet consists of meat products?

90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?

90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems? *NO*

11. Do you know your current body mass index? *NO*

12. Have your ever been on a diet, if so, what kind? *NO*

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

Rice > vegetables > fruits > chapathi

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact. B. little impact c. big impact. D. none

Health

a. No impact. B. little impact c. big impact. D. none

Weight.

a. No impact. B. little impact c. big impact. D. none

Mental condition.

A. No impact. B. little impact c. big impact. D. none

P. Nithinkumar
Signature of the Student



Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



QUESTIONNAIRE

Name of the student : P. Nithin Kumar
Group : BSC - CBZ
Name of the mentor : G. Romakrishna Rao
Name of the project : Food Habits

House No	Name of the person	Village / Ward	Mandal	District
H-80	S. Venkatamma	L.N. Peta	L.N. Peta	Srikakulam

- How many times a day do you eat? 3 times
- Please answer the following according to your particular eating habits?
 - I eat a good breakfast Yes
 - I experienced feeling of hunger during the day No
 - I eat meat. Yes
 - I eat vegetables. Yes
 - I eat fruits. Yes
 - I eat dairy products Yes
 - I eat sweets. Yes
- What meal would you consider to be your main meal of the day?
 - Breakfast
 - lunch
 - dinner
 - others
- What does your main meal consist of and how it is prepared?
 - Freshly prepared.
 - restaurant meal.
 - precooked microwave.
 - other
- Have you been avoiding some foods for health reasons? Yes / No
- Do you have any particular food allergies? No

- What is your daily food intake frequency of the following food categories?

Sweet foods:

Several times a day once a day several times a week
less often never

Fresh vegetables & Fruits:

Several times a day once a day several times a week
less often never

8. What percentage of your regular diet consists of meat products?
90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?
90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems? *No*

11. Do you know your current body mass index? *No*

12. Have your ever been on a diet, if so, what kind? *No*

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

Meat > vegetables > chopathi > Rice

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact. B. little impact c. big impact. D. none

Health

a. No impact. B. little impact c. big impact. D. none

Weight.

a. No impact. B. little impact c. big impact. D. none

Mental condition.

A. No impact. B. little impact c. big impact. D. none

P. Nithin Kumar

Signature of the Student

Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



QUESTIONNAIRE

Name of the student : P. Nithin Kumar
Group : BSC - CBE
Name of the mentor : G. Rama Krishna Rao
Name of the project : Food Habits

House No	Name of the person	Village / Ward	Mandal	District
H-71	B. Shanchamma	L. Nipeta	L. Nipeta	Srikakulam

- How many times a day do you eat? 3 times
- Please answer the following according to your particular eating habits?
 - I eat a good breakfast NO
 - I experienced feeling of hunger during the day NO
 - I eat meat. yes
 - I eat vegetables. yes
 - I eat fruits. yes
 - I eat dairy products NO
 - I eat sweets. NO
- What meal would you consider to be your main meal of the day?
 - Breakfast
 - lunch
 - dinner
 - others
- What does your main meal consist of and how it is prepared?
 - Freshly prepared.
 - restaurant meal.
 - precooked microwave.
 - other
- Have you been avoiding some foods for health reasons? Yes / No
- Do you have any particular food allergies? NO

- What is your daily food intake frequency of the following food categories?

Sweet foods:

Several times a day once a day several times a week
less often never

Fresh vegetables & Fruits:

Several times a day once a day several times a week
less often never

8. What percentage of your regular diet consists of meat products?

90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?

90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems? *No*

11. Do you know your current body mass index? *No*

12. Have your ever been on a diet, if so, what kind? *No*

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

Meat > vegetables > Rice > chapathi

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact. B. little impact c. big impact. D. none

Health

a. No impact. B. little impact c. big impact. D. none

Weight.

a. No impact. B. little impact c. big impact. D. none

Mental condition.

A. No impact. B. little impact c. big impact. D. none

P. Nithin Kumar
Signature of the Student

[Signature]
Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS
QUESTIONNAIRE



Name of the student : P. Nithinkumar
Group : BSc - CBZ
Name of the mentor : G. Ramakrishna Rao
Name of the project : Food Habits

House No	Name of the person	Village / Ward	Mandal	District
H-820	T. Simhadramma	L. N. Peta	L. N. Peta	Srikakulam

- How many times a day do you eat? 3 times
- Please answer the following according to your particular eating habits?
 - I eat a good breakfast Yes
 - I experienced feeling of hunger during the day No
 - I eat meat. Yes
 - I eat vegetables. Yes
 - I eat fruits. Yes
 - I eat dairy products No
 - I eat sweets. No
- What meal would you consider to be your main meal of the day?
 - Breakfast
 - lunch
 - dinner
 - others
- What does your main meal consist of and how it is prepared?
 - Freshly prepared.
 - restaurant meal.
 - precooked microwave.
 - other
- Have you been avoiding some foods for health reasons? Yes / No
- Do you have any particular food allergies? Yes

- What is your daily food intake frequency of the following food categories?

Sweet foods:

- Several times a day once a day several times a week
less often never

Fresh vegetables & Fruits:

- Several times a day once a day several times a week
less often never

8. What percentage of your regular diet consists of meat products?

90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?

90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems? NO

11. Do you know your current body mass index? NO

12. Have your ever been on a diet, if so, what kind? NO

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

Rice > vegetables > fruit > oil food

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact. B. little impact c. big impact. D. none

Health

a. No impact. B. little impact c. big impact. D. none

Weight.

a. No impact. B. little impact c. big impact. D. none

Mental condition.

A. No impact. B. little impact c. big impact. D. none

P. Nithinkumar

Signature of the Student



Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
 COMMUNITY SERVICE PROJECT
 PROJECT: FOOD HABITS
 QUESTIONNAIRE



Name of the student : P. Nithinkumar
 Group : BSC - CBZ
 Name of the mentor : G. Ramakrishna Rao
 Name of the project : Food Habits

House No	Name of the person	Village / Ward	Mandal	District
H-17	K. Dalamma	L.N.peta	L.N.peta	L.N.peta

- How many times a day do you eat?
- Please answer the following according to your particular eating habits?
 - I eat a good breakfast yes
 - I experienced feeling of hunger during the day NO
 - I eat meat. yes
 - I eat vegetables. yes
 - I eat fruits. yes
 - I eat dairy products NO
 - I eat sweets. NO
- What meal would you consider to be your main meal of the day?
 - Breakfast
 - lunch
 - dinner
 - others
- What does your main meal consist of and how it is prepared?
 - Freshly prepared.
 - restaurant meal.
 - precooked microwave
 - other
- Have you been avoiding some foods for health reasons? Yes / No
- Do you have any particular food allergies? NO

7. What is your daily food intake frequency of the following food categories?

Sweet foods:

- Several times a day once a day several times a week
 less often never

Fresh vegetables & Fruits:

- Several times a day once a day several times a week
 less often never

8. What percentage of your regular diet consists of meat products?

90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?

90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems? No

11. Do you know your current body mass index? No

12. Have your ever been on a diet, if so, what kind? No

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

Meat \rightarrow Rice \rightarrow vegetables \rightarrow fruits \rightarrow Oil food

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact. B. little impact c. big impact. D. none

Health

a. No impact. B. little impact c. big impact. D. none


Weight.

a. No impact. B. little impact c. big impact. D. none

Mental condition.

A. No impact. B. little impact c. big impact. D. none

P. Nithin Kumar
Signature of the Student


Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS
QUESTIONNAIRE



Name of the student : P. Nithin Kumar
Group : BSc - CBZ
Name of the mentor : G. Romakrishna Rao
Name of the project : Food Habits

House No	Name of the person	Village / Ward	Mandal	District
H-14	S. Appalarasanna	L.N. Peta	L.N. Peta	Srikakulam

- How many times a day do you eat? 3 times
- Please answer the following according to your particular eating habits?
 - I eat a good breakfast Yes
 - I experienced feeling of hunger during the day NO
 - I eat meat. Yes
 - I eat vegetables. Yes
 - I eat fruits. Yes
 - I eat dairy products NO
 - I eat sweets. Yes
- What meal would you consider to be your main meal of the day?
 - Breakfast
 - lunch
 - dinner
 - others
- What does your main meal consist of and how it is prepared?
 - Freshly prepared.
 - restaurant meal.
 - precooked microwave.
 - other
- Have you been avoiding some foods for health reasons? Yes / No
- Do you have any particular food allergies? NO

- What is your daily food intake frequency of the following food categories?
Sweet foods:

Several times a day once a day several times a week
less often never

Fresh vegetables & Fruits:

Several times a day once a day several times a week
less often never

8. What percentage of your regular diet consists of meat products?
90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?
90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems? No

11. Do you know your current body mass index? No

12. Have your ever been on a diet, if so, what kind? No

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

Rice > Meat > vegetables > oil food

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact. B. little impact c. big impact. D. none

Health

a. No impact. B. little impact c. big impact. D. none

Weight.

a. No impact. B. little impact c. big impact. D. none

Mental condition.

A. No impact. B. little impact c. big impact. D. none

P. Nithin Kumar
Signature of the Student

[Signature]
Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS
QUESTIONNAIRE



Name of the student : P. Nithinkumar
Group : BSC-CBZ
Name of the mentor : G. Romakrishna
Name of the project : Food Habits

House No	Name of the person	Village / Ward	Mandal	District
H-7	B. Dalamma	L.N.peta	L-N.peta	Srikakulam

- How many times a day do you eat? *2 times*
- Please answer the following according to your particular eating habits?
 - I eat a good breakfast *NO*
 - I experienced feeling of hunger during the day *NO*
 - I eat meat. *yes*
 - I eat vegetables. *yes*
 - I eat fruits. *NO*
 - I eat dairy products *NO*
 - I eat sweets. *NO*
- What meal would you consider to be your main meal of the day?
 - Breakfast
 - lunch
 - dinner
 - others
- What does your main meal consist of and how it is prepared?
 - Freshly prepared.
 - restaurant meal.
 - precooked microwave.
 - other
- Have you been avoiding some foods for health reasons? Yes / No
- Do you have any particular food allergies? *NO*

- What is your daily food intake frequency of the following food categories?

Sweet foods:

- Several times a day once a day several times a week
less often never

Fresh vegetables & Fruits:

- Several times a day once a day several times a week
less often never

8. What percentage of your regular diet consists of meat products?

90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?

90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems? No

11. Do you know your current body mass index? No

12. Have your ever been on a diet, if so, what kind? No

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

Rice > meat > vegetables > oil food

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact. B. little impact c. big impact. D. none

Health

a. No impact. B. little impact c. big impact. D. none


Weight.

a. No impact. B. little impact c. big impact. D. none

Mental condition.

A. No impact. B. little impact c. big impact. D. none

P. Nishin Kurya
Signature of the Student


Signature of the Mentor

QUESTIONNAIRE

Name of the student : P. Nithinkumar
 Group : BSC - CBZ
 Name of the mentor : G. Ramakrishna Rao
 Name of the project : Food Habits

House No	Name of the person	Village / Ward	Mandal	District
14-17	T. Ravanamma	L.N. Peta	L.N. Peta	Srikakulam

1. How many times a day do you eat? 3 times

2. Please answer the following according to your particular eating habits?
 - a. I eat a good breakfast yes
 - b. I experienced feeling of hunger during the day No
 - c. I eat meat. yes
 - d. I eat vegetables. yes
 - e. I eat fruits. yes
 - f. I eat dairy products yes
 - g. I eat sweets. No

3. What meal would you consider to be your main meal of the day?
 - a. Breakfast
 - b. lunch
 - c. dinner
 - d. others

4. What does your main meal consist of and how it is prepared?
 - A. Freshly prepared.
 - B. restaurant meal.
 - C. precooked microwave.
 - D. other

5. Have you been avoiding some foods for health reasons? Yes / No

6. Do you have any particular food allergies? yes

7. What is your daily food intake frequency of the following food categories?

Sweet foods: ✓

Several times a day once a day several times a week
 less often never

Fresh vegetables & Fruits:

Several times a day once a day several times a week
 less often never

8. What percentage of your regular diet consists of meat products?
90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?
90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems? *No*

11. Do you know your current body mass index? *No*

12. Have your ever been on a diet, if so, what kind? *No*

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

Rice > vegetables > fruits > bread > oil food

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact. B. little impact c. big impact. D. none

Health

a. No impact. B. little impact c. big impact. D. none

Weight.

a. No impact. B. little impact c. big impact. D. none

Mental condition.

A. No impact. B. little impact c. big impact. D. none

P. Nithinkumar
Signature of the Student

[Signature]
Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
 COMMUNITY SERVICE PROJECT
 PROJECT: FOOD HABITS
 QUESTIONNAIRE



Name of the student : P. Nithin Kumar
 Group : BSC-CBZ
 Name of the mentor : G. Ramakrishna Rao
 Name of the project : Food Habits

House No	Name of the person	Village / Ward	Mandal	District
H-12	B. Mukhalingam	L.N. peta	L.N. peta	srikakulam

- How many times a day do you eat? 3 times
- Please answer the following according to your particular eating habits?
 - I eat a good breakfast NO
 - I experienced feeling of hunger during the day NO
 - I eat meat. YES
 - I eat vegetables. YES
 - I eat fruits. YES
 - I eat dairy products NO
 - I eat sweets. NO
- What meal would you consider to be your main meal of the day?
 - Breakfast
 - lunch
 - dinner
 - others
- What does your main meal consist of and how it is prepared?
 - Freshly prepared.
 - restaurant meal.
 - precooked microwave.
 - other
- Have you been avoiding some foods for health reasons? Yes / No
- Do you have any particular food allergies? NO

7. What is your daily food intake frequency of the following food categories?
 Sweet foods:

Several times a day once a day several times a week
 less often never

Fresh vegetables & Fruits:

Several times a day once a day several times a week
 less often never

8. What percentage of your regular diet consists of meat products?

- 90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?

- 90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems? NO

11. Do you know your current body mass index? NO

12. Have your ever been on a diet, if so, what kind? NO

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

Rice > vegetables > fruits > oil food

14. How much do you think a healthy diet affects?

Restful sleep

- a. No impact. B. little impact c. big impact. D. none

Health

- a. No impact. B. little impact c. big impact. D. none

Weight.

- a. No impact. B. little impact c. big impact. D. none

Mental condition.

- A. No impact. B. little impact c. big impact. D. none

P. Nithin Kumar
Signature of the Student


Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS
QUESTIONNAIRE



Name of the student : P. Nithinkumar
Group : BSc - CBZ
Name of the mentor : G. Ranakrishna Rao
Name of the project : Food Habits

House No	Name of the person	Village / Ward	Mandal	District
H-843	M. Kamayya	L.N. Peta	L.N. Peta	Srikakulam

- How many times a day do you eat? 3 times
- Please answer the following according to your particular eating habits?
 - I eat a good breakfast Yes
 - I experienced feeling of hunger during the day NO
 - I eat meat. yes
 - I eat vegetables. yes
 - I eat fruits. yes
 - I eat dairy products yes
 - I eat sweets. yes
- What meal would you consider to be your main meal of the day?
 - Breakfast
 - lunch
 - dinner
 - others
- What does your main meal consist of and how it is prepared?
 - Freshly prepared.
 - restaurant meal.
 - precooked microwave.
 - other
- Have you been avoiding some foods for health reasons? Yes / No
- Do you have any particular food allergies? NO

- What is your daily food intake frequency of the following food categories?

Sweet foods:

Several times a day once a day several times a week
less often never

Fresh vegetables & Fruits:

Several times a day once a day several times a week
less often never

8. What percentage of your regular diet consists of meat products?
90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?

90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems? No

11. Do you know your current body mass index? No

12. Have your ever been on a diet, if so, what kind? No

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

Rice > meat > vegetables > chapathi

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact. B. little impact c. big impact. D. none

Health

a. No impact. B. little impact c. big impact. D. none

Weight.

a. No impact. B. little impact c. big impact. D. none

Mental condition.

A. No impact. B. little impact c. big impact. D. none

P. Nithin Kumar

Signature of the Student



Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS
QUESTIONNAIRE



Name of the student : P. Nithinkumar
Group : BSC - CBZ
Name of the mentor : G. Ramakrishna Rao
Name of the project : Food Habits

House No	Name of the person	Village / Ward	Mandal	District
H-17	K. Usha Rani	L.N. peta	L.N. peta	Srikakulam

- How many times a day do you eat? 3 times
- Please answer the following according to your particular eating habits?
 - I eat a good breakfast Yes
 - I experienced feeling of hunger during the day NO
 - I eat meat. Yes
 - I eat vegetables. Yes
 - I eat fruits. Yes
 - I eat dairy products Yes
 - I eat sweets. Yes
- What meal would you consider to be your main meal of the day?
 - Breakfast
 - lunch
 - dinner
 - others
- What does your main meal consist of and how it is prepared?
 - Freshly prepared.
 - restaurant meal.
 - precooked microwave.
 - other
- Have you been avoiding some foods for health reasons? Yes / No
- Do you have any particular food allergies? NO

- What is your daily food intake frequency of the following food categories?
Sweet foods:

Several times a day once a day several times a week
less often never

Fresh vegetables & Fruits:

Several times a day once a day several times a week
less often never

8. What percentage of your regular diet consists of meat products?
90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?
90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems? *NO*

11. Do you know your current body mass index? *NO*

12. Have your ever been on a diet, if so, what kind? *NO*

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

meat > vegetables > fruits > Rice > oil food.

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact. B. little impact c. big impact. D. none

Health

a. No impact. B. little impact c. big impact. D. none

Weight.

a. No impact. B. little impact c. big impact. D. none

Mental condition.

A. No impact. B. little impact c. big impact. D. none

P. Nithin Kumar

Signature of the Student



Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS
QUESTIONNAIRE



Name of the student : P. Nithin Kumar
Group : BSC-CBZ
Name of the mentor : G. Ramakrishna Rao
Name of the project : Food Habits

House No	Name of the person	Village / Ward	Mandal	District
H-850	B. Durga Rao	L.N. Peta	L.N. Peta	Srikakulam

- How many times a day do you eat? 3 times
- Please answer the following according to your particular eating habits?
 - I eat a good breakfast *Yes*
 - I experienced feeling of hunger during the day *No*
 - I eat meat. *Yes*
 - I eat vegetables. *Yes*
 - I eat fruits. *Yes*
 - I eat dairy products *Yes*
 - I eat sweets. *Yes*
- What meal would you consider to be your main meal of the day?
 - Breakfast
 - lunch
 - dinner
 - others
- What does your main meal consist of and how it is prepared?
 - Freshly prepared.
 - restaurant meal.
 - precooked microwave.
 - other
- Have you been avoiding some foods for health reasons? Yes / No
- Do you have any particular food allergies? *No*

- What is your daily food intake frequency of the following food categories?

Sweet foods:

Several times a day once a day several times a week
less often never

Fresh vegetables & Fruits:

Several times a day once a day several times a week
less often never

8. What percentage of your regular diet consists of meat products?
90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?
90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems? NO

11. Do you know your current body mass index? NO

12. Have your ever been on a diet, if so, what kind? NO

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

fruits > vegetables > Rice > Chapathi > fast food

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact. B. little impact c. big impact. D. none

Health

a. No impact. B. little impact c. big impact. D. none


Weight.

a. No impact. B. little impact c. big impact. D. none

Mental condition.

A. No impact. B. little impact c. big impact. D. none

P. Nithinkumar
Signature of the Student


Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



QUESTIONNAIRE

Name of the student : P. Nithin Kumar
Group : BSC-CBZ
Name of the mentor : G. Ramakrishna Rao
Name of the project : Food Habits

House No	Name of the person	Village / Ward	Mandal	District
4879	B. Kala	H.N. Peta	H.N. Peta	Srikakulam

- How many times a day do you eat? 3 times
- Please answer the following according to your particular eating habits?
 - I eat a good breakfast Yes
 - I experienced feeling of hunger during the day NO
 - I eat meat. Yes
 - I eat vegetables. Yes
 - I eat fruits. Yes
 - I eat dairy products Yes
 - I eat sweets. Yes
- What meal would you consider to be your main meal of the day?
 - Breakfast
 - lunch
 - dinner
 - others
- What does your main meal consist of and how it is prepared?
 - Freshly prepared.
 - restaurant meal.
 - precooked microwave.
 - other
- Have you been avoiding some foods for health reasons? Yes / No
- Do you have any particular food allergies? NO
- What is your daily food intake frequency of the following food categories?

Sweet foods: 2/1/1

Several times a day once a day several times a week

less often never

Fresh vegetables & Fruits:

Several times a day once a day several times a week

less often never

8. What percentage of your regular diet consists of meat products?
90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?
90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems? No

11. Do you know your current body mass index? No

12. Have your ever been on a diet, if so, what kind? No

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

Chapathi > leafy vegetables > Rice > fruits > fast foods.

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact. B. little impact c. big impact. D. none

Health

a. No impact. B. little impact c. big impact. D. none

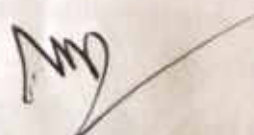
Weight.

a. No impact. B. little impact c. big impact. D. none

Mental condition.

A. No impact. B. little impact c. big impact. D. none

P. Nithin Kumar
Signature of the Student


Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS
QUESTIONNAIRE



Name of the student : P. Nithin Kumar
Group : BSC-CBZ
Name of the mentor : G. Ramakrishna Rao
Name of the project : Food Habits

House No	Name of the person	Village / Ward	Mandal	District
H-842	P. Vamsi	L.N. Peta	L.N. Peta	Sriakulam

1. How many times a day do you eat? 3 times
2. Please answer the following according to your particular eating habits?
 - a. I eat a good breakfast Yes
 - b. I experienced feeling of hunger during the day Yes
 - c. I eat meat. No
 - d. I eat vegetables. Yes
 - e. I eat fruits. Yes
 - f. I eat dairy products Yes
 - g. I eat sweets. Yes
3. What meal would you consider to be your main meal of the day?
 Breakfast b. lunch c. dinner d. others
4. What does your main meal consist of and how it is prepared?
 Freshly prepared. B. restaurant meal. C. precooked microwave. D. other
5. Have you been avoiding some foods for health reasons? Yes / No
6. Do you have any particular food allergies? NO

7. What is your daily food intake frequency of the following food categories?

Sweet foods:

Several times a day once a day several times a week

less often never

Fresh vegetables & Fruits:

Several times a day once a day several times a week

less often never

8. What percentage of your regular diet consists of meat products?
90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?
90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems? No

11. Do you know your current body mass index? No

12. Have you ever been on a diet, if so, what kind? yes
only vegetables fruits fibre foods.

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

Chapathi > fruit jams > leafy vegetables > Rice > pakodias

14. How much do you think a healthy diet affects?

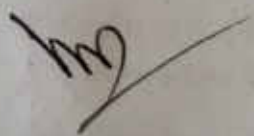
Restful sleep
a. No impact. B. little impact big impact. D. none

Health
a. No impact. B. little impact big impact. D. none

Weight.
a. No impact. B. little impact big impact. D. none

Mental condition.
A. No impact. B. little impact big impact. D. none

P. Nithinkumar
Signature of the Student


Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS
QUESTIONNAIRE



Name of the student : P. Nithinkumar
Group : BSC-CB2
Name of the mentor : G. Ramakrishna Rao
Name of the project : Food Habits

House No	Name of the person	Village / Ward	Mandal	District
H-842	P. Simhadramma	L-Nipeta	L-Nipeta	Srikakulam

- How many times a day do you eat? 4 times
- Please answer the following according to your particular eating habits?
 - I eat a good breakfast yes
 - I experienced feeling of hunger during the day yes
 - I eat meat. yes
 - I eat vegetables. yes
 - I eat fruits. yes
 - I eat dairy products yes
 - I eat sweets. yes
- What meal would you consider to be your main meal of the day?
 - Breakfast
 - lunch
 - dinner
 - others
- What does your main meal consist of and how it is prepared?
 - Freshly prepared.
 - restaurant meal.
 - precooked microwave.
 - other
- Have you been avoiding some foods for health reasons? Yes / No No
- Do you have any particular food allergies? No
- What is your daily food intake frequency of the following food categories?

Sweet foods:

Several times a day once a day several times a week

less often never

Fresh vegetables & Fruits:

Several times a day once a day several times a week

less often never

8. What percentage of your regular diet consists of meat products?
90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?
90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems? *No*

11. Do you know your current body mass index? *No*

12. Have your ever been on a diet, if so, what kind? *No*

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

Rice > vegetables > fruits > oil foods.

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact. B. little impact c. big impact. D. none

Health

a. No impact. B. little impact c. big impact. D. none

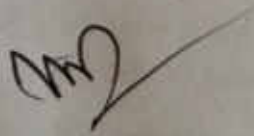
Weight.

a. No impact. B. little impact c. big impact. D. none

Mental condition.

A. No impact. B. little impact c. big impact. D. none

Poojithinkumar
Signature of the Student


Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



QUESTIONNAIRE

Name of the student : P. Nithin kumar
Group : BSC- CBZ
Name of the mentor : G. Ramakrishna Rao
Name of the project : Food Habits

House No	Name of the person	Village / Ward	Mandal	District
H-18	B. Rama Krishna	L. N. Peta	L. N. Peta	Srikakulam

- How many times a day do you eat? 3 times
- Please answer the following according to your particular eating habits?
 - I eat a good breakfast yes
 - I experienced feeling of hunger during the day no
 - I eat meat. yes
 - I eat vegetables. yes
 - I eat fruits. yes
 - I eat dairy products yes
 - I eat sweets. yes
- What meal would you consider to be your main meal of the day?
 - Breakfast
 - b. lunch
 - dinner
 - others
- What does your main meal consist of and how it is prepared?
 - a. Freshly prepared.
 - restaurant meal.
 - precooked microwave.
 - other
- Have you been avoiding some foods for health reasons? Yes / No
- Do you have any particular food allergies? No

- What is your daily food intake frequency of the following food categories?

Sweet foods:

Several times a day once a day several times a week
less often never

Fresh vegetables & Fruits:

Several times a day once a day several times a week
less often never

8. What percentage of your regular diet consists of meat products?
90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?
90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems? *No*

11. Do you know your current body mass index? *No*

12. Have your ever been on a diet, if so, what kind? *No*

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

fruit > vegetables > Rice > oil foods.

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact. B. little impact c. big impact. D. none

Health

a. No impact. B. little impact c. big impact. D. none


Weight.

a. No impact. B. little impact c. big impact. D. none

Mental condition.

A. No impact. B. little impact c. big impact. D. none

P. Nithin Kumar
Signature of the Student


Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS
QUESTIONNAIRE



Name of the student : P. Nithin Kumar
Group : BSC-CBE
Name of the mentor : G. Ramakrishna Rao
Name of the project : Food Habits

House No	Name of the person	Village / Ward	Mandal	District
H-18	B. Srikanth	L.N. Peta	L.N. Peta	Srikakulam

- How many times a day do you eat? 3 times
- Please answer the following according to your particular eating habits?
 - I eat a good breakfast Yes
 - I experienced feeling of hunger during the day No
 - I eat meat. Yes
 - I eat vegetables. Yes
 - I eat fruits. Yes
 - I eat dairy products Yes
 - I eat sweets. Yes
- What meal would you consider to be your main meal of the day?
 - Breakfast
 - Lunch
 - dinner
 - others
- What does your main meal consist of and how it is prepared?
 - Freshly prepared.
 - restaurant meal.
 - precooked microwave.
 - other
- Have you been avoiding some foods for health reasons? Yes / No
- Do you have any particular food allergies? No

- What is your daily food intake frequency of the following food categories?

Sweet foods:

Several times a day once a day several times a week
less often never

Fresh vegetables & Fruits:

Several times a day once a day several times a week
less often never

8. What percentage of your regular diet consists of meat products?

90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?

90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems? *NO*

11. Do you know your current body mass index? *NO*

12. Have your ever been on a diet, if so, what kind? *NO*

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

meat > vegetables > fruits > chepatti > pakodias.

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact. B. little impact c. big impact. D. none

Health

a. No impact. B. little impact c. big impact. D. none

Weight.

a. No impact. B. little impact c. big impact. D. none

Mental condition.

A. No impact. B. little impact c. big impact. D. none

P. Nidhin Kumar
Signature of the Student

mm
Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS
QUESTIONNAIRE



Name of the student : P. Nithin Kumar
Group : BSC - CBZ
Name of the mentor : G. Rama Krishna Rao
Name of the project : Food Habits

House No	Name of the person	Village / Ward	Mandal	District
H-14	S. Appa Rao	L-N-peda	L-N-peda	Srikakulam

- How many times a day do you eat? 3 times
- Please answer the following according to your particular eating habits?
 - I eat a good breakfast Yes
 - I experienced feeling of hunger during the day No
 - I eat meat. Yes
 - I eat vegetables. Yes
 - I eat fruits. Yes
 - I eat dairy products Yes
 - I eat sweets. Yes
- What meal would you consider to be your main meal of the day?
 - Breakfast
 - lunch
 - dinner
 - others
- What does your main meal consist of and how it is prepared?
 - Freshly prepared.
 - restaurant meal.
 - precooked microwave
 - other
- Have you been avoiding some foods for health reasons? Yes / No
- Do you have any particular food allergies? No

- What is your daily food intake frequency of the following food categories?

Sweet foods: Yes

Several times a day once a day several times a week
less often never

Fresh vegetables & Fruits:

Several times a day once a day several times a week
less often never

8. What percentage of your regular diet consists of meat products?
90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?
90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems? *No*

11. Do you know your current body mass index? *No*

12. Have your ever been on a diet, if so, what kind? *No*

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

Rice > vegetables > fruits > meat > oil food

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact. B. little impact c. big impact. D. none

Health

a. No impact. B. little impact c. big impact. D. none


Weight.

a. No impact. B. little impact c. big impact. D. none

Mental condition.

A. No impact. B. little impact c. big impact. D. none

P. Nitin Kumar
Signature of the Student


Signature of the Mentor

FOOD HABITS



CONCLUSION

I'm P.Nithin Kumar, studying in B.SC first year Cbz group.I had completed the community service project on "FOOD HABITS" in our Village and submitted the report to my mentor.My project is about the food habits of our Village people,I conducted questionnaire to different age groups people about their regular diet.Most of the old aged people considered lunch as their main meal of the day. They taking food only two times per day due to digestive problems. We find out the major problem facing by our villagers and dropped the Sarpanch attention towards the problem by conducting awareness program in our Village.

It was interesting to carry out this project to know about different opinions, food habits and problems of our villagers. Finally I believe that my project is complete under vision of my mentor. I thank him for his guidance and support.

By
PANUKU NITHIN KUMAR