

COMMUNITY SERVICE
PROJECT

Submitted in the partial fulfillment of the requirements for the award of
B.Sc Degree.

By

CHINNI TEJESWARARAO

2222001049020

Semester 2 (BZC)

Batch 2022-25

Under the Supervision of

D.ADINARAYANA

Lecturer in Chemistry

GOVERNMENT DEGREE COLLEGE(Men), SRIKAKULAM



WEBSITE: WWW.gcmsklm.ac.in

ACKNOWLEDGEMENT

I would like to express my gratitude to all those who gave me the possibility to complete this Community Service Project. Special thanks to Mentor D.ADINARAYANA Sir who help me in stimulating suggestions and encouragement to complete this project.

I would like to thank all the staff from the department of Chemistry for their able guidance and support to complete this project.

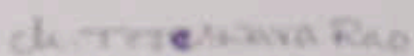
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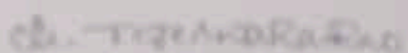
DECLARATION

I hereby declare that the community service report entitled "FOOD HABITS" Submitted by me to the Govt. Degree College (M), Srikakulam in partial fulfillment of the requirement for the award of the degree of BSc CBZ is a record of bonified project work carried out by me under the guidance of D. ADINARAYANA Sir, I further declare that the work reported in this project has not been submitted and will not be submitted either in part or in full, for the award of any other Degree in this institute or other institute of University.

Srikakulam

Date


Signature of the candidate

Name: 

CERTIFICATE

I certified that **CH TEJESWARARAO** studying BSc CBZ group has completed and submitted the project report on "FOOD HABITS" further partial fulfilment of the requirements for the award of Batchelor of Science under my supervision during the academic year 2022-23.

Date:

Place:



project guide

D.ADINARAYANA

Lecturer in Chemistry

GDC(M), Srikakulam

CONTENTS

1. Introduction
2. Objectives
3. Methodology
4. Log book
5. Socio-economic survey
Report-Pics
6. Awareness program
7. Project
8. Conclusion

INTRODUCTION

Food habits and Nutritional Problems:

Food is essential for all humans for survival. Food Habits and imbalanced intake of diet by an individual results in the malnutrition or cause of many health problems. Especially women, children and pregnant women must be always cautious to take proper food intake with essential nutrients. Because poor diet and disease are caused by food insecurity. Somet by causing diarrhoea and other illness.

There is a saying 'you are what you eat' seems to be proven true. It is important to know what food to eat in order to stay healthy. Health depends to a large extent on Nutrition and Nutrition on food we take. Hence Nutrition and Health are two sides of the same coin and food is the most important factor for health and fitness.

Healthy Food Habits:

Healthy Food habits includes a variety of foods in adequate amounts and correct proportions to meet the requirements of all essential nutrients such as proteins, carbohydrates, fats, vitamins, minerals, water and fibre. This also includes proper Schedule for the intake of light and heavy foods, when to take and when not to take, health condition of the individual. For example person who is suffering from kidney stones should not often take calcium rich foods. We have to take foods that suits our age and health. The most common eating idio syncracies include skipping meals, consuming fast foods in a routine way , avoiding fruits , and vegetables , frequent snacking. Hence it is essential for each and every individual to adopt proper food habits.

OBJECTIVE

The aim and objective of this project is to find out in a closed community about the following food habits and to analyse whether they are adopted to healthy food habits and if not to incorporate sound eating habits by creating awareness in them to recognise good eating habits followed with regular exercise.

- *About the type of foods most people are interested to take.*
- *Food intake in regular Time intervals.*
- *Main meal in view of the majority of the people.*
- *Whether interested to take fresh food or cooked & preserved food.*
- *Taking fresh fruits and vegetables.*
- *Sweets /junk foods.*
- *Whether drinking sufficient quantity of water.*
- *Regular weight check up.*
- *Monitoring individual food behaviour.*
- *Any form of eating disorders.*
- *Effect of socio-economic status on food habits.*

METHODOLOGY

1. Study site:

The place selected for the project was comes under Budumuru Village, Laveru Mandal and Srikakulam Dist. Approximately 25 families were covered under this Village. This is a rural area with 75% of people were farmers. This area is used for cultivation of vegetables.

2. Quantitative study :

The quantitative study of my project includes about the Number of children, youngsters, elders women and men, pregnant women, with physical and mental ailments, their food intake on quantity per day and their food habits.

3. Qualitative study:

The qualitative study was carried out based on their cultural pattern food habits among various socio-economic, educational and age group.

4. Data Collection :

Initially socio-economic survey and other background survey was done and the data was collected from them.

Secondaly their food data was collected from the initially prepared questionnaire which consists of 14 questions to know about their food cooking methods, storage food, time intervals followed, and how much expenditure was spent on food in details.

GOVT. DEGREE COLLEGE(M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

LOG BOOK

Name of the student : Ch. Tejeswar Rao


Group : Bsc. BZC

Registration Number : 2222001049020

Name of the Mentor : D. Adhirajayana sir

Name of the Project : Socio-Economic survey

Date & Day	Activity done	Number of Hours Spent	Signature of the student
9-5-2023	Socio - Economic survey	5 hours	Ch. Tejeswar Rao
10-5-2023	socio - Economic survey	6 hours	Ch. Tejeswar Rao
11-5-2023	Socio - Economic survey	6 hours	Ch. Tejeswar Rao
12-5-2023	socio - Economic survey	7 hours	Ch. Tejeswar Rao
13-5-2023	socio - Economic survey	8 hours	Ch. Tejeswar Rao
14-5-2023	Socio - Economic survey	9 hours	Ch. Tejeswar Rao
15-5-2023	Socio - Economic survey	8 hours	Ch. Tejeswar Rao
16-5-2023	socio - Economic survey	5 hours	Ch. Tejeswar Rao


Signature of the Mentor

COMMUNITY SERVICE
PROJECT

Submitted in the partial fulfillment of the requirements for the award of
B.Sc Degree.

By

CHINNI TEJESWARARAO

2222001049020

Semester 2 (BZC)

Batch 2022-25

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D.ADINARAYANA

Lecturer in Chemistry

GOVERNMENT DEGREE COLLEGE(Men), SRIKAKULAM



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Srikakulam

Date

Ch. Tejeswara Rao
Signature of the candidate

Name: *Ch. Tejeswara Rao*

CERTIFICATE

I certified that **CH TEJESWARARAO** studying BSc CBZ group has completed and submitted the project report on "FOOD HABITS" further partial fulfilment of the requirements for the award of Batchelor of Science under my supervision during the academic year 2022-23.

Date:

Place:



project guide

D.ADINARAYANA

Lecturer in Chemistry

GDC(M), Srikakulam

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There is a saying 'you are what you eat' seems to be proven true. It is important to know what food to eat in order to stay healthy. Health depends to a large extent on Nutrition and Nutrition on food we take. Hence Nutrition and Health are two sides of the same coin and food is the most important factor for health and fitness.

Healthy Food Habits:

Healthy Food habits includes a variety of foods in adequate amounts and correct proportions to meet the requirements of all essential nutrients such as proteins, carbohydrates, fats, vitamins, minerals, water and fibre. This also includes proper Schedule for the intake of light and heavy foods, when to take and when not to take, health condition of the individual. For example person who is suffering from kidney stones should not often take calcium rich foods. We have to take foods that suits our age and health. The most common eating idiosyncracies include skipping meals, consuming fast foods in a routine way, avoiding fruits, and vegetables, frequent snacking. Hence it is essential for each and every individual to adopt proper food habits.

OBJECTIVE

The aim and objective of this project is to find out in a closed community about the following food habits and to analyse whether they are adopted to healthy food habits and if not to incorporate sound eating habits by creating awareness in them to recognise good eating habits followed with regular exercise.

- About the type of foods most people are interested to take.
- Food intake in regular Time intervals.
- Main meal in view of the majority of the people.
- Whether interested to take fresh food or cooked & preserved food.
- Taking fresh fruits and vegetables.
- Sweets /junk foods.
- Whether drinking sufficient quantity of water.
- Regular weight check up.
- Monitoring individual food behaviour.
- Any form of eating disorders.
- Effect of socio-economic status on food habits.

METHODOLOGY

1. Study site:

The place selected for the project was comes under Budumuru Village, Laveru Mandal and Srikakulam Dist. Approximately 25 families were covered under this Village. This is a rural area with 75% of people were farmers. This area is used for cultivation of vegetables.

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GOVT. DEGREE COLLEGE(M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

LOG BOOK

Name of the student : Ch Tejeswararao

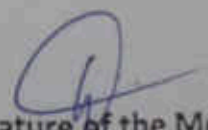
Group : Bsc. BZC

Registration Number : 2222001049020

Name of the Mentor : D Adhirayana sir

Name of the Project : Socio-Economic survey

Date & Day	Activity done	Number of Hours Spent	Signature of the student
9-5-2023	Socio - Economic survey	5 hours	Ch. Tejeswararao
10-5-2023	socio - Economic survey	6 hours	Ch. Tejeswararao
11-5-2023	Socio - Economic survey	6 hours	Ch. Tejeswararao
12-5-2023	socio - Economic survey	7 hours	Ch. Tejeswararao
13-5-2023	socio - Economic survey	8 hours	Ch. Tejeswararao
14-5-2023	Socio - Economic survey	9 hours	Ch. Tejeswararao
15-5-2023	Socio - Economic survey	8 hours	Ch. Tejeswararao
16-5-2023	Socio - Economic survey	5 hours	Ch. Tejeswararao



Signature of the Mentor

GOVT. DEGREE COLLEGE(M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

LOG BOOK

Name of the student : Ch. Tejeswar Rao

Group : Bsc. B2C

Registration Number : 2222001049020

Name of the Mentor : D. Adhinarayana s'r

Name of the Project : Food habits

Date & Day	Activity done	Number of Hours Spent	Signature of the student
20-5-2023	Food habits	7 hours	Ch. Tejeswar Rao
21-5-2023	Food habits	6 hours	Ch. Tejeswar Rao
22-5-2023	Food habits	8 hours	Ch. Tejeswar Rao
23-5-2023	Food habits	5 hours	Ch. Tejeswar Rao
24-5-2023	Food habits	7 hours	Ch. Tejeswar Rao
25-5-2023	Food habits	6 hours	Ch. Tejeswar Rao
26-5-2023	Food habits	7 hours	Ch. Tejeswar Rao
27-5-2023	Food habits	5 hours	Ch. Tejeswar Rao
28-5-2023	Food habits	8 hours	Ch. Tejeswar Rao
29-5-2023	Food habits	6 hours	Ch. Tejeswar Rao



Signature of the Mentor

GOVT. DEGREE COLLEGE(M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

LOG BOOK

Name of the student : Ch. Tejeswararao

Group : Bsc. BZC

Registration Number : 222200104020

Name of the Mentor : D. Adhinarayana sir

Name of the Project : Project writing

Date & Day	Activity done	Number of Hours Spent	Signature of the student
30-5-2023	Project writing	3 hours	Ch. Tejeswararao
31-5-2023	Project writing	9 hours	Ch. Tejeswararao
1-6-2023	Project writing	5 hours	Ch. Tejeswararao
2-6-2023	Project writing	6 hours	Ch. Tejeswararao
3-6-2023	Project writing	3 hours	Ch. Tejeswararao
4-6-2023	Project writing	2 hours	Ch. Tejeswararao
5-6-2023	Project writing	4 hours	Ch. Tejeswararao
6-6-2023	Project writing	7 hours	Ch. Tejeswararao
7-6-2023	Project writing	5 hours	Ch. Tejeswararao
8-6-2023	Project writing	6 hours	Ch. Tejeswararao


Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY CONSOLIDATION REPORT

Name of the student : Ch. Tejeswar Rao

Group : Bsc. (BZC)

Name of the Mentor : D. Adhirayana Sir

Name of the Project : Socio - Economic Survey

Ward/ Habitat	Budumuru	Panchayat	Budumuru	Post Office	Budumuru
Mandal	Lavasa	District	Srikakulam	Pin Code	532403

1. Total Number of Houses in the Habitat/Ward: 72

2. Number of Houses Caste-wise:

SC 3 ST 0 OC 0 BC-A 38 BC-B _____ BC-C _____ BC-D 31

3. Common Health problems in the Habitat/Ward:

(i) Fever

(ii) ~~Cold~~ cold

(iii) Cough

4. Number of White Ration Cards: 72

5. Number of Illiterates in the Ward/ Habitat/ Village: 25

6. Number of Graduates in the Ward/ Habitat/ Village: 60

7. Number of Job Holders: 15

8. Number of PWD People: 0

9. Number of DWACRA Groups in the Ward/ Habitat/ Village: 5

10. Road connectivity to the Ward/ Habitat/ Village: Yes / No

11. Bus facility available: Yes / No

12. Problems identified in the Ward/ Habitat/ Village:

(i) Drainage Problem

(ii) water Problem

(iii) Broken roads

(iv)

Signature of the Mentor

Ch. Tejeswar Rao

Signature of the Student



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM
COMMUNITY SERVICE PROJECT
SOCIO - ECONOMIC SURVEY

Name of the Student : Ch. Tejeswar Rao

Group : BSc. BZC

Registration Number : 2222001049020

Area of the Survey conducted: SC colony, Budumuru

House No.	23-08	Habitat /Ward	Budumuru	Panchayat /Municipality	Budumuru
Post office	Budumuru	Mandal	LAVOY	District	SRIKAKULAM

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1.	P. Ramanao	M	42	10 th	Labour	10 k
2.	P. Ramavathi	F	39	-	Labour	
3.	P. Ramesh	M	22	B.Tech	Student-	
4.	P. Suresh	M	19	ITI	student-	

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: (iii) Religion: CHRISTIAN

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: _____ Acres

(vi) Livestock resources: Cows Oxen Buffaloes Sheep/Goats

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____ ✓

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle ✓

4. Health Details:

(i) Ailments in family: ✓

(ii) Treatment in which Hospital: Govt/Private ✓

(iii) Any PWD Persons in family: Yes/No

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No

5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes ✓

(iii) Mobile Number: 9676121367

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is internet available at home: Yes/No ✓

6. Any specific problems identified in the village/ Ward:

(i) water


(ii)

(iii)

Place: Budamuru

Date: 9-5-2023

Ch. Tejeswalarada
Signature of the Student


Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM
COMMUNITY SERVICE PROJECT
SOCIO - ECONOMIC SURVEY

Name of the Student : Ch. Tejeshwara Rao

Group : Bx B2c

Registration Number : 2222001049020

Area of the Survey conducted: B. c colony, Budumuru

House No.	3-M	Habitat /Ward	Budumuru	Panchayat /Municipality	Budumuru
Post office	Budumuru	Mandal	Lavasa	District	Sriakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1.	G. Appalaraju	M	48	—	sweet shop	15 k
2.	M. Annapurna	F	45	10th	Housewife	
3.	G. Bhavahishankar	M	19	B-Pharmacy	Student	
4.	G. Dineesh	M	21	B.Tech	Student	

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: Kaniyga (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: _____ Acres

(vi) Livestock resources: Cows Oxen Buffaloes Sheep/Goats

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____ ✓

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle ✓

4. Health Details:

(i) Ailments in family:

(ii) Treatment in which Hospital: Govt/Private ✓

(iii) Any PWD Persons in family: Yes/No ✓

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No

5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes ✓

(iii) Mobile Number: 6305871478

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is internet available at home: Yes/No ✓

6. Any specific problems identified in the village/ Ward:

(i) Drainage


(ii) water

(iii)

Place: Budumuru

Date: 9-5-2023

Ch. Tejeswar Rao
Signature of the Student


Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM
COMMUNITY SERVICE PROJECT
SOCIO - ECONOMIC SURVEY

Name of the Student : Ch Tejeswar Rao

Group : Bsc Bzc

Registration Number : 2222001049020

Area of the Survey conducted: Madhya veedhi, Budumuru

House No.	6-18	Habitat /Ward	Budumuru	Panchayat /Municipality	Budumuru
Post office	Budumuru	Mandal	Lovega	District	Srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1.	K. Paidavva	M	60	-	Farmer	12k
2.	K. Sumanma	F	58	-	Farmer	
3.	K. Kotesk	M	28	Inter	driver	
4.	K. Vasu	M	21	Degree	student	

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: Yadav's (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: 3 Acres

(vi) Livestock resources: Cows 3 Oxen 0 Buffaloes 0 Sheep/Goats 4

- (vii) Do you have own toilet? Yes/No ✓
- (viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____ ✓
- (ix) Do you have white Ration Card? Yes/No ✓
- (x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle ✓

4. Health Details:

- (i) Ailments in family:
- (ii) Treatment in which Hospital: Govt/Private ✓
- (iii) Any PWD Persons in family: Yes/No

S.No.	Name of the Person	Gender	Age	Nature of Disability

- (iv) Do you have Govt. Arogya Sri Card: Yes/No

5. Other Details:

- (i) Do You have TV: Yes/No ✓
- (ii) Do you have Mobile: Yes ✓
- (iii) Mobile Number: 9000 727354
- (iv) Do you have Computer/Laptop: Yes/No ✓
- (v) Is internet available at home: Yes/No ✓


6. Any specific problems identified in the village/ Ward:

- (i) Roads
- (ii) Drainage
- (iii)

Place: Bedumuber

Date: 9-5-2023

An. Tejeshwar Reddy
Signature of the Student


Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : Ch. Tejeswari Rao

Group : Bsc. BZC

Registration Number : 222200P49020

Area of the Survey conducted: Madhya Veedhi, Budumusu

House No.	5-23	Habitat /Ward	Budumusu	Panchayat /Municipality	Budumusu
Post office	Budumusu	Mandal	Lavasa	District	Srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1.	P. Lakshmana	M	50	-	Farmer	10k
2.	P. Sarani	F	42	9th	Labour	
3.	P. Kalpani	F	21	degree	student	
4.	P. Aswini	F	20	degree	Student	

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: Yadav's (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: 1 Acres

(vi) Livestock resources: Cows 4 Oxen 0 Buffaloes 0 Sheep/Goats 3

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____ ✓

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle

4. Health Details:

(i) Ailments in family:

(ii) Treatment in which Hospital: Govt/Private ✓

(iii) Any PWD Persons in family: Yes/No ✓

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No

5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes ✓

(iii) Mobile Number: 93915 99997

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is internet available at home: Yes/No ✓

6. Any specific problems identified in the village/ Ward:

(i) Roads


(ii) water

(iii) Drainage

Place: Budumasa

Date: 10-5-2023

Ch. Tejeswara Rao
Signature of the Student


Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : Ch. Tejeswar Rao

Group : Bsc. BZC

Registration Number : 2222001049020

Area of the Survey conducted: Yegava Veedhi Budumuru

House No.	20-86	Habitat /Ward	Budumuru	Panchayat /Municipality	Budumuru
Post office	Budumuru	Mandal	Lavasa	District	Srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1.	J. Ramana	M	42	—	Labour	10 k
2.	J. Dhana Laxmi	F	39	—	House wife	
3.	J. Sri	M	23	degree	student	

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: Kalinga (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: _____ Acres

(vi) Livestock resources: Cows 0 Oxen 0 Buffaloes 0 Sheep/Goats 0

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____ ✓

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle ✓

4. Health Details:

(i) Ailments in family:

(ii) Treatment in which Hospital: Govt/Private ✓

(iii) Any PWD Persons in family: Yes/No ✓

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No

5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes ✓

(iii) Mobile Number: 9963045311

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is internet available at home: Yes/No ✓

6. Any specific problems identified in the village/ Ward:

(i) Drainage


(ii)

(iii)

Place: Budumuru

Date: 10-5-2023

Ch. Tejeswar Rao
Signature of the Student


Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : Ch. Tejeswara Rao

Group : Bsc Bzc

Registration Number : 2222001049020

Area of the Survey conducted: Yeguva Veedhi, Budumuru

House No.	20-80	Habitat /Ward	Budumuru	Panchayat /Municipality	Budumuru
Post office	Budumuru	Mandal	Loveru	District	Srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1	P. Jaggu Raide	M	38	-	Labour	10k
2	P. Swathi	F	35	10 th	Tailor	
3	P. Harsha	M	14	9 th	student	

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: Kairya (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: 250 Acres

(vi) Livestock resources: Cows Oxen Buffaloes Sheep/Goats

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____ ✓

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle ✓

4. Health Details:

(i) Ailments in family:

(ii) Treatment in which Hospital: Govt/Private ✓

(iii) Any PWD Persons in family: Yes/No ✓

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No

5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes ✓

(iii) Mobile Number: 93901 68502

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is internet available at home: Yes/No ✓

6. Any specific problems identified in the village/ Ward:

(i) Drainage


(ii) Broken roads

(iii)

Place: Budumuru

Date: 10-5-2023

Cu. Tejeswar Rao
Signature of the Student


Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM
COMMUNITY SERVICE PROJECT
SOCIO - ECONOMIC SURVEY

Name of the Student : Ch. Tejeswar Rao

Group : Bsc. BZC

Registration Number : 2222001049020

Area of the Survey conducted: ~~No~~ Veguva veedhi, Budumuru

House No.	20-78	Habitat /Ward	Budumuru	Panchayat /Municipality	Budumuru
Post office	Budumuru	Mandal	Lavasa	District	Srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1.	J. Appalaxa ju	M	40	—	Farmer	10 k
2.	J. Hemalatha	F	38	10 th	Tailor	
3.	J. Kusuma	F	18	diploma	student	

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: Kaitha (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: _____ Acres

(vi) Livestock resources: Cows 0 Oxen 0 Buffaloes 0 Sheep/Goats 0

- (vii) Do you have own toilet? Yes/No ✓
- (viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____ ✓
- (ix) Do you have white Ration Card? Yes/No ✓
- (x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle ✓

4. Health Details:

- (i) Ailments in family: _____
- (ii) Treatment in which Hospital: Govt/Private ✓
- (iii) Any PWD Persons in family: Yes/No ✓

S No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No

5. Other Details:

- (i) Do You have TV: Yes/No ✓
- (ii) Do you have Mobile: Yes ✓
- (iii) Mobile Number: 97794027325
- (iv) Do you have Computer/Laptop: Yes/No ✓
- (v) Is internet available at home: Yes/No ✓

6. Any specific problems identified in the village/ Ward:

- (i)
- (ii)
- (iii)

Place: Budumuru

Date: 11-5-23

Ch. Tejagopala Rao
Signature of the Student

[Signature]
Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM
COMMUNITY SERVICE PROJECT
SOCIO - ECONOMIC SURVEY

Name of the Student : Ch. Tejeswar Rao

Group : Bsc Bzc

Registration Number : 2222001049020

Area of the Survey conducted: Madhya Veedhi, Budumuru

House No.	7-15	Habitat /Ward	Budumuru	Panchayat /Municipality	Budumuru
Post office	Budumuru	Mandal	Loveru	District	Srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1.	Ch. Sujibabu	M	40	—	Labourer	10 k
2.	Ch. Bhavani	F	38	—	Labourer	
3.	Ch. Pavan	M	14	11 th	Student	

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC ✓ (ii) Sub-Caste: Yadav ✓ (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow ✓

(ii) House status (Own/ Rented): ✓

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection ✓

(iv) Availability of Agricultural land: Yes/ No ✓

(v) Extent of Agricultural land: _____ Acres

(vi) Livestock resources: Cows Oxen Buffaloes Sheep/Goats

- (vii) Do you have own toilet? Yes/No ✓
- (viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____ ✓
- (ix) Do you have white Ration Card? Yes/No ✓
- (x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle

4. Health Details:

- (i) Ailments in family:
- (ii) Treatment in which Hospital: Govt/Private ✓
- (iii) Any PWD Persons in family: Yes/No ✓

S.No.	Name of the Person	Gender	Age	Nature of Disability

- (iv) Do you have Govt. Arogya Sri Card: Yes/No

5. Other Details:

- (i) Do You have TV: Yes/No ✓
- (ii) Do you have Mobile: Yes ✓
- (iii) Mobile Number: 9391046492
- (iv) Do you have Computer/Laptop: Yes/No ✓
- (v) Is internet available at home: Yes/No ✓

6. Any specific problems identified in the village/ Ward:

- (i) Roads
- (ii)
- (iii)

Place: Budumuru

Date: 11-5-23

Cu. Tejeswar Rao
Signature of the Student

(4)
Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM
COMMUNITY SERVICE PROJECT
SOCIO - ECONOMIC SURVEY

Name of the Student : Ch Tejeswara Rallao

Group : Bsc BZC

Registration Number : 2222001049020

Area of the Survey conducted: Madhya Veedhi, Budumuru

House No.	7-12	Habitat /Ward	Budumuru	Panchayat /Municipality	Budumuru
Post office	Budumuru	Mandal	Laveedu	District	Sriakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1.	Ch. Asireddy	M	54	-	Farmer	15 K
2.	Ch. Sannamma	F	52	-	Farmer	
3.	Ch. Suresh Babu	M	28	Degree	Painter	
4.	Ch. Govind	M	24	ITI	Electrician	

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: Yadu's (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: 50 cent Acres

(vi) Livestock resources: Cows 0 Oxen 0 Buffaloes 0 Sheep/Goats 0

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____ ✓

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle ✓

4. Health Details:

(i) Ailments in family:

(ii) Treatment in which Hospital: Govt/Private ✓

(iii) Any PWD Persons in family: Yes/No ✓

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No

5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes ✓

(iii) Mobile Number: 7730878134

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is internet available at home: Yes/No ✓

6. Any specific problems identified in the village/ Ward:

(i) Road

(ii)

(iii)

Place: Budumuru

Date: 11-5-23

Ch. Tejeswar Rao
Signature of the Student


Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM
COMMUNITY SERVICE PROJECT
SOCIO - ECONOMIC SURVEY

Name of the Student : Ch. Tejeswara Rao

Group : Bsc BZC

Registration Number : 2222001049020

Area of the Survey conducted: Yeguva Veedhi, Budumuru

House No.	7-83	Habitat /Ward	Budumuru	Panchayat /Municipality	Budumuru
Post office	Budumuru	Mandal	Lavuru	District	Srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1	P Appalaraju	M	35	-	Labour	15K
2	P Teja	F	24	10 th	Housewife	-
3	P Shakuntala	F	55	-	Farmer	-
4	P Raminaidu	M	50	-	Farmer	-

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: Koalinga (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: 705 Acres

(vi) Livestock resources: Cows 0 Oxen 0 Buffaloes 0 Sheep/Goats 0

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____ ✓

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle ✓

4. Health Details:

(i) Ailments in family:

(ii) Treatment in which Hospital: Govt/Private ✓

(iii) Any PWD Persons in family: Yes/No ✓

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No ✓

5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes ✓

(iii) Mobile Number: 996301974863 ✓

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is internet available at home: Yes/No ✓

6. Any specific problems identified in the village/ Ward:

(i)

(ii)

(iii)

Place: Budamuru

Date: 12-5-23

C. Tejaswini Rao
Signature of the Student


Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM
COMMUNITY SERVICE PROJECT
SOCIO – ECONOMIC SURVEY

Name of the Student : Ch. Tejeswar Rao

Group : Bsc. BZC

Registration Number : 2222001049020

Area of the Survey conducted: Yeguva veedhi, Budumuru

House No.	804-23	Habitat /Ward	Budumuru	Panchayat /Municipality	Budumuru
Post office	Budumuru	Mandal	Laveeru	District	Srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1.	P. Srinu	M	28	Degree	Emplov (Factory)	32 K
2.	P. Gaddemona	F	52	-	Housewife	-

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: Kairiga (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented): Own

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No Yes

(v) Extent of Agricultural land: 50 sents Acres

(vi) Livestock resources: Cows Oxen Buffaloes Sheep/Goats

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____ ✓

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle ✓

4. Health Details:

(i) Ailments in family:

(ii) Treatment in which Hospital: Govt/Private ✓

(iii) Any PWD Persons in family: Yes/No ✓

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No

5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes ✓

(iii) Mobile Number: 9959890089

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is internet available at home: Yes/No ✓

6. Any specific problems identified in the village/ Ward:

(i)


(ii)

(iii)

Place: Budumuru

Date: 12-5-23

Ch. Tejendra Rao
Signature of the Student


Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM
COMMUNITY SERVICE PROJECT
SOCIO - ECONOMIC SURVEY

Name of the Student : Ch. Tejendra Rao

Group : Bsc. Bzc

Registration Number : 2222001049020

Area of the Survey conducted: Madhya Veedhi, Budumuru

House No.	7-89	Habitat /Ward	Budumuru	Panchayat /Municipality	Budumuru
Post office	Budumuru	Mandal	Lavasa	District	Srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1	Ch. Appanna	M	40	-	Labourer	10K
2	Ch. Laxmi	F	39	-	Labourer	.
3	Ch. Swathi	F	16	10 th	student	
4	Ch. meena	F	20	Inter	student	

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: Yadav's (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: _____ Acres

(vi) Livestock resources: Cows Oxen Buffaloes Sheep/Goats

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle ✓

4. Health Details:

(i) Ailments in family:

(ii) Treatment in which Hospital: Govt/Private ✓

(iii) Any PWD Persons in family: Yes/No ✓

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No

5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes ✓

(iii) Mobile Number: 9959 004649

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is internet available at home: Yes/No ✓

6. Any specific problems identified in the village/ Ward:

(i)

(ii)

(iii)

Place: Budumuru

Date: 12-5-23

Ch. Tejeswar Rao
Signature of the Student


Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : Ch. Tejeswar Rao

Group : Bsc Bzc

Registration Number : 2222001049020

Area of the Survey conducted: Madh~~ya~~ Veedhi, Budumuru

House No.	7-85	Habitat /Ward	Budumuru	Panchayat /Municipality	Budumuru
Post office	Budumuru	Mandal	Laveeru	District	Srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1.	Ch. Appanna	M	42	10 th	D. Mast. worker	10.1k
2.	Ch. Appannaamma	F	39	-	House wife	
3.	Ch. Sai	M	22	Inter	Student	
4.	Ch. Komari	F	17	Inter	Student	

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: Yadav's (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: _____ Acres

(vi) Livestock resources: Cows Oxen Buffaloes Sheep/Goats

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____ ✓

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle ✓

4. Health Details:

(i) Ailments in family:

(ii) Treatment in which Hospital: Govt/Private ✓

(iii) Any PWD Persons in family: Yes/No ✓

S.No.	Name of the Person	Gender	Age	Nature of Disability
1.	Ch. Appaxao	M	42	leg Infection

(iv) Do you have Govt. Arogya Sri Card: Yes/No

5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes ✓

(iii) Mobile Number: 996379 3752

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is internet available at home: Yes/No ✓

6. Any specific problems identified in the village/ Ward:

(i) water

(ii) Drain

(iii)

Place: Budumuru

Date: 13-5-23

Ch. Tejeswara Rao
Signature of the Student


Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM
COMMUNITY SERVICE PROJECT
SOCIO - ECONOMIC SURVEY

Name of the Student : Ch. Tejeswara Rao

Group : Bsc-BZC

Registration Number : 2222001049020

Area of the Survey conducted: Madhya Veedhi Budumuru

House No.	7-84	Habitat /Ward	Budumuru	Panchayat /Municipality	Budumuru
Post office	Budumuru	Mandal	Lavuru	District	Srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1.	Ch. Asitadu	M	40	-	Labour	9K
2.	Ch. Laxmi	F	39	-	Labour	
3.	Ch. Teja	M	18	Degree	student	
4.	Ch. Krishna	M	13	8th	student	

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC ✓ (ii) Sub-Caste: Yadav's (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow ✓

(ii) House status (Own/ Rented): ✓

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection ✓

(iv) Availability of Agricultural land: Yes/ No ✓

(v) Extent of Agricultural land: _____ Acres

(vi) Livestock resources: Cows Oxen Buffaloes Sheep/Goats

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify ✓

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle ✓

4. Health Details:

(i) Ailments in family:

(ii) Treatment in which Hospital: Govt/Private ✓

(iii) Any PWD Persons in family: Yes/No ✓

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Aragya Sri Card: Yes/No

5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes ✓

(iii) Mobile Number: 9000727324

(iv) Do you have Computer/Laptop: Yes/No

(v) Is internet available at home: Yes/No

6. Any specific problems identified in the village/ Ward:

(i) Drains


(ii)

(iii)

Place: Budumubin

Date: 13-5-23

Ch. Tejswarabao
Signature of the Student


Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM
COMMUNITY SERVICE PROJECT
SOCIO - ECONOMIC SURVEY

Name of the Student : Ch Tejeswar Rao

Group : BSc. BZC

Registration Number : 2222001049020

Area of the Survey conducted: Madhya Veedhi, Budumuru

House No.	9-18	Habitat /Ward	Budumuru	Panchayat /Municipality	Budumuru
Post office	Budumuru	Mandal	Lavasa	District	Srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1.	K. Appalaraju	M	42	10 th	Farmer	10k
2.	K. Anandamma	F	39	-	Labour	
3.	K. Suresh	M	18	Degree	Student	
4.	K. Bhargavi	F	16	10 th	Student	

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: Yadav's (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: 50 sari Acres

(vi) Livestock resources: Cows 0 Oxen 0 Buffaloes 0 Sheep/Goats 0

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____ ✓

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle

4. Health Details:

(i) Ailments in family:

(ii) Treatment in which Hospital: Govt/Private ✓

(iii) Any PWD Persons in family: Yes/No ✓

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No

5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes ✓

(iii) Mobile Number: 7601064812

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is internet available at home: Yes/No ✓

6. Any specific problems identified in the village/ Ward:

(i) water


(ii)

(iii)

Place: Budumma

Date: 13-5-23

Ch. Tejaswara Rao
Signature of the Student


Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : Ch. Tejeswararao

Group : Bsc. BZC

Registration Number : 2222001049020

Area of the Survey conducted: Madhya Veedhi, Budumuru

House No.	4-23	Habitat /Ward	Budumuru	Panchayat /Municipality	Budumuru
Post office	Budumuru	Mandal	Lavasa	District	Srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1.	Ch. Krishna	M	39	-	Labourer	15K
2.	Ch. Bhavani	F	33	-	Labourer	
3.	Ch. Sathamma	F	55	-	Farming	

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: Reddy's (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: 2 Acres

(vi) Livestock resources: Cows 0 Oxen 0 Buffaloes 0 Sheep/Goats 0

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____ ✓

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle ✓

4. Health Details:

(i) Ailments in family:

(ii) Treatment in which Hospital: Govt/Private ✓

(iii) Any PWD Persons in family: Yes/No ✓

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No

5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes ✓

(iii) Mobile Number: 961899 2405

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is internet available at home: Yes/No ✓

6. Any specific problems identified in the village/ Ward:

(i) Drain

(ii)

(iii)

Place: Budumuru

Date: 14-5-23

Ch. Tejaswara Rao
Signature of the Student


Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : Ch. Tejeswar Rao

Group : Bsc. Bzc

Registration Number : 2222001049020

Area of the Survey conducted: S.C colony Budumuru.

House No.	10-83	Habitat /Ward	Budumuru	Panchayat /Municipality	Budumuru
Post office	Budumuru	Mandal	Lakshmi	District	Srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1.	N. Jayaram	M	44	—	driver	15 k
2.	N. Swalpa	F	38	gth	House wife	
3.	N. Pawan sai	M	20	Degree	Student	
4.	N. Jayaram	M	18	Degree	Student	

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: _____ Acres

(vi) Livestock resources: Cows Oxen Buffaloes Sheep/Goats

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____ ✓

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle ✓

4. Health Details:

(i) Ailments in family:

(ii) Treatment in which Hospital: Govt/Private ✓

(iii) Any PWD Persons in family: Yes/No ✓

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No

5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes ✓

(iii) Mobile Number: 8328290344

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is internet available at home: Yes/No ✓

6. Any specific problems identified in the village/ Ward:

(i) water

(ii)

(iii)

Place: Budumuru

Date: 14-5-23

A. Tejeswara Rao
Signature of the Student

(Signature)
Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : An Tejeswa Ra Rao

Group : Bsc. BZC

Registration Number : 2222001049020

Area of the Survey conducted: B.C colony Budumuru.

House No.	17-84	Habitat /Ward	Budumuru	Panchayat /Municipality	Budumuru
Post office	Budumuru	Mandal	Lavasa	District	Sriakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1.	M. Krishna	M	40	-	Farmer	10 K
2.	M. Laxmi	F	38	-	Farmer	
3.	M. Divya Prasad	M	18	Diploma	Student	
4.	M. Hari	M	18	Degree	Student	

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: (iii) Religion:

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: _____ Acres

(vi) Livestock resources: Cows 8 Oxen 0 Buffaloes 0 Sheep/Goats 0

- (vii) Do you have own toilet? Yes/No ✓
- (viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____
- (ix) Do you have white Ration Card? Yes/No ✓
- (x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle ✓

4. Health Details:

- (i) Ailments in family:
- (ii) Treatment in which Hospital: Govt/Private ✓
- (iii) Any PWD Persons in family: Yes/No ✓

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No

5. Other Details:

- (i) Do You have TV: Yes/No ✓
- (ii) Do you have Mobile: Yes ✓
- (iii) Mobile Number: 8329770238
- (iv) Do you have Computer/Laptop: Yes/No ✓
- (v) Is internet available at home: Yes/No ✓

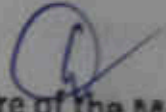
6. Any specific problems identified in the village/ Ward:

- (i) Drains
- (ii)
- (iii)

Place: Bidumuru

Date: 14-5-23

Ch. Tejeswara Rao
Signature of the Student


Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : Ch. Tejeswara Rao

Group : Bsc. BZC

Registration Number : 2222001049020

Area of the Survey conducted: Madhya Veedhi, Budumuru

House No.	9-17	Habitat /Ward	Budumuru	Panchayat /Municipality	Budumuru
Post office	Budumuru	Mandal	Lavesu	District	Srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1.	Ch. Srinu	M	40	10 th	Electric	9K
2.	Ch. (Surya) Rama	F	35	—	Labour	
3.	Ch. Ganesha	M	13	8 th	Student	

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: Yadav's (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: 30^{sq} Acres

(vi) Livestock resources: Cows 0 Oxen 0 Buffaloes 0 Sheep/Goats 0

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle

4. Health Details:

(i) Ailments in family:

(ii) Treatment in which Hospital: Govt/Private ✓

(iii) Any PWD Persons in family: Yes/No ✓

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No

5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes ✓

(iii) Mobile Number: 7702732454

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is internet available at home: Yes/No ✓

6. Any specific problems identified in the village/ Ward:

(i) Roads

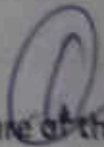
(ii) Drains

(iii)

Place: Budumuru

Date: 15-5-23

Ch. Tejeswar Rao.
Signature of the Student


Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : Ch. Tejeswara Rao

Group : BSc. BZC

Registration Number : 2222001049020

Area of the Survey conducted: Madhi Veedhi, Budumuru

House No.	9-16	Habitat /Ward	Budumuru	Panchayat /Municipality	Budumuru
Post office	Budumuru	Mandal	Laveeru	District	Sriakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1.	A. Sathu	M	38	10 th	Farmer	10k
2.	A. Ganesi	F	35	8 th	Labourer	
3.	A. Appahamma	F	55	-	Farming	

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: Yadav's (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: 2 Acres

(vi) Livestock resources: Cows 2 Oxen 0 Buffaloes 0 Sheep/Goats 0

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/Wood/ others specify _____ ✓

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle

4. Health Details:

(i) Ailments in family:

(ii) Treatment in which Hospital: Govt/Private ✓

(iii) Any PWD Persons in family: Yes/No ✓

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No

5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes ✓

(iii) Mobile Number: 762888420

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is internet available at home: Yes/No ✓

6. Any specific problems identified in the village/ Ward:

(i) Drains

(ii)

(iii)

Place: Bidumuru

Date: 15-5-23

Ch. Tejaswara Rao
Signature of the Student


Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : Ch. Tejeswararao

Group : Bsc. BZC

Registration Number : 2222001049020

Area of the Survey conducted: Madhya Veedhi, Budumuru.

House No.	9-07	Habitat /Ward	Budumuru	Panchayat /Municipality	Budumuru
Post office	Budumuru	Mandal	LAVOJU	District	Srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1.	Ch. APPANMAAMA	F	38	—	Labour	9 K
2.	Ch. Sai Prasad	M	24	Degree	student	

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: Yadav's (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: _____ Acres

(vi) Livestock resources: Cows 0 Oxen 0 Buffaloes 0 Sheep/Goats 0

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____ ✓

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle

4. Health Details:

(i) Ailments in family:

(ii) Treatment in which Hospital: Govt/Private ✓

(iii) Any PWD Persons in family: Yes/No ✓

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No

5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes ✓

(iii) Mobile Number: 99 630 74124

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is internet available at home: Yes/No ✓

6. Any specific problems identified in the village/ Ward:

(i) Drains


(ii)

(iii)

Place: Budumuru

Date: 15-5-23

Ch. Tejeswar Rao
Signature of the Student


Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : Ch. Tejeswara Rao

Group : Bsc. BZC

Registration Number : 2222001049020

Area of the Survey conducted: Madhva Veedhi, Budumuru

House No.	9-08	Habitat /Ward	Budumuru	Panchayat /Municipality	Budumuru
Post office	Budumuru	Mandal	LAVENU	District	SRIKAKULAM

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1.	Ch. Gopi	M	37	-	Labour	10 k
2.	Ch. Ramahamma	F	33	-	Labour	
3.	Ch. Pradeep	M	19	10th	student	

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: Yadav's (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: 50 Acres

(vi) Livestock resources: Cows 0 Oxen 0 Buffaloes 0 Sheep/Goats 0

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____ ✓

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle

4. Health Details:

(i) Allments in family:

(ii) Treatment in which Hospital: Govt/Private ✓

(iii) Any PWD Persons in family: Yes/No ✓

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No

5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes ✓

(iii) Mobile Number: 86391 08962

(iv) Do you have Computer/Laptop: Yes/No

(v) Is internet available at home: Yes/No

6. Any specific problems identified in the village/ Ward:

(i) Drains,

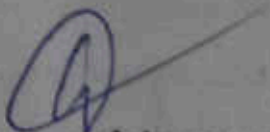
(ii) water

(iii)

Place: Budumuru

Date: 16-5-23

Ch. Tejeswar Rao
Signature of the Student


Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : Ch Tejeswara Rao

Group : Bsc. BZC

Registration Number : 2222 001049020

Area of the Survey conducted: Madhya vedhi, Budumuru

House No.	9-15	Habitat /Ward	Budumuru	Panchayat /Municipality	Budumuru
Post office	Budumuru	Mandal	Lavuru	District	Srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1.	A. Ramu	M	42	—	Labourer	9k
2.	A. Laxmi	F	39	—	Labourer	
3.	A. Lokesh	M	17	Inter	Student	
4.	A. Revathi	F	13	8th	Student	

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: Yadav's (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: 90 sents Acres

(vi) Livestock resources: Cows 2 Oxen 0 Buffaloes 0 Sheep/Goats 0

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle

4. Health Details:

(i) Ailments in family:

(ii) Treatment in which Hospital: Govt/Private ✓

(iii) Any PWD Persons in family: Yes/No ✓

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No

5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes ✓

(iii) Mobile Number: 9381937871

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is internet available at home: Yes/No ✓

6. Any specific problems identified in the village/ Ward:

(i) Save water

(ii)

(iii)

Place: Budumuru

Date: 16-5-23

Ch. Tejeswara Rao
Signature of the Student


Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : Ch. Tejeswararao

Group : BSc-BZC

Registration Number : 2222001041020

Area of the Survey conducted: Madhi/veedhi, Budumuru

House No.	7-50	Habitat /Ward	Budumuru	Panchayat /Municipality	Budumuru
Post office	Budumuru	Mandal	Lavuru	District	Srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1	V. APPALAJU	M	38	-	Sweet-shop	10k
2	V. Chinna	F	35	8th	Labour	
3	V. Anu	F	13	8th	Student	

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: Yadav's (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: _____ Acres

(vi) Livestock resources: Cows Oxen Buffaloes Sheep/Goats

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____ ✓

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle ✓

4. Health Details:

(i) Ailments in family:

(ii) Treatment in which Hospital: Govt/Private ✓

(iii) Any PWD Persons in family: Yes/No ✓

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No

5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes ✓

(iii) Mobile Number: 9952836922 ✓

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is internet available at home: Yes/No ✓

6. Any specific problems identified in the village/ Ward:

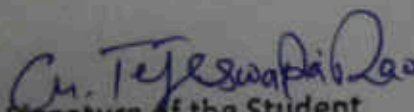
(i) Drains

(ii)

(iii)

Place: Budumura

Date: 16-5-23


Signature of the Student


Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : Ch Tejeswara Rao

Group : BSc BZC

Registration Number : 2222001049020

Area of the Survey conducted: Madhya Veedhi, Budumuru

House No.	7-79	Habitat /Ward	Budumuru	Panchayat /Municipality	Budumuru
Post office	Budumuru	Mandal	Lavesu	District	Srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1.	Ch. Koteswara Rao	M	28	Degree	Farmer	8k
2.	Ch. Rajesh	M	21	Inter	Student	
3.	Ch. Bhavani	F	19	10 th	House wife	

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: Yadav's (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: 50^{sq} Acres

(vi) Livestock resources: Cows 3 Oxen 0 Buffaloes 0 Sheep/Goats 0

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____ ✓

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle ✓

4. Health Details:

(i) Ailments in family:

(ii) Treatment in which Hospital: Govt/Private ✓

(iii) Any PWD Persons in family: Yes/No ✓

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No

5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes ✓

(iii) Mobile Number: 9603975224

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is internet available at home: Yes/No ✓

6. Any specific problems identified in the village/ Ward:

(i) Drains.

(ii)

(iii)

Place: Budumuru

Date: 16-5-23

Ch. Tejendra Prasad
Signature of the Student


Signature of the Mentor

Socio - Economic Survey



Socio-Economic Survey



AWARENESS PROGRAMME



AWARENESS REPORT

Drainage problem:

This is the most common problem existing in every area.

This is caused due to **improper maintenance of drainage system**.

During the time of **monsoon**, this drainage water gets mixed with rain water and remains as standing water on roads for many days.

This standing water consists of some **hazardous bacteria** such as **E.coli, Salmonella, Streptococcus, Mycobacteria** etc., which leads to cause many diseases.

I informed this problem to our Community President to have a look on this issue.

I even spoke to my community people about the causes and preventions of this issue and made them aware as much as I can



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : Ch. Tejeswar Rao
Group : Bsc. Bzc
Name of the mentor : D. Adhi narayana sir
Name of the project : Food habit

House No	Name of the person	Village / Ward	Mandal	District
7-79	Ch. Tejeswar Rao	Budumuru	Laveolu	Srikakulam

1. How many times a day do you eat?

3-Times

2. Please answer the following according to your particular eating habits?

- a. I eat a good breakfast
- b. I experienced feeling of hunger during the day
- c. I eat meat.
- d. I eat vegetables.
- e. I eat fruits.
- f. I eat dairy products
- g. I eat sweets.

3. What meal would you consider to be your main meal of the day?

- a. Breakfast
- b. lunch
- c. dinner
- d. others

4. What does your main meal consist of and how it is prepared?

- a. Freshly prepared.
- B. restaurant meal.
- C. precooked microwave.
- D. other

5. Have you been avoiding some foods for health reasons? Yes /No

6. Do you have any particular food allergies?

no

7. What is your daily food intake frequency of the following food categories?

Sweet foods:

Several times a day once a day several times a week

less often never

Fresh vegetables & Fruits:

Several times a day once a day several times a week

less often never

8. What percentage of your regular diet consists of meat products?
90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?
90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems?

NO

11. Do you know your current body mass index?

NO

12. Have your ever been on a diet, if so, what kind?

NO

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

Healthy Food => Vegetables, Fruits, Tiffin
un healthy Food => Junk Food

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact.

B. little impact

c. big impact. D. none

Health

a. No impact.

B. little impact

c. big impact. D. none

Weight.

a. No impact.

B. little impact

c. big impact. D. none

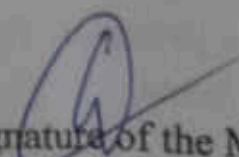
Mental condition.

A. No impact.

B. little impact

c. big impact. D. none

An. TeJeswarRao
Signature of the Student


Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : Ch Tejeswar Rao
Group : Bsc - Bzc
Name of the mentor : D. Adhi narayana sir
Name of the project : Food habit

House No	Name of the person	Village / Ward	Mandal	District
7-80	V. APPALADAIN	Budumuru	Lavelu	Srikakulam

1. How many times a day do you eat?

3 - Times

2. Please answer the following according to your particular eating habits?

- a. I eat a good breakfast
b. I experienced feeling of hunger during the day
c. I eat meat.
d. I eat vegetables.
e. I eat fruits.
f. I eat dairy products
g. I eat sweets.
3. What meal would you consider to be your main meal of the day?
a. Breakfast b. lunch c. dinner d. others
4. What does your main meal consist of and how it is prepared?
a. Freshly prepared. B. restaurant meal. C. precooked microwave. D. other
5. Have you been avoiding some foods for health reasons? Yes / No
6. Do you have any particular food allergies?
No

7. What is your daily food intake frequency of the following food categories?

Sweet foods:

Several times a day once a day several times a week
less often never

Fresh vegetables & Fruits:

Several times a day once a day several times a week
less often never

8. What percentage of your regular diet consists of meat products?
90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?
90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems?

NO

11. Do you know your current body mass index?

NO

12. Have you ever been on a diet, if so, what kind?

NO

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

Healthiest Food =) Nonveg Foods

Un healthiest Food =) Junk Food

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact.

B. little impact

c. big impact. D. none

Health

a. No impact.

B. little impact

c. big impact. D. none

Weight.

a. No impact.

B. little impact

c. big impact. D. none

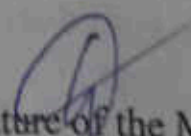
Mental condition.

A. No impact.

B. little impact

c. big impact. D. none

Ch. Tejeswar Rao
Signature of the Student


Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : Ch. Tejeswar Rao
Group : BSc. BZC
Name of the mentor : D. Adhi Narayana sir
Name of the project : Food habit.

House No	Name of the person	Village / Ward	Mandal	District
9-08	Ch. gopi	Budumuru	Laveta	Srikakulam

- How many times a day do you eat?
3-Times
- Please answer the following according to your particular eating habits?
 - I eat a good breakfast
 - I experienced feeling of hunger during the day
 - I eat meat.
 - I eat vegetables.
 - I eat fruits.
 - I eat dairy products
 - I eat sweets.
- What meal would you consider to be your main meal of the day?
 - Breakfast
 - lunch
 - dinner
 - others
- What does your main meal consist of and how it is prepared?
 - Freshly prepared.
 - restaurant meal.
 - precooked microwave.
 - other
- Have you been avoiding some foods for health reasons? Yes / No
- Do you have any particular food allergies?
no
- What is your daily food intake frequency of the following food categories?

Sweet foods:

Several times a day once a day several times a week
less often never

Fresh vegetables & Fruits:

Several times a day once a day several times a week
less often never

8. What percentage of your regular diet consists of meat products?
90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?
90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems?

no

11. Do you know your current body mass index?

no

12. Have your ever been on a diet, if so, what kind?

no

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

Healthiest Food => Fruits, vegetables

Un healthiest Food => Junk Food

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact. B. little impact c. big impact. D. none

Health

a. No impact. B. little impact c. big impact. D. none

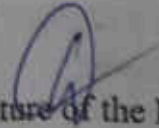
Weight.

a. No impact. B. little impact c. big impact D. none

Mental condition.

A. No impact B. little impact c. big impact. D. none

Ch. Tejeswara Rao
Signature of the Student


Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : Ch. Tejeswara Ra Rao
Group : Bsc. BZC
Name of the mentor : D. Adhi mahayata sir
Name of the project : Food habit

House No	Name of the person	Village / Ward	Mandal	District
9-15	A. Ramu	Budumuru	Laveru	Srikakulam

1. How many times a day do you eat?

3-times

2. Please answer the following according to your particular eating habits?

- a. I eat a good breakfast
- b. I experienced feeling of hunger during the day
- c. I eat meat.
- ✓ d. I eat vegetables.
- e. I eat fruits.
- f. I eat dairy products
- g. I eat sweets.

3. What meal would you consider to be your main meal of the day?

- a. Breakfast
- ✓ b. lunch
- c. dinner
- d. others

4. What does your main meal consist of and how it is prepared?

- a. Freshly prepared.
- ✓ B. restaurant meal.
- C. precooked microwave.
- D. other

5. Have you been avoiding some foods for health reasons? Yes / No

6. Do you have any particular food allergies?

NO

7. What is your daily food intake frequency of the following food categories?

Sweet foods:

Several times a day once a day several times a week

less often never

Fresh vegetables & Fruits:

Several times a day once a day several times a week

less often never

8. What percentage of your regular diet consists of meat products?

90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?

90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems?

No

11. Do you know your current body mass index?

Yes

12. Have your ever been on a diet, if so, what kind?

No

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

Healthiest - Food =) vegetables, Fruits
Un Healthiest - Food =) Junk Food

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact.

B. little impact

c. big impact. D. none

Health

a. No impact.

B. little impact

c. big impact. D. none

Weight.

a. No impact.

B. little impact

c. big impact. D. none

Mental condition.

A. No impact.

B. little impact

c. big impact. D. none

Ch. Tejeswara Rao
Signature of the Student


Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : Ch. Tejeswara Rao
Group : Bsc. BZC
Name of the mentor : D. Adhi narayana sir
Name of the project : Food habit-

House No	Name of the person	Village / Ward	Mandal	District
9-07	Ch. APPAnamma	Badumuru	Laveru	Srikakulam

1. How many times a day do you eat?

3 - Times

2. Please answer the following according to your particular eating habits?

- a. I eat a good breakfast
- b. I experienced feeling of hunger during the day
- c. I eat meat.
- d. I eat vegetables.
- e. I eat fruits.
- f. I eat dairy products
- g. I eat sweets.

3. What meal would you consider to be your main meal of the day?

- a. Breakfast
- b. lunch
- c. dinner
- d. others

4. What does your main meal consist of and how it is prepared?

- a. Freshly prepared.
- B. restaurant meal.
- C. precooked microwave.
- D. other

5. Have you been avoiding some foods for health reasons? Yes / No

6. Do you have any particular food allergies?

Pickles

7. What is your daily food intake frequency of the following food categories?

Sweet foods:

- Several times a day once a day several times a week
- less often never

Fresh vegetables & Fruits:

- Several times a day once a day several times a week
- less often never

8. What percentage of your regular diet consists of meat products?
90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?
90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems?

No

11. Do you know your current body mass index?

No

12. Have your ever been on a diet, if so, what kind?

No

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

Healthiest \Rightarrow vegetables
un healthiest \Rightarrow Junk Food

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact. B. little impact c. big impact. D. none

Health

a. No impact. B. little impact c. big impact. D. none

Weight.

a. No impact. B. little impact c. big impact. D. none

Mental condition.

A. No impact. B. little impact c. big impact. D. none

Ch. Tejeswar Rao
Signature of the Student


Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : Ch. Tejeswara Rao
Group : Bsc. BZC
Name of the mentor : D. Adhi narayana sir
Name of the project : Food habit

House No	Name of the person	Village / Ward	Mandal	District
9-16	A. Srinu	Budumuru	Laveeru	Srikakulam

1. How many times a day do you eat?

3 - Times

2. Please answer the following according to your particular eating habits?

- a. I eat a good breakfast
- b. I experienced feeling of hunger during the day
- c. I eat meat.
- d. I eat vegetables.
- e. I eat fruits.
- f. I eat dairy products
- g. I eat sweets.

3. What meal would you consider to be your main meal of the day?

- a. Breakfast
- b. lunch
- c. dinner
- d. others

4. What does your main meal consist of and how it is prepared?

- a. Freshly prepared.
- B. restaurant meal.
- C. precooked microwave.
- D. other

5. Have you been avoiding some foods for health reasons? Yes /No

6. Do you have any particular food allergies?

No

7. What is your daily food intake frequency of the following food categories?

Sweet foods:

- Several times a day
- once a day
- several times a week
- less often
- never

Fresh vegetables & Fruits:

- Several times a day
- once a day
- several times a week
- less often
- never

8. What percentage of your regular diet consists of meat products?
 90% 75% 50% 25% less than 25%
9. How much of your diet consists of vegetables and non-animal products?
 90% 75% 50% 25% less than 25%
10. Do you or have you ever has cholesterol problems?

No

11. Do you know your current body mass index?

No

12. Have your ever been on a diet, if so, what kind?

No

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

Healthiest Food => nonveg, fruits, vegetable
 un healthiest Food => Junk Food

14. How much do you think a healthy diet affects?

Restful sleep

- a. No impact. B. little impact c. big impact. D. none

Health

- a. No impact B. little impact c. big impact. D. none

Weight.

- a. No impact. B. little impact c. big impact. D. none

Mental condition.

- A. No impact B. little impact c. big impact. D. none

Ch. Tejuwar Rao
 Signature of the Student


 Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : Ch. Tejeshwar Rao
Group : BSc. BZC
Name of the mentor : D. Adhinarayana Sir
Name of the project : Food habit

House No	Name of the person	Village / Ward	Mandal	District
9-17	Ch. Srinu	Budumuru	Laveeru	Srikakulam

1. How many times a day do you eat?

3-Times

2. Please answer the following according to your particular eating habits?

- a. I eat a good breakfast
- b. I experienced feeling of hunger during the day
- c. I eat meat.
- d. I eat vegetables.
- e. I eat fruits.
- f. I eat dairy products
- g. I eat sweets.

3. What meal would you consider to be your main meal of the day?

- a. Breakfast
- b. lunch
- c. dinner
- d. others

4. What does your main meal consist of and how it is prepared?

- a. Freshly prepared.
- B. restaurant meal.
- C. precooked microwave.
- D. other

5. Have you been avoiding some foods for health reasons? Yes / No

6. Do you have any particular food allergies?

NO

7. What is your daily food intake frequency of the following food categories?

Sweet foods:

- Several times a day
- once a day
- less often
- never
- several times a week

Fresh vegetables & Fruits:

- Several times a day
- once a day
- less often
- never
- several times a week

8. What percentage of your regular diet consists of meat products?
90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?
90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems?

NO

11. Do you know your current body mass index?

NO

12. Have you ever been on a diet, if so, what kind?

NO

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

Healthiest Food \Rightarrow Vegetables

unhealthiest Food \Rightarrow Junk Food

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact.

B. little impact

c. big impact. D. none

Health

a. No impact.

B. little impact

c. big impact. D. none

Weight.

a. No impact.

B. little impact

c. big impact. D. none

Mental condition.

A. No impact.

B. little impact

c. big impact. D. none

Ch. Tejeswar Rao
Signature of the Student


Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : Ch Tejeswararao
Group : Bsc. Bzc
Name of the mentor : D. Adhi narayana sir
Name of the project : Food habit

House No	Name of the person	Village / Ward	Mandal	District
17-84	M. Krishna	Budumuru	Lavesu	Srikakulam

1. How many times a day do you eat?

3 Times

2. Please answer the following according to your particular eating habits?

- a. I eat a good breakfast
- b. I experienced feeling of hunger during the day
- c. I eat meat.
- d. I eat vegetables.
- e. I eat fruits.
- f. I eat dairy products
- g. I eat sweets.

3. What meal would you consider to be your main meal of the day?

- a. Breakfast
- b. lunch
- c. dinner
- d. others

4. What does your main meal consist of and how it is prepared?

- a. Freshly prepared.
- B. restaurant meal.
- C. precooked microwave.
- D. other

5. Have you been avoiding some foods for health reasons? Yes / No

6. Do you have any particular food allergies?

No

7. What is your daily food intake frequency of the following food categories?

Sweet foods:

- Several times a day
- once a day
- several times a week
- less often
- never

Fresh vegetables & Fruits:

- Several times a day
- once a day
- several times a week
- less often
- never

8. What percentage of your regular diet consists of meat products?
90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?
90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems?

No

11. Do you know your current body mass index?

No

12. Have your ever been on a diet, if so, what kind?

No

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

Healthiest Food => Fruits - vegetable

un healthiest food => non veg

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact. B. little impact c. big impact. D. none

Health

a. No impact B. little impact c. big impact. D. none

Weight.

a. No impact. B. little impact c. big impact. D. none

Mental condition.

A. No impact B. little impact c. big impact. D. none

Ch. Tejowara Rao
Signature of the Student


Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : Ch. Tejeswar Rao
Group : Bsc. Bzc
Name of the mentor : D. Adhi Hanayana sir
Name of the project : Food habits

Case No	Name of the person	Village / Ward	Mandal	District
3-08	P. Rama Rao	Budumuru	Lavasa	Srikakulam

1. How many times a day do you eat?

3 - Times

2. Please answer the following according to your particular eating habits?

- a. I eat a good breakfast
- b. I experienced feeling of hunger during the day
- ✓ c. I eat meat.
- d. I eat vegetables.
- e. I eat fruits.
- f. I eat dairy products
- g. I eat sweets.

3. What meal would you consider to be your main meal of the day?

- a. Breakfast
- ✓ b. lunch
- c. dinner
- d. others

4. What does your main meal consist of and how it is prepared?

- ✓ a. Freshly prepared.
- B. restaurant meal.
- C. precooked microwave.
- D. other

5. Have you been avoiding some foods for health reasons? Yes / No

6. Do you have any particular food allergies?

No

7. What is your daily food intake frequency of the following food categories?

Sweet foods:

Several times a day once a day several times a week

less often never

Fresh vegetables & Fruits:

Several times a day once a day several times a week

less often never

8. What percentage of your regular diet consists of meat products?
90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?
90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems?
No

11. Do you know your current body mass index?
No

12. Have your ever been on a diet, if so, what kind?
No

13. Mention the food items from the healthiest to the unhealthiest from your point of views?
Fruits, vegetables, eggs, => Good food
Junk foods = un healthy

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact. B. little impact c. big impact. D. none

Health

a. No impact. B. little impact c. big impact. D. none


Weight.

a. No impact. B. little impact c. big impact. D. none

Mental condition.

A. No impact. B. little impact c. big impact. D. none

Ch-Tejeswararao
Signature of the Student


Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : Ch Tejowarappa
Group : BSc BZC
Name of the mentor : Adhirajayana Sir
Name of the project : Food Habits

House No	Name of the person	Village / Ward	Mandal	District
7-83	P. APPALAJU	Budumuru	Lavasa	Srikakulam

1. How many times a day do you eat?

3-Times

2. Please answer the following according to your particular eating habits?

- a. I eat a good breakfast
- b. I experienced feeling of hunger during the day
- c. I eat meat.
- d. I eat vegetables.
- e. I eat fruits.
- f. I eat dairy products
- g. I eat sweets.

3. What meal would you consider to be your main meal of the day?

- a. Breakfast
- b. lunch
- c. dinner
- d. others

4. What does your main meal consist of and how it is prepared?

- a. Freshly prepared.
- B. restaurant meal.
- C. precooked microwave.
- D. other

5. Have you been avoiding some foods for health reasons? Yes / No

6. Do you have any particular food allergies?

No

7. What is your daily food intake frequency of the following food categories?

Sweet foods:

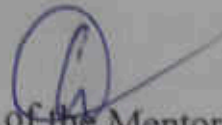
- Several times a day once a day several times a week
- less often never

Fresh vegetables & Fruits:

- Several times a day once a day several times a week
- less often never

8. What percentage of your regular diet consists of meat products?
 90% 75% 50% 25% less than 25%
9. How much of your diet consists of vegetables and non-animal products?
 90% 75% 50% 25% less than 25%
10. Do you or have you ever has cholesterol problems?
 No
11. Do you know your current body mass index?
 yes
12. Have your ever been on a diet, if so, what kind?
 no diet
13. Mention the food items from the healthiest to the unhealthiest from your point of views?
14. How much do you think a healthy diet affects?
- | | | | |
|-------------------|----------------------------------|----------------|---------|
| Restful sleep | <input checked="" type="radio"/> | | |
| a. No impact. | B. little impact | c. big impact. | D. none |
| Health | <input checked="" type="radio"/> | | |
| a. No impact. | B. little impact | c. big impact. | D. none |
| Weight. | <input checked="" type="radio"/> | | |
| a. No impact. | B. little impact | c. big impact. | D. none |
| Mental condition. | <input checked="" type="radio"/> | | |
| A. No impact. | B. little impact | c. big impact. | D. none |

Ch. Tejeswara Rao
 Signature of the Student


 Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : Ch. Tejewa Rao
Group : Bsc. Bzc
Name of the mentor : D. Adhinayana sir
Name of the project : Food habit

House No	Name of the person	Village / Ward	Mandal	District
3-14	Ch. Appalaxju	Betumuru	Lavezu	Srikakulam

1. How many times a day do you eat?

3 - Times

2. Please answer the following according to your particular eating habits?

- a. I eat a good breakfast
- b. I experienced feeling of hunger during the day
- c. I eat meat.
- d. I eat vegetables.
- e. I eat fruits.
- f. I eat dairy products
- g. I eat sweets.

3. What meal would you consider to be your main meal of the day?

- a. Breakfast
- b. lunch
- c. dinner
- d. others

4. What does your main meal consist of and how it is prepared?

- a. Freshly prepared.
- B. restaurant meal.
- C. precooked microwave.
- D. other

5. Have you been avoiding some foods for health reasons? Yes / No

6. Do you have any particular food allergies?

No

7. What is your daily food intake frequency of the following food categories?

Sweet foods:

- Several times a day
- once a day
- several times a week
- less often
- never

Fresh vegetables & Fruits:

- Several times a day
- once a day
- several times a week
- less often
- never

8. What percentage of your regular diet consists of meat products?
90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?
90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems?
NO

11. Do you know your current body mass index?
Yes

12. Have your ever been on a diet, if so, what kind?
Yes - Junk Foods

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

Healthiest => Fruits, Vegetables, Non Veg
un'healthy => Junk Foods

14. How much do you think a healthy diet affects?


Restful sleep
a. No impact. B. little impact c. big impact. D. none

Health
a. No impact. B. little impact c. big impact. D. none

Weight.
a. No impact. B. little impact c. big impact. D. none

Mental condition.
A. No impact. B. little impact c. big impact. D. none

Ch. Tejaswara Rao
Signature of the Student


Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : Ch. Tejeswararao
Group : Bsc. Bzc
Name of the mentor : D. Adhinayana Sir
Name of the project : Food habit

House No	Name of the person	Village / Ward	Mandal	District
G-18	K. Paudayya	Budumuru	Lavezu	Srikakulam

1. How many times a day do you eat?

3-Times

2. Please answer the following according to your particular eating habits?

- a. I eat a good breakfast
- b. I experienced feeling of hunger during the day
- c. I eat meat.
- d. I eat vegetables.
- e. I eat fruits.
- f. I eat dairy products
- g. I eat sweets.

3. What meal would you consider to be your main meal of the day?

- a. Breakfast
- b. lunch
- c. dinner
- d. others

4. What does your main meal consist of and how it is prepared?

- a. Freshly prepared.
- B. restaurant meal.
- C. precooked microwave.
- D. other

5. Have you been avoiding some foods for health reasons? Yes /No

6. Do you have any particular food allergies?

Sugar Foods

7. What is your daily food intake frequency of the following food categories?

Sweet foods:

- Several times a day once a day several times a week
less often never

Fresh vegetables & Fruits:

- Several times a day once a day several times a week
less often never

8. What percentage of your regular diet consists of meat products?

90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?

90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems?

No

11. Do you know your current body mass index?

Yes

12. Have your ever been on a diet, if so, what kind?

No

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

Healthiest =) Fruits, Vegetables,

Un healthy =) Junk Food

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact. B. little impact c. big impact. D. none

Health

a. No impact. B. little impact c. big impact. D. none

Weight.

a. No impact. B. little impact c. big impact. D. none

Mental condition.

A. No impact. B. little impact c. big impact. D. none

Ch. Tejeswara Rao
Signature of the Student


Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : Ch. Tejedwarao
Group : Bsc. BZC
Name of the mentor : D. Adhinarayana sir
Name of the project : Food habit

House No	Name of the person	Village / Ward	Mandal	District
S-23	P. Lakshmana	Budumuru	Lavezu	Srikakulam

1. How many times a day do you eat?

3-Times

2. Please answer the following according to your particular eating habits?

- a. I eat a good breakfast
- b. I experienced feeling of hunger during the day
- c. I eat meat.
- d. I eat vegetables.
- e. I eat fruits.
- f. I eat dairy products
- g. I eat sweets.

3. What meal would you consider to be your main meal of the day?

- a. Breakfast
- b. lunch
- c. dinner
- d. others

4. What does your main meal consist of and how it is prepared?

- a. Freshly prepared.
- B. restaurant meal.
- C. precooked microwave.
- D. other

5. Have you been avoiding some foods for health reasons? Yes / No

6. Do you have any particular food allergies?

No

7. What is your daily food intake frequency of the following food categories?

Sweet foods:

- Several times a day
- once a day
- several times a week
- less often
- never

Fresh vegetables & Fruits:

- Several times a day
- once a day
- several times a week
- less often
- never

8. What percentage of your regular diet consists of meat products?
90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?
90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems?

NO

11. Do you know your current body mass index?

NO

12. Have your ever been on a diet, if so, what kind?

NO

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

Healthiest Food => Vegetables, Fruits
Un Healthiest Food => Junk food

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact.

B. little impact

c. big impact. D. none

Health

a. No impact.

B. little impact

c. big impact. D. none

Weight.

a. No impact.

B. little impact

c. big impact. D. none


Mental condition.

A. No impact.

B. little impact

c. big impact. D. none

Ch. Tejeswara Rao
Signature of the Student


Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : Ch. Tejeswar Rao
Group : Bsc. BZC
Name of the mentor : D. Adhi narayana sir
Name of the project : Food habit

House No	Name of the person	Village / Ward	Mandal	District
20-86	J. Ramana	Bedumuru	Laveeru	Srikakulam

1. How many times a day do you eat?

3-Times

2. Please answer the following according to your particular eating habits?

- a. I eat a good breakfast
- b. I experienced feeling of hunger during the day
- c. I eat meat.
- d. I eat vegetables.
- e. I eat fruits.
- f. I eat dairy products
- g. I eat sweets.

3. What meal would you consider to be your main meal of the day?

- a. Breakfast
- b. lunch
- c. dinner
- d. others

4. What does your main meal consist of and how it is prepared?

- a. Freshly prepared.
- B. restaurant meal.
- C. precooked microwave.
- D. other

5. Have you been avoiding some foods for health reasons? Yes/No

6. Do you have any particular food allergies?

Junk Foody, Sugar Food

7. What is your daily food intake frequency of the following food categories?

Sweet foods:

- Several times a day once a day several times a week
less often never

Fresh vegetables & Fruits:

- Several times a day once a day several times a week
less often never

8. What percentage of your regular diet consists of meat products?
90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?
90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems?
No

11. Do you know your current body mass index?
Yes

12. Have your ever been on a diet, if so, what kind?
yes, eat only vegetable

13. Mention the food items from the healthiest to the unhealthiest from your point of views?
Healthiest: Food => Fruits, nonveg, vegetables
un healthiest: Food => Junk Food

14. How much do you think a healthy diet affects?

Restful sleep
a. No impact. B. little impact c. big impact. D. none

Health
a. No impact. B. little impact c. big impact. D. none

Weight.
a. No impact. B. little impact c. big impact. D. none

Mental condition.
A. No impact. B. little impact c. big impact. D. none

Ch. Tejeswara Rao
Signature of the Student


Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : Ch. Tejeswar Reddy
Group : BSc. BZC
Name of the mentor : D. Adhinayana Sir
Name of the project : Food habit

House No	Name of the person	Village / Ward	Mandal	District
20-80	P. Jagannaidu	Bedamuru	Lavesu	Srikakulam

1. How many times a day do you eat?

3 - Times

2. Please answer the following according to your particular eating habits?

a. I eat a good breakfast

b. I experienced feeling of hunger during the day

c. I eat meat.

d. I eat vegetables.

e. I eat fruits.

f. I eat dairy products

g. I eat sweets.

3. What meal would you consider to be your main meal of the day?

a. Breakfast b. lunch c. dinner d. others

4. What does your main meal consist of and how it is prepared?

a. Freshly prepared. B. restaurant meal. C. precooked microwave. D. other

5. Have you been avoiding some foods for health reasons? Yes / No

6. Do you have any particular food allergies?

NO

7. What is your daily food intake frequency of the following food categories?

Sweet foods:

Several times a day once a day several times a week

less often never

Fresh vegetables & Fruits:

Several times a day once a day several times a week

less often never

8. What percentage of your regular diet consists of meat products?
90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?
90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems?
NO

11. Do you know your current body mass index?
Yes

12. Have your ever been on a diet, if so, what kind?
NO

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact. B. little impact c. big impact. D. none

Health

a. No impact. B. little impact c. big impact. D. none


Weight.

a. No impact. B. little impact c. big impact. D. none

Mental condition.

A. No impact. B. little impact c. big impact. D. none

Ch. Tejeswar Rao
Signature of the Student


Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : A. Tejavaraha Rao
Group : Bsc. BZC
Name of the mentor : D. Adhi narayana sir
Name of the project : Food habit.

House No	Name of the person	Village / Ward	Mandal	District
7-15	J. APPALARAJU	Budumuru	Laveru	Srikakulam

1. How many times a day do you eat?

3-Times

2. Please answer the following according to your particular eating habits?

- a. I eat a good breakfast
- b. I experienced feeling of hunger during the day
- c. I eat meat.
- d. I eat vegetables.
- e. I eat fruits.
- f. I eat dairy products
- ✓ g. I eat sweets.

3. What meal would you consider to be your main meal of the day?

- a. Breakfast
- ✓ b. lunch
- c. dinner
- d. others

4. What does your main meal consist of and how it is prepared?

- ✓ a. Freshly prepared.
- B. restaurant meal.
- C. precooked microwave.
- D. other

5. Have you been avoiding some foods for health reasons? Yes / No

6. Do you have any particular food allergies?

No

7. What is your daily food intake frequency of the following food categories?

Sweet foods:

- Several times a day once a day several times a week
less often never

Fresh vegetables & Fruits:

- Several times a day once a day several times a week
less often never

8. What percentage of your regular diet consists of meat products?
90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?
90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems?

No

11. Do you know your current body mass index?

Yes

12. Have your ever been on a diet, if so, what kind?

No

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

Healthiest Food => Vegetables, Fresh Food
Unhealthiest Food => Junk Food

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact.

B. little impact

c. big impact. D. none

Health

a. No impact.

B. little impact

c. big impact. D. none

Weight.

a. No impact.

B. little impact

c. big impact. D. none

Mental condition.

A. No impact.

B. little impact

c. big impact. D. none

Ch-Tejeswara Ramesh
Signature of the Student


Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : Ch. Tejeswar Rao
Group : Bsc - Bze
Name of the mentor : D. Adhinobayana sir
Name of the project : Food habits

House No	Name of the person	Village / Ward	Mandal	District
7-12	Ch. Suribabu	Bedumusu	Lavesu	Srikakulam

1. How many times a day do you eat?

3-Times

2. Please answer the following according to your particular eating habits?

- a. I eat a good breakfast
- b. I experienced feeling of hunger during the day
- c. I eat meat.
- d. I eat vegetables.
- e. I eat fruits.
- f. I eat dairy products
- g. I eat sweets.

3. What meal would you consider to be your main meal of the day?

- a. Breakfast
- b. lunch
- c. dinner
- d. others

4. What does your main meal consist of and how it is prepared?

- a. Freshly prepared.
- B. restaurant meal.
- C. precooked microwave.
- D. other

5. Have you been avoiding some foods for health reasons? Yes / No

6. Do you have any particular food allergies?

NO

7. What is your daily food intake frequency of the following food categories?

Sweet foods:

- Several times a day once a day several times a week
less often never

Fresh vegetables & Fruits:

- Several times a day once a day several times a week
less often never

8. What percentage of your regular diet consists of meat products?
90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?
90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems?

NO

11. Do you know your current body mass index?

NO

12. Have your ever been on a diet, if so, what kind?

yes, only eat Tiffin

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

Healthiest food \Rightarrow vegetables Tiffin

Un healthiest Food \Rightarrow Junk Food

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact. B. little impact c. big impact. D. none

Health

a. No impact. B. little impact c. big impact. D. none


Weight.

a. No impact. B. little impact c. big impact D. none

Mental condition.

A. No impact B. little impact c. big impact. D. none

Ch. Tejeswar Rao
Signature of the Student


Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : Ch. Tejeswara Rao
Group : Bsc. Bzc
Name of the mentor : D. Adhi narayana sir
Name of the project : Food habit

House No	Name of the person	Village / Ward	Mandal	District
20-84	Ch. Asitodu	Budumuru	Laveti	Srikakulam

- How many times a day do you eat?
3-Times
- Please answer the following according to your particular eating habits?
 - I eat a good breakfast
 - I experienced feeling of hunger during the day
 - I eat meat.
 - I eat vegetables.
 - I eat fruits.
 - I eat dairy products
 - I eat sweets.
- What meal would you consider to be your main meal of the day?
 - Breakfast
 - b. lunch
 - c. dinner
 - d. others
- What does your main meal consist of and how it is prepared?
 - Freshly prepared.
 - B. restaurant meal.
 - C. precooked microwave.
 - D. other
- Have you been avoiding some foods for health reasons? Yes / No
- Do you have any particular food allergies?
No
- What is your daily food intake frequency of the following food categories?

Sweet foods:

Several times a day once a day several times a week
less often never

Fresh vegetables & Fruits:

Several times a day once a day several times a week
less often never

8. What percentage of your regular diet consists of meat products?
90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?
90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems?

No

11. Do you know your current body mass index?

No

12. Have your ever been on a diet, if so, what kind?

No

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

Healthiest Food \Rightarrow Fresh Fruits and Food
Un healthiest Food \Rightarrow Junk Food

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact.

B. little impact

c. big impact. D. none

Health

a. No impact.

B. little impact

c. big impact. D. none

Weight.

a. No impact.

B. little impact

c. big impact. D. none

Mental condition.

A. No impact.

B. little impact

c. big impact. D. none

Dr. Tejeswara Rao
Signature of the Student

Signature of the Mentor

8. What percentage of your regular diet consists of meat products?
90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?
90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems?
No


11. Do you know your current body mass index?
No

12. Have your ever been on a diet, if so, what kind?
No

13. Mention the food items from the healthiest to the unhealthiest from your point of views?
Healthiest Food => Vegetables
Un healthiest Food => Junk foody

14. How much do you think a healthy diet affects?
- Restful sleep
a. No impact. B. little impact c. big impact. D. none
- Health
a. No impact. B. little impact c. big impact. D. none
- Weight.
a. No impact. B. little impact c. big impact. D. none
- Mental condition.
A. No impact. B. little impact c. big impact. D. none

Ch. Tejeswara Rao
Signature of the Student


Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : Ch. Tejendra Rao
Group : BSc-BZC
Name of the mentor : D. Adhi narayana sir
Name of the project : Food habits

House No	Name of the person	Village / Ward	Mandal	District
7-8a	Ch. Appanna	Bedumuru	Lavasa	Srikakulam

1. How many times a day do you eat?

3-Times

2. Please answer the following according to your particular eating habits?

a. I eat a good breakfast

b. I experienced feeling of hunger during the day

c. I eat meat.

d. I eat vegetables.

e. I eat fruits.

f. I eat dairy products

g. I eat sweets.

3. What meal would you consider to be your main meal of the day?

a. Breakfast b. lunch c. dinner d. others

4. What does your main meal consist of and how it is prepared?

a. Freshly prepared. B. restaurant meal. C. precooked microwave. D. other

5. Have you been avoiding some foods for health reasons? Yes/No

6. Do you have any particular food allergies?

No

7. What is your daily food intake frequency of the following food categories?

Sweet foods:

Several times a day once a day several times a week

less often never

Fresh vegetables & Fruits:

Several times a day once a day several times a week

less often never

8. What percentage of your regular diet consists of meat products?
90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?
90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems?

no

11. Do you know your current body mass index?

yes

12. Have your ever been on a diet, if so, what kind?

no

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

Healthiest: Food => Fruits, Vegetables

Unhealthiest: Food => Junk food

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact.

B. little impact

c. big impact. D. none

Health

a. No impact.

B. little impact

c. big impact. D. none

Weight.

a. No impact.

B. little impact

c. big impact. D. none


Mental condition.

A. No impact.

B. little impact

c. big impact. D. none

Ch. Tejeshwara Rao
Signature of the Student


Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : Ch Tejeswara Rao
Group : Bsc. BZC
Name of the mentor : D. Adhinarayana Sir
Name of the project : Food habit

House No	Name of the person	Village / Ward	Mandal	District
7-85	Ch APPARAO	Budumuru	LAVESU	Srikakulam

- How many times a day do you eat?
3-Times
- Please answer the following according to your particular eating habits?
 - I eat a good breakfast
 - I experienced feeling of hunger during the day
 - I eat meat.
 - I eat vegetables.
 - I eat fruits.
 - I eat dairy products
 - I eat sweets.
- What meal would you consider to be your main meal of the day?
 - Breakfast
 - lunch
 - dinner
 - others
- What does your main meal consist of and how it is prepared?
 - Freshly prepared.
 - restaurant meal.
 - precooked microwave.
 - other
- Have you been avoiding some foods for health reasons? Yes / No
- Do you have any particular food allergies?
No
- What is your daily food intake frequency of the following food categories?

Sweet foods:

Several times a day once a day several times a week

less often never

Fresh vegetables & Fruits:

Several times a day once a day several times a week

less often never

8. What percentage of your regular diet consists of meat products?
90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?
90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems?

No

11. Do you know your current body mass index?

Yes

12. Have your ever been on a diet, if so, what kind?

No

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

Healthiest Food \Rightarrow Vegetables

Unhealthiest Food \Rightarrow Junk Food

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact.

B. little impact

c. big impact. D. none

Health

a. No impact.

B. little impact

c. big impact. D. none

Weight.

a. No impact.

B. little impact

c. big impact. D. none

Mental condition.

A. No impact.

B. little impact

c. big impact. D. none

Ch. Tejeswara Rana
Signature of the Student


Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : Ch. Tejeswararao
Group : Bsc. Bzc
Name of the mentor : D. Adhi narayana sir
Name of the project : Food habit

House No	Name of the person	Village / Ward	Mandal	District
7-84	Ch. Asidodu	Berdumuru	Laveolu	Srikakulam

1. How many times a day do you eat?

3-Times

2. Please answer the following according to your particular eating habits?

- a. I eat a good breakfast
- b. I experienced feeling of hunger during the day
- c. I eat meat.
- ✓ d. I eat vegetables.
- e. I eat fruits.
- f. I eat dairy products
- g. I eat sweets.

3. What meal would you consider to be your main meal of the day?

- a. Breakfast
- ✓ b. lunch
- c. dinner
- d. others

4. What does your main meal consist of and how it is prepared?

- ✓ a. Freshly prepared.
- B. restaurant meal.
- C. precooked microwave.
- D. other

5. Have you been avoiding some foods for health reasons? Yes / No

✓ No

✓ No

7. What is your daily food intake frequency of the following food categories?

Sweet foods:

Several times a day once a day several times a week

less often never

Fresh vegetables & Fruits:

Several times a day once a day several times a week

less often never

8. What percentage of your regular diet consists of meat products?
90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?
90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems?

NO

11. Do you know your current body mass index?

NO

12. Have your ever been on a diet, if so, what kind?

NO

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

Healthiest Food => Vegetables

Un Healthiest Food = pop Veg

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact.

B. little impact

c. big impact. D. none

Health

a. No impact.

B. little impact

c. big impact. D. none

Weight.

a. No impact.

B. little impact

c. big impact. D. none


Mental condition.

A. No impact.

B. little impact

c. big impact. D. none

Ch. Tejeswara Rao
Signature of the Student


Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : Ch. Tejowara Rao
Group : Bsc. Bzc
Name of the mentor : D. Adhi narayana sir
Name of the project : Food habit

House No	Name of the person	Village / Ward	Mandal	District
9-18	K. APPALAJU	Budumuru	Lavesu	Srikakulam

- How many times a day do you eat?
3 - Times
- Please answer the following according to your particular eating habits?
 - I eat a good breakfast
 - I experienced feeling of hunger during the day
 - I eat meat.
 - I eat vegetables.
 - I eat fruits.
 - I eat dairy products
 - I eat sweets.
- What meal would you consider to be your main meal of the day?
 - Breakfast
 - lunch
 - dinner
 - others
- What does your main meal consist of and how it is prepared?
 - Freshly prepared.
 - restaurant meal.
 - precooked microwave.
 - other
- Have you been avoiding some foods for health reasons? Yes / No No
- Do you have any particular food allergies?
NO
- What is your daily food intake frequency of the following food categories?
Sweet foods:
Several times a day once a day several times a week
less often never
Fresh vegetables & Fruits:
Several times a day once a day several times a week
less often never

8. What percentage of your regular diet consists of meat products?
90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?
90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems?

No

11. Do you know your current body mass index?

yes

12. Have your ever been on a diet, if so, what kind?

No

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

Healthiest Food => vegetables

un Healthiest Food => Junk Food

14. How much do you think a healthy diet affects?

Restful sleep
a. No impact. B. little impact c. big impact. D. none

Health
a. No impact. B. little impact c. big impact. D. none

Weight.
a. No impact. B. little impact c. big impact. D. none

Mental condition.
A. No impact. B. little impact c. big impact. D. none

Ch. Tejeswari Rao
Signature of the Student


Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : Ch. Tejeswar Rao
Group : Bsc. BZC
Name of the mentor : D. Adhi narayana sir
Name of the project : Food habit

House No	Name of the person	Village / Ward	Mandal	District
9-23	Ch. Krishna	Budumuru	Lavasa	Srikakulam

1. How many times a day do you eat?

3-Times

2. Please answer the following according to your particular eating habits?

a. I eat a good breakfast

b. I experienced feeling of hunger during the day

c. I eat meat.

d. I eat vegetables.

e. I eat fruits.

f. I eat dairy products

g. I eat sweets.

3. What meal would you consider to be your main meal of the day?

a. Breakfast b. lunch c. dinner d. others

4. What does your main meal consist of and how it is prepared?

a. Freshly prepared. B. restaurant meal. C. precooked microwave. D. other

5. Have you been avoiding some foods for health reasons? Yes / No

6. Do you have any particular food allergies?

ND

7. What is your daily food intake frequency of the following food categories?

Sweet foods:

Several times a day once a day several times a week

less often never

Fresh vegetables & Fruits:

Several times a day once a day several times a week

less often never

8. What percentage of your regular diet consists of meat products?
90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?
90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems?

NO

11. Do you know your current body mass index?

NO

12. Have your ever been on a diet, if so, what kind?

NO

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

Healthiest Food => Fruits, vitamin Food

Un healthiest Food => Junk Food

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact. B. little impact c. big impact. D. none

Health

a. No impact. B. little impact c. big impact. D. none


Weight.

a. No impact. B. little impact c. big impact. D. none

Mental condition.

A. No impact B. little impact c. big impact. D. none

Ch. Tejeswar Rao
Signature of the Student


Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : Ch. Tejaswara Babu
Group : Bsc. BZC
Name of the mentor : D. Athi naidu sri
Name of the project : Food habit

House No	Name of the person	Village / Ward	Mandal	District
10-83	N. Sridham	Budumudu	LAVENA	Srikakulam

1. How many times a day do you eat?

3-Times

2. Please answer the following according to your particular eating habits?

a. I eat a good breakfast

b. I experienced feeling of hunger during the day

c. I eat meat.

d. I eat vegetables.

e. I eat fruits.

f. I eat dairy products

g. I eat sweets.

3. What meal would you consider to be your main meal of the day?

a. Breakfast b. lunch c. dinner d. others

4. What does your main meal consist of and how it is prepared?

a. Freshly prepared. B. restaurant meal. C. precooked microwave. D. other

5. Have you been avoiding some foods for health reasons? Yes / No

6. Do you have any particular food allergies?

no

7. What is your daily food intake frequency of the following food categories?

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Several times a day once a day several times a week

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9. How much of your diet consists of vegetables and non-animal products?
90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems?

NO

11. Do you know your current body mass index?

NO

12. Have your ever been on a diet, if so, what kind?

NO

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

Healthiest Food => vegetable

Un healthiest Food => Junk Food

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact. B. little impact c. big impact. D. none

Health

a. No impact B. little impact c. big impact. D. none


Weight.

a. No impact. B. little impact c. big impact. D. none

Mental condition.

A. No impact. B. little impact c. big impact. D. none

Ch. Tejaswara Rao
Signature of the Student


Signature of the Mentor

Food HABITS



Food - Habits



CONCLUSION

I'm CH TEJESWARARAO studying in BSc first year CBZ group. I had completed the community service project on "FOOD HABITS" in our Village and Submitted the report to my mentor. My project is about the food habits of our Village people. I conducted questionnaire to different age groups people about their regular diet. Most of the old aged people considered break-fast as their main meal of the day. They taking food three times a day. We find out the major problem facing by our Villagers and dropped the sarpanch attention towards the problem by conducting awareness program in our village.

It was interesting to carry out this project to know about opinions, food and problems of our villagers. Finally I believe that my project is complete under vision of my mentor. I thank him for his guidance and support.

By

CHINNI TEJESWARARAO