

COMMUNITY SERVICE PROJECT

Submitted in the partial fulfillment of the requirements for the award of B.Sc Degree

BY
KOTTELASA SHANMUKHARAO
2222001566006
Semester 2 (MCI)
Batch 2022-2025

Under the supervision of
Dr. D. Santhi priya
Lecturer in Chemistry
GOVERNMENT DEGREE COLLEGE (Men), SRIKAKULAM



Website: www.gcmsklm.ac.in

ACKNOWLEDGEMENT

I would like to express my gratitude to all those who gave me the possibility to complete the **community service project**. Special thanks to Mentor Dr.D.Santhi priya who help me in stimulating suggestions and encouragement to complete this project.

I would like to thank all the staff from the department of botany for their able guidance and support to complete this project


I would also like to express my gratitude to our principal madam for her tremendous support to complete this project.

CERTIFICATE

I certified that KOYYANA SHANMUKHA RAO studying BSC MCIC group has complete and submitted the project report on "FOOD HABITS" further partial fulfillment of the requirements for the award of Batchelor of Science under my supervision during the academic year 2023-2024

Date:

Place: SRIKAKULAM


Dr. D. Santhi priya

GDC (M), Srikakulam

Project guide:

Lecturer in Chemistry

DECLARATION

I hereby declare that the **Community Service Project** report entitled "**FOOD HABITS**" submitted by me to the Govt. Degree College (MEN)-Srikakulam in partial fulfillment of the requirement for the award of the degree of BSC-MCIC is a record of bonified project work carried out by me under the guidance of Dr.D. Santhi priya . I further declare that the work reported in this project has not been submitted and will not be submitted either in part or in full, for the award of any other degree in this institute or other institute or University,

Date:

Place:

K. Shanmukha Rao
Signature of the candidate

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INTRODUCTION

Food habits and Nutritional Problems:

Food is essential for all humans for survival, food habits and imbalanced intake of diet by an individual results in the malnutrition or cause of many health problems. Especially women, children and pregnant women must be always cautious to take proper food intake with essential nutrients. Because poor diet and disease are caused by food insecurity. Some by causing diarrhoea and other illness.

There is a saying 'you are what you eat' seems to be proven true. It is important to know what food to eat in order to stay healthy. Health depends to a large extent on nutrition and nutrition on food we take. Hence nutrition and health are two sides of the same coin and food is the most important factor for health and fitness.

Healthy Food Habits:

Healthy Food habits includes a variety of foods in adequate amounts and correct proportions to meet the requirements of all essential nutrients such as proteins, carbohydrates, fats, vitamins, minerals, water and fibre. This also includes proper schedule for the intake of light and heavy foods, when to take and when not to take, health condition of the individual. For example person who is suffering from kidney stones should not often take calcium rich foods. We have to take foods that suits our age and health. The most common eating idiosyncracies include skipping meals, consuming fast foods in a routine way, avoiding fruits, and vegetables, frequent snacking. Hence it is essential for each and every individual to adopt proper food habits.

OBJECTIVE

The aim and objective of this project is to find out in a closed community about the following food habits and to analyze whether they are adopted to healthy food habits and if not to incorporate sound eating habits by creating awareness in them to recognize good eating habits followed with regular exercise.

- About the type of foods most people are interested to take.
- Food intake in regular time intervals.
- Main meal in view of majority of the people.
- Whether interested to take fresh food or cooked & preserved food.
- Taking fresh fruits and vegetables.
- Sweets/junk foods.
- Whether drinking sufficient quantity of water.
- Regular weight check-up.
- Monitoring individual food behaviour.
- Any form of eating disorders.
- Effect of socio-economic status on food habits.

METHODOLOGY

1. Study site:

The place selected for the project was comes under 11th ward Lakshminarsupeta village of Srikakulam district. Approximately 25 families were covered under this ward. This is a rural area with 75% of people were farmers. This area is used for the cultivation of rice and vegetables.

2. Quantitative study:

The quantitative study of my project includes about the number of children, youngsters, elder women and men, pregnant women, people with physical and mental ailments, their food intake based on quantity per day and their food habits.

3. Qualitative study:

The qualitative study was carried out based on their cultural pattern of food habits among various socio-economic, educational and age group.

4. Data collection:

Initially socio-economic survey and other background survey was done and the data was collected from them.

Secondly their food habits data was collected from the initially prepared questionnaire which consists of 14 questions to know about their food habits, cooking methods, storage food,time intervals followedand how much expenditure was spent on foodin detail.

CONCLUSION

I'm KOYYANA SHANMUKHA RAO, studying in B.SC first year MCIC group. I had completed the community service project on "FOOD HABITS" in our village and submitted the report to my mentor. My project is about the food habits of our Village people, I conducted questionnaire to different age groups people about their regular diet. Most of the old aged people considered lunch as their main meal of the day. They taking food only two times per day due to digestive problems. We find out the major problem facing by our villagers and dropped the Sarpanch attention towards the problem by conducting awareness program in our village.

It was interesting to carry out this project to know about different opinions, food habits and problems of our villagers. Finally, I believe that my project is complete under vision of my mentor. I thank him for his guidance and support.

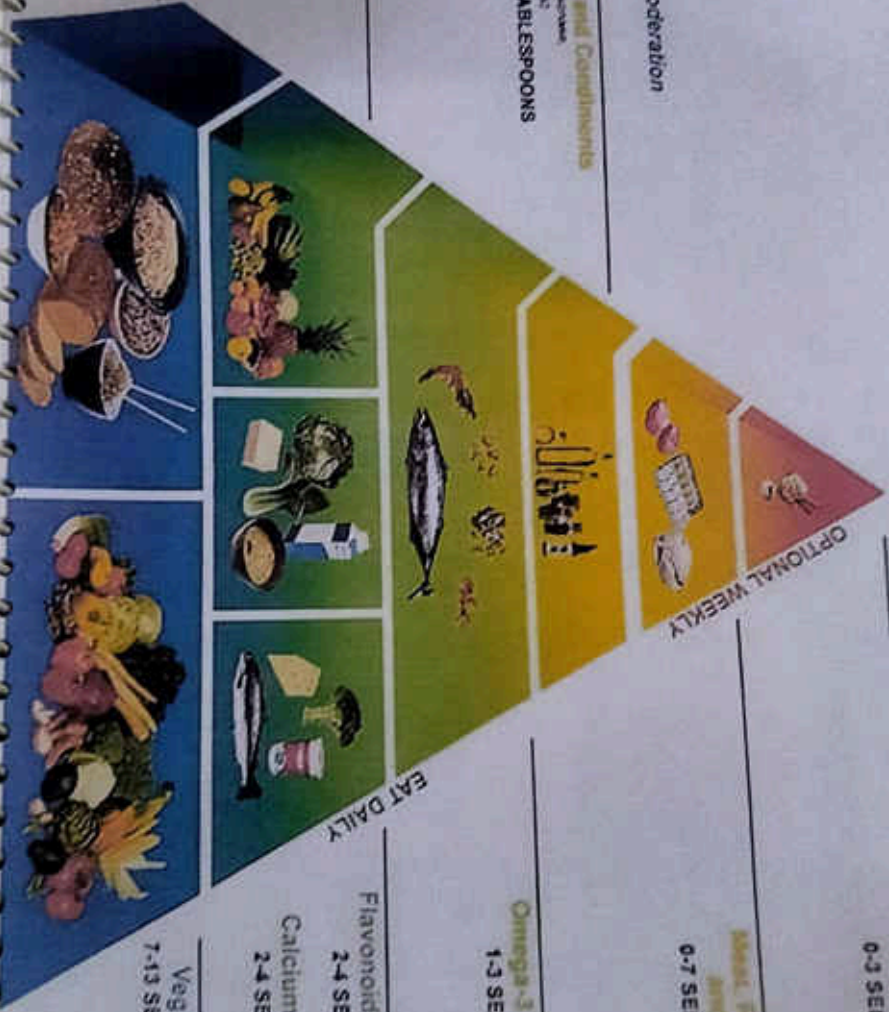
By
KOYYANA SHANMUKHA RAO

- Daily Tea
- Alcohol in moderation

Vegetables, Oils and Condiments
100g KALE OR 100g BROCCOLI OR 100g SPINACH OR 100g AVOCADO
SPARINGLY, 1-2 TABLESPOONS

Fruit
2-4 SERVINGS

Rice, Noodles,
Beans and Other
Whole Grains
7-13 SERVINGS



Sweets
0-3 SERVINGS

Meat, Poultry and Eggs
0-7 SERVINGS

Omega-3 Foods
1-3 SERVINGS

Flavonoid Foods
2-4 SERVINGS

Calcium Foods
2-4 SERVINGS

Vegetables
7-13 SERVINGS

EAT DAILY





GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY CONSOLIDATION REPORT

Name of the student : K. Shanmukha Rao.

Group : MCIC

Name of the Mentor : Dr. D. Santhi Priya.

Name of the Project : SOCIO-ECONOMIC SURVEY CONSOLIDATION REPORT

Ward/ Habitat	Thanguvada	Panchayat	Miriyapalli	Post Office	chintalabada -vanna.
Mandal	L.N.PETA	District	Srikakulam	Pin Code	532458

1. Total Number of Houses in the Habitat/Ward: 22

2. Number of Houses Caste-wise:

SC _____ ST _____ OC _____ BC-A BC-B BC-C _____ BC-D _____

3. Common Health problems in the Habitat/Ward:

- (i) fever
- (ii) dengue
- (iii) malaria.

4. Number of White Ration Cards: 22

5. Number of Illiterates in the Ward/ Habitat/ Village:

6. Number of Graduates in the Ward/ Habitat/ Village: 6

7. Number of Job Holders: 5

8. Number of PWD People:


9. Number of DWACRA Groups in the Ward/ Habitat/ Village: 2

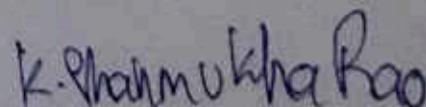
10. Road connectivity to the Ward/ Habitat/ Village: Yes / No

11. Bus facility available: Yes / No

12. Problems identified in the Ward/ Habitat/ Village:

- (i) Dying
- (ii) road problem
- (iii)
- (iv)


Signature of the Mentor


Signature of the Student



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM
COMMUNITY SERVICE PROJECT
SOCIO - ECONOMIC SURVEY

Name of the Student : K. Shanmukha Rao

Group : MCTC

Registration Number : 2222001566006

Area of the Survey conducted:

House No.	847	Habitat /Ward	06 Ward	Panchayat /Municipality	Dhanukulada
Post office	Dhanukulada	Mandal	L. N. Petal	District	Srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1.	K. Bharadwaj	M	38	2nd (12th)	Labourer	DW - 500/-
2.	K. Laxmi	F	32	-	Labourer	DW - 300/-

2. Social Status details:

(i) Community: SC/ST/BC-A-B-C-D/DC (ii) Sub-Caste: Pondura (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented): Own

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection NO

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: - Acres

(vi) Livestock resources: Cows - Oxen - Buffaloes - Sheep/Goats -

(vii) Do you have own toilet? Yes/No

(viii) Type Cooking fuel used: LPG/Kerosene/Wood/ others specify _____

(ix) Do you have white Ration Card? Yes/No

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle

4. Health Details:

(i) Ailments in family: NO

(ii) Treatment in which Hospital: Govt/Private

(iii) Any PWD Persons in family: Yes/No

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No

5. Other Details:

(i) Do You have TV: Yes/No

(ii) Do you have Mobile: Yes

(iii) Mobile Number: 8328651049

(iv) Do you have Computer/Laptop: Yes/No

(v) Is internet available at home: Yes/No

6. Any specific problems identified in the village/ Ward:

(i) ~~water~~ water problem


(ii)

(iii)

Place: Dhahukuvada

Date: 5/10/2023

K. Shanmukha Rao
Signature of the Student


Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM
COMMUNITY SERVICE PROJECT
SOCIO - ECONOMIC SURVEY

Name of the Student : K. Shanmukha Rao

Group : II B-3-C (MCIC)

Registration Number : 222001566006

Area of the Survey conducted:

House No.	6-42	Habitat /Ward	06-008d	Panchayat /Municipality	Dhahukovada
Post office	Dhahukovada	Mandal	L.N.Peta	District	SRIKAKULAM

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1.	K. KUMAR	M	37	-	LABOUR	DL - 600
2.	K. Rama	F	35	-	LABOUR	DL - 400
3.	K. Praveen	M	17	10th	-	-

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: (iii) Religion:

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection NO

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: ___ Acres

(vi) Livestock resources: Cows ___ Oxen ___ Buffaloes ___ Sheep/Goats ___

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle ✓

4. Health Details:

(i) Ailments in family: NO ✓

(ii) Treatment in which Hospital: Govt/Private ✓

(iii) Any PWD Persons in family: Yes/No ✓

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No ✓

5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes ✓

(iii) Mobile Number: 7013707155 ✓

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is internet available at home: Yes/No ✓

6. Any specific problems identified in the village/ Ward:

(i)

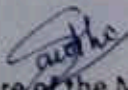
(ii)

(iii)

Place: Dhanokuvada

Date: 27/10/2023

K. Shaimukha Rao
Signature of the Student


Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM
COMMUNITY SERVICE PROJECT
SOCIO - ECONOMIC SURVEY

Name of the Student : K. Sharmukha Rao

Group : II BSC MC IC

Registration Number : 222001566006

Area of the Survey conducted:

House No.	6-67	Habitat /Ward	obward	Panchayat /Municipality	Dharmakovada
Post office	Dharmakovada	Mandal	L. Peta	District	Srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1.	Ch. Prasad	M	42	9th	Labour	DL - 700
2.	Ch. Pedma	F	38	-	Labour	DL - 300
3.	Ch. Mohan Rao	M	8	4th	-	

2. Social Status details:

(i) Community: SC/ST/ BC A-B-C-D/ OC (ii) Sub-Caste: (iii) Religion:

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection No

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: Acres

(vi) Livestock resources: Cows Oxen Buffaloes Sheep/Goats

- (vi) Do you have own toilet? Yes/No
- (vii) Type Cooking fuel used: (LPG/Kerosene/ Wood/ others specify) _____
- (ix) Do you have white Ration Card? Yes/No
- (x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle _____

4. Health Details:

- (i) Ailments in family: **NO**
- (ii) Treatment in which Hospital: Govt/Private
- (iii) Any PWD Persons in family: Yes/No

S.No.	Name of the Person	Gender	Age	Nature of Disability

- (iv) Do you have Govt. Arogya Sri Card: Yes/No

5. Other Details:

- (i) Do You have TV: Yes/No
- (ii) Do you have Mobile: Yes
- (iii) Mobile Number: **7702198729**
- (iv) Do you have Computer/Laptop: Yes/No
- (v) Is internet available at home: Yes/No

6. Any specific problems identified in the village/ Ward:

- (i) **Drainage Problem**
- (ii) _____
- (iii) _____

Place: **bhahuku koda**

Date: **07/10/2023**

K. Sharmukha Rao
Signature of the Student

[Signature]
Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM
 COMMUNITY SERVICE PROJECT
 SOCIO - ECONOMIC SURVEY

Name of the Student : K. Shanmukha Rao
 Group : B.Sc - II (MCIC)
 Registration Number : 2222001566006

Area of the Survey conducted:

House No.	-	Habitat / Ward	01 Ward	Panchayat / Municipality	Chahokuvada
Post office	Chahokuvada	Mandal	L. Peta	District	Sriakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1.	M. Sunappa	M	45	-	Labour	Rs - 300/-
2.	M. S. Mahalingam	F	41	-	Labour	Rs - 300/-
3.	M. Akil					

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: (iii) Religion:

3. Economic Status details:

- (i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow
- (ii) House status (Own/ Rented):
- (iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection
- (iv) Availability of Agricultural land: Yes/ No
- (v) Extent of Agricultural land: Acres
- (vi) Livestock resources: Cows Oxen Buffaloes Sheep/Goats

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle ✓

4. Health Details:

(i) Ailments in family: NO

(ii) Treatment in which Hospital: Govt/Private ✓

(iii) Any PWD Persons in family: Yes/No ✓

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No ✓

5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes ✓

(iii) Mobile Number: 7997461535

(iv) Do you have Computer/Laptop: Yes/No

(v) Is internet available at home: Yes/No ✓

6. Any specific problems identified in the village/ Ward:

(i)

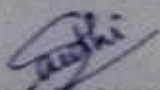
(ii)

(iii)

Place: Dhankuvada

Date: 07/10/2023

K. Shanmukha Rao
Signature of the Student


Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM
COMMUNITY SERVICE PROJECT
SOCIO - ECONOMIC SURVEY

Name of the Student :

Group :

Registration Number :

Area of the Survey conducted:

House No.	6-71	Habitat /Ward	obward	Panchayat /Municipality	Dhahakowdy
Post office	Dhahakovada	Mandal	J.N.Peta	District	Srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1.	Sarajini	F	65	-	-	-
2.	M. Suryakumari	M	70	-	-	-

2. Social Status details:

(i) Community: SC/ST/ BC/A-B-C-D/ DC (ii) Sub-Caste: (iii) Religion:

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection Now

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: ___ Acres

(vi) Livestock resources: Cows ___ Oxen ___ Buffaloes ___ Sheep/Goats ___

- (vii) Do you have own toilet? Yes/No Yes
- (viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____
- (ix) Do you have white Ration Card? Yes/No Yes
- (x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle _____

4. Health Details:

- (i) Ailments in family: no
- (ii) Treatment in which Hospital: Govt/Private Private
- (iii) Any PWD Persons in family: Yes/No No

S.No.	Name of the Person	Gender	Age	Nature of Disability

(vi) Do you have Govt. Arogya Sri Card: Yes/No

5. Other Details:

- (i) Do You have TV: Yes/No Yes
- (ii) Do you have Mobile: Yes Yes
- (iii) Mobile Number: 9550707521
- (iv) Do you have Computer/Laptop: Yes/No _____
- (v) Is internet available at home: Yes/No _____

6. Any specific problems identified in the village/ Ward:

- (i)
- (ii)
- (iii)

Place: Dhahol/Bhadra

Date: 07/10/2023

K. Prannabha Rao
Signature of the Student

Sandhu
Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM
COMMUNITY SERVICE PROJECT
SOCIO - ECONOMIC SURVEY

17/10/2023 14:47

Name of the Student : K. Sharmukha Rao
Group : II BSc - MCI
Registration Number : 2222001566006

Area of the Survey conducted:

House No.	2-942	Habitat /Ward	06-ward	Panchayat /Municipality	Dhanukovaka
Post office	Dhanukuvada	Mandal	L. N. P. A.	District	Srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1.	P. Sivage	M	41	-	Labour	DL - 1000/-
2.	P. Sathari	F	38	BSc - MCI	Self infd	2000/-
3.	P. Mahayag	M	19	11th	-	-

2. Social Status details:

(i) Community: SC/ST/BCA-B-C-D/OC (ii) Sub-Caste: (iii) Religion:

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection NO

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: Acres

(vi) Livestock resources: Cows Oxen Buffaloes Sheep/Goats

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____ ✓

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle ✓

4. Health Details:

(i) Ailments in family: NO ✓

(ii) Treatment in which Hospital: Govt/Private ✓

(iii) Any PWD Persons in family: Yes/No ✓

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No ✓

5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes ✓

(iii) Mobile Number: 9667 6944307 ✓

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is internet available at home: Yes/No ✓

6. Any specific problems identified in the village/ Ward:

(i)

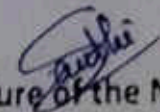
(ii)

(iii)

Place: Dhahokuvada

Date: 07/10/2023

k. Shanmukha Rao
Signature of the Student


Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM
COMMUNITY SERVICE PROJECT
SOCIO - ECONOMIC SURVEY

Name of the Student : K-Shahmukha Rao

Group : BSC MCIC

Registration Number : 2222001566006

Area of the Survey conducted:

House No.	043	Habitat /Ward	obward	Panchayat /Municipality	Dhanukuvada
Post office	Dhanukuvada	Mandal	L-NPeta	District	Srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1.	S. Ramu	M	39	sth	Labour	DW - 1000/-
2.	S. Srinidhi	F	33	12th	Labour	DW - 700/-
3.	S. Praveen Kumar	F	15	10th	-	-

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: pothara (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented): own

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection NO

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: — Acres

(vi) Livestock resources: Cows — Oxen — Buffaloes — Sheep/Goats —

- (vii) Do you have own toilet? Yes/No
- (viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____
- (ix) Do you have white Ration Card? Yes/No
- (x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle

4. Health Details:

- (i) Ailments in family: No
- (ii) Treatment in which Hospital: Govt/Private
- (iii) Any PWD Persons in family: Yes/No

S.No.	Name of the Person	Gender	Age	Nature of Disability

- (iv) Do you have Govt. Aarogya Sri Card? Yes/No

5. Other Details:

- (i) Do You have TV: Yes/No
- (ii) Do you have Mobile: Yes
- (iii) Mobile Number: 9490336558
- (iv) Do you have Computer/Laptop: Yes/No
- (v) Is internet available at home: Yes/No

6. Any specific problems identified in the village/ Ward:

- (i) Improper drainage system.
- (ii)
- (iii)

Place: Dhahukuvada

Date: 5/11/2023

K. Phannmukha Rao
Signature of the Student


Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM
COMMUNITY SERVICE PROJECT
SOCIO - ECONOMIC SURVEY

Name of the Student : K Sharmukha Rao

Group : BSC MLIC

Registration Number : 2222001566006

Area of the Survey conducted:

House No.	6-89	Habitat /Ward	06 Ward	Panchayat /Municipality	Dhanukovada
Post office	Dhanukovada	Mandal	L-W Peta	District	Srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1.	K. Sharmukha Rao	M	30	10th	NO	-
	K-Neelima	F	29	10th	Labourer	DW - 500/-

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: Smjayana (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented): own

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection NO

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: — Acres

(vi) Livestock resources: Cows — Oxen — Buffaloes — Sheep/Goats —



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM
COMMUNITY SERVICE PROJECT
SOCIO - ECONOMIC SURVEY

Name of the Student : K Sharmukha Rao

Group : BSC MLIC

Registration Number : 2222001566006

Area of the Survey conducted:

House No.	6-89	Habitat /Ward	ob ward	Panchayat /Municipality	Dhanukovada
Post office	Dhanukovada	Mandal	L-W Petal	District	Srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1.	K. Sharmukha Rao	M	30	10th	NO	-
	K-Neelima	F	29	10th	Labourer	DW - 500/-

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: Sri Jayana (iii) Religion: Hindu

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented): own

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection NO

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: — Acres

(vi) Livestock resources: Cows — Oxen — Buffaloes — Sheep/Goats —



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM
COMMUNITY SERVICE PROJECT
SOCIO - ECONOMIC SURVEY

Name of the Student : K. Sharmokha Rao

Group : II BSC-MC I C

Registration Number : 2222001566006

Area of the Survey conducted:

House No.	6-72	Habitat /Ward	06-ward	Panchayat /Municipality	Dhanokuvada
Post office	Dhanokuvada	Mandal	L. V. Peta	District	Srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1.	B. Rammala	M	68	-	LABOUR	DW - 900/-
2.	B. APPALARAJAMMA	F	62	-	LABOUR	-

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: (iii) Religion:

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented): Own

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection no

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: Acres

(vi) Livestock resources: Cows Oxen Buffaloes Sheep/Goats



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM
COMMUNITY SERVICE PROJECT
SOCIO - ECONOMIC SURVEY

Name of the Student : K. Sharmokha Rao

Group : II BSC-MC I C

Registration Number : 2222001566006

Area of the Survey conducted:

House No.	6-72	Habitat /Ward	06-ward	Panchayat /Municipality	Dhanokuvada
Post office	Dhanokuvada	Mandal	L. V. Peta	District	Srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1	B. Ramakrishna	M	68	-	Labour	Daily - 900/-
2	B. Appalarajamma	F	62	-	Labour	-

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: (iii) Religion:

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection no

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: Acres

(vi) Livestock resources: Cows Oxen Buffaloes Sheep/Goats



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM
COMMUNITY SERVICE PROJECT
SOCIO - ECONOMIC SURVEY

Name of the Student : K-Shahmukha Rao

Group : II BSc (MCIC)

Registration Number : 212200566006

Area of the Survey conducted:

House No.	6-71	Habitat /Ward	06-ward	Panchayat /Municipality	Dhanukovada
Post office	Dhanukovada	Mandal	L-NPeta	District	Srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1.	M. Ganga Rao	M	38	MSc Metall	g-l	29000
2.	M. Padma	F	28	10th	-	-
3.	M. Bismita	F	7	2nd	-	-

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: (iii) Religion:

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection no

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: 7 Acres

(vi) Livestock resources: Cows — Oxen — Buffaloes — Sheep/Goats —



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM
COMMUNITY SERVICE PROJECT
SOCIO - ECONOMIC SURVEY

Name of the Student : K-Shahmukha Rao

Group : II BSc (MCIC)

Registration Number : 212200566006

Area of the Survey conducted:

House No.	6-71	Habitat /Ward	06-ward	Panchayat /Municipality	Dhanukovada
Post office	Dhanukovada	Mandal	L-NPeta	District	Srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1.	M. Ganga Rao	M	38	MSc Metall	3-L	29000/-
2.	M. Padma	F	28	10th	-	-
3.	M. Bismitra	F	7	2nd	-	-

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: (iii) Religion:

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection no

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: 7 Acres

(vi) Livestock resources: Cows — Oxen — Buffaloes — Sheep/Goats —



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM
COMMUNITY SERVICE PROJECT
SOCIO - ECONOMIC SURVEY

Name of the Student : K. Shanmukha Rao

Group : B-SC - MCIIC

Registration Number : 2222001566006

Area of the Survey conducted:

House No.	6-60	Habitat /Ward	abward	Panchayat /Municipality	Dhahokuvada
Post office	Dhahokuvada	Mandal	LWPeta	District	Sriakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1.	2. Ramana	M	37	10th	Labour	DW 1000/-
2.	L. mahi	F	28	6th	Labour	DW - 600/-
3.	L. kalyani	F	10	5th	-	

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: (iii) Religion:

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented): OWN

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection NO

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: ___ Acres

(vi) Livestock resources: Cows ___ Oxen ___ Buffaloes ___ Sheep/Goats ___

- (vii) Do you have own toilet? Yes/No No
- (viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____
- (ix) Do you have white Ration Card? Yes/No Yes
- (x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle _____

4. Health Details:

- (i) Ailments in family: No
- (ii) Treatment in which Hospital: Govt/Private _____
- (iii) Any PWD Persons in family: Yes/No No

S.No.	Name of the Person	Gender	Age	Nature of Disability

- (iv) Do you have Govt. Arogya Sri Card: Yes/No Yes

5. Other Details:

- (i) Do You have TV: Yes/No Yes
- (ii) Do you have Mobile: Yes Yes
- (iii) Mobile Number: 9443404903
- (iv) Do you have Computer/Laptop: Yes/No No
- (v) Is internet available at home: Yes/No Yes

6. Any specific problems identified in the village/ Ward:

- (i) Drainage Problem
- (ii) _____
- (iii) _____

Place: Dhankovada

Date: 05/10/2023

K. Shanmukha Rao
Signature of the Student


Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM
COMMUNITY SERVICE PROJECT
SOCIO - ECONOMIC SURVEY

Name of the Student : K. Shanmukha Rao
Group : B-3-C (MCIC)
Registration Number : 2222001566006

Area of the Survey conducted:

House No.	6-89	Habitat /Ward	obward	Panchayat /Municipality	Dhanukuvada
Post office	Dhanukuvada	Mandal	L.N.Peta	District	Srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1.	A. Arudra	F	49	-	Labourer	0w-200/-

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: (iii) Religion:

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: 0 Acres

(vi) Livestock resources: Cows — Oxen — Buffaloes — Sheep/Goats —

(vii) Do you have own toilet? Yes/No

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____

(ix) Do you have white Ration Card? Yes/No

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle NO

4. Health Details:

(i) Ailments in family: 0

(ii) Treatment in which Hospital: Govt/Private

(iii) Any PWD Persons in family: Yes/No

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No

5. Other Details:

(i) Do You have TV: Yes/No

(ii) Do you have Mobile: Yes

(iii) Mobile Number: 9490406213

(iv) Do you have Computer/Laptop: Yes/No

(v) Is internet available at home: Yes/No

6. Any specific problems identified in the village/ Ward:

(i) water problem

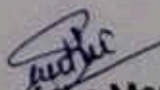
(ii)

(iii)

Place: Dhahukuvada

Date: 6/10/2023

K. Shanmukha Rao
Signature of the Student


Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : K. Shanmukha Rao

Group : B.S.C MCIC

Registration Number : 227200156006

Area of the Survey conducted:

House No.	6-67	Habitat /Ward	06	Panchayat /Municipality	Dhanokovada
Post office	Dhanokovada	Mandal	L-NPeta	District	Srikakulam.

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1.	K. Krishna	M	45	10th	Labour	1000/-
2.	K. Bharathi	F	35	5th	Labour	900/-
3.	K. Mounika	F	15	Inter	-	

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC ✓ (ii) Sub-Caste: (iii) Religion:

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow ✓

(ii) House status (Own/ Rented): ✓

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection no

(iv) Availability of Agricultural land: Yes/ No ✓

(v) Extent of Agricultural land: Acres

(vi) Livestock resources: Cows Oxen Buffaloes Sheep/Goats

- (vii) Do you have own toilet? Yes/No ✓
- (viii) Type Cooking fuel used: LPG/Kerosene/Wood/ others specify _____
- (ix) Do you have white Ration Card? Yes/No ✓
- (x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle ✓

4. Health Details:

- (i) Ailments in family: **NO**
- (ii) Treatment in which Hospital: Govt/Private ✓
- (iii) Any PWD Persons in family: Yes/No ✓

S.No.	Name of the Person	Gender	Age	Nature of Disability

- (iv) Do you have Govt. Arogya Sri Card: Yes/No ✓

5. Other Details:

- (i) Do You have TV: Yes/No ✓
- (ii) Do you have Mobile: Yes ✓
- (iii) Mobile Number: **850058651049**
- (iv) Do you have Computer/Laptop: Yes/No ✓
- (v) Is internet available at home: Yes/No ✓

6. Any specific problems identified in the village/ Ward:

- (i) **Road's Probleme**
- (ii)
- (iii)

Place: **Dhanokuvada**

Date: **06/10/2023**

K. Sharmadharao
Signature of the Student

[Signature]
Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKARULAM
COMMUNITY SERVICE PROJECT
SOCIO - ECONOMIC SURVEY

Name of the Student : K. Shanmukha Rao

Group : B-3-C M.C.T.C

Registration Number : 2222001566006

Area of the Survey conducted:

House No.	6-63	Habitat / Ward	obward	Panchayat / Municipality	Dhanukovada
Post office	Dhanukovada	Manal	L-N Peta	District	Srikarulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/ Weekly/ Monthly)
1	B. Ramulu	M	68	-	Labour	0w - 300
2	B. Appalaiah	F	62	-	Labour	0w - 200

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC ✓ (ii) Sub-Caste: (iii) Religion:

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow ✓

(ii) House status (Own/ Rented): ✓

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection ✓

(iv) Availability of Agricultural land: Yes/ No ✓

(v) Extent of Agricultural land: ___ Acres

(vi) Livestock resources: Cows ___ Oxen ___ Buffaloes ___ Sheep/Goats ___



GOVERNMENT DEGREE COLLEGE (M), SRIKARULAM
COMMUNITY SERVICE PROJECT
SOCIO - ECONOMIC SURVEY

Name of the Student : K. Shanmukha Rao

Group : B-3-C M.C.C

Registration Number : 2222001566006

Area of the Survey conducted:

House No.	6-63	Habitat / Ward	obward	Panchayat / Municipality	Dhanukovada
Post office	Dhanukovada	Manpal	L-N Peta	District	Srikarulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1	B. Ravi	M	68	-	Labour	DW - 300
2	B. Appala	F	62	-	Labour	DW - 200

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: (iii) Religion:

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: ___ Acres

(vi) Livestock resources: Cows ___ Oxen ___ Buffaloes ___ Sheep/Goats ___



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : K. Shanmukha Rao

Group : B-S-C (MCIC)

Registration Number : 222200566006

Area of the Survey conducted:

House No.	6-72	Habitat /Ward	obward	Panchayat /Municipality	Dhanukuvada
Post office	Dhanukuvada	Mandal	Lupeta	District	Srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1.	M. Laxminarayana	M	40	-	Labour	DW - 500
2.	M. Laxmi	F	35	-	Labour	DW - 400
3.	M. Jostna	F	18	Degree	-	-

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: (iii) Religion:

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection NO

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: Acres

(vi) Livestock resources: Cows Oxen Buffaloes Sheep/Goats

- (vii) Do you have own toilet? Yes/No ✓
- (viii) Type Cooking fuel used: LPG/Kerosene/Wood/ others specify _____
- (ix) Do you have white Ration Card? Yes/No ✓
- (x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle ✓

4. Health Details:

- (i) Ailments in family: NO
- (ii) Treatment in which Hospital: Govt/Private ✓
- (iii) Any PWD Persons in family: Yes/No ✓

S.No.	Name of the Person	Gender	Age	Nature of Disability

- (iv) Do you have Govt. Arogya Sri Card: Yes/No ✓

5. Other Details:

- (i) Do You have TV: Yes/No ✓
- (ii) Do you have Mobile: Yes ✓
- (iii) Mobile Number: 8328651049
- (iv) Do you have Computer/Laptop: Yes/No ✓
- (v) Is internet available at home: Yes/No ✓

6. Any specific problems identified in the village/ Ward:

- (i) Road's potholes
- (ii)
- (iii)

Place: Dhahoku vada

Date: 06/11/2023

K. Sharmukha Rao
Signature of the Student

[Signature]
Signature of the Mentor

(vii) Do you have own toilet? Yes/No

(viii) Type Cooking fuel used: LPG/Kerosene/Wood/ others specify _____

(ix) Do you have white Ration Card? Yes/No

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle

4. Health Details:

(i) Ailments in family: No

(ii) Treatment in which Hospital: Govt/Private

(iii) Any PWD Persons in family: Yes/No

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No

5. Other Details:

(i) Do You have TV: Yes/No

(ii) Do you have Mobile: Yes

(iii) Mobile Number: 8328651061

(iv) Do you have Computer/Laptop: Yes/No

(v) Is internet available at home: Yes/No

6. Any specific problems identified in the village/ Ward:

(i) D & Inase Problem


(ii)

(iii)

Place: Dhahukuvada

Date: 06/10/2023

K. Shahmukha Rao
Signature of the Student


Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM
COMMUNITY SERVICE PROJECT
SOCIO - ECONOMIC SURVEY

Name of the Student : K. Shanmukha Rao

Group : M.C.C (B.S.C)

Registration Number : 222200565006

Area of the Survey conducted:

House No.	6-69	Habitat /Ward	06-wah	Panchayat /Municipality	Drahokuvda
Post office	Drahokuvda	Mandal	L.N.Poda	District	Srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1	P. Ramesh	M	45	10th	Private	1500/-
2	P. Satya Lakshmi	F	38	2nd	-	-
3	P. Harika	F	18	1BA	-	-

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ UC (ii) Sub-Caste: (iii) Religion:

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection NO

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: ___ Acres

(vi) Livestock resources: Cows ___ Oxen ___ Buffaloes ___ Sheep/Goats ___

(vii) Do you have own toilet? Yes/No

(viii) Type Cooking fuel used: LPG/Kerosene/Wood/ others specify 0

(ix) Do you have white Ration Card? Yes/No

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle

4. Health Details:

(i) Ailments in family: no

(ii) Treatment in which Hospital: Govt/Private

(iii) Any PWD Persons in family: Yes/No

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No

5. Other Details:

(i) Do You have TV: Yes/No

(ii) Do you have Mobile: Yes

(iii) Mobile Number: 97 93904903

(iv) Do you have Computer/Laptop: Yes/No

(v) Is internet available at home: Yes/No

6. Any specific problems identified in the village/ Ward:

(i) Road problem

(ii)

(iii)

Place: Dhahuku Vada

Date: 06/10/2023

K. Shanmukha Rao
Signature of the Student

[Signature]
Signature of the Mentor

(vii) Do you have own toilet? Yes/No

(viii) Type Cooking fuel used: LPG/Kerosene/Wood/ others specify

(ix) Do you have white Ration Card? Yes/No

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle

4. Health Details:

(i) Ailments in family: no

(ii) Treatment in which Hospital: Govt/Private

(iii) Any PWD Persons in family: Yes/No

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No

5. Other Details:

(i) Do You have TV: Yes/No

(ii) Do you have Mobile: Yes

(iii) Mobile Number: 97 93904903

(iv) Do you have Computer/Laptop: Yes/No

(v) Is internet available at home: Yes/No

6. Any specific problems identified in the village/ Ward:

(i) Road problem

(ii)

(iii)

Place: Dhahuku Vada

Date: 06/10/2023

K. Shanmukha Rao
Signature of the Student

[Signature]
Signature of the Mentor

- (vii) Do you have own toilet? Yes/No
- (viii) Type Cooking fuel used: LPG/Kerosene/Wood/ others specify
- (ix) Do you have white Ration Card? Yes/No
- (x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle

4. Health Details:

- (i) Ailments in family: NO
- (ii) Treatment in which Hospital: Govt/Private
- (iii) Any PWD Persons in family: Yes/No

S.No.	Name of the Person	Gender	Age	Nature of Disability

- (iv) Do you have Govt. Arogya Sri Card: Yes/No

5. Other Details:

- (i) Do You have TV: Yes/No
- (ii) Do you have Mobile: Yes
- (iii) Mobile Number: 85005006021
- (iv) Do you have Computer/Laptop: Yes/No
- (v) Is internet available at home: Yes/No

6. Any specific problems identified in the village/ Ward:

- (i) Drinking water Problem
- (ii)
- (iii)

Place: Dhradhikuli Vada
 Date: 06/10/2023

[Signature]
 Signature of the Student

[Signature]
 Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM

COMMUNITY SERVICE PROJECT

SOCIO - ECONOMIC SURVEY

Name of the Student : K. Sharmokha Rao

Group : BSC (MC IC)

Registration Number : 2222 001566 006

Area of the Survey conducted:

House No.	0-23	Habitat /Ward	06-ward	Panchayat /Municipality	Dhanokuvada
Post office	Dhanokuvada	Mandal	L-NPeta	District	Srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1.	M. Monah Rao	M	50	-	Labour	DW - 1200
2.	M. Lalitha	F	48	-	Labour	DW - 800
2.	M. Arav	M	15	10th	-	

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: (iii) Religion:

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented):

(iii) Drinking Water facility: Well/ Bore-well/ Goyt. Tap connection NO

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: ___ Acres

(vi) Livestock resources: Cows ___ Oxen ___ Buffaloes ___ Sheep/Goats ___

- (vii) Do you have own toilet? Yes/No Yes
- (viii) Type Cooking fuel used: LPG/Kerosene/Wood/ others specify _____
- (ix) Do you have white Ration Card? Yes/No Yes
- (x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle Two-wheeler

4. Health Details:

- (i) Ailments in family: NO
- (ii) Treatment in which Hospital: Govt/Private Private
- (iii) Any PWD Persons in family: Yes/No No

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No Yes

5. Other Details:

- (i) Do You have TV: Yes/No Yes
- (ii) Do you have Mobile: Yes Yes
- (iii) Mobile Number: 8328651041
- (iv) Do you have Computer/Laptop: Yes/No No
- (v) Is internet available at home: Yes/No No

6. Any specific problems identified in the village/ Ward:

- (i) Dzinae problem
- (ii)
- (iii)

Place: Dhanukuvada

Date: 06/10/2023

K. Shammokha Ras
Signature of the Student

Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM
COMMUNITY SERVICE PROJECT
SOCIO - ECONOMIC SURVEY

Name of the Student : K-sharmukha Rao

Group : BSC (MCIC)

Registration Number : 2222001566006

Area of the Survey conducted:

House No.	1-64	Habitat /Ward	06-ward	Panchayat /Municipality	Dhahokovada
Post office	Dhahokovada	Mandal	2N Peta	District	Srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1.	sr-Duggayya	M	47	11th	Labour	DW - 800/-
2.	sr-Bhavadhi	F	43	10th	Labour	DW - 300/-
3.	sr-Komali	F	19	12th		

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: (iii) Religion:

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented): own

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection NO

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: ___ Acres

(vi) Livestock resources: Cows ___ Oxen ___ Buffaloes ___ Sheep/Goats ___

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____ ✓

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle ✓

4. Health Details:

(i) Ailments in family: NO ✓

(ii) Treatment in which Hospital: Govt/Private ✓

(iii) Any PWD Persons in family: Yes/No ✓

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No ✓

5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes ✓

(iii) Mobile Number: 9652542237 ✓

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is internet available at home: Yes/No ✓

6. Any specific problems identified in the village/ Ward:

(i) Dringage problem

(ii)

(iii)

Place: Dhahukuvada

Date: 06/10/2023

V. S. Hanumanth Rao

Signature of the Student

Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM
COMMUNITY SERVICE PROJECT
SOCIO - ECONOMIC SURVEY

Name of the Student : K. Shanmukha Rao

Group : BSC (MC II)

Registration Number : 2202001566006

Area of the Survey conducted:

House No.	1-68	Habitat /Ward	06-ward	Panchayat /Municipality	Dhanukuvada
Post office	Dhanukuvada	Mandal	2 N Peta	District	Srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1.	Ramaha	M	46	4th	Labour	DW - 1000/-
2.	Kneelima	F	35	10th	Labour	DW - 700/-
3.	K-mayi	M	20	ITI	-	-

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: (iii) Religion:

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow

(ii) House status (Own/ Rented): OWN

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection: NO

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: ___ Acres

(vi) Livestock resources: Cows ___ Oxen ___ Buffaloes ___ Sheep/Goats ___

- (vii) Do you have own toilet? Yes/No ✓
- (viii) Type Cooking fuel used: LPG/Kerosene/Wood/ others specify _____
- (ix) Do you have white Ration Card? Yes/No ✓
- (x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle ✓

4. Health Details:

- (i) Ailments in family: NO
- (ii) Treatment in which Hospital: Govt/Private ✓
- (iii) Any PWD Persons in family: Yes/No ✓

S.No.	Name of the Person	Gender	Age	Nature of Disability

- (iv) Do you have Govt. Arogya Sri Card: Yes/No ✓

5. Other Details:

- (i) Do You have TV: Yes/No ✓
- (ii) Do you have mobile: Yes ✓
- (iii) Mobile Number: 63041246300
- (iv) Do you have Computer/Laptop: Yes/No
- (v) Is internet available at home: Yes/No

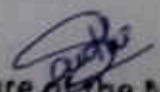
6. Any specific problems identified in the village/ Ward:

- (i) Drainage Problem
- (ii)
- (iii)

Place: Dhahokuvada

Date: 06/10/2023

K. Shanmukha Rao
Signature of the Student


Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM
COMMUNITY SERVICE PROJECT
SOCIO - ECONOMIC SURVEY

Name of the Student : k-shahmukha Rao
Group : B-3c (MCFC)
Registration Number : 2222001566006

Area of the Survey conducted:

House No.	6-64	Habitat /Ward	ofwara	Panchayat /Municipality	Dhanukovada
Post office	Dhanukovada	Mandal	L-NPeta	District	Srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1.	J. Ganbarao	M	35	3rd	Labour	DW - 800
2.	J. Ayathra	F	31	Stn	Labour	DW - 500
3.	J. Sarathkumar	M	16	ITI	-	

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC ✓ (ii) Sub-Caste: (iii) Religion:

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow ✓

(ii) House status (Own/ Rented): own ✓

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection NO

(iv) Availability of Agricultural land: Yes/ No ✓

(v) Extent of Agricultural land: — Acres

(vi) Livestock resources: Cows — Oxen — Buffaloes — Sheep/Goats —

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____ ✓

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle ✓

4. Health Details:

(i) Ailments in family: ND ✓

(ii) Treatment in which Hospital: Govt/Private ✓

(iii) Any PWD Persons in family: Yes/No ✓

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No ✓

5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes ✓

(iii) Mobile Number: 9441568980

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is internet available at home: Yes/No ✓

6. Any specific problems identified in the village/ Ward:

(i) I m PROPER drainage systems


(ii)

(iii)

Place: pranokuvada

Date: 06/10/2023

K. Shanmukha Rao
Signature of the Student


Signature of the Mentor

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/ Wood/ others specify _____ ✓

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle ✓

4. Health Details:

(i) Ailments in family: ND ✓

(ii) Treatment in which Hospital: Govt/Private ✓

(iii) Any PWD Persons in family: Yes/No ✓

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No ✓

5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes ✓

(iii) Mobile Number: 9441568980

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is internet available at home: Yes/No ✓

6. Any specific problems identified in the village/ Ward:

(i) ~~is~~ in proper drainage systems


(ii)

(iii)

Place: pranokuvada

Date: 06/10/2023

K. Shanmukha Rao
Signature of the Student


Signature of the Mentor

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/Wood/ others specify _____ ✓

(ix) Do you have white Ration Card? Yes/No ✓

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle NO ✓

4. Health Details:

(i) Ailments in family: NO ✓

(ii) Treatment in which Hospital: Govt/Private ✓

(iii) Any PWD Persons in family: Yes/No ✓

S.No.	Name of the Person	Gender	Age	Nature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No ✓

5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes ✓

(iii) Mobile Number: 7995710519 ✓

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is internet available at home: Yes/No ✓

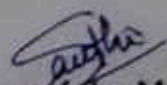
6. Any specific problems identified in the village/ Ward:

- (i) water problem
- (ii) uneven roads
- (iii) drainage problems

Place: Drankuvada

Date: 06/10/2023

K. Shammokha Rao
Signature of the Student


Signature of the Mentor



GOVERNMENT DEGREE COLLEGE (M), SRIKAKULAM
COMMUNITY SERVICE PROJECT
SOCIO - ECONOMIC SURVEY

Name of the Student : K. SHAMUKHA RAO
Group : II BSC - (M.C.I.C.)
Registration Number : 2222 001566006
Area of the Survey conducted:

House No.	6-26	Habitat /Ward	obwath	Panchayat /Municipality	Dhanukovada
Post office	dhanukovada	Mandal	L-N Peta	District	Srikakulam

1. Household Details:

S.No.	Name of the Person	Gender M/F	Age	Education	Profession/ Employment	Income (Daily wage/Weekly/ Monthly)
1.	K. MOYALI	M	46	10th	Labour	2000/-
	K. KOMALI	F	43	10th	Labour	DW - 500/-
	K. ADITYA	M	18	13SC	-	

2. Social Status details:

(i) Community: SC/ST/ BC-A-B-C-D/ OC (ii) Sub-Caste: (iii) Religion:

3. Economic Status details:

(i) Type of House: Hut/ Semi Pucca/ Pucca/ Apartment/ Bungalow ~~NO~~

(ii) House status (Own/ Rented): OWN

(iii) Drinking Water facility: Well/ Bore-well/ Govt. Tap connection NO

(iv) Availability of Agricultural land: Yes/ No

(v) Extent of Agricultural land: NO Acres

(vi) Livestock resources: Cows — Oxen — Buffaloes — Sheep/Goats —

(vii) Do you have own toilet? Yes/No ✓

(viii) Type Cooking fuel used: LPG/Kerosene/Wood/ others specify _____

(ix) Do you have white Ration Card? Yes/No

(x) Do you have vehicle? Two-wheeler/ Auto/ Car/ Any other vehicle? ✓

4. Health Details:

(i) Allments in family: NO

(ii) Treatment in which Hospital: Govt/Private ✓

(iii) Any PWD Persons in family: Yes/No ✓

S.No.	Name of the Person	Gender	Age	feature of Disability

(iv) Do you have Govt. Arogya Sri Card: Yes/No ✓

5. Other Details:

(i) Do You have TV: Yes/No ✓

(ii) Do you have Mobile: Yes ✓

(iii) Mobile Number: 950 03 63859

(iv) Do you have Computer/Laptop: Yes/No ✓

(v) Is internet available at home: Yes/No ✓

6. Any specific problems identified in the village/ Ward:

(i)

(ii)

(iii)

Place: Dhahokuvada

Date: 05/10/2023

K. Shanmukha Rao
Signature of the Student


Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : K. Shanmukha Rao
Group : B.S.C M.C.I.C.
Name of the mentor : Dr. D. Sathki Prasad
Name of the project : FOOD HABITS

House No	Name of the person	Village / Ward	Mandal	District
6-73	M. Mohan Rao	Dhahuku Vada	2 N. Peta	Srikakulam

1. How many times a day do you eat? 3 times

2. Please answer the following according to your particular eating habits?

- a. I eat a good breakfast
- b. I experienced feeling of hunger during the day
- c. I eat meat.
- d. I eat vegetables.
- e. I eat fruits.
- f. I eat dairy products
- g. I eat sweets.

3. What meal would you consider to be your main meal of the day?

- a. Breakfast b. lunch c. dinner d. others

4. What does your main meal consist of and how it is prepared?

- a. Freshly prepared. B. restaurant meal. C. precooked microwave. D. other

5. Have you been avoiding some foods for health reasons? Yes / No

6. Do you have any particular food allergies? NO

7. What is your daily food intake frequency of the following food categories?

Sweet foods:

Several times a day once a day several times a week

less often never

Fresh vegetables & Fruits:

Several times a day once a day several times a week

less often never

8. What percentage of your regular diet consists of meat products?
90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?
90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems? *NO*

11. Do you know your current body mass index? *NO*

12. Have your ever been on a diet, if so, what kind? *NO*

13. Mention the food items from the healthiest to the unhealthiest from your point of views? *meat, veg, lefty vegetables, Healthiest food.*

14. How much do you think a healthy diet affects?

Restful sleep
 A. No impact. B. little impact c. big impact. D. none

Health
 A. No impact. B. little impact c. big impact. D. none

Weight.
 A. No impact. B. little impact c. big impact. D. none

Mental condition.
 A. No impact. B. little impact c. big impact. D. none

K. Shanmukha Reddy
Signature of the Student

[Signature]
Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : K. Shanmukha Rao
Group : MCIC
Name of the mentor : Dr. D. Santhi Priya
Name of the project : FOOD HABITS

House No	Name of the person	Village / Ward	Mandal	District
689	K. Shanmukha Rao	Dhahokulada	L-h-Peta	Srikakulam

1. How many times a day do you eat?

2. Please answer the following according to your particular eating habits?

- a. I eat a good breakfast
- b. I experienced feeling of hunger during the day
- c. I eat meat.
- d. I eat vegetables.
- e. I eat fruits.
- f. I eat dairy products
- g. I eat sweets.

3. What meal would you consider to be your main meal of the day?

- a. Breakfast ~~b. lunch~~ c. dinner d. others

4. What does your main meal consist of and how it is prepared?

- a. Freshly prepared. B. restaurant meal. C. precooked microwave. D. other

5. Have you been avoiding some foods for health reasons? Yes / No

6. Do you have any particular food allergies? NO

7. What is your daily food intake frequency of the following food categories?

Sweet foods:

- Several times a day once a day several times a week
less often never

Fresh vegetables & Fruits:

- Several times a day once a day several times a week
less often never

8. What percentage of your regular diet consists of meat products?
 90% 75% 50% 25% less than 25%
9. How much of your diet consists of vegetables and non-animal products?
 90% 75% 50% 25% less than 25%
10. Do you or have you ever has cholesterol problems? **NO**
11. Do you know your current body mass index? **NO**
12. Have your ever been on a diet, if so, what kind? **NO**
13. Mention the food items from the healthiest to the unhealthiest from your point of views? **meat, Fish and Legty vegetables - healthiest foods**
14. How much do you think a healthy diet affects?
- | | | | |
|--------------------------|------------------|----------------|---------|
| Restful sleep | | | |
| a. No impact. | B. little impact | c. big impact. | D. none |
| Health | | | |
| a. No impact. | B. little impact | c. big impact. | D. none |
| Weight. | | | |
| a. No impact. | B. little impact | c. big impact. | D. none |
| Mental condition. | | | |
| A. No impact. | B. little impact | c. big impact. | D. none |

K. Ghanmukha Rao
 Signature of the Student


 Signature of the Mentor



GOVT. DEGREE COLLEGE (MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student: Kshammoka Rao
Group: M.T.C B.Sc
Name of the mentor: Dr. P. Sanku Prasad
Name of the project: FOOD HABITS

House No	Name of the person	Village / Ward	Mandal	District
<u>6-67</u>	<u>K. MOONIKA</u>	<u>Nhanukavada</u>	<u>L.N.Peta</u>	<u>Srikakulam</u>

- How many times a day do you eat? 3 times
- Please answer the following according to your particular eating habits?
 - a. I eat a good breakfast
 - b. I experienced feeling of hunger during the day
 - c. I eat meat.
 - d. I eat vegetables.
 - e. I eat fruits.
 - f. I eat dairy products
 - g. I eat sweets.
- What meal would you consider to be your main meal of the day?
 - a. Breakfast b. Lunch c. dinner d. others
- What does your main meal consist of and how it is prepared?
 - A. Freshly prepared. B. restaurant meal. C. precooked microwave. D. other
- Have you been avoiding some foods for health reasons? Yes / No
- Do you have any particular food allergies? NO

7. What is your daily food intake frequency of the following food categories?

Sweet foods:

- Several times a day once a day several times a week
less often never

Fresh vegetables & Fruits:

- Several times a day once a day several times a week
less often never

8. What percentage of your regular diet consists of meat products?
90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?
90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems? *no*

11. Do you know your current body mass index? *no*

12. Have your ever been on a diet, if so, what kind? *no*

13. Mention the food items from the healthiest to the unhealthiest from your point of views? *meat, veg, Lefty & tubeg Helathiest*

14. How much do you think a healthy diet affects?

Restful sleep
 a. No impact. B. little impact c. big impact. D. none

Health
 a. No impact. B. little impact c. big impact. D. none

Weight.
 a. No impact. B. little impact c. big impact. D. none

Mental condition.
 A. No impact. B. little impact c. big impact. D. none

K. Sharmokharao
Signature of the Student

[Signature]
Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : K. Shanmukha Rao
Group : M.C.T.C B.S.C
Name of the mentor : Dr. D. Sanku Priya
Name of the project : FOOD HABITS

House No	Name of the person	Village / Ward	Mandal	District
<u>043</u>	<u>S. Praveen Kumar</u>	<u>Dhanukuvada</u>	<u>L.N.Peta</u>	<u>Srikakulam</u>

- How many times a day do you eat? 3 times
- Please answer the following according to your particular eating habits?
 - I eat a good breakfast
 - I experienced feeling of hunger during the day
 - I eat meat.
 - I eat vegetables.
 - I eat fruits.
 - I eat dairy products
 - I eat sweets.
- What meal would you consider to be your main meal of the day?
 - Breakfast
 - lunch
 - dinner
 - others
- What does your main meal consist of and how it is prepared?
 - Freshly prepared.
 - restaurant meal.
 - precooked microwave.
 - other
- Have you been avoiding some foods for health reasons? Yes / No
- Do you have any particular food allergies? NO
- What is your daily food intake frequency of the following food categories?
Sweet foods:

Several times a day once a day several times a week

less often never

Fresh vegetables & Fruits: 3

Several times a day once a day several times a week

less often never

8. What percentage of your regular diet consists of meat products?
 90% 75% 50% 25% less than 25%
9. How much of your diet consists of vegetables and non-animal products?
 90% 75% 50% 25% less than 25%
10. Do you or have you ever has cholesterol problems? **NO**
11. Do you know your current body mass index? **NO**
12. Have your ever been on a diet, if so, what kind? **NO**
13. Mention the food items from the healthiest to the unhealthiest from your point of views? **meat and leafy vegetables. healthiest to deoddy**
14. How much do you think a healthy diet affects?

- | | | | |
|---|------------------|----------------|---------|
| Restful sleep | | | |
| <input checked="" type="radio"/> No impact. | B. little impact | c. big impact. | D. none |
| Health | | | |
| <input checked="" type="radio"/> No impact. | B. little impact | c. big impact. | D. none |
| Weight. | | | |
| <input checked="" type="radio"/> No impact. | B. little impact | c. big impact. | D. none |
| Mental condition. | | | |
| <input checked="" type="radio"/> No impact. | B. little impact | c. big impact. | D. none |

K. Sharmukha Rao
 Signature of the Student

[Signature]
 Signature of the Mentor



GOVT. DEGREE COLLEGE (MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : K. Shanmukha Rao
Group : BSC M.C.T.C
Name of the mentor : DR. P. SANTH PRASA
Name of the project : FOOD HABITS

House No	Name of the person	Village / Ward	Mandal	District
6-71	M. Sarajini	Maholu Vada	L. N. Peta	Srikakulam

- How many times a day do you eat? 3-times
- Please answer the following according to your particular eating habits?
 - I eat a good breakfast
 - I experienced feeling of hunger during the day
 - I eat meat.
 - I eat vegetables.
 - I eat fruits.
 - I eat dairy products
 - I eat sweets.
- What meal would you consider to be your main meal of the day?
 - Breakfast
 - lunch
 - dinner
 - others
- What does your main meal consist of and how it is prepared?
 - Freshly prepared
 - restaurant meal
 - precooked microwave
 - other
- Have you been avoiding some foods for health reasons? Yes / No
- Do you have any particular food allergies? NO
- What is your daily food intake frequency of the following food categories?

Sweet foods:

Several times a day once a day several times a week
less often never

Fresh vegetables & Fruits:

Several times a day once a day several times a week
less often never

8. What percentage of your regular diet consists of meat products?
90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?
90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems? *no*

11. Do you know your current body mass index? *no*

12. Have you ever been on a diet, if so, what kind? *no*

13. Mention the food items from the healthiest to the unhealthiest from your point of views? *mentay, laxyre, y tables*

14. How much do you think a healthy diet affects?

Restful sleep
 No impact. B. little impact c. big impact. D. none

Health
 No impact. B. little impact c. big impact. D. none

Weight
 No impact. B. little impact c. big impact. D. none

Mental condition
 No impact. B. little impact c. big impact. D. none

K. Prathmika Reddy
Signature of the Student

[Signature]
Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : K. Shanmukha Rao
Group : BSC MCIC
Name of the mentor : Dr. D. Sunti Priya
Name of the project : FOOD HABITS

House No	Name of the person	Village / Ward	Mandal	District
6-60	L. Ramana	Dhahokovada	L-NPota	Srikakulam

- How many times a day do you eat? 3 times
- Please answer the following according to your particular eating habits?
 - I eat a good breakfast
 - I experienced feeling of hunger during the day
 - I eat meat.
 - I eat vegetables.
 - I eat fruits.
 - I eat dairy products
 - I eat sweets.
- What meal would you consider to be your main meal of the day?
 - Breakfast
 - lunch
 - dinner
 - others
- What does your main meal consist of and how it is prepared?
 - Freshly prepared.
 - restaurant meal.
 - precooked microwave.
 - D. other
- Have you been avoiding some foods for health reasons? Yes / No No
- Do you have any particular food allergies? No

- What is your daily food intake frequency of the following food categories?
Sweet foods:

Several times a day once a day several times a week
less often never

Fresh vegetables & Fruits:

Several times a day once a day several times a week
less often never

8. What percentage of your regular diet consists of meat products?
90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?
90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems? *NO*

11. Do you know your current body mass index? *NO*

12. Have your ever been on a diet, if so, what kind? *NO*

13. Mention the food items from the healthiest to the unhealthiest from your point of views?

most my Lexty + vegetables healthiest none

14. How much do you think a healthy diet affects?

Restful sleep
 a. No impact. B. little impact c. big impact. D. none

Health
 a. No impact. B. little impact c. big impact. D. none

Weight.
 a. No impact. B. little impact c. big impact. D. none

Mental condition.
 A. No impact. B. little impact c. big impact. D. none

K. Sharmukha Rao
Signature of the Student

[Signature]
Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : K-Shanmukha Rao
Group : M.C.I.C
Name of the mentor : Dr. D. Sanku Prisa
Name of the project : FOOD HABITS

House No	Name of the person	Village / Ward	Mandal	District
6-89	A. Rudra	06-Ward / dhanuku vada	L.N.Peta	Srikakulam

- How many times a day do you eat? 3 times
- Please answer the following according to your particular eating habits?
 - I eat a good breakfast.
 - I experienced feeling of hunger during the day
 - I eat meat.
 - I eat vegetables.
 - I eat fruits.
 - I eat dairy products
 - I eat sweets.
- What meal would you consider to be your main meal of the day?
 - Breakfast
 - lunch
 - dinner
 - others
- What does your main meal consist of and how it is prepared?
 - Freshly prepared.
 - restaurant meal.
 - precooked microwave.
 - other
- Have you been avoiding some foods for health reasons? Yes / No
- Do you have any particular food allergies? No
- What is your daily food intake frequency of the following food categories?

Sweet foods:

Several times a day once a day several times a week
less often never

Fresh vegetables & Fruits:

Several times a day once a day several times a week
less often never

8. What percentage of your regular diet consists of meat products?
 90% 75% 50% 25% less than 25%
9. How much of your diet consists of vegetables and non-animal products?
 90% 75% 50% 25% less than 25%
10. Do you or have you ever has cholesterol problems? *no*
11. Do you know your current body mass index? *NO*
12. Have your ever been on a diet, if so, what kind? *NO*
13. Mention the food items from the healthiest to the unhealthiest from your point of views? *vegetables and whey, healthiest foods*
14. How much do you think a healthy diet affects?

Restful sleep

No impact.

B. little impact

c. big impact. D. none

Health

No impact.

B. little impact

c. big impact. D. none

Weight.

No impact.

B. little impact

c. big impact. D. none

Mental condition.

No impact.

B. little impact

c. big impact. D. none

K. Sharmukha Rao
 Signature of the Student

[Signature]
 Signature of the Mentor



GOVT. DEGREE COLLEGE (MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : K. Sharmilena Rao
Group : MCI
Name of the mentor : Dr. D. Sathya Prasa
Name of the project : FOOD HABITS

House No	Name of the person	Village / Ward	Mandal	District
6-67	K. Sathya Prasa	Ward of Pratikunda	L. N. Peta	Srikakulam

- How many times a day do you eat?
- Please answer the following according to your particular eating habits?
 - I eat a good breakfast
 - I experienced feeling of hunger during the day
 - I eat meat.
 - I eat vegetables.
 - I eat fruits.
 - I eat dairy products
 - I eat sweets.
- What meal would you consider to be your main meal of the day?
 - a. Breakfast lunch
 - c. dinner
 - d. others
- What does your main meal consist of and how it is prepared?
 - Freshly prepared.
 - B. restaurant meal.
 - C. precooked microwave.
 - D. other
- Have you been avoiding some foods for health reasons? Yes / No
- Do you have any particular food allergies? No
- What is your daily food intake frequency of the following food categories?

Sweet foods:

Several times a day once a day several times a week

less often never

Fresh vegetables & Fruits:

Several times a day once a day several times a week

less often never

8. What percentage of your regular diet consists of meat products?
90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?
90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems?

11. Do you know your current body mass index?

12. Have you ever been on a diet, if so, what kind?

13. Mention the food items from the healthiest to the unhealthiest from your point of views? *Leafy vegetables and meat - healthiest foods*

14. How much do you think a healthy diet affects?

Restful sleep
 No impact B. little impact c. big impact D. none

Health
 No impact B. little impact c. big impact D. none

Weight
 No impact B. little impact c. big impact D. none

Mental condition
 No impact B. little impact c. big impact D. none

K. Pratik Das
Signature of the Student

[Signature]
Signature of the Mentor



GOVT. DEGREE COLLEGE (MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : K. Shanmukha Rao
Group : M.C.C.
Name of the mentor : DR. D. Sanki Priya
Name of the project : FOOD HABITS

House No	Name of the person	Village / Ward	Mandal	District
847	K. Praveen	Dhanukuvada	L.N. Peta	Srikakulam

- How many times a day do you eat? 3 times
- Please answer the following according to your particular eating habits?
 - I eat a good breakfast
 - I experienced feeling of hunger during the day
 - I eat meat.
 - I eat vegetables.
 - I eat fruits.
 - I eat dairy products
 - I eat sweets.
- What meal would you consider to be your main meal of the day?
 - Breakfast
 - lunch
 - dinner
 - others
- What does your main meal consist of and how it is prepared?
 - Freshly prepared.
 - restaurant meal.
 - precooked microwave.
 - other
- Have you been avoiding some foods for health reasons? Yes / No
- Do you have any particular food allergies? No
- What is your daily food intake frequency of the following food categories?

Sweet foods:

Several times a day once a day several times a week
 less often never

Fresh vegetables & Fruits:

Several times a day once a day several times a week
 less often never

8. What percentage of your regular diet consists of meat products?
 90% 75% 50% 25% less than 25%
9. How much of your diet consists of vegetables and non-animal products?
 90% 75% 50% 25% less than 25%
10. Do you or have you ever has cholesterol problems? **No**
11. Do you know your current body mass index? **No**
12. Have your ever been on a diet, if so, what kind? **No**
13. Mention the food items from the healthiest to the unhealthiest from your point of views? **Leafy vegetables and meat - Healthier foods**
14. How much do you think a healthy diet affects?

- Restful sleep
~~a.~~ No impact. B. little impact c. big impact. D. none
- Health
~~a.~~ No impact. B. little impact c. big impact. D. none
- Weight.
~~a.~~ No impact. B. little impact c. big impact. D. none
- Mental condition.
~~A.~~ No impact. B. little impact c. big impact. D. none

K. Shankar Rao
 Signature of the Student

[Signature]
 Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : K. Shanmukha Rao
Group : MCI C
Name of the mentor : DR. D. Sathya Priya
Name of the project : FOOD HABITS

House No	Name of the person	Village / Ward	Mandal	District
6-63	B. Ramulu	Dhahukuvada	L. N. Peta	Srikakulam

- How many times a day do you eat? 3 times
- Please answer the following according to your particular eating habits?
 - I eat a good breakfast
 - I experienced feeling of hunger during the day
 - I eat meat.
 - I eat vegetables.
 - I eat fruits.
 - I eat dairy products
 - I eat sweets.
- What meal would you consider to be your main meal of the day?
 - Breakfast
 - lunch
 - dinner
 - others
- What does your main meal consist of and how it is prepared?
 - Freshly prepared.
 - restaurant meal.
 - precooked microwave.
 - other
- Have you been avoiding some foods for health reasons? Yes / No
- Do you have any particular food allergies? no
- What is your daily food intake frequency of the following food categories?

Sweet foods:

Several times a day once a day several times a week
less often never

Fresh vegetables & Fruits:

Several times a day once a day several times a week
less often never

8. What percentage of your regular diet consists of meat products?
 90% 75% 50% 25% less than 25%
9. How much of your diet consists of vegetables and non-animal products?
 90% 75% 50% 25% less than 25%
10. Do you or have you ever has cholesterol problems? NO
11. Do you know your current body mass index? NO
12. Have you ever been on a diet, if so, what kind? NO
13. Mention the food items from the healthiest to the unhealthiest from your point of views?
 meat and vegetables healthiest to unhealthy
14. How much do you think a healthy diet affects?
- Restful sleep
 a. No impact. B. little impact c. big impact. D. none
- Health
 a. No impact. B. little impact c. big impact. D. none
- Weight.
 a. No impact. B. little impact c. big impact. D. none
- Mental condition.
 a. No impact. B. little impact c. big impact. D. none

K. Shanmokha Rao
 Signature of the Student


 Signature of the Mentor



GOVT. DEGREE COLLEGE (MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : K. Shanmukha Rao
Group : M.C.I.C.
Name of the mentor : Dr. D. Sathi Priya
Name of the project : FOOD HABITS

House No	Name of the person	Village / Ward	Mandal	District
6-72	M. Jashna	Dhanukudada	L.N.Peta	Srikakulam

- How many times a day do you eat? 3 times
- Please answer the following according to your particular eating habits?
 - I eat a good breakfast
 - I experienced feeling of hunger during the day
 - I eat meat.
 - I eat vegetables.
 - I eat fruits.
 - I eat dairy products
 - I eat sweets.
- What meal would you consider to be your main meal of the day?
 - a. Breakfast b. lunch c. dinner d. others
- What does your main meal consist of and how it is prepared?
 - Freshly prepared. B. restaurant meal. C. precooked microwave. D. other
- Have you been avoiding some foods for health reasons? Yes / No No
- Do you have any particular food allergies? NO
- What is your daily food intake frequency of the following food categories?

Sweet foods:

Several times a day once a day several times a week

less often never

Fresh vegetables & Fruits:

Several times a day once a day several times a week

less often never

8. What percentage of your regular diet consists of meat products?
90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?
90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems? *no*

11. Do you know your current body mass index? *no*

12. Have your ever been on a diet, if so, what kind? *no*

13. Mention the food items from the healthiest to the unhealthiest from your point of views?
meat ay Letxy ~~bow~~ H. eatmist food

14. How much do you think a healthy diet affects? *A*

Restful sleep

a. No impact. B. little impact c. big impact. D. none

Health

a. No impact. B. little impact c. big impact. D. none

Weight.

a. No impact. B. little impact c. big impact. D. none

Mental condition.

A. No impact. B. little impact c. big impact. D. none

K. Shanmukharao
Signature of the Student

[Signature]
Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : K. Shanmukha Rao
Group : MCIC
Name of the mentor : Dr. D. Santhi Priya
Name of the project : FOOD HABITS

House No	Name of the person	Village / Ward	Mandal	District
6-71	M. Aswini	Dhahukuvada	L-N-Peta	Srikakulam

- How many times a day do you eat? 3 times
- Please answer the following according to your particular eating habits?
 - I eat a good breakfast
 - I experienced feeling of hunger during the day
 - I eat meat.
 - I eat vegetables.
 - I eat fruits.
 - I eat dairy products
 - I eat sweets.
- What meal would you consider to be your main meal of the day?
 - Breakfast
 - lunch
 - dinner
 - others
- What does your main meal consist of and how it is prepared?
 - Freshly prepared.
 - restaurant meal.
 - precooked microwave.
 - other
- Have you been avoiding some foods for health reasons? Yes / No
- Do you have any particular food allergies? No

- What is your daily food intake frequency of the following food categories?

Sweet foods:

Several times a day once a day several times a week

less often never

Fresh vegetables & Fruits:

Several times a day once a day several times a week

less often never



8. What percentage of your regular diet consists of meat products?
 90% 75% 50% 25% less than 25%
9. How much of your diet consists of vegetables and non-animal products?
 90% 75% 50% 25% less than 25%
10. Do you or have you ever has cholesterol problems? *NO*
11. Do you know your current body mass index? *NO*
12. Have your ever been on a diet, if so, what kind? *NO*
13. Mention the food items from the healthiest to the unhealthiest from your point of views?
met my ~~to~~ vegetables ~~then~~ foods
14. How much do you think a healthy diet affects?
- Restful sleep
 a. No impact. B. little impact c. big impact. D. none
- Health
 a. No impact. B. little impact c. big impact. D. none
- Weight.
 a. No impact. B. little impact c. big impact. D. none
- Mental condition.
 A. No impact. B. little impact c. big impact. D. none

K. Shanmukha Rao
 Signature of the Student

[Signature]
 Signature of the Mentor



GOVT. DEGREE COLLEGE (MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student: K. Shanmukha Rao
Group: MCIIC
Name of the mentor: Dr. N. Santhi Priya
Name of the project: FOOD HABITS

House No	Name of the person	Village / Ward	Mandal	District
<u>6-69</u>	<u>P. Harilal</u>	<u>Dhahukuruba</u>	<u>L.N. Peta</u>	<u>Srikakulam</u>

- How many times a day do you eat? 3 times
- Please answer the following according to your particular eating habits?
 - I eat a good breakfast
 - I experienced feeling of hunger during the day
 - I eat meat.
 - I eat vegetables.
 - I eat fruits.
 - I eat dairy products.
 - I eat sweets.
- What meal would you consider to be your main meal of the day?
 - a. Breakfast
 - b. lunch
 - c. dinner
 - d. others
- What does your main meal consist of and how it is prepared?
 - Freshly prepared.
 - B. restaurant meal.
 - C. precooked microwave
 - D. other
- Have you been avoiding some foods for health reasons? Yes / No No
- Do you have any particular food allergies? NO
- What is your daily food intake frequency of the following food categories?

Sweet foods:

Several times a day once a day several times a week
 less often never

Fresh vegetables & Fruits:

Several times a day once a day several times a week
 less often never

8. What percentage of your regular diet consists of meat products?
 90% 75% 50% 25% less than 25%
9. How much of your diet consists of vegetables and non-animal products?
 90% 75% 50% 25% less than 25%
10. Do you or have you ever has cholesterol problems? *NO*
11. Do you know your current body mass index? *NO*
12. Have your ever been on a diet, if so, what kind? *NO*
13. Mention the food items from the healthiest to the unhealthiest from your point of views? *meat my lefty & vegetable healthiest Sp...
Fbo e*
14. How much do you think a healthy diet affects?
- | | | | |
|--|------------------|----------------|---------|
| Restful sleep | | | |
| <input checked="" type="radio"/> a. No impact. | B. little impact | c. big impact. | D. none |
| Health | | | |
| <input checked="" type="radio"/> a. No impact. | B. little impact | c. big impact. | D. none |
| Weight. | | | |
| <input checked="" type="radio"/> a. No impact. | B. little impact | c. big impact. | D. none |
| Mental condition. | | | |
| <input checked="" type="radio"/> A. No impact. | B. little impact | c. big impact. | D. none |

K. Shanmukha Rao
 Signature of the Student

[Signature]
 Signature of the Mentor



GOVT. DEGREE COLLEGE (MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : K-Shanmukha Rao
Group : MCI C
Name of the mentor : Dr. D. Sanki Prasad
Name of the project : FOOD HABITS

House No	Name of the person	Village / Ward	Mandal	District
0-23	M. AMAR	Swahukuvada	L-N-Peta	Srikakulam

- How many times a day do you eat? 3+1/2
- Please answer the following according to your particular eating habits?
 - I eat a good breakfast
 - I experienced feeling of hunger during the day
 - I eat meat.
 - I eat vegetables.
 - I eat fruits.
 - I eat dairy products
 - I eat sweets.
- What meal would you consider to be your main meal of the day?
 - Breakfast
 - lunch
 - dinner
 - others
- What does your main meal consist of and how it is prepared?
 Freshly prepared. B. restaurant meal. C. precooked microwave. D. other
- Have you been avoiding some foods for health reasons? Yes / No
- Do you have any particular food allergies? NO
- What is your daily food intake frequency of the following food categories?

Sweet foods:

Several times a day once a day several times a week
less often never

Fresh vegetables & Fruits:

Several times a day once a day several times a week
less often never

8. What percentage of your regular diet consists of meat products?
 90% 75% 50% 25% less than 25%
9. How much of your diet consists of vegetables and non-animal products?
 90% 75% 50% 25% less than 25%
10. Do you or have you ever has cholesterol problems? **NO**
11. Do you know your current body mass index? **NO**
12. Have your ever been on a diet, if so, what kind? **NO**
13. Mention the food items from the healthiest to the unhealthiest from your point of views? **matam, Lerty, yoytata, ghu, itis foo.**
14. How much do you think a healthy diet affects?
- | | | | | |
|-------------------|--|------------------|----------------|---------|
| Restful sleep | a. <input checked="" type="radio"/> No impact. | B. little impact | c. big impact. | D. none |
| Health | a. <input checked="" type="radio"/> No impact. | B. little impact | c. big impact. | D. none |
| Weight. | a. <input checked="" type="radio"/> No impact. | B. little impact | c. big impact. | D. none |
| Mental condition. | A. <input checked="" type="radio"/> No impact. | B. little impact | c. big impact. | D. none |

K. sharmokharao
 Signature of the Student

[Signature]
 Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : K. Shanmukha Rao
Group : MCIIC
Name of the mentor : Dr. P. Sankhi Priya
Name of the project : FOOD HABITS

House No.	Name of the person	Village / Ward	Mandal	District
0-84	K. Srinu	Dhahukuvada	L. N. Peta	Srikakulam

1. How many times a day do you eat? 3 times

2. Please answer the following according to your particular eating habits?

- a. I eat a good breakfast
- b. I experienced feeling of hunger during the day
- c. I eat meat.
- d. I eat vegetables.
- e. I eat fruits.
- f. I eat dairy products
- g. I eat sweets.

3. What meal would you consider to be your main meal of the day?

- a. Breakfast b. lunch c. dinner d. others

4. What does your main meal consist of and how it is prepared?

- A. Freshly prepared. B. restaurant meal. C. precooked microwave. D. other

5. Have you been avoiding some foods for health reasons? Yes / No

6. Do you have any particular food allergies? NO

7. What is your daily food intake frequency of the following food categories?

Sweet foods:

- Several times a day once a day several times a week
less often never

Fresh vegetables & Fruits:

- Several times a day once a day several times a week
less often never

8. What percentage of your regular diet consists of meat products?
90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?
90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems? *No*

11. Do you know your current body mass index? *No*

12. Have your ever been on a diet, if so, what kind? *No*

13. Mention the food items from the healthiest to the unhealthiest from your point of views? *meat and leafy vegetables Healthiest Foods*

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact. B. little impact c. big impact. D. none

Health

a. No impact. B. little impact c. big impact. D. none

Weight.

a. No impact. B. little impact c. big impact. D. none

Mental condition.

A. No impact. B. little impact c. big impact. D. none

K. Shanmukhadas
Signature of the Student

[Signature]
Signature of the Mentor



GOVT. DEGREE COLLEGE (MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student: K. Shanmukha Rao
Group: MCIC
Name of the mentor: Dr. P. Santwini Prisa
Name of the project: FOOD HABITS

House No	Name of the person	Village / Ward	Mandals	District
<u>1-64</u>	<u>G. Komali</u>	<u>Dhanukuvada</u>	<u>2. NPeta</u>	<u>Srikakulam</u>

- How many times a day do you eat? 3 times
- Please answer the following according to your particular eating habits?
 - I eat a good breakfast
 - I experienced feeling of hunger during the day
 - I eat meat
 - I eat vegetables
 - I eat fruits
 - I eat dairy products
 - I eat sweets
- What meal would you consider to be your main meal of the day?
 - a. Breakfast b. lunch c. dinner d. others
- What does your main meal consist of and how it is prepared?
 - Freshly prepared B. restaurant meal C. precooked microwave D. other
- Have you been avoiding some foods for health reasons? Yes / No No
- Do you have any particular food allergies? NO
- What is your daily food intake frequency of the following food categories?

Sweet foods:

Several times a day once a day several times a week
less often never

Fresh vegetables & Fruits:

Several times a day once a day several times a week
less often never

8. What percentage of your regular diet consists of meat products?
00% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?
90% 75% 50% 25% less than 25%

10. Do you or have you ever had cholesterol problems? *NO*

11. Do you know your current body mass index? *NO*

12. Have you ever been on a diet, if so, what kind? *NO*

13. Mention the food items from the healthiest to the unhealthiest from your point of views? *meating, lots of vegetable, Hi carb st foods*

14. How much do you think a healthy diet affects?

Restful sleep
 A. No impact B. little impact C. big impact D. none

Health
 A. No impact B. little impact C. big impact D. none

Weight
 A. No impact B. little impact C. big impact D. none

Mental condition
 A. No impact B. little impact C. big impact D. none

K. Shanmokha Rao
Signature of the Student

[Signature]
Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : K-Shanmukha Rao
Group : MCEC
Name of the mentor : Dr-D Sathi Priga
Name of the project : FOOD HABITS

House No	Name of the person	Village / Ward	Mandal	District
1-68	J Sathi Kumar	Dhahokuvada	L. N. Peta	Srikakulam

- How many times a day do you eat? 3 times
- Please answer the following according to your particular eating habits?
 - I eat a good breakfast
 - I experienced feeling of hunger during the day
 - I eat meat.
 - I eat vegetables.
 - I eat fruits.
 - I eat dairy products
 - I eat sweets.
- What meal would you consider to be your main meal of the day?
 - Breakfast
 - lunch
 - dinner
 - others
- What does your main meal consist of and how it is prepared?
 - Freshly prepared.
 - restaurant meal.
 - precooked microwave.
 - other
- Have you been avoiding some foods for health reasons? Yes / No
- Do you have any particular food allergies? NO
- What is your daily food intake frequency of the following food categories?

Sweet foods:

Several times a day once a day several times a week
less often never

Fresh vegetables & Fruits:

Several times a day once a day several times a week
less often never

8. What percentage of your regular diet consists of meat products?
 90% 75% 50% 25% less than 25%
9. How much of your diet consists of vegetables and non-animal products?
 90% 75% 50% 25% less than 25%
10. Do you or have you ever has cholesterol problems? *NO*
11. Do you know your current body mass index? *NO*
12. Have your ever been on a diet, if so, what kind? *NO*
13. Mention the food items from the healthiest to the unhealthiest from your point of views? *meat my Let vegetable # Hien's foods*
14. How much do you think a healthy diet affects?
- | | | | |
|---|------------------|----------------|---------|
| Restful sleep | | | |
| <input checked="" type="radio"/> No impact. | B. little impact | c. big impact. | D. none |
| Health | | | |
| <input checked="" type="radio"/> No impact. | B. little impact | c. big impact. | D. none |
| Weight. | | | |
| <input checked="" type="radio"/> No impact. | B. little impact | c. big impact. | D. none |
| Mental condition. | | | |
| <input checked="" type="radio"/> No impact. | B. little impact | c. big impact. | D. none |

K. Shanmukha Rao
 Signature of the Student

[Signature]
 Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : k-shanmukha Rao
Group : MCI C
Name of the mentor : Dr-D. Sathi Priya
Name of the project : FOOD HABITS

House No	Name of the person	Village / Ward	Mandal	District
6-06	B-Anilkumar	Dhahukuvada	L.N.Peta	Srikakulam

- How many times a day do you eat? 3 times
- Please answer the following according to your particular eating habits?
 - I eat a good breakfast
 - I experienced feeling of hunger during the day
 - I eat meat.
 - I eat vegetables.
 - I eat fruits.
 - I eat dairy products
 - I eat sweets.
- What meal would you consider to be your main meal of the day?
 - Breakfast
 - lunch
 - dinner
 - others
- What does your main meal consist of and how it is prepared?
 - Freshly prepared.
 - restaurant meal.
 - precooked microwave.
 - other
- Have you been avoiding some foods for health reasons? Yes / No
- Do you have any particular food allergies? NO

- What is your daily food intake frequency of the following food categories?

Sweet foods:

Several times a day once a day several times a week
less often never

Fresh vegetables & Fruits:

Several times a day once a day several times a week
less often never

8. What percentage of your regular diet consists of meat products?
90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?
90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems? *No*

11. Do you know your current body mass index? *No*

12. Have your ever been on a diet, if so, what kind? *No*

13. Mention the food items from the healthiest to the unhealthiest from your point of views?
ment my lety rable 1st-ment hood

14. How much do you think a healthy diet affects?

Restful sleep
 A. No impact. B. little impact c. big impact. D. none

Health
 A. No impact. B. little impact c. big impact. D. none

Weight.
 A. No impact. B. little impact c. big impact. D. none

Mental condition.
 A. No impact. B. little impact c. big impact. D. none

K. Shanmukha Rao
Signature of the Student

[Signature]
Signature of the Mentor



GOVT. DEGREE COLLEGE (MENI), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : K. Shanmukha Rao
Group : MCI C
Name of the mentor : DR. D. Santhi Praga
Name of the project : FOOD HABITS

House No	Name of the person	Village / Ward	Mandal	District
6-26	K. Aditya	Dhanukuvada	L. N. Peta	Srikakulam

- How many times a day do you eat? 3 times
- Please answer the following according to your particular eating habits?
 - I eat a good breakfast
 - I experienced feeling of hunger during the day
 - I eat meat.
 - I eat vegetables.
 - I eat fruits.
 - I eat dairy products
 - I eat sweets.
- What meal would you consider to be your main meal of the day? 3
 - a. Breakfast b. lunch c. dinner d. others
- What does your main meal consist of and how it is prepared?
 - Freshly prepared. B. restaurant meal. C. precooked microwave. D. other
- Have you been avoiding some foods for health reasons? Yes / No No
- Do you have any particular food allergies? NO
- What is your daily food intake frequency of the following food categories?

Sweet foods:

Several times a day once a day several times a week

less often never

Fresh vegetables & Fruits:

Several times a day once a day several times a week

less often never

8. What percentage of your regular diet consists of meat products?
90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?
90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems? **no**

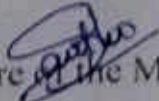
11. Do you know your current body mass index? **no**

12. Have your ever been on a diet, if so, what kind? **no**

13. Mention the food items from the healthiest to the unhealthiest from your point of views?
meat and leety veg + a bveg + 17 vata

14. How much do you think a healthy diet affects?
- | | | | |
|---|------------------|----------------|---------|
| Restful sleep | | | |
| <input checked="" type="radio"/> No impact. | B. little impact | c. big impact. | D. none |
| Health | | | |
| <input checked="" type="radio"/> No impact. | B. little impact | c. big impact. | D. none |
| Weight. | | | |
| <input checked="" type="radio"/> No impact. | B. little impact | c. big impact. | D. none |
| Mental condition. | | | |
| <input checked="" type="radio"/> No impact. | B. little impact | c. big impact. | D. none |

k. Shanmukharo
Signature of the Student

Signature  of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : K-Shanmukha Rao
Group : MLCIC
Name of the mentor : DR-D Sankhi Priya
Name of the project : FOOD HABITS

House No	Name of the person	Village / Ward	Mandal	District
6-89	K-Shanmukha Rao	Dhahukuvada	2-WPeta	Srikakulam

- How many times a day do you eat? 3 times
- Please answer the following according to your particular eating habits?
 - I eat a good breakfast
 - I experienced feeling of hunger during the day
 - I eat meat.
 - I eat vegetables.
 - I eat fruits.
 - I eat dairy products
 - I eat sweets.
- What meal would you consider to be your main meal of the day?
 - Breakfast
 - lunch
 - dinner
 - others
- What does your main meal consist of and how it is prepared?
 - Freshly prepared.
 - restaurant meal.
 - precooked microwave.
 - other
- Have you been avoiding some foods for health reasons? Yes / No No
- Do you have any particular food allergies? NO

- What is your daily food intake frequency of the following food categories?

Sweet foods:

- Several times a day once a day several times a week
less often never

Fresh vegetables & Fruits:

- Several times a day once a day several times a week
less often never

8. What percentage of your regular diet consists of meat products?
90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?
90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems? *NO*

11. Do you know your current body mass index? *NO*

12. Have you ever been on a diet, if so, what kind? *NO*

13. Mention the food items from the healthiest to the unhealthiest from your point of views? *meat & my vegetable Helms & f*

14. How much do you think a healthy diet affects?

Restful sleep
 No impact. B. little impact c. big impact. D. none

Health
 No impact. B. little impact c. big impact. D. none

Weight.
 No impact. B. little impact c. big impact. D. none

Mental condition.
 No impact. B. little impact c. big impact. D. none

K. Shanmukha Rao
Signature of the Student

[Signature]
Signature of the Mentor



GOVT. DEGREE COLLEGE (MEN), SRIRAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : K. Anamukha Rao
Group : MCDL
Name of the mentor : Dr. D. Sanku Priya
Name of the project : FOOD HABITS

House No	Name of the person	Village / Ward	Mandal	District
0-43	S. PRAVEEN KUMAR	Dhanukuvada	L. Apat	Srikakulam

- How many times a day do you eat? 3 times
- Please answer the following according to your particular eating habits?
 - I eat a good breakfast
 - I experienced feeling of hunger during the day
 - I eat meat.
 - I eat vegetables.
 - I eat fruits.
 - I eat dairy products
 - I eat sweets.
- What meal would you consider to be your main meal of the day?
 - Breakfast
 - lunch
 - dinner
 - others
- What does your main meal consist of and how it is prepared?
 - Freshly prepared.
 - restaurant meal.
 - precooked microwave.
 - other
- Have you been avoiding some foods for health reasons? Yes / No
- Do you have any particular food allergies? NO
- What is your daily food intake frequency of the following food categories?

Sweet foods:

Several times a day once a day several times a week

less often never

Fresh vegetables & Fruits:

Several times a day once a day several times a week

less often never

8. What percentage of your regular diet consists of meat products?
90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?
90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems?

11. Do you know your current body mass index?

12. Have your ever been on a diet, if so, what kind?

13. Mention the food items from the healthiest to the unhealthiest from your point of views? *meat the Le & gya e & H & M is food*

14. How much do you think a healthy diet affects?

Restful sleep

a. No impact. B. little impact c. big impact. D. none

Health

a. No impact. B. little impact c. big impact. D. none

Weight.

a. No impact. B. little impact c. big impact. D. none

Mental condition.

A. No impact. B. little impact c. big impact. D. none

K. Sharmukha Rao
Signature of the Student

[Signature]
Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : K. SHANMUKHA RAO
Group : BS-C ~~MC IC~~
Name of the mentor : DR. D. SANTHI PRIYA
Name of the project : FOOD HABITS

House No	Name of the person	Village / Ward	Mandala	District
847	K. BHARGAV	PHAHOKUVADA	L-NPETA	SRIKAKULAM

- How many times a day do you eat? 3 times
- Please answer the following according to your particular eating habits?
 - I eat a good breakfast
 - I experienced feeling of hunger during the day
 - I eat meat.
 - I eat vegetables.
 - I eat fruits.
 - I eat dairy products
 - I eat sweets.
- What meal would you consider to be your main meal of the day?
 - Breakfast
 - lunch
 - dinner
 - others
- What does your main meal consist of and how it is prepared?
 - Freshly prepared.
 - restaurant meal.
 - precooked microwave.
 - other
- Have you been avoiding some foods for health reasons? Yes / No
- Do you have any particular food allergies? NO

7. What is your daily food intake frequency of the following food categories?

Sweet foods:

- Several times a day once a day several times a week
less often never

Fresh vegetables & Fruits:

- Several times a day once a day several times a week
less often never

8. What percentage of your regular diet consists of meat products?
00% 25% 50% 75% less than 25%

9. How much of your diet consists of vegetables and non-animal products?
00% 25% 50% 75% less than 25%

10. Do you or have you ever had cholesterol problems? *NO*

11. Do you know your current body mass index? *NO*

12. Have you ever been on a diet, if so, what kind? *NO*

13. Mention the food items from the healthiest to the unhealthiest from your point of views?
meat and vegetables are in food

14. How much do you think a healthy diet affects?

Restful sleep
 A. No impact. B. little impact C. big impact. D. none

Health
 A. No impact. B. little impact C. big impact. D. none

Weight.
 A. No impact. B. little impact C. big impact. D. none

Mental condition.
 A. No impact. B. little impact C. big impact. D. none

K. Shanmukha Rao
Signature of the Student

[Signature]
Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : k. ghanmukha Rao
Group : B.S.C M.C.I.C
Name of the mentor : DR. D Santwi Priya
Name of the project : FOOD HABITS

House No	Name of the person	Village / Ward	Mandal	District
2-142	P. Mohan Rao	Drahokuvada	L. N. Peta	Srikakulam

- How many times a day do you eat? 3 times
- Please answer the following according to your particular eating habits?
 - I eat a good breakfast
 - I experienced feeling of hunger during the day
 - I eat meat.
 - I eat vegetables.
 - I eat fruits.
 - I eat dairy products
 - I eat sweets.
- What meal would you consider to be your main meal of the day?
 - Breakfast
 - lunch
 - dinner
 - others
- What does your main meal consist of and how it is prepared?
 - Freshly prepared.
 - restaurant meal.
 - precooked microwave.
 - other
- Have you been avoiding some foods for health reasons? Yes / No
- Do you have any particular food allergies? NO

- What is your daily food intake frequency of the following food categories?
Sweet foods:

Several times a day once a day several times a week
less often never

Fresh vegetables & Fruits:

Several times a day once a day several times a week
less often never

8. What percentage of your regular diet consists of meat products?
90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?
90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems?
No

11. Do you know your current body mass index?
No

12. Have your ever been on a diet, if so, what kind?
No

13. Mention the food items from the healthiest to the unhealthiest from your point of views?
meat and leafy vegetables. ~~Healthiest food~~

14. How much do you think a healthy diet affects?


Restful sleep
 a. No impact. B. little impact c. big impact. D. none

Health
 a. No impact. B. little impact c. big impact. D. none

Weight.
 a. No impact. B. little impact c. big impact. D. none

Mental condition.
 A. No impact. B. little impact c. big impact. D. none

V. Sharmu Khatas
Signature of the Student


Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : K. Sharmukha Rao
Group : B-3C MCIC
Name of the mentor : DR. D. Sankhi Priya
Name of the project : FOOD HABITS

House No	Name of the person	Village / Ward	Mandal	District
1-68	K. Mayi	Dhanukovada	L. N. Peta	Srikakulam

- How many times a day do you eat?
3 times
- Please answer the following according to your particular eating habits?
 - I eat a good breakfast
 - I experienced feeling of hunger during the day
 - I eat meat.
 - I eat vegetables.
 - I eat fruits.
 - I eat dairy products
 - I eat sweets.
- What meal would you consider to be your main meal of the day?
 - Breakfast
 - lunch
 - dinner
 - others
- What does your main meal consist of and how it is prepared?
 - Freshly prepared.
 - restaurant meal.
 - precooked microwave.
 - other
- Have you been avoiding some foods for health reasons? Yes / No
- Do you have any particular food allergies? no
- What is your daily food intake frequency of the following food categories?

Sweet foods:

Several times a day once a day several times a week
less often never

Fresh vegetables & Fruits:

Several times a day once a day several times a week
less often never

8. What percentage of your regular diet consists of meat products?
90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?
90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems? *no*

11. Do you know your current body mass index? *no*

12. Have you ever been on a diet, if so, what kind? *no*

13. Mention the food items from the healthiest to the unhealthiest from your point of views? *meat, sugar, tubers* Healthiest *1st*

14. How much do you think a healthy diet affects?

- | | | | |
|--|------------------|----------------|---------|
| Restful sleep | | | |
| <input checked="" type="checkbox"/> No impact. | B. little impact | c. big impact. | D. none |
| Health | | | |
| <input checked="" type="checkbox"/> No impact. | B. little impact | c. big impact. | D. none |
| Weight. | | | |
| <input checked="" type="checkbox"/> No impact. | B. little impact | c. big impact. | D. none |
| Mental condition. | | | |
| <input checked="" type="checkbox"/> No impact. | B. little impact | c. big impact. | D. none |

K. Mohan Kumar
Signature of the Student

[Signature]
Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : K-Shanmukha Rao
Group : B-S-C M.C.I.C
Name of the mentor : Dr. D. Sanku Priya
Name of the project : FOOD HABITS

House No	Name of the person	Village / Ward	Mandal	District
2-142	P. Mohan Rao	Dhahokuvada	L-W Peta	Srikakulam.

- How many times a day do you eat? 3 times
- Please answer the following according to your particular eating habits?
 - I eat a good breakfast
 - I experienced feeling of hunger during the day
 - I eat meat.
 - I eat vegetables.
 - I eat fruits.
 - I eat dairy products
 - I eat sweets.
- What meal would you consider to be your main meal of the day?
 - Breakfast
 - lunch
 - dinner
 - others
- What does your main meal consist of and how it is prepared?
 - Freshly prepared.
 - restaurant meal.
 - precooked microwave.
 - other
- Have you been avoiding some foods for health reasons? Yes / No No
- Do you have any particular food allergies? NO

- What is your daily food intake frequency of the following food categories?

Sweet foods:

Several times a day once a day several times a week
less often never

Fresh vegetables & Fruits:

Several times a day once a day several times a week
less often never

8. What percentage of your regular diet consists of meat products?
90% 75% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?
90% 75% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems?
WO

11. Do you know your current body mass index?
WO

12. Have your ever been on a diet, if so, what kind?
WO

13. Mention the food items from the healthiest to the unhealthiest from your point of views?
milk, tea, curries, yogurt, Hermit food

14. How much do you think a healthy diet affects?

- | | | | |
|---|------------------|----------------|---------|
| Restful sleep | | | |
| <input checked="" type="radio"/> No impact. | B. little impact | c. big impact. | D. none |
| Health | | | |
| <input checked="" type="radio"/> No impact. | B. little impact | c. big impact. | D. none |
| Weight. | | | |
| <input checked="" type="radio"/> No impact. | B. little impact | c. big impact. | D. none |
| Mental condition. | | | |
| <input checked="" type="radio"/> No impact. | B. little impact | c. big impact. | D. none |

K. Mahamukha Rao
Signature of the Student


Signature of the Mentor



GOVT. DEGREE COLLEGE(MEN), SRIKAKULAM
COMMUNITY SERVICE PROJECT
PROJECT: FOOD HABITS



Name of the student : K. Manmukha Rao
Group : B-32 MCI
Name of the mentor : DR. D. Santhi Priya
Name of the project : FOOD HABITS

House No	Name of the person	Village / Ward	Mandal	District
-	M. AKIL	Manukuvada	L. Neta	Srikakulam

- How many times a day do you eat? 3 times
- Please answer the following according to your particular eating habits?
 - I eat a good breakfast
 - I experienced feeling of hunger during the day
 - I eat meat.
 - I eat vegetables.
 - I eat fruits.
 - I eat dairy products
 - I eat sweets.
- What meal would you consider to be your main meal of the day?
 - Breakfast
 - lunch
 - dinner
 - others
- What does your main meal consist of and how it is prepared?
 - Freshly prepared.
 - restaurant meal.
 - precooked microwave.
 - other
- Have you been avoiding some foods for health reasons? Yes / No No
- Do you have any particular food allergies? no

- What is your daily food intake frequency of the following food categories?

Sweet foods:

Several times a day once a day several times a week
less often never

Fresh vegetables & Fruits:

Several times a day once a day several times a week
less often never

8. What percentage of your regular diet consists of meat products?
0% 25% 50% 25% less than 25%

9. How much of your diet consists of vegetables and non-animal products?
0% 25% 50% 25% less than 25%

10. Do you or have you ever has cholesterol problems? *no*

11. Do you know your current body mass index? *no*

12. Have your ever been on a diet, if so, what kind? *no*

13. Mention the food items from the healthiest to the unhealthiest from your point of views? *meat and textured. Helath Foods*

14. How much do you think a healthy diet affects?

- | | | | |
|---|------------------|----------------|---------|
| Restful sleep | | | |
| <input checked="" type="radio"/> No impact. | B. little impact | c. big impact. | D. none |
| Health | | | |
| <input checked="" type="radio"/> No impact. | B. little impact | c. big impact. | D. none |
| Weight. | | | |
| <input checked="" type="radio"/> No impact. | B. little impact | c. big impact. | D. none |
| Mental condition. | | | |
| <input checked="" type="radio"/> No impact. | B. little impact | c. big impact. | D. none |

V. Sharmukha Rao
Signature of the Student

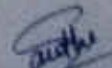
[Signature]
Signature of the Mentor

GOVT. DEGREE COLLEGE(M), SRIKAKULAM
COMMUNITY SERVICE PROJECT

LOG BOOK

Name of the student : k. shanmukha Rao
Group : M.C.I.C
Registration Number : 2222001566006
Name of the Mentor : Dy. P. Sanku Priya
Name of the Project : food Habits

Date & Day	Activity done	Number of Hours Spent	Signature of the student
20/5/23	FOOD HABITS	7 hours	k. shanmukha Rao
21/5/23	FOOD HABITS	5 hours	k. shanmukha Rao
22/5/23	FOOD HABITS	6:30 hrs	k. shanmukha Rao
23/5/23	FOOD HABITS	4:30 hrs	k. shanmukha Rao
24/5/23	FOOD HABITS	7 hours	k. shanmukha Rao
25/5/23	FOOD HABITS	5:30 hrs	k. shanmukha Rao
26/5/23	FOOD HABITS	6:00 hrs	k. shanmukha Rao
27/5/23	FOOD HABITS	5:30 hrs	k. shanmukha Rao
28/5/23	FOOD HABITS	7:00 hrs	k. shanmukha Rao


Signature of the Mentor

GOVT. DEGREE COLLEGE(M), SRIKAKULAM
COMMUNITY SERVICE PROJECT

LOG BOOK

Name of the student : k. shanmukha Rao


Group : MCIC

Registration Number : 2222001566006

Name of the Mentor : Dr. D. Santai Priya

Name of the Project : food Habits in project writing

Date & Day	Activity done	Number of Hours Spent	Signature of the student
24-5-23 Monday	project writing	10:30hrs	k. shanmukha Rao
26-5-23 Tuesday	project writing	8:30hrs	k. shanmukha Rao
28-5-23 Wednesday	project writing	4:30hrs	k. shanmukha Rao
1-6-23 Thursday	project writing	7:00hrs	k. shanmukha Rao
2-6-23 Friday	project writing	3:00hrs	k. shanmukha Rao
3-6-23 Saturday	project writing	4:00hrs	k. shanmukha Rao
4-6-23 Sunday	project writing	7:00hrs	k. shanmukha Rao
5-6-23 Monday	project writing	3:30hrs	k. shanmukha Rao
6-6-23 Tuesday	project writing	5:00hrs	k. shanmukha Rao
7-6-23 Wednesday	project writing	2:30hrs	k. shanmukha Rao


Signature of the Mentor

LOG BOOK

Name of the student : K. SHANMUKHA RAO


Group : MCIIC

Registration Number : 2222001566006

Name of the Mentor : DR. D. SANTI PRIYA

Name of the Project : Socio-economic survey in food habits

Date & Day	Activity done	Number of Hours Spent	Signature of the student
9-5-23	SOCIO ECONOMIC SURVEY	6:30hrs	K. SHANMUKHA RAO
10-5-23	SOCIO ECONOMIC SURVEY	7:30hrs	K. SHANMUKHA RAO
11-5-23	SOCIO ECONOMIC SURVEY	7:30hrs	K. SHANMUKHA RAO
12-5-23	SOCIO ECONOMIC SURVEY	5:30hrs	K. SHANMUKHA RAO
13-5-23	SOCIO ECONOMIC SURVEY	6:30hrs	K. SHANMUKHA RAO
14-5-23	SOCIO ECONOMIC SURVEY	4:30hrs	K. SHANMUKHA RAO
15-5-23	SOCIO ECONOMIC SURVEY	6:30hrs	K. SHANMUKHA RAO
16-5-23	SOCIO ECONOMIC SURVEY	6:30hrs	K. SHANMUKHA RAO



Signature of the Mentor

Problem!

Problem - Identified!

- 1) In our village we insufficient access to purified drinking water and drainage in our village
- 2) Impact of low income and medical solution communication.
- 3) And Internal manage water continuation from agricultural Industries and waste disposal
- 4) Lack of sustainable Developing of drinking water
- 5) and the drinking water has started overflowing on roads and it's flowing in the streets
- 6) It feels very bad and to walk towards too much mosquitoes problem.
- 7) In standing water which may spread of danger malaria and other health problems because

Report!

Implementation of desalination research or Govt tap connection or Payable to improve efficient or cold water for drinking drinking system in our world

Signature of Student
K. Sharmukha Rao