

**A PROJECT
ON
COMMUNITY SERVICE**

Submitted in the partial fulfillment of the requirements for the award of
Bs.c degree

BY

KONCHADA BHAVANI

2222001049040

Semister 2 (BZC)

Batch 2022-2025

Under the supervision of

G. Ramakrishna rao

Lecturer in Botany

GOVERNMENT DEGREE COLLEGE(Men), SRIKAKULAM



WEBSITE: WWW.gcmasklm.ac.in

ACKNOWLEDGEMENT

I Would like to express my gratitude to all those who gave me the possibility community service Project. Special thanks to Mentor *G. Ramakrishna rao* . sir who help me in stimulating suggestions and encouragement to complete this project .

I would like to thanks all the staff from the department of *Botany* for their able guidance and support to complete this project.

I would also like to express my gratitude to our principal for her tremendous support to complete this project.

CERTIFICATE

I certified that **KONCHADA BHAVANI** studying Bsc Cbz group has completed and submitted the project report on 'FOOD HABITS' further partial fulfillment of the requirements for the award of Bachelor of science under my supervision during the academic year

Date:

Place:



Project guide

G. Ramakrishnarao

Lecture in Botany

GDC (M), Srikakulam

DECLARATION

I hereby declare that the Community Service Project report entitled "FOOD HABITS" submitted by me to the Govt. Degree College (M), Srikakulam in partial fulfillment of the requirement for the award of the degree of Bsc Cbz is a record of bonified project work carried out by me under the guidance of D. Adhinarayana sir. I further declare that the work reported in this project has not been submitted and will not be submitted either in part or in full, for the award of any other degree in this institute or other institute or University.

Srikakulam
Date: .

Signature of the candidate
Name: K. Bhavani

AWARENESS REPORT:

PROBLEMS IDENTIFIED

- * Uneven roads in every street
- * Water problems in every Street
- * Improper drainage system

EFFECTS FACED BY PEOPLE

- * Because of having uneven roads there are so many vehicles are damaged , not only that but also oldaged people are getting hard to walk on these roads.
- * There is a need of water to everyone but in our village there are no proper gov.tap connection to each house but some are having them. Mostly people in my ward are not having gov. tap connection.
- * There are so many problems are taking place on having improper drainage system.

SUGGESTIONS

At first , I would like to explain all about those problems and I said to them as you should complaint to the Valenteer to clear these problems and the valenteer said that all those problems will be cleared by our sarpanch and secretary.I told them that we have to maintain a proper usage of them neetly.

BY :

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INTRODUCTION

Food habits and Nutritional Problems:

Food is essential for all humans for survival, Food Habits and imbalanced intake of diet by an individual results in the malnutrition or cause of many health problems. Especially women, children and pregnant women must be always cautious to take proper food intake with essential nutrients. Because poor diet and disease are caused by food insecurity. Somet by causing diarrhoea and other illness.

There is a saying 'you are what you eat' seems to be proven true. It is important to know what food to eat in order to stay healthy. Health depends to a large extent on Nutrition and Nutrition on food we take. Hence Nutrition and Health are two sides of the same coin and food is the most important factor for health and fitness.

Healthy Food Habits:

Healthy Food habits includes a variety of foods in adequate amounts and correct proportions to meet the requirements of all essential nutrients such as proteins, carbohydrates, fats, vitamins, minerals, water and fibre. This also includes proper Schedule for the intake of light and heavy foods, when to take and when not to take, health condition of the individual. For example person who is suffering from kidney stones should not often take calcium rich foods. We have to take foods that suits our age and health. The most common eating idio syncracies include skipping meals, consuming st foods in a routine way, avoiding fruits , and vegetables , quent snacking. Hence it is essential for each and every individual to adopt proper food habits.

OBJECTIVE

The aim and objective of this project is to find out in a closed community about the following food habits and to analyse whether they are adopted to healthy food habits and if not to incorporate sound eating habits by creating awareness in them to recognise good eating habits followed with regular exercise.

- About the type of foods most people are interested to take
- Food intake in regular Time intervals.
- Main mea/ in view of the majority of the people.
- Whether interested to take fresh food or cooked & preserved food.
- Taking fresh fruits and vegetables.
- Sweets/junk foods.
- Whether drinking sufficient quantity of water.
- Regular weight check up.
- Monitoring individual food behaviour.
- Any form of eating disorders.
- Effect of socio-economic status on food habits.

METHODOLOGY

selected for the project was comes under 11th ward
ta Village,mandal and srikakulam district. Approximately 25
vered under this ward. This is a rural area with 75% of people
his area is used for the cultivation of rice and vegetables

ve study of my project includes about the number of children;
r women and men, pregnant women, people with physical and
, their food intake based on quantity per day and their food

udy:

dy was carried out based on their cultural pattern of food habits among
omic, educational and age group

economic survey and other background survey was done and the data was

bits data was collected from the initially prepared questionnaire which
to know about their food habits, cooking methods, storage food,time
much expenditure was spent on food,in detail.

GOVT. DEGREE COLLEGE(M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

LOG BOOK

Name of the student : Konchada Bhavani

Group : B.Z.C

Registration Number : 2222001049040

Name of the Mentor : G. Ramakrishna Rao sir

Name of the Project : food habit

Date & Day	Activity done	Number of Hours Spent	Signature of the student
09-05-23	Socio-economic survey	05 hours	K. Bhavani
10-05-23	Socio-economic survey	07 hours	K. Bhavani
11-05-23	Socio-economic survey	07 hours	K. Bhavani
12-05-23	Socio-economic survey	5 hours	K. Bhavani
13-05-23	Socio-economic survey	07 hours	K. Bhavani
14-05-23	Socio-economic survey	04 hours	K. Bhavani
15-05-23	Socio-economic survey	06 hours	K. Bhavani
16-05-23	Socio-economic survey	03 hours	K. Bhavani

GOVT. DEGREE COLLEGE(M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

LOG BOOK

Name of the student : Konchada Bhavani

Group : Bsc [B.Z.C.]

Registration Number : 2222001049040

Name of the Mentor : G. Ramakrishna Rao Sir

Name of the Project : food habits

Date & Day	Activity done	Number of Hours Spent	Signature of the student
21-05-23	Food habits	07 hours	K. Bhavani
22-05-23	food habits	06 hours	K. Bhavani
23-05-23	food habits	05 hours	K. Bhavani
24-05-23	food habits	03 hours	K. Bhavani
25-05-23	food habits	07 hours	K. Bhavani
26-05-23	food habits	05 hours	K. Bhavani
27-05-23	food habits	03 hours	K. Bhavani
28-05-23	food habits	05 hours	K. Bhavani
29-05-23	food habits	06 hours	K. Bhavani

GOVT. DEGREE COLLEGE(M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

LOG BOOK

Name of the student : Konchada Bhawani

Group : BSc (BZC)

Registration Number : 2222001049040

Name of the Mentor : G. Rama Krishna Rao Sir

Name of the Project : food habits

Date & Day	Activity done	Number of Hours Spent	Signature of the student
29-5-23	project writing	06 hours	K. Bhawani
30-5-23	project writing	07 hours	K. Bhawani
31-5-23	project writing	05 hours	K. Bhawani
01-6-23	project writing	07 hours	K. Bhawani
02-6-23	project writing	05 hours	K. Bhawani
03-6-23	project writing	06 hours	K. Bhawa
04-6-23	project writing	07 hours	K. Bhavar
05-6-23	project writing	05 hours	K. Bhawa
06-6-23	project writing	07 hours	K. Bha
07-6-23	project writing	08 hours	K. Bha



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : Konchada Bhawani

Group : BSc [BZC]

Registration Number : 2222001049010

Area of the Survey conducted: Ilayyagaripeta

House No.	164	Habitat /Ward	mainstreet	Panchayat /Municipality	Rapaka
Post office	Rapaka	Mandal	panduru	District	Srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1.	M. dharmarao	M	45		Tractor	
2.	M. Neelaveni	F	37		House wife	
3.	M. hemanthi	F	20	degree	college	[30000]
4.	M. vamsi	M	18	degree	college	

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC ✓ (ii) Sub-Caste: Thurpukapu (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow ✓

(ii) House status (Own/ Rented): ✓

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection ✓

(iv) Availability of Agricultural land: Yes/ No ✓

(v) Extent of Agricultural land: 3 Acres ✓

(vi) Livestock resources: Cows 1 Oxen X Buffaloes X Sheep/Goats X

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify LPG

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle ✓

4. Health Details:

(i) Ailments in family: NO

(ii) Treatment in which Hospital: Govt/Private

(iii) Any PWD Persons in family: Yes/No ✓

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No ✓

5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes ✓

(iii) Mobile Number: 9573578817

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is internet available at home: Yes/No ✓

6. Any specific problems identified in the village/ Ward:

(i)

(ii)

(iii)

Place: Illayyagaripeta

Date: 10-5-23

K. Bhawani
Signature of the Student


Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : Konchada Bhavani

Group : BSc [BZC]

Registration Number : 2222001019010

Area of the Survey conducted: Illayyaguripeta

House No.	5-109	Habitat /Ward	main street	Panchayat /Municipality	Rapaka
Post office	Rapaka	Mandal	poduru	District	srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1.	K. Simmantha	M	57		farmer	
2.	K. Alivelu	F	54			
3.	K. Suresh Rao	M	27	degree com	private com	50000
4.	K. Govinda	M	29	10 th	farmer	
5.	K. Pavani	F	22	degree com		

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: Thuru Kapu (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: 2 Acres

(vi) Livestock resources: Cows 1 Oxen X Buffaloes X Sheep/Goats 2

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/Wood/ others specify LPG ✓

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle ✓

4. Health Details:

(i) Ailments in family: N/O

(ii) Treatment in which Hospital: Govt/Private ✓

(iii) Any PWD Persons in family: Yes/No ✓

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No ✓

5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes ✓

(iii) Mobile Number: 9676915079

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is internet available at home: Yes/No ✓

6. Any specific problems identified in the village/ Ward:

(i)

(ii)

(iii)

Place: Ilaiyagaripeta

Date: 11-05-23

K. Bhawani
Signature of the Student


Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : Konchada Bhawani

Group : BSC [B7C]

Registration Number : 2222001049040

Area of the Survey conducted: Illayyagaripeta

House No.	5-06	Habitat /Ward	Main street	Panchayat /Municipality	Rapaka
Post office	Rapaka	Mandal	Ponduru	District	Srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1.	Y. Govinda	M	39		Tractor	[10,000]
2.	Y. Chandra kala	F	32		Housewife	
3.	Y. Bharathi	F	17	degree	college.	
4.	Y. Durga prasad	M	15	10 th class		

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC ✓ (ii) Sub-Caste: Thurpu kapu (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow ✓

(ii) House status (Own/ Rented): ✓

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection ✓

(iv) Availability of Agricultural land: Yes/ No ✓

(v) Extent of Agricultural land: 1 Acres ✓

(vi) Livestock resources: Cows 2 Oxen X Buffaloes X Sheep/Goats X

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify LPG

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle ✓

4. Health Details:

(i) Ailments in family: NO

(ii) Treatment in which Hospital: Govt/Private ✓

(iii) Any PWD Persons in family: Yes/No ✓

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No ✓

5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes ✓

(iii) Mobile Number: 7207996696

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is internet available at home: Yes/No ✓

6. Any specific problems identified in the village/ Ward:

(i)

(ii)

(iii)

Place: Ilaiyagaripeta

Date: 12-5-23

K. Bhavani
Signature of the Student

[Signature]
Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : Konchada Bhavani

Group : BSc [BZC]

Registration Number : 2222001049040

Area of the Survey conducted: Ilayyegani peta

House No.	6-107	Habitat /Ward	Mainstreet	Panchayat /Municipality	Rapaka
Post office	Rapaka	Mandal	ponduru	District	srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1.	K. Ravi	M	39	-	Car driver	150,000
2.	K. Ramana	F	35	7th class	House life	
3.	K. Ranjith	M	16	Intermediate	college	
4.	K. Sevi	F	14	8th class		

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC

(ii) Sub-Caste:

(iii) Religion: Hindu

Thurpu Kapu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: 1 Acres

(vi) Livestock resources: Cows X Oxen X Buffaloes X Sheep/Goats X

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify LPG

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle ✓

4. Health Details:

(i) Ailments in family: NO

(ii) Treatment in which Hospital: Govt/Private ✓

(iii) Any PWD Persons in family: Yes/No ✓

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No ✓

5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes ✓

(iii) Mobile Number:

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is internet available at home: Yes/No ✓

6. Any specific problems identified in the village/ Ward:

(i)

(ii)

(iii)

Place: Ilaiyagaripeta

Date: 13-5-23

K. Bhavani
Signature of the Student

[Signature]
Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : Konchada Bhavani

Group : BSc [BZC]

Registration Number : 2222001049040

Area of the Survey conducted: Ilayyogaripeta

House No.	6-108	Habitat /Ward	mainstreet	Panchayat /Municipality	Rapaka
Post office	Rapaka	Mandal	ponduru	District	Srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1.	K. Surya Rao	M	35		Tactor	[15000]
2.	K. Krishnaveni	F	30		House wife	
3.	K. Saiteja	M	92	9 th class		
4.	K. Mainkanta	M	10	7 th class		

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: Thurpu Kapu (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: 1 Acres

(vi) Livestock resources: Cows 1 Oxen X Buffaloes X Sheep/Goats X

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify LPG

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle ✓

4. Health Details:

(i) Ailments in family: NO

(ii) Treatment in which Hospital: Govt/Private ✓

(iii) Any PWD Persons in family: Yes/No ✓

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No ✓

5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes ✓

(iii) Mobile Number: 8074006037

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is internet available at home: Yes/No ✓

6. Any specific problems identified in the village/ Ward:

(i)

(ii)

(iii)

Place: Ilaiyyagaripeta

Date: 14-5-23

K. Bhavani
Signature of the Student


Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : Konchada Bhawani

Group : BSC (BZC)

Registration Number : 2222001049040

Area of the Survey conducted: Ilayyagari peta

House No.	105	Habitat /Ward	main street	Panchayat /Municipality	Rapaka
Post office	Rapaka	Mandal	ponduru	District	SriKakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1.	Y. Suryakad	M	40		farmer	[150000]
2.	Y. vasanthi	F	35			
3.	Y. madhavi	F	15	intermediate		
4.	V. Yugidhra	M	14	8 th class.		

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC ✓ (ii) Sub-Caste: Thuypu Kapu (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow ✓

(ii) House status (Own/ Rented): ✓

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection ✓

(iv) Availability of Agricultural land: Yes/ No ✓

(v) Extent of Agricultural land: 2 Acres ✓

(vi) Livestock resources: Cows X Oxen 4 Buffaloes X Sheep/Goats X

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify LPG

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle ✓

4. Health Details:

(i) Ailments in family: N/O

(ii) Treatment in which Hospital: Govt/Private ✓

(iii) Any PWD Persons in family: Yes/No ✓

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No ✓

5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes ✓

(iii) Mobile Number:

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is internet available at home: Yes/No ✓

6. Any specific problems identified in the village/ Ward:

(i)

(ii)

(iii)

Place: Illayyagari Peta

Date: 15-05-23

K. Bhavani
Signature of the Student


Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : Konchada Bhavani

Group : BSC [BZC]

Registration Number : 2222001049040

Area of the Survey conducted: Ilayyergari peta

House No.	73	Habitat /Ward	main street	Panchayat /Municipality	Rapaka
Post office	Rapaka	Mandal	Ponduru	District	Sri Kakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1.	P. Haribabu	M	38		farmer	} 20000 }
2.	P. Uma	F	35		housewife	
3.	P. Pawan	M	15		-	
4.	P. Sravan	M	13		-	

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC ✓ (ii) Sub-Caste: Thurpukapu (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow ✓

(ii) House status (Own/ Rented): ✓

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection ✓

(iv) Availability of Agricultural land: Yes/ No ✓

(v) Extent of Agricultural land: 1 Acres ✓

(vi) Livestock resources: Cows X Oxen X Buffaloes X Sheep/Goats X

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify LPG

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle ✓

4. Health Details:

(i) Ailments in family: NO

(ii) Treatment in which Hospital: Govt/Private ✓

(iii) Any PWD Persons in family: Yes/No ✓

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No ✓

5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes ✓

(iii) Mobile Number: 9676044731

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is internet available at home: Yes/No ✓

6. Any specific problems identified in the village/ Ward:

(i)

(ii)

(iii)

Place: Illa yyagari peta

Date: 16-05-23

K. Bhavani
Signature of the Student


Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : Konchada Bhavani

Group : BSc [BZC]

Registration Number : 2222001049040

Area of the Survey conducted: Ilayyaguripeta

House No.	G-109	Habitat /Ward	mainstreet	Panchayat /Municipality	Rapaka
Post office	Rapaka	Mandal	pondur	District	srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1.	P. Simmanna	M	47		farmer	
2.	P. Lakshmi	F	39			[20000]
3.	P. Divya	F	20	degree	college	
4.	P. Rattish	M	14	8th class		

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC ✓ (ii) Sub-Caste: Thuru pu kapu (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow ✓

(ii) House status (Own/ Rented): ✓

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection ✓

(iv) Availability of Agricultural land: Yes/ No ✓

(v) Extent of Agricultural land: 5 Acres

(vi) Livestock resources: Cows X Oxen ✓ Buffaloes X Sheep/Goats X.

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify LPG

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle ✓

4. Health Details:

(i) Ailments in family: NO

(ii) Treatment in which Hospital: Govt/Private ✓

(iii) Any PWD Persons in family: Yes/No ✓

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No ✓

5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes ✓

(iii) Mobile Number: 9701815765

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is internet available at home: Yes/No ✓

6. Any specific problems identified in the village/ Ward:

(i) road facilities

(ii)

(iii)

Place: Illayya garipeta

Date: 14 - 05 - 23

K. Bhavani
Signature of the Student

[Signature]
Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : Konchada Bhavani

Group : BSC [BZC]

Registration Number : 2222001049040

Area of the Survey conducted: Ilayyaperipeta

House No.	6-104	Habitat /Ward	mainstreet	Panchayat /Municipality	Rapaka
Post office	Rapaka	Mandal	Ponduru	District	Srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1.	vchiranjeevi	M	37	10th class	farmer	[]
2.	p. pavani	F	30			[150000]
3.	K. pradeep	M	7	10th class		

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: Thurpu kapu (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: 3 Acres

(vi) Livestock resources: Cows 2 Oxen 4 Buffaloes X Sheep/Goats X

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify LPG ✓

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle ✓

4. Health Details:

(i) Ailments in family: N/D

(ii) Treatment in which Hospital: Govt/Private ✓

(iii) Any PWD Persons in family: Yes/No ✓

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No ✓

5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes ✓

(iii) Mobile Number: 9949608891 ✓

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is internet available at home: Yes/No ✓

6. Any specific problems identified in the village/ Ward:

(i)

(ii)

(iii)

Place: Ilaiyagaripeta

Date: 18-05-23

K. Bhavani

Signature of the Student



Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : Konchada Bhavani

Group : BSC [BZC]

Registration Number : 2222001049040

Area of the Survey conducted: Ilayyeguri'peta

House No.	6-103	Habitat /Ward	Main street	Panchayat /Municipality	Rapaka
Post office	Rapaka	Mandal	ponduru	District	srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1.	P. Amalasya	M	60		farmer	[30000]
2.	P. Ramasubbia	F	55			
3.	P. Suresh	M	39			
4.	P. Raju	M	25	degree complet		

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC

(ii) Sub-Caste:

(iii) Religion: Hindu

Thurpu Kapu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: 7 Acres

(vi) Livestock resources: Cows 1 Oxen X Buffaloes X Sheep/Goats 2.

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/Wood/ others specify LPG

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle ✓

4. Health Details:

(i) Ailments in family: NO

(ii) Treatment in which Hospital: Govt/Private ✓

(iii) Any PWD Persons in family: Yes/No ✓

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No ✓

5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes ✓

(iii) Mobile Number: 7093443763

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is internet available at home: Yes/No ✓

6. Any specific problems identified in the village/ Ward:

(i)

(ii)

(iii)

Place: Ilaiyaganipeta

Date: 19-05-23

K. Bhawani
Signature of the Student

[Signature]
Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : Konchada Bhawani

Group : BSC [BZC]

Registration Number : 2222001049040

Area of the Survey conducted: Ilayyageripeta

House No.	5-101	Habitat /Ward	Main street	Panchayat /Municipality	Rapaka
Post office	Rapaka	Mandal	Ponduru	District	Sriakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1.	K. Siva	M	40		farmer	[20,000]
2.	K. Jyothi	F	37	Degree course		
3.	K. Leena	F	6	12KG		

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: Thuru Kapu (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: 3 Acres

(vi) Livestock resources: Cows 2 Oxen X Buffaloes X Sheep/Goats 1

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____ ✓

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle ✓

4. Health Details:

(i) Ailments in family: NO ✓

(ii) Treatment in which Hospital: Govt/Private ✓

(iii) Any PWD Persons in family: Yes/No ✓

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No

5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes ✓

(iii) Mobile Number: 9581061331 ✓

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is internet available at home: Yes/No ✓

6. Any specific problems identified in the village/ Ward:

(i)

(ii)

(iii)

Place: Illayyageripeta

Date: 20-05-23

K. Bhawani
Signature of the Student


Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : Konchada Bhavani

Group : BZC [BSC]

Registration Number : 2222001049040

Area of the Survey conducted: Ilayyaguripeta

House No.	5-100	Habitat /Ward	main street	Panchayat /Municipality	Rapaka
Post office	Rapaka	Mandal	ponduru	District	srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1.	k. vayakanta	43 M	43		farmer	[] 150,00
2.	k. applamma	37 F	37		housewife	
3.	k. varja	15 F	17	intermedo	-	
4.	k. Banu	15 M	15	AD M. elem	-	

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: Thurpka (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented): Own/ Rented:

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: 1 Acres

(vi) Livestock resources: Cows 2 Oxen x Buffaloes x Sheep/Goats 1

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle ✓

4. Health Details:

(i) Ailments in family: NO ✓

(ii) Treatment in which Hospital: Govt/Private ✓

(iii) Any PWD Persons in family: Yes/No ✓

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No ✓

5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes ✓

(iii) Mobile Number: 9581061331 ✓

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is internet available at home: Yes/No ✓

6. Any specific problems identified in the village/ Ward:

(i)

(ii)

(iii)

Place: Illayyaguripeta

Date: 22-05-23

K. Bhavani
Signature of the Student


Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : Konchada Bhavani

Group : BSc [BZC]

Registration Number : 222200104040

Area of the Survey conducted: Pillaygaripeta

House No.	G-102	Habitat /Ward	main street	Panchayat /Municipality	Rapaka
Post office	Rapaka	Mandal	Ponduru	District	Sriakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1.	K. Kotisurana	43 M	43		farmer	[150,000]
2.	K. Radhima	37 F	37			
3.	K. monica	12 M	12	8th class		
4.	K. Prasad	10 M	10	7th class		

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: ✓ Thurpu Kapu (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented): ✓ Own

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection ✓ Bore-well

(iv) Availability of Agricultural land: Yes/ No ✓ Yes

(v) Extent of Agricultural land: 1 Acres

(vi) Livestock resources: Cows 8 Oxen X Buffaloes X Sheep/Goats 2

(vii) Do you have own toilet? Yes/No

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____

(ix) Do you have white Ration Card? Yes/No

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle

4. Health Details:

(i) Ailments in family: NO

(ii) Treatment in which Hospital: Govt/Private

(iii) Any PWD Persons in family: Yes/No

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No

5. Other Details:

(i) Do You have TV: Yes/No

(ii) Do you have Mobile: Yes

(iii) Mobile Number: 9502214392

(iv) Do you have Computer/Laptop: Yes/No

(v) Is internet available at home: Yes/No

6. Any specific problems identified in the village/ Ward:

(i)

(ii)

(iii)

Place: Ilayyagaripeta

Date: 24-05-23

K. Bhacani
Signature of the Student


Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : Konchade Bhanani

Group : BSC [BZC]

Registration Number : 2222001049010

Area of the Survey conducted: Tirayyoguri Peta

House No.	G-110	Habitat /Ward	main street	Panchayat /Municipality	Rapaka
Post office	Rapaka	Mandal	ponduru	District	Srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1.	P. dharmarao	42 M	42		Tractor	[150,000]
2.	P. Sarasathi	37 F	37		Housewife	
3.	P. manasa	17 F	17	10th class	-	
4.	P. Beshor	15 M	15	intermediate	-	

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: ✓ (iii) Religion: Hindu

3. Economic Status details: Thurp Kapu

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented): ✓

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection ✓

(iv) Availability of Agricultural land: Yes/ No ✓

(v) Extent of Agricultural land: 3 Acres

(vi) Livestock resources: Cows 2 Oxen X Buffaloes X Sheep/Goats 1

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____ ✓

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle ✓

4. Health Details:

(i) Ailments in family: NO ✓

(ii) Treatment in which Hospital: Govt/Private ✓

(iii) Any PWD Persons in family: Yes/No ✓

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No ✓

5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes ✓

(iii) Mobile Number: 9908737340 ✓

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is internet available at home: Yes/No ✓

6. Any specific problems identified in the village/ Ward:

(i)

(ii)

(iii)

Place:

Ilayygaripeta

Date:

25-05-23

K. Bhavani

Signature of the Student



Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : Konchada Bhavani

Group : BZC [BSC]

Registration Number : 2222001049040

Area of the Survey conducted: Ilayyaguripeta

House No.	G-106	Habitat /Ward	mainstreet	Panchayat /Municipality	Rapaka
Post office	Rapaka	Mandal	pondeuru	District	Srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1.	K. Bhadranya	M	45		farmer	[10,000]
2.	K. Gowri	F	47			
3.	K. Madhavi	F	16	intermediate	college	

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: Thurkapu (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: 5 acent Acres

(vi) Livestock resources: Cows 2 Oxen Buffaloes Sheep/Goats 1

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/Wood/ others specify _____ ✓

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle ✓

4. Health Details:

(i) Ailments in family: NO ✓

(ii) Treatment in which Hospital: Govt/Private ✓

(iii) Any PWD Persons in family: Yes/No ✓

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No ✓

5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes ✓

(iii) Mobile Number: 9160894429 ✓

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is internet available at home: Yes/No ✓

6. Any specific problems identified in the village/ Ward:

(i)

(ii)

(iii)

Place: Illayyagaripeta

Date: 26-05-23

K. Bhavani
Signature of the Student


Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : Konchada Bhavani

Group : BSC [B7C]

Registration Number : 2222001049010

Area of the Survey conducted: Ellayyaguripeta

House No.	G-111	Habitat /Ward	Mainstreet	Panchayat /Municipality	Rapakka
Post office	Rapakka	Mandal	Ponduru	District	Srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1.	G. Ramekanihara	M	28		Bus driver	[10,000]
2.	G. Sundhya	F	25	degree comp	House wife	
3.	G. Sheyana	F	3 months			

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC

(ii) Sub-Caste:

(iii) Religion: Hindu

3. Economic Status details:

Thurpukapu

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: 3 Acres

(vi) Livestock resources: Cows 2 Oxen X Buffaloes X Sheep/Goats 2

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle ✓

4. Health Details:

(i) Ailments in family: NO ✓

(ii) Treatment in which Hospital: Govt/Private ✓

(iii) Any PWD Persons in family: Yes/No ✓

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No

5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes ✓

(iii) Mobile Number: 630 2815859 ✓

(iv) Do you have Computer/Laptop: Yes/No

(v) Is internet available at home: Yes/No ✓

6. Any specific problems identified in the village/ Ward:

(i)

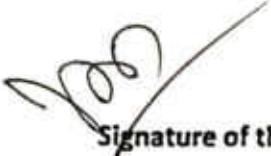
(ii)

(iii)

Place: Illayyageripeta

Date: 27-05-23

K. Bhasani
Signature of the Student


Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : Konchada Bhavani

Group : BSc [BZC]

Registration Number : 2222001049040

Area of the Survey conducted: Ilayyagari peta

House No.	6-108	Habitat /Ward	mainstreet	Panchayat /Municipality	Rapaka
Post office	Rapaka	Mandal	poduru	District	Srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1.	Gr. Rama Rao	M	37		farmer	
2.	Gr. Hema	F	33			10,000
3.	Gr. Bhavani	F	15	10 th class		

2. Social Status details:

(i) Community: SC/ST/BC-A-B-C-D/OC (ii) Sub-Caste: Thuru Kapu (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented): Own/ Rented:

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: 1 Acres

(vi) Livestock resources: Cows 1 Oxen X Buffaloes X Sheep/Goats 2.

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____ ✓

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle ✓

4. Health Details:

(i) Ailments in family: NIO ✓

(ii) Treatment in which Hospital: Govt/Private ✓

(iii) Any PWD Persons in family: Yes/No ✓

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No ✓

5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes ✓

(iii) Mobile Number: 9391714124 ✓

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is internet available at home: Yes/No ✓

6. Any specific problems identified in the village/ Ward:

(i)

(ii)

(iii)

Place: Ilaayagaripeta

Date: 28-05-23

K. Bhavani
Signature of the Student

[Signature]
Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : Konchada Bhavani

Group : BSC [B7C]

Registration Number : 2222001049040

Area of the Survey conducted: Ilayyaguripeta

House No.	6-105	Habitat /Ward	main street	Panchayat /Municipality	Rapak
Post office	Rapak	Mandal	ponduru	District	srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1.	B. gopalam	M	45		farmer	15,000
2.	B. koti	F	37		-	
3.	B. Sai	M	23	intermediate	-	
4.	B. Rajeswari	F	17	intermediate	-	
5.	B. chinna	M	14	other class	-	

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: Thirpu Kapu (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented): Own/ Rented

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: 500 Acres

(vi) Livestock resources: Cows Oxen Buffaloes Sheep/Goats

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/Wood/ others specify _____

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle ✓

4. Health Details:

(i) Ailments in family: NIO ✓

(ii) Treatment in which Hospital: Govt/Private ✓

(iii) Any PWD Persons in family: Yes/No ✓

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No ✓

5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes ✓

(iii) Mobile Number: 9701640470 ✓

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is internet available at home: Yes/No ✓

6. Any specific problems identified in the village/ Ward:

(i)

(ii)

(iii)

Place:

Mayyaganipeta

Date:

29-05-23

K. Bhawani
Signature of the Student


Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : Konchada Bhayani

Group : BSC [BZC]

Registration Number : 2222001049040

Area of the Survey conducted: Ilayyagaripeta

House No.	5-105	Habitat /Ward	main street	Panchayat /Municipality	Rapaka
Post office	Rapaka	Mandal	ponduru	District	Srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1.	K. Govinda	M M	35		shop	[10,000]
2.	K. Bhavathi	F F	32		-	
3.	K. neshitha	F F	8	UKG	-	

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC

(ii) Sub-Caste:

(iii) Religion: Hindu

3. Economic Status details:

Thurpukapu

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: 50 cent Acres

(vi) Livestock resources: Cows 2 Oxen X Buffaloes X Sheep/Goats 10.

(vii) Do you have own toilet? Yes/No

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____

(ix) Do you have white Ration Card? Yes/No

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle

4. Health Details:

(i) Ailments in family: NO

(ii) Treatment in which Hospital: Govt/Private

(iii) Any PWD Persons in family: Yes/No

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No

5. Other Details:

(i) Do You have TV: Yes/No

(ii) Do you have Mobile: Yes

(iii) Mobile Number: 9000765741

(iv) Do you have Computer/Laptop: Yes/No

(v) Is internet available at home: Yes/No

6. Any specific problems identified in the village/ Ward:

(i)

(ii)

(iii)

Place: Duayyagaripeta

Date: 30-05-23

K. Bhavani
Signature of the Student


Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : Konchada Bhavani

Group : BZC [BSC]

Registration Number : 2222001049040

Area of the Survey conducted: Ilayyaganipeter

House No.	7-105	Habitat /Ward	Mainstreet	Panchayat /Municipality	Rapakka
Post office	Rapakka	Mandal	Pondururu	District	Sri Kalahasti

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1	V. Suryakani	M	35		former	10,000
2	V. varalaxmi	F	32			
3	V. namalatha	F	16	intermediate		
4	V. Gayathri	F	15	10th class		

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: Thoupkapu (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: 1 Acres

(vi) Livestock resources: Cows Oxen Buffaloes Sheep/Goats

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____ ✓

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle ✓

4. Health Details:

(i) Ailments in family: NO ✓

(ii) Treatment in which Hospital: Govt/Private ✓

(iii) Any PWD Persons in family: Yes/No ✓

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No ✓

5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes ✓

(iii) Mobile Number: 8019996050 ✓

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is internet available at home: Yes/No ✓

6. Any specific problems identified in the village/ Ward:

(i)

(ii)

(iii)

Place: Talayyageripeta

Date: 01-06-23

K. Bhaamini
Signature of the Student


Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : Konchada Bhavani

Group : BSc [BZC]

Registration Number : 2222001049040

Area of the Survey conducted: Ilayyagaripeta

House No.	6-172	Habitat /Ward	main street	Panchayat /Municipality	Rapaka
Post office	Rapaka	Mandal	Ponduru	District	Srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1.	P. Appamma	F	57		House wife	
2.	P. Laxmaide	M	28	degree com	private com	[15,000]
3.	P. Anusha	F	23	degree complet		

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: Therpu Kapu (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: 4 Acres

(vi) Livestock resources: Cows 1 Oxen X Buffaloes X Sheep/Goats ✓

iii) Do you have own toilet? Yes/No

iv) Type-Cooking fuel used: LPG/Kerosene: Wood Other Coal

v) Do you have white Ration Card? Yes/No

vi) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle

4. Health Details:

i) Ailments in family:

ii) Treatment in which Hospital: Govt/ Private

iii) Any PWD Persons in family: Yes/No

S.No.	Name of the Person	Gender	Age	Marital Status

iv) Do you have Govt. Arogya Sh. Card: Yes/No

5. Other Details:

i) Do you have TV: Yes/No

ii) Do you have Mobile: Yes

iii) Mobile Number: 9820022222

iv) Do you have Computer/Laptop: Yes/No

v) Is internet available at home: Yes/No

6. Any specific problems identified in the village/ Ward:

(i) No. of facilities

(ii)

(iii)

Place: Ilaiyayagari petta

Date: 02-06-23

K. Bhowani
Signature of the Student

[Signature]
Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : KOUCHADA BHAVANI

Group : BSC [BZC]

Registration Number : 2222001049040

Area of the Survey conducted: TUA YAGARIPETA

House No.	5-104	Habitat /Ward	main street	Panchayat /Municipality	Rapaka
Post office	Rapaka	Mandal	Ponduru	District	Srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1.	Y. RANA RAO	M	35		farmer	[10,000]
2.	Y. BHARATHI	F	32		-	
3.	Y. BHAVANA	F	10	5 th class	-	
4.	Y. JYOTHI	F	7	2 nd class	-	

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: Thurpu Kapu (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: 1 Acres

(vi) Livestock resources: Cows X Oxen X Buffaloes X Sheep/Goats 2

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify LPG

(ix) Do you have white Ration Card? Yes/No

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle NO

4. Health Details:

(i) Ailments in family:

(ii) Treatment in which Hospital: Govt/Private ✓

(iii) Any PWD Persons in family: Yes/No ✓

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No ✓

5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes ✓

(iii) Mobile Number:

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is internet available at home: Yes/No ✓

6. Any specific problems identified in the village/ Ward:

(i)

(ii)

(iii)

Place: Illayyagaripeta

Date: 03-6-23

K. Bhavani
Signature of the Student


Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : Konchada Bhavani

Group : BSC [BZC]

Registration Number : 2222001019040

Area of the Survey conducted: Ilayyugaripeta

House No.	6-106	Habitat /Ward	mainstreet	Panchayat /Municipality	Rapaka
Post office	Rapaka	Mandal	Konduru	District	SriKakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1.	G. Pushkora Rao	M	23		farmer	70,00
2.	G. Sathyavathi	F	30		housewife	
3.	G. within	M	7	3rd class		
4.	G. Ramana	M	6	LKG		

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: Thuyrukapu (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: 70 cent Acres

(vi) Livestock resources: Cows Oxen Buffaloes Sheep/Goats

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle ✓

4. Health Details:

(i) Ailments in family: N/A ✓

(ii) Treatment in which Hospital: Govt/Private ✓

(iii) Any PWD Persons in family: Yes/No ✓

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No ✓

5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes ✓

(iii) Mobile Number: 8500867876 ✓

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is internet available at home: Yes/No ✓

6. Any specific problems identified in the village/ Ward:

(i)

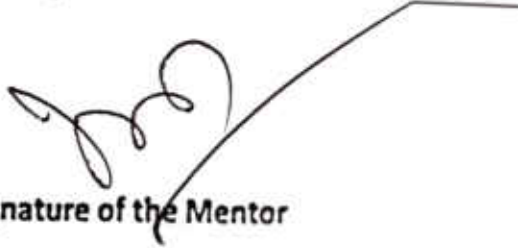
(ii)

(iii)

Place: Mayyagari peta

Date: 04-6-23

K. Bhavani
Signature of the Student


Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS
QUESTIONNAIRE



Name of the student : Konchada Bhavani
Group : BSC [BZC]
Name of the mentor : G. Rama Krishna Rao Sir
Name of the project : food habit

House No	Name of the person	Village / Ward	Mandal	District
5-104	V. madhavi	Ellayyagaripeta	ponduru	Srikakulam

- How many times a day do you eat?
3 times
- Please answer the following according to your particular eating habits?
 - I eat a good breakfast YES
 - I experienced feeling of hunger during the day NO
 - I eat meat. NO
 - I eat vegetables. YES
 - I eat fruits. YES
 - I eat dairy products NO
 - I eat sweets. YES
- What meal would you consider to be your main meal of the day?
 Breakfast lunch dinner others
- What does your main meal consist of and how it is prepared?
 Freshly prepared. restaurant meal. precooked microwave. other
- Have you been avoiding some foods for health reasons? Yes / No
- Do you have any particular food allergies? YES
- What is your daily food intake frequency of the following food categories?
Sweet foods:
Several times a day once a day several times a week
less often never
Fresh vegetables & Fruits:
Several times a day once a day several times a week
less often never

8. What percentage of your regular diet consists of meat products?
90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?
90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems? *Yes*

11. Do you know your current body mass index?

55kg

12. Have your ever been on a diet, if so, what kind? *ND*

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact. B. little impact c. big impact. D. none

Health

a. No impact. B. little impact c. big impact. D. none

Weight.

a. No impact. B. little impact c. big impact. D. none

Mental condition.

A. No impact. B. little impact c. big impact. D. none

K. Bhavani
Signature of the Student


Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS
QUESTIONNAIRE



Name of the student : Konchada Bhavani
Group : BZC (BSc)
Name of the mentor : G. Rama Krishna Rao Sir
Name of the project : food habits

House No	Name of the person	Village / Ward	Mandal	District
73	P. Sravan	Illayyagaripeta	ponduru	Srikakulam

- How many times a day do you eat?
3 times
- Please answer the following according to your particular eating habits?
 - I eat a good breakfast Yes
 - I experienced feeling of hunger during the day NO
 - I eat meat. NO
 - I eat vegetables. YES
 - I eat fruits. YES
 - I eat dairy products NO
 - I eat sweets. NO
- What meal would you consider to be your main meal of the day?
 a. Breakfast b. lunch c. dinner d. others
- What does your main meal consist of and how it is prepared?
 a. Freshly prepared. B. restaurant meal. C. precooked microwave. D. other
- Have you been avoiding some foods for health reasons? Yes / No
- Do you have any particular food allergies? YES
- What is your daily food intake frequency of the following food categories?
Sweet foods:
Several times a day once a day several times a week
less often never
Fresh vegetables & Fruits:
Several times a day once a day several times a week
less often never



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS
QUESTIONNAIRE



Name of the student : konchada Bhavani
Group : BSC [BZC]
Name of the mentor : G. Ramakrishna Rao sir
Name of the project : food habit

House No	Name of the person	Village / Ward	Mandal	District
6-109	K. prasad	Ellayugari	ponduru	Sriakulam

- How many times a day do you eat?
4 times
- Please answer the following according to your particular eating habits?
 - I eat a good breakfast YES
 - I experienced feeling of hunger during the day NO
 - I eat meat. YES
 - I eat vegetables. NO
 - I eat fruits. YES
 - I eat dairy products NO
 - I eat sweets. NO
- What meal would you consider to be your main meal of the day?
 - Breakfast
 - lunch
 - dinner
 - others
- What does your main meal consist of and how it is prepared?
 - Freshly prepared.
 - restaurant meal.
 - precooked microwave.
 - other
- Have you been avoiding some foods for health reasons? Yes / No
- Do you have any particular food allergies? YES
- What is your daily food intake frequency of the following food categories?

Sweet foods:

Several times a day once a day several times a week
less often never

Fresh vegetables & Fruits:

Several times a day once a day several times a week
less often never

8. What percentage of your regular diet consists of meat products?
90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?
90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems? *YES*

11. Do you know your current body mass index?

55 kg

12. Have your ever been on a diet, if so, what kind? *NO*

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

14. How much do you think a healthy diet affects?

Restful sleep

No impact. B. little impact c. big impact. D. none

Health

a. No impact. B. little impact big impact. D. none


Weight.

a. No impact. B. little impact c. big impact. none

Mental condition.

A. No impact. little impact c. big impact. D. none

K. Bhavani
Signature of the Student


Signature of the Mentor

8. What percentage of your regular diet consists of meat products?
90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?
90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems? *NO*

11. Do you know your current body mass index?

60 kg

12. Have your ever been on a diet, if so, what kind? *NO*

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact. B. little impact c. big impact. ~~D. none~~

Health

a. No impact. ~~B. little impact~~ c. big impact. D. none

Weight.

a. No impact. B. little impact ~~c. big impact.~~ D. none

Mental condition.

A. No impact. ~~B. little impact~~ c. big impact. D. none

K. Bhavani
Signature of the Student


Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS
QUESTIONNAIRE



Name of the student : Konchada Bhawani
Group : BSC [BZC]
Name of the mentor : G. Ramakrishna Rao sir
Name of the project : Food habits

House No	Name of the person	Village / Ward	Mandal	District
1-109	K. Raghava	Illayyagaripeta	ponduru	Srikakulam

- How many times a day do you eat?
3 times
 - Please answer the following according to your particular eating habits?
 - I eat a good breakfast YES
 - I experienced feeling of hunger during the day NO
 - I eat meat. NO
 - I eat vegetables. YES
 - I eat fruits. YES
 - I eat dairy products NO
 - I eat sweets. NO
 - What meal would you consider to be your main meal of the day?
 - Breakfast
 - lunch
 - dinner
 - others
 - What does your main meal consist of and how it is prepared?
 - Freshly prepared.
 - restaurant meal.
 - precooked microwave.
 - other
 - Have you been avoiding some foods for health reasons? Yes / No
 - Do you have any particular food allergies? YES
7. What is your daily food intake frequency of the following food categories?
- Sweet foods:
- Several times a day once a day several times a week
- less often never
- Fresh vegetables & Fruits:
- Several times a day once a day several times a week
- less often never

8. What percentage of your regular diet consists of meat products?
90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?
90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems? *NO*

11. Do you know your current body mass index?

35 kg

12. Have your ever been on a diet, if so, what kind? *YES*

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact. B. little impact ~~c. big impact.~~ D. none

Health

~~a.~~ No impact. B. little impact c. big impact. D. none


Weight.

a. No impact. B. little impact ~~c. big impact.~~ D. none

Mental condition.

A. No impact. B. little impact c. big impact. ~~D. none~~

K. Bhawani
Signature of the Student


Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS
QUESTIONNAIRE



Name of the student : *Konchada Bhawani*
Group : *BSC [BZC]*
Name of the mentor : *G. Rama Krishna Rao sir*
Name of the project : *food habit*

House No	Name of the person	Village / Ward	Mandal	District
105	K. Simmanna	Ilayyagaripeta	Pondur	Srikakulam

1. How many times a day do you eat?

2 times

2. Please answer the following according to your particular eating habits?

- a. I eat a good breakfast *YES*
- b. I experienced feeling of hunger during the day *NO*
- c. I eat meat. *NO*
- d. I eat vegetables. *YES*
- e. I eat fruits. *YES*
- f. I eat dairy products *NO*
- g. I eat sweets. *YES*

3. What meal would you consider to be your main meal of the day?

- a. Breakfast b. lunch c. dinner d. others

4. What does your main meal consist of and how it is prepared?

- a. Freshly prepared. B. restaurant meal. C. precooked microwave. D. other

5. Have you been avoiding some foods for health reasons? Yes / No

6. Do you have any particular food allergies? *NO*

7. What is your daily food intake frequency of the following food categories?

Sweet foods:

- Several times a day once a day several times a week
less often never

Fresh vegetables & Fruits:

- Several times a day once a day several times a week

8. What percentage of your regular diet consists of meat products?
90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?
90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems? *YES*

11. Do you know your current body mass index?

50kg

12. Have your ever been on a diet, if so, what kind? *ND*

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact. B. little impact c. big impact. ~~D. none~~

Health

~~a. No impact.~~ B. little impact c. big impact. D. none

Weight.

a. No impact. B. little impact ~~c. big impact.~~ D. none

Mental condition.

A. No impact. ~~B. little impact~~ c. big impact. D. none

K. Bhavani

Signature of the Student



Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS
QUESTIONNAIRE



Name of the student : Konchada Bhawani
Group : BSC [BZC]
Name of the mentor : G. Rama Krishna Rao Sir
Name of the project : food habit

House No	Name of the person	Village / Ward	Mandal	District
6-108	K. Krishnaveni	Ilaiyagaripeta	ponduru	sriakulam

- How many times a day do you eat?
3 times
- Please answer the following according to your particular eating habits?
 - I eat a good breakfast YES
 - I experienced feeling of hunger during the day NO
 - I eat meat. NO
 - I eat vegetables. YES
 - I eat fruits. YES
 - I eat dairy products NO
 - I eat sweets. NO
- What meal would you consider to be your main meal of the day?
 - Breakfast
 - lunch
 - dinner
 - others
- What does your main meal consist of and how it is prepared?
 - Freshly prepared.
 - B. restaurant meal.
 - C. precooked microwave.
 - D. other
- Have you been avoiding some foods for health reasons? Yes / No
- Do you have any particular food allergies? NO
- What is your daily food intake frequency of the following food categories?

Sweet foods:

Several times a day once a day several times a week
less often never

Fresh vegetables & Fruits:

Several times a day once a day several times a week
less often never

8. What percentage of your regular diet consists of meat products?
90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?
90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems? *NO*

11. Do you know your current body mass index?

53 kg

12. Have your ever been on a diet, if so, what kind? *YES*

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact.

B. little impact

c. big impact. D. none

Health

a. No impact.

B. little impact

c. big impact. D. none

Weight.

a. No impact.

B. little impact

c. big impact. D. none

Mental condition.

A. No impact.

B. little impact

c. big impact. D. none

K. Bhavani

Signature of the Student

[Signature]
Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS
QUESTIONNAIRE



Name of the student : konchada bhavani
Group : BSc [BZC]
Name of the mentor : G. Ramakrishna rao sir
Name of the project : food habit

House No	Name of the person	Village / Ward	Mandal	District
6-III	K. Bhavathi	Illayyagaripeta	PONDURU	Srikakulam

1. How many times a day do you eat?

3 times

2. Please answer the following according to your particular eating habits?

- a. I eat a good breakfast *yes*
b. I experienced feeling of hunger during the day *yes*
c. I eat meat. *yes*
d. I eat vegetables. *yes*
e. I eat fruits. *yes*
f. I eat dairy products *NO*
g. I eat sweets. *NO*

3. What meal would you consider to be your main meal of the day?

- a. Breakfast lunch c. dinner d. others

4. What does your main meal consist of and how it is prepared?

- a. Freshly prepared. B. restaurant meal. C. precooked microwave. other

5. Have you been avoiding some foods for health reasons? Yes / No

6. Do you have any particular food allergies? *NO*

7. What is your daily food intake frequency of the following food categories?

Sweet foods:

Several times a day once a day several times a week

less often never

Fresh vegetables & Fruits:

Several times a day once a day several times a week

less often never

8. What percentage of your regular diet consists of meat products?
90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?
90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems? NO

11. Do you know your current body mass index?

65 kg

12. Have your ever been on a diet, if so, what kind?

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact. B. little impact c. big impact. D. none

Health

a. No impact. B. little impact c. big impact. D. none

Weight.

a. No impact. B. little impact c. big impact. D. none

Mental condition.

A. No impact. B. little impact c. big impact. D. none

K. Bhuvani
Signature of the Student


Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS
QUESTIONNAIRE



Name of the student : K. Bhavani^D
Group : BSC [BZC]
Name of the mentor : G. Ramakrishna Rao Siy
Name of the project : FOOD HABITS

House No	Name of the person	Village / Ward	Mandal	District
6-106	K. Mani ^D	Jilayyagaripeta	Ponduru	Srikakulam

1. How many times a day do you eat?

3 times

2. Please answer the following according to your particular eating habits?

- a. I eat a good breakfast *yes*
b. I experienced feeling of hunger during the day *no*
c. I eat meat. *no*
d. I eat vegetables. *yes*
e. I eat fruits. *yes*
f. I eat dairy products *no*
g. I eat sweets. *yes*

3. What meal would you consider to be your main meal of the day?

- a. Breakfast *b. lunch* c. dinner d. others

4. What does your main meal consist of and how it is prepared?

- a. Freshly prepared. *B. restaurant meal.* C. precooked microwave. D. other

5. Have you been avoiding some foods for health reasons? *Yes* / No

6. Do you have any particular food allergies? *no*

7. What is your daily food intake frequency of the following food categories?

Sweet foods:

Several times a day once a day several times a week

less often never

Fresh vegetables & Fruits:

Several times a day once a day several times a week

less often never

8. What percentage of your regular diet consists of meat products?
90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?
90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems? *yes*

11. Do you know your current body mass index?

49kg

12. Have your ever been on a diet, if so, what kind? *NO*

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact.

~~B. little impact~~

c. big impact. D. none

Health

a. No impact.

~~B. little impact~~

c. big impact. D. none

Weight.

a. No impact.

B. little impact

c. big impact. ~~D. none~~

Mental condition.

A. No impact.

~~B. little impact~~

c. big impact. D. none

K. Bhavani

Signature of the Student



Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS
QUESTIONNAIRE



Name of the student : konchada bhavani
Group : BSc [BZC]
Name of the mentor : G. Ramakrishna Rao sir
Name of the project : food habit

House No	Name of the person	Village / Ward	Mandal	District
6-113	P. RAJU	Illayyagaripeta	Ponduru	Srikakulam

- How many times a day do you eat?
3 times
- Please answer the following according to your particular eating habits?
 - I eat a good breakfast yes
 - I experienced feeling of hunger during the day yes
 - I eat meat. yes
 - I eat vegetables. yes
 - I eat fruits. yes
 - I eat dairy products yes
 - I eat sweets. NO
- What meal would you consider to be your main meal of the day?
 - Breakfast
 - lunch
 - dinner
 - others
- What does your main meal consist of and how it is prepared?
 - Freshly prepared.
 - restaurant meal.
 - precooked microwave.
 - other
- Have you been avoiding some foods for health reasons? Yes / No
- Do you have any particular food allergies? NO
- What is your daily food intake frequency of the following food categories?

Sweet foods:

Several times a day once a day several times a week
less often never

Fresh vegetables & Fruits:

Several times a day once a day several times a week
less often never

8. What percentage of your regular diet consists of meat products?
90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?
90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems? *NO*

11. Do you know your current body mass index?

50 kg

12. Have your ever been on a diet, if so, what kind? *NO*

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact. B. little impact c. big impact. D. none

Health

a. No impact. B. little impact c. big impact. D. none

Weight.

a. No impact. B. little impact c. big impact. D. none

Mental condition.

A. No impact. B. little impact c. big impact. D. none

K. Bhavani
Signature of the Student

[Signature]
Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS
QUESTIONNAIRE



Name of the student : Konchada Bhavani
Group : BSC [BZC]
Name of the mentor : G. Ramakrishna Rao Sir
Name of the project : food habit

House No	Name of the person	Village / Ward	Mandal	District
G-112	P. Anusha	Illayyagaripeta	Ponduru	Sri Kakulam

- How many times a day do you eat?
3 times
- Please answer the following according to your particular eating habits?
 - I eat a good breakfast *yes*
 - I experienced feeling of hunger during the day *yes*
 - I eat meat. *yes*
 - I eat vegetables. *yes*
 - I eat fruits. *yes*
 - I eat dairy products *NO*
 - I eat sweets. *yes*
- What meal would you consider to be your main meal of the day?
 - Breakfast
 - lunch
 - dinner
 - others
- What does your main meal consist of and how it is prepared?
 - Freshly prepared.
 - restaurant meal.
 - precooked microwave.
 - other
- Have you been avoiding some foods for health reasons? Yes / No No
- Do you have any particular food allergies? *NO*

- What is your daily food intake frequency of the following food categories?

Sweet foods:

Several times a day once a day several times a week
less often never

Fresh vegetables & Fruits:

Several times a day once a day several times a week
less often never

8. What percentage of your regular diet consists of meat products?
90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?
90% 75% 50% 25% less than 25%

10. Do you or have you ever had cholesterol problems?

11. Do you know your current body mass index?

25 kg

12. Have you ever been on a diet, if so, what kind?

13. Mention the food items from the healthiest to the unhealthiest from your point of view?

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact. B. little impact. c. big impact. D. none

Health

a. No impact. B. little impact. c. big impact. D. none

Weight

a. No impact. B. little impact. c. big impact. D. none

Mental condition

A. No impact. B. little impact. c. big impact. D. none

K. Bhanu

Signature of the Student


Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS
QUESTIONNAIRE



Name of the student : Konchada Bhavani
Group : BSC [BZC]
Name of the mentor : G. Ramakrishnakao Sir
Name of the project : food habit

House No	Name of the person	Village / Ward	Mandal	District
73	P. haribabu	Ilayyagaripeta	ponduru	Srikakulam

- How many times a day do you eat?
3 times
- Please answer the following according to your particular eating habits?
 - I eat a good breakfast yes
 - I experienced feeling of hunger during the day yes
 - I eat meat. yes
 - I eat vegetables. yes
 - I eat fruits. NO
 - I eat dairy products yes
 - I eat sweets. yes
- What meal would you consider to be your main meal of the day?
 - Breakfast b. lunch
 - c. dinner
 - d. others
- What does your main meal consist of and how it is prepared?
 - Freshly prepared. B. restaurant meal.
 - C. precooked microwave.
 - D. other
- Have you been avoiding some foods for health reasons? Yes / No
- Do you have any particular food allergies? NO
- What is your daily food intake frequency of the following food categories?

Sweet foods:

Several times a day once a day several times a week
less often never

Fresh vegetables & Fruits:

Several times a day once a day several times a week
less often never

8. What percentage of your regular diet consists of meat products?
90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?
90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems? *NLO*

11. Do you know your current body mass index?

50 kg

12. Have your ever been on a diet, if so, what kind? *NLO*

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact. b. little impact c. big impact. D. none

Health

a. No impact. B. little impact c. big impact. D. none

Weight.

a. No impact. B. little impact c. big impact. D. none

Mental condition.

A. No impact. B. little impact c. big impact. D. none

Bhavani

Signature of the Student



Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
 COMMUNITY SERVICE PROJECT
 PROJECT: FOOD HABITS
 QUESTIONNAIRE



Name of the student : Konchada Bhawani
 Group : BSC [BZC]
 Name of the mentor : G. Ramakrishnarao sir
 Name of the project : food habit

House No	Name of the person	Village / Ward	Mandal	District
6-109	K. SURYARAO	Illayyagaripeta	Ponduru	SriKakulam

- How many times a day do you eat?
3 times
- Please answer the following according to your particular eating habits?
 - I eat a good breakfast *yes*
 - I experienced feeling of hunger during the day *NO*
 - I eat meat. *yes*
 - I eat vegetables. *yes*
 - I eat fruits. *yes*
 - I eat dairy products *NO*
 - I eat sweets. *yes*
- What meal would you consider to be your main meal of the day?
 - Breakfast
 - lunch
 - dinner
 - others
- What does your main meal consist of and how it is prepared?
 - Freshly prepared.
 - restaurant meal.
 - precooked microwave.
 - other
- Have you been avoiding some foods for health reasons? Yes / No
- Do you have any particular food allergies? *NO*
- What is your daily food intake frequency of the following food categories?

Sweet foods:

Several times a day once a day several times a week

less often never

Fresh vegetables & Fruits:

Several times a day once a day several times a week

less often never

8. What percentage of your regular diet consists of meat products?
90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?
90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems? *NO*

11. Do you know your current body mass index?

60 kg

12. Have your ever been on a diet, if so, what kind? *NO*

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact. B. little impact c. big impact. D. none

Health

a. No impact. B. little impact c. big impact. D. none

Weight.

a. No impact. B. little impact c. big impact. D. none

Mental condition.

A. No impact. B. little impact c. big impact. D. none

Bhawani'

Signature of the Student

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Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS
QUESTIONNAIRE



Name of the student : Konchada Bhavani
Group : BSC [BZC]
Name of the mentor : G. Ramakrishna Rausir
Name of the project : food habit

House No	Name of the person	Village / Ward	Mandal	District
5-101	K. Lokesh	Mayyagaripeta	ponduru	Srikakulam

1. How many times a day do you eat?

3 times

2. Please answer the following according to your particular eating habits?

- a. I eat a good breakfast YES
- b. I experienced feeling of hunger during the day NO
- c. I eat meat. NO
- d. I eat vegetables. YES
- e. I eat fruits. YES
- f. I eat dairy products YES
- g. I eat sweets. NO

3. What meal would you consider to be your main meal of the day?

- a. Breakfast b. lunch c. dinner d. others

4. What does your main meal consist of and how it is prepared?

- a. Freshly prepared. B. restaurant meal. C. precooked microwave. D. other

5. Have you been avoiding some foods for health reasons? Yes / No

6. Do you have any particular food allergies? NO

7. What is your daily food intake frequency of the following food categories?

Sweet foods:

- Several times a day once a day several times a week
less often never

Fresh vegetables & Fruits:

- Several times a day once a day several times a week
less often never

8. What percentage of your regular diet consists of meat products?
90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?
90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems? ~ 10

11. Do you know your current body mass index?

52 kg

12. Have your ever been on a diet, if so, what kind? ~ 10

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact. B. little impact c. big impact. D. none

Health

a. No impact. B. little impact c. big impact. D. none

Weight.

a. No impact. B. little impact c. big impact. D. none

Mental condition.

A. No impact. B. little impact c. big impact. D. none

K. Bhawani

Signature of the Student



Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS
QUESTIONNAIRE



Name of the student : Konchada Bhawani
Group : BSC [BZC]
Name of the mentor : G. Ramakrishna Rao Sir
Name of the project : food habit

House No	Name of the person	Village / Ward	Mandal	District
6-110	K. Ravi	Illayyagaripeta	ponduru	Sri Kakulam

1. How many times a day do you eat?

3 times

2. Please answer the following according to your particular eating habits?

- I eat a good breakfast yes
- I experienced feeling of hunger during the day NO
- I eat meat. yes
- I eat vegetables. yes
- I eat fruits. NO
- I eat dairy products yes
- I eat sweets. NO

3. What meal would you consider to be your main meal of the day?

- a. Breakfast b. lunch c. dinner d. others

4. What does your main meal consist of and how it is prepared?

- A. Freshly prepared. B. restaurant meal. C. precooked microwave. D. other

5. Have you been avoiding some foods for health reasons? Yes / No

6. Do you have any particular food allergies? NO

7. What is your daily food intake frequency of the following food categories?

Sweet foods:

- Several times a day once a day several times a week
less often never

Fresh vegetables & Fruits:

- Several times a day once a day several times a week
less often never

8. What percentage of your regular diet consists of meat products?
90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?
90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems? **NO**

11. Do you know your current body mass index?

54 kg

12. Have your ever been on a diet, if so, what kind? **NID**

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact. ~~B.~~ little impact c. big impact. D. none

Health

a. No impact. B. little impact ~~c.~~ big impact. D. none


Weight.

a. No impact. ~~B.~~ little impact c. big impact. D. none

Mental condition.

~~A.~~ No impact. B. little impact c. big impact. D. none

K. Bhawani
Signature of the Student


Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS
QUESTIONNAIRE



Name of the student : Konchada Bhavani
Group : BSE [BZC]
Name of the mentor : G. Ramakrishna Rao sir
Name of the project : food habit

House No	Name of the person	Village / Ward	Mandal	District
2-105	K. Sswar Rao	Illyyagaripeta	ponduru	Srikakulam

1. How many times a day do you eat?

3 times

2. Please answer the following according to your particular eating habits?

- a. I eat a good breakfast *yes*
b. I experienced feeling of hunger during the day *NO*
c. I eat meat. *yes*
d. I eat vegetables. *yes*
e. I eat fruits. *NO*
f. I eat dairy products *NO*
g. I eat sweets. *yes*

3. What meal would you consider to be your main meal of the day?

- a. Breakfast b. lunch c. dinner *d. others*

4. What does your main meal consist of and how it is prepared?

- a. Freshly prepared. B. restaurant meal. C. precooked microwave. *D. other*

5. Have you been avoiding some foods for health reasons? *Yes / No*

6. Do you have any particular food allergies? *NO*

7. What is your daily food intake frequency of the following food categories?

Sweet foods:

- Several times a day once a day several times a week
less often never

Fresh vegetables & Fruits:

- Several times a day once a day several times a week
less often never

8. What percentage of your regular diet consists of meat products?
90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?
90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems? *NO*

11. Do you know your current body mass index?

45 kg

12. Have your ever been on a diet, if so, what kind? *YES*

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact. B. little impact c. big impact. D. none

Health

a. No impact. B. little impact c. big impact. D. none

Weight.

a. No impact. B. little impact c. big impact. D. none

Mental condition.

A. No impact. B. little impact c. big impact. D. none

K. Bhavani

Signature of the Student



Signature of the Mentor

8. What percentage of your regular diet consists of meat products?
90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?
90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems? *NO*

11. Do you know your current body mass index?

47 kg

12. Have your ever been on a diet, if so, what kind? *YES*

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

14. How much do you think a healthy diet affects?

Restful sleep

~~a.~~ No impact. B. little impact c. big impact. D. none

Health

a. No impact. ~~B.~~ little impact c. big impact. D. none

Weight.

a. No impact. B. little impact c. big impact. ~~D.~~ none

Mental condition.

A. No impact. B. little impact ~~c.~~ big impact. D. none

K. Bhavani

Signature of the Student



Signature of the Mentor

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6-
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GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS
QUESTIONNAIRE



Name of the student : Konchada Bhawani
Group : BSc [BZC]
Name of the mentor : G. Rama Krishna Rao Sir
Name of the project : food habit

House No	Name of the person	Village / Ward	Mandal	District
G-115	K. Rajesh	Illayyagaripeta	ponduru	Sri Kakulam

- How many times a day do you eat?
2 times.
- Please answer the following according to your particular eating habits?
 - I eat a good breakfast YES
 - I experienced feeling of hunger during the day NO
 - I eat meat. NO
 - I eat vegetables. YES
 - I eat fruits. YES
 - I eat dairy products NO
 - I eat sweets. NO
- What meal would you consider to be your main meal of the day?
 - Breakfast ~~b.~~ lunch
 - c. dinner
 - d. others
- What does your main meal consist of and how it is prepared?
 - Freshly prepared. B. restaurant meal.
 - C. precooked microwave.
 - D. other
- Have you been avoiding some foods for health reasons? Yes / No
- Do you have any particular food allergies? YES
- What is your daily food intake frequency of the following food categories?

Sweet foods:

Several times a day once a day several times a week
less often never

Fresh vegetables & Fruits:

Several times a day once a day several times a week
less often never

8. What percentage of your regular diet consists of meat products?
90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?
90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems? *NO*

11. Do you know your current body mass index?

47kg

12. Have your ever been on a diet, if so, what kind? *yes*

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact. B. little impact c. big impact. D. none

Health

a. No impact. B. little impact c. big impact. D. none

Weight.

a. No impact. B. little impact c, big impact. D. none

Mental condition.

A. No impact. B. little impact c. big impact. D. none

K. Bhavani

Signature of the Student

Am

Signature of the Mentor

CONCLUSION

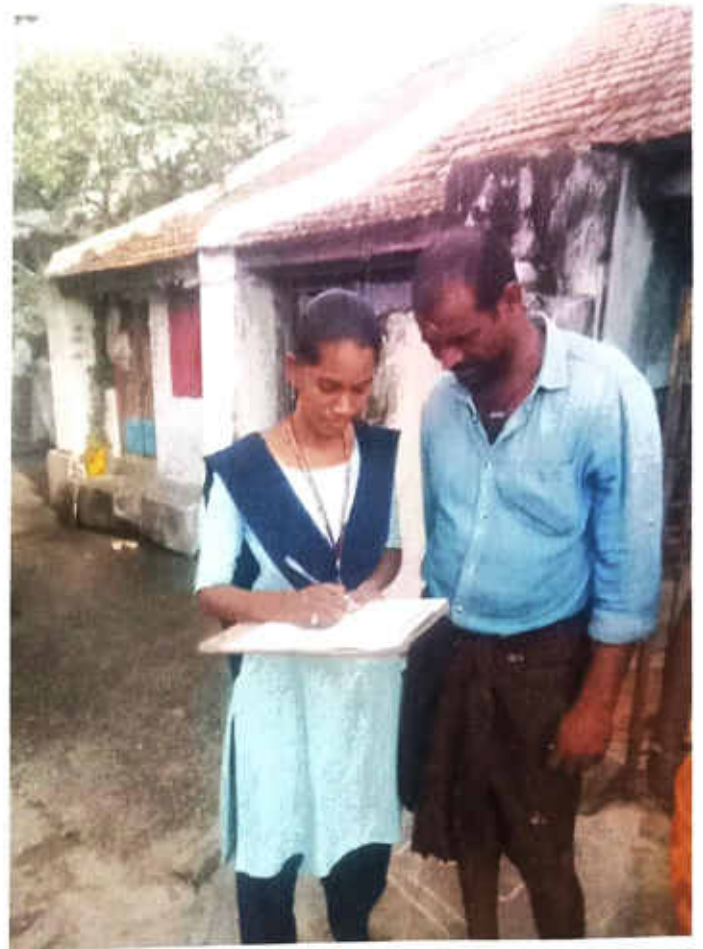
I'm *K. Bhavani* studying in B.SC first year Cbz group. I had completed the community service project on "FOOD HABITS" in our Village and submitted the report to my mentor. My project is about the food habits of our Village people, I conducted questionnaire to different age groups people about their regular diet. Most of the old aged people considered lunch as their main meal of the day. They taking food only two times per day due to digestive problems. We find out the major problem facing by our villagers and dropped the Sarpanch attention towards the problem by conducting awareness program in our Village.

It was interesting to carry out this project to know about different opinions, food habits and problems of our villagers. Finally I believe that my project is complete under vision of my mentor. I thank him for his guidance and support.

By

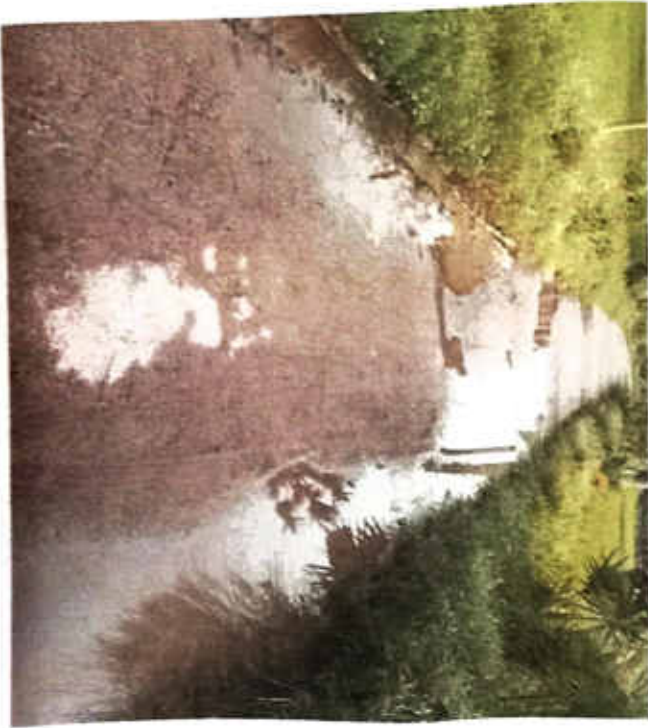
KONCHADA BHAVANI

Socio-Economic Survey





Awareness Programme



GOVT. DEGREE COLLEGE(M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

LOG BOOK

Name of the student : Konchada Bhavani


Group : B.Z.C

Registration Number : 2222001049040

Name of the Mentor : G. Ramakrishna Rao sir

Name of the Project : food habit

Date & Day	Activity done	Number of Hours Spent	Signature of the student
09-05-23	Socio-economic survey	05 hours	K. Bhavani
10-05-23	Socio-economic survey	07 hours	K. Bhavani
11-05-23	Socio-economic survey	07 hours	K. Bhavani
12-05-23	Socio-economic survey	5 hours	K. Bhavani
13-05-23	Socio-economic survey	07 hours	K. Bhavani
14-05-23	Socio-economic survey	04 hours	K. Bhavani
15-05-23	Socio-economic survey	06 hours	K. Bhavani
16-05-23	Socio-economic survey	03 hours	K. Bhavani



Signature of the Mentor

COMMUNITY SERVICE PROJECT

LOG BOOK

Name of the student: Kunchandha Bhawan
 Group: BSC (BZC)
 Registration Number: 2222001049040
 Name of the Mentor: G. Rama Krishna Rao Sir
 Name of the Project: food habits

Date & Day	Activity done	Number of hours spent	Signature of the student
17-01-23	Awareness programme	1 hour	K. Bhawan
18-01-23	Awareness programme	1 hour	K. Bhawan
19-01-23	Awareness programme	1 hour	K. Bhawan



Signature of the Mentor

GOVT. DEGREE COLLEGE(M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

LOG BOOK

Name of the student : Konchada Bhavani

Group : Bsc [B.Z.C]

Registration Number : 2222001049040

Name of the Mentor : G. Ramakrishna Rao Sir

Name of the Project : food habits

Date & Day	Activity done	Number of Hours Spent	Signature of the student
01-05-23	Food habits	07 hours	K. Bhavani
02-05-23	food habits	06 hours	K. Bhavani
03-05-23	food habits	05 hours	K. Bhavani
04-05-23	food habits	03 hours	K. Bhavani
05-05-23	food habits	07 hours	K. Bhavani
06-05-23	food habits	07 hours	K. Bhavani
07-05-23	food habits	03 hours	K. Bhavani
08-05-23	food habits	05 hours	K. Bhavani
09-05-23	food habits	06 hours	K. Bhavani



Signature of the Mentor

GOVT. DEGREE COLLEGE(M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

LOG BOOK

Name of the student : Konchada Bhavani
Group : BSc [BZC]
Registration Number : 2222001049040
Name of the Mentor : G. Rama Krishna Rao Sir
Name of the Project : food habits

Date & Day	Activity done	Number of Hours Spent	Signature of the student
5-23	project writing	06 hours	K. Bhavani
5-23	project writing	07 hours	K. Bhavani
5-23	project writing	05 hours	K. Bhavani
6-23	project writing	07 hours	K. Bhavani
6-23	project writing	05 hours	K. Bhavani
6-23	project writing	06 hours	K. Bhavani
6-23	project writing	07 hours	K. Bhavani
6-23	project writing	05 hours	K. Bhavani
6-23	project writing	07 hours	K. Bhavani
7-6-23	project writing	08 hours	K. Bhavani


Signature of the Mentor